

## 2020 Calgary Police Half/10/5K Virtual Edition

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 176 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
76/176	ABEL, ALI	5001	00:39:44.00	07:56	5K40-49F	14/34	F	45/120	CALGARY
137/176	ANDERSON, CARALEE	1002	00:53:01.00	10:36	5K20-29F	12/15	F	90/120	CALGARY
62/176	ARANHA, FRANCIS	5004	00:36:55.00	07:23	5K40-49M	8/13	M	29/56	CALGARY
64/176	ARANHA, IONA	5005	00:37:12.00	07:26	5K50-59F	6/21	F	35/120	CALGARY
68/176	ARANHA, KARISSA	5006	00:38:22.00	07:40	5K12-15F	3/6	F	37/120	CALGARY
27/176	ATCHISON, SUSAN	5008	00:30:31.00	06:06	5K50-59F	4/21	F	13/120	CROSSFIELD
31/176	BAIRD, DIANA	5011	00:31:14.00	06:14	5K60-69F	1/11	F	15/120	STRATHMORE
52/176	BALINT, LEYTON	5013	00:35:09.00	07:01	5K12-15F	2/6	F	27/120	CALGARY
112/176	BALINT, LOGAN	5014	00:46:00.00	09:12	5K11&UF	3/8	F	73/120	CALGARY
156/176	BARRETT, MARINA	5016	01:00:00.00	12:00	5K40-49F	30/34	F	104/120	CALGARY
167/176	BEAL, AMY	5017	01:05:26.00	13:05	5K11&UF	7/8	F	114/120	CALGARY
166/176	BEAL, KARMAN	5018	01:05:26.00	13:05	5K30-39F	19/19	F	113/120	CALGARY
168/176	BEAL, RACHEL	5019	01:05:26.00	13:05	5K11&UF	8/8	F	115/120	CALGARY
85/176	BERG, THERESA	5021	00:41:31.00	08:18	5K40-49F	17/34	F	54/120	CALGARY
124/176	BOLYEA, DARLENE	5025	00:50:48.00	10:09	5K60-69F	7/11	F	82/120	CALGARY
88/176	BRAGG, WARREN	5029	00:41:55.00	08:23	5K20-29M	6/7	M	33/56	CALGARY
153/176	BROWN, JOSEPH	5030	00:59:17.00	11:51	5K50-59M	6/7	M	51/56	PINCHER CREEK
151/176	BRYSON, BARBIE	5032	00:59:06.00	11:49	5K40-49F	28/34	F	101/120	CALGARY
104/176	BURVILL, HOLLY	5035	00:45:02.00	09:00	5K20-29F	7/15	F	66/120	CALGARY
107/176	CAMPUS, CRISTA	5037	00:45:23.00	09:04	5K30-39F	15/19	F	69/120	CALGARY
2/176	CASEY, JEFFREY	5040	00:18:06.00	03:37	5K50-59M	1/7	M	2/56	AIRDRIE
65/176	CHEUNG, BRIAN	1041	00:37:16.00	07:27	5K40-49M	9/13	M	30/56	
172/176	CHOWANETZ, ALYSSA	5042	01:13:23.00	14:40	5K16-19F	3/3	F	119/120	CALGARY
173/176	CHOWANETZ, MARCUS	5043	01:13:23.00	14:40	5K20-29M	7/7	M	54/56	CALGARY
99/176	COLEMAN, KATHY	1045	00:43:46.00	08:45	5K50-59F	13/21	F	61/120	CALGARY
141/176	COOKE, DARRELL	5047	00:53:53.00	10:46	5K60-69M	4/6	M	48/56	EAGLE BAY
101/176	COOKE, SHARON	5048	00:44:17.00	08:51	5K40-49F	19/34	F	63/120	MILLARVILLE
42/176	COONEY, CLAIRE	5049	00:32:43.00	06:32	5K40-49F	5/34	F	23/120	CALGARY
