

Category Results

5K - 3.1 Miles

5K12&UF - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/16	BYKOWSKI, JANELLE	825	00:21:15.70	06:51	8/184	00:21:15.75	
2/16	HEGGIE, BERKLEY	976	00:27:36.20	08:54	54/184	00:27:36.00	LETHBRIDGE, AB
3/16	VANDEN ELZEN, CHARLOTTE	936	00:28:03.45	09:03	58/184	00:27:54.90	
4/16	HEGGIE, TIA	980	00:28:36.20	09:13	63/184	00:28:35.70	
5/16	HEGGIE, PRESLEY	977	00:29:43.65	09:35	77/184	00:29:43.60	LETHBRIDGE, AB
6/16	TAMS, KAMI	973	00:34:18.60	11:04	116/184	00:34:06.15	TABER, AB
7/16	WLOUDSTRA, ANDREA	948	00:35:51.10	11:34	123/184	00:35:43.90	
8/16	TAMS, BROOKLYN	981	00:38:16.75	12:20	140/184	00:38:03.15	
9/16	TAMS, SAMANTHA	961	00:40:18.25	13:00	151/184	00:40:04.50	
10/16	RICHARD, SHAYLYN	905	00:40:23.00	13:01	152/184	00:40:14.30	
11/16	SAUNDERS, RENAE	914	00:40:33.85	13:05	153/184	00:40:25.50	
12/16	ZOTTL, RAEGAN	956	00:42:23.80	13:40	161/184	00:42:13.65	
13/16	HEYBURN, EMMA	866	00:44:33.75	14:22	167/184	00:44:28.75	
14/16	EVANSON, MAREN	843	00:48:11.55	15:32	172/184	00:48:06.45	
15/16	WOLOSUK, MARISSA	970	00:48:36.20	15:40	173/184	00:48:30.45	
16/16	WOLOSUK, LAYLA	968	00:51:27.75	16:36	176/184	00:51:23.20	

5K12&UM - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/13	MULLER, KALEB	891	00:21:58.65	07:05	13/184	00:21:57.90	
2/13	DARBY, BEN	831	00:23:45.25	07:39	21/184	00:23:42.90	
3/13	HOSKINS, GAVIN	871	00:24:54.15	08:02	29/184	00:24:52.75	
4/13	WLOUDSTRA, SEBASTIAN	949	00:25:09.40	08:07	31/184	00:25:08.65	
5/13	HEYBURN, NATHANAEL	867	00:28:57.95	09:20	69/184	00:28:51.65	
6/13	PATTERSON, JOEL	898	00:29:12.80	09:25	72/184	00:29:10.65	
7/13	VERLOOP, JOSHUA	937	00:33:01.25	10:39	102/184	00:33:01.25	
8/13	WIELENGA, JUSTYN	944	00:33:35.10	10:50	108/184	00:33:22.10	
9/13	FERNHOUT, NICHOLAS	978	00:39:15.60	12:39	144/184	00:39:14.25	LETH, AB
10/13	WESSELING, MITCHELL	943	00:39:38.40	12:47	148/184	00:39:35.65	
11/13	SAUNDERS, DYLAN	913	00:41:34.00	13:24	156/184	00:41:27.60	
12/13	TAMS, JOHNNY	960	00:46:00.50	14:50	169/184	00:45:58.95	
13/13	FERNHOUT, JAKE	979	00:47:46.85	15:24	171/184	00:47:45.20	LETH, AB

5K13-17F - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/9	BYKOWSKI, ELANI	824	00:20:47.40	06:42	6/184	00:20:47.20	
2/9	RICHARD, SHELBY	906	00:22:21.05	07:12	16/184	00:22:20.45	
3/9	BASSETT, SHONDI	809	00:23:11.60	07:29	17/184	00:23:10.75	
4/9	BASSETT, TANNIS	810	00:25:32.40	08:14	38/184	00:25:30.65	
5/9	BENNETT, ISABELLE	812	00:26:39.00	08:35	48/184	00:26:33.55	
6/9	SHEEN, ALYSSA	918	00:27:53.70	08:59	56/184	00:27:50.20	
7/9	GUNDERSON, MAREN	859	00:28:44.75	09:16	68/184	00:28:29.30	
8/9	KOPERVAS, JOLAYNE	882	00:29:57.95	09:39	79/184	00:29:46.10	
9/9	EVANSON, RYLIN	845	00:46:29.10	14:59	170/184	00:46:23.30	

