

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 173

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/173	COOPER, BRIANNE	5041	19:02.976	03:48	06:07	5K30-39F	1/49	1/258	CALGARY, AB
2/173	XU, MICHELLE	5293	20:41.066	04:08	06:39	5K30-39F	2/49	2/258	CALGARY, AB
3/173	PATTERSON, JANICE	5198	21:07.711	04:13	06:47	5K50-59F	1/17	3/258	CALGARY, AB
4/173	STICKLEY, DENISE	5253	22:26.526	04:29	07:12	5K40-49F	1/39	7/258	CALGARY, AB
5/173	HENDERSON, LAURA	5109	22:27.093	04:29	07:13	5K30-39F	3/49	8/258	CALGARY, AB
6/173	WITCZAK, LAURA	5286	23:18.678	04:39	07:29	5K30-39F	4/49	9/258	CALGARY, AB
7/173	THOMSON, NICOLE	5264	23:20.974	04:40	07:30	5K30-39F	5/49	10/258	CALGARY, AB
8/173	MACSWEEN, MAUREEN	5158	23:44.391	04:44	07:38	5K40-49F	2/39	12/258	CALGARY, AB
9/173	ZEMLIANAIA, ALINA	5298	24:30.582	04:54	07:52	5K30-39F	6/49	18/258	CALGARY, AB
10/173	HAYES, BROOKE	5107	24:37.706	04:55	07:55	5K20-29F	1/32	19/258	CALGARY, AB
11/173	BRADE, JANELLE	5021	24:54.722	04:58	08:00	5K30-39F	7/49	22/258	CALGARY, AB
12/173	RENZ, TELARA	5218	25:37.234	05:07	08:14	5K40-49F	3/39	25/258	CALGARY, AB
13/173	LEBLANC, ANNE	5140	27:12.790	05:26	08:45	5K12-15F	1/8	37/258	OKOTOKS, AB
14/173	ENNS, JESSICA	5076	27:58.028	05:35	08:59	5K40-49F	4/39	40/258	AIRDRIE, AB
15/173	GRANT, AMANDA	5095	28:02.994	05:36	09:01	5K30-39F	8/49	42/258	CALGARY, AB
16/173	SHAW, SABRINA	5238	28:05.385	05:37	09:01	5K40-49F	5/39	44/258	CALGARY, AB
17/173	SINE, SHAUNA	5244	28:33.977	05:42	09:11	5K30-39F	9/49	47/258	CALGARY, AB
18/173	MATOVICH, ANDREA	5167	28:41.384	05:44	09:13	5K40-49F	6/39	49/258	MILLARVILLE, AB
19/173	BELAU, MADISON	5309	28:46.587	05:45	09:15	5K30-39F	10/49	50/258	OKOTOKS, AB
20/173	YAU, LYON	5294	28:49.719	05:45	09:16	5K30-39F	11/49	51/258	CALGARY, AB
21/173	WALSH, KATHERINE	5275	28:56.711	05:47	09:18	5K11&UF	1/13	55/258	HAMILTON, ON
22/173	RICHARDS, AMY	5219	29:23.360	05:52	09:26	5K20-29F	2/32	61/258	SUNDRE, AB
23/173	THOMPSON, KYNESHA	5263	29:24.248	05:52	09:27	5K30-39F	12/49	62/258	CALGARY, AB
24/173	FLOYD, PATRICIA	5086	29:46.067	05:57	09:34	5K20-29F	3/32	64/258	CALGARY, AB
25/173	JOVANOVIC, SOFIA	5126	30:17.942	06:03	09:44	5K16-19F	1/5	65/258	CALGARY, AB
26/173	ENNS, BROOKLYN	5075	30:21.858	06:04	09:45	5K11&UF	2/13	66/258	AIRDRIE, AB
27/173	CHOWANETZ, ALYSSA	5037	30:39.811	06:07	09:51	5K20-29F	4/32	68/258	CALGARY, AB
