

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K29&amp;UF - 90 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/90	WIEBE, JANELLE	670	00:22:26.75	04:29	+00:00:00	15/508	3/350	CALGARY
2/90	WHEELER, CHERILYN	666	00:25:28.85	05:05	+00:03:02	35/508	10/350	CALGARY
3/90	MOYNIHAN, CLAIRE	491	00:26:42.35	05:20	+00:04:15	50/508	17/350	CALGARY
4/90	THOMS, KATELYN	628	00:26:45.65	05:21	+00:04:18	51/508	18/350	CALGARY
5/90	SIZOV, ANASTASIA	592	00:27:31.45	05:30	+00:05:04	62/508	22/350	CALGARY
6/90	KIMMETT, JOCELYN	379	00:27:40.95	05:32	+00:05:14	64/508	23/350	COCHRANE
7/90	ERVEN, LESLIE	241	00:27:41.35	05:32	+00:05:14	65/508	24/350	COCHRANE
8/90	MENZIES, JANELLE	474	00:27:52.75	05:34	+00:05:26	68/508	26/350	CALGARY
9/90	BRUDENELL, LAUREN	164	00:27:58.00	05:35	+00:05:31	70/508	27/350	CALGARY
10/90	BLAKIE, ALIX	704	00:28:07.55	05:37	+00:05:40	73/508	29/350	STRATHMORE
11/90	PARENT, RENA	524	00:28:12.40	05:38	+00:05:45	75/508	31/350	CALGARY
12/90	BROGAN, ALLISHA	726	00:28:31.30	05:42	+00:06:04	80/508	32/350	CALGARY
13/90	NORMAN, GEMMA	714	00:28:49.95	05:45	+00:06:23	95/508	38/350	CALGARY
14/90	HOPKINS, NIKKY	333	00:29:08.65	05:49	+00:06:41	103/508	44/350	CALGARY
15/90	GARCIA, NAOMI	717	00:29:09.85	05:49	+00:06:43	104/508	45/350	CALGARY
16/90	BATEMAN, KATE	128	00:29:23.45	05:52	+00:06:56	111/508	50/350	CALGARY
17/90	HASSAN, ROMISSAA	313	00:29:35.80	05:55	+00:07:09	116/508	54/350	CALGARY
18/90	ZAAMOUT, ASMAA	683	00:29:45.85	05:57	+00:07:19	119/508	57/350	CALGARY
19/90	RICKETTS, KATHLEEN	716	00:29:47.85	05:57	+00:07:21	121/508	58/350	CALGARY
20/90	FRANKLIN, JULIE	260	00:30:12.20	06:02	+00:07:45	129/508	62/350	CALGARY
21/90	MACINNIS, CHELSEA	424	00:30:36.60	06:07	+00:08:09	133/508	66/350	CALGARY
22/90	KRPAN, CHELSEA	392	00:30:54.15	06:10	+00:08:27	143/508	73/350	CALGARY
23/90	WHEELER, CARYN	665	00:31:00.20	06:12	+00:08:33	145/508	75/350	CALGARY
24/90	THOMAS, HILARY	626	00:31:08.30	06:13	+00:08:41	148/508	77/350	CALGARY
25/90	ANDREW, SARAH	110	00:31:21.60	06:16	+00:08:54	152/508	79/350	CALGARY
26/90	BIG SNAKE, MEAGAN	145	00:32:06.40	06:25	+00:09:39	161/508	85/350	SIKSIKA
27/90	BOESE, LAUREN	148	00:32:10.40	06:26	+00:09:43	163/508	87/350	CALGARY
28/90	LAING, MICHELLE	400	00:32:26.60	06:29	+00:09:59	170/508	92/350	AIRDRIE
29/90	CHAACHOUH, EALAT	174	00:32:35.10	06:31	+00:10:08	172/508	93/350	CALGARY
30/90	DAZÉ, MARYSE	213	00:32:38.95	06:31	+00:10:12	175/508	96/350	CALGARY
31/90	HORNBY (AKA SAULNIER), LEXI	335	00:32:43.60	06:32	+00:10:16	177/508	97/350	NANTON
32/90	TITUS, SHARON	631	00:32:44.70	06:32	+00:10:17	178/508	98/350	CALGARY
33/90	ABARIENTOS, MARICEL	101	00:32:45.05	06:33	+00:10:18	179/508	99/350	CALGARY
34/90	GIBSON, MADELEINE	276	00:32:48.15	06:33	+00:10:21	184/508	101/350	CALGARY
35/90	SKRYNYK, PAITYN	600	00:33:11.55	06:38	+00:10:44	189/508	105/350	CHESTERMERE
36/90	SIZOV, VERONICA	594	00:33:28.85	06:41	+00:11:02	198/508	109/350	CALGARY
37/90	JACKSON, EMILY	353	00:33:38.85	06:43	+00:11:12	203/508	112/350	CALGARY
38/90	WINFIELD, MANDY	678	00:33:39.25	06:43	+00:11:12	205/508	113/350	CALGARY
39/90	INVERARITY, SHANNA	350	00:34:02.00	06:48	+00:11:35	214/508	120/350	AIRDRIE
40/90	POND, CANDACE	542	00:34:03.80	06:48	+00:11:37	216/508	121/350	CALGARY
41/90	HOWLAND-LANGILL, CLARE	338	00:34:14.30	06:50	+00:11:47	222/508	125/350	CALGARY
42/90	COOK, LYNDY	197	00:34:43.40	06:56	+00:12:16	234/508	134/350	COCHRANE
43/90	ASSMUS, BROOKLYN	115	00:34:50.40	06:58	+00:12:23	240/508	139/350	EATONIA
44/90	SANTOS, REBECCA	580	00:34:52.70	06:58	+00:12:25	241/508	140/350	CALGARY
45/90	ZABORI, SARA	684	00:35:10.20	07:02	+00:12:43	249/508	146/350	CALGARY
46/90	EFTHIMIADIS, DEENA	237	00:35:13.25	07:02	+00:12:46	253/508	148/350	CALGARY
47/90	NORDQUIST, KRISTINA	511	00:35:17.35	07:03	+00:12:50	255/508	150/350	CALGARY
48/90	MCGINNIS, LACEY	459	00:35:31.15	07:06	+00:13:04	262/508	156/350	CALGARY
49/90	RING, CHARLISE	558	00:35:34.05	07:06	+00:13:07	263/508	157/350	NANTON
50/90	OZGA, DAISY	520	00:35:35.65	07:07	+00:13:08	264/508	158/350	CALGARY
51/90	PINCHIN, MARY	539	00:35:44.25	07:08	+00:13:17	267/508	161/350	OKOTOKS
52/90	FULCHER, ERIN	266	00:36:04.15	07:12	+00:13:37	274/508	168/350	CALGARY
53/90	MARSTON, EMILY	440	00:36:08.15	07:13	+00:13:41	277/508	171/350	AIRDRIE
54/90	HODGE, BREANNA	327	00:36:22.60	07:16	+00:13:55	284/508	175/350	CALGARY
55/90	BOYD, LAUREN	156	00:36:49.60	07:21	+00:14:22	292/508	181/350	CALGARY
56/90	MARKS, ADELIN	436	00:37:45.25	07:33	+00:15:18	307/508	192/350	CALGARY
57/90	WEAVER, MACKENZIE	661	00:37:52.15	07:34	+00:15:25	309/508	193/350	CALGARY
58/90	BRUCE, KAITLYN	163	00:38:03.20	07:36	+00:15:36	314/508	197/350	CALGARY
59/90	MCGOVERN, ERIN	461	00:38:50.35	07:46	+00:16:23	328/508	209/350	CALGARY
60/90	WIEBE, ISABELLE	669	00:39:23.10	07:52	+00:16:56	336/508	216/350	CALGARY
61/90	PRIOR, SAMANTHA	547	00:39:40.95	07:56	+00:17:14	340/508	220/350	GABRIOLA ISLAND
62/90	TURBIDE, ANGELA	638	00:39:58.00	07:59	+00:17:31	346/508	225/350	CALGARY

