

## Alpha Overall Results

## 8K - Men

## 85 Finishers

OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Team	
56/85	ALDANA, Mateo	39	28:05.729	03:30	05:39	13:34.82	14:30.90	UBC Thunderbirds	UBCT
15/85	ANTAYA, Anthony	68	26:29.355	03:18	05:19	13:11.82	13:17.52	Saskatchewan Huskies	UOFS
35/85	BAKER, Isaac	33	27:21.433	03:25	05:30	13:22.16	13:59.26	UBC Okanagan Heat	UBCO
20/85	BODEN, Jack	81	26:48.339	03:21	05:23	13:15.56	13:32.77	Victoria Vikes	UVIC
42/85	BRAIN, Calvin	40	27:33.949	03:26	05:32	13:35.34	13:58.60	UBC Thunderbirds	UBCT
27/85	BROST, Jonah	41	26:59.730	03:22	05:25	13:15.94	13:43.78	UBC Thunderbirds	UBCT
7/85	CEBULIAK, Will	1	26:06.200	03:15	05:15	13:09.25	12:56.94	Alberta Golden Bears	ALB
76/85	CIVETTA, Alejandro	16	29:10.041	03:38	05:52	13:55.11	15:14.93	Manitoba Bisons	MAN
14/85	COOK, Max	52	26:25.746	03:18	05:19	13:12.43	13:13.30	University of Calgary	UOFC
40/85	CROSS CHILD, Jayvin	69	27:33.057	03:26	05:32	13:31.98	14:01.07	Saskatchewan Huskies	UOFS
47/85	CROSS CHILD, Kinley	70	27:47.308	03:28	05:35	13:39.02	14:08.28	Saskatchewan Huskies	UOFS
51/85	CROWE, Chris	34	27:51.807	03:28	05:36	13:44.09	14:07.71	UBC Okanagan Heat	UBCO
5/85	DAMIAN, Daniel	83	26:02.544	03:15	05:14	13:09.37	12:53.16	Victoria Vikes	UVIC
60/85	DE JAGER, James	53	28:13.159	03:31	05:40	13:40.26	14:32.89	University of Calgary	UOFC
18/85	DECK, Kaiden	71	26:42.246	03:20	05:22	13:24.22	13:18.01	Saskatchewan Huskies	UOFS
83/85	DOREY, Eric	59	30:02.071	03:45	06:02	14:47.26	15:14.80	Regina Cougars	UOFR
36/85	DOSMAN, Nathaniel	2	27:21.832	03:25	05:30	13:27.58	13:54.24	Alberta Golden Bears	ALB
34/85	DOWNES, Adonias	3	27:18.034	03:24	05:29	13:13.00	14:05.02	Alberta Golden Bears	ALB
41/85	DWYER, Liam	42	27:33.925	03:26	05:32	13:22.66	14:11.25	UBC Thunderbirds	UBCT
85/85	EISWERTH, Daniel	60	30:56.962	03:52	06:13	14:50.63	16:06.33	Regina Cougars	UOFR
13/85	FAST, Quintan	72	26:22.417	03:17	05:18	13:10.17	13:12.24	Saskatchewan Huskies	UOFS
8/85	FILION, Maximilien	43	26:11.919	03:16	05:16	13:10.03	13:01.88	UBC Thunderbirds	UBCT
37/85	FOLEY, Braden	54	27:23.401	03:25	05:30	13:38.92	13:44.47	University of Calgary	UOFC
24/85	GANZ, Marcus	84	26:57.621	03:22	05:25	13:26.22	13:31.39	Victoria Vikes	UVIC
61/85	GLANVILLE, Curtis	73	28:14.542	03:31	05:40	14:03.52	14:11.01	Saskatchewan Huskies	UOFS
54/85	GRAINGER, Oscar	85	28:01.721	03:30	05:38	13:39.43	14:22.29	Victoria Vikes	UVIC
78/85	GREEN, Joe	74	29:13.604	03:39	05:52	14:24.74	14:48.85	Saskatchewan Huskies	UOFS
69/85	GUNNINK, Andrew	25	28:41.144	03:35	05:46	13:40.77	15:00.36	Trinity Western Spart	TWU
82/85	GUTIEREZ, Daniel	4	29:37.018	03:42	05:57	14:04.98	15:32.03	Alberta Golden Bears	ALB
72/85	HARDY, Spencer	44	28:50.705	03:36	05:48	13:47.92	15:02.78	UBC Thunderbirds	UBCT
38/85	HEADLEY, Elijah	26	27:27.269	03:25	05:31	13:25.53	14:01.73	Trinity Western Spart	TWU
31/85	HEALY, Edward	55	27:10.206	03:23	05:28	13:39.60	13:30.59	University of Calgary	UOFC
53/85	HEUVER, Joshua	5	27:56.894	03:29	05:37	13:40.95	14:15.93	Alberta Golden Bears	ALB
64/85	HIGHAM, Ben	6	28:18.409	03:32	05:41	13:44.08	14:34.32	Alberta Golden Bears	ALB
49/85	HOUSE, Ben	75	27:48.667	03:28	05:35	13:49.32	13:59.33	Saskatchewan Huskies	UOFS
67/85	KABAN, Logan	76	28:32.168	03:34	05:44	14:03.83	14:28.33	Saskatchewan Huskies	UOFS