5K13-17M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/13	EPP, CHRISTIAN	986	00:20:10.60	06:30	4/184	00:20:10.10	LETHBRIDGE, AB
2/13	GRAHAM, TRAVIS	855	00:21:58.55	07:05	12/184	00:21:54.20	
3/13	NAKATSUJI, YOSHIHIRO	892	00:23:57.80	07:43	22/184	00:23:52.15	
4/13	EVANSON, DAVIN	983	00:24:36.60	07:56	25/184	00:24:32.75	
5/13	SHEEN, MASON	919	00:24:42.70	07:58	26/184	00:24:40.75	
6/13	FERGUSON, BRANDON	847	00:24:51.00	08:00	28/184	00:24:49.90	
7/13	EVANSON, REGAN	844	00:25:27.00	08:12	35/184	00:25:23.20	
8/13	LARSEN, COLLIN	884	00:26:22.55	08:30	43/184	00:26:13.75	
9/13	NELSON, LUKE	907	00:26:33.45	08:34	46/184	00:26:31.40	
10/13	TELKE, NATHAN	994	00:27:51.80	08:59	55/184	00:27:50.90	LETH, AB
11/13	TAMS, JOEY	972	00:28:30.10	09:11	61/184	00:28:29.10	TABER, AB
12/13	TORRIE, BENJAMIN	993	00:28:38.25	09:14	64/184	00:28:34.60	
13/13	TAMS, DYLAN	959	00:36:06.45	11:39	127/184	00:35:52.50	

5K18-25F - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/14	HENDERSON, SAMANTHA	996	00:23:21.85	07:32	19/184	00:23:19.10	
2/14	JANOSCH, KARISSA	995	00:23:22.40	07:32	20/184	00:23:20.05	
3/14	BROWN, EMILY	820	00:26:52.90	08:40	51/184	00:26:50.95	

Category Results

5K - 3.1 Miles

5K18-25F - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
4/14	BENNETT, HILLARY	811	00:29:16.25	09:26	73/184	00:29:10.25	
5/14	CLEMIS, BONNIE	997	00:29:26.25	09:29	74/184	00:29:22.15	
6/14	TURCATO, WHITNEY	934	00:30:43.10	09:54	86/184	00:30:38.55	
7/14	GRAHAM, STEPHI	854	00:31:21.20	10:07	92/184	00:31:15.45	
8/14	BEVAN, LEAH	813	00:31:38.05	10:12	94/184	00:31:31.55	
9/14	IVAN, KIM	878	00:31:53.15	10:17	97/184	00:31:43.30	
10/14	BOYER, SANDRA	817	00:33:08.70	10:41	103/184	00:33:06.35	
11/14	MIFLIN, KELLY	890	00:33:26.05	10:47	105/184	00:33:23.80	
12/14	IVAN, AMBER	877	00:33:34.35	10:49	107/184	00:33:25.05	
13/14	TUNOW, MORGAN	931	00:41:36.35	13:25	157/184	00:41:25.30	
14/14	AHLGREN, SARAH	802	00:41:37.45	13:25	158/184	00:41:23.00	

5K18-25M - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/7	EPP, TRAVIS	988	00:17:35.10	05:40	1/184	00:17:34.65	LETH, AB
2/7	YAGAN, CYRUS	990	00:19:53.50	06:25	3/184	00:19:51.35	
3/7	DERKSEN, MARK	991	00:25:09.50	08:07	32/184	00:25:09.35	
4/7	FLETCHER, TANNER	850	00:25:11.00	08:07	33/184	00:25:09.55	
5/7	VINCENT, DANIEL	938	00:28:39.70	09:14	65/184	00:28:30.95	
6/7	BEVAN, TRAVIS	814	00:32:35.10	10:30	99/184	00:32:29.10	
7/7	TURCATO, CLAY	1069	00:33:45.85	10:53	111/184	00:33:40.60	

