

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

158 Finishers

5K12&UF (Female) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/23	BENNEN, KATELYN	2308	00:26:07.42	05:13	+00:00:00	22/158	4/98	TABER
2/23	BAREMAN, MEGAN	2307	00:26:37.16	05:19	+00:00:29	24/158	6/98	GRASSY LAKE
3/23	WESSELING, ZOE	2429	00:29:28.37	05:53	+00:03:20	42/158	17/98	VAUXHALL

5K12&UM (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	PARKER, GAGE	2391	00:25:21.29	05:04	+00:00:00	16/158	14/60	LETHBRIDGE
2/15	MAKARCHUK, ALEX	2377	00:25:25.45	05:05	+00:00:04	17/158	15/60	TABER
3/15	HUGHES, CARSON	2358	00:25:45.31	05:09	+00:00:24	20/158	17/60	TABER

5K13-17F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	DEHEER, MACKENZIE	2328	00:30:14.31	06:02	+00:00:00	48/158	20/98	TABER
2/10	WIEDENER, MIRANDA	2432	00:30:55.77	06:11	+00:00:41	52/158	24/98	CALGARY
3/10	KUNZ, AYSLEY	2368	00:31:15.39	06:15	+00:01:01	54/158	26/98	TABER

5K13-17M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	VAN BEERS, BLAKE	2461	00:24:45.07	04:57	+00:00:00	11/158	11/60	TABER
2/3	MACLEAN, DONALD	2436	00:26:07.23	05:13	+00:01:22	21/158	18/60	EDMONTON
3/3	MILLO, RYLAN	2384	00:39:58.05	07:59	+00:15:12	101/158	43/60	TABER

5K18-25F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	DE GROOT, ANDREA	2325	00:27:39.53	05:31	+00:00:00	31/158	8/98	VAUXHALL
2/7	HOLDSWORTH, KENDRA	2356	00:29:08.72	05:49	+00:01:29	39/158	15/98	TABER
3/7	VAN HERK, SAIGE	2457	00:30:13.84	06:02	+00:02:34	47/158	19/98	LETHBRIDGER

5K18-25M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	KEARL, BRENDAN	2440	00:20:11.20	04:02	+00:00:00	1/158	1/60	LETHBRIDGE
2/5	VRIEND, PHILIP	2464	00:20:20.31	04:04	+00:00:09	2/158	2/60	TABER
3/5	SPATE, BRYCEN	2448	00:26:44.25	05:20	+00:06:33	25/158	19/60	TABER

5K26-34F (Female) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/23	MARTENS, HELENA	2380	00:25:04.57	05:00	+00:00:00	13/158	1/98	TABER
2/23	LANGHOFER, JENNA	2455	00:25:29.85	05:05	+00:00:25	18/158	3/98	TABER
3/23	BRUGGER, CAITLYN	2312	00:26:26.99	05:17	+00:01:22	23/158	5/98	TABER

5K26-34M (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	LOW, MARK	2376	00:20:40.33	04:08	+00:00:00	3/158	3/60	LETHBRIDGE
2/11	TURCATO, BRETT	2421	00:21:08.83	04:13	+00:00:28	4/158	4/60	LETHBRIDGE
3/11	BENNEN, LUCAS	2309	00:21:53.68	04:22	+00:01:13	5/158	5/60	TABER

5K35-45F (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	BAREMAN, ANDREA	2304	00:27:41.90	05:32	+00:00:00	32/158	9/98	GRASSY LAKE
2/15	DAVIES, ANDREA	2324	00:28:30.96	05:42	+00:00:49	37/158	13/98	CALGARY
3/15	DAISLEY, JEN	2322	00:29:11.07	05:50	+00:01:29	40/158	16/98	TABER

5K35-45M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	PARKER, RYAN	2393	00:21:59.35	04:23	+00:00:00	6/158	6/60	LETHBRIDGE
2/8	KYWERIGA, MICHAEL	2460	00:22:07.49	04:25	+00:00:08	7/158	7/60	LETHBRIDGE
3/8	HAMMOND, CLINTON	2347	00:22:59.13	04:35	+00:00:59	9/158	9/60	TABER

5K46-54F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	LASTUKA, DAWN	2374	00:25:12.57	05:02	+00:00:00	15/158	2/98	WRENTHAM
2/9	TAMS, CORINNA	2417	00:27:46.70	05:33	+00:02:34	34/158	10/98	TABER
3/9	HULIT, KAREN	2360	00:29:48.19	05:57	+00:04:35	44/158	18/98	COUTTS

5K46-54M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	ROBERTSON, WILF	2407	00:25:06.13	05:01	+00:00:00	14/158	13/60	COALDALE
2/4	NOEL, ANDREW	2446	00:27:43.07	05:32	+00:02:36	33/158	24/60	LETHBRIDGE
3/4	HIGA, ROD	2351	00:31:39.17	06:19	+00:06:33	57/158	31/60	TABER

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TOP 3 In Category

5K Run - 3.1 Miles

158 Finishers

5K55-64F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	CARLSON, COLETTE	2314	00:26:44.45	05:20	+00:00:00	26/158	7/98	CALGARY
2/7	SCOTT, JANE	2410	00:28:43.29	05:44	+00:01:58	38/158	14/98	LETHBRIDGE
3/7	FINNIE, LAURIE	2463	00:32:28.94	06:29	+00:05:44	65/158	32/98	LETHBRIDGE

5K55-64M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	MCKINNON, ROBERT	2382	00:24:45.59	04:57	+00:00:00	12/158	12/60	CALGARY
2/10	FROESE, JACOB	2459	00:27:18.46	05:27	+00:02:32	29/158	22/60	COALDALE
3/10	VISSER, RICHARD	2426	00:31:27.67	06:17	+00:06:42	55/158	29/60	TABER

5K65+F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	BYDEVAATE, JANE	2313	00:34:09.07	06:49	+00:00:00	78/158	40/98	TABER
2/4	VALGARDSON, SANDRA	2439	00:45:40.50	09:08	+00:11:31	132/158	80/98	TABER
3/4	REGAN, MONECA	2445	00:50:44.29	10:08	+00:16:35	141/158	89/98	SPRUCE GROVE

5K65+M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	WORKENTIN, IRWIN	2434	00:29:47.52	05:57	+00:00:00	43/158	26/60	TABER
2/4	NIELAND, COR	2387	00:40:54.00	08:10	+00:11:06	116/158	48/60	NETHERLANDS
3/4	WOODRUFF, DAVID	2433	00:43:07.47	08:37	+00:13:19	125/158	51/60	GRASSY LAKE