

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K11&UF - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	LIM, ADELYNN	5406	25:38.793	05:07	08:14	72/482	18/290	+00:00:00	CALGARY
2/13	SAWCHYN, TAYLOR	5247	28:28.309	05:41	09:09	125/482	41/290	+00:02:49	CALGARY
3/13	FEHR, HAILEY	5083	31:15.370	06:15	10:03	181/482	76/290	+00:05:36	CALGARY
4/13	LAVICTOIRE, EVE MARGAUX	5162	34:16.607	06:51	11:01	244/482	110/290	+00:08:37	COCHRANE
5/13	LY, GWEN	5412	34:23.117	06:52	11:03	249/482	115/290	+00:08:44	CALGARY
6/13	KOPITAR, MAELLE	5157	35:54.155	07:10	11:32	266/482	127/290	+00:10:15	CALGARY
7/13	KINGSCOTE, RYLEE	5154	37:25.093	07:29	12:01	291/482	146/290	+00:11:46	CALGARY
8/13	LAVICTOIRE, ALEXANNE	5161	37:30.247	07:30	12:03	293/482	148/290	+00:11:51	COCHRANE
9/13	MUNDY, ROBBI	5328	41:07.394	08:13	13:13	342/482	182/290	+00:15:28	HERITAGE POINT
10/13	SEITZ, MILA	5451	41:08.731	08:13	13:13	344/482	184/290	+00:15:29	OKOTOKS
11/13	ERIKSEN, PRESLEY	5078	43:36.259	08:43	14:01	370/482	207/290	+00:17:57	CALGARY
12/13	BATCHELOR, TENLEY	5339	53:13.666	10:38	17:06	435/482	249/290	+00:27:34	CALGARY
13/13	SHUKLA, ZAARA	5254	54:09.752	10:49	17:24	444/482	256/290	+00:28:30	CALGARY

5K11&UM - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	KINGSCOTE, QUINN	5153	26:15.840	05:15	08:26	86/482	62/192	+00:00:00	CALGARY
2/14	WONG, IAN	5314	27:15.304	05:27	08:45	108/482	77/192	+00:00:59	STRATHMORE
3/14	WEIS, CHRISTIAN	5306	29:12.439	05:50	09:23	139/482	91/192	+00:02:56	CALGARY
4/14	LY, GAGE	5409	32:15.369	06:27	10:22	209/482	118/192	+00:05:59	CALGARY
5/14	KAISER, LOGAN	5142	33:30.812	06:42	10:46	232/482	128/192	+00:07:14	OKOTOKS
6/14	WALLACE, ALEXAVIER	5301	37:11.147	07:26	11:57	286/482	144/192	+00:10:55	CALGARY
7/14	ANDRES, ELI	5337	39:58.091	07:59	12:51	326/482	157/192	+00:13:42	CALGARY
8/14	SPADAFORA, CHANCE	5266	41:29.473	08:17	13:20	352/482	162/192	+00:15:13	CALGARY
9/14	WEIS, MATTHEW	5307	45:03.782	09:00	14:29	378/482	165/192	+00:18:47	CALGARY
10/14	SPADAFORA, NICOLAS	5267	45:22.204	09:04	14:35	381/482	167/192	+00:19:06	CALGARY
11/14	GHOSH, ADI	5106	45:46.202	09:09	14:43	384/482	168/192	+00:19:30	CALGARY
12/14	GHOSH, AASHU	5105	45:47.211	09:09	14:43	385/482	169/192	+00:19:31	CALGARY
13/14	JOSHI, ANIKET	5140	46:15.148	09:15	14:52	391/482	173/192	+00:19:59	CALGARY
14/14	BATCHELOR, THEO	5340	53:09.214	10:37	17:05	432/482	185/192	+00:26:53	CALGARY

5K12-15F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	LY, GIA	5410	21:22.923	04:16	06:52	18/482	3/290	+00:00:00	CALGARY
2/15	RAMOS, ZOE VERONICA	5228	21:35.649	04:19	06:56	19/482	4/290	+00:00:12	CALGARY
3/15	WILLRODT, LEXI	5533	24:40.899	04:56	07:56	54/482	10/290	+00:03:17	CALGARY
4/15	ROBB, CHLOÉ	5540	25:09.073	05:01	08:05	60/482	11/290	+00:03:46	CALGARY
5/15	SABZEVARI, SILVANA	5443	25:19.053	05:03	08:08	63/482	13/290	+00:03:56	CALGARY
6/15	MANNAS, REBECCA	5559	26:29.387	05:17	08:31	90/482	25/290	+00:05:06	CALGARY
7/15	ARMOUR, KEELEY	5009	26:45.326	05:21	08:36	97/482	27/290	+00:05:22	HIGH RIVER
8/15	VAN WYK, ELLA	5298	28:27.861	05:41	09:09	123/482	39/290	+00:07:04	CALGARY
9/15	TIESSEN, AMELIA	5287	30:13.964	06:02	09:43	160/482	62/290	+00:08:51	SHERWOOD PARK
10/15	WONG, SOPHIA	5315	30:53.198	06:10	09:55	168/482	68/290	+00:09:30	CALGARY
11/15	DARIUS, SOPHIE	5361	34:37.514	06:55	11:08	251/482	117/290	+00:13:14	CALGARY
12/15	BUCZNY, SAIGE	5037	36:20.638	07:16	11:41	274/482	133/290	+00:14:57	AIRDRIE
13/15	BARRETT, BROOKE	5017	39:50.332	07:58	12:48	325/482	169/290	+00:18:27	OKOTOKS
14/15	SHUKLA, MEGHNA	5252	42:23.474	08:28	13:37	361/482	199/290	+00:21:00	CALGARY
15/15	RASHID, ALEXANDRIA	5230	50:49.833	10:09	16:20	420/482	238/290	+00:29:26	CALGARY

5K12-15M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	GILLAN, LEO	5563	18:54.872	03:46	06:04	8/482	7/192	+00:00:00	CALGARY
2/12	SZTABZYB, LEO	5334	19:15.003	03:51	06:11	11/482	10/192	+00:00:20	CALGARY
3/12	BALABAN, ADAM	5480	20:26.673	04:05	06:34	15/482	14/192	+00:01:31	CALGARY
4/12	MONAGHAN, LEO	5426	21:14.603	04:14	06:49	17/482	15/192	+00:02:19	CALGARY
5/12	LIM, ETHAN	5407	23:57.984	04:47	07:42	41/482	34/192	+00:05:03	CALGARY
6/12	SETO, DOMINIC	5333	25:06.750	05:01	08:04	58/482	48/192	+00:06:11	CALGARY
7/12	LIM, LUCAS	5408	25:26.591	05:05	08:10	67/482	53/192	+00:06:31	CALGARY
8/12	MARTIN, DOMINIC	5181	25:44.296	05:08	08:16	73/482	55/192	+00:06:49	CALGARY
9/12	ASTRIDGE, JUSTIN	5013	25:46.111	05:09	08:17	74/482	56/192	+00:06:51	CALGARY
10/12	MANNAS, CLINT	5558	26:08.670	05:13	08:24	82/482	61/192	+00:07:13	CALGARY
11/12	ERIKSEN, KEATON	5076	28:17.245	05:39	09:05	119/482	83/192	+00:09:22	CALGARY
12/12	CONWAY-GRETZ, DAWSON	5051	38:24.962	07:40	12:21	305/482	151/192	+00:19:30	CALGARY

5K16-19F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	GADD, EVIE	5373	25:27.372	05:05	08:11	69/482	16/290	+00:00:00	FERNIE
2/6	HENSEL, TALEEN	5391	40:49.886	08:09	13:07	335/482	177/290	+00:15:22	CALGARY

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Category Results

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5K Run/Walk - 3.1 Miles
482 Finishers

5K16-19F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
3/6	GU DMUNDSON, ELLA	5384	40:57.819	08:11	13:10	338/482	179/290	+00:15:30	CALGARY
4/6	DALEY, LUCY	5061	41:57.971	08:23	13:29	357/482	195/290	+00:16:30	CALGARY
5/6	YOUNG, CHLOE	5472	46:32.423	09:18	14:57	392/482	219/290	+00:21:05	CALGARY
6/6	ROBSON ST PIERRE, JAYLYNN	5440	46:33.429	09:18	14:58	393/482	220/290	+00:21:06	CALGARY