5K26-34F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/24	HEGGIE, JONI	975	00:21:59.50	07:05	14/184	00:21:58.85	Lethbridge, AB
2/24	SANGSTER, KIRA	911	00:24:27.10	07:53	24/184	00:24:22.25	
3/24	VIROSTEK, TAMMY	940	00:25:51.35	08:20	39/184	00:25:50.15	
4/24	DAVIS, KIM	989	00:26:49.80	08:39	50/184	00:26:49.15	
5/24	GOUGH, SARAH	852	00:27:14.55	08:47	52/184	00:27:11.20	
6/24	SURETTE, TANYA	924	00:27:25.20	08:50	53/184	00:27:17.15	
7/24	WILLIAMS, STEPHANIE	946	00:28:17.15	09:07	60/184	00:28:14.65	
8/24	DINSMORE, KELLY	834	00:29:10.20	09:24	70/184	00:29:01.35	
9/24	OTTO, SHAUNA	895	00:29:10.35	09:24	71/184	00:29:02.05	
10/24	FRENCH, RIANNA	851	00:30:26.55	09:49	82/184	00:30:20.15	
11/24	TAYLOR, TANIS	928	00:30:35.35	09:52	83/184	00:30:32.55	
12/24	BAKX, AMANDA	805	00:30:36.60	09:52	84/184	00:30:27.80	
13/24	PLANGER, MELISSA	901	00:31:38.90	10:12	95/184	00:31:33.95	
14/24	HARDER, ANNIE	863	00:32:20.15	10:26	98/184	00:32:14.65	
15/24	SKIBA, KRISTIN	904	00:32:51.40	10:36	101/184	00:32:45.40	
16/24	LITWIN, HOPE	885	00:33:08.75	10:41	104/184	00:33:06.35	
17/24	BARTSCH, AVA	808	00:34:53.80	11:15	121/184	00:34:48.55	
18/24	TIBERGHEN, AMY	929	00:36:05.95	11:38	126/184	00:36:00.70	
19/24	KLASSEN, NAOMI	880	00:36:27.80	11:45	129/184	00:36:15.75	
20/24	PETERS, WENDY	900	00:36:31.30	11:47	131/184	00:36:28.20	
21/24	KLASSEN, EVA	879	00:37:21.10	12:03	137/184	00:37:09.65	
22/24	BROUWERS, LINDSEY	819	00:38:37.45	12:27	142/184	00:38:27.25	
23/24	ANDERSON, JENNIFER	803	00:39:41.10	12:48	149/184	00:39:32.75	
24/24	MCLEAN, GILLIAN	966	00:41:21.80	13:20	155/184	00:41:12.15	

5K26-34M - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/10	SHARP, IAN	917	00:18:51.65	06:05	2/184	00:18:49.75	
2/10	ROBBINS, ROBIN	908	00:20:46.45	06:42	5/184	00:20:45.35	
3/10	WETMORE, JOEL	958	00:20:52.10	06:44	7/184	00:20:51.90	
4/10	TAYLOR, BRETT	927	00:21:50.30	07:02	11/184	00:21:47.65	
5/10	SMITH, RYAN	869	00:22:11.20	07:09	15/184	00:22:08.95	
6/10	HORNBERGER, AUSTIN	870	00:25:58.70	08:22	40/184	00:25:57.35	
7/10	WILLIAMS, MATT	945	00:31:47.15	10:15	96/184	00:31:42.95	
8/10	ZALUSKI, RUSSELL	955	00:36:42.70	11:50	132/184	00:36:31.45	
9/10	DORNER, CORBIE	836	00:36:47.75	11:52	133/184	00:36:32.90	
10/10	SANGSTER, BRODY	910	00:42:06.05	13:34	159/184	00:41:54.80	

5K35-45F - 31 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/31	FERGUSON, BILLIE-JO	846	00:23:16.60	07:30	18/184	00:23:14.60	
2/31	HAAG, ELIZABETH	860	00:25:15.70	08:09	34/184	00:25:12.20	