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Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K29&amp;UF - 90 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
63/90	LEWIS, SHONA	417	00:40:35.60	08:07	+00:18:08	353/508	231/350	CALGARY
64/90	LEWIS, KIRSTY	416	00:40:35.85	08:07	+00:18:09	354/508	232/350	CALGARY
65/90	CHYZ, NADINE	190	00:40:52.35	08:10	+00:18:25	366/508	241/350	CALGARY
66/90	ROMICK, VANESSA	564	00:41:08.35	08:13	+00:18:41	369/508	243/350	HIGH RIVER
67/90	KNIGHT, KLARA	384	00:41:20.45	08:16	+00:18:53	372/508	246/350	CALGARY
68/90	TEULON, BRITTANY	624	00:41:22.00	08:16	+00:18:55	373/508	247/350	CALGARY
69/90	HUM, SARAH	341	00:42:03.10	08:24	+00:19:36	382/508	255/350	CALGARY
70/90	JACKSON, MOLLY	357	00:42:30.25	08:30	+00:20:03	388/508	260/350	CALGARY
71/90	JOHNSTON, TARYN	366	00:44:46.20	08:57	+00:22:19	408/508	275/350	CALGARY
72/90	GASKA, MEGAN	271	00:45:42.35	09:08	+00:23:15	418/508	280/350	CALGARY
73/90	MCLEOD, ALICIA	466	00:46:27.20	09:17	+00:24:00	424/508	285/350	CALGARY
74/90	GILL, GURSHARAN	279	00:46:28.25	09:17	+00:24:01	425/508	286/350	CALGARY
75/90	KHANGURA, NISHALJEET	376	00:46:31.90	09:18	+00:24:05	427/508	288/350	CALGARY
76/90	MARKS, MYAH	437	00:46:51.65	09:22	+00:24:24	430/508	289/350	CALGARY
77/90	WIENS, MELANIE	672	00:46:58.80	09:23	+00:24:32	434/508	292/350	CALGARY
78/90	LAWSON, PAIGE	407	00:48:02.70	09:36	+00:25:35	438/508	296/350	CHESTERMERE
79/90	BAILLY, JAYDEN	120	00:48:34.85	09:42	+00:26:08	447/508	303/350	CHESTERMERE
80/90	STILL, KRIS LEE	611	00:49:06.60	09:49	+00:26:39	454/508	308/350	EDMONTON
81/90	NEDHAM-KATCHUR, JULIANA	502	00:50:02.55	10:00	+00:27:35	455/508	309/350	AIRDRIE
82/90	KLAASSEN, JESSICA	383	00:50:05.65	10:01	+00:27:38	457/508	310/350	CALGARY
83/90	SHAVER, SAMANTHA	732	00:50:53.55	10:10	+00:28:26	462/508	315/350	CALGARY
84/90	HUNTER, TAYLOR	719	00:51:41.10	10:20	+00:29:14	469/508	321/350	CALGARY
85/90	SAUNDERS, CHELSEA	582	00:52:29.70	10:29	+00:30:02	476/508	327/350	AIRDRIE
86/90	HEWITT-ANDERSON, DESIRAE	322	00:53:36.15	10:43	+00:31:09	481/508	330/350	CASTOR
87/90	ROSTOTSKI, LISA	566	00:54:38.90	10:55	+00:32:12	487/508	336/350	CALGARY
88/90	LAVOIE, RACHELLE	404	00:57:26.55	11:29	+00:34:59	498/508	343/350	CALGARY
89/90	METLEWSKY, AMERY	476	00:57:27.50	11:29	+00:35:00	499/508	344/350	KATHYRN
90/90	LEW, JENELLE	412	01:01:46.90	12:21	+00:39:20	504/508	346/350	CALGARY

## 5K29&amp;UM - 62 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/62	COTE, PATRICK	201	00:17:09.50	03:25	+00:00:00	1/508	1/158	CALGARY
2/62	ECKSTEIN, NATHANAEL	234	00:19:50.40	03:58	+00:02:40	4/508	4/158	CALGARY
3/62	GRANT, JARED	295	00:20:03.55	04:00	+00:02:54	5/508	5/158	LACOMBE
4/62	MCCUTCHEON, CORY	455	00:20:32.10	04:06	+00:03:22	7/508	7/158	AIRDRIE
5/62	HEBERT, MATTHEW	317	00:20:33.45	04:06	+00:03:23	8/508	8/158	CALGARY
6/62	ROMANIUK, ALEX	563	00:20:37.05	04:07	+00:03:27	9/508	9/158	CALGARY
7/62	SLATER, SAM	725	00:22:58.30	04:35	+00:05:48	19/508	15/158	CALGARY
8/62	CHARLTON, JEFFREY	180	00:23:30.55	04:42	+00:06:21	22/508	18/158	CALGARY
9/62	CHAN, NICHOLAS	730	00:23:38.50	04:43	+00:06:29	25/508	21/158	PINCHER CREEK
10/62	NESTERENKO, DANIEL	506	00:24:05.25	04:49	+00:06:55	28/508	23/158	CALGARY
11/62	KANDALAF, AUSTIN	368	00:24:11.90	04:50	+00:07:02	29/508	24/158	CALGARY
12/62	FLOREA, ANDREI	254	00:25:23.95	05:04	+00:08:14	34/508	25/158	CALGARY
13/62	RING, MASON	559	00:25:37.00	05:07	+00:08:27	36/508	26/158	NANTON
14/62	PEARSON, BRAYDEN	528	00:26:00.70	05:12	+00:08:51	39/508	28/158	DIDSBURY
15/62	SKRYNYK, NOAH	599	00:26:31.50	05:18	+00:09:22	47/508	32/158	CHESTERMERE
16/62	PEARSON, CONNOR	529	00:26:58.90	05:23	+00:09:49	55/508	35/158	DIDSBURY
17/62	LEW, NATHAN	415	00:27:49.90	05:33	+00:10:40	66/508	42/158	CALGARY
18/62	PAUL, KIM	526	00:27:57.20	05:35	+00:10:47	69/508	43/158	CALGARY
19/62	NEALE, CAL	500	00:28:12.85	05:38	+00:11:03	76/508	45/158	CALGARY
20/62	ECKSTEIN, ETHAN	233	00:28:38.55	05:43	+00:11:29	87/508	50/158	CALGARY
21/62	TRUONG, JONATHON	636	00:28:38.55	05:43	+00:11:29	86/508	49/158	CALGARY
22/62	MCCUE, AYDEN	454	00:28:38.60	05:43	+00:11:29	88/508	51/158	CALGARY
23/62	ANTONIAK, ADAM	112	00:28:38.70	05:43	+00:11:29	89/508	52/158	CALGARY
24/62	TABLER, MATTHEW	617	00:28:43.10	05:44	+00:11:33	90/508	53/158	CALGARY
25/62	FITZGERALD, SCOTT	253	00:28:43.60	05:44	+00:11:34	91/508	54/158	CALGARY
26/62	MARSTON, EDWARD	439	00:28:44.65	05:44	+00:11:35	92/508	55/158	AIRDRIE
27/62	DAVIES, SEAN	212	00:28:47.75	05:45	+00:11:38	93/508	56/158	LACOMBE
28/62	KURINKA, TRAVIS	395	00:29:19.75	05:51	+00:12:10	110/508	61/158	CALGARY
29/62	PEARSON, GAVIN	530	00:29:30.80	05:54	+00:12:21	115/508	62/158	DIDSBURY
30/62	MARVIN, CURTIS	446	00:29:54.60	05:58	+00:12:45	126/508	65/158	CALGARY
31/62	MORDEN, QUINN	488	00:30:07.65	06:01	+00:12:58	127/508	66/158	CALGARY

