

2018 Calgary Police Half/10/5K

Alpha Overall Results

10K Run - 6.21 Miles

295 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
245/295	ABERNETHY, ROBERT	1001	01:14:50.25	07:29	10K60-69M	10/13	M	102/110	01:14:32.70
179/295	ALLO, GORDON WAYNE	1003	01:07:05.67	06:42	10K70-79M	1/1	M	90/110	01:06:53.33
250/295	ANDERSON, JOLENE	1329	01:15:23.89	07:32	10K20-29F	35/41	F	148/185	01:15:13.73
114/295	ARNOLD, NICHOLAS	1006	01:00:56.99	06:05	10K20-29M	16/18	M	67/110	01:00:48.47
188/295	ASPLUND, KAYDEE	1007	01:07:39.80	06:45	10K30-39F	37/62	F	96/185	01:07:16.93
155/295	ATKINSON, LINDSAY	1308	01:05:03.85	06:30	10K30-39F	26/62	F	72/185	01:04:58.73
207/295	AVERILL, TANIA	1262	01:09:40.43	06:58	10K40-49F	29/49	F	110/185	01:09:27.52
40/295	BAADE, DANIELLE	1008	00:52:06.99	05:12	10K20-29F	4/41	F	13/185	00:52:05.32
168/295	BADEEV, DANIELLE	1009	01:06:20.32	06:38	10K30-39F	31/62	F	80/185	01:06:10.65
239/295	BAIRD, DIANA	1010	01:13:56.45	07:23	10K60-69F	4/9	F	138/185	01:13:34.59
253/295	BALDERSON, NICHOLAS	1011	01:16:17.55	07:37	10K19&UM	10/10	M	103/110	01:16:14.51
99/295	BATTH, AJANPREET SINGH	1012	00:58:34.61	05:51	10K20-29M	12/18	M	58/110	00:58:28.81
8/295	BEATTIE, SEAN	1309	00:42:33.42	04:15	10K40-49M	2/29	M	6/110	00:42:31.85
31/295	BEEKMAN, SOPHIE	1013	00:50:36.65	05:03	10K19&UF	2/6	F	10/185	00:50:35.05
261/295	BENNETT, CARA	1348	01:17:42.43	07:46	10K20-29F	37/41	F	157/185	01:17:14.99
262/295	BENNETT, PETER-MARK	1347	01:17:42.89	07:46	10K60-69M	11/13	M	105/110	01:17:15.84
49/295	BERGERON, JULIEN	1015	00:53:19.63	05:19	10K19&UM	6/10	M	33/110	00:53:04.57
14/295	BETTS, OWEN	1016	00:44:08.36	04:24	10K19&UM	2/10	M	10/110	00:44:04.54
24/295	BETTS, TOM	1017	00:49:49.01	04:58	10K19&UM	4/10	M	16/110	00:49:44.60
217/295	BIDYK, JANICE	1337	01:11:06.59	07:06	10K40-49F	31/49	F	119/185	01:10:41.79
243/295	BLAIR-KAYE, LYNNE	1019	01:14:39.79	07:27	10K40-49F	36/49	F	142/185	01:14:17.13
47/295	BLAND, BRIANNE	1020	00:53:01.89	05:18	10K30-39F	7/62	F	16/185	00:52:57.18
112/295	BORIDY, LORRAINE	1021	01:00:43.47	06:04	10K40-49F	9/49	F	47/185	01:00:27.05
101/295	BOWEN-EYRE, JOY	1022	00:59:00.59	05:54	10K40-49F	7/49	F	42/185	00:58:30.43
94/295	BRAGA, ATTILIO	1023	00:58:06.71	05:48	10K30-39M	15/28	M	55/110	00:57:44.13
102/295	BRAY, DANIKA	1024	00:59:00.92	05:54	10K30-39F	18/62	F	43/185	00:58:46.51
93/295	BRENNER, LORI	1263	00:57:59.93	05:47	10K30-39F	17/62	F	39/185	00:57:53.89
205/295	BROWN, MEGAN	1264	01:09:30.08	06:57	10K20-29F	26/41	F	108/185	01:09:24.88
13/295	BUHLERS, DEBORAH	1027	00:43:58.58	04:23	10K40-49F	2/49	F	4/185	00:43:57.21
225/295	BURCHILL, KELLIE	1265	01:11:55.98	07:11	10K20-29F	28/41	F	126/185	01:11:37.42
201/295	BUTLER, ASHTON	1028	01:09:07.18	06:54	10K20-29F	25/41	F	105/185	01:09:04.52
38/295	BUTLER, BRETT	1029	00:51:45.08	05:10	10K20-29M	7/18	M	26/110	00:51:42.42
284/295	BYSOUTH, DIANE	1266	01:25:36.36	08:33	10K60-69F	6/9	F	175/185	01:25:19.65
293/295	CABRERA, JOANNE	1030	01:34:54.53	09:29	10K50-59F	18/18	F	183/185	01:34:40.50
215/295	CAMPBELL, JENNIFER	1031	01:10:52.90	07:05	10K30-39F	42/62	F	117/185	01:10:39.21
190/295	CAMPSALL, CHANTEL	1267	01:07:40.26	06:46	10K20-29F	22/41	F	97/185	01:07:16.42