28/173	ARMOUR, KEELEY	5005	30:41.476	06:08	09:52	5K12-15F	2/8	69/258	HIGH RIVER, AB
29/173	THORSEN, CHERALYN	5266	30:42.999	06:08	09:52	5K40-49F	7/39	70/258	CALGARY, AB
30/173	ARCHAMBAULT, MELISSA	5004	30:48.784	06:09	09:54	5K30-39F	13/49	71/258	OKOTOKS, AB
31/173	GOLDIE, ALANNA	5094	30:50.762	06:10	09:55	5K20-29F	5/32	72/258	CALGARY, AB
32/173	BIDDULPH, SHAUNA	5017	30:51.765	06:10	09:55	5K30-39F	14/49	73/258	CALGARY, AB
33/173	STANG, ALEXANDREA	5302	30:56.707	06:11	09:57	5K30-39F	15/49	74/258	CALGARY, AB
34/173	GRIFFITHS, NICOLE	5097	31:03.834	06:12	09:59	5K30-39F	16/49	76/258	AIRDRIE, AB
35/173	JACQUES, ANGELIQUE	5115	31:04.725	06:12	09:59	5K20-29F	6/32	77/258	COCHRANE, AB
36/173	BENNETT, JENNA	5015	31:24.740	06:16	10:06	5K30-39F	17/49	81/258	CALGARY, AB
37/173	DAVIS, CYRENA	5056	31:24.741	06:16	10:06	5K40-49F	8/39	82/258	CALGARY, AB
38/173	JACK, MICHELLE	5114	31:24.830	06:16	10:06	5K20-29F	7/32	83/258	CALGARY, AB
39/173	LOWES, FIONA	5311	31:28.373	06:17	10:07	5K40-49F	9/39	84/258	CALGARY, AB
40/173	YAKELEY, LINDSEY	1256	31:45.504	06:21	10:12	5K40-49F	10/39	86/258	AIRDRIE, AB
41/173	BANDOLA, REAGAN	5007	31:53.517	06:22	10:15	5K16-19F	2/5	88/258	CALGARY, AB
42/173	CHUTE, NICOLE	5319	31:53.803	06:22	10:15	5K40-49F	11/39	89/258	, AB
43/173	MACLEAN, SAMANTHA	5157	32:11.416	06:26	10:21	5K11&UF	3/13	90/258	CALGARY, AB
44/173	SCHULHAUSER, KATHRYN	5235	32:26.872	06:29	10:26	5K30-39F	18/49	93/258	LANGDON, AB
45/173	CHAN, DANA	5033	32:31.041	06:30	10:27	5K40-49F	12/39	94/258	AIRDRIE, AB
46/173	LEMAY-MOORE, DENISE	5144	32:38.544	06:31	10:29	5K50-59F	2/17	96/258	CALGARY, AB
47/173	DHILLON, SAVNEET	5064	32:39.926	06:31	10:30	5K20-29F	8/32	97/258	CHESTERMERE, AB
48/173	HISCOCK, NICOLE	5113	33:03.528	06:36	10:37	5K30-39F	19/49	100/258	CALGARY, AB
49/173	SZPAJCHER, ELIZABETH	5259	33:04.532	06:36	10:38	5K40-49F	13/39	101/258	BRAGG CREEK, AB
50/173	TURESKI, CARLA	5269	33:05.402	06:37	10:38	5K30-39F	20/49	102/258	CALGARY, AB
51/173	GROOM, LYNDY	5098	33:27.124	06:41	10:45	5K40-49F	14/39	104/258	CALGARY, AB
52/173	JOBIN, CAYLEE	5119	33:27.176	06:41	10:45	5K40-49F	15/39	105/258	CALGARY, AB
53/173	CHEN, ANGGI	5035	33:34.512	06:42	10:47	5K20-29F	9/32	106/258	CALGARY, AB
54/173	TEMPLETON-BANDOLA, KATHLEEN	5262	33:39.201	06:43	10:49	5K50-59F	3/17	107/258	CALGARY, AB
55/173	FINIGAN, ABIGAIL	5085	33:47.212	06:45	10:51	5K40-49F	16/39	111/258	CALGARY, AB