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## 5K - 3.1 Miles

508 Finishers

## 5K29&amp;UM - 62 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
32/62	DOUGLAS, DARCY	227	00:30:08.00	06:01	+00:12:58	128/508	67/158	CALGARY
33/62	KNIGHT, THOMAS	385	00:30:53.45	06:10	+00:13:43	142/508	70/158	CALGARY
34/62	SCHWINDT, LOGAN	587	00:31:11.95	06:14	+00:14:02	149/508	72/158	CALGARY
35/62	NELSON, ZACH	505	00:31:16.75	06:15	+00:14:07	151/508	73/158	CALGARY
36/62	SKINNER, JUSTIN	596	00:31:37.65	06:19	+00:14:28	155/508	74/158	CALGARY
37/62	GARDINER, LUKE	268	00:32:23.75	06:28	+00:15:14	169/508	78/158	CALGARY
38/62	ADAMCZYK, ALEXANDER	102	00:32:45.15	06:33	+00:15:35	180/508	81/158	CALGARY
39/62	MITTU, SHAI FALI	481	00:32:49.75	06:33	+00:15:40	185/508	84/158	CALGARY
40/62	LAWSON, ETHAN	406	00:33:12.00	06:38	+00:16:02	190/508	85/158	CHESTERMERE
41/62	CHILDS, STEVEN	184	00:34:02.55	06:48	+00:16:53	215/508	95/158	CALGARY
42/62	SANGHA, AVNEET	579	00:34:42.40	06:56	+00:17:32	232/508	99/158	CALGARY
43/62	NGUYEN, TOM	508	00:34:44.15	06:56	+00:17:34	235/508	101/158	CALGARY
44/62	MCLAUGHLIN, DREW	465	00:35:30.05	07:06	+00:18:20	261/508	106/158	CALGARY
45/62	CHINEME, RALU	185	00:36:19.00	07:15	+00:19:09	282/508	109/158	CALGARY
46/62	BAKUSKA, DEVON	124	00:36:34.65	07:18	+00:19:25	286/508	110/158	CALGARY
47/62	BETTISON, KAHNE	139	00:36:52.25	07:22	+00:19:42	295/508	112/158	CALGARY
48/62	WENISCH, JOSHUA	663	00:37:01.25	07:24	+00:19:51	298/508	113/158	BELLEVUE
49/62	FRANCIS, ISAIAH	258	00:37:45.95	07:33	+00:20:36	308/508	116/158	CALGARY
50/62	JACKSON, BENJAMIN	351	00:37:59.50	07:35	+00:20:50	312/508	117/158	CALGARY
51/62	BAKER, MASON	123	00:40:39.25	08:07	+00:23:29	360/508	124/158	CALGARY
52/62	BUTZ, CLIFTON	168	00:40:40.10	08:08	+00:23:30	362/508	125/158	CALGARY
53/62	CHYZ, BRAD	188	00:40:52.50	08:10	+00:23:43	367/508	126/158	CALGARY
54/62	YEE, ALEX	695	00:41:39.60	08:19	+00:24:30	377/508	127/158	CALGARY
55/62	LAWSON, ALEX	405	00:42:07.50	08:25	+00:24:58	385/508	128/158	CHESTERMERE
56/62	JACKSON, LIAM	356	00:42:35.85	08:31	+00:25:26	389/508	129/158	CALGARY
57/62	GOMEZ, MAXIMO	288	00:42:36.45	08:31	+00:25:26	390/508	130/158	CALGARY
58/62	JOHNSTON, NOLAN	365	00:44:20.80	08:52	+00:27:11	407/508	133/158	CALGARY
59/62	SKJOLDE, KORBEN	712	00:44:53.30	08:58	+00:27:43	413/508	136/158	CALGARY
60/62	BAILLY, DREW	119	00:48:41.50	09:44	+00:31:32	448/508	145/158	CHESTERMERE
61/62	BAILLY, MAK	122	00:48:45.35	09:45	+00:31:35	451/508	146/158	CHESTERMERE
62/62	HEWITT-ANDERSON, CARTER	321	00:52:37.55	10:31	+00:35:28	479/508	150/158	CASTOR

## 5K30-39F - 110 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/110	CARRIERE, RENA	172	00:20:47.60	04:09	+00:00:00	10/508	1/350	CALGARY
2/110	BEVERIDGE, JILL	141	00:22:17.60	04:27	+00:01:30	14/508	2/350	CALGARY
3/110	MAGYAR, CHRISSIE	723	00:24:02.55	04:48	+00:03:14	27/508	5/350	CALGARY
4/110	D'ENTREMONT, CHRIS	209	00:24:19.15	04:51	+00:03:31	30/508	6/350	CALGARY
5/110	FOURNIER, SARAH	257	00:24:21.55	04:52	+00:03:33	31/508	7/350	CALGARY
6/110	VAN, NINA	698	00:25:14.30	05:02	+00:04:26	33/508	9/350	CALGARY
7/110	YALTE, SHAWNA	681	00:25:37.35	05:07	+00:04:49	38/508	11/350	CALGARY
8/110	BOTELHO, JILL	154	00:26:50.10	05:22	+00:06:02	52/508	19/350	CALGARY
9/110	CHAN, YEE	177	00:27:02.90	05:24	+00:06:15	57/508	21/350	CALGARY
10/110	FALSCHBNER, SASCHA	705	00:28:06.85	05:37	+00:07:19	72/508	28/350	STRATHMORE
11/110	MCDONALD, JANE	457	00:28:11.95	05:38	+00:07:24	74/508	30/350	CALGARY
12/110	DYSKIN, VALERIE	231	00:28:34.50	05:42	+00:07:46	82/508	34/350	CALGARY
13/110	HUSBAND, ALANA	344	00:28:50.90	05:46	+00:08:03	98/508	39/350	CALGARY
14/110	MCDONALD, STEPHANIE	458	00:28:51.25	05:46	+00:08:03	99/508	40/350	CALGARY
15/110	WHELLAMS, MELISSA	667	00:28:51.80	05:46	+00:08:04	100/508	41/350	CALGARY
16/110	MIKUS, DIANNE	477	00:28:56.55	05:47	+00:08:08	102/508	43/350	CALGARY
17/110	FEAVER, SARAH	246	00:29:11.85	05:50	+00:08:24	106/508	47/350	CALGARY
18/110	SIZOV, MARINA	593	00:29:14.30	05:50	+00:08:26	108/508	49/350	CALGARY
19/110	LISCHKA, SHAUNA	418	00:29:24.65	05:52	+00:08:37	112/508	51/350	CALGARY
20/110	HARRIS-STILL, BRIONY	708	00:29:30.30	05:54	+00:08:42	114/508	53/350	CALGARY
21/110	MCINTOSH, ANNA	462	00:29:52.20	05:58	+00:09:04	124/508	61/350	CALGARY
22/110	MANCHAK, AMANDA	431	00:30:18.80	06:03	+00:09:31	130/508	63/350	OKOTOKS
23/110	COLLINS, JENNIFER	192	00:30:37.25	06:07	+00:09:49	134/508	67/350	AIRDRIE
24/110	GRAW, JOANN	298	00:30:37.70	06:07	+00:09:50	136/508	69/350	AIRDRIE
25/110	MCNICHOL, TRACY	467	00:30:38.45	06:07	+00:09:50	137/508	70/350	CALGARY
26/110	TREVENEN, MELISSA	635	00:30:59.10	06:11	+00:10:11	144/508	74/350	CALGARY
27/110	CLARKE, ARMINTY	191	00:31:01.65	06:12	+00:10:14	146/508	76/350	CALGARY
28/110	JANSENS, NADIA	361	00:31:15.30	06:15	+00:10:27	150/508	78/350	CALGARY