292/295	CANN, RAE	1032	01:32:15.46	09:13	10K40-49F	49/49	F	182/185	01:31:41.88
80/295	CANNON, VANESSA	1033	00:56:54.70	05:41	10K30-39F	14/62	F	30/185	00:56:49.76
219/295	CARBOGNANI, MICHELLE	1034	01:11:21.64	07:08	10K30-39F	45/62	F	121/185	01:10:53.12
96/295	CHAN, CALVIN	1037	00:58:14.43	05:49	10K30-39M	16/28	M	56/110	00:57:42.29
115/295	CHARRON, MICHAEL	1038	01:00:58.12	06:05	10K30-39M	18/28	M	68/110	01:00:49.13
227/295	CHOW, PHYLLIS	1335	01:12:03.72	07:12	10K50-59F	12/18	F	128/185	01:11:44.69
144/295	CLARKE, ROB	1040	01:03:54.79	06:23	10K40-49M	25/29	M	80/110	01:03:46.77
170/295	COFFEY, MARTHA	1340	01:06:27.85	06:38	10K30-39F	32/62	F	82/185	01:06:00.68
192/295	CONNIFF, KEVIN	1041	01:07:42.05	06:46	10K40-49M	27/29	M	94/110	01:07:26.45
289/295	CONNOR, MARSHA	1042	01:30:48.08	09:04	10K60-69F	9/9	F	179/185	01:27:56.61
54/295	CONSTANTIN, THERESA	1043	00:54:07.35	05:24	10K30-39F	8/62	F	18/185	00:53:58.83
29/295	CORTVRIENDT, ANTHONY	1044	00:50:32.71	05:03	10K20-29M	5/18	M	20/110	00:50:17.19
2/295	COTE, PATRICK	1045	00:37:14.84	03:43	10K30-39M	2/28	M	2/110	00:37:13.48
150/295	COTTAM, SHANNON	1046	01:04:29.36	06:26	10K40-49F	14/49	F	68/185	01:04:14.31
141/295	COWAN, KERI-ANN	1047	01:03:46.58	06:22	10K20-29F	19/41	F	63/185	01:03:36.09
263/295	CYR, GWEN	1048	01:18:17.56	07:49	10K30-39F	55/62	F	158/185	01:17:55.90
290/295	D'ADAMO, ANGELA	1051	01:31:17.07	09:07	10K30-39F	60/62	F	180/185	01:30:56.20
34/295	DALY, LORNE	1053	00:51:08.57	05:06	10K60-69M	1/13	M	23/110	00:51:08.23
116/295	DARUWALLA, ZAL	1268	01:01:03.21	06:06	10K40-49M	19/29	M	69/110	01:00:39.59
246/295	DAVIES, FIONA	1054	01:14:59.11	07:29	10K40-49F	37/49	F	144/185	01:14:34.02
25/295	DAVISON, TREVOR	1351	00:49:56.19	04:59	10K40-49M	6/29	M	17/110	00:49:50.93
108/295	DAY, VICTORIA	1056	01:00:11.63	06:01	10K40-49F	8/49	F	46/185	01:00:09.06
208/295	DAYIOGLU, ZOZDE	1311	01:09:59.17	06:59	10K30-39F	41/62	F	111/185	01:09:27.71
206/295	DE ZEEUW, JOLENE	1055	01:09:35.48	06:57	10K30-39F	40/62	F	109/185	01:09:33.41
294/295	DEROWIN, PAMELA	1057	01:37:30.29	09:45	10K30-39F	61/62	F	184/185	01:37:05.29
161/295	DIFRANCESCO, LISA	1269	01:05:34.73	06:33	10K50-59F	7/18	F	77/185	01:05:12.27
244/295	DOIG, KATHLEEN	1312	01:14:47.46	07:28	10K20-29F	34/41	F	143/185	01:14:42.92
231/295	DOWLING, TANYA	1060	01:12:20.80	07:14	10K40-49F	32/49	F	132/185	01:11:59.71
137/295	DRAKE, BRIAN	1061	01:03:26.67	06:20	10K40-49M	22/29	M	77/110	01:02:57.98
267/295	DUERKSEN, HEATHER	1062	01:18:40.19	07:52	10K20-29F	39/41	F	161/185	01:18:17.71

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
119/295	DUNLOP, KENDRA	1063	01:01:16.69	06:07	10K20-29F	14/41	F	49/185	01:01:08.55
121/295	EDWARDS, CATHERINE	1270	01:01:50.95	06:11	10K30-39F	21/62	F	51/185	01:01:31.72
60/295	EDWARDS, JONAH	1065	00:55:01.50	05:30	10K30-39M	11/28	M	41/110	00:54:38.91
212/295	ELLERY, CAROL	1066	01:10:20.42	07:02	10K60-69F	3/9	F	114/185	01:10:03.49
147/295	ELLIOTT, ALBERT	1067	01:04:02.87	06:24	10K60-69M	5/13	M	82/110	01:03:52.73
171/295	FAHR, HEATHER	1068	01:06:29.59	06:38	10K30-39F	33/62	F	83/185	01:06:05.97