2022 Calgary Police Half/10/5K Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 173

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/173	MAYER, SIMONE	5169	33:49.465	06:45	10:52	5K40-49F	17/39	112/258	CALGARY, AB
57/173	LEBLANC, JORDYN	5141	33:50.074	06:46	10:52	5K20-29F	10/32	113/258	OKOTOKS, AB
58/173	ONEILL, LISA	5189	33:50.894	06:46	10:53	5K50-59F	4/17	114/258	CALGARY, AB
59/173	FOULI, YMENE	5089	33:54.644	06:46	10:54	5K40-49F	18/39	116/258	CALGARY, AB
60/173	WELK, JEN	5279	34:13.162	06:50	11:00	5K40-49F	19/39	117/258	AIRDRIE, AB
61/173	SWAN, HALEY	5256	34:29.326	06:53	11:05	5K16-19F	3/5	118/258	CALGARY, AB
62/173	MAHER, MADDIE	5160	34:31.091	06:54	11:05	5K12-15F	3/8	119/258	OKOTOKS, AB
63/173	PATEL-SCHUETT, MILAN	5197	34:46.160	06:57	11:10	5K40-49F	20/39	120/258	CALGARY, AB
64/173	ELSNER, DEANNE	5074	34:46.535	06:57	11:10	5K40-49F	21/39	121/258	CALGARY, AB
65/173	HARMS, KIMBERLY	5104	34:47.063	06:57	11:11	5K50-59F	5/17	122/258	CALGARY, AB
66/173	TAHA, KARIMA	5261	34:48.457	06:57	11:11	5K20-29F	11/32	123/258	CALGARY, AB
67/173	JONES, MARIN	5123	34:55.896	06:59	11:13	5K11&UF	4/13	124/258	OKOTOKS, AB
68/173	KERSBERGEN, JORDANNA	5128	34:57.501	06:59	11:14	5K30-39F	21/49	127/258	OKOTOKS, AB
69/173	HARPER, AUSTYN	5105	35:04.255	07:00	11:16	5K11&UF	5/13	128/258	OKOTOKS, AB
70/173	HINE, CHARLOTTE	5039	35:13.118	07:02	11:19	5K30-39F	22/49	129/258	CALGARY, AB
71/173	YOUNG, YANNY	5296	35:20.236	07:04	11:21	5K11&UF	6/13	130/258	CALGARY, AB
72/173	DEFOE, KIM	5059	35:30.924	07:06	11:25	5K30-39F	23/49	131/258	CALGARY, AB
73/173	THORSEN, CARLEE	5265	35:46.371	07:09	11:30	5K40-49F	22/39	134/258	CALGARY, AB
74/173	DAIGLE, KAYLA	5054	35:46.534	07:09	11:30	5K20-29F	12/32	135/258	CALGARY, AB
75/173	JONES, EVERLY	5120	36:14.589	07:14	11:39	5K11&UF	7/13	136/258	OKOTOKS, AB
76/173	OSBORNE, EMERSYN	5191	36:21.105	07:16	11:41	5K12-15F	4/8	138/258	HIGH RIVER, AB
77/173	JONES, LEANNE	5122	36:21.782	07:16	11:41	5K40-49F	23/39	139/258	OKOTOKS, AB
78/173	NORRIS, ISLA	5187	36:25.277	07:17	11:42	5K11&UF	8/13	140/258	CALGARY, AB
79/173	HENRY, NITA	5111	36:25.627	07:17	11:42	5K30-39F	24/49	141/258	CALGARY, AB
80/173	PELLETIER, AMANDA	1179	36:32.284	07:18	11:44	5K40-49F	24/39	142/258	GRANDE PRAIRIE, AB
81/173	KORNELSON-LISSEL, SAVANNAH	5135	36:32.891	07:18	11:45	5K11&UF	9/13	143/258	CALGARY, AB
82/173	LISSEL, KELLIE	5147	36:33.010	07:18	11:45	5K30-39F	25/49	144/258	CALGARY, AB