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K30-39F - 110 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
29/110	HOLWEGNER, SONIA	330	00:31:40.65	06:20	+00:10:53	156/508	82/350	AIRDRIE
30/110	MCINTYRE, SUSAN	464	00:32:01.55	06:24	+00:11:13	159/508	84/350	CALGARY
31/110	GRAHAM, CASSANDRA	293	00:32:06.80	06:25	+00:11:19	162/508	86/350	AIRDRIE
32/110	SCHWEITZER, ROBYN	586	00:32:15.50	06:27	+00:11:27	166/508	89/350	CALGARY
33/110	MACINNIS, JENNIFER	425	00:32:20.85	06:28	+00:11:33	168/508	91/350	CALGARY
34/110	RICHARDSON, DEVIN	556	00:32:35.20	06:31	+00:11:47	173/508	94/350	CALGARY
35/110	TRAVIS, CAROLYN	634	00:32:36.35	06:31	+00:11:48	174/508	95/350	CALGARY
36/110	ELSALHY, AMINA	239	00:33:04.45	06:36	+00:12:16	186/508	102/350	CALGARY
37/110	PERZAN, JEANINE	537	00:33:06.15	06:37	+00:12:18	187/508	103/350	SASKATOON
38/110	BOLETTA, GEORGE	152	00:33:08.75	06:37	+00:12:21	188/508	104/350	CALGARY
39/110	RAI, NAVJOT	550	00:33:19.50	06:39	+00:12:31	194/508	106/350	CALGARY
40/110	RYDER, KIRSTEN	574	00:33:25.90	06:41	+00:12:38	197/508	108/350	SIKSIKA
41/110	CUTSHAW, BARBARA	208	00:33:31.65	06:42	+00:12:44	200/508	110/350	CALGARY
42/110	BUIST, ANDREA	166	00:33:38.55	06:43	+00:12:50	202/508	111/350	CALGARY
43/110	KAYE, LYNNE	369	00:33:45.85	06:45	+00:12:58	207/508	114/350	CALGARY
44/110	GRANT, NOELLE	296	00:33:47.25	06:45	+00:12:59	209/508	115/350	CALGARY
45/110	BOGAART, JANNA	150	00:33:53.00	06:46	+00:13:05	211/508	117/350	CALGARY
46/110	BREWER, CHARITY	159	00:33:54.75	06:46	+00:13:07	212/508	118/350	CALGARY
47/110	CHAN, CHERYL	176	00:34:01.25	06:48	+00:13:13	213/508	119/350	CALGARY
48/110	MENDOZA, GRACE	473	00:34:22.05	06:52	+00:13:34	225/508	127/350	CALGARY
49/110	MOORE, JENNIFER	486	00:34:33.10	06:54	+00:13:45	228/508	130/350	CALGARY
50/110	MITCHELL, DONDA	480	00:34:35.40	06:55	+00:13:47	230/508	132/350	CALGARY
51/110	ENNS, RACHELLE	240	00:34:35.70	06:55	+00:13:48	231/508	133/350	CALGARY
52/110	WILLSON, MICHELLE	676	00:34:49.65	06:57	+00:14:02	237/508	136/350	CALGARY
53/110	GIES, CATHY	277	00:34:50.30	06:58	+00:14:02	239/508	138/350	CALGARY
54/110	HUTTON, NADIA	347	00:34:56.00	06:59	+00:14:08	242/508	141/350	CALGARY
55/110	HALES, ANGELA	305	00:35:07.85	07:01	+00:14:20	247/508	144/350	CALGARY
56/110	ROUBAUD, CLAUDIA	569	00:35:09.30	07:01	+00:14:21	248/508	145/350	CALGARY
57/110	BLACK, LESLEY	146	00:35:11.25	07:02	+00:14:23	251/508	147/350	SIKSIKA
58/110	BHULLER, JASKAMALPREET	142	00:35:49.80	07:09	+00:15:02	269/508	163/350	CALGARY
59/110	TAY, TZE	619	00:36:03.35	07:12	+00:15:15	273/508	167/350	CALGARY
60/110	DUMONCEAU, KRISTA	229	00:36:07.45	07:13	+00:15:19	276/508	170/350	CALGARY
61/110	MATHIESEN, HEATHER	448	00:36:13.15	07:14	+00:15:25	281/508	173/350	CARSTAIRS
62/110	PURDY, SARAH	549	00:36:19.80	07:15	+00:15:32	283/508	174/350	CALGARY
63/110	WALSH, ERIN	653	00:36:35.85	07:19	+00:15:48	287/508	177/350	CALGARY
64/110	GODDARD, MEGAN	287	00:36:47.30	07:21	+00:15:59	291/508	180/350	ROCKY VIEW COL
65/110	TAYLOR, DELEA	620	00:36:52.90	07:22	+00:16:05	297/508	185/350	CALGARY
66/110	URETA, SANDRA	643	00:37:24.65	07:28	+00:16:37	302/508	188/350	CALGARY
67/110	O'SHAUGHNESSY, CHRISTINE	515	00:37:24.70	07:28	+00:16:37	303/508	189/350	CALGARY
68/110	DROST, MARIA	228	00:37:40.30	07:32	+00:16:52	304/508	190/350	CALGARY
69/110	GAULEY, MEGAN	273	00:37:54.95	07:34	+00:17:07	311/508	195/350	CALGARY
70/110	HORNBY, LORELI	334	00:38:04.60	07:36	+00:17:17	315/508	198/350	NANTON
71/110	HARTERY, DANA	312	00:38:19.40	07:39	+00:17:31	318/508	201/350	CALGARY
72/110	WERBOWSKI, DENISE	664	00:38:25.10	07:41	+00:17:37	322/508	203/350	CALGARY
73/110	KUFFLER, HEATHER	394	00:38:53.20	07:46	+00:18:05	329/508	210/350	ROCKY VIEW COL
74/110	SKJOLDE, LANA	598	00:38:54.85	07:46	+00:18:07	330/508	211/350	CALGARY
75/110	GUERIN, RHONDA	300	00:38:58.25	07:47	+00:18:10	331/508	212/350	CALGARY
76/110	SAKA, ADENIKE	575	00:39:07.90	07:49	+00:18:20	332/508	213/350	CALGARY
77/110	KINDREE, KRISANA	380	00:39:15.40	07:51	+00:18:27	333/508	214/350	CALGARY
78/110	MCNUTT, JOANNE	468	00:39:19.15	07:51	+00:18:31	334/508	215/350	CALGARY
79/110	VALLIERES, STEPHANIE	645	00:39:37.75	07:55	+00:18:50	339/508	219/350	COCHRANE
80/110	MECKLING, CHRISTINE	471	00:39:43.70	07:56	+00:18:56	341/508	221/350	CALGARY
81/110	VOYER, JILL	648	00:39:45.40	07:57	+00:18:57	342/508	222/350	CALGARY
82/110	ROY, KATHY	571	00:39:50.95	07:58	+00:19:03	344/508	224/350	CALGARY
83/110	PENNETT, HEATHER	694	00:40:36.90	08:07	+00:19:49	355/508	233/350	CALGARY
84/110	HOWSON, LEAH	339	00:40:39.10	08:07	+00:19:51	359/508	236/350	CALGARY
85/110	HALL, ANDREA	306	00:40:39.55	08:07	+00:19:51	361/508	237/350	CALGARY
86/110	GOODWIN BAKER, SONDR	289	00:40:43.70	08:08	+00:19:56	363/508	238/350	CALGARY
87/110	POLOWICK, LARISSA	541	00:41:16.20	08:15	+00:20:28	370/508	244/350	CALGARY
88/110	HOWE, JENNY	336	00:41:27.85	08:17	+00:20:40	375/508	249/350	CALGARY
89/110	MANHAS, JENNETTE	432	00:42:01.75	08:24	+00:21:14	379/508	252/350	CALGARY
90/110	HANNAH, AMANDA	309	00:42:02.70	08:24	+00:21:15	381/508	254/350	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K30-39F - 110 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
91/110	TITTEMORE-WHITE, NICOLE	630	00:42:14.40	08:26	+00:21:26	386/508	258/350	CALGARY
92/110	FEHRMANN, JENNIFER	249	00:42:46.45	08:33	+00:21:58	393/508	262/350	CALGARY
93/110	DE CHAMPLAIN, JENNY	214	00:43:29.05	08:41	+00:22:41	397/508	266/350	CALGARY
94/110	KOZAN, SARAH	388	00:43:36.55	08:43	+00:22:48	402/508	270/350	CALGARY
95/110	SHARPE, MIRANDA	588	00:44:07.35	08:49	+00:23:19	405/508	273/350	CALGARY
96/110	O'GRADY, KRISTY	514	00:45:10.60	09:02	+00:24:23	416/508	278/350	CALGARY
97/110	BACH, JILL	117	00:45:32.95	09:06	+00:24:45	417/508	279/350	CALGARY
98/110	VUKOVICH, ANITA	649	00:46:06.30	09:13	+00:25:18	421/508	283/350	CALGARY
99/110	GODDARD, LINDSEY	286	00:46:31.70	09:18	+00:25:44	426/508	287/350	AIRDRIE
100/110	BUDINSKI, AMY	727	00:46:59.45	09:23	+00:26:11	435/508	293/350	CALGARY
101/110	GUNN, MONICA	303	00:48:03.20	09:36	+00:27:15	439/508	297/350	CALGARY
102/110	BYRNE, SAMANTHA	169	00:48:03.35	09:36	+00:27:15	440/508	298/350	CALGARY
103/110	BAILLY, LAURA	121	00:48:44.80	09:44	+00:27:57	450/508	305/350	CHESTERMERE
104/110	WOOLSTENCROFT, NATALIE	680	00:49:01.20	09:48	+00:28:13	452/508	306/350	CALGARY
105/110	SAMSON, CHRISTA	577	00:49:01.65	09:48	+00:28:14	453/508	307/350	CALGARY
106/110	PRESSER, BONNIE	545	00:51:37.65	10:19	+00:30:50	467/508	319/350	CALGARY
107/110	VAN VEEN, HOLLY	646	00:51:54.95	10:22	+00:31:07	472/508	323/350	OKOTOKS
108/110	WISEMAN, CLAIRE	679	00:52:30.50	10:30	+00:31:42	477/508	328/350	CALGARY
109/110	SWANBERG, KATHRYN	616	00:56:19.50	11:15	+00:35:31	493/508	340/350	CALGARY
110/110	MIZUGUCHI, MISAHO	482	00:57:11.75	11:26	+00:36:24	496/508	342/350	CALGARY

