

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K29&amp;UF - 83 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/83	ARISS, PATRICIA	110	00:22:54.40	04:34	5K29&UF	14/418	3/292	CALGARY
2/83	DEHETRE, NICOLE	189	00:25:23.75	05:04	5K29&UF	28/418	6/292	CALGARY
3/83	STIPHOUT, ELISE	460	00:27:35.80	05:31	5K29&UF	56/418	17/292	CALGARY
4/83	REYNEKE, CATHARINA	546	00:27:53.95	05:34	5K29&UF	61/418	19/292	CALGARY
5/83	WILLIAMS, CHERYL	501	00:27:54.15	05:34	5K29&UF	62/418	20/292	CALGARY
6/83	JENNINGS, AMY	269	00:27:57.95	05:35	5K29&UF	64/418	21/292	CALGARY
7/83	FOSTER, JANIE	211	00:27:59.20	05:35	5K29&UF	66/418	23/292	CALGARY
8/83	NOTENBOOM, LAUREN	389	00:28:13.60	05:38	5K29&UF	71/418	27/292	CALGARY
9/83	HARBIDGE, VICTORIA	243	00:28:28.20	05:41	5K29&UF	75/418	30/292	CALGARY
10/83	WILSON, ALICIA	503	00:28:39.70	05:43	5K29&UF	78/418	31/292	COCHRANE
11/83	JANZEN, CARMEN	268	00:29:08.10	05:49	5K29&UF	85/418	32/292	CALGARY
12/83	JOSHI, ANIKA	272	00:29:17.25	05:51	5K29&UF	87/418	34/292	CALGARY
13/83	RONALD, ASHLEIGH	423	00:29:25.20	05:53	5K29&UF	91/418	36/292	CALGARY
14/83	GREGSON, KATIE	519	00:29:40.80	05:56	5K29&UF	95/418	39/292	CALGARY
15/83	RUTTAN, ELENA	434	00:29:41.15	05:56	5K29&UF	96/418	40/292	CALGARY
16/83	WEIR, SARAH	492	00:29:42.45	05:56	5K29&UF	98/418	42/292	CALGARY
17/83	ZAVARELLA, ASHLEY	518	00:29:42.55	05:56	5K29&UF	99/418	43/292	CALGARY
18/83	PERKINS, HEATHER	564	00:29:43.70	05:56	5K29&UF	101/418	44/292	CALGARY
19/83	WOOD, NATASHA	509	00:30:03.25	06:00	5K29&UF	108/418	48/292	DEWINTON
20/83	PESTA, JOANNA	559	00:30:03.55	06:00	5K29&UF	109/418	49/292	CALGARY
21/83	KINGS, JILLIAN	280	00:30:07.30	06:01	5K29&UF	110/418	50/292	COCHRANE
22/83	SCHEFFLER, KATIE	438	00:30:13.15	06:02	5K29&UF	112/418	52/292	DIDSBURY
23/83	CHARBONNEAU, KATELYNNE	159	00:30:16.30	06:03	5K29&UF	113/418	53/292	CALGARY
24/83	LONGWORTH, STEPHANIE	309	00:30:38.00	06:07	5K29&UF	121/418	60/292	COCHRANE
25/83	ALLARD, TASHIA	104	00:30:39.30	06:07	5K29&UF	122/418	61/292	AIRDRIE
26/83	O'SULLIVAN, SHALAGH	391	00:30:45.15	06:09	5K29&UF	124/418	63/292	CALGARY
27/83	IMESON, NICOLE	260	00:31:56.50	06:23	5K29&UF	142/418	73/292	CALGARY
28/83	SHAHINE, POURMOKHTARI	441	00:32:29.10	06:29	5K29&UF	151/418	81/292	CALGARY
29/83	EKSTEEN, CATHERINE	201	00:32:40.60	06:32	5K29&UF	156/418	84/292	CALGARY
30/83	PATON, LISA	401	00:32:58.45	06:35	5K29&UF	163/418	89/292	CHESTERMERE
31/83	LEONARD, TRACEY	300	00:33:01.45	06:36	5K29&UF	164/418	90/292	CALGARY
32/83	SAMETZ, MIRANDA	435	00:33:04.45	06:36	5K29&UF	166/418	92/292	CALGARY
33/83	BOLLENBACH, OLIVIA	137	00:33:06.60	06:37	5K29&UF	167/418	93/292	CALGARY
34/83	HANSON, KIMBERLY	241	00:33:13.20	06:38	5K29&UF	170/418	96/292	CORONATION
35/83	RUMSEY, KELSEY	430	00:33:22.05	06:40	5K29&UF	177/418	102/292	CALGARY
36/83	MALINOWSKI, CHRISTIE	321	00:33:36.50	06:43	5K29&UF	185/418	108/292	CALGARY
37/83	GODDARD, LINDSEY	226	00:33:36.80	06:43	5K29&UF	186/418	109/292	ROCKY VIEW COL
38/83	HOOGVELD, ALICIA	253	00:33:40.55	06:44	5K29&UF	187/418	110/292	CALGARY
39/83	FERGUSON, LEAH	206	00:33:43.10	06:44	5K29&UF	189/418	112/292	CALGARY
40/83	BOLLENBACH, AVERI	135	00:33:47.70	06:45	5K29&UF	193/418	116/292	CALGARY
41/83	DEAS-DAWLISH, SARA	187	00:33:51.95	06:46	5K29&UF	195/418	118/292	CALGARY
42/83	MERCREDI, ASHLEIGH	350	00:34:00.55	06:48	5K29&UF	200/418	123/292	CALGARY
43/83	VAN HUMBECK, KRISTIE	481	00:34:17.15	06:51	5K29&UF	206/418	128/292	CALGARY
44/83	WOOD, PAIGNTON	510	00:34:24.40	06:52	5K29&UF	208/418	129/292	CALGARY
45/83	JAMISON, TIEGAN	264	00:34:29.90	06:53	5K29&UF	210/418	130/292	HIGH RIVER
46/83	LEBLANC, VANESSA	297	00:34:55.90	06:59	5K29&UF	218/418	135/292	AIRDRIE
47/83	COLEMAN, CASSANDRA	170	00:35:12.50	07:02	5K29&UF	231/418	146/292	CALGARY
48/83	KIKUKAWA, AYA	277	00:35:18.55	07:03	5K29&UF	233/418	148/292	CALGARY
49/83	HILLIER, VALERIE	525	00:35:22.30	07:04	5K29&UF	235/418	150/292	AIRDRIE
50/83	DAMEN, JESSICA	180	00:35:45.50	07:09	5K29&UF	245/418	157/292	AIRDRIE
51/83	KAN, SHARON	273	00:36:42.60	07:20	5K29&UF	257/418	166/292	CALGARY
52/83	ACOSTA-KING, REGINA	535	00:36:44.45	07:20	5K29&UF	258/418	167/292	CALGARY
53/83	LUI, MELISSA	311	00:36:45.10	07:21	5K29&UF	259/418	168/292	CALGARY
54/83	JONES, TANYA	271	00:36:51.70	07:22	5K29&UF	261/418	170/292	CALGARY
55/83	SATHER, LAURA	532	00:37:02.35	07:24	5K29&UF	267/418	176/292	AIRDRIE
56/83	ARBUTHNOT, AMANDA	107	00:37:06.85	07:25	5K29&UF	268/418	178/292	CALGARY
57/83	SERRANO, MARGARITA	440	00:37:07.35	07:25	5K29&UF	270/418	179/292	CALGARY
58/83	BOEHLKE, TARAH	134	00:37:38.45	07:31	5K29&UF	274/418	182/292	CALGARY
59/83	TEDFORD, KARI	468	00:38:00.15	07:36	5K29&UF	283/418	187/292	CALGARY
60/83	MANTAI, CANDACE	323	00:38:15.70	07:39	5K29&UF	287/418	191/292	CALGARY
61/83	WIGHTON, CHRISTINA	497	00:38:41.15	07:44	5K29&UF	291/418	195/292	CALGARY
62/83	TOWNSEND, ANGELA	475	00:39:10.30	07:50	5K29&UF	295/418	198/292	CALGARY
63/83	MONDEVILLE, KAITLIN	360	00:39:31.75	07:54	5K29&UF	302/418	202/292	CALGARY

