

2024 Calgary Police Half/10/5K

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 290

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/290	FITZSIMMONS, KELLY	5488	18:46.904	03:45	06:02	5K30-39F	1/71	5/482	CALGARY, AB
2/290	ATKINS, DASHA	5015	20:44.509	04:08	06:40	5K40-49F	1/71	16/482	CALGARY, AB
3/290	LY, GIA	5410	21:22.923	04:16	06:52	5K12-15F	1/15	18/482	CALGARY, AB
4/290	RAMOS, ZOE VERONICA	5228	21:35.649	04:19	06:56	5K12-15F	2/15	19/482	CALGARY, AB
5/290	KU, ARIEL	5159	22:32.790	04:30	07:14	5K30-39F	2/71	29/482	CALGARY, AB
6/290	POTREBENKO, OLHA	5219	23:45.890	04:45	07:38	5K30-39F	3/71	38/482	CALGARY, AB
7/290	GUEVREMONT, SYDNEY	5386	23:48.583	04:45	07:39	5K30-39F	4/71	39/482	CALGARY, AB
8/290	MONAGHAN, NADIA	5427	24:03.655	04:48	07:44	5K40-49F	2/71	42/482	CALGARY, AB
9/290	NAHAL, PREANKA	5200	24:34.383	04:54	07:54	5K20-29F	1/54	52/482	ROCKY VIEW COUNTY, AB
10/290	WILLRODT, LEXI	5533	24:40.899	04:56	07:56	5K12-15F	3/15	54/482	CALGARY, AB
11/290	ROBB, CHLOÉ	5540	25:09.073	05:01	08:05	5K12-15F	4/15	60/482	CALGARY, AB
12/290	THOMSON, NICOLE	5460	25:18.077	05:03	08:08	5K40-49F	3/71	62/482	CALGARY, AB
13/290	SABZEVARI, SILVANA	5443	25:19.053	05:03	08:08	5K12-15F	5/15	63/482	CALGARY, AB
14/290	ARCHAMBAULT, MELISSA	5008	25:23.740	05:04	08:09	5K40-49F	4/71	65/482	OKOTOKS, AB
15/290	CHAN, EVE	5043	25:27.184	05:05	08:11	5K30-39F	5/71	68/482	CALGARY, AB
16/290	GADD, EVIE	5373	25:27.372	05:05	08:11	5K16-19F	1/6	69/482	FERNIE, BC
17/290	BRECKENRIDGE, NICOLE	5032	25:35.388	05:07	08:13	5K30-39F	6/71	71/482	COCHRANE, AB
18/290	LIM, ADELYNN	5406	25:38.793	05:07	08:14	5K11&UF	1/13	72/482	CALGARY, AB
19/290	COVEART, BAILEY	5055	25:46.309	05:09	08:17	5K20-29F	2/54	75/482	CALGARY, AB
20/290	SCHIPANI, ASHLEY	5249	25:57.629	05:11	08:20	5K30-39F	7/71	79/482	CALGARY, AB
21/290	YAU, JUNE	5318	26:04.591	05:12	08:23	5K30-39F	8/71	81/482	CALGARY, AB
22/290	FINNEY, JULIANA	5090	26:09.841	05:13	08:24	5K20-29F	3/54	83/482	CALGARY, AB
23/290	LEM, STEPHANIE	5163	26:11.107	05:14	08:25	5K20-29F	4/54	84/482	CALGARY, AB
24/290	KOOLLOOS, SERENA	5155	26:12.980	05:14	08:25	5K20-29F	5/54	85/482	CALGARY, AB
25/290	MANNAS, REBECCA	5559	26:29.387	05:17	08:31	5K12-15F	6/15	90/482	CALGARY, AB
26/290	NEUFELD, JILL	5204	26:38.950	05:19	08:34	5K50-59F	1/40	92/482	CALGARY, AB
27/290	ARMOUR, KEELEY	5009	26:45.326	05:21	08:36	5K12-15F	7/15	97/482	HIGH RIVER, AB
28/290	CARRIER-ROBB, DOMINIQUE	5535	26:46.076	05:21	08:36	5K40-49F	5/71	98/482	CALGARY, AB
29/290	DALLAIRE, JACKIE	5524	27:07.355	05:25	08:43	5K50-59F	2/40	103/482	CALGARY, AB
30/290	CHINEME, TINU	5560	27:12.396	05:26	08:44	5K40-49F	6/71	105/482	CALGARY, AB
31/290	GREEN, JENNIFER	5382	27:13.919	05:26	08:45	5K40-49F	7/71	107/482	CALGARY, AB
32/290	LANGHAM, TIANA	5526	27:18.371	05:27	08:46	5K40-49F	8/71	109/482	CALGARY, AB
33/290	RETTMER, ALANA	5235	27:24.253	05:28	08:48	5K30-39F	9/71	110/482	AIRDRIE, AB
34/290	HOWELL, SARAH	5392	27:34.263	05:30	08:51	5K40-49F	9/71	111/482	CALGARY, AB
35/290	HUCK, LAURA	5489	27:48.614	05:33	08:56	5K20-29F	6/54	114/482	CALGARY, AB
36/290	REMPEL, HAILEY	5499	27:48.957	05:33	08:56	5K20-29F	7/54	115/482	MEDICINE HAT, AB
37/290	SIMON, OLIVIA	5260	28:17.247	05:39	09:05	5K20-29F	8/54	120/482	CALGARY, AB
38/290	RENZ, TELARA	5234	28:24.021	05:40	09:07	5K40-49F	10/71	122/482	CALGARY, AB
39/290	VAN WYK, ELLA	5298	28:27.861	05:41	09:09	5K12-15F	8/15	123/482	CALGARY, AB
40/290	SAWCHYN, KRISTA	5246	28:27.909	05:41	09:09	5K40-49F	11/71	124/482	CALGARY, AB
41/290	SAWCHYN, TAYLOR	5247	28:28.309	05:41	09:09	5K11&UF	2/13	125/482	CALGARY, AB
42/290	WILSON, NICOLE	5470	28:29.542	05:41	09:09	5K60-69F	1/12	127/482	CALGARY, AB
43/290	WANG, ROXANNE	5303	28:31.557	05:42	09:10	5K30-39F	10/71	128/482	CALGARY, AB
44/290	KAUR, MANPREET	5144	28:32.972	05:42	09:10	5K20-29F	9/54	129/482	CALGARY, AB
45/290	RISSELOVA, JANA	5237	28:33.275	05:42	09:10	5K40-49F	12/71	130/482	CALGARY, AB
46/290	FUTERS, TERESA	5102	28:59.246	05:47	09:19	5K40-49F	13/71	132/482	AIRDRIE, AB
47/290	WIEBE, PATTY	5311	29:04.425	05:48	09:20	5K50-59F	3/40	134/482	CALGARY, AB
48/290	MARTIN, MARGARET	5420	29:12.299	05:50	09:23	5K30-39F	11/71	138/482	CALGARY, AB
49/290	ABERNETHY, HALEY	5001	29:19.799	05:51	09:25	5K20-29F	10/54	140/482	CALGARY, AB
50/290	TETLEY, ANGELA	5280	29:21.629	05:52	09:26	5K40-49F	14/71	141/482	CALGARY, AB
51/290	ZEMLAK, AYLA	5474	29:31.917	05:54	09:29	5K20-29F	11/54	142/482	CALGARY, AB
52/290	RODRIGUEZ, BRENDA	5441	29:41.809	05:56	09:32	5K40-49F	15/71	144/482	CALGARY, AB
53/290	SCHOLZ, NANCY	5543	29:45.864	05:57	09:34	5K40-49F	16/71	146/482	CALGARY, AB
54/290	VOLK, TRACY	5299	29:46.121	05:57	09:34	5K40-49F	17/71	147/482	KERROBERT, SK
55/290	FURNEAUX, AMIE	5101	29:47.925	05:57	09:34	5K40-49F	18/71	148/482	CALGARY, AB

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Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 290