## 5K30-39M - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/35	DARCY, NOEL	210	00:18:01.45	03:36	+00:00:00	2/508	2/158	OLDS
2/35	WEBER, JOEY	662	00:20:26.95	04:05	+00:02:25	6/508	6/158	CALGARY
3/35	SOUCHOTTE, JOEL	603	00:21:11.45	04:14	+00:03:10	11/508	10/158	CALGARY
4/35	VERSCHOOTE, PETER	709	00:21:38.70	04:19	+00:03:37	12/508	11/158	CALGARY
5/35	CHAN, NELSON	729	00:22:39.65	04:31	+00:04:38	16/508	13/158	PINCHER CREEK
6/35	HERNANDEZ, CARLOS	319	00:22:58.75	04:35	+00:04:57	20/508	16/158	CALGARY
7/35	STANEKE, JAN	605	00:22:58.85	04:35	+00:04:57	21/508	17/158	OKOTOKS
8/35	BELL, JOSH	136	00:25:37.20	05:07	+00:07:35	37/508	27/158	CALGARY
9/35	HUSBAND, KYLE	345	00:26:08.70	05:13	+00:08:07	41/508	29/158	CALGARY
10/35	REAH, JEREMY	553	00:27:09.40	05:25	+00:09:07	59/508	38/158	CALGARY
11/35	BOTELHO, ANDY	153	00:28:14.60	05:38	+00:10:13	78/508	47/158	CALGARY
12/35	MATTHEWS, JOEL	449	00:29:47.20	05:57	+00:11:45	120/508	63/158	COCHRANE
13/35	MCINTOSH, CHRIS	463	00:29:53.30	05:58	+00:11:51	125/508	64/158	CALGARY
14/35	DOS RAMOS, JUSTIN	225	00:30:47.20	06:09	+00:12:45	139/508	68/158	CALGARY
15/35	GIBSON, GLENN	275	00:30:50.60	06:10	+00:12:49	141/508	69/158	CALGARY
16/35	TRAHAN, JOSHUA	633	00:32:04.50	06:24	+00:14:03	160/508	76/158	CALGARY
17/35	SIPPOLA, KALLE	686	00:32:40.65	06:32	+00:14:39	176/508	80/158	AIRDRIE
18/35	MCPHERSON, SEAN	470	00:33:18.35	06:39	+00:15:16	192/508	87/158	CALGARY
19/35	CHEUNG, HORACE	182	00:33:20.90	06:40	+00:15:19	195/508	89/158	CALGARY
20/35	ROY, SHAWN	572	00:34:05.35	06:49	+00:16:03	218/508	96/158	CALGARY
21/35	LANGILL, SCOTT	401	00:34:14.25	06:50	+00:16:12	221/508	97/158	CALGARY
22/35	COOK, JOSIAH	195	00:35:00.15	07:00	+00:16:58	244/508	103/158	COCHRANE
23/35	MCGOLDRICK, OWEN	460	00:37:44.00	07:32	+00:19:42	306/508	115/158	CALGARY
24/35	NICKERSON, CURTIS	510	00:39:57.90	07:59	+00:21:56	345/508	121/158	CALGARY
25/35	PENNETT, BRETT	535	00:40:37.15	08:07	+00:22:35	357/508	123/158	CALGARY
26/35	KENMUIR, CHRIS	372	00:43:29.20	08:41	+00:25:27	398/508	132/158	CALGARY
27/35	SKJOLDE, KEN	597	00:44:53.05	08:58	+00:26:51	412/508	135/158	CALGARY
28/35	BELL, JEFFREY	135	00:46:39.00	09:19	+00:28:37	429/508	141/158	CALGARY
29/35	WIENS, MELVIN	673	00:46:58.75	09:23	+00:28:57	433/508	142/158	CALGARY
30/35	BAILLY, BROOK	118	00:48:11.90	09:38	+00:30:10	442/508	143/158	CHESTERMERE
31/35	GUNN, DAN	302	00:48:24.05	09:40	+00:30:22	445/508	144/158	CALGARY
32/35	NEDHAM, SCOTT	501	00:50:03.05	10:00	+00:32:01	456/508	147/158	AIRDRIE
33/35	WARD, TERRY	656	00:51:54.95	10:22	+00:33:53	471/508	149/158	OKOTOKS
34/35	MIZUGUCHI, YUSAKU	483	00:57:15.70	11:27	+00:39:14	497/508	155/158	CALGARY
35/35	SANGER, MARK	578	00:57:28.55	11:29	+00:39:27	500/508	156/158	CALGARY