5K16-19M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	NEIL, KALEB	5203	24:23.131	04:52	07:50	47/482	39/192	+00:00:00	LETHBRIDGE
2/2	SEITZ, MARLON	5450	41:24.316	08:16	13:18	349/482	161/192	+00:17:01	OKOTOKS

5K20-29F - 54 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/54	NAHAL, PREANKA	5200	24:34.383	04:54	07:54	52/482	9/290	+00:00:00	ROCKY VIEW COL
2/54	COVEART, BAILEY	5055	25:46.309	05:09	08:17	75/482	19/290	+00:01:11	CALGARY
3/54	FINNEY, JULIANA	5090	26:09.841	05:13	08:24	83/482	22/290	+00:01:35	CALGARY
4/54	LEM, STEPHANIE	5163	26:11.107	05:14	08:25	84/482	23/290	+00:01:36	CALGARY
5/54	KOOLLOS, SERENA	5155	26:12.980	05:14	08:25	85/482	24/290	+00:01:38	CALGARY
6/54	HUCK, LAURA	5489	27:48.614	05:33	08:56	114/482	35/290	+00:03:14	CALGARY
7/54	REMPEL, HAILEY	5499	27:48.957	05:33	08:56	115/482	36/290	+00:03:14	MEDICINE HAT
8/54	SIMON, OLIVIA	5260	28:17.247	05:39	09:05	120/482	37/290	+00:03:42	CALGARY
9/54	KAUR, MANPREET	5144	28:32.972	05:42	09:10	129/482	44/290	+00:03:58	CALGARY
10/54	ABERNETHY, HALEY	5001	29:19.799	05:51	09:25	140/482	49/290	+00:04:45	CALGARY
11/54	ZEMLAK, AYLA	5474	29:31.917	05:54	09:29	142/482	51/290	+00:04:57	CALGARY
12/54	MASTALLER, ALICIA	5182	29:57.301	05:59	09:37	152/482	58/290	+00:05:22	CALGARY
13/54	WALCOT, EMILY	5300	30:00.909	06:00	09:39	154/482	59/290	+00:05:26	CALGARY
14/54	JOE, NICOLE	5324	30:04.237	06:00	09:40	158/482	60/290	+00:05:29	CALGARY
15/54	TILBURY, JENNA	5288	30:11.767	06:02	09:42	159/482	61/290	+00:05:37	CALGARY
16/54	CHAPMAN, MEGHAN	5044	30:21.488	06:04	09:45	163/482	64/290	+00:05:47	CALGARY
17/54	HUGHES, KIMBERLY	5513	30:51.840	06:10	09:55	167/482	67/290	+00:06:17	CALGARY
18/54	COBB, JANELLE	1057	30:57.649	06:11	09:57	171/482	70/290	+00:06:23	CALGARY
19/54	CIMAFRANCA, JHENNY	5355	31:06.088	06:13	10:00	178/482	75/290	+00:06:31	CALGARY
20/54	DOHERTY, ELLA	5571	32:04.118	06:24	10:18	201/482	86/290	+00:07:29	SHERWOOD PARK
21/54	ELBAZ, SARAH	5570	32:54.885	06:34	10:35	220/482	98/290	+00:08:20	CALGARY
22/54	DUFF, MEGAN	5367	32:56.453	06:35	10:35	221/482	99/290	+00:08:22	CALGARY
23/54	SORIANO, JUSTINNE	5459	33:10.609	06:38	10:40	224/482	101/290	+00:08:36	CALGARY
24/54	CALMA, NICOLE	5552	34:52.375	06:58	11:12	256/482	121/290	+00:10:17	CALGARY
25/54	ZEILER, KAITLYN	5320	35:52.536	07:10	11:32	265/482	126/290	+00:11:18	ROCKY VIEW
26/54	ERICKSON, RACHEL	5075	36:21.600	07:16	11:41	275/482	134/290	+00:11:47	CALGARY
27/54	MITTU, SHAFALI	5425	36:37.139	07:19	11:46	278/482	136/290	+00:12:02	CALGARY
28/54	SULLIVAN, CASSIDY	5505	36:38.959	07:19	11:47	279/482	137/290	+00:12:04	CALGARY
29/54	TOPPE, MADDISON	5292	36:49.866	07:21	11:50	281/482	139/290	+00:12:15	CALGARY
30/54	DEMMON, RACHEL	5363	38:50.473	07:46	12:29	313/482	161/290	+00:14:16	AIRDRIE
31/54	BUCZNY, RAINE	5036	39:18.318	07:51	12:38	321/482	166/290	+00:14:43	AIRDRIE
32/54	COOK, KEELY	5509	39:41.185	07:56	12:45	324/482	168/290	+00:15:06	COCHRANE
33/54	MENDEZ, CASSANDRA	5192	40:04.763	08:00	12:53	329/482	172/290	+00:15:30	CALGARY
34/54	LUCHA, ASHLY	5171	40:14.314	08:02	12:56	330/482	173/290	+00:15:39	AIRDRIE
35/54	GLASS, LISA	5380	40:51.881	08:10	13:08	336/482	178/290	+00:16:17	CALGARY
36/54	DALTON, MARIA	5360	41:38.356	08:19	13:23	353/482	191/290	+00:17:03	CALGARY
37/54	CIMAFRANCA, CHRISTINE	5354	42:12.995	08:26	13:34	359/482	197/290	+00:17:38	CALGARY
38/54	PALANGDAN, CEZARINE	5433	42:15.526	08:27	13:35	360/482	198/290	+00:17:41	CALGARY
39/54	HUANG, JOCELYN	5131	43:08.542	08:37	13:52	366/482	204/290	+00:18:34	CALGARY
40/54	VIRK, GURJIT	5531	43:45.831	08:45	14:04	372/482	208/290	+00:19:11	CALGARY
41/54	SIMONSON, LAUREL	5261	45:50.891	09:10	14:44	387/482	217/290	+00:21:16	CALGARY
42/54	SICAM, FRANCES	5452	46:53.070	09:22	15:04	394/482	221/290	+00:22:18	CALGARY
43/54	WHITTAKER, MARIAHA	5468	48:20.655	09:40	15:32	405/482	229/290	+00:23:46	CROSSFIELD
44/54	MCKEAGE, TARYN	5188	53:02.276	10:36	17:03	431/482	247/290	+00:28:27	AIRDRIE
45/54	SALLAN, SIMRAN	5444	54:43.315	10:56	17:35	449/482	261/290	+00:30:08	CALGARY
46/54	CARSON, TAYLOR	5042	56:22.044	11:16	18:07	451/482	263/290	+00:31:47	CALGARY
47/54	D'SOUZA, CANDICE	5359	56:25.642	11:17	18:08	454/482	266/290	+00:31:51	CALGARY
48/54	DAY, MADISON	5064	56:26.930	11:17	18:09	455/482	267/290	+00:31:52	CALGARY
49/54	MACGILLIVARY, SHAWNA	5173	57:56.345	11:35	18:37	461/482	273/290	+00:33:21	CALGARY
50/54	ALAO, NIKÉ	5005	57:57.239	11:35	18:38	462/482	274/290	+00:33:22	CALGARY
51/54	QUIAMBIAO, CHRISTINE	5329	1:00:43.800	12:08	19:31	467/482	279/290	+00:36:09	CALGARY
52/54	CAMPBELL, BRIANA	5038	1:00:48.840	12:09	19:33	470/482	282/290	+00:36:14	CALGARY
53/54	CRISTANCHO, ANA MARIA	5536	1:01:58.497	12:23	19:55	472/482	283/290	+00:37:24	CALGARY
54/54	ALWIS, SANDALI	5507	1:03:27.580	12:41	20:24	476/482	286/290	+00:38:53	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K20-29M - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/27	FITZOWICH, MARK	5093	18:38.182	03:43	05:59	4/482	4/192	+00:00:00	CALGARY
2/27	MCGILLIVRAY, CHRISTOPHER	5528	22:15.248	04:27	07:09	23/482	19/192	+00:03:37	CALGARY
3/27	MANGAT, HARMAN	5418	22:28.243	04:29	07:13	28/482	24/192	+00:03:50	CALGARY
4/27	RAMOS, GUSTAVO	5227	23:12.327	04:38	07:27	33/482	28/192	+00:04:34	AIRDRIE
5/27	BENNER, JULIAN	5345	23:12.843	04:38	07:27	34/482	29/192	+00:04:34	CALGARY
6/27	GILL, HARMANDER	5109	23:30.533	04:42	07:33	36/482	31/192	+00:04:52	CALGARY
7/27	DHILLON, AMANDEEP SINGH	5364	24:13.759	04:50	07:47	43/482	35/192	+00:05:35	CALGARY
8/27	COWITZ, BILLY	5056	25:28.942	05:05	08:11	70/482	54/192	+00:06:50	CALGARY
9/27	FERNANDES, JAYDON	5370	25:52.964	05:10	08:19	77/482	58/192	+00:07:14	CALGARY
10/27	ABERNETHY, TYLER	5002	26:26.201	05:17	08:30	89/482	65/192	+00:07:48	CALGARY
11/27	ROLLICK, ALEX	5442	26:31.754	05:18	08:31	91/482	66/192	+00:07:53	CALGARY
12/27	WALDREN, PARKER	5466	26:43.074	05:20	08:35	96/482	70/192	+00:08:04	CALGARY
13/27	CEPAITIS, MANTAS	5523	26:53.200	05:22	08:38	100/482	72/192	+00:08:15	CALGARY
14/27	HILL, MASON	5124	29:49.671	05:57	09:35	149/482	94/192	+00:11:11	CALGARY
15/27	PESSI, DEEPINDER SINGH	5572	30:03.625	06:00	09:39	156/482	97/192	+00:11:25	CALGARY
16/27	KEBIR, GUTA	5396	30:15.441	06:03	09:43	162/482	99/192	+00:11:37	CALGARY
17/27	CHAPMAN, BRENDAN	5323	30:54.816	06:10	09:56	170/482	101/192	+00:12:16	CALGARY
18/27	POPIL, JARED	1272	31:00.586	06:12	09:58	172/482	102/192	+00:12:22	CALGARY
19/27	CALIC, ALEXANDAR	5483	31:25.307	06:17	10:06	185/482	107/192	+00:12:47	CALGARY
20/27	SIRIANNI, DOMENICO	5502	31:48.251	06:21	10:13	192/482	110/192	+00:13:10	CALGARY
21/27	SIRIANNI, ANTHONY	5501	31:49.382	06:21	10:13	194/482	112/192	+00:13:11	CALGARY
22/27	BASSARIA, ANSER	5566	32:15.134	06:27	10:22	208/482	117/192	+00:13:36	CALGARY
23/27	CANAS, ALEXANDER	5551	33:01.846	06:36	10:37	223/482	123/192	+00:14:23	CALGARY
24/27	MALHI, LOVEDEEP	5417	33:33.907	06:42	10:47	233/482	129/192	+00:14:55	CALGARY
25/27	ADATIA, NADIM	5335	34:49.539	06:57	11:11	255/482	135/192	+00:16:11	CALGARY
26/27	WILKIE, SADIE	5469	48:24.455	09:40	15:33	406/482	177/192	+00:29:46	CALGARY
27/27	BENNETT, JOSHUA	5567	48:55.220	09:47	15:43	409/482	179/192	+00:30:17	CALGARY