83/173	LISSEL, AMY	5146	36:33.271	07:18	11:45	5K30-39F	26/49	145/258	CALGARY, AB
84/173	ARCEGA, CHELSEA	5002	36:38.191	07:19	11:46	5K30-39F	27/49	146/258	CALGARY, AB
85/173	KIMMEL, JENNIFER	5131	36:44.345	07:20	11:48	5K30-39F	28/49	149/258	BEISEKER, AB
86/173	MAHER, AILEEN	5159	37:11.613	07:26	11:57	5K12-15F	5/8	150/258	OKOTOKS, AB
87/173	EDWARDS, RACHAEL	5071	37:26.378	07:29	12:02	5K40-49F	25/39	151/258	CALGARY, AB
88/173	MCGREGOR, ANNE	5313	37:26.518	07:29	12:02	5K30-39F	29/49	152/258	CALGARY, AB
89/173	BANDOLA, SUMMER	5008	37:27.619	07:29	12:02	5K16-19F	4/5	153/258	CALGARY, AB
90/173	NORTOFT-DAIGLE, LISA	5188	37:37.182	07:31	12:05	5K40-49F	26/39	154/258	CALGARY, AB
91/173	KOHL, JESSICA	5134	37:41.543	07:32	12:07	5K30-39F	30/49	155/258	CALGARY, AB
92/173	SWAN, JENNIFER	5257	37:53.447	07:34	12:11	5K20-29F	13/32	156/258	CALGARY, AB
93/173	D'SILVA, LOUISA	5053	37:53.472	07:34	12:11	5K50-59F	6/17	157/258	CALGARY, AB
94/173	RIJAIE, ZAHRA	5320	37:59.352	07:35	12:12	5K20-29F	14/32	158/258	CALGARY, AB
95/173	WYTINCK, ROBYN	5291	38:15.196	07:39	12:18	5K40-49F	27/39	159/258	OKOTOKS, AB
96/173	PREFONTAINE, MELANIE	5207	38:18.244	07:39	12:18	5K40-49F	28/39	160/258	CALGARY, AB
97/173	FENTON, SOPHIE	5084	38:19.090	07:39	12:19	5K11&UF	10/13	161/258	OKOTOKS, AB
98/173	DARIUS, SOPHIE	5055	38:19.270	07:39	12:19	5K11&UF	11/13	162/258	CALGARY, AB
99/173	WYTINCK, TESS	5292	38:19.581	07:39	12:19	5K12-15F	6/8	163/258	OKOTOKS, AB
100/173	BARRETT, BROOKE	5009	38:23.027	07:40	12:20	5K12-15F	7/8	164/258	OKOTOKS, AB
101/173	RUTTAN, SUSAN	5314	38:24.290	07:40	12:20	5K40-49F	29/39	165/258	CALGARY, AB
102/173	LE, SANDY	5139	39:16.511	07:51	12:37	5K20-29F	15/32	166/258	CALGARY, AB
103/173	BOUCHER, CAROLINA	5018	39:36.173	07:55	12:44	5K20-29F	16/32	168/258	CALGARY, AB
104/173	RAISON, JENN	5212	39:52.135	07:58	12:49	5K30-39F	31/49	169/258	CALGARY, AB
105/173	DOS SANTOS MEHEDIN, ALINE CAROLINA	5361	40:01.597	08:00	12:52	5K30-39F	32/49	170/258	CALGARY, AB
106/173	MONT, SHELLY	5179	40:07.551	08:01	12:54	5K40-49F	30/39	171/258	CALGARY, AB
107/173	MCCORMACK, BRANDI	5170	40:08.142	08:01	12:54	5K40-49F	31/39	172/258	CALGARY, AB
108/173	TOBIN, AMANDA	5268	41:02.514	08:12	13:11	5K30-39F	33/49	174/258	AIRDRIE, AB
109/173	VAN DUZEN, SIOBHAN	5270	41:02.536	08:12	13:11	5K30-39F	34/49	175/258	AIRDRIE, AB
110/173	GREEN, ASHLEY	1091	41:21.105	08:16	13:17	5K30-39F	35/49	176/258	COCHRANE, AB