## 5K40-49F - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/74	MARKO, ARLENE	435	00:22:42.75	04:32	+00:00:00	17/508	4/350	CALGARY
2/74	FAH, CATHERINE	244	00:24:39.25	04:55	+00:01:56	32/508	8/350	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K40-49F - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
3/74	REABURN, TARA	552	00:26:03.95	05:12	+00:03:21	40/508	12/350	CALGARY
4/74	GILL, RANI	281	00:26:27.30	05:17	+00:03:44	46/508	15/350	CALGARY
5/74	HUDSON, SANDRA	340	00:26:55.90	05:23	+00:04:13	54/508	20/350	CALGARY
6/74	CROWE, HOLLY	207	00:28:33.60	05:42	+00:05:50	81/508	33/350	CALGARY
7/74	BUCHINSKI, RHONDA	165	00:28:35.05	05:43	+00:05:52	83/508	35/350	CALGARY
8/74	MACDONALD, MAUREEN	690	00:28:37.05	05:43	+00:05:54	84/508	36/350	CALGARY
9/74	MCDONALD, MELISSA	701	00:28:37.80	05:43	+00:05:55	85/508	37/350	CALGARY
10/74	DEAUSY, PATRICIA	218	00:29:11.10	05:50	+00:06:28	105/508	46/350	CALGARY
11/74	MACKIE, MARY	427	00:29:27.20	05:53	+00:06:44	113/508	52/350	CALGARY
12/74	COSTELLO, FIONA	713	00:29:37.65	05:55	+00:06:54	117/508	55/350	CALGARY
13/74	HEROLD, DANIELLE	699	00:30:29.05	06:05	+00:07:46	131/508	64/350	CALGARY
14/74	MARTIN, ANNA	442	00:30:32.65	06:06	+00:07:49	132/508	65/350	CALGARY
15/74	PELLETIER, LORI	533	00:31:32.75	06:18	+00:08:50	153/508	80/350	CALGARY
16/74	PARKER, JANICE	525	00:32:15.65	06:27	+00:09:32	167/508	90/350	CALGARY
17/74	REALLYNOTARUNNER, HOLLY	554	00:32:46.75	06:33	+00:10:04	181/508	100/350	CALGARY
18/74	CHENG, MILY	181	00:33:21.80	06:40	+00:10:39	196/508	107/350	CALGARY
19/74	JACKSON, JANET	355	00:34:14.10	06:50	+00:11:31	220/508	124/350	CALGARY
20/74	HATCH, GAEL-ANNE	315	00:34:14.45	06:50	+00:11:31	223/508	126/350	CALGARY
21/74	BELCHER, BRENDA	134	00:35:01.60	07:00	+00:12:18	245/508	142/350	CALGARY
22/74	GOULD, WANDA	290	00:35:03.60	07:00	+00:12:20	246/508	143/350	CALGARY
23/74	LEW, KAYLA	414	00:35:15.90	07:03	+00:12:33	254/508	149/350	CALGARY
24/74	BARRETT, CHARLEN	126	00:35:18.75	07:03	+00:12:36	256/508	151/350	CALGARY
25/74	HILDERMAN, CARA	323	00:35:19.55	07:03	+00:12:36	257/508	152/350	CALGARY
26/74	ZANDER, NICOLE	685	00:35:25.50	07:05	+00:12:42	258/508	153/350	CALGARY
27/74	RAMSAY, LYNNE	551	00:35:43.70	07:08	+00:13:00	265/508	159/350	CALGARY
28/74	BIG SNAKE, MARIA	144	00:35:45.20	07:09	+00:13:02	268/508	162/350	SIKSIKA
29/74	SCHMIDT, GAIL	584	00:35:53.10	07:10	+00:13:10	270/508	164/350	CHESTERMERE
30/74	POLITSKY, KAREN	540	00:35:53.55	07:10	+00:13:10	271/508	165/350	CALGARY
31/74	SKENE, GLENDA	595	00:35:57.15	07:11	+00:13:14	272/508	166/350	LANGDON
32/74	MOUCK, ANNE	490	00:36:06.00	07:13	+00:13:23	275/508	169/350	CALGARY
33/74	HUSACK, JACKIE	343	00:36:08.75	07:13	+00:13:26	278/508	172/350	AIRDRIE
34/74	JAMES, LOUISE	360	00:36:26.65	07:17	+00:13:43	285/508	176/350	CALGARY
35/74	WALLACE-CHAU, DHEA	651	00:36:42.80	07:20	+00:14:00	290/508	179/350	CALGARY
36/74	BOYD, SYLVIA	158	00:36:50.10	07:22	+00:14:07	293/508	182/350	CALGARY
37/74	BETTISON, VICKI	140	00:36:52.25	07:22	+00:14:09	294/508	183/350	CALGARY
38/74	JONES, SUSAN	367	00:36:52.35	07:22	+00:14:09	296/508	184/350	CALGARY
39/74	CHINEME, TINUKE	186	00:37:22.80	07:28	+00:14:40	301/508	187/350	CALGARY
40/74	LARSON, BRENDA	402	00:38:01.10	07:36	+00:15:18	313/508	196/350	CALGARY
41/74	GRAY, DIANA	299	00:38:09.35	07:37	+00:15:26	316/508	199/350	AIRDRIE
42/74	STERN, LISA	607	00:38:10.45	07:38	+00:15:27	317/508	200/350	CALGARY
43/74	MACKAY, LIZ	426	00:38:26.95	07:41	+00:15:44	324/508	205/350	CALGARY
44/74	ROLLANS, CAROL	562	00:38:39.80	07:43	+00:15:57	326/508	207/350	CALGARY
45/74	WIEBE, PATTY	671	00:39:24.05	07:52	+00:16:41	337/508	217/350	CALGARY
46/74	HENCHEL, SHEILA	318	00:39:27.25	07:53	+00:16:44	338/508	218/350	CHESTERMERE
47/74	ALLONBY, CATHERINE	104	00:40:08.45	08:01	+00:17:25	347/508	226/350	CALGARY
48/74	ECKSTEIN, ASTRID	232	00:40:08.85	08:01	+00:17:26	348/508	227/350	CALGARY
49/74	MCCAIG, JANE	451	00:40:23.40	08:04	+00:17:40	350/508	229/350	CALGARY
50/74	KING, MARILYN	381	00:41:17.40	08:15	+00:18:34	371/508	245/350	CALGARY
51/74	BICANIC, MARIJA	143	00:41:25.80	08:17	+00:18:43	374/508	248/350	CALGARY
52/74	CHUNG, LORRANE	696	00:41:39.55	08:19	+00:18:56	376/508	250/350	CALGARY
53/74	DUVAL, TRACEY	230	00:41:43.95	08:20	+00:19:01	378/508	251/350	CALGARY
54/74	DOELL, HOLLY	222	00:42:02.50	08:24	+00:19:19	380/508	253/350	CALGARY
55/74	RUMGAY, SAUNDRA	573	00:42:04.25	08:24	+00:19:21	383/508	256/350	CALGARY
56/74	JACKSON, CAROLE	352	00:42:41.45	08:32	+00:19:58	392/508	261/350	CALGARY
57/74	JACKSON, IRENA	354	00:42:47.10	08:33	+00:20:04	394/508	263/350	CALGARY
58/74	NAIRN, JACQUIE	499	00:42:51.70	08:34	+00:20:08	395/508	264/350	CALGARY
59/74	STRATTON, DONNA	613	00:43:31.60	08:42	+00:20:48	400/508	268/350	OKOTOKS
60/74	LAY, STACIE	408	00:44:11.75	08:50	+00:21:29	406/508	274/350	CALGARY
61/74	JOHNSTON, KIM	364	00:44:51.75	08:58	+00:22:09	410/508	277/350	CALGARY
62/74	PETERSON, CAROLYN	538	00:46:51.95	09:22	+00:24:09	431/508	290/350	CALGARY
63/74	DAVIDGE, MICHELLE	211	00:48:06.40	09:37	+00:25:23	441/508	299/350	CALGARY
64/74	COOZE, MICHELLE	198	00:50:26.85	10:05	+00:27:44	460/508	313/350	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K40-49F - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
65/74	COWIE, STACEY	204	00:51:24.30	10:16	+00:28:41	465/508	317/350	CALGARY
66/74	FILE, CARI	250	00:51:24.30	10:16	+00:28:41	466/508	318/350	CALGARY
67/74	DOUCET, JACKIE	226	00:52:00.55	10:24	+00:29:17	473/508	324/350	CALGARY
68/74	KENT, DENISE	373	00:52:24.65	10:28	+00:29:41	475/508	326/350	CALGARY
69/74	STEVENS, STEPHANIE	608	00:54:36.70	10:55	+00:31:53	484/508	333/350	CALGARY
70/74	HAZZARD, SAMANTHA	316	00:54:37.60	10:55	+00:31:54	485/508	334/350	CALGARY
71/74	ONO, MAKIKO	518	00:57:07.75	11:25	+00:34:25	495/508	341/350	CALGARY
72/74	GILL, ANITA	278	00:58:11.40	11:38	+00:35:28	502/508	345/350	CALGARY
73/74	SARGA, ANNETTE	581	01:08:49.20	13:45	+00:46:06	507/508	349/350	CALGARY
74/74	POWELL, MEGAN	543	01:08:49.50	13:45	+00:46:06	508/508	350/350	CALGARY

