

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
140/482	ABERNETHY, HALEY	5001	29:19.799	05:51	09:25	5K20-29F	10/54	F	49/290	CALGARY, AB
89/482	ABERNETHY, TYLER	5002	26:26.201	05:17	08:30	5K20-29M	10/27	M	65/192	CALGARY, AB
150/482	ACKER, JANINE	5003	29:52.069	05:58	09:36	5K40-49F	19/71	F	56/290	CHESTERMERE, AB
245/482	ADAMS, ANNIKA	5322	34:17.591	06:51	11:01	5K30-39F	26/71	F	111/290	CALGARY, AB
255/482	ADATIA, NADIM	5335	34:49.539	06:57	11:11	5K20-29M	25/27	M	135/192	CALGARY, AB
190/482	ADDANTE, LAURA	5004	31:38.805	06:19	10:10	5K50-59F	5/40	F	81/290	CALGARY, AB
211/482	AL-YAFI, LAMA	5477	32:17.405	06:27	10:22	5K40-49F	31/71	F	92/290	COCHRANE, AB
462/482	ALAO, NIKÉ	5005	57:57.239	11:35	18:38	5K20-29F	50/54	F	274/290	CALGARY, AB
476/482	ALWIS, SANDALI	5507	1:03:27.580	12:41	20:24	5K20-29F	54/54	F	286/290	CALGARY, AB
416/482	ANDERSON, MIKE	5007	50:48.872	10:09	16:20	5K50-59M	20/21	M	180/192	COCHRANE, AB
61/482	ANDRADE, EVERTON	5478	25:16.685	05:03	08:07	5K30-39M	15/51	M	50/192	CALGARY, AB
260/482	ANDRADE, POLLYANNA	5479	35:22.608	07:04	11:22	5K30-39F	34/71	F	124/290	CALGARY, AB
328/482	ANDRES, BECKY	5336	40:01.302	08:00	12:52	5K40-49F	52/71	F	171/290	CALGARY, AB
326/482	ANDRES, ELI	5337	39:58.091	07:59	12:51	5K11&UM	7/14	M	157/192	CALGARY, AB
65/482	ARCHAMBAULT, MELISSA	5008	25:23.740	05:04	08:09	5K40-49F	4/71	F	14/290	OKOTOKS, AB
97/482	ARMOUR, KEELEY	5009	26:45.326	05:21	08:36	5K12-15F	7/15	F	27/290	HIGH RIVER, AB
314/482	ARMOUR, TAUREA	5011	39:00.767	07:48	12:32	5K50-59F	14/40	F	162/290	HIGH RIVER, AB
184/482	ARNOUS, AMR	5012	31:23.056	06:16	10:05	5K40-49M	26/46	M	106/192	CALGARY, AB
74/482	ASTRIDGE, JUSTIN	5013	25:46.111	05:09	08:17	5K12-15M	9/12	M	56/192	CALGARY, AB
179/482	ASTRIDGE, MARK	5014	31:07.215	06:13	10:00	5K50-59M	12/21	M	104/192	CALGARY, AB
16/482	ATKINS, DASHA	5015	20:44.509	04:08	06:40	5K40-49F	1/71	F	2/290	CALGARY, AB
264/482	AURORA, ROBBY	5522	35:42.132	07:08	11:28	5K30-39M	35/51	M	139/192	CALGARY, AB
15/482	BALABAN, ADAM	5480	20:26.673	04:05	06:34	5K12-15M	3/12	M	14/192	CALGARY, AB
216/482	BALABAN, DAN	5481	32:28.142	06:29	10:26	5K50-59M	14/21	M	121/192	CALGARY, AB
53/482	BALABAN, JORDAN	5482	24:37.358	04:55	07:55	5K30-39M	14/51	M	44/192	CALGARY, AB
325/482	BARRETT, BROOKE	5017	39:50.332	07:58	12:48	5K12-15F	13/15	F	169/290	OKOTOKS, AB
327/482	BARRETT, MIRANDA	5018	39:58.746	07:59	12:51	5K40-49F	51/71	F	170/290	OKOTOKS, AB
176/482	BARRON, LEAH	5019	31:05.315	06:13	09:59	5K40-49F	23/71	F	74/290	CALGARY, AB
208/482	BASSARIA, ANSER	5566	32:15.134	06:27	10:22	5K20-29M	22/27	M	117/192	CALGARY, AB
436/482	BATCHELOR, ALYSSA	5338	53:16.550	10:39	17:07	5K30-39F	60/71	F	250/290	CALGARY, AB
435/482	BATCHELOR, TENLEY	5339	53:13.666	10:38	17:06	5K11&UF	12/13	F	249/290	CALGARY, AB
432/482	BATCHELOR, THEO	5340	53:09.214	10:37	17:05	5K11&UM	14/14	M	185/192	CALGARY, AB
433/482	BATCHELOR, TRENT	5341	53:12.307	10:38	17:06	5K30-39M	50/51	M	186/192	CALGARY, AB
389/482	BATES, JACLYN	5020	46:13.218	09:14	14:51	5K40-49F	63/71	F	218/290	CALGARY, AB
197/482	BATINIC, JOSIP	5021	31:53.080	06:22	10:15	5K30-39M	27/51	M	114/192	CALGARY, AB
9/482	BECK, DAN	5342	18:55.293	03:47	06:05	5K40-49M	3/46	M	8/192	CALGARY, AB
469/482	BEGOT COLADON, MARIE-PIER	5022	1:00:48.325	12:09	19:33	5K30-39F	69/71	F	281/290	CALGARY, AB
287/482	BELAND, AURELIE	5023	37:11.356	07:26	11:57	5K40-49F	43/71	F	143/290	CALGARY, AB
161/482	BELIN, ABBY	5534	30:14.526	06:02	09:43	5K30-39F	13/71	F	63/290	CALGARY, AB
248/482	BELL, BRITTANY	5343	34:20.005	06:52	11:02	5K30-39F	28/71	F	114/290	CALGARY, AB
253/482	BELL, KRISTEN	5024	34:47.311	06:57	11:11	5K30-39F	30/71	F	119/290	CALGARY, AB
34/482	BENNER, JULIAN	5345	23:12.843	04:38	07:27	5K20-29M	5/27	M	29/192	CALGARY, AB
409/482	BENNETT, JOSHUA	5567	48:55.220	09:47	15:43	5K20-29M	27/27	M	179/192	CALGARY, AB
320/482	BERTOLI, JM	5025	39:17.733	07:51	12:38	5K30-39M	44/51	M	155/192	CALGARY, AB
308/482	BESWICK-ARTHUR, JENNIFER	5026	38:43.817	07:44	12:27	5K40-49F	47/71	F	157/290	CALGARY, AB
166/482	BIG PLUME, HOPE	5508	30:51.673	06:10	09:55	5K30-39F	15/71	F	66/290	CALGARY, AB
113/482	BILAL, FAAIZ	5028	27:44.412	05:32	08:55	5K30-39M	21/51	M	79/192	AIRDRIE, AB
450/482	BLAIR-HALMAZNA, REAH	5346	54:46.808	10:57	17:36	5K40-49F	69/71	F	262/290	CALGARY, AB
347/482	BLASKO, SUZY	5029	41:24.009	08:16	13:18	5K30-39F	49/71	F	187/290	AIRDRIE, AB
307/482	BLOCK, JENNIFER	5347	38:41.287	07:44	12:26	5K50-59F	13/40	F	156/290	CALGARY, AB
88/482	BOSMAN, JAN-HENDRIK	5030	26:25.827	05:17	08:29	5K30-39M	17/51	M	64/192	CALGARY, AB
363/482	BRADSHAW, RENEE	5031	42:47.120	08:33	13:45	5K30-39F	52/71	F	201/290	CALGARY, AB
71/482	BRECKENRIDGE, NICOLE	5032	25:35.388	05:07	08:13	5K30-39F	6/71	F	17/290	COCHRANE, AB
259/482	BRILZ, CHELSEA	5033	35:22.233	07:04	11:22	5K30-39F	33/71	F	123/290	CALGARY, AB
430/482	BRITTON, HOLLY	5034	53:01.855	10:36	17:03	5K30-39F	59/71	F	246/290	CALGARY, AB
343/482	BROWN, RACHEL	5035	41:07.418	08:13	13:13	5K70-79F	2/8	F	183/290	THREE HILLS, AB
321/482	BUCZNY, RAINE	5036	39:18.318	07:51	12:38	5K20-29F	31/54	F	166/290	AIRDRIE, AB

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482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
274/482	BUCZNY, SAIGE	5037	36:20.638	07:16	11:41	5K12-15F	12/15	F	133/290	AIRDRIE, AB
185/482	CALIC, ALEXANDAR	5483	31:25.307	06:17	10:06	5K20-29M	19/27	M	107/192	CALGARY, AB