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/290	ACKER, JANINE	5003	29:52.069	05:58	09:36	5K40-49F	19/71	150/482	CHESTERMERE, AB
57/290	CORRIGAL, KRISTA	5054	29:54.816	05:58	09:37	5K30-39F	12/71	151/482	COCHRANE, AB
58/290	MASTALLER, ALICIA	5182	29:57.301	05:59	09:37	5K20-29F	12/54	152/482	CALGARY, AB
59/290	WALCOT, EMILY	5300	30:00.909	06:00	09:39	5K20-29F	13/54	154/482	CALGARY, AB
60/290	JOE, NICOLE	5324	30:04.237	06:00	09:40	5K20-29F	14/54	158/482	CALGARY, AB
61/290	TILBURY, JENNA	5288	30:11.767	06:02	09:42	5K20-29F	15/54	159/482	CALGARY, AB
62/290	TIESSEN, AMELIA	5287	30:13.964	06:02	09:43	5K12-15F	9/15	160/482	SHERWOOD PARK, AB
63/290	BELIN, ABBY	5534	30:14.526	06:02	09:43	5K30-39F	13/71	161/482	CALGARY, AB
64/290	CHAPMAN, MEGHAN	5044	30:21.488	06:04	09:45	5K20-29F	16/54	163/482	CALGARY, AB
65/290	HUANG, CHELSEA	5547	30:32.079	06:06	09:49	5K30-39F	14/71	164/482	CALGARY,
66/290	BIG PLUME, HOPE	5508	30:51.673	06:10	09:55	5K30-39F	15/71	166/482	CALGARY, AB
67/290	HUGHES, KIMBERLY	5513	30:51.840	06:10	09:55	5K20-29F	17/54	167/482	CALGARY, AB
68/290	WONG, SOPHIA	5315	30:53.198	06:10	09:55	5K12-15F	10/15	168/482	CALGARY, AB
69/290	MASON, ANGIE	5527	30:53.362	06:10	09:55	5K40-49F	20/71	169/482	CALGARY, AB
70/290	COBB, JANELLE	1057	30:57.649	06:11	09:57	5K20-29F	18/54	171/482	CALGARY, AB
71/290	LABELLE, KIM	5548	31:03.228	06:12	09:59	5K40-49F	21/71	173/482	COCHRANE, AB
72/290	FLYNN, REAGAN	5094	31:04.448	06:12	09:59	5K40-49F	22/71	174/482	CALGARY, AB
73/290	KAFENZAKIS, EMILY	5490	31:04.917	06:12	09:59	5K30-39F	16/71	175/482	CALGARY, AB
74/290	BARRON, LEAH	5019	31:05.315	06:13	09:59	5K40-49F	23/71	176/482	CALGARY, AB
75/290	CIMAFRANCA, JHENNY	5355	31:06.088	06:13	10:00	5K20-29F	19/54	178/482	CALGARY, AB
76/290	FEHR, HAILEY	5083	31:15.370	06:15	10:03	5K11&UF	3/13	181/482	CALGARY, AB
77/290	SETO, ALICE	5332	31:18.603	06:15	10:04	5K40-49F	24/71	182/482	CALGARY, AB
78/290	KEARNEY, KATHERINE	5520	31:20.549	06:16	10:04	5K30-39F	17/71	183/482	CANMORE, AB
79/290	FRY, KRISTEN	5099	31:29.337	06:17	10:07	5K40-49F	25/71	187/482	CALGARY, AB
80/290	HANKINSON, JOANNE	5545	31:38.057	06:19	10:10	5K50-59F	4/40	189/482	CALGARY, AB
81/290	ADDANTE, LAURA	5004	31:38.805	06:19	10:10	5K50-59F	5/40	190/482	CALGARY, AB
82/290	KROHN, REGINA	5565	31:39.248	06:19	10:10	5K40-49F	26/71	191/482	CALGARY, AB
83/290	HARRISON, NICOLE	5120	31:52.588	06:22	10:14	5K40-49F	27/71	196/482	CALGARY, AB
84/290	THORSEN, CHERALYN	5284	32:01.470	06:24	10:17	5K40-49F	28/71	199/482	CALGARY, AB
85/290	THORSEN, CARLEE	5283	32:02.088	06:24	10:18	5K40-49F	29/71	200/482	CALGARY, AB
86/290	DOHERTY, ELLA	5571	32:04.118	06:24	10:18	5K20-29F	20/54	201/482	SHERWOOD PARK, AB
87/290	GREY, LORRAINE	5114	32:05.713	06:25	10:19	5K30-39F	18/71	202/482	CALGARY, AB
88/290	YAKELEY, LINDSEY	5556	32:08.687	06:25	10:20	5K40-49F	30/71	203/482	CALGARY, AB
89/290	JOBIE, STACEY	5544	32:12.440	06:26	10:21	5K50-59F	6/40	205/482	CALGARY, AB
90/290	SYVERSON, SHAWNA	5278	32:12.447	06:26	10:21	5K50-59F	7/40	206/482	CALGARY, AB
91/290	MEYER, VIRGINIA	5193	32:13.213	06:26	10:21	5K50-59F	8/40	207/482	CALGARY, AB
92/290	AL-YAFI, LAMA	5477	32:17.405	06:27	10:22	5K40-49F	31/71	211/482	COCHRANE, AB
93/290	QUINLAN, MAE	5224	32:19.306	06:27	10:23	5K40-49F	32/71	212/482	CALGARY, AB
94/290	ZERK, SHARON	5476	32:21.133	06:28	10:24	5K50-59F	9/40	213/482	CALGARY, AB
95/290	FERRARI, MANDY	5371	32:23.031	06:28	10:24	5K30-39F	19/71	214/482	CALGARY, AB
96/290	MARTINEZ, MARIAN	5495	32:40.025	06:32	10:30	5K30-39F	20/71	217/482	CALGARY, AB
97/290	SIMPSON, BETHANY	5453	32:41.710	06:32	10:30	5K30-39F	21/71	218/482	OKOTOKS, AB
98/290	ELBAZ, SARAH	5570	32:54.885	06:34	10:35	5K20-29F	21/54	220/482	CALGARY, AB
99/290	DUFF, MEGAN	5367	32:56.453	06:35	10:35	5K20-29F	22/54	221/482	CALGARY, AB
100/290	JABALLA, ROAN EVE	5133	32:57.157	06:35	10:35	5K30-39F	22/71	222/482	CALGARY, AB
101/290	SORIANO, JUSTINNE	5459	33:10.609	06:38	10:40	5K20-29F	23/54	224/482	CALGARY, AB
102/290	CHAN, DANA	5352	33:14.078	06:38	10:41	5K40-49F	33/71	226/482	AIRDRIE, AB
103/290	JACOBI, SANDRA	5137	33:29.897	06:41	10:46	5K40-49F	34/71	228/482	AIRDRIE, AB
104/290	FELLOWS, CHELSEY	5087	33:30.556	06:42	10:46	5K40-49F	35/71	231/482	OKOTOKS, AB
105/290	GREGG, BARB	5538	33:37.071	06:43	10:48	5K60-69F	2/12	235/482	CALGARY, AB
106/290	KOPPERSCHMIDT, GABRIELA	5158	33:43.118	06:44	10:50	5K30-39F	23/71	236/482	CALGARY, AB
107/290	MOHAMED-KASSAM, ALISHA	5194	33:56.454	06:47	10:54	5K30-39F	24/71	237/482	CALGARY, AB
108/290	CHURCHILL, BRITTANY	5045	34:14.758	06:50	11:00	5K30-39F	25/71	242/482	CALGARY, AB
109/290	POIRIER, EMELIE	5217	34:15.717	06:51	11:01	5K40-49F	36/71	243/482	COCHRANE, AB
110/290	LAVICTOIRE, EVE MARGAUX	5162	34:16.607	06:51	11:01	5K11&UF	4/13	244/482	COCHRANE, AB