129/295	FATIMEHIN, TOKS	1070	01:02:24.75	06:14	10K40-49M	21/29	M	73/110	01:02:22.77
218/295	FINIGAN, ABIGAIL	1071	01:11:07.81	07:06	10K30-39F	44/62	F	120/185	01:10:49.87
182/295	FINNIE, GAEL	1072	01:07:25.59	06:44	10K40-49F	23/49	F	92/185	01:07:09.35
50/295	FITZPATRICK, JOHN	1073	00:53:21.47	05:20	10K60-69M	2/13	M	34/110	00:53:10.14
199/295	FITZPATRICK, KATE	1074	01:08:39.97	06:52	10K30-39F	38/62	F	103/185	01:08:27.95
107/295	FOLTINEK, MELISSA	1271	01:00:07.37	06:00	10K30-39F	20/62	F	45/185	00:59:46.58
277/295	FOLTINEK, SUSAN	1272	01:21:33.55	08:09	10K60-69F	5/9	F	169/185	01:21:12.75
278/295	FORSYTHE, BRIANNE	1273	01:21:50.90	08:11	10K20-29F	41/41	F	170/185	01:21:39.09
68/295	FRASER, DAN	1076	00:55:34.54	05:33	10K40-49M	12/29	M	43/110	00:55:19.14
52/295	FRERE SCHMIDT, RINKY	1274	00:53:44.76	05:22	10K50-59F	1/18	F	17/185	00:53:35.04
125/295	FUCHS, FRANKIE	1346	01:01:59.75	06:11	10K40-49M	20/29	M	72/110	01:01:57.09
142/295	GAEHRING, DARRELL	1343	01:03:49.96	06:23	10K40-49M	24/29	M	79/110	01:03:27.60
271/295	GAGNON, TINA	1275	01:19:32.03	07:57	10K40-49F	43/49	F	165/185	01:19:12.67
113/295	GAMACHE, NEIL	1341	01:00:43.59	06:04	10K40-49M	18/29	M	66/110	01:00:26.29
117/295	GIBBS, ALLWYN	1077	01:01:09.81	06:06	10K20-29F	13/41	F	48/185	01:00:43.46
92/295	GIBSON, GLENN	1276	00:57:57.07	05:47	10K40-49M	16/29	M	54/110	00:57:48.38
77/295	GILL, PERLINE	1079	00:56:37.25	05:39	10K20-29F	8/41	F	29/185	00:56:30.88
276/295	GONSALVES, ROSELLE	1313	01:21:14.01	08:07	10K30-39F	57/62	F	168/185	01:20:43.13
145/295	GOODRIDGE, WAYNE	1081	01:03:58.59	06:23	10K50-59M	7/11	M	81/110	01:03:46.72
198/295	GORETSKY, LUKE	1082	01:08:34.91	06:51	10K20-29M	18/18	M	96/110	01:08:10.87
98/295	GRAHAM, BEN	1083	00:58:23.04	05:50	10K20-29M	11/18	M	57/110	00:58:16.67
106/295	GRAHAM, IAN	1277	00:59:33.41	05:57	10K20-29M	13/18	M	62/110	00:59:15.54
184/295	GRAHAM, ROBYN	1084	01:07:27.43	06:44	10K20-29F	20/41	F	93/185	01:07:16.58
42/295	GRAHAM, WILL	1085	00:52:23.16	05:14	10K20-29M	8/18	M	28/110	00:52:16.70
95/295	GRAVEL, ALEXANDRA	1278	00:58:11.83	05:49	10K20-29F	12/41	F	40/185	00:57:53.18
224/295	GROULX, GENEVIEVE	1086	01:11:42.80	07:10	10K30-39F	48/62	F	125/185	01:11:34.42
249/295	HAGEN, KELLY	1087	01:15:11.99	07:31	10K50-59F	14/18	F	147/185	01:14:53.26
36/295	HALVORSEN, KARA	1089	00:51:15.25	05:07	10K30-39F	4/62	F	12/185	00:51:10.71
149/295	HANNA, PAULETTE	1279	01:04:28.15	06:26	10K60-69F	1/9	F	67/185	01:04:17.99
6/295	HANSEN, HENRIK	1090	00:41:32.51	04:09	10K40-49M	1/29	M	5/110	00:41:31.33
209/295	HARREN, CARLENE	1094	01:09:59.59	06:59	10K50-59F	9/18	F	112/185	01:09:31.31
9/295	HEBERT, MATTHEW	1093	00:43:09.56	04:18	10K20-29M	2/18	M	7/110	00:43:08.20
162/295	HIDAKA, MIKI	1096	01:06:03.07	06:36	10K30-39F	30/62	F	78/185	01:05:44.33
273/295	HILL, BARRIE	1352	01:19:50.32	07:59	10K50-59M	10/11	M	107/110	01:16:47.98
154/295	HILL, GRACE	1354	01:04:53.35	06:29	10K19&UF	5/6	F	71/185	01:04:23.37
39/295	HILL, JACKSON	1355	00:51:55.46	05:11	10K19&UM	5/10	M	27/110	00:51:38.54
111/295	HILLACRE, LUKE	1314	01:00:39.81	06:03	10K20-29M	15/18	M	65/110	01:00:30.41
19/295	HIRSCH, JEFF	1049	00:48:11.62	04:49	10K40-49M	4/29	M	12/110	00:48:08.36