186/482	CALIC, VELIBOR	5484	31:26.429	06:17	10:06	5K50-59M	13/21	M	108/192	CALGARY, AB
256/482	CALMA, NICOLE	5552	34:52.375	06:58	11:12	5K20-29F	24/54	F	121/290	CALGARY, AB
93/482	CAMERON, JOE	5349	26:39.066	05:19	08:34	5K40-49M	14/46	M	67/192	COCHRANE, AB
470/482	CAMPBELL, BRIANA	5038	1:00:48.840	12:09	19:33	5K20-29F	52/54	F	282/290	CALGARY, AB
116/482	CAMPBELL, JON	5321	27:58.472	05:35	08:59	5K40-49M	17/46	M	80/192	CALGARY, AB
428/482	CAMPUS, CRISTA	5039	52:06.033	10:25	16:45	5K30-39F	58/71	F	244/290	CALGARY, AB
458/482	CAMPUS, NESTA	5040	56:47.438	11:21	18:15	5K70-79F	6/8	F	270/290	CALGARY, AB
223/482	CANAS, ALEXANDER	5551	33:01.846	06:36	10:37	5K20-29M	23/27	M	123/192	CALGARY, AB
76/482	CARRASCO, TERUEL	5350	25:48.375	05:09	08:17	5K50-59M	8/21	M	57/192	OKOTOKS, AB
98/482	CARRIER-ROBB, DOMINIQUE	5535	26:46.076	05:21	08:36	5K40-49F	5/71	F	28/290	CALGARY, AB
451/482	CARSON, TAYLOR	5042	56:22.044	11:16	18:07	5K20-29F	46/54	F	263/290	CALGARY, AB
239/482	CAY, DANIEL	5351	34:00.486	06:48	10:56	5K30-39M	31/51	M	132/192	CALGARY, AB
100/482	CEPAITIS, MANTAS	5523	26:53.200	05:22	08:38	5K20-29M	13/27	M	72/192	CALGARY, AB
226/482	CHAN, DANA	5352	33:14.078	06:38	10:41	5K40-49F	33/71	F	102/290	AIRDRIE, AB
225/482	CHAN, DESMOND	5353	33:13.936	06:38	10:41	5K40-49M	32/46	M	124/192	AIRDRIE, AB
68/482	CHAN, EVE	5043	25:27.184	05:05	08:11	5K30-39F	5/71	F	15/290	CALGARY, AB
170/482	CHAPMAN, BRENDAN	5323	30:54.816	06:10	09:56	5K20-29M	17/27	M	101/192	CALGARY, AB
163/482	CHAPMAN, MEGHAN	5044	30:21.488	06:04	09:45	5K20-29F	16/54	F	64/290	CALGARY, AB
165/482	CHIDLAW, TIM	5485	30:48.369	06:09	09:54	5K50-59M	11/21	M	100/192	CALGARY, AB
105/482	CHINEME, TINU	5560	27:12.396	05:26	08:44	5K40-49F	6/71	F	30/290	CALGARY, AB
242/482	CHURCHILL, BRITTANY	5045	34:14.758	06:50	11:00	5K30-39F	25/71	F	108/290	CALGARY, AB
359/482	CIMAFRANCA, CHRISTINE	5354	42:12.995	08:26	13:34	5K20-29F	37/54	F	197/290	CALGARY, AB
178/482	CIMAFRANCA, JHENNY	5355	31:06.088	06:13	10:00	5K20-29F	19/54	F	75/290	CALGARY, AB
171/482	COBB, JANELLE	1057	30:57.649	06:11	09:57	5K20-29F	18/54	F	70/290	CALGARY, AB
396/482	COLEMAN, KATHY	5047	46:57.639	09:23	15:05	5K50-59F	25/40	F	223/290	CALGARY, AB
268/482	COMEAU, JESSICA	5356	35:59.427	07:11	11:34	5K30-39F	37/71	F	129/290	CALGARY, AB
121/482	CONDON, EDMOND	5048	28:17.703	05:39	09:05	5K60-69M	7/13	M	84/192	CALGARY, AB
323/482	CONDON, LIAM	5049	39:32.615	07:54	12:42	5K30-39M	45/51	M	156/192	CALGARY, AB
410/482	CONWAY, RAE	5050	49:09.662	09:49	15:48	5K50-59F	28/40	F	231/290	CALGARY, AB
305/482	CONWAY-GRETZ, DAWSON	5051	38:24.962	07:40	12:21	5K12-15M	12/12	M	151/192	CALGARY, AB
324/482	COOK, KEELY	5509	39:41.185	07:56	12:45	5K20-29F	32/54	F	168/290	COCHRANE, AB
50/482	COOPER, TREVOR	5053	24:31.615	04:54	07:53	5K40-49M	9/46	M	42/192	CALGARY, AB
151/482	CORRIGAL, KRISTA	5054	29:54.816	05:58	09:37	5K30-39F	12/71	F	57/290	COCHRANE, AB
75/482	COVEART, BAILEY	5055	25:46.309	05:09	08:17	5K20-29F	2/54	F	19/290	CALGARY, AB
70/482	COWITZ, BILLY	5056	25:28.942	05:05	08:11	5K20-29M	8/27	M	54/192	CALGARY, AB
297/482	COX, JEN	5057	37:49.881	07:33	12:09	5K50-59F	11/40	F	150/290	CALGARY, AB
459/482	CRAMER, SUSAN	5058	57:25.663	11:29	18:27	5K60-69F	11/12	F	271/290	CALGARY, AB
472/482	CRISTANCHO, ANA MARIA	5536	1:01:58.497	12:23	19:55	5K20-29F	53/54	F	283/290	CALGARY, AB
471/482	CRISTANCHO, EVARISTO	5537	1:01:58.169	12:23	19:55	5K60-69M	13/13	M	189/192	CALGARY, AB
341/482	CROAL, LONNIE	5357	41:04.216	08:12	13:12	5K60-69M	11/13	M	160/192	CALGARY, AB
477/482	CRON, SUSAN	5059	1:03:27.690	12:41	20:24	5K60-69F	12/12	F	287/290	CALGARY, AB
442/482	CROSS, SARAH	5358	53:57.707	10:47	17:21	5K60-69F	10/12	F	254/290	CALGARY, AB
439/482	CURRIE, GRAHAM	5510	53:23.790	10:40	17:10	5K30-39M	51/51	M	188/192	CALGARY, AB
438/482	CURRIE, SANDRA	5511	53:23.746	10:40	17:10	5K30-39F	61/71	F	251/290	CALGARY, AB
365/482	CYR, GWEN	5060	42:56.611	08:35	13:48	5K40-49F	59/71	F	203/290	STRATHMORE, AB
454/482	D'SOUZA, CANDICE	5359	56:25.642	11:17	18:08	5K20-29F	47/54	F	266/290	CALGARY, AB
357/482	DALEY, LUCY	5061	41:57.971	08:23	13:29	5K16-19F	4/6	F	195/290	CALGARY, AB
103/482	DALLAIRE, JACKIE	5524	27:07.355	05:25	08:43	5K50-59F	2/40	F	29/290	CALGARY, AB
353/482	DALTON, MARIA	5360	41:38.356	08:19	13:23	5K20-29F	36/54	F	191/290	CALGARY, AB
284/482	DANIELS, SAMANTHA	5062	36:58.491	07:23	11:53	5K30-39F	39/71	F	141/290	CALGARY, AB
251/482	DARIUS, SOPHIE	5361	34:37.514	06:55	11:08	5K12-15F	11/15	F	117/290	CALGARY, AB
455/482	DAY, MADISON	5064	56:26.930	11:17	18:09	5K20-29F	48/54	F	267/290	CALGARY, AB
313/482	DEMMON, RACHEL	5363	38:50.473	07:46	12:29	5K20-29F	30/54	F	161/290	AIRDRIE, AB
402/482	DEROWIN, CANDIS	5065	47:31.365	09:30	15:16	5K60-69F	8/12	F	227/290	CALGARY, AB
399/482	DEROWIN, JAMES	5066	47:14.423	09:26	15:11	5K30-39M	48/51	M	174/192	CALGARY, AB

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482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
294/482	DESJARDINS, BOBBIE JO	5068	37:30.706	07:30	12:03	5K50-59F	10/40	F	149/290	CALGARY, AB
43/482	DHILLON, AMANDEEP SINGH	5364	24:13.759	04:50	07:47	5K20-29M	7/27	M	35/192	CALGARY, AB
362/482	DOCKRELL, CLAIRE	5365	42:45.223	08:33	13:44	5K30-39F	51/71	F	200/290	CALGARY, AB
201/482	DOHERTY, ELLA	5571	32:04.118	06:24	10:18	5K20-29F	20/54	F	86/290	SHERWOOD PARK, AB