5K30-39F - 71 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/71	FITZSIMMONS, KELLY	5488	18:46.904	03:45	06:02	5/482	1/290	+00:00:00	CALGARY
2/71	KU, ARIEL	5159	22:32.790	04:30	07:14	29/482	5/290	+00:03:45	CALGARY
3/71	POTREBENKO, OLHA	5219	23:45.890	04:45	07:38	38/482	6/290	+00:04:58	CALGARY
4/71	GUEVREMONT, SYDNEY	5386	23:48.583	04:45	07:39	39/482	7/290	+00:05:01	CALGARY
5/71	CHAN, EVE	5043	25:27.184	05:05	08:11	68/482	15/290	+00:06:40	CALGARY
6/71	BRECKENRIDGE, NICOLE	5032	25:35.388	05:07	08:13	71/482	17/290	+00:06:48	COCHRANE
7/71	SCHIPANI, ASHLEY	5249	25:57.629	05:11	08:20	79/482	20/290	+00:07:10	CALGARY
8/71	YAU, JUNE	5318	26:04.591	05:12	08:23	81/482	21/290	+00:07:17	CALGARY
9/71	RETTMER, ALANA	5235	27:24.253	05:28	08:48	110/482	33/290	+00:08:37	AIRDRIE
10/71	WANG, ROXANNE	5303	28:31.557	05:42	09:10	128/482	43/290	+00:09:44	CALGARY
11/71	MARTIN, MARGARET	5420	29:12.299	05:50	09:23	138/482	48/290	+00:10:25	CALGARY
12/71	CORRIGAL, KRISTA	5054	29:54.816	05:58	09:37	151/482	57/290	+00:11:07	COCHRANE
13/71	BELIN, ABBY	5534	30:14.526	06:02	09:43	161/482	63/290	+00:11:27	CALGARY
14/71	HUANG, CHELSEA	5547	30:32.079	06:06	09:49	164/482	65/290	+00:11:45	CALGARY
15/71	BIG PLUME, HOPE	5508	30:51.673	06:10	09:55	166/482	66/290	+00:12:04	CALGARY
16/71	KAFENZAKIS, EMILY	5490	31:04.917	06:12	09:59	175/482	73/290	+00:12:18	CALGARY
17/71	KEARNEY, KATHERINE	5520	31:20.549	06:16	10:04	183/482	78/290	+00:12:33	CANMORE
18/71	GREY, LORRAINE	5114	32:05.713	06:25	10:19	202/482	87/290	+00:13:18	CALGARY
19/71	FERRARI, MANDY	5371	32:23.031	06:28	10:24	214/482	95/290	+00:13:36	CALGARY
20/71	MARTINEZ, MARIAN	5495	32:40.025	06:32	10:30	217/482	96/290	+00:13:53	CALGARY
21/71	SIMPSON, BETHANY	5453	32:41.710	06:32	10:30	218/482	97/290	+00:13:54	OKOTOKS
22/71	JABALLA, ROAN EVE	5133	32:57.157	06:35	10:35	222/482	100/290	+00:14:10	CALGARY
23/71	KOPPERSCHMIDT, GABRIELA	5158	33:43.118	06:44	10:50	236/482	106/290	+00:14:56	CALGARY
24/71	MOHAMED-KASSAM, ALISHA	5194	33:56.454	06:47	10:54	237/482	107/290	+00:15:09	CALGARY
25/71	CHURCHILL, BRITTANY	5045	34:14.758	06:50	11:00	242/482	108/290	+00:15:27	CALGARY
26/71	ADAMS, ANNIKA	5322	34:17.591	06:51	11:01	245/482	111/290	+00:15:30	CALGARY
27/71	SCOTT, ANGELICA	5448	34:19.490	06:51	11:02	247/482	113/290	+00:15:32	CALGARY
28/71	BELL, BRITTANY	5343	34:20.005	06:52	11:02	248/482	114/290	+00:15:33	CALGARY
29/71	LEE, CAMILLE	5403	34:23.664	06:52	11:03	250/482	116/290	+00:15:36	CALGARY
30/71	BELL, KRISTEN	5024	34:47.311	06:57	11:11	253/482	119/290	+00:16:00	CALGARY
31/71	YATES, KRISTIN	5317	34:49.468	06:57	11:11	254/482	120/290	+00:16:02	CALGARY
32/71	KRUIHOF, CRYSTAL	5400	35:10.960	07:02	11:18	258/482	122/290	+00:16:24	CALGARY
33/71	BRILZ, CHELSEA	5033	35:22.233	07:04	11:22	259/482	123/290	+00:16:35	CALGARY
34/71	ANDRADE, POLLYANNA	5479	35:22.608	07:04	11:22	260/482	124/290	+00:16:35	CALGARY
35/71	SILCOX, CHRISTY	5256	35:37.232	07:07	11:27	262/482	125/290	+00:16:50	CALGARY
36/71	KOPITAR, KANDAS	5156	35:55.978	07:11	11:33	267/482	128/290	+00:17:09	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K30-39F - 71 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
37/71	COMEAU, JESSICA	5356	35:59.427	07:11	11:34	268/482	129/290	+00:17:12	CALGARY
38/71	MCKAY, LINDSAY	5187	36:40.163	07:20	11:47	280/482	138/290	+00:17:53	CALGARY
39/71	DANIELS, SAMANTHA	5062	36:58.491	07:23	11:53	284/482	141/290	+00:18:11	CALGARY
40/71	YORKE, ASHLEY	5471	37:10.372	07:26	11:57	285/482	142/290	+00:18:23	RED DEER COUNT
41/71	LETUN, JESSICA	5405	37:12.366	07:26	11:57	288/482	144/290	+00:18:25	CALGARY
42/71	HANNA, JESSICA	5118	37:20.592	07:28	12:00	289/482	145/290	+00:18:33	CALGARY
43/71	TIEDEMANN, SARAH	5286	37:25.606	07:29	12:02	292/482	147/290	+00:18:38	EDMONTON
44/71	FISCHER, KAMALJEET	5092	38:38.379	07:43	12:25	306/482	155/290	+00:19:51	DALROY
45/71	MURPHY, MICHELE	5430	38:46.841	07:45	12:28	310/482	158/290	+00:19:59	CALGARY
46/71	JESS, EDEL	5394	38:48.926	07:45	12:28	312/482	160/290	+00:20:02	CALGARY
47/71	PERCIVAL, JESSICA	5213	39:01.068	07:48	12:32	315/482	163/290	+00:20:14	CALGARY
48/71	LEPARD, ASHLEY	5164	41:11.540	08:14	13:14	345/482	185/290	+00:22:24	CALGARY
49/71	BLASKO, SUZY	5029	41:24.009	08:16	13:18	347/482	187/290	+00:22:37	AIRDRIE
50/71	VAN STAALDUINEN, ISABELLE	5297	41:40.488	08:20	13:24	354/482	192/290	+00:22:53	SUNDRE
51/71	DOCKRELL, CLAIRE	5365	42:45.223	08:33	13:44	362/482	200/290	+00:23:58	CALGARY
52/71	BRADSHAW, RENEE	5031	42:47.120	08:33	13:45	363/482	201/290	+00:24:00	CALGARY
53/71	JANCZAK, MELORY	5138	42:47.659	08:33	13:45	364/482	202/290	+00:24:00	CALGARY
54/71	THOMPSON, MCKENZIE	5541	48:03.975	09:36	15:27	404/482	228/290	+00:29:17	CALGARY
55/71	SPENCE, STACEY	5268	48:49.623	09:45	15:42	408/482	230/290	+00:30:02	CALGARY
56/71	JACKSON, ELISHA	5393	51:15.146	10:15	16:28	422/482	239/290	+00:32:28	EDMONTON
57/71	SILVIUS, KATHERINE	5257	51:42.418	10:20	16:37	424/482	241/290	+00:32:55	CALGARY
58/71	CAMPUS, CRISTA	5039	52:06.033	10:25	16:45	428/482	244/290	+00:33:19	CALGARY
59/71	BRITTON, HOLLY	5034	53:01.855	10:36	17:03	430/482	246/290	+00:34:14	CALGARY
60/71	BATCHELOR, ALYSSA	5338	53:16.550	10:39	17:07	436/482	250/290	+00:34:29	CALGARY
61/71	CURRIE, SANDRA	5511	53:23.746	10:40	17:10	438/482	251/290	+00:34:36	CALGARY
62/71	TIEDEMANN, BENI	5285	53:48.056	10:45	17:17	440/482	252/290	+00:35:01	EDMONTON
63/71	PILON, SHANNA	5216	53:58.689	10:47	17:21	443/482	255/290	+00:35:11	CALGARY
64/71	KUNZE, KRISTIN	5491	59:27.927	11:53	19:07	463/482	275/290	+00:40:41	CALGARY
65/71	ELKES, BRINLEY	5487	59:28.190	11:53	19:07	464/482	276/290	+00:40:41	CALGARY
66/71	LOGAN, VICTORIA	5494	59:28.537	11:53	19:07	465/482	277/290	+00:40:41	CALGARY
67/71	GARCIA, KARLA	5377	59:50.413	11:58	19:14	466/482	278/290	+00:41:03	CALGARY
68/71	LACANILAO, ROXANNE	5325	1:00:47.224	12:09	19:32	468/482	280/290	+00:42:00	CALGARY
69/71	BEGOT COLADON, MARIE-PIER	5022	1:00:48.325	12:09	19:33	469/482	281/290	+00:42:01	CALGARY
70/71	ULMER, MANDY	5294	1:02:01.706	12:24	19:56	473/482	284/290	+00:43:14	AIRDRIE
71/71	SLUYS, MELISSA	5264	1:04:23.572	12:52	20:42	481/482	290/290	+00:45:36	CALGARY