Category Results

5K - 3.1 Miles

5K35-45F - 31 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
3/31	EMARD, MARTINA	841	00:25:30.45	08:13	36/184	00:25:29.85	
4/31	TAMS, CATHERINE	962	00:25:32.20	08:14	37/184	00:25:20.15	
5/31	TAMS, MARILYN	971	00:26:16.35	08:28	41/184	00:26:03.50	TABER, AB
6/31	SHEEN, SARA	920	00:26:32.75	08:33	45/184	00:26:29.70	
7/31	CAZAL, TAMMI	827	00:26:36.50	08:35	47/184	00:26:28.55	
8/31	FERNHOUT, LIZANNE	848	00:27:58.35	09:01	57/184	00:27:57.00	
9/31	KOMERY, TANYA	881	00:29:34.60	09:32	76/184	00:29:29.50	
10/31	BULLOCK, DEANNA	822	00:29:46.10	09:36	78/184	00:29:44.40	
11/31	ARCHIBALD, REBECCA	804	00:30:10.55	09:44	81/184	00:29:56.60	
12/31	TAMS, CORINNA	963	00:30:59.25	09:59	88/184	00:30:46.45	
13/31	FERROS, LIZ	849	00:31:02.25	10:00	90/184	00:30:52.95	
14/31	GOUW, CARLA	853	00:31:02.80	10:00	91/184	00:30:55.30	
15/31	MIFLIN, KAREN	889	00:33:26.30	10:47	106/184	00:33:24.30	
16/31	DARROCH, AMBER	985	00:33:44.60	10:53	110/184	00:33:34.70	
17/31	PATTERSON, DAWN	897	00:33:46.95	10:53	112/184	00:33:36.00	
18/31	SERNIAK, JANRY	992	00:34:30.75	11:08	118/184	00:34:14.65	
19/31	SABO, ALISON	909	00:35:25.35	11:25	122/184	00:35:17.75	
20/31	YPMA, FLORENE	952	00:36:02.55	11:37	125/184	00:35:56.10	
21/31	DORNER, ANDREA	835	00:36:16.50	11:42	128/184	00:36:01.05	
22/31	DYCK, MARGARET	837	00:36:30.85	11:46	130/184	00:36:18.50	
23/31	WALDNER, IDA	941	00:37:03.60	11:57	135/184	00:36:48.30	
24/31	WESSELING, CAROLIEN	942	00:39:36.30	12:46	147/184	00:39:33.30	
25/31	WISEMAN, ADONUS	947	00:40:56.00	13:12	154/184	00:40:41.95	
26/31	ZOTTL, SARAH	957	00:42:41.55	13:46	164/184	00:42:31.10	
27/31	SAUNDERS, CARLA	912	00:42:43.05	13:46	165/184	00:42:34.80	
28/31	HEYBURN, TERESA	868	00:44:46.85	14:26	168/184	00:44:32.05	
29/31	HOMISTACE, ERIKA	921	00:52:31.35	16:56	177/184	00:52:17.00	
30/31	HERBST-WALKER, NIKKI	865	00:52:31.40	16:56	178/184	00:52:17.70	
31/31	ELL, HEATHER	839	00:57:36.60	18:35	182/184	00:57:22.35	

5K35-45M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/5	EVANSON, JAMES	842	00:21:50.15	07:02	10/184	00:21:45.95	
2/5	BYKOWSKI, JOHN	826	00:24:50.25	08:00	27/184	00:24:48.40	
3/5	SORENSEN, MARTIN	922	00:26:19.90	08:29	42/184	00:26:18.45	
4/5	BOS, MICHAEL	815	00:30:09.10	09:43	80/184	00:29:56.35	
5/5	MATHENY, SHAWN	974	00:30:56.45	09:59	87/184	00:30:43.20	

