

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

## 5K Run - 3.1 Miles

176 Finishers

Female 120 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	City
1/120	SZTABZYB, EMILY	5242	00:25:00.00	05:00	5K40-49F	5/176	1/34	+00:00:00	CALGARY
2/120	KUHN, DREW	5129	00:25:39.00	05:07	5K20-29F	9/176	1/15	+00:00:39	CALGARY
3/120	VANE, RACHEL	5262	00:25:42.00	05:08	5K30-39F	10/176	1/19	+00:00:42	CALGARY
4/120	DUNLOP, KENDRA	1067	00:26:41.00	05:20	5K30-39F	15/176	2/19	+00:01:41	COCHRANE
5/120	HOLDER, MELISSA	5109	00:27:30.00	05:30	5K11&UF	18/176	1/8	+00:02:30	CALGARY
6/120	RIEHL, FIONA	5203	00:28:07.00	05:37	5K50-59F	19/176	1/21	+00:03:07	CALGARY
7/120	GRANT, SANDRA	5090	00:28:09.00	05:37	5K50-59F	20/176	2/21	+00:03:09	CALGARY
8/120	LAVOIE, KRISTINE	5133	00:29:21.00	05:52	5K30-39F	22/176	3/19	+00:04:21	CALGARY
9/120	WOLFE, KRISTINA	5270	00:29:25.00	05:53	5K30-39F	23/176	4/19	+00:04:25	CALGARY
10/120	SZTABZYB, ANNIE	5241	00:30:00.00	06:00	5K12-15F	24/176	1/6	+00:05:00	CALGARY
11/120	FOLEY, ANNE	5081	00:30:05.00	06:01	5K40-49F	25/176	2/34	+00:05:05	COCHRANE
12/120	NEUFELD, LYNN	5180	00:30:25.00	06:05	5K50-59F	26/176	3/21	+00:05:25	CALGARY
13/120	ATCHISON, SUSAN	5008	00:30:31.00	06:06	5K50-59F	27/176	4/21	+00:05:31	CROSSFIELD
14/120	HENKE, ZANETTA	1106	00:30:42.00	06:08	5K20-29F	28/176	2/15	+00:05:42	ST. ALBERT
15/120	BAIRD, DIANA	5011	00:31:14.00	06:14	5K60-69F	31/176	1/11	+00:06:14	STRATHMORE
16/120	DE COENE, CADENCE	2197	00:31:15.00	06:15	5K16-19F	32/176	1/3	+00:06:15	CALGARY
17/120	WONG, TINA	5272	00:31:28.00	06:17	5K60-69F	33/176	2/11	+00:06:28	CALGARY
18/120	RIEHL, RAE-ANN	5204	00:31:45.00	06:21	5K20-29F	34/176	3/15	+00:06:45	CALGARY
19/120	POETSCH, ALEXANDRA	5194	00:31:58.00	06:23	5K30-39F	35/176	5/19	+00:06:58	CALGARY
20/120	THORSEN, CHERALYN	5250	00:32:02.00	06:24	5K40-49F	36/176	3/34	+00:07:02	CALGARY
21/120	TONG, PATTY	5253	00:32:09.00	06:25	5K40-49F	37/176	4/34	+00:07:09	CALGARY
22/120	ROGERS, JODI	5209	00:32:35.00	06:31	5K30-39F	41/176	6/19	+00:07:35	CALGARY
23/120	COONEY, CLAIRE	5049	00:32:43.00	06:32	5K40-49F	42/176	5/34	+00:07:43	CALGARY
24/120	VELASCO, FIONA	5263	00:33:22.00	06:40	5K30-39F	44/176	7/19	+00:08:22	SURREY
25/120	MACVICAR, MARGARET	5152	00:33:59.00	06:47	5K50-59F	48/176	5/21	+00:08:59	CALGARY
26/120	GUENTHER, KASHMIR	1097	00:35:06.00	07:01	5K30-39F	51/176	8/19	+00:10:06	
27/120	BALINT, LEYTON	5013	00:35:09.00	07:01	5K12-15F	52/176	2/6	+00:10:09	CALGARY
28/120	SCHATZ, ANGELA	5215	00:35:15.00	07:03	5K40-49F	53/176	6/34	+00:10:15	CALGARY
30/120	WHITE, MARY MADELINE	5267	00:35:24.00	07:04	5K80+F	55/176	1/1	+00:10:24	CALGARY
29/120	WRIGHT, LINDSEY	5274	00:35:24.00	07:04	5K30-39F	54/176	9/19	+00:10:24	CALGARY
31/120	HAMMER, KAT	5098	00:35:37.00	07:07	5K40-49F	56/176	7/34	+00:10:37	CALGARY
32/120	THORSEN, CARLEE	5249	00:36:02.00	07:12	5K40-49F	59/176	8/34	+00:11:02	CALGARY
33/120	PENNER, STELLA	5192	00:36:44.00	07:20	5K60-69F	61/176	3/11	+00:11:44	CALGARY
34/120	DERKSEN, BONNIE	5064	00:36:56.00	07:23	5K40-49F	63/176	9/34	+00:11:56	LANGDON
35/120	ARANHA, IONA	5005	00:37:12.00	07:26	5K50-59F	64/176	6/21	+00:12:12	CALGARY
36/120	SMITH, DONNA	5231	00:38:08.00	07:37	5K40-49F	67/176	10/34	+00:13:08	CALGARY
37/120	ARANHA, KARISSA	5006	00:38:22.00	07:40	5K12-15F	68/176	3/6	+00:13:22	CALGARY
39/120	SKRYNYK, BOBBI	5227	00:38:35.00	07:43	5K40-49F	70/176	11/34	+00:13:35	CHESTERMERE
38/120	SKRYNYK, PAITYN	5230	00:38:35.00	07:43	5K12-15F	69/176	4/6	+00:13:35	CHESTERMERE
40/120	LAWSON, JULIE	5136	00:38:37.00	07:43	5K40-49F	71/176	12/34	+00:13:37	CHESTERMERE
41/120	LUMSDEN, ZOE	5147	00:38:45.00	07:45	5K20-29F	72/176	4/15	+00:13:45	COCHRANE
42/120	FINIGAN, ABIGAIL	1075	00:39:05.00	07:49	5K40-49F	73/176	13/34	+00:14:05	CALGARY
43/120	GUNN, TIFFANY	5092	00:39:07.00	07:49	5K30-39F	74/176	10/19	+00:14:07	CALGARY
44/120	MAYBERRY, ELNA	5157	00:39:08.00	07:49	5K50-59F	75/176	7/21	+00:14:08	ST. CATHARINES
45/120	ABEL, ALI	5001	00:39:44.00	07:56	5K40-49F	76/176	14/34	+00:14:44	CALGARY
46/120	MILLER, SOPHIA	5172	00:40:03.00	08:00	5K11&UF	77/176	2/8	+00:15:03	CALGARY
47/120	SOFTLEY, MELISSA	1257	00:40:04.00	08:00	5K30-39F	78/176	11/19	+00:15:04	COCHRANE
48/120	WORDEN, LORRAINE	5273	00:40:12.00	08:02	5K50-59F	79/176	8/21	+00:15:12	CALGARY
49/120	MCCORMACK, BRANDI	5158	00:40:31.00	08:06	5K40-49F	80/176	15/34	+00:15:31	CALGARY
50/120	PAL, JENNIFER	5188	00:40:31.00	08:06	5K30-39F	81/176	12/19	+00:15:31	CALGARY
51/120	MONT, SHELLY	5173	00:40:41.00	08:08	5K50-59F	82/176	9/21	+00:15:41	CALGARY
52/120	PATEL-SCHUETT, MILAN	5189	00:40:59.00	08:11	5K40-49F	83/176	16/34	+00:15:59	CALGARY
53/120	KREMER, TRACEY	5127	00:41:07.00	08:13	5K50-59F	84/176	10/21	+00:16:07	CALGARY