1/176	CORMIER, RYAN	2185	00:17:58.00	03:35	5K20-29M	1/7	M	1/56	CALGARY
123/176	CRAMER, SUSAN	5052	00:50:45.00	10:09	5K60-69F	6/11	F	81/120	CALGARY
3/176	CRASTO, ASHTON	5053	00:18:58.00	03:47	5K12-15M	1/5	M	3/56	CALGARY
94/176	CROWELL, SHARON	5055	00:42:18.00	08:27	5K50-59F	12/21	F	59/120	CALGARY
139/176	D'ADAMO, ALEX	5058	00:53:02.00	10:36	5K11&UF	5/8	F	92/120	CALGARY
138/176	D'ADAMO, ANGELA	5059	00:53:02.00	10:36	5K30-39F	18/19	F	91/120	CALGARY
103/176	DATEWAS, KULWINDER	5060	00:45:00.00	09:00	5K40-49F	20/34	F	65/120	CALGARY
32/176	DE COENE, CADENCE	2197	00:31:15.00	06:15	5K16-19F	1/3	F	16/120	CALGARY
126/176	DE GAGNE, CHARLES	5062	00:51:11.00	10:14	5K60-69M	3/6	M	43/56	CALGARY
63/176	DERKSEN, BONNIE	5064	00:36:56.00	07:23	5K40-49F	9/34	F	34/120	LANGDON
144/176	DOWHAN, MICHELLE	5068	00:54:09.00	10:49	5K40-49F	26/34	F	96/120	CALGARY
60/176	DOWLER, MARCUS	5069	00:36:30.00	07:18	5K11&UM	5/8	M	28/56	CALGARY
96/176	DOWLER, MATTHEW	5070	00:43:00.00	08:36	5K12-15M	4/5	M	37/56	CALGARY
39/176	DOWLER, STEVE	5071	00:32:11.00	06:26	5K40-49M	6/13	M	18/56	CALGARY
15/176	DUNLOP, KENDRA	1067	00:26:41.00	05:20	5K30-39F	2/19	F	4/120	COCHRANE
158/176	EATON, ALISA	5073	01:00:15.00	12:03	5K40-49F	32/34	F	106/120	CALGARY
73/176	FINIGAN, ABIGAIL	1075	00:39:05.00	07:49	5K40-49F	13/34	F	42/120	CALGARY
174/176	FLINT, DAVID	5079	01:14:20.00	14:52	5K70-79M	3/3	M	55/56	CALGARY
145/176	FLINT, HARRY	5080	00:54:39.00	10:55	5K60-69M	5/6	M	49/56	CALGARY
25/176	FOLEY, ANNE	5081	00:30:05.00	06:01	5K40-49F	2/34	F	11/120	COCHRANE
106/176	FORTES, KORINNA	5082	00:45:14.00	09:02	5K30-39F	14/19	F	68/120	AIRDRIE
159/176	FROSTAD, SARA	5084	01:00:31.00	12:06	5K16-19F	2/3	F	107/120	CALGARY
111/176	GAUDET, JOCELYNE	5085	00:45:46.00	09:09	5K40-49F	21/34	F	72/120	CALGARY
157/176	GENTLES, KRISTINA	5086	01:00:00.00	12:00	5K40-49F	31/34	F	105/120	CALGARY
165/176	GOBRAN, JOY	5087	01:05:10.00	13:02	5K20-29F	14/15	F	112/120	CALGARY
169/176	GOODBODY, BRENDA	5088	01:06:01.00	13:12	5K40-49F	34/34	F	116/120	CHESTERMERE
20/176	GRANT, SANDRA	5090	00:28:09.00	05:37	5K50-59F	2/21	F	7/120	CALGARY
51/176	GUENTHER, KASHMIR	1097	00:35:06.00	07:01	5K30-39F	8/19	F	26/120	
74/176	GUNN, TIFFANY	5092	00:39:07.00	07:49	5K30-39F	10/19	F	43/120	CALGARY
56/176	HAMMER, KAT	5098	00:35:37.00	07:07	5K40-49F	7/34	F	31/120	CALGARY
129/176	HANNA, REBECCA	5099	00:51:23.00	10:16	5K20-29F	11/15	F	84/120	CALGARY