441/482	DOWLER, ELLEN	5070	53:57.564	10:47	17:21	5K70-79F	5/8	F	253/290	CALGARY, AB
2/482	DROVER, CONRAD	5366	17:21.965	03:28	05:35	5K30-39M	2/51	M	2/192	CALGARY, AB
427/482	DUCKWORTH, RENEE	5073	51:56.886	10:23	16:42	5K40-49F	67/71	F	243/290	CALGARY, AB
425/482	DUCKWORTH, RYAN	5549	51:54.732	10:22	16:41	5K40-49M	45/46	M	184/192	CALGARY, AB
221/482	DUFF, MEGAN	5367	32:56.453	06:35	10:35	5K20-29F	22/54	F	99/290	CALGARY, AB
400/482	DURAN, LIZA	5486	47:19.486	09:27	15:13	5K50-59F	27/40	F	226/290	CALGARY, AB
48/482	DYSON, PAUL	5368	24:24.049	04:52	07:50	5K50-59M	6/21	M	40/192	CALGARY, AB
220/482	ELBAZ, SARAH	5570	32:54.885	06:34	10:35	5K20-29F	21/54	F	98/290	CALGARY, AB
464/482	ELKES, BRINLEY	5487	59:28.190	11:53	19:07	5K30-39F	65/71	F	276/290	CALGARY, AB
276/482	ELLIOTT, ALBERT	5074	36:31.701	07:18	11:44	5K60-69M	10/13	M	142/192	CALGARY, AB
275/482	ERICKSON, RACHEL	5075	36:21.600	07:16	11:41	5K20-29F	26/54	F	134/290	CALGARY, AB
119/482	ERIKSEN, KEATON	5076	28:17.245	05:39	09:05	5K12-15M	11/12	M	83/192	CALGARY, AB
421/482	ERIKSEN, MARK	5077	51:14.536	10:14	16:28	5K40-49M	44/46	M	183/192	CALGARY, AB
370/482	ERIKSEN, PRESLEY	5078	43:36.259	08:43	14:01	5K11&UF	11/13	F	207/290	CALGARY, AB
263/482	ERIKSEN, TOM	5079	35:40.233	07:08	11:28	5K70-79M	3/6	M	138/192	CALGARY, AB
319/482	FAGAN, COLTAN	5080	39:17.450	07:51	12:38	5K30-39M	43/51	M	154/192	CALGARY, AB
302/482	FAIRBROTHER, ROY	5512	38:02.870	07:36	12:14	5K50-59M	17/21	M	149/192	TSUUT'INA NATION, AB
181/482	FEHR, HAILEY	5083	31:15.370	06:15	10:03	5K11&UF	3/13	F	76/290	CALGARY, AB
298/482	FEHR, LYNETTE	5084	37:56.169	07:35	12:11	5K40-49F	44/71	F	151/290	CALGARY, AB
59/482	FEHR, NATHAN	5085	25:08.295	05:01	08:04	5K40-49M	12/46	M	49/192	CALGARY, AB
429/482	FELLOWS, BRENDA	5086	52:50.158	10:34	16:59	5K70-79F	4/8	F	245/290	CALGARY, AB
231/482	FELLOWS, CHELSEY	5087	33:30.556	06:42	10:46	5K40-49F	35/71	F	104/290	OKOTOKS, AB
351/482	FELLOWS, COURTNEY	5088	41:28.183	08:17	13:20	5K40-49F	56/71	F	190/290	CALGARY, AB
77/482	FERNANDES, JAYDON	5370	25:52.964	05:10	08:19	5K20-29M	9/27	M	58/192	CALGARY, AB
214/482	FERRARI, MANDY	5371	32:23.031	06:28	10:24	5K30-39F	19/71	F	95/290	CALGARY, AB
101/482	FILIPE, PEDRO	5372	26:57.697	05:23	08:40	5K30-39M	19/51	M	73/192	CALGARY, AB
83/482	FINNEY, JULIANA	5090	26:09.841	05:13	08:24	5K20-29F	3/54	F	22/290	CALGARY, AB
303/482	FISCHER, ANETTE	5091	38:23.991	07:40	12:20	5K50-59F	12/40	F	154/290	CALGARY, AB
306/482	FISCHER, KAMALJEET	5092	38:38.379	07:43	12:25	5K30-39F	44/71	F	155/290	DALROY, AB
4/482	FITZOWICH, MARK	5093	18:38.182	03:43	05:59	5K20-29M	1/27	M	4/192	CALGARY, AB
5/482	FITZSIMMONS, KELLY	5488	18:46.904	03:45	06:02	5K30-39F	1/71	F	1/290	CALGARY, AB
174/482	FLYNN, REAGAN	5094	31:04.448	06:12	09:59	5K40-49F	22/71	F	72/290	CALGARY, AB
379/482	FOLTINEK, SUSAN	5095	45:04.574	09:00	14:29	5K70-79F	3/8	F	214/290	CALGARY, AB
388/482	FONG, JASON	5097	46:07.156	09:13	14:49	5K40-49M	40/46	M	171/192	AIRDRIE, AB
187/482	FRY, KRISTEN	5099	31:29.337	06:17	10:07	5K40-49F	25/71	F	79/290	CALGARY, AB
117/482	FU, KEVIN	5100	28:06.232	05:37	09:02	5K40-49M	18/46	M	81/192	CALGARY, AB
148/482	FURNEAUX, AMIE	5101	29:47.925	05:57	09:34	5K40-49F	18/71	F	55/290	CALGARY, AB
132/482	FUTERS, TERESA	5102	28:59.246	05:47	09:19	5K40-49F	13/71	F	46/290	AIRDRIE, AB
69/482	GADD, EVIE	5373	25:27.372	05:05	08:11	5K16-19F	1/6	F	16/290	FERNIE, BC
26/482	GADD, PHIL	5374	22:17.204	04:27	07:09	5K50-59M	3/21	M	22/192	FERNIE, BC
403/482	GAIA, FILLIPE	5103	48:01.742	09:36	15:26	5K40-49M	42/46	M	176/192	CALGARY, AB
246/482	GALE, JANET	5375	34:19.188	06:51	11:02	5K70-79F	1/8	F	112/290	CALGARY, AB
106/482	GALL, TONY	5376	27:13.662	05:26	08:45	5K30-39M	20/51	M	76/192	CALGARY, AB
466/482	GARCIA, KARLA	5377	59:50.413	11:58	19:14	5K30-39F	67/71	F	278/290	CALGARY, AB
423/482	GARRISEN, LISA	5378	51:17.560	10:15	16:29	5K50-59F	33/40	F	240/290	CALGARY, AB
395/482	GERRITSEN, KARIN	5104	46:53.916	09:22	15:04	5K50-59F	24/40	F	222/290	CALGARY, AB
385/482	GHOSH, AASHU	5105	45:47.211	09:09	14:43	5K11&UM	12/14	M	169/192	CALGARY, AB
384/482	GHOSH, ADI	5106	45:46.202	09:09	14:43	5K11&UM	11/14	M	168/192	CALGARY, AB
371/482	GHOSH, ANIRBAN	5107	43:42.291	08:44	14:03	5K40-49M	38/46	M	164/192	CALGARY, AB
37/482	GIBSON, PHILLIP	5108	23:32.835	04:42	07:34	5K40-49M	6/46	M	32/192	CROSSFIELD, AB
36/482	GILL, HARMANDER	5109	23:30.533	04:42	07:33	5K20-29M	6/27	M	31/192	CALGARY, AB
55/482	GILLAN, GARY	5562	24:45.448	04:57	07:57	5K40-49M	10/46	M	45/192	CALGARY, AB
8/482	GILLAN, LEO	5563	18:54.872	03:46	06:04	5K12-15M	1/12	M	7/192	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
336/482	GLASS, LISA	5380	40:51.881	08:10	13:08	5K20-29F	35/54	F	178/290	CALGARY, AB
56/482	GOMEZ, FRANCISCO	5381	24:50.458	04:58	07:59	5K40-49M	11/46	M	46/192	CALGARY, AB
118/482	GONZALEZ, BRUNO	5110	28:14.670	05:38	09:04	5K30-39M	22/51	M	82/192	CALGARY, AB
198/482	GOSS, ROB	5111	31:57.861	06:23	10:16	5K70-79M	2/6	M	115/192	CALGARY, AB
238/482	GOTHARD, RUSSELL	5112	33:58.140	06:47	10:55	5K30-39M	30/51	M	131/192	CALGARY, AB
107/482	GREEN, JENNIFER	5382	27:13.919	05:26	08:45	5K40-49F	7/71	F	31/290	CALGARY, AB
358/482	GREEN, LINDA	5113	42:00.144	08:24	13:30	5K60-69F	3/12	F	196/290	CALGARY, AB
235/482	GREGG, BARB	5538	33:37.071	06:43	10:48	5K60-69F	2/12	F	105/290	CALGARY, AB
202/482	GREY, LORRAINE	5114	32:05.713	06:25	10:19	5K30-39F	18/71	F	87/290	CALGARY, AB