OA/PI = Overall Placing

## 2024 Canada West XC Championship - Oct.26/2024

## Alpha Overall Results

## 8K - Men

## 85 Finishers

OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Team	
63/85	KILGOUR, Morgan	61	28:18.034	03:32	05:41	13:52.09	14:25.93	Regina Cougars	UOFR
6/85	KIPLAGAT, Justin	27	26:04.841	03:15	05:14	13:09.17	12:55.66	Trinity Western Spart	TWU
55/85	KLASSEN, Jacob	7	28:04.744	03:30	05:38	13:54.91	14:09.83	Alberta Golden Bears	ALB
84/85	KOLB, Kaelen	62	30:30.642	03:48	06:08	14:47.76	15:42.87	Regina Cougars	UOFR
58/85	KROEKER, Carson	18	28:09.153	03:31	05:39	13:50.52	14:18.63	Manitoba Bisons	MAN
28/85	KROEKER, Justin	19	27:03.105	03:22	05:26	13:14.98	13:48.12	Manitoba Bisons	MAN
48/85	LAMONT, Sam	20	27:47.739	03:28	05:35	13:28.48	14:19.25	Manitoba Bisons	MAN
70/85	LEPPELMANN, Jonah	21	28:42.198	03:35	05:46	14:04.34	14:37.85	Manitoba Bisons	MAN
19/85	LLOYD, Owen	35	26:42.855	03:20	05:22	13:11.47	13:31.38	UBC Okanagan Heat	UBCO
22/85	MACLEAN, Brett	63	26:53.051	03:21	05:24	13:13.48	13:39.56	Regina Cougars	UOFR
1/85	MACLEAN, Ron	8	25:33.950	03:11	05:08	13:08.26	12:25.68	Alberta Golden Bears	ALB
81/85	MARTLAND, Kai	45	29:34.557	03:41	05:57	14:14.10	15:20.44	UBC Thunderbirds	UBCT
29/85	MCALLISTER, Ian	87	27:08.216	03:23	05:27	13:19.40	13:48.81	Victoria Vikes	UVIC
21/85	MCMILLAN, Hayes	22	26:53.051	03:21	05:24	13:23.51	13:29.53	Manitoba Bisons	MAN
30/85	MEYER, Ethan	56	27:09.198	03:23	05:27	13:40.40	13:28.79	University of Calgary	UOFC
2/85	MULUGETA, Yemane	28	25:37.994	03:12	05:09	13:08.79	12:29.19	Trinity Western Spart	TWU
45/85	MURRAY-WHITE, Cassian	9	27:43.276	03:27	05:34	13:28.68	14:14.59	Alberta Golden Bears	ALB
16/85	MUTAI, David	29	26:34.278	03:19	05:20	13:09.11	13:25.16	Trinity Western Spart	TWU
66/85	OBRIEN, Brendan	30	28:26.800	03:33	05:43	13:52.55	14:34.24	Trinity Western Spart	TWU
4/85	PODBIELSKI, Jonathan	65	25:57.514	03:14	05:13	13:10.42	12:47.09	Regina Cougars	UOFR
50/85	PORTER, Kyle	36	27:49.633	03:28	05:35	13:32.90	14:16.72	UBC Okanagan Heat	UBCO
73/85	POUGNET, Leif	10	28:54.714	03:36	05:49	13:57.50	14:57.21	Alberta Golden Bears	ALB
52/85	PREZIO, Sam	57	27:52.534	03:29	05:36	13:49.09	14:03.44	University of Calgary	UOFC
57/85	RANDALL, Ethan	11	28:07.628	03:30	05:39	13:44.22	14:23.40	Alberta Golden Bears	ALB
44/85	REID, Malcolm	31	27:41.167	03:27	05:34	13:35.82	14:05.34	Trinity Western Spart	TWU
39/85	REIMER, Calvin	23	27:29.471	03:26	05:31	13:46.50	13:42.96	Manitoba Bisons	MAN
9/85	SCHIMMELPENNINCK VAN DER OYE, Sacha	16	26:12.856	03:16	05:16	13:10.63	13:02.21	UBC Thunderbirds	UBCT
75/85	SCHRIEMER, Michael	47	29:06.643	03:38	05:51	13:59.06	15:07.57	UBC Thunderbirds	UBCT
32/85	SESHADRI, Benjamin	88	27:12.387	03:24	05:28	13:36.62	13:35.76	Victoria Vikes	UVIC
68/85	SHARP, Henry	66	28:40.394	03:35	05:46	14:08.02	14:32.36	Regina Cougars	UOFR
59/85	SMALL, Aidan	37	28:09.995	03:31	05:40	13:50.25	14:19.73	UBC Okanagan Heat	UBCO
43/85	STANG, Adam	12	27:40.604	03:27	05:34	13:25.14	14:15.46	Alberta Golden Bears	ALB
46/85	SUCHOSKI, Rowen	90	27:45.034	03:28	05:35	13:33.72	14:11.30	Victoria Vikes	UVIC
10/85	TEICHLER, Ian	67	26:14.473	03:16	05:16	13:10.89	13:03.57	Regina Cougars	UOFR
80/85	TENORIO, Angel	78	29:29.518	03:41	05:56	14:05.96	15:23.55	Saskatchewan Huskies	UOFS
3/85	TIWANA, Jaiveer	48	25:42.200	03:12	05:10	13:09.89	12:32.30	UBC Thunderbirds	UBCT