5K30-39M - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/51	NEUMANN, JOEL	5497	16:11.982	03:14	05:12	1/482	1/192	+00:00:00	CALGARY
2/51	DROVER, CONRAD	5366	17:21.965	03:28	05:35	2/482	2/192	+00:01:09	CALGARY
3/51	LEON, JOSE	5404	18:47.092	03:45	06:02	6/482	5/192	+00:02:35	CALGARY
4/51	TINASAS, DAVY JHON	5530	19:15.632	03:51	06:11	12/482	11/192	+00:03:03	CALGARY
5/51	PARDELL, REECE	5521	19:44.980	03:56	06:21	13/482	12/192	+00:03:32	CALGARY
6/51	KEARLEY, ALEXANDER	5145	19:59.205	03:59	06:25	14/482	13/192	+00:03:47	CALGARY
7/51	PASCOE-PRICE, JAMES	5211	22:06.190	04:25	07:06	21/482	17/192	+00:05:54	CALGARY
8/51	ZENTNER, BRAYDEN	5475	22:17.133	04:27	07:09	25/482	21/192	+00:06:05	LETHBRIDGE
9/51	SMITSNUK, DARREN	5458	22:18.681	04:27	07:10	27/482	23/192	+00:06:06	CALGARY
10/51	ZATYLYNY, SCOTT	5519	22:44.652	04:32	07:18	31/482	26/192	+00:06:32	CALGARY
11/51	PENGRA, TRAVIS	5434	24:21.443	04:52	07:49	46/482	38/192	+00:08:09	CALGARY
12/51	KIMMEL, JOSH	5398	24:25.821	04:53	07:51	49/482	41/192	+00:08:13	BEISEKER
13/51	RESENDE, BRUNO	5439	24:32.224	04:54	07:53	51/482	43/192	+00:08:20	SÃO PAULO
14/51	BALABAN, JORDAN	5482	24:37.358	04:55	07:55	53/482	44/192	+00:08:25	CALGARY
15/51	ANDRADE, EVERTON	5478	25:16.685	05:03	08:07	61/482	50/192	+00:09:04	CALGARY
16/51	JUNG, YOSEPH	5553	25:19.358	05:03	08:08	64/482	51/192	+00:09:07	CALGARY
17/51	BOSMAN, JAN-HENDRIK	5030	26:25.827	05:17	08:29	88/482	64/192	+00:10:13	CALGARY
18/51	PETERS, JUSTIN	5214	26:49.989	05:21	08:37	99/482	71/192	+00:10:38	CALGARY
19/51	FILIFE, PEDRO	5372	26:57.697	05:23	08:40	101/482	73/192	+00:10:45	CALGARY
20/51	GALL, TONY	5376	27:13.662	05:26	08:45	106/482	76/192	+00:11:01	CALGARY
21/51	BILAL, FAAIZ	5028	27:44.412	05:32	08:55	113/482	79/192	+00:11:32	AIRDRIE
22/51	GONZALEZ, BRUNO	5110	28:14.670	05:38	09:04	118/482	82/192	+00:12:02	CALGARY
23/51	LEGER, EMILE	5514	28:57.044	05:47	09:18	131/482	86/192	+00:12:45	CALGARY
24/51	PARDELL, BRETT	5515	29:05.525	05:49	09:21	135/482	88/192	+00:12:53	CALGARY
25/51	SAVAMURA, EIJI	5447	29:45.838	05:57	09:34	145/482	93/192	+00:13:33	CALGARY
26/51	MEDINA, ERNESTO	5421	31:10.706	06:14	10:01	180/482	105/192	+00:14:58	CALGARY
27/51	BATINIC, JOSIP	5021	31:53.080	06:22	10:15	197/482	114/192	+00:15:41	CALGARY
28/51	KERR, JORDAN	5148	32:16.517	06:27	10:22	210/482	119/192	+00:16:04	AIRDRIE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K30-39M - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
29/51	TILLER, SAM	5461	32:46.633	06:33	10:32	219/482	122/192	+00:16:34	CALGARY
30/51	GOTHARD, RUSSELL	5112	33:58.140	06:47	10:55	238/482	131/192	+00:17:46	CALGARY
31/51	CAY, DANIEL	5351	34:00.486	06:48	10:56	239/482	132/192	+00:17:48	CALGARY
32/51	WOODS, JOSH	5506	34:00.700	06:48	10:56	240/482	133/192	+00:17:48	CALGARY
33/51	LA ROCKE-SEITZ, SAM	5401	34:55.937	06:59	11:13	257/482	136/192	+00:18:43	CALGARY
34/51	ISHAQUE, HANAN	5132	35:32.710	07:06	11:25	261/482	137/192	+00:19:20	CALGARY
35/51	AURORA, ROBBY	5522	35:42.132	07:08	11:28	264/482	139/192	+00:19:30	CALGARY
36/51	MAPPLEBECK, DAVE	5175	36:00.764	07:12	11:34	270/482	140/192	+00:19:48	CALGARY
37/51	SAINI, RAMIT	5241	36:02.429	07:12	11:35	272/482	141/192	+00:19:50	AIRDRIE
38/51	OSSA, NELSON	5209	36:50.053	07:22	11:50	282/482	143/192	+00:20:38	CALGARY
39/51	LIU, CHARLES	5168	38:01.419	07:36	12:13	301/482	148/192	+00:21:49	CALGARY
40/51	VIRK, JAGDEEP	5532	38:24.057	07:40	12:20	304/482	150/192	+00:22:12	CALGARY
41/51	MCMILLAN, JOSEPH	5568	38:45.300	07:45	12:27	309/482	152/192	+00:22:33	CALGARY
42/51	NANUA, VIKRAM SINGH	5202	39:03.388	07:48	12:33	317/482	153/192	+00:22:51	SURREY
43/51	FAGAN, COLTAN	5080	39:17.450	07:51	12:38	319/482	154/192	+00:23:05	CALGARY
44/51	BERTOLI, JM	5025	39:17.733	07:51	12:38	320/482	155/192	+00:23:05	CALGARY
45/51	CONDONI, LIAM	5049	39:32.615	07:54	12:42	323/482	156/192	+00:23:20	CALGARY
46/51	SINGH, YASHDEEP	5455	40:14.356	08:02	12:56	331/482	158/192	+00:24:02	AIRDRIE
47/51	WALLACE, IAN	5467	45:50.799	09:10	14:44	386/482	170/192	+00:29:38	CALGARY
48/51	DEROWIN, JAMES	5066	47:14.423	09:26	15:11	399/482	174/192	+00:31:02	CALGARY
49/51	SILVIUS, ROBERT	5259	47:30.992	09:30	15:16	401/482	175/192	+00:31:19	CALGARY
50/51	BATCHELOR, TRENT	5341	53:12.307	10:38	17:06	433/482	186/192	+00:37:00	CALGARY
51/51	CURRIE, GRAHAM	5510	53:23.790	10:40	17:10	439/482	188/192	+00:37:11	CALGARY

