

Category Results

5K - 3.1 Miles

5K12&UF - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/16	DEGROOT, ANDREA	3633	00:28:43.30	09:15	80/238	, ,
2/16	BENNETT, ISABELLE	3606	00:30:12.75	09:44	98/238	, ,
3/16	TAMS, KAMI	2320	00:30:43.20	09:54	105/238	, ,
4/16	VANDEN ELZEN, CHARLOTTE	3763	00:30:43.20	09:54	104/238	COALDALE, ALBERTA, CANADA
5/16	MOSER, LANGLEY	3720	00:31:25.55	10:08	110/238	, ,
6/16	HEGGIE, BERKLEY	1563	00:33:12.05	10:42	130/238	, ,
7/16	SAYERS-RAWLING, RYLEE	3744	00:34:05.50	10:59	142/238	, ,
8/16	TAMS, SAMANTHA	1571	00:36:06.00	11:38	161/238	, ,
9/16	HUVENAARS, ANIKA	3695	00:36:29.80	11:46	163/238	, ,
10/16	HOLMEN, DAYLIN	3688	00:38:43.85	12:29	177/238	, ,
11/16	VIROSTEK, KASSIDY	3765	00:41:14.85	13:18	187/238	, ,
12/16	TEDESCO, MARISSA	2317	00:42:00.10	13:32	192/238	, ,
13/16	STROEVE, TAYLOR	2306	00:46:59.45	15:09	203/238	, ,
14/16	GEERLIGS, RAELEIGH	2326	00:48:13.95	15:33	207/238	, ,
15/16	MOCH, BROOKLYN	3798	00:49:50.90	16:04	212/238	, ,
16/16	MILLER, BECKY	1568	00:55:49.50	18:00	228/238	, ,

5K12&UM - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/14	HARDING, ANDREW	3681	00:21:30.40	06:56	8/238	, ,
2/14	MULLER, KALEB	3722	00:22:18.10	07:11	14/238	, ,
3/14	DARBY, BEN	2312	00:24:01.70	07:44	25/238	, ,
4/14	FERGUSON, BRANDON	3649	00:25:11.95	08:07	36/238	, ,
5/14	TAMS, JOEY	2321	00:27:41.85	08:55	64/238	, ,
6/14	MULLER, MASON	3723	00:28:18.80	09:07	76/238	, ,
7/14	GEDNY, CHASE	2322	00:30:33.40	09:51	101/238	, ,
8/14	NORLIN, COLE	3729	00:31:52.95	10:16	119/238	, ,
9/14	LOW, HAYDEN	2313	00:33:56.55	10:56	141/238	, ,
10/14	SKIBA, WALKER	3749	00:35:34.50	11:28	156/238	, ,
11/14	GALLAGHER, OWEN	3663	00:35:50.10	11:33	160/238	, ,
12/14	ROSS, CONNOR	3800	00:37:48.85	12:11	172/238	, ,
13/14	HUVENAARS, JOSHUA	3696	00:43:29.45	14:01	197/238	, ,
14/14	GEERLIGS, MATTAIS	2327	00:56:47.40	18:19	233/238	, ,

5K13-17F - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	BYKOWSKI, ELANI	1561	00:20:31.75	06:37	6/238	LETH, AB, CANADA
2/9	MOSER, TAYLOR	3721	00:24:17.30	07:50	27/238	, ,
3/9	HUVENAARS, RENEE	3698	00:24:20.10	07:50	28/238	, ,
4/9	BROWN, RACHEL	3617	00:25:58.75	08:22	47/238	, ,
5/9	KERKHOFF, MORGAN	3704	00:27:23.00	08:50	63/238	, ,
6/9	BENNETT, HILLARY	3605	00:28:41.70	09:15	79/238	, ,
7/9	STAPLES, TESSA	3750	00:31:48.10	10:15	117/238	, ,
8/9	HART, SHANNON	3683	00:31:49.15	10:15	118/238	, ,
9/9	PATERSON, DAINA	3735	00:37:37.90	12:08	168/238	PURPLE SPRINGS, ALBERTA, CANADA