240/295	HLADY, CHERINE	1097	01:14:16.87	07:25	10K40-49F	33/49	F	139/185	01:13:50.99
185/295	HOLLINGSHEAD, JESSICALYNN	1098	01:07:28.13	06:44	10K20-29F	21/41	F	94/185	01:07:26.22
26/295	HOPFNER, DAN	1099	00:49:56.27	04:59	10K40-49M	7/29	M	18/110	00:49:50.87
43/295	HOPFNER, LORI	1100	00:52:39.77	05:15	10K30-39F	6/62	F	15/185	00:52:33.68
159/295	HORVAT, MELANIE	1323	01:05:18.47	06:31	10K30-39F	29/62	F	75/185	01:04:53.18
97/295	HUDSON, JOANNE	1101	00:58:18.25	05:49	10K50-59F	3/18	F	41/185	00:57:57.91
126/295	HUGHES, APRIL	1103	01:02:07.05	06:12	10K30-39F	23/62	F	54/185	01:01:51.08
260/295	HUSBAND, ALANA	1104	01:17:10.87	07:43	10K40-49F	40/49	F	156/185	01:17:01.15
82/295	IONESCU-MOCANU, SIMINA	1105	00:57:02.23	05:42	10K30-39F	15/62	F	31/185	00:56:47.02
223/295	JAMES, SHANNON	1106	01:11:42.80	07:10	10K30-39F	47/62	F	124/185	01:11:34.20
120/295	JANZ, LAURA	1107	01:01:36.15	06:09	10K40-49F	10/49	F	50/185	01:01:11.35
105/295	JARRAH, ARANZAZU	1108	00:59:22.13	05:56	10K30-39F	19/62	F	44/185	00:59:14.12
23/295	JEFFERY, ALEXANDER	1109	00:49:37.63	04:57	10K19&UM	3/10	M	15/110	00:49:28.16
163/295	JELAVIC, ANTO	1110	01:06:03.70	06:36	10K30-39M	22/28	M	85/110	01:05:45.91
281/295	JEWORSKI, CHARITY	1336	01:23:23.91	08:20	10K40-49F	46/49	F	173/185	01:22:49.17
134/295	JONES, DON	1281	01:02:57.58	06:17	10K60-69M	4/13	M	75/110	01:02:28.58
256/295	KARBANEE, AMEER	1111	01:16:56.79	07:41	10K30-39M	28/28	M	104/110	01:16:50.30
230/295	KARPENKO, CHELSEA	1112	01:12:13.86	07:13	10K20-29F	30/41	F	131/185	01:11:05.88
4/295	KEANEY, SEAN	1113	00:40:15.78	04:01	10K30-39M	3/28	M	3/110	00:40:15.77
90/295	KIME, SHAUNA	1115	00:57:52.27	05:47	10K20-29F	11/41	F	37/185	00:57:42.11
67/295	KLATT, MICHELLE	1116	00:55:33.59	05:33	10K30-39F	11/62	F	25/185	00:55:22.07
248/295	KLEIN, PAMELA	2332	01:15:08.99	07:30	10K40-49F	38/49	F	146/185	01:14:14.12

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
136/295	KNIGHT, THOMAS	1117	01:03:03.11	06:18	10K19&UM	8/10	M	76/110	01:02:48.11
91/295	KONSCHUH, BECCA	1282	00:57:56.71	05:47	10K30-39F	16/62	F	38/185	00:57:37.28
270/295	KOPCZYNSKI, AMY	1315	01:19:26.91	07:56	10K50-59F	17/18	F	164/185	01:19:03.07
236/295	KUBE, SARAH	1283	01:13:11.67	07:19	10K30-39F	51/62	F	135/185	01:13:04.84
156/295	KUCHINSKI, DONALD	1120	01:05:07.35	06:30	10K60-69M	6/13	M	84/110	01:05:00.69
21/295	KUHNEN, DYLAN	1316	00:48:32.05	04:51	10K20-29M	3/18	M	13/110	00:48:13.57
204/295	KURYK, BRAD	1121	01:09:25.74	06:56	10K60-69M	8/13	M	97/110	01:09:11.70
189/295	LABELLE, ROBERT	1122	01:07:40.26	06:46	10K30-39M	24/28	M	93/110	01:07:15.44
59/295	LANDRY, RUSSELL	1286	00:54:43.93	05:28	10K30-39M	10/28	M	40/110	00:54:33.24
229/295	LANE, BETHANY	1123	01:12:13.66	07:13	10K20-29F	29/41	F	130/185	01:11:04.89
285/295	LAQUA, HELEN	1124	01:27:03.49	08:42	10K60-69F	7/9	F	176/185	01:26:38.10
180/295	LASCAK, NANCY	1125	01:07:11.09	06:43	10K40-49F	22/49	F	90/185	01:06:53.29
210/295	LATA, CHRISTOPHER	1126	01:10:03.12	07:00	10K30-39M	26/28	M	98/110	01:09:48.13
255/295	LE CERF, ALIDA	1127	01:16:42.52	07:40	10K50-59F	16/18	F	152/185	01:16:21.79
10/295	LEE, JEMMY	1287	00:43:11.08	04:19	10K19&UM	1/10	M	8/110	00:43:10.62
