

Cardston Chase 10K, 5K and Kids 1K Dash
Alpha Overall Results

10K - 6.21 Miles

18 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
17/18	ARVIDSON, ROB	1001	1:06:51.734	06:41	10:46	10K70+M	1/1	M	11/11	LETHBRIDGE, AB
2/18	CASPER, ROB	1021	40:47.804	04:04	06:34	10K30-39M	2/4	M	2/11	COALDALE, AB
5/18	DAVIS, PHILIP	1002	52:36.621	05:15	08:28	10K40-49M	1/3	M	4/11	BABB, MT
3/18	DEGHANI, JENNIFER	1004	51:49.913	05:10	08:20	10K30-39F	1/4	F	1/7	EDMONTON, AB
7/18	EAGLE BEAR, SHEY	1020	56:39.762	05:39	09:07	10K30-39M	3/4	M	6/11	CARDSTON, AB
18/18	FLICKINGER, CASSANDRA	1008	1:09:30.433	06:57	11:11	10K30-39F	4/4	F	7/7	LETHBRIDGE, AB
6/18	FOURNIER, VINCENT	1009	53:07.114	05:18	08:33	10K40-49M	2/3	M	5/11	LETHBRIDGE, AB
16/18	HATCH, SHAUNA	1010	1:06:50.446	06:41	10:45	10K40-49F	1/1	F	6/7	CARDSTON, AB
1/18	HAYLEMARIAN, DAVE	1025	40:21.245	04:02	06:29	10K30-39M	1/4	M	1/11	PINCHER CREEK, AB
4/18	LEAVITT, NIKK	1012	52:03.600	05:12	08:22	10K20-29M	1/1	M	3/11	CARDSTON, AB
8/18	NELSON, KATIE	1014	56:39.879	05:39	09:07	10K30-39F	2/4	F	2/7	RAYMOND, AB
13/18	REDFORD, JEFF	1015	1:02:57.524	06:17	10:08	10K30-39M	4/4	M	9/11	CARDSTON, AB
10/18	SMITH-LACEY, TRACY	1016	59:37.182	05:57	09:36	10K30-39F	3/4	F	3/7	CARDSTON, AB
9/18	VANDENHOEK, GRADY	1017	58:20.540	05:50	09:23	10K19&UM	1/1	M	7/11	CARDSTON, AB
15/18	WOOD, ALAN	1024	1:03:52.363	06:23	10:17	10K60-69M	1/1	M	10/11	CARDSTON, AB
14/18	WOOD, KAITLYN	1018	1:03:51.616	06:23	10:17	10K19&UF	2/2	F	5/7	CARDSTON, AB
11/18	WOOD, LEXIE	1023	1:02:37.977	06:15	10:05	10K19&UF	1/2	F	4/7	EDMONTON, AB
12/18	WOOD, MIKE	1022	1:02:38.493	06:15	10:05	10K40-49M	3/3	M	8/11	EDMONTON, AB