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## Category Results

## 5K - 3.1 Miles

## 5K29&amp;UF - 83 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
64/83	CONESA, THAMARA	173	00:39:39.40	07:55	5K29&UF	303/418	203/292	CALGARY
65/83	HAU, JESSECA	245	00:40:09.55	08:01	5K29&UF	308/418	208/292	CALGARY
66/83	PLETT, SHAINA	410	00:40:38.10	08:07	5K29&UF	312/418	212/292	CALGARY
67/83	MCKINNON, LYNSEY	343	00:40:42.80	08:08	5K29&UF	316/418	216/292	CALGARY
68/83	PADILLA, TRISHA	397	00:41:28.65	08:17	5K29&UF	322/418	219/292	CALGARY
69/83	WEGENER, JAYLEE	489	00:41:49.45	08:21	5K29&UF	324/418	220/292	CALGARY
70/83	HANTZSCH, DARIA	242	00:41:50.15	08:22	5K29&UF	325/418	221/292	CALGARY
71/83	RAINVILLE, ALYSSA	416	00:41:56.80	08:23	5K29&UF	326/418	222/292	CALGARY
72/83	BOWNESS, TARA	142	00:42:11.65	08:26	5K29&UF	328/418	224/292	CALGARY
73/83	SHAUGHNESSY, KENDRA	443	00:43:17.80	08:39	5K29&UF	343/418	236/292	CALGARY
74/83	STUART, ALISON	465	00:43:23.65	08:40	5K29&UF	344/418	237/292	CALGARY
75/83	STEELE, GAIL	454	00:43:46.10	08:45	5K29&UF	348/418	240/292	STRATHMORE
76/83	STRASKY, GILLIAN	464	00:43:53.30	08:46	5K29&UF	349/418	241/292	STRATHMORE
77/83	LEFFLER, SARAH	298	00:51:25.60	10:17	5K29&UF	403/418	279/292	AIRDRIE
78/83	MACLEOD, MEREDITH	318	00:51:25.95	10:17	5K29&UF	404/418	280/292	AIRDRIE
79/83	TOWNS, STEPHANIE	474	00:52:05.80	10:25	5K29&UF	406/418	281/292	CALGARY
80/83	TOWNS, ASHLEY	472	00:52:06.00	10:25	5K29&UF	407/418	282/292	CALGARY
81/83	HEINEMEYER, KARA	556	00:52:37.65	10:31	5K29&UF	409/418	284/292	CALGARY
82/83	CHURCH, JERYN	526	00:52:40.40	10:32	5K29&UF	410/418	285/292	DEWINTON
83/83	MCLEOD, ALICIA	346	00:53:49.75	10:45	5K29&UF	412/418	287/292	CALGARY

## 5K29&amp;UM - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/36	MACDERMOTT, ZACK	313	00:20:29.85	04:05	5K29&UM	3/418	3/126	CALGARY
2/36	SAVILLE, ADAM	437	00:22:12.75	04:26	5K29&UM	9/418	9/126	CALGARY
3/36	ROBINSON, BRAD	421	00:24:00.75	04:48	5K29&UM	17/418	14/126	CALGARY
4/36	HAGEL, JONATHAN	236	00:24:36.70	04:55	5K29&UM	19/418	15/126	CALGARY
5/36	CHEKE, DANIEL	162	00:24:41.90	04:56	5K29&UM	21/418	17/126	CALGARY
6/36	VALOIS, ROLAND	480	00:25:14.75	05:02	5K29&UM	25/418	20/126	CALGARY
7/36	BROVKIN, MARK	563	00:25:14.95	05:02	5K29&UM	26/418	21/126	CALGARY
8/36	KRAWITT, AUSTIN	288	00:25:37.15	00:00	5K29&UM	29/418	23/126	OKOTOKS
9/36	URSEL, CAMERON	479	00:25:55.95	05:11	5K29&UM	32/418	24/126	CALGARY
10/36	KRAWITT, ERIC	289	00:25:56.10	05:11	5K29&UM	33/418	25/126	OKOTOKS
11/36	MCKAY, CHRIS	341	00:26:12.05	05:14	5K29&UM	39/418	30/126	CALGARY
12/36	STELMASCHUK, ANDREW	456	00:26:12.10	05:14	5K29&UM	40/418	31/126	CALGARY
13/36	MADEYSKI, JONATHAN	319	00:26:47.10	05:21	5K29&UM	45/418	35/126	PRIDDIS
14/36	BOUCHARD, PHILIPPE	549	00:26:47.25	05:21	5K29&UM	46/418	36/126	ST PAUL
15/36	TOWNSEND, BLAINE	476	00:26:56.35	05:23	5K29&UM	47/418	37/126	CALGARY
16/36	WILKINSON, MATT	500	00:27:32.70	05:30	5K29&UM	54/418	39/126	CALGARY
17/36	MCKINNON, TIM	344	00:28:31.20	05:42	5K29&UM	76/418	46/126	CALGARY
18/36	DA SILVA, GEOFF	179	00:28:31.50	05:42	5K29&UM	77/418	47/126	CALGARY
19/36	PEARSON, BRAYDEN	402	00:28:47.85	05:45	5K29&UM	81/418	50/126	DIDSBURY
20/36	WONG, RAY	505	00:28:49.40	05:45	5K29&UM	82/418	51/126	CALGARY
21/36	CECCHINI, JOE	545	00:28:52.50	05:46	5K29&UM	83/418	52/126	CALGARY
22/36	SINGH, RAJNISH	540	00:29:06.55	05:49	5K29&UM	84/418	53/126	CALGARY
23/36	DOWLING, MAT	195	00:30:00.15	06:00	5K29&UM	107/418	60/126	CALGARY
24/36	PEARSON, CONNOR	403	00:31:48.40	06:21	5K29&UM	141/418	69/126	DIDSBURY
25/36	ABBAY, BILLY	102	00:32:30.50	06:30	5K29&UM	152/418	71/126	CALGARY
26/36	ACOSTA-KING, LOUIS	536	00:34:27.15	06:53	5K29&UM	209/418	80/126	CALGARY
27/36	KING, JON	278	00:35:30.95	07:06	5K29&UM	238/418	86/126	CALGARY
28/36	MONDEVILLE, SCOTT	557	00:36:24.15	07:16	5K29&UM	253/418	91/126	CALGARY
29/36	RUMANCIK, JOEL	429	00:37:32.25	07:30	5K29&UM	271/418	92/126	CALGARY
30/36	GARDINER, LUKE	218	00:40:49.45	08:09	5K29&UM	317/418	101/126	CALGARY
31/36	FRIZZELL, SETH	217	00:41:34.80	08:18	5K29&UM	323/418	104/126	CALGARY
32/36	GEIGER, NATHAN	222	00:42:13.40	08:26	5K29&UM	329/418	105/126	CALGARY
33/36	BENARD, MIKE	122	00:43:38.50	08:43	5K29&UM	346/418	108/126	COCHRANE
34/36	BARRY, JUSTIN	115	00:44:20.20	08:52	5K29&UM	356/418	110/126	CALGARY
35/36	PENNETT, BRETT	405	00:45:03.70	09:00	5K29&UM	362/418	112/126	CALGARY
36/36	FRIZZELL, CADEN	215	00:50:16.50	10:03	5K29&UM	397/418	123/126	CALGARY