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## Overall Gender Results

## 5K Run - 3.1 Miles

176 Finishers

Female 120 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	City
54/120	BERG, THERESA	5021	00:41:31.00	08:18	5K40-49F	85/176	17/34	+00:16:31	CALGARY
55/120	WONG, CATHY	5271	00:41:32.00	08:18	5K60-69F	86/176	4/11	+00:16:32	CALGARY
56/120	TAIT, MARIA	5245	00:42:01.00	08:24	5K20-29F	90/176	5/15	+00:17:01	CALGARY
57/120	LAWSON, PAIGE	5137	00:42:10.00	08:26	5K12-15F	91/176	5/6	+00:17:10	CHESTERMERE
58/120	SHAW, SUSANA	5219	00:42:14.00	08:26	5K50-59F	93/176	11/21	+00:17:14	CALGARY
59/120	CROWELL, SHARON	5055	00:42:18.00	08:27	5K50-59F	94/176	12/21	+00:17:18	CALGARY
60/120	SKJOLDE, LANA	5226	00:43:31.00	08:42	5K40-49F	98/176	18/34	+00:18:31	CALGARY
61/120	COLEMAN, KATHY	1045	00:43:46.00	08:45	5K50-59F	99/176	13/21	+00:18:46	CALGARY
62/120	RASMUSSEN, MELISSA	5201	00:44:00.00	08:48	5K50-59F	100/176	14/21	+00:19:00	STRATHMORE
63/120	COOKE, SHARON	5048	00:44:17.00	08:51	5K40-49F	101/176	19/34	+00:19:17	MILLARVILLE
64/120	MCKEAGE, TARYN	5162	00:44:45.00	08:57	5K20-29F	102/176	6/15	+00:19:45	AIRDRIE
65/120	DATEWAS, KULWINDER	5060	00:45:00.00	09:00	5K40-49F	103/176	20/34	+00:20:00	CALGARY
66/120	BURVILL, HOLLY	5035	00:45:02.00	09:00	5K20-29F	104/176	7/15	+00:20:02	CALGARY
67/120	ROSE, CASSANDRA	5210	00:45:06.00	09:01	5K30-39F	105/176	13/19	+00:20:06	CALGARY
68/120	FORTES, KORINNA	5082	00:45:14.00	09:02	5K30-39F	106/176	14/19	+00:20:14	AIRDRIE
69/120	CAMPUS, CRISTA	5037	00:45:23.00	09:04	5K30-39F	107/176	15/19	+00:20:23	CALGARY
70/120	WELCHER, AMY	5266	00:45:24.00	09:04	5K30-39F	108/176	16/19	+00:20:24	CALGARY
71/120	UHL, STEPHANIE	1274	00:45:45.00	09:09	5K20-29F	110/176	8/15	+00:20:45	CALGARY
72/120	GAUDET, JOCELYNE	5085	00:45:46.00	09:09	5K40-49F	111/176	21/34	+00:20:46	CALGARY
73/120	BALINT, LOGAN	5014	00:46:00.00	09:12	5K11&UF	112/176	3/8	+00:21:00	CALGARY
74/120	YEE, RACHAEL	5278	00:46:22.00	09:16	5K20-29F	113/176	9/15	+00:21:22	CALGARY
75/120	JACOBI, ALLISON	5113	00:46:26.00	09:17	5K11&UF	115/176	4/8	+00:21:26	AIRDRIE
76/120	WHITWORTH, KATHARINE	5269	00:47:00.00	09:24	5K60-69F	117/176	5/11	+00:22:00	CALGARY
77/120	THOMPSON, IRENE	5247	00:48:00.00	09:36	5K50-59F	118/176	15/21	+00:23:00	BRAGG CREEK
78/120	YEE, BRIANNA	5277	00:48:12.00	09:38	5K20-29F	120/176	10/15	+00:23:12	CALGARY
79/120	KLAASSEN, JESSICA	5123	00:48:24.00	09:40	5K30-39F	121/176	17/19	+00:23:24	CALGARY