86/295	LEWIS, REBECCA	1342	00:57:23.83	05:44	10K40-49F	6/49	F	34/185	00:56:59.50
197/295	LIN, LISA	1129	01:08:34.67	06:51	10K20-29F	24/41	F	102/185	01:08:09.88
237/295	LOADES, CATHERINE	1356	01:13:43.07	07:22	10K20-29F	33/41	F	136/185	01:13:39.64
15/295	LOHMANN, TARA	1330	00:44:54.04	04:29	10K40-49F	3/49	F	5/185	00:44:31.20
151/295	LUKER, KATIE	1130	01:04:29.54	06:26	10K40-49F	15/49	F	69/185	01:04:22.01
103/295	LUNN, SCOTT	1288	00:59:07.33	05:54	10K40-49M	17/29	M	60/110	00:59:04.29
72/295	LUU, AMY	1131	00:56:01.95	05:36	10K30-39F	12/62	F	26/185	00:55:43.02
287/295	LYON, LAURIE	1132	01:30:23.96	09:02	10K40-49F	47/49	F	177/185	01:29:51.46
177/295	MACAULAY, MARION	1133	01:06:54.26	06:41	10K30-39F	35/62	F	88/185	01:06:20.38
164/295	MACLEOD, CONNOR	1134	01:06:08.05	06:36	10K19&UM	9/10	M	86/110	01:06:03.83
165/295	MACLEOD, KAREN	1135	01:06:08.37	06:36	10K40-49F	17/49	F	79/185	01:06:04.27
166/295	MACLEOD, ROBERT	1136	01:06:09.11	06:36	10K50-59M	8/11	M	87/110	01:06:04.59
7/295	MACNEIL, MAGGIE	1137	00:41:40.20	04:10	10K19&UF	1/6	F	2/185	00:41:39.22
274/295	MACPHERSON, JACKIE	1139	01:19:52.55	07:59	10K40-49F	44/49	F	167/185	01:19:41.04
183/295	MACQUEEN, JEFF	1140	01:07:25.64	06:44	10K40-49M	26/29	M	91/110	01:07:09.61
57/295	MAILLET, MARTIN	1141	00:54:34.05	05:27	10K30-39M	9/28	M	39/110	00:54:01.87
259/295	MAJEWSKI, ASHLEY	1142	01:17:10.81	07:43	10K20-29F	36/41	F	155/185	01:17:01.66
169/295	MANUEL, NAOMI	1143	01:06:27.32	06:38	10K40-49F	18/49	F	81/185	01:06:14.53
279/295	MARKHAM, KRISTA	1290	01:21:55.89	08:11	10K40-49F	45/49	F	171/185	01:21:38.78
27/295	MARR, FRASER	1144	00:50:03.80	05:00	10K20-29M	4/18	M	19/110	00:49:59.50
247/295	MARTIN, MARIA	1324	01:15:01.63	07:30	10K30-39F	52/62	F	145/185	01:14:55.84
22/295	MAZUR, JAN	1145	00:48:34.60	04:51	10K40-49M	5/29	M	14/110	00:48:32.65
203/295	MCADAM, TRACI	1146	01:09:13.30	06:55	10K40-49F	28/49	F	107/185	01:09:00.43
81/295	MCCARTHY, SEAN	1147	00:57:01.66	05:42	10K30-39M	14/28	M	51/110	00:56:48.25
53/295	MCDONALD, SEAN	1148	00:53:53.09	05:23	10K40-49M	11/29	M	36/110	00:53:42.32
220/295	MCGARRIGLE, EUGENE	1149	01:11:21.64	07:08	10K40-49M	28/29	M	99/110	01:10:53.36
44/295	MCGREGOR, MARTIN	1150	00:52:40.20	05:16	10K40-49M	9/29	M	29/110	00:52:25.67
157/295	MCGREGOR, SUSAN	1151	01:05:17.10	06:31	10K30-39F	27/62	F	73/185	01:05:02.14
241/295	MCINTOSH, ANNE	1152	01:14:17.49	07:25	10K40-49F	34/49	F	140/185	01:13:51.40
41/295	MCLEAN, CAILEN	1291	00:52:15.99	05:13	10K30-39F	5/62	F	14/185	00:51:54.96
186/295	MCLEOD, ROBERT	1292	01:07:33.09	06:45	10K60-69M	7/13	M	92/110	01:07:20.03
228/295	MCNICHOL, TRACY	1153	01:12:12.50	07:13	10K30-39F	50/62	F	129/185	01:11:55.51
221/295	MEDING, ELAINE	1293	01:11:31.04	07:09	10K50-59F	11/18	F	122/185	01:11:21.12
176/295	MENDEZ, ANNA LYN	1154	01:06:52.58	06:41	10K30-39F	34/62	F	87/185	01:06:26.20
48/295	MENDOZA, JOSEPH	1155	00:53:17.41	05:19	10K50-59M	2/11	M	32/110	00:53:11.90
280/295	MILHOUSEN, JODY	1156	01:22:08.58	08:12	10K30-39F	58/62	F	172/185	01:21:55.32
51/295	MILLAR, GRAEME	1157	00:53:43.83	05:22	10K30-39M	7/28	M	35/110	00:53:35.14
61/295	MILLAR, JENNIFER	1294	00:55:10.41	05:31	10K30-39F	10/62	F	20/185	00:55:01.78