## 5K30-39F - 95 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/95	BENDER, SHELLEY	123	00:22:24.55	04:28	5K30-39F	10/418	1/292	CALGARY
2/95	GUSS, KELLY	234	00:22:28.30	04:29	5K30-39F	12/418	2/292	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K30-39F - 95 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
3/95	BEREZOWSKI, DIANNA	125	00:24:49.50	04:57	5K30-39F	22/418	5/292	LANGDON
4/95	BEEVER, JENNIFER	550	00:25:45.00	05:09	5K30-39F	30/418	7/292	CALGARY
5/95	WILKIE, SARAH	499	00:25:53.30	05:10	5K30-39F	31/418	8/292	CALGARY
6/95	WHITLEY, LAURA	295	00:26:09.10	05:13	5K30-39F	36/418	9/292	CALGARY
7/95	CHURKO, ROXANNA	167	00:27:10.60	05:26	5K30-39F	49/418	11/292	CALGARY
8/95	PAN DAVILA, MARIA	399	00:27:20.15	05:28	5K30-39F	50/418	12/292	CALGARY
9/95	SMITH, NICOLE	449	00:27:22.15	05:28	5K30-39F	51/418	13/292	CALGARY
10/95	MACKIE, MARY	316	00:27:25.75	05:29	5K30-39F	53/418	15/292	CALGARY
11/95	MIGNEAULT, NAAVA	354	00:27:42.10	05:32	5K30-39F	59/418	18/292	CALGARY
12/95	BOSWELL, KIM	141	00:27:59.00	05:35	5K30-39F	65/418	22/292	CALGARY
13/95	NITSCHKE, AMANDA	387	00:27:59.75	05:35	5K30-39F	67/418	24/292	CALGARY
14/95	STODGELL, CARA	461	00:27:59.95	05:35	5K30-39F	68/418	25/292	CALGARY
15/95	JENSEN, MARY	270	00:28:04.90	05:36	5K30-39F	69/418	26/292	CALGARY
16/95	GRAW, JOANN	230	00:28:17.00	05:39	5K30-39F	72/418	28/292	AIRDRIE
17/95	CHIVERS, MICHELLE	164	00:28:19.80	05:39	5K30-39F	73/418	29/292	HIGH RIVER
18/95	BLIEK, SHERYL	133	00:29:10.10	05:50	5K30-39F	86/418	33/292	CALGARY
19/95	WILKIE, KAREN	498	00:29:24.25	05:52	5K30-39F	90/418	35/292	CALGARY
20/95	DEMERS, KIMBERLEY	190	00:30:36.20	06:07	5K30-39F	120/418	59/292	CALGARY
21/95	MCNELLY, LEIGHA	348	00:30:42.15	06:08	5K30-39F	123/418	62/292	CALGARY
22/95	STARKE, COBY	453	00:31:03.40	06:12	5K30-39F	130/418	66/292	HIGH RIVER
23/95	MARTIN, MELISSA	328	00:31:19.90	06:15	5K30-39F	132/418	68/292	CALGARY
24/95	KENT, JANELLE	275	00:31:21.95	06:16	5K30-39F	133/418	69/292	CALGARY
25/95	LYNE, JOLENE	584	00:31:32.15	06:18	5K30-39F	137/418	70/292	CALGARY
26/95	ROBERTSON, WENDY	420	00:31:33.50	06:18	5K30-39F	138/418	71/292	CALGARY
27/95	MCDONOGH, SUSIE	340	00:32:10.60	06:26	5K30-39F	145/418	75/292	CALGARY
28/95	WAGNER, MICHELLE	554	00:32:14.25	06:26	5K30-39F	147/418	77/292	AIRDRIE
29/95	BARNSTABLE, COLETTE	113	00:32:17.65	06:27	5K30-39F	148/418	78/292	CALGARY
30/95	LUND, LINDSEY	305	00:32:27.90	06:29	5K30-39F	150/418	80/292	CALGARY
31/95	FREDRICKSON, JESSICA	213	00:32:33.90	06:30	5K30-39F	153/418	82/292	CALGARY
32/95	BROWN, KARI	146	00:32:46.60	06:33	5K30-39F	158/418	86/292	CALGARY
33/95	KOOPERBERG, RONAYE	283	00:32:54.65	06:34	5K30-39F	162/418	88/292	CALGARY
34/95	MOORE, JENNIFER	362	00:33:19.95	06:39	5K30-39F	174/418	100/292	CALGARY
35/95	LANGHAM, TIANA	553	00:33:28.20	06:41	5K30-39F	181/418	105/292	CALGARY
36/95	ACOSTA-KING, STEPHANIE	537	00:33:30.20	06:42	5K30-39F	183/418	107/292	CALGARY
37/95	LYNCH, SARAH	533	00:33:44.55	06:44	5K30-39F	192/418	115/292	DEWINTON
38/95	WALTON, NICOLE	485	00:33:48.55	06:45	5K30-39F	194/418	117/292	CALGARY
39/95	WANG, KIM	534	00:33:56.25	06:47	5K30-39F	196/418	119/292	CALGARY
40/95	LORENCZ, LINDSAY	568	00:33:56.75	06:47	5K30-39F	197/418	120/292	CALGARY
41/95	CHANG, AGNES	158	00:33:58.20	06:47	5K30-39F	198/418	121/292	CALGARY
42/95	MYERS, HEATHER	377	00:33:58.85	06:47	5K30-39F	199/418	122/292	BANFF
43/95	HELMAN, CHARITY	248	00:34:07.75	06:49	5K30-39F	201/418	124/292	CALGARY
44/95	BARTON, KIM	117	00:34:12.75	06:50	5K30-39F	203/418	126/292	CALGARY
45/95	BENNETT, CORINNE	124	00:34:14.05	06:50	5K30-39F	204/418	127/292	CALGARY
46/95	REID, JENNIFER	543	00:34:42.40	06:56	5K30-39F	215/418	132/292	FORT MCMURRAY
47/95	GAVEL, JESSICA	221	00:34:55.85	06:59	5K30-39F	217/418	134/292	CALGARY
48/95	NISCAK, TARA	385	00:35:03.85	07:00	5K30-39F	225/418	141/292	CALGARY
49/95	BRYANT, DANIELLE	574	00:35:10.55	07:02	5K30-39F	230/418	145/292	CALGARY
50/95	WILLIAMS, KRISTIE	502	00:35:14.60	07:02	5K30-39F	232/418	147/292	CALGARY
51/95	JAMES, SHANNON	263	00:35:35.15	07:07	5K30-39F	241/418	154/292	CALGARY
52/95	DEMOLINE, CARRY	529	00:36:03.65	07:12	5K30-39F	249/418	160/292	CALGARY
53/95	GUIGNARD, DIANE	233	00:36:13.30	07:14	5K30-39F	251/418	161/292	CALGARY
54/95	OMAN, TRACY	394	00:36:22.05	07:16	5K30-39F	252/418	162/292	CALGARY
55/95	ELSALHY, AMINA	202	00:36:35.20	07:19	5K30-39F	255/418	164/292	CALGARY
56/95	PIERSON, TRACY	408	00:36:52.05	07:22	5K30-39F	262/418	171/292	CALGARY
57/95	ROBYN, SCHWEITZER	422	00:36:57.00	07:23	5K30-39F	266/418	175/292	CALGARY
58/95	GRAHAM, AMY	228	00:37:06.85	07:25	5K30-39F	269/418	177/292	CALGARY
59/95	RADIFF, JANE	415	00:37:46.70	07:33	5K30-39F	276/418	183/292	CALGARY
60/95	BUIST, ANDREA	580	00:37:56.20	07:35	5K30-39F	280/418	184/292	CALGARY
61/95	MANTAI, MELISSA	324	00:38:14.90	07:38	5K30-39F	285/418	189/292	AIRDRIE
62/95	YOUNG, ANDREA	516	00:38:15.00	07:39	5K30-39F	286/418	190/292	BEISEKER
63/95	BABA, STACEY	111	00:38:31.15	07:42	5K30-39F	290/418	194/292	CALGARY
64/95	MACLACHLAN, KYLA	317	00:39:25.05	07:53	5K30-39F	300/418	200/292	CALGARY
65/95	SCHLAUT, BOBBI JO	439	00:39:28.00	07:53	5K30-39F	301/418	201/292	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K30-39F - 95 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
66/95	EDWARDS, RACHAEL	200	00:39:44.20	07:56	5K30-39F	304/418	204/292	CALGARY
67/95	VERMUNT, LORI	482	00:39:45.15	07:57	5K30-39F	306/418	206/292	CALGARY
68/95	GIRVAN, KORRIE	225	00:40:15.10	08:03	5K30-39F	311/418	211/292	CALGARY
69/95	YUEN, AMY	517	00:40:38.85	08:07	5K30-39F	313/418	213/292	CALGARY
70/95	ALLEN, KELLY	105	00:40:39.70	08:07	5K30-39F	314/418	214/292	CALGARY
71/95	MANZ-HENEZI, JODI	325	00:40:56.60	08:11	5K30-39F	319/418	218/292	LACOMBE
72/95	STEER, TRACY	455	00:40:56.60	08:11	5K30-39F	320/418	217/292	CALGARY
73/95	BREWSTER, JODI	144	00:42:17.40	08:27	5K30-39F	330/418	225/292	CALGARY
74/95	HEIDECKER, LISA	247	00:42:53.30	08:34	5K30-39F	334/418	228/292	CORONATION
75/95	HUGHES, SARAH	254	00:42:59.15	08:35	5K30-39F	335/418	229/292	CALGARY
76/95	MORTON, JENNIFER	371	00:43:00.00	08:36	5K30-39F	336/418	230/292	CALGARY
77/95	IBRUS, LORI	566	00:43:00.80	08:36	5K30-39F	337/418	231/292	CALGARY
78/95	LAVIGNE, ELISE	296	00:43:09.70	08:37	5K30-39F	340/418	233/292	THORSBY
79/95	BORROWMAN, PAULA	140	00:43:32.75	08:42	5K30-39F	345/418	238/292	CALGARY
80/95	THIBODEAU, SUZANNE	573	00:43:57.00	08:47	5K30-39F	350/418	242/292	CALGARY
81/95	WARREN, JENESIA	488	00:43:57.15	08:47	5K30-39F	351/418	243/292	CALGARY
82/95	CONDIE, KAREN	172	00:44:10.00	00:00	5K30-39F	353/418	245/292	CALGARY
83/95	MURPHY, AMANDA	561	00:44:57.65	08:59	5K30-39F	360/418	249/292	CALGARY
84/95	MATHESON PENNETT, HEATHER	330	00:45:03.65	09:00	5K30-39F	361/418	250/292	CALGARY
85/95	RUNDLE, KATHLEEN	431	00:46:01.45	09:12	5K30-39F	366/418	253/292	CALGARY
86/95	TUTTE, NEVA	477	00:46:55.45	09:23	5K30-39F	371/418	257/292	HIGH RIVER
87/95	KIEMELE, WHITNEY	276	00:46:56.15	09:23	5K30-39F	373/418	259/292	HIGH RIVER
88/95	MAY, SABRINA	332	00:49:19.00	09:51	5K30-39F	387/418	267/292	CALGARY
89/95	SWITZER, DONNA	467	00:49:36.95	09:55	5K30-39F	391/418	271/292	CALGARY
90/95	OCHITWA, ANDREA	392	00:49:55.15	09:59	5K30-39F	393/418	272/292	CALGARY
91/95	SIMPSON, BRANDIE	445	00:49:58.90	09:59	5K30-39F	394/418	273/292	CALGARY
92/95	WARFIELD, MARTINA	487	00:51:22.35	10:16	5K30-39F	400/418	277/292	AIRDRIE
93/95	HAGEL, SHANNON	237	00:51:22.55	10:16	5K30-39F	401/418	278/292	CALGARY
94/95	FISCHER, KARYN	207	00:56:38.25	11:19	5K30-39F	413/418	288/292	CALGARY
95/95	MATTHEWS, SHANNON	331	01:01:38.65	12:19	5K30-39F	416/418	291/292	CALGARY