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Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/290	ADAMS, ANNIKA	5322	34:17.591	06:51	11:01	5K30-39F	26/71	245/482	CALGARY, AB
112/290	GALE, JANET	5375	34:19.188	06:51	11:02	5K70-79F	1/8	246/482	CALGARY, AB
113/290	SCOTT, ANGELICA	5448	34:19.490	06:51	11:02	5K30-39F	27/71	247/482	CALGARY, AB
114/290	BELL, BRITTANY	5343	34:20.005	06:52	11:02	5K30-39F	28/71	248/482	CALGARY, AB
115/290	LY, GWEN	5412	34:23.117	06:52	11:03	5K11&UF	5/13	249/482	CALGARY, AB
116/290	LEE, CAMILLE	5403	34:23.664	06:52	11:03	5K30-39F	29/71	250/482	CALGARY, AB
117/290	DARIUS, SOPHIE	5361	34:37.514	06:55	11:08	5K12-15F	11/15	251/482	CALGARY, AB
118/290	PREFONTAINE DARIUS, MELANIE	5437	34:41.787	06:56	11:09	5K40-49F	37/71	252/482	CALGARY, AB
119/290	BELL, KRISTEN	5024	34:47.311	06:57	11:11	5K30-39F	30/71	253/482	CALGARY, AB
120/290	YATES, KRISTIN	5317	34:49.468	06:57	11:11	5K30-39F	31/71	254/482	CALGARY, AB
121/290	CALMA, NICOLE	5552	34:52.375	06:58	11:12	5K20-29F	24/54	256/482	CALGARY, AB
122/290	KRUITHOF, CRYSTAL	5400	35:10.960	07:02	11:18	5K30-39F	32/71	258/482	CALGARY, AB
123/290	BRILZ, CHELSEA	5033	35:22.233	07:04	11:22	5K30-39F	33/71	259/482	CALGARY, AB
124/290	ANDRADE, POLLYANNA	5479	35:22.608	07:04	11:22	5K30-39F	34/71	260/482	CALGARY, AB
125/290	SILCOX, CHRISTY	5256	35:37.232	07:07	11:27	5K30-39F	35/71	262/482	CALGARY, AB
126/290	ZEILER, KAITLYN	5320	35:52.536	07:10	11:32	5K20-29F	25/54	265/482	ROCKY VIEW, AB
127/290	KOPITAR, MAELLE	5157	35:54.155	07:10	11:32	5K11&UF	6/13	266/482	CALGARY, AB
128/290	KOPITAR, KANDAS	5156	35:55.978	07:11	11:33	5K30-39F	36/71	267/482	CALGARY, AB
129/290	COMEAU, JESSICA	5356	35:59.427	07:11	11:34	5K30-39F	37/71	268/482	CALGARY, AB
130/290	MAPPLEBECK, KRISTA	5176	35:59.780	07:11	11:34	5K40-49F	38/71	269/482	CALGARY, AB
131/290	LYTH, RYANNE	5414	36:02.029	07:12	11:35	5K40-49F	39/71	271/482	CALGARY, AB
132/290	MCKENZIE, KATHERINE	5189	36:07.206	07:13	11:36	5K40-49F	40/71	273/482	CALGARY, AB
133/290	BUCZNY, SAIGE	5037	36:20.638	07:16	11:41	5K12-15F	12/15	274/482	AIRDRIE, AB
134/290	ERICKSON, RACHEL	5075	36:21.600	07:16	11:41	5K20-29F	26/54	275/482	CALGARY, AB
135/290	MITTU, RAJNI	5424	36:36.499	07:19	11:46	5K40-49F	41/71	277/482	CALGARY, AB
136/290	MITTU, SHAIHALI	5425	36:37.139	07:19	11:46	5K20-29F	27/54	278/482	CALGARY, AB
137/290	SULLIVAN, CASSIDY	5505	36:38.959	07:19	11:47	5K20-29F	28/54	279/482	CALGARY, AB
138/290	MCKAY, LINDSAY	5187	36:40.163	07:20	11:47	5K30-39F	38/71	280/482	CALGARY, AB
139/290	TOPPE, MADDISON	5292	36:49.866	07:21	11:50	5K20-29F	29/54	281/482	CALGARY, AB
140/290	SCHILLING, KELLY	5248	36:57.062	07:23	11:52	5K40-49F	42/71	283/482	CALGARY, AB
141/290	DANIELS, SAMANTHA	5062	36:58.491	07:23	11:53	5K30-39F	39/71	284/482	CALGARY, AB
142/290	YORKE, ASHLEY	5471	37:10.372	07:26	11:57	5K30-39F	40/71	285/482	RED DEER COUNTY, AB
143/290	BELAND, AURELIE	5023	37:11.356	07:26	11:57	5K40-49F	43/71	287/482	CALGARY, AB
144/290	LETUN, JESSICA	5405	37:12.366	07:26	11:57	5K30-39F	41/71	288/482	CALGARY, AB
145/290	HANNA, JESSICA	5118	37:20.592	07:28	12:00	5K30-39F	42/71	289/482	CALGARY, AB
146/290	KINGSCOTE, RYLEE	5154	37:25.093	07:29	12:01	5K11&UF	7/13	291/482	CALGARY, AB
147/290	TIEDEMANN, SARAH	5286	37:25.606	07:29	12:02	5K30-39F	43/71	292/482	EDMONTON, AB
148/290	LAVICTOIRE, ALEXANNE	5161	37:30.247	07:30	12:03	5K11&UF	8/13	293/482	COCHRANE, AB
149/290	DESJARDINS, BOBBIE JO	5068	37:30.706	07:30	12:03	5K50-59F	10/40	294/482	CALGARY, AB
150/290	COX, JEN	5057	37:49.881	07:33	12:09	5K50-59F	11/40	297/482	CALGARY, AB
151/290	FEHR, LYNETTE	5084	37:56.169	07:35	12:11	5K40-49F	44/71	298/482	CALGARY, AB
152/290	SZPAJCHER, ELIZABETH	5279	37:58.459	07:35	12:12	5K40-49F	45/71	299/482	COCHRANE, AB
153/290	HISCOCK, NICOLE	5126	37:58.771	07:35	12:12	5K40-49F	46/71	300/482	CALGARY, AB
154/290	FISCHER, ANETTE	5091	38:23.991	07:40	12:20	5K50-59F	12/40	303/482	CALGARY, AB
155/290	FISCHER, KAMALJEET	5092	38:38.379	07:43	12:25	5K30-39F	44/71	306/482	DALROY, AB
156/290	BLOCK, JENNIFER	5347	38:41.287	07:44	12:26	5K50-59F	13/40	307/482	CALGARY, AB
157/290	BESWICK-ARTHUR, JENNIFER	5026	38:43.817	07:44	12:27	5K40-49F	47/71	308/482	CALGARY, AB
158/290	MURPHY, MICHELE	5430	38:46.841	07:45	12:28	5K30-39F	45/71	310/482	CALGARY, AB
159/290	MAYER, SIMONE	5184	38:47.310	07:45	12:28	5K40-49F	48/71	311/482	CALGARY, AB
160/290	JESS, EDEL	5394	38:48.926	07:45	12:28	5K30-39F	46/71	312/482	CALGARY, AB
161/290	DEMMON, RACHEL	5363	38:50.473	07:46	12:29	5K20-29F	30/54	313/482	AIRDRIE, AB
162/290	ARMOUR, TAUREA	5011	39:00.767	07:48	12:32	5K50-59F	14/40	314/482	HIGH RIVER, AB
163/290	PERCIVAL, JESSICA	5213	39:01.068	07:48	12:32	5K30-39F	47/71	315/482	CALGARY, AB
164/290	JAREMKO, SARA	5554	39:01.628	07:48	12:32	5K40-49F	49/71	316/482	CALGARY, AB
165/290	MONT, SHELLY	5195	39:16.136	07:51	12:37	5K50-59F	15/40	318/482	CALGARY, AB