252/295	MILLER, JULIE	1158	01:16:07.42	07:36	10K50-59F	15/18	F	150/185	01:16:06.45
214/295	MILLS, JENNIFER	1295	01:10:41.75	07:04	10K40-49F	30/49	F	116/185	01:10:37.70
181/295	MONTEIRO, CHARMAINE	1159	01:07:24.51	06:44	10K50-59F	8/18	F	91/185	01:07:12.06
175/295	MONTPETIT, CHRISTINE	1160	01:06:50.11	06:41	10K40-49F	20/49	F	86/185	01:06:37.78
143/295	MORESHEAD, AMY	1162	01:03:50.10	06:23	10K40-49F	12/49	F	64/185	01:03:29.76
191/295	MOROZ, LISA	1163	01:07:41.99	06:46	10K40-49F	24/49	F	98/185	01:07:26.47
130/295	MORRISON, DANIELLE	1164	01:02:31.89	06:15	10K20-29F	16/41	F	57/185	01:02:24.45
269/295	MUIR, BRITTANY	1325	01:19:26.37	07:56	10K20-29F	40/41	F	163/185	01:19:03.21
288/295	MUIR, PAT	1165	01:30:48.06	09:04	10K60-69F	8/9	F	178/185	01:27:56.27
172/295	NASSE, MARILYN	1345	01:06:38.89	06:39	10K40-49F	19/49	F	84/185	01:06:31.33
158/295	NICHOLAS, HOLLY	1167	01:05:17.17	06:31	10K30-39F	28/62	F	74/185	01:05:02.75
128/295	NICKEL, KATELYN	1168	01:02:24.69	06:14	10K20-29F	15/41	F	56/185	01:02:11.13
234/295	NICKLES, KENDRA	1169	01:12:30.31	07:15	10K20-29F	32/41	F	134/185	01:12:10.69

Alpha Overall Results

10K Run - 6.21 Miles

295 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
75/295	NIXON, LIAM	1170	00:56:22.79	05:38	10K30-39M	13/28	M	48/110	00:56:19.61
66/295	NYHOLT, LINDSAY	1171	00:55:23.16	05:32	10K20-29F	7/41	F	24/185	00:55:19.80
268/295	O'CONNOR, TANIA	1331	01:18:40.65	07:52	10K40-49F	42/49	F	162/185	01:18:24.48
233/295	O'HARA, KAITLYN	1172	01:12:30.31	07:15	10K20-29F	31/41	F	133/185	01:12:10.44
146/295	OAKEY, SABRINA	1339	01:04:01.72	06:24	10K40-49F	13/49	F	65/185	01:03:44.62
211/295	ODUNSI, DAMILOLA	1173	01:10:20.37	07:02	10K20-29F	27/41	F	113/185	01:09:52.99
160/295	ORCHARD, LARA	1114	01:05:24.83	06:32	10K40-49F	16/49	F	76/185	01:05:11.65
138/295	OSARCHUK, JEFFREY	1332	01:03:30.19	06:21	10K40-49M	23/29	M	78/110	01:02:47.15
187/295	OSINSKI, KELLY	1174	01:07:36.33	06:45	10K30-39F	36/62	F	95/185	01:07:08.88
33/295	PADVA, RAFAEL	1175	00:51:06.50	05:06	10K40-49M	8/29	M	22/110	00:51:03.14
56/295	PARKIN, BRUCE	1297	00:54:21.20	05:26	10K50-59M	3/11	M	38/110	00:54:13.18
178/295	PAULS, JODY	1298	01:06:55.23	06:41	10K40-49F	21/49	F	89/185	01:06:21.88
264/295	PEAKE, BART	1177	01:18:33.71	07:51	10K60-69M	12/13	M	106/110	01:18:30.85
74/295	PEARCE, EMILY	1178	00:56:19.34	05:37	10K30-39F	13/62	F	27/185	00:56:11.05
286/295	PERSAUD, ROGER	1179	01:27:12.14	08:43	10K40-49M	29/29	M	110/110	01:26:45.17
87/295	PHILIPPE, STERENN	1182	00:57:26.48	05:44	10K20-29F	9/41	F	35/185	00:56:56.04
235/295	PIOTTO, DAVID	1183	01:13:05.16	07:18	10K30-39M	27/28	M	101/110	01:12:49.05
174/295	PIOTTO, JOHN	1184	01:06:44.21	06:40	10K50-59M	9/11	M	89/110	01:06:27.28
242/295	PIQUETTE, KATARZYNA	1185	01:14:35.75	07:27	10K40-49F	35/49	F	141/185	01:14:28.02
266/295	POTTER, MELISSA	1318	01:18:35.47	07:51	10K40-49F	41/49	F	160/185	01:18:22.29
131/295	PREFONTAINE, NICOLE	1186	01:02:38.56	06:15	10K30-39F	24/62	F	58/185	01:02:12.76
32/295	PRENDERGAST, ALEXIS	1187	00:50:36.93	05:03	10K30-39F	3/62	F	11/185	00:50:34.27
46/295	QUINN, PATRICK	1189	00:52:48.66	05:16	10K50-59M	1/11	M	31/110	00:52:43.77