## 5K30-39M - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/36	DWYER, MARK	570	00:18:59.95	03:47	5K30-39M	1/418	1/126	CALGARY
2/36	TSOI, DAVID	582	00:20:38.75	04:07	5K30-39M	4/418	4/126	OLDS
3/36	STANEKE, JAN	452	00:21:31.50	04:18	5K30-39M	7/418	7/126	CALGARY
4/36	MAJCHRZAK, MARKUS	320	00:24:41.45	04:56	5K30-39M	20/418	16/126	CALGARY
5/36	LOGAN, FRAZER	308	00:25:00.70	05:00	5K30-39M	23/418	18/126	CALGARY
6/36	EDWARDS, JONAH	199	00:25:22.65	05:04	5K30-39M	27/418	22/126	CALGARY
7/36	BULTSMA, BEN	150	00:25:59.40	05:11	5K30-39M	34/418	26/126	CALGARY
8/36	BRUCE, DAVID	148	00:26:00.35	05:12	5K30-39M	35/418	27/126	CALGARY
9/36	SMITH, SCOTT	450	00:26:10.90	05:14	5K30-39M	37/418	28/126	CALGARY
10/36	LAM, GENE	294	00:26:33.55	05:18	5K30-39M	44/418	34/126	CALGARY
11/36	MCCLELLAN, SHAYNE	338	00:27:10.40	05:26	5K30-39M	48/418	38/126	CALGARY
12/36	NGO, PHONG	381	00:27:39.75	05:31	5K30-39M	57/418	40/126	CALGARY
13/36	JANSSEN, THORBEN	267	00:28:41.40	05:44	5K30-39M	79/418	48/126	CALGARY
14/36	ENGLISH, TREVOR	203	00:29:31.80	05:54	5K30-39M	92/418	56/126	CALGARY
15/36	SMITH, ADAM	448	00:29:47.50	05:57	5K30-39M	103/418	59/126	CALGARY
16/36	GIFFORD, PAUL	223	00:30:17.40	06:03	5K30-39M	114/418	61/126	CALGARY
17/36	LUTTMER, TOBIAS	312	00:30:51.55	06:10	5K30-39M	125/418	62/126	CALGARY
18/36	SATHER, GAVIN	436	00:31:24.85	06:16	5K30-39M	134/418	65/126	AIRDRIE
19/36	HUNTER, ROBIN	257	00:31:31.60	06:18	5K30-39M	136/418	67/126	CALG
20/36	MOORE, TREVAR	363	00:33:20.30	06:40	5K30-39M	175/418	75/126	CALGARY
21/36	FU, WAYNE	542	00:34:21.70	06:52	5K30-39M	207/418	79/126	CALGARY
22/36	KLESKEN, SHANE	282	00:34:31.75	06:54	5K30-39M	211/418	81/126	AIRDRIE
23/36	MORRIS, KURTIS	367	00:34:41.55	06:56	5K30-39M	213/418	83/126	FORT MCMURRAY
24/36	CHARLTON, WILLIAM	160	00:34:57.00	06:59	5K30-39M	219/418	84/126	CALGARY
25/36	FOSTER, WADE	212	00:35:09.90	07:01	5K30-39M	228/418	85/126	CALGARY
26/36	VOIGHT, DALE	483	00:35:31.75	07:06	5K30-39M	239/418	87/126	CALGARY
27/36	SIVRET, JAMES	446	00:36:12.20	07:14	5K30-39M	250/418	90/126	CALGARY
28/36	RADIFF, BRAIN	414	00:37:44.80	07:32	5K30-39M	275/418	93/126	CALGARY
29/36	BUIST, DOUG	581	00:37:56.10	07:35	5K30-39M	279/418	96/126	CALGARY
30/36	STRASKY, DANNY	463	00:39:15.10	07:51	5K30-39M	297/418	98/126	STRATHMORE
31/36	CHAN, SAM	157	00:39:24.40	07:52	5K30-39M	299/418	100/126	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K30-39M - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
32/36	PEARSON, DAMIEN	404	00:45:49.25	09:09	5K30-39M	364/418	113/126	DIDSBURY
33/36	FORGERON, GREGOR	209	00:47:59.70	09:35	5K30-39M	376/418	117/126	CALGARY
34/36	DEMPSEY, LIAM	571	00:49:37.00	09:55	5K30-39M	392/418	121/126	CALGARY
35/36	MUNZER, KURT	375	00:51:22.55	10:16	5K30-39M	402/418	124/126	AIRDRIE
36/36	ALLARD, SANDY	103	01:10:28.05	14:05	5K30-39M	418/418	126/126	AIRDRIE