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 173

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/173	VASILOPOULOS, KOULA	5272	41:42.310	08:20	13:24	5K50-59F	7/17	177/258	CALGARY, AB
112/173	CUNNINGHAM, STEPHANIE	5051	41:42.406	08:20	13:24	5K30-39F	36/49	178/258	CALGARY, AB
113/173	PATEL, VIDHI	5196	41:52.622	08:22	13:27	5K20-29F	17/32	180/258	CALGARY, AB
114/173	WIERINGA, TRACEY	5284	42:29.631	08:29	13:39	5K50-59F	8/17	182/258	CHESTERMERE, AB
115/173	CRAWFORD, MELISSA	5046	42:29.844	08:29	13:39	5K40-49F	32/39	183/258	EDMONTON, AB
116/173	SCHENDEL, ZOE	5233	43:00.871	08:36	13:49	5K20-29F	18/32	185/258	CALGARY, AB
117/173	FAST, NATALIE	5082	43:06.499	08:37	13:51	5K20-29F	19/32	186/258	COCHRANE, AB
118/173	EVANS, BIRTE	5081	43:08.258	08:37	13:52	5K60-69F	1/8	187/258	EDMONTON, AB
119/173	KIEKEN, BEV	5130	43:13.998	08:38	13:54	5K60-69F	2/8	188/258	CALGARY, AB
120/173	RICHARDS, CATHERINE	5220	43:26.019	08:41	13:57	5K30-39F	37/49	189/258	OLDS, AB
121/173	RICHARDS, KAYLEE	5221	43:26.512	08:41	13:58	5K30-39F	38/49	190/258	OLDS, AB
122/173	BARRETT, MIRANDA	5010	44:14.161	08:50	14:13	5K40-49F	33/39	192/258	OKOTOKS, AB
123/173	RUDIAK, LORIANNE	5225	44:16.904	08:51	14:14	5K50-59F	9/17	193/258	CALGARY, AB
124/173	LUMSDEN, TAMI	5151	44:51.052	08:58	14:25	5K50-59F	10/17	194/258	CALGARY, AB
125/173	JENSEN, CLARA	5117	45:04.505	09:00	14:29	5K11&UF	12/13	196/258	CALGARY, AB
126/173	SMITH, SYDNEY	5248	45:25.342	09:05	14:36	5K20-29F	20/32	198/258	CALGARY, AB
127/173	SMITH, DANELLE	5247	45:25.878	09:05	14:36	5K20-29F	21/32	199/258	CALGARY, AB
128/173	SMITH, CORINA	5246	45:26.112	09:05	14:36	5K50-59F	11/17	200/258	CALGARY, AB
129/173	HARTOYO, ANDREA	5106	45:50.442	09:10	14:44	5K30-39F	39/49	202/258	CALGARY, AB
130/173	LAL, ANITA	5137	45:59.487	09:11	14:47	5K50-59F	12/17	203/258	CALGARY, AB
131/173	CYR, GWEN	5315	46:23.066	09:16	14:54	5K40-49F	34/39	205/258	STRATHMORE, AB
132/173	STRAIN, KELLY	5254	46:50.258	09:22	15:03	5K40-49F	35/39	207/258	CALGARY, AB
133/173	DEROWIN, NICOLE	5063	47:00.238	09:24	15:06	5K30-39F	40/49	209/258	CALGARY, AB
134/173	CRICHTON, LISA	5048	47:06.635	09:25	15:08	5K50-59F	13/17	210/258	CALGARY, AB
135/173	DEROWIN, CANDIS	5061	47:20.745	09:28	15:13	5K60-69F	3/8	211/258	CALGARY, AB
136/173	SILVIUS, KATHERINE	5241	47:22.221	09:28	15:13	5K30-39F	41/49	212/258	CALGARY, AB
137/173	SILVIUS, LESLIE	5242	47:23.809	09:28	15:14	5K60-69F	4/8	214/258	CALGARY, AB
138/173	POTOCKI, JUSTYNA	5205	47:34.082	09:30	15:17	5K40-49F	36/39	215/258	CALGARY, AB
139/173	CRAIG, MICAH	5043	47:40.339	09:32	15:19	5K11&UF	13/13	217/258	BANFF, AB
140/173	CRAIG, MARLOWE	5042	47:40.525	09:32	15:19	5K12-15F	8/8	218/258	BANFF, AB
141/173	CRAIG, SARAH	5044	47:41.698	09:32	15:20	5K40-49F	37/39	219/258	BANFF, AB
142/173	DUMONCEAUX, MARIEL	5068	48:05.206	09:37	15:27	5K20-29F	22/32	220/258	CALGARY, AB
143/173	MCNICHOL, TRACY	5175	48:59.487	09:47	15:45	5K40-49F	38/39	223/258	CALGARY, AB
144/173	CRAMER, SUSAN	5045	49:00.891	09:48	15:45	5K60-69F	5/8	224/258	CALGARY, AB
145/173	DOWLER, ELLEN	5066	49:30.680	09:54	15:55	5K70-79F	1/2	225/258	CALGARY, AB
146/173	BRITTON, HOLLY	5023	49:31.476	09:54	15:55	5K20-29F	23/32	226/258	CALGARY, AB
147/173	MCKEAGE, TARYN	5171	49:32.086	09:54	15:55	5K20-29F	24/32	227/258	AIRDRIE, AB
148/173	CHILDS, AUDREY	5036	49:32.487	09:54	15:55	5K16-19F	5/5	228/258	CALGARY, AB
149/173	BOWERS, LACEY	5019	49:51.588	09:58	16:01	5K40-49F	39/39	229/258	GRANDE PRAIRIE, AB
150/173	CAMPUS, CRISTA	5030	50:40.542	10:08	16:17	5K30-39F	42/49	230/258	CALGARY, AB
151/173	PROTEAU, KAITLYNN	5211	50:50.531	10:10	16:20	5K30-39F	43/49	231/258	CALGARY, AB
152/173	NASH, JACQUELYN	5185	50:50.532	10:10	16:20	5K30-39F	44/49	232/258	CALGARY, AB
153/173	HENRY, HEATHER	5110	50:55.478	10:11	16:22	5K50-59F	14/17	233/258	COALDALE, AB
154/173	NAIRN, JACQUELINE	5183	51:19.991	10:15	16:30	5K50-59F	15/17	234/258	CALGARY, AB
155/173	PHILLIPS, LORILEE	5202	51:20.954	10:16	16:30	5K60-69F	6/8	235/258	CALGARY, AB
156/173	STICKEL, LAURA	5252	51:21.095	10:16	16:30	5K50-59F	16/17	236/258	CALGARY, AB
157/173	NAIRN, DONNA	5182	51:21.726	10:16	16:30	5K70-79F	2/2	237/258	CALGARY, AB
158/173	VAN GEEL, TANYA	5271	51:41.577	10:20	16:37	5K50-59F	17/17	238/258	LANGLEY, BC
159/173	SARGA, ANNETTE	5231	51:41.948	10:20	16:37	5K60-69F	7/8	239/258	CALGARY, AB
160/173	MATIN, AMANDA	5165	51:45.115	10:21	16:38	5K30-39F	45/49	240/258	WHITECOURT, AB
161/173	CLIFFORD, AMY	5038	53:20.084	10:40	17:08	5K30-39F	46/49	241/258	AIRDRIE, AB
162/173	DERKSEN, HILLARY	5060	53:22.286	10:40	17:09	5K30-39F	47/49	242/258	COCHRANE, AB
163/173	ROJAS, JESSICA	5222	53:26.247	10:41	17:10	5K30-39F	48/49	243/258	CALGARY, AB
164/173	BONNYMAN, COLLEEN	5304	53:27.157	10:41	17:11	5K20-29F	25/32	245/258	CALGARY, AB
165/173	MAIER, MACKENZIE	5162	53:51.866	10:46	17:19	5K20-29F	26/32	247/258	STRATHMORE, AB