338/482	GUDMUNDSON, ELLA	5384	40:57.819	08:11	13:10	5K16-19F	3/6	F	179/290	CALGARY, AB
24/482	GUEVREMONT, SEAN	5385	22:16.616	04:27	07:09	5K40-49M	5/46	M	20/192	CALGARY, AB
39/482	GUEVREMONT, SYDNEY	5386	23:48.583	04:45	07:39	5K30-39F	4/71	F	7/290	CALGARY, AB
457/482	GULYAS, VENUS	5116	56:31.758	11:18	18:10	5K50-59F	39/40	F	269/290	CALGARY, AB
10/482	GUREVITCH, JASON	5388	19:13.549	03:50	06:10	5K50-59M	1/21	M	9/192	CALGARY, AB
377/482	HAMMOND, JANETTE	5117	44:59.183	08:59	14:27	5K60-69F	6/12	F	213/290	CALGARY, AB
189/482	HANKINSON, JOANNE	5545	31:38.057	06:19	10:10	5K50-59F	4/40	F	80/290	CALGARY, AB
289/482	HANNA, JESSICA	5118	37:20.592	07:28	12:00	5K30-39F	42/71	F	145/290	CALGARY, AB
196/482	HARRISON, NICOLE	5120	31:52.588	06:22	10:14	5K40-49F	27/71	F	83/290	CALGARY, AB
193/482	HEALY, PETER	5122	31:48.546	06:21	10:13	5K40-49M	28/46	M	111/192	AIRDRIE, AB
204/482	HEIKAMP, COREY	5390	32:08.713	06:25	10:20	5K40-49M	30/46	M	116/192	AIRDRIE, AB
335/482	HENSEL, TALEEN	5391	40:49.886	08:09	13:07	5K16-19F	2/6	F	177/290	CALGARY, AB
227/482	HIGGINSON, JOHN	5123	33:23.196	06:40	10:44	5K40-49M	33/46	M	125/192	CALGARY, AB
149/482	HILL, MASON	5124	29:49.671	05:57	09:35	5K20-29M	14/27	M	94/192	CALGARY, AB
369/482	HISCOCK, JASON	5125	43:25.979	08:41	13:57	5K40-49M	37/46	M	163/192	CALGARY, AB
300/482	HISCOCK, NICOLE	5126	37:58.771	07:35	12:12	5K40-49F	46/71	F	153/290	CALGARY, AB
374/482	HOPKINS, DAWN	5542	43:56.517	08:47	14:07	5K60-69F	4/12	F	210/290	CALGARY, AB
474/482	HOWELL, MARISA	5128	1:02:56.975	12:35	20:14	5K40-49F	71/71	F	285/290	EDMONTON, AB
111/482	HOWELL, SARAH	5392	27:34.263	05:30	08:51	5K40-49F	9/71	F	34/290	CALGARY, AB
368/482	HSU, JENNIFER	5129	43:22.206	08:40	13:56	5K40-49F	60/71	F	206/290	CALGARY, AB
375/482	HSU, SHANWEN	5130	44:42.729	08:56	14:22	5K40-49F	62/71	F	211/290	CALGARY, AB
164/482	HUANG, CHELSEA	5547	30:32.079	06:06	09:49	5K30-39F	14/71	F	65/290	CALGARY,
366/482	HUANG, JOCELYN	5131	43:08.542	08:37	13:52	5K20-29F	39/54	F	204/290	CALGARY, AB
114/482	HUCK, LAURA	5489	27:48.614	05:33	08:56	5K20-29F	6/54	F	35/290	CALGARY, AB
167/482	HUGHES, KIMBERLY	5513	30:51.840	06:10	09:55	5K20-29F	17/54	F	67/290	CALGARY, AB
261/482	ISHAQUE, HANAN	5132	35:32.710	07:06	11:25	5K30-39M	34/51	M	137/192	CALGARY, AB
222/482	JABALLA, ROAN EVE	5133	32:57.157	06:35	10:35	5K30-39F	22/71	F	100/290	CALGARY, AB
422/482	JACKSON, ELISHA	5393	51:15.146	10:15	16:28	5K30-39F	56/71	F	239/290	EDMONTON, AB
229/482	JACOBI, CHRISTOPHER	5136	33:29.946	06:41	10:46	5K40-49M	34/46	M	126/192	AIRDRIE, AB
228/482	JACOBI, SANDRA	5137	33:29.897	06:41	10:46	5K40-49F	34/71	F	103/290	AIRDRIE, AB
364/482	JANCZAK, MELORY	5138	42:47.659	08:33	13:45	5K30-39F	53/71	F	202/290	CALGARY, AB
316/482	JAREMKO, SARA	5554	39:01.628	07:48	12:32	5K40-49F	49/71	F	164/290	CALGARY, AB
312/482	JESS, EDEL	5394	38:48.926	07:45	12:28	5K30-39F	46/71	F	160/290	CALGARY, AB
205/482	JOBE, STACEY	5544	32:12.440	06:26	10:21	5K50-59F	6/40	F	89/290	CALGARY, AB
158/482	JOE, NICOLE	5324	30:04.237	06:00	09:40	5K20-29F	14/54	F	60/290	CALGARY, AB
112/482	JORDAN, RON	5139	27:37.262	05:31	08:52	5K60-69M	6/13	M	78/192	CALGARY, AB
391/482	JOSHI, ANIKET	5140	46:15.148	09:15	14:52	5K11&UM	13/14	M	173/192	CALGARY, AB
390/482	JOSHI, KUNAL	5141	46:14.914	09:14	14:52	5K40-49M	41/46	M	172/192	CALGARY, AB
64/482	JUNG, YOSEPH	5553	25:19.358	05:03	08:08	5K30-39M	16/51	M	51/192	CALGARY, AB
175/482	KAFENZAKIS, EMILY	5490	31:04.917	06:12	09:59	5K30-39F	16/71	F	73/290	CALGARY, AB
232/482	KAISER, LOGAN	5142	33:30.812	06:42	10:46	5K11&UM	5/14	M	128/192	OKOTOKS, AB
296/482	KAISER, RYAN	5143	37:39.793	07:31	12:06	5K40-49M	36/46	M	147/192	OKOTOKS, AB
129/482	KAUR, MANPREET	5144	28:32.972	05:42	09:10	5K20-29F	9/54	F	44/290	CALGARY, AB
14/482	KEARLEY, ALEXANDER	5145	19:59.205	03:59	06:25	5K30-39M	6/51	M	13/192	CALGARY, AB
183/482	KEARNEY, KATHERINE	5520	31:20.549	06:16	10:04	5K30-39F	17/71	F	78/290	CANMORE, AB
162/482	KEBIR, GUTA	5396	30:15.441	06:03	09:43	5K20-29M	16/27	M	99/192	CALGARY, AB
78/482	KELLY, STEVE	5397	25:55.193	05:11	08:20	5K60-69M	4/13	M	59/192	CALGARY, AB
411/482	KEMPF, ADRIENNE	5147	49:17.431	09:51	15:50	5K40-49F	64/71	F	232/290	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
210/482	KERR, JORDAN	5148	32:16.517	06:27	10:22	5K30-39M	28/51	M	119/192	AIRDRIE, AB
188/482	KERSWILL, JASON	5149	31:32.853	06:18	10:08	5K40-49M	27/46	M	109/192	CALGARY, AB
49/482	KIMMEL, JOSH	5398	24:25.821	04:53	07:51	5K30-39M	12/51	M	41/192	BEISEKER, AB
290/482	KINGSCOTE, ANDREW	5152	37:20.758	07:28	12:00	5K50-59M	16/21	M	145/192	CALGARY, AB
86/482	KINGSCOTE, QUINN	5153	26:15.840	05:15	08:26	5K11&UM	1/14	M	62/192	CALGARY, AB
291/482	KINGSCOTE, RYLEE	5154	37:25.093	07:29	12:01	5K11&UF	7/13	F	146/290	CALGARY, AB
85/482	KOOLLOOS, SERENA	5155	26:12.980	05:14	08:25	5K20-29F	5/54	F	24/290	CALGARY, AB
267/482	KOPITAR, KANDAS	5156	35:55.978	07:11	11:33	5K30-39F	36/71	F	128/290	CALGARY, AB
266/482	KOPITAR, MAELLE	5157	35:54.155	07:10	11:32	5K11&UF	6/13	F	127/290	CALGARY, AB
236/482	KOPPERSCHMIDT, GABRIELA	5158	33:43.118	06:44	10:50	5K30-39F	23/71	F	106/290	CALGARY, AB
191/482	KROHN, REGINA	5565	31:39.248	06:19	10:10	5K40-49F	26/71	F	82/290	CALGARY, AB
258/482	KRUIHOF, CRYSTAL	5400	35:10.960	07:02	11:18	5K30-39F	32/71	F	122/290	CALGARY, AB
29/482	KU, ARIEL	5159	22:32.790	04:30	07:14	5K30-39F	2/71	F	5/290	CALGARY, AB