1/295	REYES, ERIC	1326	00:36:39.10	03:39	10K30-39M	1/28	M	1/110	00:36:37.49
195/295	RICHARDS, CHARLENE	1191	01:08:09.18	06:48	10K40-49F	26/49	F	101/185	01:08:04.88
79/295	RISDON, REESE	1299	00:56:47.00	05:40	10K40-49M	14/29	M	50/110	00:56:28.35
76/295	ROSSI-LINDSAY, SILVANA	1300	00:56:28.01	05:38	10K50-59F	2/18	F	28/185	00:56:14.31
16/295	RUNNALLS, ASHLEY	1301	00:46:21.96	04:38	10K20-29F	2/41	F	6/185	00:46:20.39
18/295	RYAN, MATT	1192	00:46:52.05	04:41	10K40-49M	3/29	M	11/110	00:46:34.11
153/295	RYSZKA, MIKE	1193	01:04:40.42	06:28	10K30-39M	21/28	M	83/110	01:04:31.02
226/295	SAKA, ADENIKE	1194	01:11:56.64	07:11	10K30-39F	49/62	F	127/185	01:11:42.60
213/295	SAMUELSON, CARLA	1195	01:10:41.33	07:04	10K50-59F	10/18	F	115/185	01:10:25.42
196/295	SATHER, GAVIN	1196	01:08:25.03	06:50	10K30-39M	25/28	M	95/110	01:08:03.56
283/295	SATHER, LAURA	1197	01:24:36.08	08:27	10K30-39F	59/62	F	174/185	01:24:13.71
216/295	SCHOENBERGER, LISA	1198	01:10:53.80	07:05	10K30-39F	43/62	F	118/185	01:10:35.32
139/295	SCHOLZ, LIBBY	1333	01:03:43.77	06:22	10K50-59F	6/18	F	61/185	01:03:25.60
167/295	SCOTT, RYAN	1327	01:06:19.41	06:37	10K30-39M	23/28	M	88/110	01:05:35.98
127/295	SCOTT, TANIA	1199	01:02:20.61	06:14	10K40-49F	11/49	F	55/185	01:01:54.93
28/295	SEARS, MARLEE	1200	00:50:13.81	05:01	10K30-39F	2/62	F	9/185	00:50:05.98
152/295	SEE, LEIGH	1201	01:04:37.05	06:27	10K30-39F	25/62	F	70/185	01:04:27.18
193/295	SEGUIN, CYNTHIA	1202	01:07:57.55	06:47	10K40-49F	25/49	F	99/185	01:07:51.26
64/295	SHEPHERD, RICHARD	1205	00:55:13.70	05:31	10K20-29M	9/18	M	42/110	00:54:12.05
110/295	SHETLER, ADAM	1206	01:00:31.81	06:03	10K30-39M	17/28	M	64/110	01:00:11.69
251/295	SHETLER, DOMINIKA	1207	01:15:24.63	07:32	10K30-39F	53/62	F	149/185	01:15:05.39
20/295	SHREENAN, JAYDA	1302	00:48:14.67	04:49	10K20-29F	3/41	F	8/185	00:48:10.53
295/295	SILVIUS, KATHERINE	1208	01:37:30.39	09:45	10K30-39F	62/62	F	185/185	01:37:05.39
132/295	SINGH, HARSIMRANJIT	1209	01:02:44.76	06:16	10K30-39M	20/28	M	74/110	01:02:20.52
12/295	SMITH, CORINNE	1212	00:43:38.16	04:21	10K20-29F	1/41	F	3/185	00:43:37.34
104/295	SMITH, KEVIN	1213	00:59:21.73	05:56	10K60-69M	3/13	M	61/110	00:59:12.83
89/295	SMITH, SARAH	1214	00:57:48.83	05:46	10K20-29F	10/41	F	36/185	00:57:37.75
88/295	SNOW, DEREK	1215	00:57:35.55	05:45	10K20-29M	10/18	M	53/110	00:57:24.65
45/295	SPEERS, DALE	1217	00:52:40.52	05:16	10K40-49M	10/29	M	30/110	00:52:34.49
63/295	SQUIRES, BECKIE	1218	00:55:12.42	05:31	10K20-29F	5/41	F	22/185	00:55:04.28
291/295	STACEY, AMANDA	1219	01:32:13.64	09:13	10K40-49F	48/49	F	181/185	01:31:40.81
173/295	STEVENSON, PAMELA	1220	01:06:40.38	06:40	10K60-69F	2/9	F	85/185	01:06:33.31
122/295	STEWART, LISA	1303	01:01:55.34	06:11	10K50-59F	4/18	F	52/185	01:01:45.18
109/295	STRONGE, BEN	1221	01:00:26.43	06:02	10K20-29M	14/18	M	63/110	01:00:15.66
140/295	SWART, ANIKA	1222	01:03:46.52	06:22	10K20-29F	18/41	F	62/185	01:03:36.36
222/295	SZABO, LIAN	1223	01:11:39.02	07:09	10K30-39F	46/62	F	123/185	01:11:24.49
194/295	TANG, EMILY	1224	01:08:04.63	06:48	10K20-29F	23/41	F	100/185	01:07:37.80