**2022 Calgary Police Half/10/5K
Overall Gender Results**

5K Run/Walk - 3.1 Miles

Female 173

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
166/173	CAMPUS, NESTA	5031	55:03.161	11:00	17:42	5K60-69F	8/8	248/258	CALGARY, AB
167/173	MACGILLIVARY, SHAWNA	5153	56:49.941	11:21	18:16	5K20-29F	27/32	249/258	CALGARY, AB
168/173	ALAO, NIKE	5001	56:50.480	11:22	18:16	5K20-29F	28/32	250/258	CALGARY, AB
169/173	MORASH, KELSEY	5307	59:31.447	11:54	19:08	5K20-29F	29/32	251/258	CALGARY, AB
170/173	RITCHIE, MEGHAN	5308	59:31.612	11:54	19:08	5K20-29F	30/32	252/258	CALGARY, AB
171/173	KINLOCH, MELISSA	5132	1:01:52.258	12:22	19:53	5K20-29F	31/32	254/258	CALGARY, AB
172/173	PILON, SHANNA	5204	1:02:32.687	12:30	20:06	5K30-39F	49/49	255/258	CALGARY, AB
173/173	SABOURIN, JACQUELINE	5226	1:09:01.428	13:48	22:11	5K20-29F	32/32	256/258	CALGARY, AB