80/120	NEUMAN, NICOLE	5181	00:48:55.00	09:47	5K40-49F	122/176	22/34	+00:23:55	CALGARY
81/120	CRAMER, SUSAN	5052	00:50:45.00	10:09	5K60-69F	123/176	6/11	+00:25:45	CALGARY
82/120	BOLYEA, DARLENE	5025	00:50:48.00	10:09	5K60-69F	124/176	7/11	+00:25:48	CALGARY
83/120	STEVENSON, DIANE	5233	00:51:11.00	10:14	5K60-69F	125/176	8/11	+00:26:11	CALGARY
84/120	HANNA, REBECCA	5099	00:51:23.00	10:16	5K20-29F	129/176	11/15	+00:26:23	CALGARY
85/120	MCMORRIS, TANJA	5168	00:51:38.00	10:19	5K40-49F	130/176	23/34	+00:26:38	CALGARY
86/120	SINCLAIR, LINDSAY	5225	00:51:46.00	10:21	5K50-59F	133/176	16/21	+00:26:46	CALGARY
87/120	ROBERTSON, KATHY	5206	00:52:22.00	10:28	5K40-49F	134/176	24/34	+00:27:22	CALGARY
88/120	ROBERTSON, LAUREN	5207	00:52:22.00	10:28	5K12-15F	135/176	6/6	+00:27:22	CALGARY
89/120	HANSEN, JAMIE	5100	00:53:00.00	10:36	5K60-69F	136/176	9/11	+00:28:00	CALGARY
90/120	ANDERSON, CARALEE	1002	00:53:01.00	10:36	5K20-29F	137/176	12/15	+00:28:01	CALGARY
91/120	D'ADAMO, ANGELA	5059	00:53:02.00	10:36	5K30-39F	138/176	18/19	+00:28:02	CALGARY
92/120	D'ADAMO, ALEX	5058	00:53:02.00	10:36	5K11&UF	139/176	5/8	+00:28:02	CALGARY
93/120	VAN HEUVEL, KAREN	5259	00:53:04.00	10:36	5K40-49F	140/176	25/34	+00:28:04	FOOTHILLS
94/120	SMITH, KAREN	5280	00:53:54.00	10:46	5K20-29F	142/176	13/15	+00:28:54	AIRDRIE
95/120	KINGS, KIM	5121	00:53:55.00	10:47	5K60-69F	143/176	10/11	+00:28:55	COCHRANE
96/120	DOWHAN, MICHELLE	5068	00:54:09.00	10:49	5K40-49F	144/176	26/34	+00:29:09	CALGARY
97/120	MARBIL, MARIA	5154	00:55:18.00	11:03	5K50-59F	146/176	17/21	+00:30:18	CALGARY
98/120	HAWKE, SUSAN	5104	00:56:34.00	11:18	5K40-49F	148/176	27/34	+00:31:34	CARSELAND
100/120	STICKEL, LAURA	5234	00:57:37.00	11:31	5K50-59F	150/176	19/21	+00:32:37	CALGARY
99/120	NAIRN, JACQUELINE	5178	00:57:37.00	11:31	5K50-59F	149/176	18/21	+00:32:37	CALGARY
101/120	BRYSON, BARBIE	5032	00:59:06.00	11:49	5K40-49F	151/176	28/34	+00:34:06	CALGARY
102/120	MCKENNA, FAYE	5163	00:59:17.00	11:51	5K60-69F	152/176	11/11	+00:34:17	BLAIRMORE
103/120	NADEAU, MELISSA	5177	00:59:44.00	11:56	5K40-49F	155/176	29/34	+00:34:44	CALGARY
104/120	BARRETT, MARINA	5016	01:00:00.00	12:00	5K40-49F	156/176	30/34	+00:35:00	CALGARY
105/120	GENTLES, KRISTINA	5086	01:00:00.00	12:00	5K40-49F	157/176	31/34	+00:35:00	CALGARY
106/120	EATON, ALISA	5073	01:00:15.00	12:03	5K40-49F	158/176	32/34	+00:35:15	CALGARY