2024 Calgary Police Half/10/5K

Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 290

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
166/290	BUCZNY, RAINE	5036	39:18.318	07:51	12:38	5K20-29F	31/54	321/482	AIRDRIE, AB
167/290	WILCOX, KRISTINA	5312	39:18.435	07:51	12:38	5K40-49F	50/71	322/482	CALGARY, AB
168/290	COOK, KEELY	5509	39:41.185	07:56	12:45	5K20-29F	32/54	324/482	COCHRANE, AB
169/290	BARRETT, BROOKE	5017	39:50.332	07:58	12:48	5K12-15F	13/15	325/482	OKOTOKS, AB
170/290	BARRETT, MIRANDA	5018	39:58.746	07:59	12:51	5K40-49F	51/71	327/482	OKOTOKS, AB
171/290	ANDRES, BECKY	5336	40:01.302	08:00	12:52	5K40-49F	52/71	328/482	CALGARY, AB
172/290	MENDEZ, CASSANDRA	5192	40:04.763	08:00	12:53	5K20-29F	33/54	329/482	CALGARY, AB
173/290	LUCHA, ASHLY	5171	40:14.314	08:02	12:56	5K20-29F	34/54	330/482	AIRDRIE, AB
174/290	O'SULLIVAN, LISA	5498	40:29.167	08:05	13:01	5K40-49F	53/71	332/482	CALGARY, AB
175/290	LINEHAN, STACEY	5167	40:29.798	08:05	13:01	5K40-49F	54/71	333/482	CALGARY, AB
176/290	RUDIAK, LORIANNE	5240	40:31.581	08:06	13:01	5K50-59F	16/40	334/482	CALGARY, AB
177/290	HENSEL, TALEEN	5391	40:49.886	08:09	13:07	5K16-19F	2/6	335/482	CALGARY, AB
178/290	GLASS, LISA	5380	40:51.881	08:10	13:08	5K20-29F	35/54	336/482	CALGARY, AB
179/290	GUDMUNDSON, ELLA	5384	40:57.819	08:11	13:10	5K16-19F	3/6	338/482	CALGARY, AB
180/290	MONTOYA, VIVIANA	5197	40:58.043	08:11	13:10	5K50-59F	17/40	339/482	AIRDRIE, AB
181/290	TOOVEY, DIANE	5463	40:59.637	08:11	13:10	5K50-59F	18/40	340/482	COCHRANE, AB
182/290	MUNDY, ROBBIE	5328	41:07.394	08:13	13:13	5K11&UF	9/13	342/482	HERITAGE POINTE, AB
183/290	BROWN, RACHEL	5035	41:07.418	08:13	13:13	5K70-79F	2/8	343/482	THREE HILLS, AB
184/290	SEITZ, MILA	5451	41:08.731	08:13	13:13	5K11&UF	10/13	344/482	OKOTOKS, AB
185/290	LEPARD, ASHLEY	5164	41:11.540	08:14	13:14	5K30-39F	48/71	345/482	CALGARY, AB
186/290	MUNDY, LISA	5327	41:13.700	08:14	13:15	5K40-49F	55/71	346/482	HERITAGE POINTE, AB
187/290	BLASKO, SUZY	5029	41:24.009	08:16	13:18	5K30-39F	49/71	347/482	AIRDRIE, AB
188/290	SEITZ, KARLA	5449	41:24.011	08:16	13:18	5K50-59F	19/40	348/482	OKOTOKS, AB
189/290	MCCORMACK, BRANDI	5186	41:27.059	08:17	13:19	5K50-59F	20/40	350/482	CALGARY, AB
190/290	FELLOWS, COURTNEY	5088	41:28.183	08:17	13:20	5K40-49F	56/71	351/482	CALGARY, AB
191/290	DALTON, MARIA	5360	41:38.356	08:19	13:23	5K20-29F	36/54	353/482	CALGARY, AB
192/290	VAN STAALDUINEN, ISABELLE	5297	41:40.488	08:20	13:24	5K30-39F	50/71	354/482	SUNDRE, AB
193/290	SATHER, LAURA	5244	41:51.713	08:22	13:27	5K40-49F	57/71	355/482	AIRDRIE, AB
194/290	REDDY, PRITIKA	5438	41:55.183	08:23	13:28	5K40-49F	58/71	356/482	CALGARY, AB
195/290	DALEY, LUCY	5061	41:57.971	08:23	13:29	5K16-19F	4/6	357/482	CALGARY, AB
196/290	GREEN, LINDA	5113	42:00.144	08:24	13:30	5K60-69F	3/12	358/482	CALGARY, AB
197/290	CIMAFRANCA, CHRISTINE	5354	42:12.995	08:26	13:34	5K20-29F	37/54	359/482	CALGARY, AB
198/290	PALANGDAN, CEZARINE	5433	42:15.526	08:27	13:35	5K20-29F	38/54	360/482	CALGARY, AB
199/290	SHUKLA, MEGHNA	5252	42:23.474	08:28	13:37	5K12-15F	14/15	361/482	CALGARY, AB
200/290	DOCKRELL, CLAIRE	5365	42:45.223	08:33	13:44	5K30-39F	51/71	362/482	CALGARY, AB
201/290	BRADSHAW, RENEE	5031	42:47.120	08:33	13:45	5K30-39F	52/71	363/482	CALGARY, AB
202/290	JANCZAK, MELORY	5138	42:47.659	08:33	13:45	5K30-39F	53/71	364/482	CALGARY, AB
203/290	CYR, GWEN	5060	42:56.611	08:35	13:48	5K40-49F	59/71	365/482	STRATHMORE, AB
204/290	HUANG, JOCELYN	5131	43:08.542	08:37	13:52	5K20-29F	39/54	366/482	CALGARY, AB
205/290	PARSONS, TINA	5210	43:15.736	08:39	13:54	5K50-59F	21/40	367/482	AIRDRIE, AB
206/290	HSU, JENNIFER	5129	43:22.206	08:40	13:56	5K40-49F	60/71	368/482	CALGARY, AB
207/290	ERIKSEN, PRESLEY	5078	43:36.259	08:43	14:01	5K11&UF	11/13	370/482	CALGARY, AB
208/290	VIRK, GURJIT	5531	43:45.831	08:45	14:04	5K20-29F	40/54	372/482	CALGARY, AB
209/290	VAN DUZEN, SIOBHAN	5296	43:47.917	08:45	14:04	5K40-49F	61/71	373/482	AIRDRIE, AB
210/290	HOPKINS, DAWN	5542	43:56.517	08:47	14:07	5K60-69F	4/12	374/482	CALGARY, AB
211/290	HSU, SHANWEN	5130	44:42.729	08:56	14:22	5K40-49F	62/71	375/482	CALGARY, AB
212/290	MORRIS, PAM	5198	44:56.940	08:59	14:27	5K60-69F	5/12	376/482	CALGARY, AB
213/290	HAMMOND, JANETTE	5117	44:59.183	08:59	14:27	5K60-69F	6/12	377/482	CALGARY, AB
214/290	FOLTINEK, SUSAN	5095	45:04.574	09:00	14:29	5K70-79F	3/8	379/482	CALGARY, AB
215/290	TONER, CANDACE	5462	45:23.022	09:04	14:35	5K50-59F	22/40	382/482	CALGARY, AB
216/290	MARCHAND, VICTORIA	5178	45:40.415	09:08	14:41	5K50-59F	23/40	383/482	CALGARY, AB
217/290	SIMONSON, LAUREL	5261	45:50.891	09:10	14:44	5K20-29F	41/54	387/482	CALGARY, AB
218/290	BATES, JACLYN	5020	46:13.218	09:14	14:51	5K40-49F	63/71	389/482	CALGARY, AB
219/290	YOUNG, CHLOE	5472	46:32.423	09:18	14:57	5K16-19F	5/6	392/482	CALGARY, AB
220/290	ROBSON ST PIERRE, JAYLYNN	5440	46:33.429	09:18	14:58	5K16-19F	6/6	393/482	CALGARY, AB