136/176	HANSEN, JAMIE	5100	00:53:00.00	10:36	5K60-69F	9/11	F	89/120	CALGARY
175/176	HANSEN, JUDY	5101	01:14:20.00	14:52	5K70-79F	2/2	F	120/120	CALGARY
148/176	HAWKE, SUSAN	5104	00:56:34.00	11:18	5K40-49F	27/34	F	98/120	CARSELAND
28/176	HENKE, ZANETTA	1106	00:30:42.00	06:08	5K20-29F	2/15	F	14/120	ST. ALBERT
40/176	HEYMAN, PETER	5106	00:32:16.00	06:27	5K60-69M	1/6	M	19/56	CALGARY
29/176	HIGH, CHRISTOPHER	5107	00:31:02.00	06:12	5K20-29M	2/7	M	15/56	CALGARY
18/176	HOLDER, MELISSA	5109	00:27:30.00	05:30	5K11&UF	1/8	F	5/120	CALGARY

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## 5K Run - 3.1 Miles

## 176 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
115/176	JACOBI, ALLISON	5113	00:46:26.00	09:17	5K11&UF	4/8	F	75/120	AIRDRIE
116/176	JACOBI, CAMERON	5114	00:46:27.00	09:17	5K11&UM	6/8	M	41/56	AIRDRIE
114/176	JACOBI, JACKSON	5115	00:46:25.00	09:17	5K12-15M	5/5	M	40/56	AIRDRIE
50/176	JEFFERIES, LOGAN	5116	00:34:28.00	06:53	5K12-15M	2/5	M	25/56	CALGARY
143/176	KINGS, KIM	5121	00:53:55.00	10:47	5K60-69F	10/11	F	95/120	COCHRANE
170/176	KINLOCH, MELISSA	5122	01:09:00.00	13:48	5K20-29F	15/15	F	117/120	CHESTERMERE
121/176	KLAASSEN, JESSICA	5123	00:48:24.00	09:40	5K30-39F	17/19	F	79/120	CALGARY
84/176	KREMER, TRACEY	5127	00:41:07.00	08:13	5K50-59F	10/21	F	53/120	CALGARY
11/176	KUA, CHOO-KAR	5128	00:25:43.00	05:08	5K40-49M	3/13	M	8/56	CALGARY
9/176	KUHN, DREW	5129	00:25:39.00	05:07	5K20-29F	1/15	F	2/120	CALGARY
38/176	LAU, JASON	5132	00:32:10.00	06:26	5K20-29M	4/7	M	17/56	CALGARY
22/176	LAVOIE, KRISTINE	5133	00:29:21.00	05:52	5K30-39F	3/19	F	8/120	CALGARY
92/176	LAWSON, ALEX	5134	00:42:10.00	08:26	5K12-15M	3/5	M	35/56	CHESTERMERE
57/176	LAWSON, ETHAN	5135	00:35:40.00	07:08	5K11&UM	4/8	M	26/56	CHESTERMERE
71/176	LAWSON, JULIE	5136	00:38:37.00	07:43	5K40-49F	12/34	F	40/120	CHESTERMERE
91/176	LAWSON, PAIGE	5137	00:42:10.00	08:26	5K12-15F	5/6	F	57/120	CHESTERMERE
109/176	LAWSON, PAUL	5138	00:45:30.00	09:06	5K40-49M	11/13	M	39/56	CHESTERMERE
6/176	LIEBL, LEWIS	5141	00:25:13.00	05:02	5K40-49M	1/13	M	5/56	SPRUCE GROVE
47/176	LINTOTT, LUCAS	5142	00:33:46.00	06:45	5K11&UM	3/8	M	23/56	CALGARY
72/176	LUMSDEN, ZOE	5147	00:38:45.00	07:45	5K20-29F	4/15	F	41/120	COCHRANE
176/176	LUNDY, DARREN	5148	02:45:50.00	33:10	5K50-59M	7/7	M	56/56	CALGARY