463/482	KUNZE, KRISTIN	5491	59:27.927	11:53	19:07	5K30-39F	64/71	F	275/290	CALGARY, AB
257/482	LA ROCKE-SEITZ, SAM	5401	34:55.937	06:59	11:13	5K30-39M	33/51	M	136/192	CALGARY, AB
173/482	LABELLE, KIM	5548	31:03.228	06:12	09:59	5K40-49F	21/71	F	71/290	COCHRANE, AB
468/482	LACANILAO, ROXANNE	5325	1:00:47.224	12:09	19:32	5K30-39F	68/71	F	280/290	CALGARY, AB
413/482	LAL, ANITA	5160	49:53.374	09:58	16:02	5K50-59F	30/40	F	234/290	CALGARY, AB
109/482	LANGHAM, TIANA	5526	27:18.371	05:27	08:46	5K40-49F	8/71	F	32/290	CALGARY, AB
293/482	LAVICTOIRE, ALEXANNE	5161	37:30.247	07:30	12:03	5K11&UF	8/13	F	148/290	COCHRANE, AB
244/482	LAVICTOIRE, EVE MARGAUX	5162	34:16.607	06:51	11:01	5K11&UF	4/13	F	110/290	COCHRANE, AB
250/482	LEE, CAMILLE	5403	34:23.664	06:52	11:03	5K30-39F	29/71	F	116/290	CALGARY, AB
131/482	LEGER, EMILE	5514	28:57.044	05:47	09:18	5K30-39M	23/51	M	86/192	CALGARY, AB
84/482	LEM, STEPHANIE	5163	26:11.107	05:14	08:25	5K20-29F	4/54	F	23/290	CALGARY, AB
6/482	LEON, JOSE	5404	18:47.092	03:45	06:02	5K30-39M	3/51	M	5/192	CALGARY, AB
345/482	LEPARD, ASHLEY	5164	41:11.540	08:14	13:14	5K30-39F	48/71	F	185/290	CALGARY, AB
44/482	LEPRIEUR, JEREMY	5165	24:15.703	04:51	07:48	5K40-49M	7/46	M	36/192	CALGARY, AB
288/482	LETUN, JESSICA	5405	37:12.366	07:26	11:57	5K30-39F	41/71	F	144/290	CALGARY, AB
155/482	LI, AARON	5493	30:01.822	06:00	09:39	5K40-49M	23/46	M	96/192	CALGARY, AB
72/482	LIM, ADELYNN	5406	25:38.793	05:07	08:14	5K11&UF	1/13	F	18/290	CALGARY, AB
41/482	LIM, ETHAN	5407	23:57.984	04:47	07:42	5K12-15M	5/12	M	34/192	CALGARY, AB
67/482	LIM, LUCAS	5408	25:26.591	05:05	08:10	5K12-15M	7/12	M	53/192	CALGARY, AB
452/482	LINDEMANN, SHOYA	5166	56:23.016	11:16	18:07	5K50-59F	37/40	F	264/290	CALGARY, AB
333/482	LINEHAN, STACEY	5167	40:29.798	08:05	13:01	5K40-49F	54/71	F	175/290	CALGARY, AB
301/482	LIU, CHARLES	5168	38:01.419	07:36	12:13	5K30-39M	39/51	M	148/192	CALGARY, AB
465/482	LOGAN, VICTORIA	5494	59:28.537	11:53	19:07	5K30-39F	66/71	F	277/290	CALGARY, AB
397/482	LOVSTROM, TRISH	5170	47:11.798	09:26	15:10	5K50-59F	26/40	F	224/290	CALGARY, AB
330/482	LUCHA, ASHLY	5171	40:14.314	08:02	12:56	5K20-29F	34/54	F	173/290	AIRDRIE, AB
209/482	LY, GAGE	5409	32:15.369	06:27	10:22	5K11&UM	4/14	M	118/192	CALGARY, AB
18/482	LY, GIA	5410	21:22.923	04:16	06:52	5K12-15F	1/15	F	3/290	CALGARY, AB
3/482	LY, GORDON	5411	18:06.519	03:37	05:49	5K40-49M	1/46	M	3/192	CALGARY, AB
249/482	LY, GWEN	5412	34:23.117	06:52	11:03	5K11&UF	5/13	F	115/290	CALGARY, AB
271/482	LYTH, RYANNE	5414	36:02.029	07:12	11:35	5K40-49F	39/71	F	131/290	CALGARY, AB
195/482	MA, WEI	5172	31:50.526	06:22	10:14	5K40-49M	29/46	M	113/192	CALGARY, AB
95/482	MACEACHERN, ALEX	5326	26:42.449	05:20	08:35	5K70-79M	1/6	M	69/192	CALGARY, AB
461/482	MACGILLIVARY, SHAWNA	5173	57:56.345	11:35	18:37	5K20-29F	49/54	F	273/290	CALGARY, AB
437/482	MADSEN, RANDY	5415	53:17.340	10:39	17:08	5K60-69M	12/13	M	187/192	CALGARY, AB
434/482	MADSEN, TAMMY	5416	53:13.128	10:38	17:06	5K60-69F	9/12	F	248/290	CALGARY, AB
233/482	MALHI, LOVEDEEP	5417	33:33.907	06:42	10:47	5K20-29M	24/27	M	129/192	CALGARY, AB
28/482	MANGAT, HARMAN	5418	22:28.243	04:29	07:13	5K20-29M	3/27	M	24/192	CALGARY, AB
82/482	MANNAS, CLINT	5558	26:08.670	05:13	08:24	5K12-15M	10/12	M	61/192	CALGARY, AB
90/482	MANNAS, REBECCA	5559	26:29.387	05:17	08:31	5K12-15F	6/15	F	25/290	CALGARY, AB
270/482	MAPPLEBECK, DAVE	5175	36:00.764	07:12	11:34	5K30-39M	36/51	M	140/192	CALGARY, AB
269/482	MAPPLEBECK, KRISTA	5176	35:59.780	07:11	11:34	5K40-49F	38/71	F	130/290	CALGARY, AB
241/482	MARCHAND, BRENT	5177	34:05.242	06:49	10:57	5K60-69M	9/13	M	134/192	CALGARY, AB
383/482	MARCHAND, VICTORIA	5178	45:40.415	09:08	14:41	5K50-59F	23/40	F	216/290	CALGARY, AB
426/482	MARCY, SAMANTHA	5419	51:56.089	10:23	16:41	5K40-49F	66/71	F	242/290	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
94/482	MARIANI, CHRIS	5179	26:40.425	05:20	08:34	5K40-49M	15/46	M	68/192	CHESTERMERE, AB
66/482	MARTIN, BRENNAN	5180	25:24.439	05:04	08:10	5K50-59M	7/21	M	52/192	OKOTOKS, AB
73/482	MARTIN, DOMINIC	5181	25:44.296	05:08	08:16	5K12-15M	8/12	M	55/192	CALGARY, AB
138/482	MARTIN, MARGARET	5420	29:12.299	05:50	09:23	5K30-39F	11/71	F	48/290	CALGARY, AB
217/482	MARTINEZ, MARIAN	5495	32:40.025	06:32	10:30	5K30-39F	20/71	F	96/290	CALGARY, AB
169/482	MASON, ANGIE	5527	30:53.362	06:10	09:55	5K40-49F	20/71	F	69/290	CALGARY, AB
152/482	MASTALLER, ALICIA	5182	29:57.301	05:59	09:37	5K20-29F	12/54	F	58/290	CALGARY, AB
177/482	MASTRONARDI, BRUNO	5183	31:05.828	06:13	09:59	5K40-49M	25/46	M	103/192	CALGARY, AB
311/482	MAYER, SIMONE	5184	38:47.310	07:45	12:28	5K40-49F	48/71	F	159/290	CALGARY, AB
350/482	MCCORMACK, BRANDI	5186	41:27.059	08:17	13:19	5K50-59F	20/40	F	189/290	CALGARY, AB
23/482	MCGILLIVRAY, CHRISTOPHER	5528	22:15.248	04:27	07:09	5K20-29M	2/27	M	19/192	CALGARY, AB
280/482	MCKAY, LINDSAY	5187	36:40.163	07:20	11:47	5K30-39F	38/71	F	138/290	CALGARY, AB
431/482	MCKEAGE, TARYN	5188	53:02.276	10:36	17:03	5K20-29F	44/54	F	247/290	AIRDRIE, AB
273/482	MCKENZIE, KATHERINE	5189	36:07.206	07:13	11:36	5K40-49F	40/71	F	132/290	CALGARY, AB
309/482	MCMILLAN, JOSEPH	5568	38:45.300	07:45	12:27	5K30-39M	41/51	M	152/192	CALGARY, AB
180/482	MEDINA, ERNESTO	5421	31:10.706	06:14	10:01	5K30-39M	26/51	M	105/192	CALGARY, AB
329/482	MENDEZ, CASSANDRA	5192	40:04.763	08:00	12:53	5K20-29F	33/54	F	172/290	CALGARY, AB