5K40-49F - 71 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/71	ATKINS, DASHA	5015	20:44.509	04:08	06:40	16/482	2/290	+00:00:00	CALGARY
2/71	MONAGHAN, NADIA	5427	24:03.655	04:48	07:44	42/482	8/290	+00:03:19	CALGARY
3/71	THOMSON, NICOLE	5460	25:18.077	05:03	08:08	62/482	12/290	+00:04:33	CALGARY
4/71	ARCHAMBAULT, MELISSA	5008	25:23.740	05:04	08:09	65/482	14/290	+00:04:39	OKOTOKS
5/71	CARRIER-ROBB, DOMINIQUE	5535	26:46.076	05:21	08:36	98/482	28/290	+00:06:01	CALGARY
6/71	CHINEME, TINU	5560	27:12.396	05:26	08:44	105/482	30/290	+00:06:27	CALGARY
7/71	GREEN, JENNIFER	5382	27:13.919	05:26	08:45	107/482	31/290	+00:06:29	CALGARY
8/71	LANGHAM, TIANA	5526	27:18.371	05:27	08:46	109/482	32/290	+00:06:33	CALGARY
9/71	HOWELL, SARAH	5392	27:34.263	05:30	08:51	111/482	34/290	+00:06:49	CALGARY
10/71	RENZ, TELARA	5234	28:24.021	05:40	09:07	122/482	38/290	+00:07:39	CALGARY
11/71	SAWCHYN, KRISTA	5246	28:27.909	05:41	09:09	124/482	40/290	+00:07:43	CALGARY
12/71	RISSELOVA, JANA	5237	28:33.275	05:42	09:10	130/482	45/290	+00:07:48	CALGARY
13/71	FUTERS, TERESA	5102	28:59.246	05:47	09:19	132/482	46/290	+00:08:14	AIRDRIE
14/71	TETLEY, ANGELA	5280	29:21.629	05:52	09:26	141/482	50/290	+00:08:37	CALGARY
15/71	RODRIGUEZ, BRENDA	5441	29:41.809	05:56	09:32	144/482	52/290	+00:08:57	CALGARY
16/71	SCHOLZ, NANCY	5543	29:45.864	05:57	09:34	146/482	53/290	+00:09:01	CALGARY
17/71	VOLK, TRACY	5299	29:46.121	05:57	09:34	147/482	54/290	+00:09:01	KERROBERT
18/71	FURNEAUX, AMIE	5101	29:47.925	05:57	09:34	148/482	55/290	+00:09:03	CALGARY
19/71	ACKER, JANINE	5003	29:52.069	05:58	09:36	150/482	56/290	+00:09:07	CHESTERMERE
20/71	MASON, ANGIE	5527	30:53.362	06:10	09:55	169/482	69/290	+00:10:08	CALGARY
21/71	LABELLE, KIM	5548	31:03.228	06:12	09:59	173/482	71/290	+00:10:18	COCHRANE
22/71	FLYNN, REAGAN	5094	31:04.448	06:12	09:59	174/482	72/290	+00:10:19	CALGARY
23/71	BARRON, LEAH	5019	31:05.315	06:13	09:59	176/482	74/290	+00:10:20	CALGARY
24/71	SETO, ALICE	5332	31:18.603	06:15	10:04	182/482	77/290	+00:10:34	CALGARY
25/71	FRY, KRISTEN	5099	31:29.337	06:17	10:07	187/482	79/290	+00:10:44	CALGARY
26/71	KROHN, REGINA	5565	31:39.248	06:19	10:10	191/482	82/290	+00:10:54	CALGARY
27/71	HARRISON, NICOLE	5120	31:52.588	06:22	10:14	196/482	83/290	+00:11:08	CALGARY
28/71	THORSEN, CHERALYN	5284	32:01.470	06:24	10:17	199/482	84/290	+00:11:16	CALGARY
29/71	THORSEN, CARLEE	5283	32:02.088	06:24	10:18	200/482	85/290	+00:11:17	CALGARY
30/71	YAKELEY, LINDSEY	5556	32:08.687	06:25	10:20	203/482	88/290	+00:11:24	CALGARY
31/71	AL-YAFI, LAMA	5477	32:17.405	06:27	10:22	211/482	92/290	+00:11:32	COCHRANE
32/71	QUINLAN, MAE	5224	32:19.306	06:27	10:23	212/482	93/290	+00:11:34	CALGARY
33/71	CHAN, DANA	5352	33:14.078	06:38	10:41	226/482	102/290	+00:12:29	AIRDRIE
34/71	JACOBI, SANDRA	5137	33:29.897	06:41	10:46	228/482	103/290	+00:12:45	AIRDRIE
35/71	FELLOWS, CHELSEY	5087	33:30.556	06:42	10:46	231/482	104/290	+00:12:46	OKOTOKS
36/71	POIRIER, EMELIE	5217	34:15.717	06:51	11:01	243/482	109/290	+00:13:31	COCHRANE
37/71	PREFONTAINE DARIUS, MELANIE	5437	34:41.787	06:56	11:09	252/482	118/290	+00:13:57	CALGARY
38/71	MAPPLEBECK, KRISTA	5176	35:59.780	07:11	11:34	269/482	130/290	+00:15:15	CALGARY
39/71	LYTH, RYANNE	5414	36:02.029	07:12	11:35	271/482	131/290	+00:15:17	CALGARY
40/71	MCKENZIE, KATHERINE	5189	36:07.206	07:13	11:36	273/482	132/290	+00:15:22	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K40-49F - 71 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
41/71	MITTU, RAJNI	5424	36:36.499	07:19	11:46	277/482	135/290	+00:15:51	CALGARY
42/71	SCHILLING, KELLY	5248	36:57.062	07:23	11:52	283/482	140/290	+00:16:12	CALGARY
43/71	BELAND, AURELIE	5023	37:11.356	07:26	11:57	287/482	143/290	+00:16:26	CALGARY
44/71	FEHR, LYNETTE	5084	37:56.169	07:35	12:11	298/482	151/290	+00:17:11	CALGARY
45/71	SZPAJCHER, ELIZABETH	5279	37:58.459	07:35	12:12	299/482	152/290	+00:17:13	COCHRANE
46/71	HISCOCK, NICOLE	5126	37:58.771	07:35	12:12	300/482	153/290	+00:17:14	CALGARY
47/71	BESWICK-ARTHUR, JENNIFER	5026	38:43.817	07:44	12:27	308/482	157/290	+00:17:59	CALGARY
48/71	MAYER, SIMONE	5184	38:47.310	07:45	12:28	311/482	159/290	+00:18:02	CALGARY
49/71	JAREMKO, SARA	5554	39:01.628	07:48	12:32	316/482	164/290	+00:18:17	CALGARY
50/71	WILCOX, KRISTINA	5312	39:18.435	07:51	12:38	322/482	167/290	+00:18:33	CALGARY
51/71	BARRETT, MIRANDA	5018	39:58.746	07:59	12:51	327/482	170/290	+00:19:14	OKOTOKS
52/71	ANDRES, BECKY	5336	40:01.302	08:00	12:52	328/482	171/290	+00:19:16	CALGARY
53/71	O'SULLIVAN, LISA	5498	40:29.167	08:05	13:01	332/482	174/290	+00:19:44	CALGARY
54/71	LINEHAN, STACEY	5167	40:29.798	08:05	13:01	333/482	175/290	+00:19:45	CALGARY
55/71	MUNDY, LISA	5327	41:13.700	08:14	13:15	346/482	186/290	+00:20:29	HERITAGE POINT
56/71	FELLOWS, COURTNEY	5088	41:28.183	08:17	13:20	351/482	190/290	+00:20:43	CALGARY
57/71	SATHER, LAURA	5244	41:51.713	08:22	13:27	355/482	193/290	+00:21:07	AIRDRIE
58/71	REDDY, PRITIKA	5438	41:55.183	08:23	13:28	356/482	194/290	+00:21:10	CALGARY
59/71	CYR, GWEN	5060	42:56.611	08:35	13:48	365/482	203/290	+00:22:12	STRATHMORE
60/71	HSU, JENNIFER	5129	43:22.206	08:40	13:56	368/482	206/290	+00:22:37	CALGARY
61/71	VAN DUZEN, SIOBHAN	5296	43:47.917	08:45	14:04	373/482	209/290	+00:23:03	AIRDRIE
62/71	HSU, SHANWEN	5130	44:42.729	08:56	14:22	375/482	211/290	+00:23:58	CALGARY
63/71	BATES, JACLYN	5020	46:13.218	09:14	14:51	389/482	218/290	+00:25:28	CALGARY
64/71	KEMPF, ADRIENNE	5147	49:17.431	09:51	15:50	411/482	232/290	+00:28:32	CALGARY
65/71	RASHID, ANISHA	5231	50:49.364	10:09	16:20	419/482	237/290	+00:30:04	CALGARY
66/71	MARCY, SAMANTHA	5419	51:56.089	10:23	16:41	426/482	242/290	+00:31:11	CALGARY
67/71	DUCKWORTH, RENEE	5073	51:56.886	10:23	16:42	427/482	243/290	+00:31:12	CALGARY
68/71	SHUKLA, MILI	5253	54:14.580	10:50	17:26	447/482	259/290	+00:33:30	CALGARY
69/71	BLAIR-HALMAZNA, REAH	5346	54:46.808	10:57	17:36	450/482	262/290	+00:34:02	CALGARY
70/71	RENAUD, TRACEY	5233	56:25.315	11:17	18:08	453/482	265/290	+00:35:40	CALGARY
71/71	HOWELL, MARISA	5128	1:02:56.975	12:35	20:14	474/482	285/290	+00:42:12	EDMONTON