48/176	MACVICAR, MARGARET	5152	00:33:59.00	06:47	5K50-59F	5/21	F	25/120	CALGARY
146/176	MARBIL, MARIA	5154	00:55:18.00	11:03	5K50-59F	17/21	F	97/120	CALGARY
45/176	MARBIL, MIKE	5155	00:33:28.00	06:41	5K50-59M	2/7	M	21/56	CALGARY
75/176	MAYBERRY, ELNA	5157	00:39:08.00	07:49	5K50-59F	7/21	F	44/120	ST. CATHARINES
128/176	MCADAM, MIKE	2365	00:51:21.00	10:16	5K70-79M	2/3	M	45/56	NANOOSE BAY
80/176	MCCORMACK, BRANDI	5158	00:40:31.00	08:06	5K40-49F	15/34	F	49/120	CALGARY
49/176	MCKEAGE, CAM	5161	00:34:25.00	06:53	5K20-29M	5/7	M	24/56	CALGARY
102/176	MCKEAGE, TARYN	5162	00:44:45.00	08:57	5K20-29F	6/15	F	64/120	AIRDRIE
152/176	MCKENNA, FAYE	5163	00:59:17.00	11:51	5K60-69F	11/11	F	102/120	BLAIRMORE
154/176	MCKENNA, KEVIN	5164	00:59:17.00	11:51	5K60-69M	6/6	M	52/56	BLAIRMORE
131/176	MCMORRIS, LANDON	5166	00:51:38.00	10:19	5K11&UM	7/8	M	46/56	CALGARY
132/176	MCMORRIS, LOCHLAN	5167	00:51:38.00	10:19	5K11&UM	8/8	M	47/56	CALGARY
130/176	MCMORRIS, TANJA	5168	00:51:38.00	10:19	5K40-49F	23/34	F	85/120	CALGARY
16/176	MIKHAEL, PIERRE	5170	00:27:02.00	05:24	5K30-39M	3/6	M	12/56	CALGARY
46/176	MILLER, CONNOR	5171	00:33:40.00	06:44	5K11&UM	2/8	M	22/56	CALGARY
77/176	MILLER, SOPHIA	5172	00:40:03.00	08:00	5K11&UF	2/8	F	46/120	CALGARY
82/176	MONT, SHELLY	5173	00:40:41.00	08:08	5K50-59F	9/21	F	51/120	CALGARY
43/176	MONTERO, FRANCISCO	5174	00:32:53.00	06:34	5K40-49M	7/13	M	20/56	AIRDRIE
58/176	MOXLEY, CRAIG	5175	00:35:43.00	07:08	5K30-39M	5/6	M	27/56	CALGARY
95/176	MUNN, STEVE	5176	00:42:34.00	08:30	5K50-59M	4/7	M	36/56	CALGARY
155/176	NADEAU, MELISSA	5177	00:59:44.00	11:56	5K40-49F	29/34	F	103/120	CALGARY
149/176	NAIRN, JACQUELINE	5178	00:57:37.00	11:31	5K50-59F	18/21	F	99/120	CALGARY
26/176	NEUFELD, LYNN	5180	00:30:25.00	06:05	5K50-59F	3/21	F	12/120	CALGARY
122/176	NEUMAN, NICOLE	5181	00:48:55.00	09:47	5K40-49F	22/34	F	80/120	CALGARY
171/176	O'NEILL, MAUREEN	5182	01:12:41.00	14:32	5K50-59F	21/21	F	118/120	CALGARY
163/176	ONO, KOJI	5184	01:00:34.00	12:06	5K40-49M	13/13	M	53/56	CALGARY
161/176	ONO, LILU	5185	01:00:34.00	12:06	5K11&UF	6/8	F	109/120	CALGARY
162/176	ONO, MAKIKO	5186	01:00:34.00	12:06	5K40-49F	33/34	F	110/120	CALGARY
89/176	ORTIZ, JEFFREY	5187	00:42:01.00	08:24	5K30-39M	6/6	M	34/56	CALGARY
81/176	PAL, JENNIFER	5188	00:40:31.00	08:06	5K30-39F	12/19	F	50/120	CALGARY
83/176	PATEL-SCHUETT, MILAN	5189	00:40:59.00	08:11	5K40-49F	16/34	F	52/120	CALGARY