207/482	MEYER, VIRGINIA	5193	32:13.213	06:26	10:21	5K50-59F	8/40	F	91/290	CALGARY, AB
126/482	MISMAS, DAVID	5423	28:29.105	05:41	09:09	5K60-69M	8/13	M	85/192	CALGARY, AB
277/482	MITTU, RAJNI	5424	36:36.499	07:19	11:46	5K40-49F	41/71	F	135/290	CALGARY, AB
278/482	MITTU, SHAFALI	5425	36:37.139	07:19	11:46	5K20-29F	27/54	F	136/290	CALGARY, AB
237/482	MOHAMED-KASSAM, ALISHA	5194	33:56.454	06:47	10:54	5K30-39F	24/71	F	107/290	CALGARY, AB
17/482	MONAGHAN, LEO	5426	21:14.603	04:14	06:49	5K12-15M	4/12	M	15/192	CALGARY, AB
42/482	MONAGHAN, NADIA	5427	24:03.655	04:48	07:44	5K40-49F	2/71	F	8/290	CALGARY, AB
318/482	MONT, SHELLY	5195	39:16.136	07:51	12:37	5K50-59F	15/40	F	165/290	CALGARY, AB
143/482	MONTANO, CARLOS	5196	29:40.144	05:56	09:32	5K40-49M	21/46	M	92/192	CALGARY, AB
339/482	MONTOYA, VIVIANA	5197	40:58.043	08:11	13:10	5K50-59F	17/40	F	180/290	AIRDRIE, AB
32/482	MORRIS, CHUCK	5546	23:11.179	04:38	07:27	5K60-69M	1/13	M	27/192	CALGARY, AB
376/482	MORRIS, PAM	5198	44:56.940	08:59	14:27	5K60-69F	5/12	F	212/290	CALGARY, AB
346/482	MUNDY, LISA	5327	41:13.700	08:14	13:15	5K40-49F	55/71	F	186/290	HERITAGE POINTE, AB
342/482	MUNDY, ROBBIE	5328	41:07.394	08:13	13:13	5K11&UF	9/13	F	182/290	HERITAGE POINTE, AB
22/482	MURPHY, GAVIN	5561	22:11.274	04:26	07:08	5K40-49M	4/46	M	18/192	FOOTHILLS, AB
310/482	MURPHY, MICHELE	5430	38:46.841	07:45	12:28	5K30-39F	45/71	F	158/290	CALGARY, AB
52/482	NAHAL, PREANKA	5200	24:34.383	04:54	07:54	5K20-29F	1/54	F	9/290	ROCKY VIEW COUNTY, AB
446/482	NAIRN, JACQUELINE	5201	54:10.596	10:50	17:25	5K50-59F	35/40	F	258/290	CALGARY, AB
317/482	NANUA, VIKRAM SINGH	5202	39:03.388	07:48	12:33	5K30-39M	42/51	M	153/192	SURREY, BC
47/482	NEIL, KALEB	5203	24:23.131	04:52	07:50	5K16-19M	1/2	M	39/192	LETHBRIDGE, AB
133/482	NEILL, SHAUN	5557	29:00.747	05:48	09:19	5K40-49M	19/46	M	87/192	AIRDRIE, AB
92/482	NEUFELD, JILL	5204	26:38.950	05:19	08:34	5K50-59F	1/40	F	26/290	CALGARY, AB
1/482	NEUMANN, JOEL	5497	16:11.982	03:14	05:12	5K30-39M	1/51	M	1/192	CALGARY, AB
282/482	OSSA, NELSON	5209	36:50.053	07:22	11:50	5K30-39M	38/51	M	143/192	CALGARY, AB
332/482	O'SULLIVAN, LISA	5498	40:29.167	08:05	13:01	5K40-49F	53/71	F	174/290	CALGARY, AB
360/482	PALANGDAN, CEZARINE	5433	42:15.526	08:27	13:35	5K20-29F	38/54	F	198/290	CALGARY, AB
135/482	PARDELL, BRETT	5515	29:05.525	05:49	09:21	5K30-39M	24/51	M	88/192	CALGARY, AB
13/482	PARDELL, REECE	5521	19:44.980	03:56	06:21	5K30-39M	5/51	M	12/192	CALGARY, AB
367/482	PARSONS, TINA	5210	43:15.736	08:39	13:54	5K50-59F	21/40	F	205/290	AIRDRIE, AB
21/482	PASCOE-PRICE, JAMES	5211	22:06.190	04:25	07:06	5K30-39M	7/51	M	17/192	CALGARY, AB
46/482	PENGR, TRAVIS	5434	24:21.443	04:52	07:49	5K30-39M	11/51	M	38/192	CALGARY, AB
30/482	PENGUE, MARCO	5212	22:40.406	04:32	07:17	5K50-59M	4/21	M	25/192	CALGARY, AB
315/482	PERCIVAL, JESSICA	5213	39:01.068	07:48	12:32	5K30-39F	47/71	F	163/290	CALGARY, AB
156/482	PESSI, DEEPINDER SINGH	5572	30:03.625	06:00	09:39	5K20-29M	15/27	M	97/192	CALGARY, AB
99/482	PETERS, JUSTIN	5214	26:49.989	05:21	08:37	5K30-39M	18/51	M	71/192	CALGARY, AB
137/482	PILIONIS, PETER	5215	29:11.302	05:50	09:23	5K50-59M	10/21	M	90/192	CALGARY, AB
443/482	PILON, SHANNA	5216	53:58.689	10:47	17:21	5K30-39F	63/71	F	255/290	CALGARY, AB
243/482	POIRIER, EMELIE	5217	34:15.717	06:51	11:01	5K40-49F	36/71	F	109/290	COCHRANE, AB
407/482	PONCIANO, RAMON	5218	48:31.881	09:42	15:36	5K50-59M	19/21	M	178/192	CALGARY, ALBERTA, AB
172/482	POPIL, JARED	1272	31:00.586	06:12	09:58	5K20-29M	18/27	M	102/192	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
38/482	POTREBENKO, OLHA	5219	23:45.890	04:45	07:38	5K30-39F	3/71	F	6/290	CALGARY, AB
252/482	PREFONTAINE DARIUS, MELANIE	5437	34:41.787	06:56	11:09	5K40-49F	37/71	F	118/290	CALGARY, AB
417/482	PRIESTMAN, ROBERT	5220	50:48.904	10:09	16:20	5K50-59M	21/21	M	181/192	CALGARY, AB
479/482	PSHYK, DELORES	5516	1:04:04.753	12:48	20:36	5K70-79F	8/8	F	289/290	CANORA, SK
475/482	PSHYK, JASON	5222	1:02:58.522	12:35	20:14	5K40-49M	46/46	M	190/192	EDMONTON, AB
482/482	PSHYK, PETER	5517	1:04:28.285	12:53	20:43	5K70-79M	6/6	M	192/192	CANORA, SK
467/482	QUIAMBAO, CHRISTINE	5329	1:00:43.800	12:08	19:31	5K20-29F	51/54	F	279/290	CALGARY, AB
212/482	QUINLAN, MAE	5224	32:19.306	06:27	10:23	5K40-49F	32/71	F	93/290	CALGARY, AB
337/482	RAMOS, DENIS	5226	40:57.551	08:11	13:10	5K50-59M	18/21	M	159/192	AIRDRIE, AB
33/482	RAMOS, GUSTAVO	5227	23:12.327	04:38	07:27	5K20-29M	4/27	M	28/192	AIRDRIE, AB
19/482	RAMOS, ZOE VERONICA	5228	21:35.649	04:19	06:56	5K12-15F	2/15	F	4/290	CALGARY, AB
420/482	RASHID, ALEXANDRIA	5230	50:49.833	10:09	16:20	5K12-15F	15/15	F	238/290	CALGARY, AB
419/482	RASHID, ANISHA	5231	50:49.364	10:09	16:20	5K40-49F	65/71	F	237/290	CALGARY, AB
418/482	RASHID, ASIF	5232	50:49.201	10:09	16:20	5K40-49M	43/46	M	182/192	CALGARY, AB
57/482	REBETEZ, YVES	5539	24:58.429	04:59	08:01	5K60-69M	3/13	M	47/192	CALGARY, AB
356/482	REDDY, PRITIKA	5438	41:55.183	08:23	13:28	5K40-49F	58/71	F	194/290	CALGARY, AB
115/482	REMPEL, HAILEY	5499	27:48.957	05:33	08:56	5K20-29F	7/54	F	36/290	MEDICINE HAT, AB
453/482	RENAUD, TRACEY	5233	56:25.315	11:17	18:08	5K40-49F	70/71	F	265/290	CALGARY, AB
122/482	RENZ, TELARA	5234	28:24.021	05:40	09:07	5K40-49F	10/71	F	38/290	CALGARY, AB
51/482	RESENDE, BRUNO	5439	24:32.224	04:54	07:53	5K30-39M	13/51	M	43/192	SÃO PAULO, SP
