

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles

18 Finishers

10K19&UF - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	WOOD, LEXIE	1023	1:02:37.977	06:15	10:05	11/18	4/7	+00:00:00	EDMONTON
2/2	WOOD, KAITLYN	1018	1:03:51.616	06:23	10:17	14/18	5/7	+00:01:13	CARDSTON

10K19&UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	VANDENHOEK, GRADY	1017	58:20.540	05:50	09:23	9/18	7/11	+00:00:00	CARDSTON

10K20-29M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	LEAVITT, NIKK	1012	52:03.600	05:12	08:22	4/18	3/11	+00:00:00	CARDSTON

10K30-39F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	DEGHANI, JENNIFER	1004	51:49.913	05:10	08:20	3/18	1/7	+00:00:00	EDMONTON
2/4	NELSON, KATIE	1014	56:39.879	05:39	09:07	8/18	2/7	+00:04:49	RAYMOND
3/4	SMITH-LACEY, TRACY	1016	59:37.182	05:57	09:36	10/18	3/7	+00:07:47	CARDSTON
4/4	FLICKINGER, CASSANDRA	1008	1:09:30.433	06:57	11:11	18/18	7/7	+00:17:40	LETHBRIDGE

10K30-39M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	HAYLEMARIAN, DAVE	1025	40:21.245	04:02	06:29	1/18	1/11	+00:00:00	PINCHER CREEK
2/4	CASPER, ROB	1021	40:47.804	04:04	06:34	2/18	2/11	+00:00:26	COALDALE
3/4	EAGLE BEAR, SHEY	1020	56:39.762	05:39	09:07	7/18	6/11	+00:16:18	CARDSTON
4/4	REDFORD, JEFF	1015	1:02:57.524	06:17	10:08	13/18	9/11	+00:22:36	CARDSTON

10K40-49F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	HATCH, SHAUNA	1010	1:06:50.446	06:41	10:45	16/18	6/7	+00:00:00	CARDSTON

10K40-49M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	DAVIS, PHILIP	1002	52:36.621	05:15	08:28	5/18	4/11	+00:00:00	BABB
2/3	FOURNIER, VINCENT	1009	53:07.114	05:18	08:33	6/18	5/11	+00:00:30	LETHBRIDGE
3/3	WOOD, MIKE	1022	1:02:38.493	06:15	10:05	12/18	8/11	+00:10:01	EDMONTON

10K60-69M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	WOOD, ALAN	1024	1:03:52.363	06:23	10:17	15/18	10/11	+00:00:00	CARDSTON

10K70+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	ARVIDSON, ROB	1001	1:06:51.734	06:41	10:46	17/18	11/11	+00:00:00	LETHBRIDGE