160/176	PATKAU, DONNA	5190	01:00:31.00	12:06	5K70-79F	1/2	F	108/120	CALGARY
61/176	PENNER, STELLA	5192	00:36:44.00	07:20	5K60-69F	3/11	F	33/120	CALGARY
35/176	POETSCH, ALEXANDRA	5194	00:31:58.00	06:23	5K30-39F	5/19	F	19/120	CALGARY
14/176	POETSCH, JAN	5195	00:26:12.00	05:14	5K40-49M	5/13	M	11/56	CALGARY
100/176	RASMUSSEN, MELISSA	5201	00:44:00.00	08:48	5K50-59F	14/21	F	62/120	STRATHMORE
30/176	RIEHL, BRAEDEN	5202	00:31:09.00	06:13	5K20-29M	3/7	M	16/56	CALGARY
19/176	RIEHL, FIONA	5203	00:28:07.00	05:37	5K50-59F	1/21	F	6/120	CALGARY
34/176	RIEHL, RAE-ANN	5204	00:31:45.00	06:21	5K20-29F	3/15	F	18/120	CALGARY
8/176	RILEY, KEVIN	5205	00:25:30.00	05:06	5K40-49M	2/13	M	7/56	CALGARY
134/176	ROBERTSON, KATHY	5206	00:52:22.00	10:28	5K40-49F	24/34	F	87/120	CALGARY
135/176	ROBERTSON, LAUREN	5207	00:52:22.00	10:28	5K12-15F	6/6	F	88/120	CALGARY
17/176	ROGERS, ANTHONY	5208	00:27:06.00	05:25	5K30-39M	4/6	M	13/56	CALGARY
41/176	ROGERS, JODI	5209	00:32:35.00	06:31	5K30-39F	6/19	F	22/120	CALGARY
105/176	ROSE, CASSANDRA	5210	00:45:06.00	09:01	5K30-39F	13/19	F	67/120	CALGARY

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## 5K Run - 3.1 Miles

## 176 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
147/176	SANDBECK, DARREN	5212	00:55:37.00	11:07	5K50-59M	5/7	M	50/56	AIRDRIE
53/176	SCHATZ, ANGELA	5215	00:35:15.00	07:03	5K40-49F	6/34	F	28/120	CALGARY
7/176	SCHENDEL, JUSTIN	5216	00:25:18.00	05:03	5K30-39M	1/6	M	6/56	COCHRANE
93/176	SHAW, SUSANA	5219	00:42:14.00	08:26	5K50-59F	11/21	F	58/120	CALGARY
133/176	SINCLAIR, LINDSAY	5225	00:51:46.00	10:21	5K50-59F	16/21	F	86/120	CALGARY
98/176	SKJOLDE, LANA	5226	00:43:31.00	08:42	5K40-49F	18/34	F	60/120	CALGARY
70/176	SKRYNYK, BOBBI	5227	00:38:35.00	07:43	5K40-49F	11/34	F	39/120	CHESTERMERE
12/176	SKRYNYK, CRAIG	5228	00:25:53.00	05:10	5K40-49M	4/13	M	9/56	CHESTERMERE
4/176	SKRYNYK, NOAH	5229	00:21:46.00	04:21	5K16-19M	1/1	M	4/56	CHESTERMERE
69/176	SKRYNYK, PAITYN	5230	00:38:35.00	07:43	5K12-15F	4/6	F	38/120	CHESTERMERE
67/176	SMITH, DONNA	5231	00:38:08.00	07:37	5K40-49F	10/34	F	36/120	CALGARY
13/176	SMITH, JOHN	5279	00:25:55.00	05:11	5K30-39M	2/6	M	10/56	AIRDRIE
142/176	SMITH, KAREN	5280	00:53:54.00	10:46	5K20-29F	13/15	F	94/120	AIRDRIE
78/176	SOFTLEY, MELISSA	1257	00:40:04.00	08:00	5K30-39F	11/19	F	47/120	COCHRANE