2024 Calgary Police Half/10/5K
Overall Gender Results

5K Run/Walk - 3.1 Miles

Female 290

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
221/290	SICAM, FRANCES	5452	46:53.070	09:22	15:04	5K20-29F	42/54	394/482	CALGARY, AB
222/290	GERRITSEN, KARIN	5104	46:53.916	09:22	15:04	5K50-59F	24/40	395/482	CALGARY, AB
223/290	COLEMAN, KATHY	5047	46:57.639	09:23	15:05	5K50-59F	25/40	396/482	CALGARY, AB
224/290	LOVSTROM, TRISH	5170	47:11.798	09:26	15:10	5K50-59F	26/40	397/482	CALGARY, AB
225/290	SILVIUS, LESLIE	5258	47:13.202	09:26	15:10	5K60-69F	7/12	398/482	CALGARY, AB
226/290	DURAN, LIZA	5486	47:19.486	09:27	15:13	5K50-59F	27/40	400/482	CALGARY, AB
227/290	DEROWIN, CANDIS	5065	47:31.365	09:30	15:16	5K60-69F	8/12	402/482	CALGARY, AB
228/290	THOMPSON, MCKENZIE	5541	48:03.975	09:36	15:27	5K30-39F	54/71	404/482	CALGARY, AB
229/290	WHITTAKER, MARIAHA	5468	48:20.655	09:40	15:32	5K20-29F	43/54	405/482	CROSSFIELD, AB
230/290	SPENCE, STACEY	5268	48:49.623	09:45	15:42	5K30-39F	55/71	408/482	CALGARY, AB
231/290	CONWAY, RAE	5050	49:09.662	09:49	15:48	5K50-59F	28/40	410/482	CALGARY, AB
232/290	KEMPF, ADRIENNE	5147	49:17.431	09:51	15:50	5K40-49F	64/71	411/482	CALGARY, AB
233/290	STELICK, JENNY	5504	49:19.694	09:51	15:51	5K50-59F	29/40	412/482	CALGARY, AB
234/290	LAL, ANITA	5160	49:53.374	09:58	16:02	5K50-59F	30/40	413/482	CALGARY, AB
235/290	RICHARDS, DIONNE	5236	50:09.895	10:01	16:07	5K50-59F	31/40	414/482	CALGARY, AB
236/290	THE MONKEY, TWISTED	5281	50:11.772	10:02	16:08	5K50-59F	32/40	415/482	CALGARY, AB
237/290	RASHID, ANISHA	5231	50:49.364	10:09	16:20	5K40-49F	65/71	419/482	CALGARY, AB
238/290	RASHID, ALEXANDRIA	5230	50:49.833	10:09	16:20	5K12-15F	15/15	420/482	CALGARY, AB
239/290	JACKSON, ELISHA	5393	51:15.146	10:15	16:28	5K30-39F	56/71	422/482	EDMONTON, AB
240/290	GARRISEN, LISA	5378	51:17.560	10:15	16:29	5K50-59F	33/40	423/482	CALGARY, AB
241/290	SILVIUS, KATHERINE	5257	51:42.418	10:20	16:37	5K30-39F	57/71	424/482	CALGARY, AB
242/290	MARCY, SAMANTHA	5419	51:56.089	10:23	16:41	5K40-49F	66/71	426/482	CALGARY, AB
243/290	DUCKWORTH, RENEE	5073	51:56.886	10:23	16:42	5K40-49F	67/71	427/482	CALGARY, AB
244/290	CAMPUS, CRISTA	5039	52:06.033	10:25	16:45	5K30-39F	58/71	428/482	CALGARY, AB
245/290	FELLOWS, BRENDA	5086	52:50.158	10:34	16:59	5K70-79F	4/8	429/482	CALGARY, AB
246/290	BRITTON, HOLLY	5034	53:01.855	10:36	17:03	5K30-39F	59/71	430/482	CALGARY, AB
247/290	MCKEAGE, TARYN	5188	53:02.276	10:36	17:03	5K20-29F	44/54	431/482	AIRDRIE, AB
248/290	MADSEN, TAMMY	5416	53:13.128	10:38	17:06	5K60-69F	9/12	434/482	CALGARY, AB
249/290	BATCHELOR, TENLEY	5339	53:13.666	10:38	17:06	5K11&UF	12/13	435/482	CALGARY, AB
250/290	BATCHELOR, ALYSSA	5338	53:16.550	10:39	17:07	5K30-39F	60/71	436/482	CALGARY, AB
251/290	CURRIE, SANDRA	5511	53:23.746	10:40	17:10	5K30-39F	61/71	438/482	CALGARY, AB
252/290	TIEDEMANN, BENI	5285	53:48.056	10:45	17:17	5K30-39F	62/71	440/482	EDMONTON, AB
253/290	DOWLER, ELLEN	5070	53:57.564	10:47	17:21	5K70-79F	5/8	441/482	CALGARY, AB
254/290	CROSS, SARAH	5358	53:57.707	10:47	17:21	5K60-69F	10/12	442/482	CALGARY, AB
255/290	PILON, SHANNA	5216	53:58.689	10:47	17:21	5K30-39F	63/71	443/482	CALGARY, AB
256/290	SHUKLA, ZAARA	5254	54:09.752	10:49	17:24	5K11&UF	13/13	444/482	CALGARY, AB
257/290	STICKEL, LAURA	5274	54:10.221	10:50	17:25	5K50-59F	34/40	445/482	CALGARY, AB
258/290	NAIRN, JACQUELINE	5201	54:10.596	10:50	17:25	5K50-59F	35/40	446/482	CALGARY, AB
259/290	SHUKLA, MILI	5253	54:14.580	10:50	17:26	5K40-49F	68/71	447/482	CALGARY, AB
260/290	SAMPSON, LARA	5445	54:41.417	10:56	17:35	5K50-59F	36/40	448/482	CALGARY, AB
261/290	SALLAN, SIMRAN	5444	54:43.315	10:56	17:35	5K20-29F	45/54	449/482	CALGARY, AB
262/290	BLAIR-HALMAZNA, REAH	5346	54:46.808	10:57	17:36	5K40-49F	69/71	450/482	CALGARY, AB
263/290	CARSON, TAYLOR	5042	56:22.044	11:16	18:07	5K20-29F	46/54	451/482	CALGARY, AB
264/290	LINDEMANN, SHOYA	5166	56:23.016	11:16	18:07	5K50-59F	37/40	452/482	CALGARY, AB
265/290	RENAUD, TRACEY	5233	56:25.315	11:17	18:08	5K40-49F	70/71	453/482	CALGARY, AB
266/290	D'SOUZA, CANDICE	5359	56:25.642	11:17	18:08	5K20-29F	47/54	454/482	CALGARY, AB
267/290	DAY, MADISON	5064	56:26.930	11:17	18:09	5K20-29F	48/54	455/482	CALGARY, AB
268/290	ROBINSON, TARA	5238	56:31.712	11:18	18:10	5K50-59F	38/40	456/482	CALGARY, AB
269/290	GULYAS, VENUS	5116	56:31.758	11:18	18:10	5K50-59F	39/40	457/482	CALGARY, AB
270/290	CAMPUS, NESTA	5040	56:47.438	11:21	18:15	5K70-79F	6/8	458/482	CALGARY, AB
271/290	CRAMER, SUSAN	5058	57:25.663	11:29	18:27	5K60-69F	11/12	459/482	CALGARY, AB
272/290	SARGA, ANNETTE	5242	57:27.633	11:29	18:28	5K50-59F	40/40	460/482	CALGARY, AB
273/290	MACGILLIVARY, SHAWNA	5173	57:56.345	11:35	18:37	5K20-29F	49/54	461/482	CALGARY, AB
274/290	ALAO, NIKÉ	5005	57:57.239	11:35	18:38	5K20-29F	50/54	462/482	CALGARY, AB
275/290	KUNZE, KRISTIN	5491	59:27.927	11:53	19:07	5K30-39F	64/71	463/482	CALGARY, AB

**2024 Calgary Police Half/10/5K
Overall Gender Results**

5K Run/Walk - 3.1 Miles

Female 290

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
276/290	ELKES, BRINLEY	5487	59:28.190	11:53	19:07	5K30-39F	65/71	464/482	CALGARY, AB
277/290	LOGAN, VICTORIA	5494	59:28.537	11:53	19:07	5K30-39F	66/71	465/482	CALGARY, AB
278/290	GARCIA, KARLA	5377	59:50.413	11:58	19:14	5K30-39F	67/71	466/482	CALGARY, AB
279/290	QUIAMBAO, CHRISTINE	5329	1:00:43.800	12:08	19:31	5K20-29F	51/54	467/482	CALGARY, AB
280/290	LACANILAO, ROXANNE	5325	1:00:47.224	12:09	19:32	5K30-39F	68/71	468/482	CALGARY, AB
281/290	BEGOT COLADON, MARIE-PIER	5022	1:00:48.325	12:09	19:33	5K30-39F	69/71	469/482	CALGARY, AB
282/290	CAMPBELL, BRIANA	5038	1:00:48.840	12:09	19:33	5K20-29F	52/54	470/482	CALGARY, AB
283/290	CRISTANCHO, ANA MARIA	5536	1:01:58.497	12:23	19:55	5K20-29F	53/54	472/482	CALGARY, AB
284/290	ULMER, MANDY	5294	1:02:01.706	12:24	19:56	5K30-39F	70/71	473/482	AIRDRIE, AB
285/290	HOWELL, MARISA	5128	1:02:56.975	12:35	20:14	5K40-49F	71/71	474/482	EDMONTON, AB
286/290	ALWIS, SANDALI	5507	1:03:27.580	12:41	20:24	5K20-29F	54/54	476/482	CALGARY, AB
287/290	CRON, SUSAN	5059	1:03:27.690	12:41	20:24	5K60-69F	12/12	477/482	CALGARY, AB
288/290	STEWART, JUDY	5272	1:03:51.629	12:46	20:32	5K70-79F	7/8	478/482	COCHRANE, AB
289/290	PSHYK, DELORES	5516	1:04:04.753	12:48	20:36	5K70-79F	8/8	479/482	CANORA, SK
290/290	SLUYS, MELISSA	5264	1:04:23.572	12:52	20:42	5K30-39F	71/71	481/482	CALGARY, AB