## 5K40-49F - 66 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/66	ANDERSON, SANDRA	106	00:24:05.50	04:49	5K40-49F	18/418	4/292	OKOTOKS
2/66	BUDDEN, KATE	149	00:26:30.65	05:18	5K40-49F	43/418	10/292	CALGARY
3/66	SMILEY, CHARLENE	447	00:27:25.10	05:29	5K40-49F	52/418	14/292	CALGARY
4/66	MACHADO, MARCIE	315	00:27:34.90	05:30	5K40-49F	55/418	16/292	CALGARY
5/66	FASOLI TUCKER, CORINNE	205	00:29:39.70	05:55	5K40-49F	94/418	38/292	MILLARVILLE
6/66	CAMPBELL, BEATA	575	00:29:42.35	05:56	5K40-49F	97/418	41/292	CALGARY
7/66	HILL, AMANDA	252	00:29:52.15	05:58	5K40-49F	104/418	45/292	CALGARY
8/66	KURRANT, CJ	291	00:29:56.55	05:59	5K40-49F	105/418	46/292	CALGARY
9/66	MCMULLEN, VICKI	347	00:30:10.30	06:02	5K40-49F	111/418	51/292	OKOTOKS
10/66	MARSALES, ANGIE	326	00:30:33.65	06:06	5K40-49F	118/418	57/292	AIRDRIE
11/66	RECKORD, HEIDI	418	00:30:35.20	06:07	5K40-49F	119/418	58/292	CALGARY
12/66	KING, JOYCE	279	00:31:01.05	06:12	5K40-49F	127/418	64/292	CALGARY
13/66	MORRIS, SUSANNE	368	00:31:02.10	06:12	5K40-49F	129/418	65/292	CALGARY
14/66	HANSON, LEIGH	585	00:31:40.05	06:20	5K40-49F	140/418	72/292	CALGARY
15/66	COOK, KATHERINE	175	00:32:04.95	06:24	5K40-49F	143/418	74/292	CALGARY
16/66	HARLOW, BARB	555	00:32:13.25	06:26	5K40-49F	146/418	76/292	CALGARY
17/66	NORRIE, BRENDA	388	00:32:21.40	06:28	5K40-49F	149/418	79/292	HIGH RIVER
18/66	DULLAGHAN, SINEAD	197	00:32:37.35	06:31	5K40-49F	154/418	83/292	CALGARY
19/66	MORIARITY, KELLY	364	00:32:40.65	06:32	5K40-49F	157/418	85/292	CALGARY
20/66	RUBNER, WENDY	428	00:32:51.00	06:34	5K40-49F	161/418	87/292	CALGARY
21/66	MULLIGAN, RANDIE	373	00:33:11.40	06:38	5K40-49F	169/418	95/292	INNISFAIL
22/66	HANNINEN, LORI	239	00:33:18.35	06:39	5K40-49F	172/418	98/292	CALGARY
23/66	ST GELAIS, LINDA	451	00:33:19.50	06:39	5K40-49F	173/418	99/292	CALGARY
24/66	MILLER, CATHERINE	355	00:33:25.85	06:41	5K40-49F	178/418	103/292	AIRDRIE
25/66	BERGMAN, LORI	310	00:33:26.75	06:41	5K40-49F	180/418	104/292	CALGARY
26/66	KOSTIW, MICHELLE	576	00:33:28.60	06:41	5K40-49F	182/418	106/292	CALGARY
27/66	GREGORY, JAN	232	00:33:43.35	06:44	5K40-49F	190/418	113/292	CALGARY
28/66	KRAUSE, MIANNE	287	00:33:44.20	06:44	5K40-49F	191/418	114/292	CALGARY
29/66	STEPHENS, ANDREA	457	00:34:12.20	06:50	5K40-49F	202/418	125/292	CALGARY
30/66	PIRIE, BARBARA	409	00:34:42.10	06:56	5K40-49F	214/418	131/292	CALGARY
31/66	BLASKOVITS, SHARON	132	00:34:47.00	06:57	5K40-49F	216/418	133/292	CALGARY
32/66	CHRISTIE, MERRAN	166	00:34:58.95	06:59	5K40-49F	221/418	137/292	CALGARY
33/66	CHARUK, DARLENE	161	00:34:59.50	06:59	5K40-49F	222/418	138/292	EDMONTON
34/66	CONNORS, ANDREA	174	00:35:01.55	07:00	5K40-49F	223/418	139/292	CALGARY
35/66	BENARD, KELLY	120	00:35:04.20	07:00	5K40-49F	226/418	142/292	COCHRANE
36/66	DAROUX, BARB	567	00:35:06.15	07:01	5K40-49F	227/418	143/292	CALGARY
37/66	MOUNTFORD, NIKKI	372	00:35:19.85	07:03	5K40-49F	234/418	149/292	CALGARY
38/66	BROST, MAUREEN	145	00:35:23.40	07:04	5K40-49F	236/418	151/292	CALGARY
39/66	ERICKSON, SUZANNE	528	00:35:28.45	07:05	5K40-49F	237/418	152/292	CALGARY
40/66	HAMILTON, LARA	238	00:35:33.05	07:06	5K40-49F	240/418	153/292	CALGARY
41/66	OCZKOWSKI, WENDY	393	00:35:40.50	07:08	5K40-49F	242/418	155/292	CALGARY
42/66	NISHIKAWA, JACQUELINE	386	00:35:45.70	07:09	5K40-49F	246/418	158/292	CALGARY
43/66	DOWDELL, JACKIE	194	00:36:30.10	07:18	5K40-49F	254/418	163/292	CALGARY
44/66	WELCH, JANET	494	00:36:47.05	07:21	5K40-49F	260/418	169/292	EDMONTON
45/66	WALTON, SHAUNA	486	00:36:52.55	07:22	5K40-49F	263/418	172/292	AIRDRIE
46/66	O'FLAHERTY, NICOLA	390	00:36:56.70	07:23	5K40-49F	265/418	174/292	CALGARY
47/66	AAB, SHAUNA	101	00:37:38.05	07:31	5K40-49F	272/418	180/292	CALGARY
48/66	HUTCHCROFT, DIANA	258	00:37:38.20	07:31	5K40-49F	273/418	181/292	CALGARY
49/66	HOWE, JULIA	578	00:37:56.60	07:35	5K40-49F	281/418	185/292	CALGARY
50/66	NICKLE, PENNY	383	00:38:01.60	07:36	5K40-49F	284/418	188/292	CALGARY
51/66	BIANCO, ANGELA	130	00:38:53.05	07:46	5K40-49F	293/418	196/292	CALGARY
52/66	ORSTEN, MARIA	396	00:38:58.60	07:47	5K40-49F	294/418	197/292	CALGARY
53/66	PALICHUK, WENDY	398	00:42:03.55	08:24	5K40-49F	327/418	223/292	CALGARY
54/66	DOWNEY, SAMANTHA	196	00:42:28.85	08:29	5K40-49F	332/418	227/292	CALGARY
55/66	BARRELL, DEANNA	114	00:43:16.65	08:39	5K40-49F	342/418	235/292	CALGARY
56/66	DEAS-DAWLISH, JENNIFER	186	00:43:44.90	08:44	5K40-49F	347/418	239/292	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K40-49F - 66 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
57/66	BOROWSKI, CHERYLE	523	00:44:23.65	08:52	5K40-49F	358/418	247/292	CALGARY
58/66	JOHNSTON, JULIE	541	00:44:24.30	08:52	5K40-49F	359/418	248/292	BEISEKER
59/66	HECK, CRYSTAL	246	00:46:00.05	09:12	5K40-49F	365/418	252/292	CALGARY
60/66	COYNE, DELAINEY	178	00:46:06.40	09:13	5K40-49F	367/418	254/292	CALGARY
61/66	STEVENSON, BRENDA	458	00:46:55.85	09:23	5K40-49F	372/418	258/292	OKOTOKS
62/66	JANKE, CHERYL	265	00:48:41.55	09:44	5K40-49F	380/418	261/292	CALGARY
63/66	MORRISON, JANNICE T	369	00:49:06.30	09:49	5K40-49F	385/418	265/292	AIRDRIE
64/66	MERRIMAN, LORIE	353	00:50:06.50	10:01	5K40-49F	395/418	274/292	CALGARY
65/66	LAKHYAN, MANJIT	292	00:52:20.00	00:00	5K40-49F	408/418	283/292	CALGARY
66/66	BARRY, LEIGH-ANN	116	00:58:56.00	00:00	5K40-49F	415/418	290/292	CALGARY