Overall Gender Results

5K Run/Walk - 3.1 Miles

Male 85

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/85	ZABAVA, YURIY	5297	21:08.861	04:13	06:47	5K30-39M	1/21	4/258	CALGARY, AB
2/85	CAMPBELL, DUNCAN	5029	21:09.025	04:13	06:48	5K30-39M	2/21	5/258	CALGARY, AB
3/85	WILDISH, THOMAS	5285	22:17.600	04:27	07:10	5K20-29M	1/7	6/258	CALGARY, AB
4/85	POWER, PAUL	5206	23:39.067	04:43	07:36	5K30-39M	3/21	11/258	CALGARY, AB
5/85	GUIMARAES, BRUNO	5099	23:48.889	04:45	07:39	5K30-39M	4/21	13/258	CALGARY, AB
6/85	PRENTICE, DECLAN	5209	24:06.351	04:49	07:45	5K12-15M	1/9	14/258	CALGARY, AB
7/85	DEAUSY, JOHN	5057	24:07.708	04:49	07:45	5K50-59M	1/10	15/258	CALGARY, AB
8/85	LEE, ETHAN	5142	24:12.066	04:50	07:46	5K11&UM	1/7	16/258	CALGARY, AB
9/85	HAYES, COREY	5108	24:27.653	04:53	07:51	5K30-39M	5/21	17/258	CALGARY, AB
10/85	PARKER, JIM	5194	24:49.220	04:57	07:58	5K60-69M	1/8	20/258	CALGARY, AB
11/85	OSTIGUY, CHRIS	5192	24:53.996	04:58	08:00	5K20-29M	2/7	21/258	CALGARY, AB
12/85	ROMANO, PAUL	5223	25:09.677	05:01	08:05	5K30-39M	6/21	23/258	AIRDRIE, AB
13/85	RAYNER, ROBERT	5213	25:20.246	05:04	08:08	5K30-39M	7/21	24/258	COCHRANE, AB
14/85	WONG, JAVIER	5289	25:41.268	05:08	08:15	5K11&UM	2/7	26/258	CHESTERMERE, AB
15/85	KLER, RAJ	5133	25:59.526	05:11	08:21	5K30-39M	8/21	27/258	CALGARY, AB
16/85	JORDAN, RON	5125	26:16.448	05:15	08:26	5K50-59M	2/10	28/258	OKOTOKS, AB
17/85	WALLACE, DOUG	5274	26:40.330	05:20	08:34	5K60-69M	2/8	29/258	CALGARY, AB
18/85	MCKINNON, ROBERT	5172	26:43.635	05:20	08:35	5K60-69M	3/8	30/258	CALGARY, AB
19/85	WONG, KAM TONG KENNY TOM	5290	26:50.947	05:22	08:37	5K40-49M	1/20	31/258	CHESTERMERE, AB
20/85	PEARSON, ANDY	5199	26:51.534	05:22	08:38	5K40-49M	2/20	32/258	CALGARY, AB
21/85	CYR, JEFF	5052	26:56.009	05:23	08:39	5K40-49M	3/20	33/258	STRATHMORE, BC
22/85	ENNS, ZEKE	5078	26:56.291	05:23	08:39	5K12-15M	2/9	34/258	AIRDRIE, AB
23/85	HAMEL, MATTHEW	5102	27:04.729	05:24	08:42	5K11&UM	3/7	35/258	CALGARY, AB
24/85	GAGNE, CODY	5306	27:11.477	05:26	08:44	5K30-39M	9/21	36/258	CALGARY, AB
25/85	SCHUH, KYLE	5234	27:17.945	05:27	08:46	5K30-39M	10/21	38/258	CALGARY, AB
26/85	WONG, IAN	5288	27:54.536	05:34	08:58	5K11&UM	4/7	39/258	CHESTERMERE, AB
27/85	WADOOD, HAIDER	5273	27:59.102	05:35	08:59	5K16-19M	1/1	41/258	CALGARY, AB
28/85	BURDYNY, JOHN	5028	28:05.008	05:37	09:01	5K30-39M	11/21	43/258	CHESTERMERE, AB
29/85	AYLIFFE, RYAN	5006	28:15.716	05:39	09:05	5K40-49M	4/20	45/258	CALGARY, AB
30/85	BASSARIA, ANSER	5013	28:16.445	05:39	09:05	5K20-29M	3/7	46/258	CALGARY, AB
31/85	MATOVICH, ALEXANDER	5166	28:40.440	05:44	09:13	5K12-15M	3/9	48/258	MILLARVILLE, AB
32/85	LEE, JADEN	5143	28:50.242	05:46	09:16	5K12-15M	4/9	52/258	CALGARY, AB
33/85	MARTIN, SCOTT	5164	28:52.257	05:46	09:16	5K40-49M	5/20	53/258	CALGARY, AB
34/85	WALSH, MICHAEL	5277	28:56.335	05:47	09:18	5K40-49M	6/20	54/258	HAMILTON, ON
35/85	WALSH, KEVIN	5276	28:56.734	05:47	09:18	5K50-59M	3/10	56/258	CALGARY, AB
36/85	ERIKSEN, KEATON	5079	28:58.679	05:47	09:19	5K12-15M	5/9	57/258	CALGARY, AB
37/85	JONES, PEWHAIRANGI	5124	29:06.720	05:49	09:21	5K40-49M	7/20	58/258	OKOTOKS, AB
38/85	CONAC, ALEX	5040	29:11.687	05:50	09:23	5K30-39M	12/21	59/258	CALGARY, AB
39/85	DOWLER, STEVE	5317	29:18.483	05:51	09:25	5K40-49M	8/20	60/258	CALGARY, AB
40/85	DUNBAR, LEE	5069	29:26.114	05:53	09:27	5K50-59M	4/10	63/258	CHESTERMERE, AB
41/85	ENNS, JON	5077	30:35.570	06:07	09:50	5K30-39M	13/21	67/258	AIRDRIE, AB
42/85	DYER, BRENT	5070	31:03.157	06:12	09:59	5K50-59M	5/10	75/258	CALGARY, AB
43/85	PARSONS, SPENCER	5195	31:05.615	06:13	09:59	5K30-39M	14/21	78/258	OKOTOKS, AB
44/85	JACQUES, QUINN	5116	31:08.638	06:13	10:00	5K50-59M	6/10	79/258	COCHRANE, AB
45/85	CAVILLA, MIKE	5032	31:09.343	06:13	10:01	5K50-59M	7/10	80/258	TSUUT'INA NATION (JUST
46/85	BOYD, SCOTT	5310	31:28.421	06:17	10:07	5K40-49M	9/20	85/258	CALGARY, AB
47/85	EIRICH, WES	5072	31:45.998	06:21	10:12	5K60-69M	4/8	87/258	CALGARY, AB
48/85	MACLEAN, BRAD	5155	32:12.574	06:26	10:21	5K40-49M	10/20	91/258	CALGARY, AB
49/85	PROCTER, DANNY	5210	32:17.568	06:27	10:23	5K40-49M	11/20	92/258	CALGARY, AB
50/85	CHAN, DESMOND	5034	32:31.115	06:30	10:27	5K40-49M	12/20	95/258	AIRDRIE, AB
51/85	PRENTICE, ANDY	5208	33:01.114	06:36	10:37	5K50-59M	8/10	98/258	CALGARY, AB
52/85	MEHEDIN, ARNALDO	5176	33:01.185	06:36	10:37	5K40-49M	13/20	99/258	CALGARY, AB
53/85	HAMEL, KAI	5101	33:14.940	06:38	10:41	5K12-15M	6/9	103/258	CALGARY, AB
54/85	HAMEL, SERGE	5103	33:42.105	06:44	10:50	5K40-49M	14/20	108/258	CALGARY, AB
55/85	HAMEL, JACOB	5100	33:43.278	06:44	10:50	5K12-15M	7/9	109/258	CALGARY, AB