2024 Calgary Police Half/10/5K Overall Gender Results

5K Run/Walk - 3.1 Miles

Male 192

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/192	NEUMANN, JOEL	5497	16:11.982	03:14	05:12	5K30-39M	1/51	1/482	CALGARY, AB
2/192	DROVER, CONRAD	5366	17:21.965	03:28	05:35	5K30-39M	2/51	2/482	CALGARY, AB
3/192	LY, GORDON	5411	18:06.519	03:37	05:49	5K40-49M	1/46	3/482	CALGARY, AB
4/192	FITZOWICH, MARK	5093	18:38.182	03:43	05:59	5K20-29M	1/27	4/482	CALGARY, AB
5/192	LEON, JOSE	5404	18:47.092	03:45	06:02	5K30-39M	3/51	6/482	CALGARY, AB
6/192	TOMEI, LUCAS	5291	18:54.120	03:46	06:04	5K40-49M	2/46	7/482	CALGARY, AB
7/192	GILLAN, LEO	5563	18:54.872	03:46	06:04	5K12-15M	1/12	8/482	CALGARY, AB
8/192	BECK, DAN	5342	18:55.293	03:47	06:05	5K40-49M	3/46	9/482	CALGARY, AB
9/192	GUREVITCH, JASON	5388	19:13.549	03:50	06:10	5K50-59M	1/21	10/482	CALGARY, AB
10/192	SZTABZYB, LEO	5334	19:15.003	03:51	06:11	5K12-15M	2/12	11/482	CALGARY, AB
11/192	TINASAS, DAVY JHON	5530	19:15.632	03:51	06:11	5K30-39M	4/51	12/482	CALGARY, AB
12/192	PARDELL, REECE	5521	19:44.980	03:56	06:21	5K30-39M	5/51	13/482	CALGARY, AB
13/192	KEARLEY, ALEXANDER	5145	19:59.205	03:59	06:25	5K30-39M	6/51	14/482	CALGARY, AB
14/192	BALABAN, ADAM	5480	20:26.673	04:05	06:34	5K12-15M	3/12	15/482	CALGARY, AB
15/192	MONAGHAN, LEO	5426	21:14.603	04:14	06:49	5K12-15M	4/12	17/482	CALGARY, AB
16/192	YOUNG, DAVID	5473	21:42.963	04:20	06:58	5K50-59M	2/21	20/482	AIRDRIE, AB
17/192	PASCOE-PRICE, JAMES	5211	22:06.190	04:25	07:06	5K30-39M	7/51	21/482	CALGARY, AB
18/192	MURPHY, GAVIN	5561	22:11.274	04:26	07:08	5K40-49M	4/46	22/482	FOOTHILLS, AB
19/192	MCGILLIVRAY, CHRISTOPHER	5528	22:15.248	04:27	07:09	5K20-29M	2/27	23/482	CALGARY, AB
20/192	GUEVREMONT, SEAN	5385	22:16.616	04:27	07:09	5K40-49M	5/46	24/482	CALGARY, AB
21/192	ZENTNER, BRAYDEN	5475	22:17.133	04:27	07:09	5K30-39M	8/51	25/482	LETHBRIDGE, AB
22/192	GADD, PHIL	5374	22:17.204	04:27	07:09	5K50-59M	3/21	26/482	FERNIE, BC
23/192	SMITSNUK, DARREN	5458	22:18.681	04:27	07:10	5K30-39M	9/51	27/482	CALGARY, AB
24/192	MANGAT, HARMAN	5418	22:28.243	04:29	07:13	5K20-29M	3/27	28/482	CALGARY, AB
25/192	PENGUE, MARCO	5212	22:40.406	04:32	07:17	5K50-59M	4/21	30/482	CALGARY, AB
26/192	ZATYLYN, SCOTT	5519	22:44.652	04:32	07:18	5K30-39M	10/51	31/482	CALGARY, AB
27/192	MORRIS, CHUCK	5546	23:11.179	04:38	07:27	5K60-69M	1/13	32/482	CALGARY, AB
28/192	RAMOS, GUSTAVO	5227	23:12.327	04:38	07:27	5K20-29M	4/27	33/482	AIRDRIE, AB
29/192	BENNER, JULIAN	5345	23:12.843	04:38	07:27	5K20-29M	5/27	34/482	CALGARY, AB
30/192	SINFUEGO, FREDERICK	5454	23:29.859	04:41	07:33	5K50-59M	5/21	35/482	BANFF, AB
31/192	GILL, HARMANDER	5109	23:30.533	04:42	07:33	5K20-29M	6/27	36/482	CALGARY, AB
32/192	GIBSON, PHILLIP	5108	23:32.835	04:42	07:34	5K40-49M	6/46	37/482	CROSSFIELD, AB
33/192	SANDHU, PARAMJIT	5446	23:51.983	04:46	07:40	5K60-69M	2/13	40/482	BRAMPTON, ON
34/192	LIM, ETHAN	5407	23:57.984	04:47	07:42	5K12-15M	5/12	41/482	CALGARY, AB
35/192	DHILLON, AMANDEEP SINGH	5364	24:13.759	04:50	07:47	5K20-29M	7/27	43/482	CALGARY, AB
36/192	LEPRIEUR, JEREMY	5165	24:15.703	04:51	07:48	5K40-49M	7/46	44/482	CALGARY, AB
37/192	SINIGAGLIESI, ENZO	5456	24:16.358	04:51	07:48	5K40-49M	8/46	45/482	CALGARY, AB
38/192	PENGRA, TRAVIS	5434	24:21.443	04:52	07:49	5K30-39M	11/51	46/482	CALGARY, AB
39/192	NEIL, KALEB	5203	24:23.131	04:52	07:50	5K16-19M	1/2	47/482	LETHBRIDGE, AB
40/192	DYSON, PAUL	5368	24:24.049	04:52	07:50	5K50-59M	6/21	48/482	CALGARY, AB
41/192	KIMMEL, JOSH	5398	24:25.821	04:53	07:51	5K30-39M	12/51	49/482	BEISEKER, AB
42/192	COOPER, TREVOR	5053	24:31.615	04:54	07:53	5K40-49M	9/46	50/482	CALGARY, AB
43/192	RESENDE, BRUNO	5439	24:32.224	04:54	07:53	5K30-39M	13/51	51/482	SÃO PAULO, SP
44/192	BALABAN, JORDAN	5482	24:37.358	04:55	07:55	5K30-39M	14/51	53/482	CALGARY, AB
45/192	GILLAN, GARY	5562	24:45.448	04:57	07:57	5K40-49M	10/46	55/482	CALGARY, AB
46/192	GOMEZ, FRANCISCO	5381	24:50.458	04:58	07:59	5K40-49M	11/46	56/482	CALGARY, AB
47/192	REBETEZ, YVES	5539	24:58.429	04:59	08:01	5K60-69M	3/13	57/482	CALGARY, AB
48/192	SETO, DOMINIC	5333	25:06.750	05:01	08:04	5K12-15M	6/12	58/482	CALGARY, AB
49/192	FEHR, NATHAN	5085	25:08.295	05:01	08:04	5K40-49M	12/46	59/482	CALGARY, AB
50/192	ANDRADE, EVERTON	5478	25:16.685	05:03	08:07	5K30-39M	15/51	61/482	CALGARY, AB
51/192	JUNG, YOSEPH	5553	25:19.358	05:03	08:08	5K30-39M	16/51	64/482	CALGARY, AB
52/192	MARTIN, BRENNAN	5180	25:24.439	05:04	08:10	5K50-59M	7/21	66/482	OKOTOKS, AB
53/192	LIM, LUCAS	5408	25:26.591	05:05	08:10	5K12-15M	7/12	67/482	CALGARY, AB
54/192	COWITZ, BILLY	5056	25:28.942	05:05	08:11	5K20-29M	8/27	70/482	CALGARY, AB
55/192	MARTIN, DOMINIC	5181	25:44.296	05:08	08:16	5K12-15M	8/12	73/482	CALGARY, AB