5K46-54F - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/11	ADKINS, BETTY	801	00:29:32.60	09:31	75/184	00:29:23.60	
2/11	TURCATO, GLYNNIS	933	00:30:42.80	09:54	85/184	00:30:36.50	
3/11	D'CUNHA, BEV	932	00:31:00.10	10:00	89/184	00:30:49.35	
4/11	GUKERT, KAREN	857	00:33:47.00	10:53	113/184	00:33:29.80	
5/11	BOSCHEE, LAVERNE	816	00:34:43.60	11:12	119/184	00:34:26.00	
6/11	GROSS, CONNIE	856	00:38:26.20	12:24	141/184	00:38:09.90	
7/11	HUMPHRIES, MONICA	873	00:39:19.45	12:41	145/184	00:39:09.10	
8/11	SYRENNE, DARCEY	925	00:39:59.30	12:54	150/184	00:39:52.55	
9/11	CHIPMAN, SHARI	830	00:42:37.40	13:45	162/184	00:42:25.10	
10/11	GUNDERSON, BONNIE	858	00:50:34.90	16:19	175/184	00:50:18.80	
11/11	HUMPHRIES, KEENA	872	00:52:34.75	16:57	179/184	00:52:25.00	

5K46-54M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/13	SYRENNE, RANDY	969	00:24:01.50	07:45	23/184	00:23:58.65	
2/13	BALDREY, MARK	982	00:26:31.10	08:33	44/184	00:26:26.45	
3/13	MEIER, MARK	888	00:28:15.70	09:07	59/184	00:28:08.80	
4/13	SHASKIN, CHRIS	965	00:28:42.30	09:15	66/184	00:28:31.55	
5/13	PYNE, PAT	902	00:28:44.40	09:16	67/184	00:28:26.15	
6/13	PEDERSEN, WAYNE	899	00:32:40.75	10:32	100/184	00:32:23.75	
7/13	D'CUNHA, FRANK	926	00:34:25.10	11:06	117/184	00:34:13.55	
8/13	YAROSLAWSKY, JIM	951	00:34:53.65	11:15	120/184	00:34:43.30	
9/13	BOSCH, CLARK	984	00:36:49.10	11:52	134/184	00:36:35.75	
10/13	HAMILTON, JEFF	862	00:38:14.60	12:20	139/184	00:38:05.60	
11/13	HUMPHRIES, RICHARD	874	00:39:20.30	12:41	146/184	00:39:09.55	

Category Results

5K - 3.1 Miles

5K46-54M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
12/13	CHIPMAN, ROB	829	00:42:38.20	13:45	163/184	00:42:26.10	
13/13	ELL, RANDY	840	00:57:24.80	18:31	180/184	00:57:10.00	

5K55-64F - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/7	MARCHAM, LINDA	886	00:24:58.60	08:03	30/184	00:24:57.00	
2/7	CHAPMAN, TERRY	828	00:28:32.05	09:12	62/184	00:28:25.70	
3/7	BYDEVAATE, JANE	823	00:31:37.75	10:12	93/184	00:31:34.80	
4/7	INDZEOSKI, DIANNE	876	00:33:47.60	10:54	114/184	00:33:30.55	
5/7	BALDREY, BRENDA	806	00:35:52.25	11:34	124/184	00:35:34.40	
6/7	HUMPHRIES, RICHELLE	875	00:37:18.40	12:02	136/184	00:37:10.75	
7/7	JOHNSON, MARY	967	00:42:06.35	13:35	160/184	00:41:50.05	

5K55-64M - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/4	MCKINNON, DR.ROBERT	887	00:21:47.35	07:01	9/184	00:21:44.85	
2/4	SUGDEN, RICHARD	923	00:33:36.75	10:50	109/184	00:33:19.10	
3/4	VIROSTEK, KEVIN	939	00:34:00.30	10:58	115/184	00:33:53.90	
4/4	BAREMAN, JOHN	807	00:38:55.35	12:33	143/184	00:38:42.80	

5K65+F - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/5	TORRIE, JUDY	987	00:37:23.30	12:03	138/184	00:37:19.20	GRASSY LAKE, AB
2/5	PARDOSKI, MARG	896	00:43:25.60	14:00	166/184	00:43:20.50	
3/5	ELL, ARLENE	838	00:57:35.25	18:34	181/184	00:57:21.95	
4/5	RATCLIFF, MARGARET	903	00:59:05.85	19:03	183/184	00:58:44.25	
5/5	BREWING, MARGARET	818	00:59:06.10	19:04	184/184	00:58:44.95	

5K65+M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/2	ZADAN, NICK	954	00:26:49.70	08:39	49/184	00:26:46.95	
2/2	YPMA, SIEBE	953	00:49:59.95	16:07	174/184	00:49:52.30	