110/482	RETTMER, ALANA	5235	27:24.253	05:28	08:48	5K30-39F	9/71	F	33/290	AIRDRIE, AB
414/482	RICHARDS, DIONNE	5236	50:09.895	10:01	16:07	5K50-59F	31/40	F	235/290	CALGARY, AB
130/482	RISSELOVA, JANA	5237	28:33.275	05:42	09:10	5K40-49F	12/71	F	45/290	CALGARY, AB
60/482	ROBB, CHLOÉ	5540	25:09.073	05:01	08:05	5K12-15F	4/15	F	11/290	CALGARY, AB
456/482	ROBINSON, TARA	5238	56:31.712	11:18	18:10	5K50-59F	38/40	F	268/290	CALGARY, AB
393/482	ROBSON ST PIERRE, JAYLYNN	5440	46:33.429	09:18	14:58	5K16-19F	6/6	F	220/290	CALGARY, AB
144/482	RODRIGUEZ, BRENDA	5441	29:41.809	05:56	09:32	5K40-49F	15/71	F	52/290	CALGARY, AB
104/482	ROGERS, ROB	5239	27:10.169	05:26	08:44	5K40-49M	16/46	M	75/192	LAKE LOUISE, AB
91/482	ROLLICK, ALEX	5442	26:31.754	05:18	08:31	5K20-29M	11/27	M	66/192	CALGARY, AB
334/482	RUDIAK, LORIANNE	5240	40:31.581	08:06	13:01	5K50-59F	16/40	F	176/290	CALGARY, AB
63/482	SABZEVARI, SILVANA	5443	25:19.053	05:03	08:08	5K12-15F	5/15	F	13/290	CALGARY, AB
234/482	SACHIVOTHAMAN, DIPU	5331	33:36.133	06:43	10:48	5K40-49M	35/46	M	130/192	CALGARY, AB
272/482	SAINI, RAMIT	5241	36:02.429	07:12	11:35	5K30-39M	37/51	M	141/192	AIRDRIE, AB
449/482	SALLAN, SIMRAN	5444	54:43.315	10:56	17:35	5K20-29F	45/54	F	261/290	CALGARY, AB
448/482	SAMPSON, LARA	5445	54:41.417	10:56	17:35	5K50-59F	36/40	F	260/290	CALGARY, AB
40/482	SANDHU, PARAMJIT	5446	23:51.983	04:46	07:40	5K60-69M	2/13	M	33/192	BRAMPTON, ON
460/482	SARGA, ANNETTE	5242	57:27.633	11:29	18:28	5K50-59F	40/40	F	272/290	CALGARY, AB
153/482	SATHER, GAVIN	5243	29:58.753	05:59	09:38	5K40-49M	22/46	M	95/192	AIRDRIE, AB
355/482	SATHER, LAURA	5244	41:51.713	08:22	13:27	5K40-49F	57/71	F	193/290	AIRDRIE, AB
145/482	SAVAMURA, EIJI	5447	29:45.838	05:57	09:34	5K30-39M	25/51	M	93/192	CALGARY, AB
124/482	SAWCHYN, KRISTA	5246	28:27.909	05:41	09:09	5K40-49F	11/71	F	40/290	CALGARY, AB
125/482	SAWCHYN, TAYLOR	5247	28:28.309	05:41	09:09	5K11&UF	2/13	F	41/290	CALGARY, AB
283/482	SCHILLING, KELLY	5248	36:57.062	07:23	11:52	5K40-49F	42/71	F	140/290	CALGARY, AB
79/482	SCHIPANI, ASHLEY	5249	25:57.629	05:11	08:20	5K30-39F	7/71	F	20/290	CALGARY, AB
146/482	SCHOLZ, NANCY	5543	29:45.864	05:57	09:34	5K40-49F	16/71	F	53/290	CALGARY, AB
247/482	SCOTT, ANGELICA	5448	34:19.490	06:51	11:02	5K30-39F	27/71	F	113/290	CALGARY, AB
348/482	SEITZ, KARLA	5449	41:24.011	08:16	13:18	5K50-59F	19/40	F	188/290	OKOTOKS, AB
349/482	SEITZ, MARLON	5450	41:24.316	08:16	13:18	5K16-19M	2/2	M	161/192	OKOTOKS, AB
344/482	SEITZ, MILA	5451	41:08.731	08:13	13:13	5K11&UF	10/13	F	184/290	OKOTOKS, AB
182/482	SETO, ALICE	5332	31:18.603	06:15	10:04	5K40-49F	24/71	F	77/290	CALGARY, AB
58/482	SETO, DOMINIC	5333	25:06.750	05:01	08:04	5K12-15M	6/12	M	48/192	CALGARY, AB
215/482	SHANDRO, TYLER	5251	32:25.820	06:29	10:25	5K40-49M	31/46	M	120/192	CALGARY, AB
361/482	SHUKLA, MEGHNA	5252	42:23.474	08:28	13:37	5K12-15F	14/15	F	199/290	CALGARY, AB
447/482	SHUKLA, MILI	5253	54:14.580	10:50	17:26	5K40-49F	68/71	F	259/290	CALGARY, AB
444/482	SHUKLA, ZAARA	5254	54:09.752	10:49	17:24	5K11&UF	13/13	F	256/290	CALGARY, AB
394/482	SICAM, FRANCES	5452	46:53.070	09:22	15:04	5K20-29F	42/54	F	221/290	CALGARY, AB
262/482	SILCOX, CHRISTY	5256	35:37.232	07:07	11:27	5K30-39F	35/71	F	125/290	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
424/482	SILVIUS, KATHERINE	5257	51:42.418	10:20	16:37	5K30-39F	57/71	F	241/290	CALGARY, AB
398/482	SILVIUS, LESLIE	5258	47:13.202	09:26	15:10	5K60-69F	7/12	F	225/290	CALGARY, AB
401/482	SILVIUS, ROBERT	5259	47:30.992	09:30	15:16	5K30-39M	49/51	M	175/192	CALGARY, AB
120/482	SIMON, OLIVIA	5260	28:17.247	05:39	09:05	5K20-29F	8/54	F	37/290	CALGARY, AB
387/482	SIMONSON, LAUREL	5261	45:50.891	09:10	14:44	5K20-29F	41/54	F	217/290	CALGARY, AB
218/482	SIMPSON, BETHANY	5453	32:41.710	06:32	10:30	5K30-39F	21/71	F	97/290	OKOTOKS, AB
35/482	SINFUEGO, FREDERICK	5454	23:29.859	04:41	07:33	5K50-59M	5/21	M	30/192	BANFF, AB
102/482	SINGH, JERRY	5262	27:06.114	05:25	08:42	5K50-59M	9/21	M	74/192	PUERTO VALLARTA, JA
87/482	SINGH, MEAKIN	5500	26:21.536	05:16	08:28	5K40-49M	13/46	M	63/192	CALGARY, AB
331/482	SINGH, YASHDEEP	5455	40:14.356	08:02	12:56	5K30-39M	46/51	M	158/192	AIRDRIE, AB
45/482	SINIGAGLIESI, ENZO	5456	24:16.358	04:51	07:48	5K40-49M	8/46	M	37/192	CALGARY, AB
194/482	SIRIANNI, ANTHONY	5501	31:49.382	06:21	10:13	5K20-29M	21/27	M	112/192	CALGARY, AB
192/482	SIRIANNI, DOMENICO	5502	31:48.251	06:21	10:13	5K20-29M	20/27	M	110/192	CALGARY, AB
481/482	SLUYS, MELISSA	5264	1:04:23.572	12:52	20:42	5K30-39F	71/71	F	290/290	CALGARY, AB
27/482	SMITSNUK, DARREN	5458	22:18.681	04:27	07:10	5K30-39M	9/51	M	23/192	CALGARY, AB
224/482	SORIANO, JUSTINNE	5459	33:10.609	06:38	10:40	5K20-29F	23/54	F	101/290	CALGARY, AB
352/482	SPADAFORA, CHANCE	5266	41:29.473	08:17	13:20	5K11&UM	8/14	M	162/192	CALGARY, AB
381/482	SPADAFORA, NICOLAS	5267	45:22.204	09:04	14:35	5K11&UM	10/14	M	167/192	CALGARY, AB
408/482	SPENCE, STACEY	5268	48:49.623	09:45	15:42	5K30-39F	55/71	F	230/290	CALGARY, AB
412/482	STELLICK, JENNY	5504	49:19.694	09:51	15:51	5K50-59F	29/40	F	233/290	CALGARY, AB
480/482	STEWART, BRUCE	5271	1:04:12.041	12:50	20:38	5K70-79M	5/6	M	191/192	COCHRANE, AB
478/482	STEWART, JUDY	5272	1:03:51.629	12:46	20:32	5K70-79F	7/8	F	288/290	COCHRANE, AB
380/482	STEWART, RORY	5273	45:21.217	09:04	14:34	5K40-49M	39/46	M	166/192	OKOTOKS, AB