2022 Calgary Police Half/10/5K Overall Gender Results

5K Run/Walk - 3.1 Miles

Male 85

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/85	SHANDRO, TYLER	5237	33:47.035	06:45	10:51	5K40-49M	15/20	110/258	CALGARY, AB
57/85	GAY, MARK	5092	33:51.036	06:46	10:53	5K40-49M	16/20	115/258	CALGARY, AB
58/85	KERSBERGEN, KASEN	5129	34:55.981	06:59	11:13	5K11&UM	5/7	125/258	OKOTOKS, AB
59/85	STATHAM, GLEN	5250	34:56.780	06:59	11:14	5K70-79M	1/2	126/258	OKOTOKS, AB
60/85	DEFOE, DAX	5058	35:32.355	07:06	11:25	5K11&UM	6/7	132/258	CALGARY, AB
61/85	MATTHEWS, SHAUNE	5168	35:42.154	07:08	11:28	5K20-29M	4/7	133/258	CALGARY, AB
62/85	STARCHUK, MIKE	5249	36:17.306	07:15	11:40	5K60-69M	5/8	137/258	CALGARY, AB
63/85	ARCEGA, MARCO	5003	36:38.330	07:19	11:46	5K20-29M	5/7	147/258	CALGARY, AB
64/85	CORRIGAL, BRUCE	1048	36:41.173	07:20	11:47	5K30-39M	15/21	148/258	COCHRANE, AB
65/85	KRUSE, RICKY	5136	39:26.540	07:53	12:40	5K30-39M	16/21	167/258	CALGARY, AB
66/85	WHITWORTH, ROB	5281	40:59.526	08:11	13:10	5K70-79M	2/2	173/258	CALGARY, AB
67/85	CUNNINGHAM, MICHAEL	5050	41:43.151	08:20	13:24	5K30-39M	17/21	179/258	CALGARY, AB
68/85	BARRETT, PAUL	5011	42:25.670	08:29	13:38	5K30-39M	18/21	181/258	OKOTOKS, AB
69/85	SCHENDEL, JUSTIN	5232	43:00.592	08:36	13:49	5K30-39M	19/21	184/258	CALGARY, AB
70/85	PERSAUD, ROGER	5312	44:01.527	08:48	14:09	5K40-49M	17/20	191/258	, AB
71/85	LUMSDEN, DAVID	5150	44:52.455	08:58	14:25	5K50-59M	9/10	195/258	CALGARY, AB
72/85	JENSEN, ROBERT	5118	45:06.141	09:01	14:30	5K50-59M	10/10	197/258	CALGARY, AB
73/85	HISCOCK, JASON	5112	45:26.392	09:05	14:36	5K40-49M	18/20	201/258	CALGARY, AB
74/85	FONG, JASON	5087	46:01.785	09:12	14:48	5K40-49M	19/20	204/258	AIRDRIE, AB
75/85	DUMONCEAUX, LAURENT	5067	46:49.761	09:21	15:03	5K60-69M	6/8	206/258	CALGARY, AB
76/85	SILVIUS, ROBERT	5243	46:58.385	09:23	15:06	5K30-39M	20/21	208/258	CALGARY, AB
77/85	DEROWIN, JAMES	5062	47:23.558	09:28	15:14	5K30-39M	21/21	213/258	CALGARY, AB
78/85	ELSAYED, ADAM	5073	47:35.558	09:31	15:18	5K12-15M	8/9	216/258	CALGARY, AB
79/85	BARRETT, WYATT	5012	48:50.082	09:46	15:42	5K11&UM	7/7	221/258	OKOTOKS, AB
80/85	SAKATA, CASH	5229	48:56.205	09:47	15:44	5K12-15M	9/9	222/258	AIRDRIE, AB
81/85	SAKON, TAYLOR	5305	53:26.249	10:41	17:10	5K20-29M	6/7	244/258	CALGARY, AB
82/85	MAIER, JORDAN	5161	53:45.467	10:45	17:17	5K20-29M	7/7	246/258	STRATHMORE, AB
83/85	WARFORD, KURT	5278	59:48.790	11:57	19:13	5K40-49M	20/20	253/258	GRANDE PRAIRIE, AB
84/85	SABOURIN, PETER	5228	1:13:02.816	14:36	23:29	5K60-69M	7/8	257/258	AIRDRIE, AB
85/85	SABOURIN, PATSY	5227	1:13:11.627	14:38	23:32	5K60-69M	8/8	258/258	AIRDRIE, AB