## 5K40-49M - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/35	ASNAM, EL MOSTAFA	114	00:19:08.00	03:49	+00:00:00	3/508	3/158	CALGARY
2/35	ROGERS, JASON	561	00:22:45.05	04:33	+00:03:37	18/508	14/158	RED DEER
3/35	HAYSOM, PAUL	722	00:23:33.85	04:42	+00:04:25	24/508	20/158	CALGARY
4/35	PRUS, ROBERT	548	00:26:23.60	05:16	+00:07:15	43/508	30/158	BROOKS
5/35	VAN CAEYZEELE, JEFF	688	00:26:33.30	05:18	+00:07:25	48/508	33/158	COCHRANE
6/35	FILE, MURRAY	251	00:27:00.30	05:24	+00:07:52	56/508	36/158	CALGARY
7/35	DIAZ, JOSE	221	00:27:19.35	05:27	+00:08:11	60/508	39/158	CALGARY
8/35	RING, TRAVIS	560	00:27:26.85	05:29	+00:08:18	61/508	40/158	NANTON
9/35	BOGAART, WILL	151	00:28:14.10	05:38	+00:09:06	77/508	46/158	CALGARY
10/35	ROSS, MARK	691	00:28:50.40	05:46	+00:09:42	96/508	58/158	BROOKS
11/35	NELSON, KEITH	504	00:28:50.85	05:46	+00:09:42	97/508	59/158	CALGARY
12/35	GLAZER, MARTIN	284	00:29:15.55	05:51	+00:10:07	109/508	60/158	CALGARY
13/35	WILLICK, JEFF	675	00:32:13.15	06:26	+00:13:05	164/508	77/158	CALGARY
14/35	MUNN, STEPHEN	493	00:32:47.75	06:33	+00:13:39	182/508	82/158	CALGARY
15/35	BOETTCHER, ROBERT	149	00:32:47.85	06:33	+00:13:39	183/508	83/158	AIRDRIE
16/35	BATTYANIE, DANIEL	129	00:33:19.40	06:39	+00:14:11	193/508	88/158	COCHRANE
17/35	GRAHAM, ROGER	294	00:33:29.05	06:41	+00:14:21	199/508	90/158	CALGARY
18/35	JACKSON, TODD	703	00:33:39.00	06:43	+00:14:31	204/508	92/158	CALGARY
19/35	KAYE, TODD	370	00:33:46.00	06:45	+00:14:38	208/508	94/158	CALGARY
20/35	COWIE, SEAN	203	00:34:43.40	06:56	+00:15:35	233/508	100/158	CALGARY
21/35	MARTIN, SCOTT	444	00:35:10.55	07:02	+00:16:02	250/508	104/158	CALGARY
22/35	STRATTON, JASON	614	00:36:12.05	07:14	+00:17:04	279/508	107/158	OKOTOKS
23/35	MARSTON, TOM	441	00:36:12.15	07:14	+00:17:04	280/508	108/158	AIRDRIE
24/35	WALTERS, FLINT	655	00:37:12.50	07:26	+00:18:04	300/508	114/158	CALGARY
25/35	MACDONALD, KEVIN	721	00:38:22.20	07:40	+00:19:14	319/508	118/158	CALGARY
26/35	NEIL, JASON	503	00:38:23.05	07:40	+00:19:15	320/508	119/158	CALGARY
27/35	ALLONBY, NIK	105	00:39:20.45	07:52	+00:20:12	335/508	120/158	CALGARY
28/35	WALLER, RICH	652	00:40:24.25	08:04	+00:21:16	351/508	122/158	CALGARY
29/35	FEHRMANN, COREY	248	00:42:38.50	08:31	+00:23:30	391/508	131/158	CALGARY
30/35	CAVILLA, MICHAEL	173	00:44:52.20	08:58	+00:25:44	411/508	134/158	CALGARY
31/35	BOUDREAU, JONATHON	155	00:46:38.45	09:19	+00:27:30	428/508	140/158	CALGARY
32/35	GLASRUD, ERIC	283	00:56:18.40	11:15	+00:37:10	491/508	153/158	CALGARY
33/35	ONO, KOJI	517	00:56:37.25	11:19	+00:37:29	494/508	154/158	CALGARY
34/35	MELLING, PATTERSON	472	00:58:10.70	11:38	+00:39:02	501/508	157/158	CALGARY
35/35	LEW, JIM	413	01:01:46.45	12:21	+00:42:38	503/508	158/158	CALGARY

## 5K50-59F - 60 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/60	CALLANDER, ELAINE	170	00:26:17.45	05:15	+00:00:00	42/508	13/350	CALGARY
2/60	MADUKE, JANE	429	00:26:24.80	05:16	+00:00:07	45/508	14/350	CALGARY
3/60	HONESS, JUDY	331	00:26:34.95	05:18	+00:00:17	49/508	16/350	LOMOND
4/60	BARSS, CAROL	718	00:27:52.70	05:34	+00:01:35	67/508	25/350	CALGARY
5/60	GRANT, SANDRA	297	00:28:51.90	05:46	+00:02:34	101/508	42/350	CALGARY
6/60	HUME, CATHERINE	342	00:29:12.75	05:50	+00:02:55	107/508	48/350	CALGARY
7/60	MCCLELLAND, CATHERINE	452	00:29:42.85	05:56	+00:03:25	118/508	56/350	CALGARY
8/60	STEPHENS, SANDY	707	00:29:48.95	05:57	+00:03:31	122/508	59/350	CALGARY
9/60	EVERETT, MARY LOU	243	00:29:49.55	05:57	+00:03:32	123/508	60/350	CALGARY
10/60	MCCAULEY, SHEILA	702	00:30:37.55	06:07	+00:04:20	135/508	68/350	CALGARY
11/60	MOYNIHAN, COLLEEN	492	00:30:43.80	06:08	+00:04:26	138/508	71/350	CALGARY
12/60	WALSH, SHARON	654	00:30:49.50	06:09	+00:04:32	140/508	72/350	CALGARY

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K50-59F - 60 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
13/60	MARTIN, ANNE	443	00:31:36.35	06:19	+00:05:18	154/508	81/350	CALGARY
14/60	MONTEIRO, CHARMAINE	484	00:32:14.55	06:26	+00:05:57	165/508	88/350	CALGARY
15/60	WASYLYSHYN, SHEILA	659	00:33:52.10	06:46	+00:07:34	210/508	116/350	CALGARY
16/60	WILLICK, BEVERLEY	674	00:34:04.30	06:48	+00:07:46	217/508	122/350	CALGARY
17/60	ROWAT, KIM	570	00:34:07.65	06:49	+00:07:50	219/508	123/350	CALGARY
18/60	CHOATE, DEIRDRE	187	00:34:24.75	06:52	+00:08:07	226/508	128/350	CALGARY
19/60	HARRIS, MARGARET	311	00:34:30.35	06:54	+00:08:12	227/508	129/350	CALGARY
20/60	WASKO, LAURA	658	00:34:33.15	06:54	+00:08:15	229/508	131/350	AIRDRIE
21/60	ANDREW, TRUDY	111	00:35:25.85	07:05	+00:09:08	259/508	154/350	CALGARY
22/60	TEULON, CARLA	625	00:35:43.95	07:08	+00:09:26	266/508	160/350	CALGARY
23/60	CRAWFORD, SHANNON	206	00:36:41.20	07:20	+00:10:23	289/508	178/350	CALGARY
24/60	FREIDAY, NANCY	720	00:37:42.95	07:32	+00:11:25	305/508	191/350	CALGARY
25/60	WEAVER, ANGELIKA	660	00:37:53.30	07:34	+00:11:35	310/508	194/350	CALGARY
26/60	UDELL, HEATHER	639	00:38:26.85	07:41	+00:12:09	323/508	204/350	CALGARY
27/60	GLOGE, LAURIE	285	00:38:28.35	07:41	+00:12:10	325/508	206/350	CALGARY
28/60	SIMPSON, DEBBIE	589	00:38:40.95	07:44	+00:12:23	327/508	208/350	CALGARY
29/60	HOLLINS, MICHELE	329	00:39:48.65	07:57	+00:13:31	343/508	223/350	CALGARY
30/60	KROMM, PATTI	391	00:40:09.05	08:01	+00:13:51	349/508	228/350	CALGARY
31/60	BOESE, FERN	147	00:40:34.40	08:06	+00:14:16	352/508	230/350	CALGARY
32/60	FRIESEN, ARLEYTA	265	00:40:37.05	08:07	+00:14:19	356/508	234/350	CALGARY
33/60	LACHANCE, CLAUDETTE	398	00:40:37.85	08:07	+00:14:20	358/508	235/350	CALGARY
34/60	MCDONALD, CHERYL	456	00:40:49.40	08:09	+00:14:31	364/508	239/350	CALGARY
35/60	MARTYSHUK, BONNIE	445	00:40:51.70	08:10	+00:14:34	365/508	240/350	LEDUC
36/60	CHYZ, CONNIE	189	00:40:52.55	08:10	+00:14:35	368/508	242/350	CALGARY
37/60	WILSON, BEVERLY	677	00:42:16.40	08:27	+00:15:58	387/508	259/350	CALGARY
38/60	STRATTON, JUDY	615	00:43:31.00	08:42	+00:17:13	399/508	267/350	CALGARY
39/60	BATYCKI, JOAN	130	00:43:34.80	08:42	+00:17:17	401/508	269/350	CALGARY
40/60	CHARLTON, CANDACE	179	00:44:04.55	08:48	+00:17:47	403/508	271/350	CALGARY
41/60	PALICHUK, WENDY	521	00:44:06.70	08:49	+00:17:49	404/508	272/350	CALGARY
42/60	MENZIES, LESLEY	475	00:44:48.50	08:57	+00:18:31	409/508	276/350	CALGARY
43/60	PARENT, CHRISTINE	522	00:46:17.50	09:15	+00:20:00	422/508	284/350	CALGARY
44/60	FRANCIS, KATHLEEN	259	00:46:52.60	09:22	+00:20:35	432/508	291/350	CALGARY
45/60	STEVENSON, DIANE	609	00:47:28.10	09:29	+00:21:10	436/508	294/350	CALGARY
46/60	HOLLAND, KATHY	328	00:48:16.35	09:39	+00:21:58	444/508	301/350	CALGARY
47/60	GOVIER, LORI	291	00:48:29.30	09:41	+00:22:11	446/508	302/350	CALGARY
48/60	MARCHI, JEAN	434	00:48:44.00	09:44	+00:22:26	449/508	304/350	CHESTERMERE
49/60	ALSTON, DEB	106	00:50:09.40	10:01	+00:23:51	458/508	311/350	CALGARY
50/60	BENSON, BONNIE	711	00:50:21.20	10:04	+00:24:03	459/508	312/350	CALGARY
51/60	KREUGER, DIANE	390	00:51:04.95	10:12	+00:24:47	464/508	316/350	CALGARY
52/60	HINATSU, CAROL	325	00:51:40.45	10:20	+00:25:23	468/508	320/350	CALGARY
53/60	STATHAM, CYNTHIA	606	00:51:41.35	10:20	+00:25:23	470/508	322/350	CALGARY
54/60	PREVOST, TEENA	546	00:52:24.60	10:28	+00:26:07	474/508	325/350	CALGARY
55/60	HEWITT, SHIRLEY	320	00:52:36.90	10:31	+00:26:19	478/508	329/350	CASTOR
56/60	IFE, CHERYL	348	00:53:51.45	10:46	+00:27:34	482/508	331/350	CHESTERMERE
57/60	ROSTOTSKI, MARIEANN	567	00:54:38.00	10:55	+00:28:20	486/508	335/350	CALGARY
58/60	GASKA, DIANE	270	00:55:02.20	11:00	+00:28:44	488/508	337/350	CALGARY
59/60	ORR, CATHY	519	00:55:51.25	11:10	+00:29:33	490/508	338/350	CALGARY
60/60	CRAMER, SUSAN	205	01:08:48.10	13:45	+00:42:30	506/508	348/350	CALGARY