5K40-49M - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/46	LY, GORDON	5411	18:06.519	03:37	05:49	3/482	3/192	+00:00:00	CALGARY
2/46	TOMEI, LUCAS	5291	18:54.120	03:46	06:04	7/482	6/192	+00:00:47	CALGARY
3/46	BECK, DAN	5342	18:55.293	03:47	06:05	9/482	8/192	+00:00:48	CALGARY
4/46	MURPHY, GAVIN	5561	22:11.274	04:26	07:08	22/482	18/192	+00:04:04	FOOTHILLS
5/46	GUEVREMONT, SEAN	5385	22:16.616	04:27	07:09	24/482	20/192	+00:04:10	CALGARY
6/46	GIBSON, PHILLIP	5108	23:32.835	04:42	07:34	37/482	32/192	+00:05:26	CROSSFIELD
7/46	LEPRIEUR, JEREMY	5165	24:15.703	04:51	07:48	44/482	36/192	+00:06:09	CALGARY
8/46	SINIGAGLIESI, ENZO	5456	24:16.358	04:51	07:48	45/482	37/192	+00:06:09	CALGARY
9/46	COOPER, TREVOR	5053	24:31.615	04:54	07:53	50/482	42/192	+00:06:25	CALGARY
10/46	GILLAN, GARY	5562	24:45.448	04:57	07:57	55/482	45/192	+00:06:38	CALGARY
11/46	GOMEZ, FRANCISCO	5381	24:50.458	04:58	07:59	56/482	46/192	+00:06:43	CALGARY
12/46	FEHR, NATHAN	5085	25:08.295	05:01	08:04	59/482	49/192	+00:07:01	CALGARY
13/46	SINGH, MEAKIN	5500	26:21.536	05:16	08:28	87/482	63/192	+00:08:15	CALGARY
14/46	CAMERON, JOE	5349	26:39.066	05:19	08:34	93/482	67/192	+00:08:32	COCHRANE
15/46	MARIANI, CHRIS	5179	26:40.425	05:20	08:34	94/482	68/192	+00:08:33	CHESTERMERE
16/46	ROGERS, ROB	5239	27:10.169	05:26	08:44	104/482	75/192	+00:09:03	LAKE LOUISE
17/46	CAMPBELL, JON	5321	27:58.472	05:35	08:59	116/482	80/192	+00:09:51	CALGARY
18/46	FU, KEVIN	5100	28:06.232	05:37	09:02	117/482	81/192	+00:09:59	CALGARY
19/46	NEILL, SHAUN	5557	29:00.747	05:48	09:19	133/482	87/192	+00:10:54	AIRDRIE
20/46	WEIS, ALEX	5305	29:11.292	05:50	09:23	136/482	89/192	+00:11:04	CALGARY
21/46	MONTANO, CARLOS	5196	29:40.144	05:56	09:32	143/482	92/192	+00:11:33	CALGARY
22/46	SATHER, GAVIN	5243	29:58.753	05:59	09:38	153/482	95/192	+00:11:52	AIRDRIE
23/46	LI, AARON	5493	30:01.822	06:00	09:39	155/482	96/192	+00:11:55	CALGARY
24/46	TODD, JOHN	5290	30:03.635	06:00	09:39	157/482	98/192	+00:11:57	AIRDRIE
25/46	MASTRONARDI, BRUNO	5183	31:05.828	06:13	09:59	177/482	103/192	+00:12:59	CALGARY
26/46	ARNOUS, AMR	5012	31:23.056	06:16	10:05	184/482	106/192	+00:13:16	CALGARY
27/46	KERSWILL, JASON	5149	31:32.853	06:18	10:08	188/482	109/192	+00:13:26	CALGARY
28/46	HEALY, PETER	5122	31:48.546	06:21	10:13	193/482	111/192	+00:13:42	AIRDRIE
29/46	MA, WEI	5172	31:50.526	06:22	10:14	195/482	113/192	+00:13:44	CALGARY
30/46	HEIKAMP, COREY	5390	32:08.713	06:25	10:20	204/482	116/192	+00:14:02	AIRDRIE
31/46	SHANDRO, TYLER	5251	32:25.820	06:29	10:25	215/482	120/192	+00:14:19	CALGARY
32/46	CHAN, DESMOND	5353	33:13.936	06:38	10:41	225/482	124/192	+00:15:07	AIRDRIE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K40-49M - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
33/46	HIGGINSON, JOHN	5123	33:23.196	06:40	10:44	227/482	125/192	+00:15:16	CALGARY
34/46	JACOBI, CHRISTOPHER	5136	33:29.946	06:41	10:46	229/482	126/192	+00:15:23	AIRDRIE
35/46	SACHIVOTHAMAN, DIPU	5331	33:36.133	06:43	10:48	234/482	130/192	+00:15:29	CALGARY
36/46	KAISER, RYAN	5143	37:39.793	07:31	12:06	296/482	147/192	+00:19:33	OKOTOKS
37/46	HISCOCK, JASON	5125	43:25.979	08:41	13:57	369/482	163/192	+00:25:19	CALGARY
38/46	GHOSH, ANIRBAN	5107	43:42.291	08:44	14:03	371/482	164/192	+00:25:35	CALGARY
39/46	STEWART, RORY	5273	45:21.217	09:04	14:34	380/482	166/192	+00:27:14	OKOTOKS
40/46	FONG, JASON	5097	46:07.156	09:13	14:49	388/482	171/192	+00:28:00	AIRDRIE
41/46	JOSHI, KUNAL	5141	46:14.914	09:14	14:52	390/482	172/192	+00:28:08	CALGARY
42/46	GAIA, FILLIPE	5103	48:01.742	09:36	15:26	403/482	176/192	+00:29:55	CALGARY
43/46	RASHID, ASIF	5232	50:49.201	10:09	16:20	418/482	182/192	+00:32:42	CALGARY
44/46	ERIKSEN, MARK	5077	51:14.536	10:14	16:28	421/482	183/192	+00:33:08	CALGARY
45/46	DUCKWORTH, RYAN	5549	51:54.732	10:22	16:41	425/482	184/192	+00:33:48	CALGARY
46/46	PSHYK, JASON	5222	1:02:58.522	12:35	20:14	475/482	190/192	+00:44:52	EDMONTON