2024 Calgary Police Half/10/5K

Overall Gender Results

5K Run/Walk - 3.1 Miles

Male 192

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/192	ASTRIDGE, JUSTIN	5013	25:46.111	05:09	08:17	5K12-15M	9/12	74/482	CALGARY, AB
57/192	CARRASCO, TERUEL	5350	25:48.375	05:09	08:17	5K50-59M	8/21	76/482	OKOTOKS, AB
58/192	FERNANDES, JAYDON	5370	25:52.964	05:10	08:19	5K20-29M	9/27	77/482	CALGARY, AB
59/192	KELLY, STEVE	5397	25:55.193	05:11	08:20	5K60-69M	4/13	78/482	CALGARY, AB
60/192	WALLACE, DOUG	5302	26:00.254	05:12	08:21	5K60-69M	5/13	80/482	CALGARY, AB
61/192	MANNAS, CLINT	5558	26:08.670	05:13	08:24	5K12-15M	10/12	82/482	CALGARY, AB
62/192	KINGSCOTE, QUINN	5153	26:15.840	05:15	08:26	5K11&UM	1/14	86/482	CALGARY, AB
63/192	SINGH, MEAKIN	5500	26:21.536	05:16	08:28	5K40-49M	13/46	87/482	CALGARY, AB
64/192	BOSMAN, JAN-HENDRIK	5030	26:25.827	05:17	08:29	5K30-39M	17/51	88/482	CALGARY, AB
65/192	ABERNETHY, TYLER	5002	26:26.201	05:17	08:30	5K20-29M	10/27	89/482	CALGARY, AB
66/192	ROLLICK, ALEX	5442	26:31.754	05:18	08:31	5K20-29M	11/27	91/482	CALGARY, AB
67/192	CAMERON, JOE	5349	26:39.066	05:19	08:34	5K40-49M	14/46	93/482	COCHRANE, AB
68/192	MARIANI, CHRIS	5179	26:40.425	05:20	08:34	5K40-49M	15/46	94/482	CHESTERMERE, AB
69/192	MACEACHERN, ALEX	5326	26:42.449	05:20	08:35	5K70-79M	1/6	95/482	CALGARY, AB
70/192	WALDREN, PARKER	5466	26:43.074	05:20	08:35	5K20-29M	12/27	96/482	CALGARY, AB
71/192	PETERS, JUSTIN	5214	26:49.989	05:21	08:37	5K30-39M	18/51	99/482	CALGARY, AB
72/192	CEPAITIS, MANTAS	5523	26:53.200	05:22	08:38	5K20-29M	13/27	100/482	CALGARY, AB
73/192	FILIPE, PEDRO	5372	26:57.697	05:23	08:40	5K30-39M	19/51	101/482	CALGARY, AB
74/192	SINGH, JERRY	5262	27:06.114	05:25	08:42	5K50-59M	9/21	102/482	PUERTO VALLARTA, JAL
75/192	ROGERS, ROB	5239	27:10.169	05:26	08:44	5K40-49M	16/46	104/482	LAKE LOUISE, AB
76/192	GALL, TONY	5376	27:13.662	05:26	08:45	5K30-39M	20/51	106/482	CALGARY, AB
77/192	WONG, IAN	5314	27:15.304	05:27	08:45	5K11&UM	2/14	108/482	STRATHMORE, AB
78/192	JORDAN, RON	5139	27:37.262	05:31	08:52	5K60-69M	6/13	112/482	CALGARY, AB
79/192	BILAL, FAAIZ	5028	27:44.412	05:32	08:55	5K30-39M	21/51	113/482	AIRDRIE, AB
80/192	CAMPBELL, JON	5321	27:58.472	05:35	08:59	5K40-49M	17/46	116/482	CALGARY, AB
81/192	FU, KEVIN	5100	28:06.232	05:37	09:02	5K40-49M	18/46	117/482	CALGARY, AB
82/192	GONZALEZ, BRUNO	5110	28:14.670	05:38	09:04	5K30-39M	22/51	118/482	CALGARY, AB
83/192	ERIKSEN, KEATON	5076	28:17.245	05:39	09:05	5K12-15M	11/12	119/482	CALGARY, AB
84/192	CONDON, EDMOND	5048	28:17.703	05:39	09:05	5K60-69M	7/13	121/482	CALGARY, AB
85/192	MISMAS, DAVID	5423	28:29.105	05:41	09:09	5K60-69M	8/13	126/482	CALGARY, AB
86/192	LEGER, EMILE	5514	28:57.044	05:47	09:18	5K30-39M	23/51	131/482	CALGARY, AB
87/192	NEILL, SHAUN	5557	29:00.747	05:48	09:19	5K40-49M	19/46	133/482	AIRDRIE, AB
88/192	PARDELL, BRETT	5515	29:05.525	05:49	09:21	5K30-39M	24/51	135/482	CALGARY, AB
89/192	WEIS, ALEX	5305	29:11.292	05:50	09:23	5K40-49M	20/46	136/482	CALGARY, AB
90/192	PILIOUNIS, PETER	5215	29:11.302	05:50	09:23	5K50-59M	10/21	137/482	CALGARY, AB
91/192	WEIS, CHRISTIAN	5306	29:12.439	05:50	09:23	5K11&UM	3/14	139/482	CALGARY, AB
92/192	MONTANO, CARLOS	5196	29:40.144	05:56	09:32	5K40-49M	21/46	143/482	CALGARY, AB
93/192	SAVAMURA, EIJI	5447	29:45.838	05:57	09:34	5K30-39M	25/51	145/482	CALGARY, AB
94/192	HILL, MASON	5124	29:49.671	05:57	09:35	5K20-29M	14/27	149/482	CALGARY, AB
95/192	SATHER, GAVIN	5243	29:58.753	05:59	09:38	5K40-49M	22/46	153/482	AIRDRIE, AB
96/192	LI, AARON	5493	30:01.822	06:00	09:39	5K40-49M	23/46	155/482	CALGARY, AB
97/192	PESSI, DEEPINDER SINGH	5572	30:03.625	06:00	09:39	5K20-29M	15/27	156/482	CALGARY,
98/192	TODD, JOHN	5290	30:03.635	06:00	09:39	5K40-49M	24/46	157/482	AIRDRIE, AB
99/192	KEBIR, GUTA	5396	30:15.441	06:03	09:43	5K20-29M	16/27	162/482	CALGARY, AB
100/192	CHIDLAW, TIM	5485	30:48.369	06:09	09:54	5K50-59M	11/21	165/482	CALGARY, AB
101/192	CHAPMAN, BRENDAN	5323	30:54.816	06:10	09:56	5K20-29M	17/27	170/482	CALGARY, AB
102/192	POPIL, JARED	1272	31:00.586	06:12	09:58	5K20-29M	18/27	172/482	CALGARY, AB
103/192	MASTRONARDI, BRUNO	5183	31:05.828	06:13	09:59	5K40-49M	25/46	177/482	CALGARY, AB
104/192	ASTRIDGE, MARK	5014	31:07.215	06:13	10:00	5K50-59M	12/21	179/482	CALGARY, AB
105/192	MEDINA, ERNESTO	5421	31:10.706	06:14	10:01	5K30-39M	26/51	180/482	CALGARY, AB
106/192	ARNOUS, AMR	5012	31:23.056	06:16	10:05	5K40-49M	26/46	184/482	CALGARY, AB
107/192	CALIC, ALEXANDAR	5483	31:25.307	06:17	10:06	5K20-29M	19/27	185/482	CALGARY, AB
108/192	CALIC, VELIBOR	5484	31:26.429	06:17	10:06	5K50-59M	13/21	186/482	CALGARY, AB
109/192	KERSWILL, JASON	5149	31:32.853	06:18	10:08	5K40-49M	27/46	188/482	CALGARY, AB
110/192	SIRIANNI, DOMENICO	5502	31:48.251	06:21	10:13	5K20-29M	20/27	192/482	CALGARY, AB