## 5K40-49M - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/32	WILSON, COREY	504	00:19:56.25	03:59	5K40-49M	2/418	2/126	CALGARY
2/32	GUSS, TIM	235	00:20:41.50	04:08	5K40-49M	5/418	5/126	CALGARY
3/32	MOORE, ADRIAN	361	00:21:31.40	04:18	5K40-49M	6/418	6/126	CALGARY
4/32	FORMAN, SIMON	210	00:22:26.20	04:29	5K40-49M	11/418	10/126	CALGARY
5/32	SLATER, GUY	583	00:22:31.65	04:30	5K40-49M	13/418	11/126	CALGARY
6/32	WOOD, EARL	508	00:23:28.30	04:41	5K40-49M	15/418	12/126	CALGARY
7/32	SAUNDERS, MIKE	579	00:23:42.40	04:44	5K40-49M	16/418	13/126	CALGARY
8/32	WOOD, DANIEL	507	00:25:08.70	05:01	5K40-49M	24/418	19/126	INNISFAIL
9/32	NICHOL, TODD	382	00:26:11.25	05:14	5K40-49M	38/418	29/126	CALGARY
10/32	MACDONELL, TREVOR	314	00:26:16.65	05:15	5K40-49M	41/418	32/126	CALGARY
11/32	BURGE, SCOTT	151	00:26:19.80	05:15	5K40-49M	42/418	33/126	STRATHMORE
12/32	SHCHERBA, ALEX	444	00:27:40.25	05:32	5K40-49M	58/418	41/126	CALGARY
13/32	RIVAS, DANIEL	181	00:27:43.25	05:32	5K40-49M	60/418	42/126	CALGARY
14/32	DUTNALL, CAMERON	198	00:27:54.40	05:34	5K40-49M	63/418	43/126	CHESTERMERE
15/32	PILICH, VLADIMIR	560	00:28:05.55	05:37	5K40-49M	70/418	44/126	CALGARY
16/32	BERTELLO, GIULIO	127	00:28:20.05	05:40	5K40-49M	74/418	45/126	CALGARY
17/32	LETKEMAN, KIM	303	00:29:23.50	00:00	5K40-49M	89/418	55/126	CALGARY
18/32	WEIDEMANN, ROB	490	00:29:46.00	05:57	5K40-49M	102/418	58/126	CALGARY
19/32	QUINTERO, JIMMY	538	00:31:01.75	06:12	5K40-49M	128/418	64/126	AIRDRIE
20/32	BATTYANIE, DANIEL	118	00:31:37.65	06:19	5K40-49M	139/418	68/126	STRATHMORE
21/32	ERICKSON, DAVID	204	00:32:10.50	06:26	5K40-49M	144/418	70/126	CALGARY
22/32	ARBUTHNOT, SHAWN	109	00:32:40.05	06:32	5K40-49M	155/418	72/126	CALGARY
23/32	RUBNER, PAUL	427	00:32:50.85	06:34	5K40-49M	160/418	74/126	CALGARY
24/32	MILLER, GARY	356	00:33:26.05	06:41	5K40-49M	179/418	76/126	AIRDRIE
25/32	TENBROEK, PAUL	469	00:33:30.45	06:42	5K40-49M	184/418	77/126	CALGARY
26/32	CAMPBELL, TOM	154	00:35:58.35	07:11	5K40-49M	247/418	89/126	CALGARY
27/32	WHEELER, DONALD	495	00:38:50.20	07:46	5K40-49M	292/418	97/126	CALGARY
28/32	GARDINER, MARK	219	00:40:49.60	08:09	5K40-49M	318/418	102/126	CALGARY
29/32	HENEZI, MARKO	251	00:40:56.70	08:11	5K40-49M	321/418	103/126	LACOMBE
30/32	MCKINNON, DOUGLAS	342	00:42:37.55	08:31	5K40-49M	333/418	106/126	CALGARY
31/32	JANKE, KEN	266	00:47:00.30	09:24	5K40-49M	374/418	115/126	CALGARY
32/32	FRIZZELL, DOUG	216	00:50:16.05	10:03	5K40-49M	396/418	122/126	CALGARY