5K50-59F - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/40	NEUFELD, JILL	5204	26:38.950	05:19	08:34	92/482	26/290	+00:00:00	CALGARY
2/40	DALLAIRE, JACKIE	5524	27:07.355	05:25	08:43	103/482	29/290	+00:00:28	CALGARY
3/40	WIEBE, PATTY	5311	29:04.425	05:48	09:20	134/482	47/290	+00:02:25	CALGARY
4/40	HANKINSON, JOANNE	5545	31:38.057	06:19	10:10	189/482	80/290	+00:04:59	CALGARY
5/40	ADDANTE, LAURA	5004	31:38.805	06:19	10:10	190/482	81/290	+00:04:59	CALGARY
6/40	JOBE, STACEY	5544	32:12.440	06:26	10:21	205/482	89/290	+00:05:33	CALGARY
7/40	SYVERSON, SHAWNA	5278	32:12.447	06:26	10:21	206/482	90/290	+00:05:33	CALGARY
8/40	MEYER, VIRGINIA	5193	32:13.213	06:26	10:21	207/482	91/290	+00:05:34	CALGARY
9/40	ZERK, SHARON	5476	32:21.133	06:28	10:24	213/482	94/290	+00:05:42	CALGARY
10/40	DESJARDINS, BOBBIE JO	5068	37:30.706	07:30	12:03	294/482	149/290	+00:10:51	CALGARY
11/40	COX, JEN	5057	37:49.881	07:33	12:09	297/482	150/290	+00:11:10	CALGARY
12/40	FISCHER, ANETTE	5091	38:23.991	07:40	12:20	303/482	154/290	+00:11:45	CALGARY
13/40	BLOCK, JENNIFER	5347	38:41.287	07:44	12:26	307/482	156/290	+00:12:02	CALGARY
14/40	ARMOUR, TAUREA	5011	39:00.767	07:48	12:32	314/482	162/290	+00:12:21	HIGH RIVER
15/40	MONT, SHELLY	5195	39:16.136	07:51	12:37	318/482	165/290	+00:12:37	CALGARY
16/40	RUDIAK, LORIANNE	5240	40:31.581	08:06	13:01	334/482	176/290	+00:13:52	CALGARY
17/40	MONTOYA, VIVIANA	5197	40:58.043	08:11	13:10	339/482	180/290	+00:14:19	AIRDRIE
18/40	TOOVEY, DIANE	5463	40:59.637	08:11	13:10	340/482	181/290	+00:14:20	COCHRANE
19/40	SEITZ, KARLA	5449	41:24.011	08:16	13:18	348/482	188/290	+00:14:45	OKOTOKS
20/40	MCCORMACK, BRANDI	5186	41:27.059	08:17	13:19	350/482	189/290	+00:14:48	CALGARY
21/40	PARSONS, TINA	5210	43:15.736	08:39	13:54	367/482	205/290	+00:16:36	AIRDRIE
22/40	TONER, CANDACE	5462	45:23.022	09:04	14:35	382/482	215/290	+00:18:44	CALGARY
23/40	MARCHAND, VICTORIA	5178	45:40.415	09:08	14:41	383/482	216/290	+00:19:01	CALGARY
24/40	GERRITSEN, KARIN	5104	46:53.916	09:22	15:04	395/482	222/290	+00:20:14	CALGARY
25/40	COLEMAN, KATHY	5047	46:57.639	09:23	15:05	396/482	223/290	+00:20:18	CALGARY
26/40	LOVSTROM, TRISH	5170	47:11.798	09:26	15:10	397/482	224/290	+00:20:32	CALGARY
27/40	DURAN, LIZA	5486	47:19.486	09:27	15:13	400/482	226/290	+00:20:40	CALGARY
28/40	CONWAY, RAE	5050	49:09.662	09:49	15:48	410/482	231/290	+00:22:30	CALGARY
29/40	STELICK, JENNY	5504	49:19.694	09:51	15:51	412/482	233/290	+00:22:40	CALGARY
30/40	LAL, ANITA	5160	49:53.374	09:58	16:02	413/482	234/290	+00:23:14	CALGARY
31/40	RICHARDS, DIONNE	5236	50:09.895	10:01	16:07	414/482	235/290	+00:23:30	CALGARY
32/40	THE MONKEY, TWISTED	5281	50:11.772	10:02	16:08	415/482	236/290	+00:23:32	CALGARY
33/40	GARRISEN, LISA	5378	51:17.560	10:15	16:29	423/482	240/290	+00:24:38	CALGARY
34/40	STICKEL, LAURA	5274	54:10.221	10:50	17:25	445/482	257/290	+00:27:31	CALGARY
35/40	NAIRN, JACQUELINE	5201	54:10.596	10:50	17:25	446/482	258/290	+00:27:31	CALGARY
36/40	SAMPSON, LARA	5445	54:41.417	10:56	17:35	448/482	260/290	+00:28:02	CALGARY
37/40	LINDEMANN, SHOYA	5166	56:23.016	11:16	18:07	452/482	264/290	+00:29:44	CALGARY
38/40	ROBINSON, TARA	5238	56:31.712	11:18	18:10	456/482	268/290	+00:29:52	CALGARY
39/40	GULYAS, VENUS	5116	56:31.758	11:18	18:10	457/482	269/290	+00:29:52	CALGARY
40/40	SARGA, ANNETTE	5242	57:27.633	11:29	18:28	460/482	272/290	+00:30:48	CALGARY