69/295	TATTERTON, BENJAMIN	1225	00:55:43.27	05:34	10K30-39M	12/28	M	44/110	00:55:26.29
257/295	THOMPSON, KAYLEE	1338	01:17:04.31	07:42	10K19&UF	6/6	F	153/185	01:16:47.61
258/295	THOMPSON, LEANNA	1227	01:17:04.45	07:42	10K40-49F	39/49	F	154/185	01:16:47.75
124/295	THOMSON, COREY	1334	01:01:59.47	06:11	10K30-39M	19/28	M	71/110	01:01:28.33
37/295	THORN, DANIEL	1319	00:51:32.23	05:09	10K30-39M	6/28	M	25/110	00:51:04.54
202/295	THORN, JACKLYN	1320	01:09:11.68	06:55	10K30-39F	39/62	F	106/185	01:08:43.40

Alpha Overall Results

10K Run - 6.21 Miles

295 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
123/295	TYMCHUK, SHANDRA	1304	01:01:56.97	06:11	10K30-39F	22/62	F	53/185	01:00:52.90
84/295	UNGAR, CHRISTY	1232	00:57:05.34	05:42	10K40-49F	5/49	F	33/185	00:56:38.24
238/295	VALETE, MARLI	1234	01:13:51.75	07:23	10K50-59F	13/18	F	137/185	01:13:50.78
71/295	VAN ENGELEN, DION	1236	00:55:59.69	05:35	10K19&UM	7/10	M	46/110	00:55:55.47
70/295	VAN ENGELEN, MARK	1237	00:55:57.99	05:35	10K40-49M	13/29	M	45/110	00:55:53.17
30/295	VAN HARTEN, JAMES	1305	00:50:32.77	05:03	10K20-29M	6/18	M	21/110	00:50:17.84
62/295	VARGA, MELINDA	1238	00:55:10.41	05:31	10K40-49F	4/49	F	21/185	00:55:02.46
254/295	VICCARS, LAURA	1321	01:16:22.00	07:38	10K30-39F	54/62	F	151/185	01:16:00.03
100/295	VILLAREAL, JESSIE	1239	00:58:56.63	05:53	10K50-59M	6/11	M	59/110	00:58:32.90
11/295	VILLIERS, ROMAIN	1240	00:43:33.84	04:21	10K30-39M	4/28	M	9/110	00:43:28.64
5/295	WADDELL, JEREMY	1241	00:40:22.77	04:02	10K20-29M	1/18	M	4/110	00:40:21.03
65/295	WADDELL, KRISTY	1242	00:55:21.07	05:32	10K20-29F	6/41	F	23/185	00:55:08.56
275/295	WALTERS, FLINT	1244	01:19:56.07	07:59	10K50-59M	11/11	M	108/110	01:19:28.01
200/295	WANG, JENNIFER	1245	01:08:50.30	06:53	10K40-49F	27/49	F	104/185	01:08:43.07
265/295	WANG, REBECCA	1246	01:18:34.23	07:51	10K20-29F	38/41	F	159/185	01:18:25.13
35/295	WARREN, TIM	1328	00:51:12.14	05:07	10K30-39M	5/28	M	24/110	00:51:09.19
272/295	WATSON, LEAH	1247	01:19:41.15	07:58	10K30-39F	56/62	F	166/185	01:19:24.56
17/295	WEBER, HEATHER	1249	00:46:32.38	04:39	10K30-39F	1/62	F	7/185	00:46:28.67
118/295	WHEATLEY, MATT	1250	01:01:09.81	06:06	10K20-29M	17/18	M	70/110	01:00:43.85
282/295	WHITWORTH, ROB	1252	01:24:32.38	08:27	10K60-69M	13/13	M	109/110	01:24:02.11
148/295	WILLIAMSON, CHLOE	1344	01:04:23.81	06:26	10K19&UF	4/6	F	66/185	01:04:13.11
73/295	WILLIS, DAN	1253	00:56:06.78	05:36	10K50-59M	4/11	M	47/110	00:55:59.63
135/295	WILSON, HALEY	1322	01:02:58.13	06:17	10K20-29F	17/41	F	60/185	01:02:28.69
133/295	WILSON, WENDY	1306	01:02:57.51	06:17	10K50-59F	5/18	F	59/185	01:02:28.70
58/295	WOODWORTH, LINDSAY	1307	00:54:36.37	05:27	10K30-39F	9/62	F	19/185	00:54:26.59
232/295	WORTON, RICHARD	1254	01:12:23.02	07:14	10K60-69M	9/13	M	100/110	01:12:06.09
55/295	YKEMA, LEE	1255	00:54:10.99	05:25	10K30-39M	8/28	M	37/110	00:53:45.69
78/295	YKEMA, LEO	1256	00:56:39.78	05:39	10K50-59M	5/11	M	49/110	00:56:13.13
3/295	ZAMBRANO, MARIA	1258	00:37:50.39	03:47	10K40-49F	1/49	F	1/185	00:37:49.62
85/295	ZISSOS, PETER	1260	00:57:12.25	05:43	10K40-49M	15/29	M	52/110	00:56:58.21
83/295	ZISSOS, SYDNEY	1261	00:57:04.38	05:42	10K19&UF	3/6	F	32/185	00:56:50.52