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OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Team	
33/85	TONEGUZZI, Daniel	32	27:14.919	03:24	05:28	13:25.58	13:49.33	Trinity Western Spart	TWU
17/85	UHRICH, Dylan	49	26:39.458	03:19	05:21	13:18.99	13:20.45	UBC Thunderbirds	UBCT
25/85	USHKO, Jason	58	26:58.934	03:22	05:25	13:12.24	13:46.68	University of Calgary	UOFC
79/85	VAN RAAMSDONK, Paul	50	29:25.251	03:40	05:55	14:17.44	15:07.81	UBC Thunderbirds	UBCT
62/85	WALLER, David	91	28:14.565	03:31	05:40	13:21.56	14:52.99	Victoria Vikes	UVIC
12/85	WEBSTER, Alexander	79	26:21.222	03:17	05:18	13:11.15	13:10.06	Saskatchewan Huskies	UOFS
11/85	WEBSTER, Jacob	92	26:14.731	03:16	05:16	13:11.93	13:02.79	Victoria Vikes	UVIC
26/85	WHITE, Jacob	80	26:59.661	03:22	05:25	13:24.24	13:35.42	Saskatchewan Huskies	UOFS
71/85	WILLIAMS, Thomas	14	28:49.112	03:36	05:47	13:40.30	15:08.81	Alberta Golden Bears	ALB
74/85	WILSON, Rian	51	28:57.525	03:37	05:49	14:12.38	14:45.13	UBC Thunderbirds	UBCT
23/85	WOODROW, Hayden	93	26:54.245	03:21	05:24	13:20.03	13:34.20	Victoria Vikes	UVIC
65/85	WORMAN, Joel	38	28:24.104	03:33	05:42	13:55.89	14:28.21	UBC Okanagan Heat	UBCO
77/85	YOUNG, Carson	15	29:13.418	03:39	05:52	13:44.66	15:28.75	Alberta Golden Bears	ALB