5K13-17M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	BRIDGEMAN, DON	3614	00:17:15.50	05:33	1/238	, ,
2/9	WAECKERLIN, DANIEL	3770	00:22:02.60	07:06	11/238	, ,
3/9	GRAHAM, TRAVIS	3674	00:22:15.95	07:10	13/238	, ,
4/9	SITWELL, GEOFF	3746	00:22:50.80	07:21	16/238	LETHBRIDGE, ALBERTA, CANADA
5/9	BENNETT, WYATT	3609	00:23:04.85	07:26	21/238	, ,
6/9	BENNETT, RHYS	3608	00:23:46.55	07:40	24/238	, ,
7/9	CAZAL, JAMES	3625	00:29:37.05	09:33	93/238	, ,
8/9	PARDI, TRISTIAN	3733	00:39:52.05	12:51	181/238	, ,
9/9	DEGROOT, STEVEN	3635	00:43:10.25	13:55	194/238	, ,

5K18-25F - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/20	GARDNER, KAYLEE	3666	00:24:43.65	07:58	31/238	TABER, ALBERTA, CANADA
2/20	BROWN, EMILY	3615	00:25:25.80	08:11	40/238	LETHBRIDGE, ALBERTA, CANADA
3/20	SENEZ, CATHERYNE	2332	00:27:18.00	08:48	61/238	, ,
4/20	LABOSSIERE, ASHLEY	3797	00:27:22.10	08:49	62/238	LETHBRIDGE, ALBERTA, CANADA
5/20	OLSEN, BROOKE	3784	00:29:02.25	09:21	83/238	, ,
6/20	TURCATO, WHITNEY	3791	00:29:17.25	09:26	89/238	, ,

Category Results

5K - 3.1 Miles

5K18-25F - 20 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
7/20	BYDEVATE, LORALYN	3640	00:29:53.40	09:38	96/238	, ,
8/20	SYRENNE, TORI	3755	00:30:01.10	09:40	97/238	, ,
9/20	PYNE, KATIE	3740	00:30:20.20	09:47	100/238	, ,
10/20	SMITH, AMY	1558	00:31:16.15	10:05	109/238	, ,
11/20	GRAHAM, STEPHI	3673	00:31:47.55	10:15	116/238	, ,
12/20	IVAN, KIM	3700	00:33:03.70	10:39	128/238	, ,
13/20	GARDNER, ALYSSA	3664	00:33:39.55	10:51	139/238	TABER, ALBERTA, CANADA
14/20	IVAN, AMBER	3699	00:33:41.85	10:51	140/238	, ,
15/20	HITCHMAN, ROSEANNE	3686	00:34:45.45	11:12	144/238	, ,
16/20	WESTERHOUD, CANDACE	3771	00:34:55.65	11:15	147/238	, ,
17/20	TUNOW, MORGAN	1569	00:43:19.55	13:58	196/238	, ,
18/20	JENSEN, KARAH	3701	00:44:42.35	14:25	201/238	, ,
19/20	FRANCOM, MELISSA	3654	00:44:42.35	14:25	200/238	, ,
20/20	FRANK, MICHELLE	2310	00:53:27.55	17:14	221/238	, ,

5K18-25M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	COLES, BRENT	3793	00:19:28.20	06:16	3/238	, ,
2/12	OLSON, KYLE	3731	00:19:37.65	06:19	4/238	, ,
3/12	BANMAN, JOHNNY	3602	00:21:28.20	06:55	7/238	, ,
4/12	BOUMA, PETER	3612	00:22:10.80	07:09	12/238	, ,
5/12	JOHNSON, BUCKY	3783	00:22:42.15	07:19	15/238	, ,
6/12	MALIK, KARLO	3712	00:23:38.20	07:37	23/238	, ,
7/12	HERT, ADAM	1572	00:25:05.45	08:05	32/238	, ,
8/12	CONRAD, BRETT	2328	00:25:05.70	08:05	33/238	, ,
9/12	FRANK, JUSTIN	3657	00:25:13.25	08:08	37/238	EDMONTON, ALBERTA, CANADA
10/12	GOESEELS, EVAN	3672	00:25:57.70	08:22	46/238	, ,
11/12	PYNE, DANIEL	3739	00:26:28.60	08:32	54/238	, ,
12/12	TURCATO, CLAY	3789	00:29:13.75	09:25	86/238	, ,