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## Overall Gender Results

## 5K Run - 3.1 Miles

176 Finishers

Female 120 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	City
107/120	FROSTAD, SARA	5084	01:00:31.00	12:06	5K16-19F	159/176	2/3	+00:35:31	CALGARY
108/120	PATKAU, DONNA	5190	01:00:31.00	12:06	5K70-79F	160/176	1/2	+00:35:31	CALGARY
109/120	ONO, LILU	5185	01:00:34.00	12:06	5K11&UF	161/176	6/8	+00:35:34	CALGARY
110/120	ONO, MAKIKO	5186	01:00:34.00	12:06	5K40-49F	162/176	33/34	+00:35:34	CALGARY
111/120	THOMPSON, KATHERINE	5248	01:03:07.00	12:37	5K50-59F	164/176	20/21	+00:38:07	CALGARY
112/120	GOBRAN, JOY	5087	01:05:10.00	13:02	5K20-29F	165/176	14/15	+00:40:10	CALGARY
114/120	BEAL, AMY	5017	01:05:26.00	13:05	5K11&UF	167/176	7/8	+00:40:26	CALGARY
115/120	BEAL, RACHEL	5019	01:05:26.00	13:05	5K11&UF	168/176	8/8	+00:40:26	CALGARY
113/120	BEAL, KARMAN	5018	01:05:26.00	13:05	5K30-39F	166/176	19/19	+00:40:26	CALGARY
116/120	GOODBODY, BRENDA	5088	01:06:01.00	13:12	5K40-49F	169/176	34/34	+00:41:01	CHESTERMERE
117/120	KINLOCH, MELISSA	5122	01:09:00.00	13:48	5K20-29F	170/176	15/15	+00:44:00	CHESTERMERE
118/120	O'NEILL, MAUREEN	5182	01:12:41.00	14:32	5K50-59F	171/176	21/21	+00:47:41	CALGARY
119/120	CHOWANETZ, ALYSSA	5042	01:13:23.00	14:40	5K16-19F	172/176	3/3	+00:48:23	CALGARY
120/120	HANSEN, JUDY	5101	01:14:20.00	14:52	5K70-79F	175/176	2/2	+00:49:20	CALGARY