125/176	STEVENSON, DIANE	5233	00:51:11.00	10:14	5K60-69F	8/11	F	83/120	CALGARY
150/176	STICKEL, LAURA	5234	00:57:37.00	11:31	5K50-59F	19/21	F	100/120	CALGARY
24/176	SZTABZYB, ANNIE	5241	00:30:00.00	06:00	5K12-15F	1/6	F	10/120	CALGARY
5/176	SZTABZYB, EMILY	5242	00:25:00.00	05:00	5K40-49F	1/34	F	1/120	CALGARY
21/176	SZTABZYB, LEO	5243	00:29:00.00	05:48	5K11&UM	1/8	M	14/56	CALGARY
90/176	TAIT, MARIA	5245	00:42:01.00	08:24	5K20-29F	5/15	F	56/120	CALGARY
119/176	THOMPSON, ANTHONY	5246	00:48:00.00	09:36	5K40-49M	12/13	M	42/56	BRAGG CREEK
118/176	THOMPSON, IRENE	5247	00:48:00.00	09:36	5K50-59F	15/21	F	77/120	BRAGG CREEK
164/176	THOMPSON, KATHERINE	5248	01:03:07.00	12:37	5K50-59F	20/21	F	111/120	CALGARY
59/176	THORSEN, CARLEE	5249	00:36:02.00	07:12	5K40-49F	8/34	F	32/120	CALGARY
36/176	THORSEN, CHERALYN	5250	00:32:02.00	06:24	5K40-49F	3/34	F	20/120	CALGARY
37/176	TONG, PATTY	5253	00:32:09.00	06:25	5K40-49F	4/34	F	21/120	CALGARY
127/176	TOWNSEND, DAVID	5254	00:51:20.00	10:16	5K70-79M	1/3	M	44/56	CALGARY
110/176	UHL, STEPHANIE	1274	00:45:45.00	09:09	5K20-29F	8/15	F	71/120	CALGARY
140/176	VAN HEUVEL, KAREN	5259	00:53:04.00	10:36	5K40-49F	25/34	F	93/120	FOOTHILLS
97/176	VAN ZYL, CORNEL	5261	00:43:11.00	08:38	5K40-49M	10/13	M	38/56	STRATHMORE
10/176	VANE, RACHEL	5262	00:25:42.00	05:08	5K30-39F	1/19	F	3/120	CALGARY
44/176	VELASCO, FIONA	5263	00:33:22.00	06:40	5K30-39F	7/19	F	24/120	SURREY
66/176	WEIDEMANN, ROB	5265	00:37:50.00	07:34	5K50-59M	3/7	M	31/56	CALGARY
108/176	WELCHER, AMY	5266	00:45:24.00	09:04	5K30-39F	16/19	F	70/120	CALGARY
55/176	WHITE, MARY MADELINE	5267	00:35:24.00	07:04	5K80+F	1/1	F	30/120	CALGARY
117/176	WHITWORTH, KATHARINE	5269	00:47:00.00	09:24	5K60-69F	5/11	F	76/120	CALGARY
87/176	WHITWORTH, ROB	1294	00:41:50.00	08:22	5K60-69M	2/6	M	32/56	CALGARY
23/176	WOLFE, KRISTINA	5270	00:29:25.00	05:53	5K30-39F	4/19	F	9/120	CALGARY
86/176	WONG, CATHY	5271	00:41:32.00	08:18	5K60-69F	4/11	F	55/120	CALGARY
33/176	WONG, TINA	5272	00:31:28.00	06:17	5K60-69F	2/11	F	17/120	CALGARY
79/176	WORDEN, LORRAINE	5273	00:40:12.00	08:02	5K50-59F	8/21	F	48/120	CALGARY
54/176	WRIGHT, LINDSEY	5274	00:35:24.00	07:04	5K30-39F	9/19	F	29/120	CALGARY
120/176	YEE, BRIANNA	5277	00:48:12.00	09:38	5K20-29F	10/15	F	78/120	CALGARY
113/176	YEE, RACHAEL	5278	00:46:22.00	09:16	5K20-29F	9/15	F	74/120	CALGARY