## 5K50-59F - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/39	CORBETT, TRACY K.	176	00:29:34.00	05:54	5K50-59F	93/418	37/292	AIRDRIE
2/39	BRENNAN, SANDI	143	00:29:58.70	05:59	5K50-59F	106/418	47/292	CALGARY
3/39	BOYNTON, NUI	551	00:30:20.70	06:04	5K50-59F	115/418	54/292	CALGARY
4/39	KANJI, YASMIN	274	00:30:22.80	06:04	5K50-59F	116/418	55/292	CALGARY
5/39	MATHEWS, COLLEEN	539	00:30:30.75	06:06	5K50-59F	117/418	56/292	CALGARY
6/39	RANKIN, RONDA	417	00:33:04.15	06:36	5K50-59F	165/418	91/292	CALGARY
7/39	RONALD, VIRGINIA	424	00:33:08.35	06:37	5K50-59F	168/418	94/292	OKOTOKS
8/39	SMITH, LINDA	569	00:33:17.05	06:39	5K50-59F	171/418	97/292	CALGARY
9/39	KOWALEWSKI, JOANNA	286	00:33:20.85	06:40	5K50-59F	176/418	101/292	CALGARY
10/39	WAGNER, ELEANOR	484	00:34:57.80	06:59	5K50-59F	220/418	136/292	CALGARY
11/39	CAYER-BOUCHARD, DANIELLE	548	00:35:03.30	07:00	5K50-59F	224/418	140/292	CALGARY
12/39	NIINIMAA, GAIL	384	00:35:10.50	07:02	5K50-59F	229/418	144/292	CALGARY
13/39	LISOWAY, COLLEEN	306	00:35:43.50	07:08	5K50-59F	244/418	156/292	CALGARY
14/39	HENDERSON, PATRICIA	250	00:36:02.65	07:12	5K50-59F	248/418	159/292	CALGARY
15/39	BLAHUT, ORYSIA	131	00:36:38.10	07:19	5K50-59F	256/418	165/292	CALGAR
16/39	ROWAT, KIM	426	00:36:56.25	07:23	5K50-59F	264/418	173/292	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 5K - 3.1 Miles