## 5K50-59M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	JOHNSON, KEN	363	00:22:01.55	04:24	+00:00:00	13/508	12/158	CALGARY
2/15	SLATER, GUY	724	00:23:33.35	04:42	+00:01:31	23/508	19/158	CALGARY
3/15	MCDONNELL, MICHAEL	692	00:23:56.10	04:47	+00:01:54	26/508	22/158	CALGARY
4/15	BEALES, IAN	131	00:26:24.60	05:16	+00:04:23	44/508	31/158	CALGARY
5/15	MARBLE, BOB	433	00:26:55.50	05:23	+00:04:53	53/508	34/158	CALGARY
6/15	STONE, DOUG	612	00:27:06.85	05:25	+00:05:05	58/508	37/158	CALGARY
7/15	CHARLTON, BRADLEY	178	00:27:40.05	05:32	+00:05:38	63/508	41/158	CALGARY
8/15	PUROHIT, SANJAY	697	00:31:05.65	06:13	+00:09:04	147/508	71/158	CALGARY
9/15	GUEVARA, MARIO	301	00:31:56.80	06:23	+00:09:55	158/508	75/158	CALGARY
10/15	GARDINER, MARK	269	00:32:27.45	06:29	+00:10:25	171/508	79/158	CALGARY
11/15	NYENHUIS, DICK	512	00:33:17.30	06:39	+00:11:15	191/508	86/158	CALGARY



OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win-time hh:mm:ss

## 5K - 3.1 Miles

508 Finishers

## 5K50-59M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
12/15	SIQUEIRA, TERRY	591	00:33:34.35	06:42	+00:11:32	201/508	91/158	OKOTOKS
13/15	PARENT, JIM	523	00:46:17.95	09:15	+00:24:16	423/508	139/158	CALGARY
14/15	THIELMANN, WALDO	731	00:50:54.25	10:10	+00:28:52	463/508	148/158	CALGARY
15/15	IFE, TIM	349	00:52:38.95	10:31	+00:30:37	480/508	151/158	CHESTERMERE

## 5K60-69F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	THOMS, MERRIEL	629	00:31:50.05	06:22	+00:00:00	157/508	83/350	CALGARY
2/13	FITZGERALD, PAMMA	252	00:34:45.20	06:57	+00:02:55	236/508	135/350	CALGARY
3/13	EDMONDSON, CHERYL	235	00:34:50.25	06:58	+00:03:00	238/508	137/350	CALGARY
4/13	SPAARGAREN, SHARON	693	00:37:10.35	07:26	+00:05:20	299/508	186/350	HIGH RIVER
5/13	FOLTINEK, SUSAN	255	00:38:23.25	07:40	+00:06:33	321/508	202/350	CALGARY
6/13	DONALD, HEATHER	223	00:42:04.70	08:24	+00:10:14	384/508	257/350	CALGARY
7/13	DE GAGNE, BRENDA	215	00:45:51.90	09:10	+00:14:01	419/508	281/350	CALGARY
8/13	GAUDET, BETI	272	00:46:06.20	09:13	+00:14:16	420/508	282/350	CALGARY
9/13	PERDUE, ARLENE	536	00:47:46.00	09:33	+00:15:55	437/508	295/350	CALGARY
10/13	MILLIGAN, IRENE	478	00:48:15.25	09:39	+00:16:25	443/508	300/350	CALGARY
11/13	CAMPUS, NESTA	171	00:50:53.45	10:10	+00:19:03	461/508	314/350	CALGARY
12/13	COOK, CYNTHIA	194	00:56:18.60	11:15	+00:24:28	492/508	339/350	CALGARY
13/13	HOPKINS, DAWN	332	01:02:15.00	12:27	+00:30:24	505/508	347/350	CALGARY

## 5K60-69M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	KIRKBY, BOB	382	00:27:58.10	05:35	+00:00:00	71/508	44/158	CALGARY
2/9	THOMS, GARY	627	00:28:14.75	05:38	+00:00:16	79/508	48/158	CALGARY
3/9	ELLIOTT, ALBERT	238	00:28:48.00	05:45	+00:00:49	94/508	57/158	CALGARY
4/9	EDMONDSON, JOHN	236	00:33:43.55	06:44	+00:05:45	206/508	93/158	CALGARY
5/9	DE GAGNE, CHARLES	216	00:34:17.60	06:51	+00:06:19	224/508	98/158	CALGARY
6/9	HOWLAND, MURRAY	337	00:34:58.85	06:59	+00:07:00	243/508	102/158	CALGARY
7/9	BROWN, COREY	162	00:35:12.60	07:02	+00:07:14	252/508	105/158	CALGARY
8/9	JAMAL, NAZIR	359	00:36:41.00	07:20	+00:08:42	288/508	111/158	CALGARY
9/9	FREWIN, WAYNE	264	00:45:06.70	09:01	+00:17:08	415/508	138/158	CALGARY

## 5K70+F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	WHITE, MARY MADELINE	668	00:35:28.45	07:05	+00:00:00	260/508	155/350	CALGARY
2/3	NAIRN, DONNA	498	00:42:52.60	08:34	+00:07:24	396/508	265/350	CALGARY
3/3	MACDONALD, SHIRLEY	423	00:54:20.40	10:52	+00:18:51	483/508	332/350	CHESTERMERE

## 5K70+M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	MACDONALD, KEN	422	00:44:56.00	08:59	+00:00:00	414/508	137/158	CHESTERMERE
2/2	GLEN, ROSS	710	00:55:49.75	11:09	+00:10:53	489/508	152/158	CALGARY