

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

176 Finishers

5K11&UF (Female) - 8 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	HOLDER, MELISSA	5109	00:27:30.00	05:30	+00:00:00	18/176	5/120	CALGARY
2/8	MILLER, SOPHIA	5172	00:40:03.00	08:00	+00:12:33	77/176	46/120	CALGARY
3/8	BALINT, LOGAN	5014	00:46:00.00	09:12	+00:18:30	112/176	73/120	CALGARY
5K11&UM (Male) - 8 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	SZTABZYB, LEO	5243	00:29:00.00	05:48	+00:00:00	21/176	14/56	CALGARY
2/8	MILLER, CONNOR	5171	00:33:40.00	06:44	+00:04:40	46/176	22/56	CALGARY
3/8	LINTOTT, LUCAS	5142	00:33:46.00	06:45	+00:04:46	47/176	23/56	CALGARY
5K12-15F (Female) - 6 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	SZTABZYB, ANNIE	5241	00:30:00.00	06:00	+00:00:00	24/176	10/120	CALGARY
2/6	BALINT, LEYTON	5013	00:35:09.00	07:01	+00:05:09	52/176	27/120	CALGARY
3/6	ARANHA, KARISSA	5006	00:38:22.00	07:40	+00:08:22	68/176	37/120	CALGARY
5K12-15M (Male) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	CRASTO, ASHTON	5053	00:18:58.00	03:47	+00:00:00	3/176	3/56	CALGARY
2/5	JEFFERIES, LOGAN	5116	00:34:28.00	06:53	+00:15:30	50/176	25/56	CALGARY
3/5	LAWSON, ALEX	5134	00:42:10.00	08:26	+00:23:12	92/176	35/56	CHESTERMERE
5K16-19F (Female) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	DE COENE, CADENCE	2197	00:31:15.00	06:15	+00:00:00	32/176	16/120	CALGARY
2/3	FROSTAD, SARA	5084	01:00:31.00	12:06	+00:29:16	159/176	107/120	CALGARY
3/3	CHOWANETZ, ALYSSA	5042	01:13:23.00	14:40	+00:42:08	172/176	119/120	CALGARY
5K16-19M (Male) - 1 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	SKRYNYK, NOAH	5229	00:21:46.00	04:21	+00:00:00	4/176	4/56	CHESTERMERE
5K20-29F (Female) - 15 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	KUHN, DREW	5129	00:25:39.00	05:07	+00:00:00	9/176	2/120	CALGARY
2/15	HENKE, ZANETTA	1106	00:30:42.00	06:08	+00:05:03	28/176	14/120	ST. ALBERT
3/15	RIEHL, RAE-ANN	5204	00:31:45.00	06:21	+00:06:06	34/176	18/120	CALGARY
5K20-29M (Male) - 7 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	CORMIER, RYAN	2185	00:17:58.00	03:35	+00:00:00	1/176	1/56	CALGARY
2/7	HIGH, CHRISTOPHER	5107	00:31:02.00	06:12	+00:13:04	29/176	15/56	CALGARY
3/7	RIEHL, BRAEDEN	5202	00:31:09.00	06:13	+00:13:11	30/176	16/56	CALGARY
5K30-39F (Female) - 19 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	VANE, RACHEL	5262	00:25:42.00	05:08	+00:00:00	10/176	3/120	CALGARY
2/19	DUNLOP, KENDRA	1067	00:26:41.00	05:20	+00:00:59	15/176	4/120	COCHRANE
3/19	LAVOIE, KRISTINE	5133	00:29:21.00	05:52	+00:03:39	22/176	8/120	CALGARY
5K30-39M (Male) - 6 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	SCHENDEL, JUSTIN	5216	00:25:18.00	05:03	+00:00:00	7/176	6/56	COCHRANE
2/6	SMITH, JOHN	5279	00:25:55.00	05:11	+00:00:37	13/176	10/56	AIRDRIE
3/6	MIKHAEL, PIERRE	5170	00:27:02.00	05:24	+00:01:44	16/176	12/56	CALGARY
5K40-49F (Female) - 34 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/34	SZTABZYB, EMILY	5242	00:25:00.00	05:00	+00:00:00	5/176	1/120	CALGARY
2/34	FOLEY, ANNE	5081	00:30:05.00	06:01	+00:05:05	25/176	11/120	COCHRANE
3/34	THORSEN, CHERALYN	5250	00:32:02.00	06:24	+00:07:02	36/176	20/120	CALGARY
5K40-49M (Male) - 13 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	LIEBL, LEWIS	5141	00:25:13.00	05:02	+00:00:00	6/176	5/56	SPRUCE GROVE
2/13	RILEY, KEVIN	5205	00:25:30.00	05:06	+00:00:17	8/176	7/56	CALGARY
3/13	KUA, CHOO-KAR	5128	00:25:43.00	05:08	+00:00:30	11/176	8/56	CALGARY

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

176 Finishers

5K50-59F (Female) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	RIEHL, FIONA	5203	00:28:07.00	05:37	+00:00:00	19/176	6/120	CALGARY
2/21	GRANT, SANDRA	5090	00:28:09.00	05:37	+00:00:02	20/176	7/120	CALGARY
3/21	NEUFELD, LYNN	5180	00:30:25.00	06:05	+00:02:18	26/176	12/120	CALGARY

5K50-59M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	CASEY, JEFFREY	5040	00:18:06.00	03:37	+00:00:00	2/176	2/56	AIRDRIE
2/7	MARBIL, MIKE	5155	00:33:28.00	06:41	+00:15:22	45/176	21/56	CALGARY
3/7	WEIDEMANN, ROB	5265	00:37:50.00	07:34	+00:19:44	66/176	31/56	CALGARY

5K60-69F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	BAIRD, DIANA	5011	00:31:14.00	06:14	+00:00:00	31/176	15/120	STRATHMORE
2/11	WONG, TINA	5272	00:31:28.00	06:17	+00:00:14	33/176	17/120	CALGARY
3/11	PENNER, STELLA	5192	00:36:44.00	07:20	+00:05:30	61/176	33/120	CALGARY

5K60-69M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	HEYMAN, PETER	5106	00:32:16.00	06:27	+00:00:00	40/176	19/56	CALGARY
2/6	WHITWORTH, ROB	1294	00:41:50.00	08:22	+00:09:34	87/176	32/56	CALGARY
3/6	DE GAGNE, CHARLES	5062	00:51:11.00	10:14	+00:18:55	126/176	43/56	CALGARY

5K70-79F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	PATKAU, DONNA	5190	01:00:31.00	12:06	+00:00:00	160/176	108/120	CALGARY
2/2	HANSEN, JUDY	5101	01:14:20.00	14:52	+00:13:49	175/176	120/120	CALGARY

5K70-79M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	TOWNSEND, DAVID	5254	00:51:20.00	10:16	+00:00:00	127/176	44/56	CALGARY
2/3	MCADAM, MIKE	2365	00:51:21.00	10:16	+00:00:01	128/176	45/56	NANOOSE BAY
3/3	FLINT, DAVID	5079	01:14:20.00	14:52	+00:23:00	174/176	55/56	CALGARY

5K80+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	WHITE, MARY MADELINE	5267	00:35:24.00	07:04	+00:00:00	55/176	30/120	CALGARY