5K50-59M - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/21	GUREVITCH, JASON	5388	19:13.549	03:50	06:10	10/482	9/192	+00:00:00	CALGARY
2/21	YOUNG, DAVID	5473	21:42.963	04:20	06:58	20/482	16/192	+00:02:29	AIRDRIE
3/21	GADD, PHIL	5374	22:17.204	04:27	07:09	26/482	22/192	+00:03:03	FERNIE
4/21	PENGUE, MARCO	5212	22:40.406	04:32	07:17	30/482	25/192	+00:03:26	CALGARY
5/21	SINFUEGO, FREDERICK	5454	23:29.859	04:41	07:33	35/482	30/192	+00:04:16	BANFF
6/21	DYSON, PAUL	5368	24:24.049	04:52	07:50	48/482	40/192	+00:05:10	CALGARY
7/21	MARTIN, BRENNAN	5180	25:24.439	05:04	08:10	66/482	52/192	+00:06:10	OKOTOKS

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
482 Finishers

5K50-59M - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
8/21	CARRASCO, TERUEL	5350	25:48.375	05:09	08:17	76/482	57/192	+00:06:34	OKOTOKS
9/21	SINGH, JERRY	5262	27:06.114	05:25	08:42	102/482	74/192	+00:07:52	PUERTO VALLART
10/21	PILIOUNIS, PETER	5215	29:11.302	05:50	09:23	137/482	90/192	+00:09:57	CALGARY
11/21	CHIDLAW, TIM	5485	30:48.369	06:09	09:54	165/482	100/192	+00:11:34	CALGARY
12/21	ASTRIDGE, MARK	5014	31:07.215	06:13	10:00	179/482	104/192	+00:11:53	CALGARY
13/21	CALIC, VELIBOR	5484	31:26.429	06:17	10:06	186/482	108/192	+00:12:12	CALGARY
14/21	BALABAN, DAN	5481	32:28.142	06:29	10:26	216/482	121/192	+00:13:14	CALGARY
15/21	VERGE, CHAD	5465	33:30.342	06:42	10:46	230/482	127/192	+00:14:16	AIRDRIE
16/21	KINGSCOTE, ANDREW	5152	37:20.758	07:28	12:00	290/482	145/192	+00:18:07	CALGARY
17/21	FAIRBROTHER, ROY	5512	38:02.870	07:36	12:14	302/482	149/192	+00:18:49	TSUUT'INA NATIO
18/21	RAMOS, DENIS	5226	40:57.551	08:11	13:10	337/482	159/192	+00:21:44	AIRDRIE
19/21	PONCIANO, RAMON	5218	48:31.881	09:42	15:36	407/482	178/192	+00:29:18	CALGARY, ALBER
20/21	ANDERSON, MIKE	5007	50:48.872	10:09	16:20	416/482	180/192	+00:31:35	COCHRANE
21/21	PRIESTMAN, ROBERT	5220	50:48.904	10:09	16:20	417/482	181/192	+00:31:35	CALGARY

5K60-69F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	WILSON, NICOLE	5470	28:29.542	05:41	09:09	127/482	42/290	+00:00:00	CALGARY
2/12	GREGG, BARB	5538	33:37.071	06:43	10:48	235/482	105/290	+00:05:07	CALGARY
3/12	GREEN, LINDA	5113	42:00.144	08:24	13:30	358/482	196/290	+00:13:30	CALGARY
4/12	HOPKINS, DAWN	5542	43:56.517	08:47	14:07	374/482	210/290	+00:15:26	CALGARY
5/12	MORRIS, PAM	5198	44:56.940	08:59	14:27	376/482	212/290	+00:16:27	CALGARY
6/12	HAMMOND, JANETTE	5117	44:59.183	08:59	14:27	377/482	213/290	+00:16:29	CALGARY
7/12	SILVIUS, LESLIE	5258	47:13.202	09:26	15:10	398/482	225/290	+00:18:43	CALGARY
8/12	DEROWIN, CANDIS	5065	47:31.365	09:30	15:16	402/482	227/290	+00:19:01	CALGARY
9/12	MADSEN, TAMMY	5416	53:13.128	10:38	17:06	434/482	248/290	+00:24:43	CALGARY
10/12	CROSS, SARAH	5358	53:57.707	10:47	17:21	442/482	254/290	+00:25:28	CALGARY
11/12	CRAMER, SUSAN	5058	57:25.663	11:29	18:27	459/482	271/290	+00:28:56	CALGARY
12/12	CRON, SUSAN	5059	1:03:27.690	12:41	20:24	477/482	287/290	+00:34:58	CALGARY

5K60-69M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	MORRIS, CHUCK	5546	23:11.179	04:38	07:27	32/482	27/192	+00:00:00	CALGARY
2/13	SANDHU, PARAMJIT	5446	23:51.983	04:46	07:40	40/482	33/192	+00:00:40	BRAMPTON
3/13	REBETEZ, YVES	5539	24:58.429	04:59	08:01	57/482	47/192	+00:01:47	CALGARY
4/13	KELLY, STEVE	5397	25:55.193	05:11	08:20	78/482	59/192	+00:02:44	CALGARY
5/13	WALLACE, DOUG	5302	26:00.254	05:12	08:21	80/482	60/192	+00:02:49	CALGARY
6/13	JORDAN, RON	5139	27:37.262	05:31	08:52	112/482	78/192	+00:04:26	CALGARY
7/13	CONDON, EDMOND	5048	28:17.703	05:39	09:05	121/482	84/192	+00:05:06	CALGARY
8/13	MISMAS, DAVID	5423	28:29.105	05:41	09:09	126/482	85/192	+00:05:17	CALGARY
9/13	MARCHAND, BRENT	5177	34:05.242	06:49	10:57	241/482	134/192	+00:10:54	CALGARY
10/13	ELLIOTT, ALBERT	5074	36:31.701	07:18	11:44	276/482	142/192	+00:13:20	CALGARY
11/13	CROAL, LONNIE	5357	41:04.216	08:12	13:12	341/482	160/192	+00:17:53	CALGARY
12/13	MADSEN, RANDY	5415	53:17.340	10:39	17:08	437/482	187/192	+00:30:06	CALGARY
13/13	CRISTANCHO, EVARISTO	5537	1:01:58.169	12:23	19:55	471/482	189/192	+00:38:46	CALGARY

5K70-79F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	GALE, JANET	5375	34:19.188	06:51	11:02	246/482	112/290	+00:00:00	CALGARY
2/8	BROWN, RACHEL	5035	41:07.418	08:13	13:13	343/482	183/290	+00:06:48	THREE HILLS
3/8	FOLTINEK, SUSAN	5095	45:04.574	09:00	14:29	379/482	214/290	+00:10:45	CALGARY
4/8	FELLOWS, BRENDA	5086	52:50.158	10:34	16:59	429/482	245/290	+00:18:30	CALGARY
5/8	DOWLER, ELLEN	5070	53:57.564	10:47	17:21	441/482	253/290	+00:19:38	CALGARY
6/8	CAMPUS, NESTA	5040	56:47.438	11:21	18:15	458/482	270/290	+00:22:28	CALGARY
7/8	STEWART, JUDY	5272	1:03:51.629	12:46	20:32	478/482	288/290	+00:29:32	COCHRANE
8/8	PSHYK, DELORES	5516	1:04:04.753	12:48	20:36	479/482	289/290	+00:29:45	CANORA

5K70-79M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	MACEACHERN, ALEX	5326	26:42.449	05:20	08:35	95/482	69/192	+00:00:00	CALGARY
2/6	GOSS, ROB	5111	31:57.861	06:23	10:16	198/482	115/192	+00:05:15	CALGARY
3/6	ERIKSEN, TOM	5079	35:40.233	07:08	11:28	263/482	138/192	+00:08:57	CALGARY
4/6	WHITWORTH, ROB	5310	37:39.153	07:31	12:06	295/482	146/192	+00:10:56	CALGARY
5/6	STEWART, BRUCE	5271	1:04:12.041	12:50	20:38	480/482	191/192	+00:37:29	COCHRANE
6/6	PSHYK, PETER	5517	1:04:28.285	12:53	20:43	482/482	192/192	+00:37:45	CANORA