445/482	STICKEL, LAURA	5274	54:10.221	10:50	17:25	5K50-59F	34/40	F	257/290	CALGARY, AB
279/482	SULLIVAN, CASSIDY	5505	36:38.959	07:19	11:47	5K20-29F	28/54	F	137/290	CALGARY, AB
206/482	SYVERSON, SHAWNA	5278	32:12.447	06:26	10:21	5K50-59F	7/40	F	90/290	CALGARY, AB
299/482	SZPAJCHER, ELIZABETH	5279	37:58.459	07:35	12:12	5K40-49F	45/71	F	152/290	COCHRANE, AB
11/482	SZTABZYB, LEO	5334	19:15.003	03:51	06:11	5K12-15M	2/12	M	10/192	CALGARY, AB
141/482	TETLEY, ANGELA	5280	29:21.629	05:52	09:26	5K40-49F	14/71	F	50/290	CALGARY, AB
415/482	THE MONKEY, TWISTED	5281	50:11.772	10:02	16:08	5K50-59F	32/40	F	236/290	CALGARY, AB
404/482	THOMPSON, MCKENZIE	5541	48:03.975	09:36	15:27	5K30-39F	54/71	F	228/290	CALGARY, AB
62/482	THOMSON, NICOLE	5460	25:18.077	05:03	08:08	5K40-49F	3/71	F	12/290	CALGARY, AB
200/482	THORSEN, CARLEE	5283	32:02.088	06:24	10:18	5K40-49F	29/71	F	85/290	CALGARY, AB
199/482	THORSEN, CHERALYN	5284	32:01.470	06:24	10:17	5K40-49F	28/71	F	84/290	CALGARY, AB
440/482	TIEDEMANN, BENI	5285	53:48.056	10:45	17:17	5K30-39F	62/71	F	252/290	EDMONTON, AB
292/482	TIEDEMANN, SARAH	5286	37:25.606	07:29	12:02	5K30-39F	43/71	F	147/290	EDMONTON, AB
160/482	TIESSEN, AMELIA	5287	30:13.964	06:02	09:43	5K12-15F	9/15	F	62/290	SHERWOOD PARK, AB
159/482	TILBURY, JENNA	5288	30:11.767	06:02	09:42	5K20-29F	15/54	F	61/290	CALGARY, AB
219/482	TILLER, SAM	5461	32:46.633	06:33	10:32	5K30-39M	29/51	M	122/192	CALGARY, AB
12/482	TINASAS, DAVY JHON	5530	19:15.632	03:51	06:11	5K30-39M	4/51	M	11/192	CALGARY, AB
157/482	TODD, JOHN	5290	30:03.635	06:00	09:39	5K40-49M	24/46	M	98/192	AIRDRIE, AB
7/482	TOMEI, LUCAS	5291	18:54.120	03:46	06:04	5K40-49M	2/46	M	6/192	CALGARY, AB
382/482	TONER, CANDACE	5462	45:23.022	09:04	14:35	5K50-59F	22/40	F	215/290	CALGARY, AB
340/482	TOOVEY, DIANE	5463	40:59.637	08:11	13:10	5K50-59F	18/40	F	181/290	COCHRANE, AB
281/482	TOPPE, MADDISON	5292	36:49.866	07:21	11:50	5K20-29F	29/54	F	139/290	CALGARY, AB
473/482	ULMER, MANDY	5294	1:02:01.706	12:24	19:56	5K30-39F	70/71	F	284/290	AIRDRIE, AB
373/482	VAN DUZEN, SIOBHAN	5296	43:47.917	08:45	14:04	5K40-49F	61/71	F	209/290	AIRDRIE, AB
354/482	VAN STAALDUINEN, ISABELLE	5297	41:40.488	08:20	13:24	5K30-39F	50/71	F	192/290	SUNDRE, AB
123/482	VAN WYK, ELLA	5298	28:27.861	05:41	09:09	5K12-15F	8/15	F	39/290	CALGARY, AB
230/482	VERGE, CHAD	5465	33:30.342	06:42	10:46	5K50-59M	15/21	M	127/192	AIRDRIE, AB
372/482	VIRK, GURJIT	5531	43:45.831	08:45	14:04	5K20-29F	40/54	F	208/290	CALGARY, AB
304/482	VIRK, JAGDEEP	5532	38:24.057	07:40	12:20	5K30-39M	40/51	M	150/192	CALGARY, AB
147/482	VOLK, TRACY	5299	29:46.121	05:57	09:34	5K40-49F	17/71	F	54/290	KERROBERT, SK
154/482	WALCOT, EMILY	5300	30:00.909	06:00	09:39	5K20-29F	13/54	F	59/290	CALGARY, AB
96/482	WALDREN, PARKER	5466	26:43.074	05:20	08:35	5K20-29M	12/27	M	70/192	CALGARY, AB
286/482	WALLACE, ALEXAVIER	5301	37:11.147	07:26	11:57	5K11&UM	6/14	M	144/192	CALGARY, AB
80/482	WALLACE, DOUG	5302	26:00.254	05:12	08:21	5K60-69M	5/13	M	60/192	CALGARY, AB

2024 Calgary Police Half/10/5K

Alpha Overall Results

5K Run/Walk - 3.1 Miles

482 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
386/482	WALLACE, IAN	5467	45:50.799	09:10	14:44	5K30-39M	47/51	M	170/192	CALGARY, AB
128/482	WANG, ROXANNE	5303	28:31.557	05:42	09:10	5K30-39F	10/71	F	43/290	CALGARY, AB
136/482	WEIS, ALEX	5305	29:11.292	05:50	09:23	5K40-49M	20/46	M	89/192	CALGARY, AB
139/482	WEIS, CHRISTIAN	5306	29:12.439	05:50	09:23	5K11&UM	3/14	M	91/192	CALGARY, AB
378/482	WEIS, MATTHEW	5307	45:03.782	09:00	14:29	5K11&UM	9/14	M	165/192	CALGARY, AB
405/482	WHITTAKER, MARIAHA	5468	48:20.655	09:40	15:32	5K20-29F	43/54	F	229/290	CROSSFIELD, AB
295/482	WHITWORTH, ROB	5310	37:39.153	07:31	12:06	5K70-79M	4/6	M	146/192	CALGARY, AB
134/482	WIEBE, PATTY	5311	29:04.425	05:48	09:20	5K50-59F	3/40	F	47/290	CALGARY, AB
322/482	WILCOX, KRISTINA	5312	39:18.435	07:51	12:38	5K40-49F	50/71	F	167/290	CALGARY, AB
406/482	WILKIE, SADIE	5469	48:24.455	09:40	15:33	5K20-29M	26/27	M	177/192	CALGARY, AB
54/482	WILLRODT, LEXI	5533	24:40.899	04:56	07:56	5K12-15F	3/15	F	10/290	CALGARY, AB
127/482	WILSON, NICOLE	5470	28:29.542	05:41	09:09	5K60-69F	1/12	F	42/290	CALGARY, AB
108/482	WONG, IAN	5314	27:15.304	05:27	08:45	5K11&UM	2/14	M	77/192	STRATHMORE, AB
168/482	WONG, SOPHIA	5315	30:53.198	06:10	09:55	5K12-15F	10/15	F	68/290	CALGARY, AB
240/482	WOODS, JOSH	5506	34:00.700	06:48	10:56	5K30-39M	32/51	M	133/192	CALGARY, AB
203/482	YAKELEY, LINDSEY	5556	32:08.687	06:25	10:20	5K40-49F	30/71	F	88/290	CALGARY, AB
254/482	YATES, KRISTIN	5317	34:49.468	06:57	11:11	5K30-39F	31/71	F	120/290	CALGARY, AB
81/482	YAU, JUNE	5318	26:04.591	05:12	08:23	5K30-39F	8/71	F	21/290	CALGARY, AB
285/482	YORKE, ASHLEY	5471	37:10.372	07:26	11:57	5K30-39F	40/71	F	142/290	RED DEER COUNTY, AB
392/482	YOUNG, CHLOE	5472	46:32.423	09:18	14:57	5K16-19F	5/6	F	219/290	CALGARY, AB
20/482	YOUNG, DAVID	5473	21:42.963	04:20	06:58	5K50-59M	2/21	M	16/192	AIRDRIE, AB
31/482	ZATYLN, SCOTT	5519	22:44.652	04:32	07:18	5K30-39M	10/51	M	26/192	CALGARY, AB
265/482	ZEILER, KAITLYN	5320	35:52.536	07:10	11:32	5K20-29F	25/54	F	126/290	ROCKY VIEW, AB
142/482	ZEMPLAK, AYLA	5474	29:31.917	05:54	09:29	5K20-29F	11/54	F	51/290	CALGARY, AB
25/482	ZENTNER, BRAYDEN	5475	22:17.133	04:27	07:09	5K30-39M	8/51	M	21/192	LETHBRIDGE, AB
213/482	ZERK, SHARON	5476	32:21.133	06:28	10:24	5K50-59F	9/40	F	94/290	CALGARY, AB