## 5K50-59F - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
17/39	YEOH, MARIANNE	514	00:37:58.15	07:35	5K50-59F	282/418	186/292	CALGARY
18/39	MITCHELL, MANON	359	00:38:20.15	07:40	5K50-59F	288/418	192/292	CALGARY
19/39	WORLEY, DIANNE	511	00:39:44.70	07:56	5K50-59F	305/418	205/292	CALGARY
20/39	DE GAGNE, BRENDA	184	00:39:54.50	07:58	5K50-59F	307/418	207/292	CALGARY
21/39	STOREY, MELANIE	462	00:40:09.70	08:01	5K50-59F	309/418	209/292	CALGARY
22/39	RUPARCIC, GABRIELLE	432	00:40:41.60	08:08	5K50-59F	315/418	215/292	CALGARY
23/39	DIEP, TRINH	193	00:43:09.50	08:37	5K50-59F	339/418	232/292	CALGARY
24/39	DIEP, SANG	192	00:43:10.50	08:38	5K50-59F	341/418	234/292	CALGARY
25/39	BERTIN, NADINE	129	00:44:06.10	08:49	5K50-59F	352/418	244/292	CALGARY
26/39	CARLESIMO, SUSAN	155	00:44:19.25	08:51	5K50-59F	354/418	246/292	CALGARY
27/39	THACKER, LISE	470	00:45:13.40	09:02	5K50-59F	363/418	251/292	CALGARY
28/39	KUNTZ, DONNA	290	00:46:20.70	09:16	5K50-59F	368/418	255/292	CALGARY
29/39	CARLING, GLYNIS	156	00:46:51.95	09:22	5K50-59F	369/418	256/292	CALGARY
30/39	HUNTER, CHARLIE	256	00:48:42.25	09:44	5K50-59F	381/418	262/292	CALGARY
31/39	RIDDELL, ZOFIA	419	00:48:45.80	09:45	5K50-59F	382/418	263/292	CALGARY
32/39	JACOBS, PATTI	262	00:49:06.05	09:49	5K50-59F	384/418	264/292	CALGARY
33/39	DAVIDSON, DONNA	183	00:49:25.80	09:53	5K50-59F	388/418	268/292	CALGARY
34/39	KLATT, LORRAINE	281	00:49:26.05	09:53	5K50-59F	390/418	270/292	CALGARY
35/39	MERRIAM, WENDY	352	00:50:43.45	10:08	5K50-59F	398/418	275/292	CALGARY
36/39	MUNDY, SHELLEY	374	00:50:44.00	10:08	5K50-59F	399/418	276/292	CALGARY
37/39	HENRY, DAWN	565	00:52:45.90	10:33	5K50-59F	411/418	286/292	CALGARY
38/39	MINOGUE, SHEILA	358	00:57:22.70	11:28	5K50-59F	414/418	289/292	CALGARY
39/39	MORRIS, CINDY	365	01:05:52.40	13:10	5K50-59F	417/418	292/292	CALGARY

## 5K50-59M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/13	VAN HEYST, JOHN	520	00:21:55.40	04:23	5K50-59M	8/418	8/126	DEWINTON
2/13	BOLLENBACH, JEFF	136	00:29:18.80	05:51	5K50-59M	88/418	54/126	CALGARY
3/13	PENNY, GEORGE	406	00:29:42.85	05:56	5K50-59M	100/418	57/126	CALGARY
4/13	WOOD, BRAD	506	00:31:26.00	06:17	5K50-59M	135/418	66/126	DEWINTON
5/13	CHEKE, DAVE	163	00:32:49.40	06:33	5K50-59M	159/418	73/126	CALGARY
6/13	VAN DRIEL, ARIE	558	00:34:16.85	06:51	5K50-59M	205/418	78/126	CALGARY
7/13	LISOWAY, WILLIAM	307	00:35:42.85	07:08	5K50-59M	243/418	88/126	CALGARY
8/13	BERTIN, MICHAEL	128	00:43:04.30	08:36	5K50-59M	338/418	107/126	CALGARY
9/13	UNG, SUSAN	478	00:44:19.30	08:51	5K50-59M	355/418	109/126	CALGARY
10/13	BAIN, BILL	112	00:46:52.75	09:22	5K50-59M	370/418	114/126	CALGARY
11/13	BENARD, GREG	119	00:48:38.25	09:43	5K50-59M	379/418	119/126	COCHRANE
12/13	HUNTER, BOB	255	00:48:49.05	09:45	5K50-59M	383/418	120/126	CALGARY
13/13	TOWNS, ROD	473	00:52:05.15	10:25	5K50-59M	405/418	125/126	CALGARY

## 5K60-69F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/8	CAINE, LOUISE	153	00:31:18.40	06:15	5K60-69F	131/418	67/292	CALGARY
2/8	DIAKIW, JENNIFER	191	00:33:42.60	06:44	5K60-69F	188/418	111/292	CALGARY
3/8	KORT, HEATHER	285	00:39:10.50	07:50	5K60-69F	296/418	199/292	CALGARY
4/8	MURPHY, MARIANNE	376	00:40:14.70	08:02	5K60-69F	310/418	210/292	CALGARY
5/8	COUTURE, LORRAINE	177	00:42:28.85	08:29	5K60-69F	331/418	226/292	CANTON DE HATL
6/8	GAUDET, BETI	220	00:48:08.60	09:37	5K60-69F	377/418	260/292	CALGARY
7/8	STEWART, MARY	459	00:49:08.15	09:49	5K60-69F	386/418	266/292	CALGARY
8/8	YESENSKY, KATHERINE	515	00:49:25.80	09:53	5K60-69F	389/418	269/292	CALGARY

## 5K60-69M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/6	KORT, BRIAN	284	00:28:42.30	05:44	5K60-69M	80/418	49/126	CALGARY
2/6	DE GAGNE, CHARLES	185	00:30:52.35	06:10	5K60-69M	126/418	63/126	CALGARY
3/6	BOOGAART, BILL	138	00:37:53.35	07:34	5K60-69M	277/418	94/126	CROSSFIELD
4/6	MARTIN, PHILIP	329	00:39:16.10	07:51	5K60-69M	298/418	99/126	CALGARY
5/6	CAINE, LARRY	152	00:44:20.30	08:52	5K60-69M	357/418	111/126	CALGARY
6/6	WHITE, LARRY	496	00:47:40.85	09:32	5K60-69M	375/418	116/126	CALGARY

## 5K70+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/1	WHITE, MARYMADELINE	547	00:38:30.15	07:42	5K70+F	289/418	193/292	CALGARY

## 5K70+M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
1/3	REUTER, ERWIN	552	00:34:32.65	06:54	5K70+M	212/418	82/126	

**2012 Calgary Police Half/5K  
Category Results**

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

**5K - 3.1 Miles****5K70+M - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	City
2/3	HOWE, WAYNE	577	00:37:55.90	07:35	5K70+M	278/418	95/126	CALGARY
3/3	BERGEN, JAMES	126	00:48:38.10	09:43	5K70+M	378/418	118/126	CALGARY