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## Overall Gender Results

## 5K Run - 3.1 Miles

176 Finishers

Male 56 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	City
1/56	CORMIER, RYAN	2185	00:17:58.00	03:35	5K20-29M	1/176	1/7	+00:00:00	CALGARY
2/56	CASEY, JEFFREY	5040	00:18:06.00	03:37	5K50-59M	2/176	1/7	+00:00:08	AIRDRIE
3/56	CRASTO, ASHTON	5053	00:18:58.00	03:47	5K12-15M	3/176	1/5	+00:01:00	CALGARY
4/56	SKRYNYK, NOAH	5229	00:21:46.00	04:21	5K16-19M	4/176	1/1	+00:03:48	CHESTERMERE
5/56	LIEBL, LEWIS	5141	00:25:13.00	05:02	5K40-49M	6/176	1/13	+00:07:15	SPRUCE GROVE
6/56	SCHENDEL, JUSTIN	5216	00:25:18.00	05:03	5K30-39M	7/176	1/6	+00:07:20	COCHRANE
7/56	RILEY, KEVIN	5205	00:25:30.00	05:06	5K40-49M	8/176	2/13	+00:07:32	CALGARY
8/56	KUA, CHOO-KAR	5128	00:25:43.00	05:08	5K40-49M	11/176	3/13	+00:07:45	CALGARY
9/56	SKRYNYK, CRAIG	5228	00:25:53.00	05:10	5K40-49M	12/176	4/13	+00:07:55	CHESTERMERE
10/56	SMITH, JOHN	5279	00:25:55.00	05:11	5K30-39M	13/176	2/6	+00:07:57	AIRDRIE
11/56	POETSCH, JAN	5195	00:26:12.00	05:14	5K40-49M	14/176	5/13	+00:08:14	CALGARY
12/56	MIKHAEL, PIERRE	5170	00:27:02.00	05:24	5K30-39M	16/176	3/6	+00:09:04	CALGARY
13/56	ROGERS, ANTHONY	5208	00:27:06.00	05:25	5K30-39M	17/176	4/6	+00:09:08	CALGARY
14/56	SZTABZYB, LEO	5243	00:29:00.00	05:48	5K11&UM	21/176	1/8	+00:11:02	CALGARY
15/56	HIGH, CHRISTOPHER	5107	00:31:02.00	06:12	5K20-29M	29/176	2/7	+00:13:04	CALGARY
16/56	RIEHL, BRAEDEN	5202	00:31:09.00	06:13	5K20-29M	30/176	3/7	+00:13:11	CALGARY
17/56	LAU, JASON	5132	00:32:10.00	06:26	5K20-29M	38/176	4/7	+00:14:12	CALGARY
18/56	DOWLER, STEVE	5071	00:32:11.00	06:26	5K40-49M	39/176	6/13	+00:14:13	CALGARY
19/56	HEYMAN, PETER	5106	00:32:16.00	06:27	5K60-69M	40/176	1/6	+00:14:18	CALGARY
20/56	MONTERO, FRANCISCO	5174	00:32:53.00	06:34	5K40-49M	43/176	7/13	+00:14:55	AIRDRIE
21/56	MARBIL, MIKE	5155	00:33:28.00	06:41	5K50-59M	45/176	2/7	+00:15:30	CALGARY
22/56	MILLER, CONNOR	5171	00:33:40.00	06:44	5K11&UM	46/176	2/8	+00:15:42	CALGARY
23/56	LINTOTT, LUCAS	5142	00:33:46.00	06:45	5K11&UM	47/176	3/8	+00:15:48	CALGARY
24/56	MCKEAGE, CAM	5161	00:34:25.00	06:53	5K20-29M	49/176	5/7	+00:16:27	CALGARY
25/56	JEFFERIES, LOGAN	5116	00:34:28.00	06:53	5K12-15M	50/176	2/5	+00:16:30	CALGARY
26/56	LAWSON, ETHAN	5135	00:35:40.00	07:08	5K11&UM	57/176	4/8	+00:17:42	CHESTERMERE
27/56	MOXLEY, CRAIG	5175	00:35:43.00	07:08	5K30-39M	58/176	5/6	+00:17:45	CALGARY
28/56	DOWLER, MARCUS	5069	00:36:30.00	07:18	5K11&UM	60/176	5/8	+00:18:32	CALGARY