2024 Calgary Police Half/10/5K Overall Gender Results

5K Run/Walk - 3.1 Miles

Male 192

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/192	HEALY, PETER	5122	31:48.546	06:21	10:13	5K40-49M	28/46	193/482	AIRDRIE, AB
112/192	SIRIANNI, ANTHONY	5501	31:49.382	06:21	10:13	5K20-29M	21/27	194/482	CALGARY, AB
113/192	MA, WEI	5172	31:50.526	06:22	10:14	5K40-49M	29/46	195/482	CALGARY, AB
114/192	BATINIC, JOSIP	5021	31:53.080	06:22	10:15	5K30-39M	27/51	197/482	CALGARY, AB
115/192	GOSS, ROB	5111	31:57.861	06:23	10:16	5K70-79M	2/6	198/482	CALGARY, AB
116/192	HEIKAMP, COREY	5390	32:08.713	06:25	10:20	5K40-49M	30/46	204/482	AIRDRIE, AB
117/192	BASSARIA, ANSER	5566	32:15.134	06:27	10:22	5K20-29M	22/27	208/482	CALGARY, AB
118/192	LY, GAGE	5409	32:15.369	06:27	10:22	5K11&UM	4/14	209/482	CALGARY, AB
119/192	KERR, JORDAN	5148	32:16.517	06:27	10:22	5K30-39M	28/51	210/482	AIRDRIE, AB
120/192	SHANDRO, TYLER	5251	32:25.820	06:29	10:25	5K40-49M	31/46	215/482	CALGARY, AB
121/192	BALABAN, DAN	5481	32:28.142	06:29	10:26	5K50-59M	14/21	216/482	CALGARY, AB
122/192	TILLER, SAM	5461	32:46.633	06:33	10:32	5K30-39M	29/51	219/482	CALGARY, AB
123/192	CANAS, ALEXANDER	5551	33:01.846	06:36	10:37	5K20-29M	23/27	223/482	CALGARY, AB
124/192	CHAN, DESMOND	5353	33:13.936	06:38	10:41	5K40-49M	32/46	225/482	AIRDRIE, AB
125/192	HIGGINSON, JOHN	5123	33:23.196	06:40	10:44	5K40-49M	33/46	227/482	CALGARY, AB
126/192	JACOBI, CHRISTOPHER	5136	33:29.946	06:41	10:46	5K40-49M	34/46	229/482	AIRDRIE, AB
127/192	VERGE, CHAD	5465	33:30.342	06:42	10:46	5K50-59M	15/21	230/482	AIRDRIE, AB
128/192	KAISER, LOGAN	5142	33:30.812	06:42	10:46	5K11&UM	5/14	232/482	OKOTOKS, AB
129/192	MALHI, LOVEDEEP	5417	33:33.907	06:42	10:47	5K20-29M	24/27	233/482	CALGARY, AB
130/192	SACHIVOTHAMAN, DIPU	5331	33:36.133	06:43	10:48	5K40-49M	35/46	234/482	CALGARY, AB
131/192	GOTHARD, RUSSELL	5112	33:58.140	06:47	10:55	5K30-39M	30/51	238/482	CALGARY, AB
132/192	CAY, DANIEL	5351	34:00.486	06:48	10:56	5K30-39M	31/51	239/482	CALGARY, AB
133/192	WOODS, JOSH	5506	34:00.700	06:48	10:56	5K30-39M	32/51	240/482	CALGARY, AB
134/192	MARCHAND, BRENT	5177	34:05.242	06:49	10:57	5K60-69M	9/13	241/482	CALGARY, AB
135/192	ADATIA, NADIM	5335	34:49.539	06:57	11:11	5K20-29M	25/27	255/482	CALGARY, AB
136/192	LA ROCHE-SEITZ, SAM	5401	34:55.937	06:59	11:13	5K30-39M	33/51	257/482	CALGARY, AB
137/192	ISHAQUE, HANAN	5132	35:32.710	07:06	11:25	5K30-39M	34/51	261/482	CALGARY, AB
138/192	ERIKSEN, TOM	5079	35:40.233	07:08	11:28	5K70-79M	3/6	263/482	CALGARY, AB
139/192	AURORA, ROBBY	5522	35:42.132	07:08	11:28	5K30-39M	35/51	264/482	CALGARY, AB
140/192	MAPPLEBECK, DAVE	5175	36:00.764	07:12	11:34	5K30-39M	36/51	270/482	CALGARY, AB
141/192	SAINI, RAMIT	5241	36:02.429	07:12	11:35	5K30-39M	37/51	272/482	AIRDRIE, AB
142/192	ELLIOTT, ALBERT	5074	36:31.701	07:18	11:44	5K60-69M	10/13	276/482	CALGARY, AB
143/192	OSSA, NELSON	5209	36:50.053	07:22	11:50	5K30-39M	38/51	282/482	CALGARY, AB
144/192	WALLACE, ALEXAVIER	5301	37:11.147	07:26	11:57	5K11&UM	6/14	286/482	CALGARY, AB
145/192	KINGSCOTE, ANDREW	5152	37:20.758	07:28	12:00	5K50-59M	16/21	290/482	CALGARY, AB
146/192	WHITWORTH, ROB	5310	37:39.153	07:31	12:06	5K70-79M	4/6	295/482	CALGARY, AB
147/192	KAISER, RYAN	5143	37:39.793	07:31	12:06	5K40-49M	36/46	296/482	OKOTOKS, AB
148/192	LIU, CHARLES	5168	38:01.419	07:36	12:13	5K30-39M	39/51	301/482	CALGARY, AB
149/192	FAIRBROTHER, ROY	5512	38:02.870	07:36	12:14	5K50-59M	17/21	302/482	TSUUT'INA NATION, AB
150/192	VIRK, JAGDEEP	5532	38:24.057	07:40	12:20	5K30-39M	40/51	304/482	CALGARY, AB
151/192	CONWAY-GRETZ, DAWSON	5051	38:24.962	07:40	12:21	5K12-15M	12/12	305/482	CALGARY, AB
152/192	MCMILLAN, JOSEPH	5568	38:45.300	07:45	12:27	5K30-39M	41/51	309/482	CALGARY, AB
153/192	NANUA, VIKRAM SINGH	5202	39:03.388	07:48	12:33	5K30-39M	42/51	317/482	SURREY, BC
154/192	FAGAN, COLTAN	5080	39:17.450	07:51	12:38	5K30-39M	43/51	319/482	CALGARY, AB
155/192	BERTOLI, JM	5025	39:17.733	07:51	12:38	5K30-39M	44/51	320/482	CALGARY, AB
156/192	CONDON, LIAM	5049	39:32.615	07:54	12:42	5K30-39M	45/51	323/482	CALGARY, AB
157/192	ANDRES, ELI	5337	39:58.091	07:59	12:51	5K11&UM	7/14	326/482	CALGARY, AB
158/192	SINGH, YASHDEEP	5455	40:14.356	08:02	12:56	5K30-39M	46/51	331/482	AIRDRIE, AB
159/192	RAMOS, DENIS	5226	40:57.551	08:11	13:10	5K50-59M	18/21	337/482	AIRDRIE, AB
160/192	CROAL, LONNIE	5357	41:04.216	08:12	13:12	5K60-69M	11/13	341/482	CALGARY, AB
161/192	SEITZ, MARLON	5450	41:24.316	08:16	13:18	5K16-19M	2/2	349/482	OKOTOKS, AB
162/192	SPADAFORA, CHANCE	5266	41:29.473	08:17	13:20	5K11&UM	8/14	352/482	CALGARY, AB
163/192	HISCOCK, JASON	5125	43:25.979	08:41	13:57	5K40-49M	37/46	369/482	CALGARY, AB
164/192	GHOSH, ANIRBAN	5107	43:42.291	08:44	14:03	5K40-49M	38/46	371/482	CALGARY, AB
165/192	WEIS, MATTHEW	5307	45:03.782	09:00	14:29	5K11&UM	9/14	378/482	CALGARY, AB

**2024 Calgary Police Half/10/5K
Overall Gender Results**

5K Run/Walk - 3.1 Miles

Male 192

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
166/192	STEWART, RORY	5273	45:21.217	09:04	14:34	5K40-49M	39/46	380/482	OKOTOKS, AB
167/192	SPADAFORA, NICOLAS	5267	45:22.204	09:04	14:35	5K11&UM	10/14	381/482	CALGARY, AB
168/192	GHOSH, ADI	5106	45:46.202	09:09	14:43	5K11&UM	11/14	384/482	CALGARY, AB
169/192	GHOSH, AASHU	5105	45:47.211	09:09	14:43	5K11&UM	12/14	385/482	CALGARY, AB
170/192	WALLACE, IAN	5467	45:50.799	09:10	14:44	5K30-39M	47/51	386/482	CALGARY, AB
171/192	FONG, JASON	5097	46:07.156	09:13	14:49	5K40-49M	40/46	388/482	AIRDRIE, AB
172/192	JOSHI, KUNAL	5141	46:14.914	09:14	14:52	5K40-49M	41/46	390/482	CALGARY, AB
173/192	JOSHI, ANIKET	5140	46:15.148	09:15	14:52	5K11&UM	13/14	391/482	CALGARY, AB
174/192	DEROWIN, JAMES	5066	47:14.423	09:26	15:11	5K30-39M	48/51	399/482	CALGARY, AB
175/192	SILVIUS, ROBERT	5259	47:30.992	09:30	15:16	5K30-39M	49/51	401/482	CALGARY, AB
176/192	GAIA, FILLIPE	5103	48:01.742	09:36	15:26	5K40-49M	42/46	403/482	CALGARY, AB
177/192	WILKIE, SADIE	5469	48:24.455	09:40	15:33	5K20-29M	26/27	406/482	CALGARY, AB
178/192	PONCIANO, RAMON	5218	48:31.881	09:42	15:36	5K50-59M	19/21	407/482	CALGARY, ALBERTA, AB
179/192	BENNETT, JOSHUA	5567	48:55.220	09:47	15:43	5K20-29M	27/27	409/482	CALGARY, AB
180/192	ANDERSON, MIKE	5007	50:48.872	10:09	16:20	5K50-59M	20/21	416/482	COCHRANE, AB
181/192	PRIESTMAN, ROBERT	5220	50:48.904	10:09	16:20	5K50-59M	21/21	417/482	CALGARY, AB
182/192	RASHID, ASIF	5232	50:49.201	10:09	16:20	5K40-49M	43/46	418/482	CALGARY, AB
183/192	ERIKSEN, MARK	5077	51:14.536	10:14	16:28	5K40-49M	44/46	421/482	CALGARY, AB
184/192	DUCKWORTH, RYAN	5549	51:54.732	10:22	16:41	5K40-49M	45/46	425/482	CALGARY, AB
185/192	BATCHELOR, THEO	5340	53:09.214	10:37	17:05	5K11&UM	14/14	432/482	CALGARY, AB
186/192	BATCHELOR, TRENT	5341	53:12.307	10:38	17:06	5K30-39M	50/51	433/482	CALGARY, AB
187/192	MADSEN, RANDY	5415	53:17.340	10:39	17:08	5K60-69M	12/13	437/482	CALGARY, AB
188/192	CURRIE, GRAHAM	5510	53:23.790	10:40	17:10	5K30-39M	51/51	439/482	CALGARY, AB
189/192	CRISTANCHO, EVARISTO	5537	1:01:58.169	12:23	19:55	5K60-69M	13/13	471/482	CALGARY, AB
190/192	PSHYK, JASON	5222	1:02:58.522	12:35	20:14	5K40-49M	46/46	475/482	EDMONTON, AB
191/192	STEWART, BRUCE	5271	1:04:12.041	12:50	20:38	5K70-79M	5/6	480/482	COCHRANE, AB
192/192	PSHYK, PETER	5517	1:04:28.285	12:53	20:43	5K70-79M	6/6	482/482	CANORA, SK