29/56	ARANHA, FRANCIS	5004	00:36:55.00	07:23	5K40-49M	62/176	8/13	+00:18:57	CALGARY
30/56	CHEUNG, BRIAN	1041	00:37:16.00	07:27	5K40-49M	65/176	9/13	+00:19:18	
31/56	WEIDEMANN, ROB	5265	00:37:50.00	07:34	5K50-59M	66/176	3/7	+00:19:52	CALGARY
32/56	WHITWORTH, ROB	1294	00:41:50.00	08:22	5K60-69M	87/176	2/6	+00:23:52	CALGARY
33/56	BRAGG, WARREN	5029	00:41:55.00	08:23	5K20-29M	88/176	6/7	+00:23:57	CALGARY
34/56	ORTIZ, JEFFREY	5187	00:42:01.00	08:24	5K30-39M	89/176	6/6	+00:24:03	CALGARY
35/56	LAWSON, ALEX	5134	00:42:10.00	08:26	5K12-15M	92/176	3/5	+00:24:12	CHESTERMERE
36/56	MUNN, STEVE	5176	00:42:34.00	08:30	5K50-59M	95/176	4/7	+00:24:36	CALGARY
37/56	DOWLER, MATTHEW	5070	00:43:00.00	08:36	5K12-15M	96/176	4/5	+00:25:02	CALGARY
38/56	VAN ZYL, CORNEL	5261	00:43:11.00	08:38	5K40-49M	97/176	10/13	+00:25:13	STRATHMORE
39/56	LAWSON, PAUL	5138	00:45:30.00	09:06	5K40-49M	109/176	11/13	+00:27:32	CHESTERMERE
40/56	JACOBI, JACKSON	5115	00:46:25.00	09:17	5K12-15M	114/176	5/5	+00:28:27	AIRDRIE
41/56	JACOBI, CAMERON	5114	00:46:27.00	09:17	5K11&UM	116/176	6/8	+00:28:29	AIRDRIE
42/56	THOMPSON, ANTHONY	5246	00:48:00.00	09:36	5K40-49M	119/176	12/13	+00:30:02	BRAGG CREEK
43/56	DE GAGNE, CHARLES	5062	00:51:11.00	10:14	5K60-69M	126/176	3/6	+00:33:13	CALGARY
44/56	TOWNSEND, DAVID	5254	00:51:20.00	10:16	5K70-79M	127/176	1/3	+00:33:22	CALGARY
45/56	MCADAM, MIKE	2365	00:51:21.00	10:16	5K70-79M	128/176	2/3	+00:33:23	NANOOSE BAY
46/56	MCMORRIS, LANDON	5166	00:51:38.00	10:19	5K11&UM	131/176	7/8	+00:33:40	CALGARY
47/56	MCMORRIS, LOCHLAN	5167	00:51:38.00	10:19	5K11&UM	132/176	8/8	+00:33:40	CALGARY
48/56	COOKE, DARRELL	5047	00:53:53.00	10:46	5K60-69M	141/176	4/6	+00:35:55	EAGLE BAY
49/56	FLINT, HARRY	5080	00:54:39.00	10:55	5K60-69M	145/176	5/6	+00:36:41	CALGARY
50/56	SANDBECK, DARREN	5212	00:55:37.00	11:07	5K50-59M	147/176	5/7	+00:37:39	AIRDRIE
52/56	MCKENNA, KEVIN	5164	00:59:17.00	11:51	5K60-69M	154/176	6/6	+00:41:19	BLAIRMORE
51/56	BROWN, JOSEPH	5030	00:59:17.00	11:51	5K50-59M	153/176	6/7	+00:41:19	PINCHER CREEK
53/56	ONO, KOJI	5184	01:00:34.00	12:06	5K40-49M	163/176	13/13	+00:42:36	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

## Overall Gender Results

## 5K Run - 3.1 Miles

176 Finishers

Male

56

Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	City
54/56	CHOWANETZ, MARCUS	5043	01:13:23.00	14:40	5K20-29M	173/176	7/7	+00:55:25	CALGARY
55/56	FLINT, DAVID	5079	01:14:20.00	14:52	5K70-79M	174/176	3/3	+00:56:22	CALGARY
56/56	LUNDY, DARREN	5148	02:45:50.00	33:10	5K50-59M	176/176	7/7	+02:27:52	CALGARY