5K26-34F - 45 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/45	HEGGIE, JONI	1562	00:23:00.25	07:25	19/238	, ,
2/45	TANNER, NAOMI	3756	00:25:50.30	08:20	44/238	LETHBRIDGE, ALBERTA, CANADA
3/45	HORNBERGER, ALAUNA	3690	00:26:16.95	08:28	49/238	, ,
4/45	VIROSTEK, TAMMY	3767	00:26:26.35	08:31	53/238	, ,
5/45	HILL, RAEGAN	3685	00:26:35.25	08:34	55/238	LETHBRIDGE, ALBERTA, CANADA
6/45	TUCHOVA, HEATHER	3759	00:27:02.55	08:43	59/238	, ,
7/45	SPADY, KELLY	2305	00:27:50.45	08:58	65/238	LETHBRIDGE, ALBERTA, CANADA
8/45	BLACK, JODIE	3780	00:27:51.30	08:59	66/238	, ,
9/45	PHILLIPS, KARLEE	2314	00:27:57.75	09:00	67/238	, ,
10/45	COOPER, RACHELLE	3630	00:28:03.20	09:02	69/238	, ,
11/45	TYMKO, RAYLENE	3761	00:28:14.40	09:06	71/238	, ,
12/45	BURTON, JENNIFER	3618	00:28:15.35	09:06	72/238	, ,
13/45	FRENCH, RIANNA	3660	00:28:58.40	09:20	82/238	, ,
14/45	NELSON, SHARON	3727	00:29:35.10	09:32	92/238	RAYMOND, ALBERTA, CANADA
15/45	SCHOENING, ERIN	3787	00:30:40.30	09:53	103/238	, ,
16/45	KLASSEN, CRISTAL	3705	00:30:48.35	09:56	106/238	ELKFORD, BRITISH CO, CANADA
17/45	WILLIAMS, STEPHANIE	3773	00:30:58.50	09:59	107/238	, ,
18/45	BERG, LISA	3610	00:31:09.80	10:02	108/238	, ,
19/45	GIBB, CANDICE	3670	00:31:33.55	10:10	113/238	, ,
20/45	DEWEERD, JODY	3638	00:31:33.90	10:10	114/238	, ,
21/45	RICHMAN, JENN	3742	00:31:36.15	10:11	115/238	WELLING, ALBERTA, CANADA
22/45	PLANGER, MELISSA	3785	00:31:53.50	10:17	120/238	, ,
23/45	VANDERWAL, MICHELLE	3764	00:31:59.70	10:19	122/238	CALGARY, ALBERTA, CANADA
24/45	MARTENS, MARIA	3714	00:32:09.30	10:22	123/238	, ,
25/45	UNGER, JESSICA	2308	00:32:43.00	10:33	126/238	CALGARY, ALBERTA, CANADA
26/45	HEFFERNAN, CHANTAL	3684	00:33:34.15	10:49	134/238	LETHBRIDGE, ALBERTA, CANADA
27/45	CAMPBELL, JACKIE	3624	00:33:35.75	10:50	136/238	COALDALE, ALBERTA, CANADA
28/45	PERSSON, VANESSA	3737	00:34:38.20	11:10	143/238	COALDALE, ALBERTA, CANADA
29/45	KUNTZ, BARBARA	3706	00:34:51.30	11:14	145/238	MEDICINE HAT, ALBERTA, CANADA
30/45	TYMKO, BEE	2307	00:34:51.50	11:14	146/238	, ,
31/45	ROELOFSEN, BRANDI	3743	00:35:18.95	11:23	152/238	COALDALE, ALBERTA, CANADA
32/45	SKIBA, KRISTIN	3748	00:35:34.65	11:28	158/238	, ,
33/45	MESHEN, MICHELLE	3719	00:36:57.00	11:55	166/238	MEDICINE HAT, ALBERTA, CANADA

Category Results

5K - 3.1 Miles**5K26-34F - 45 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
34/45	BENNETT, AMANDA	3603	00:37:54.50	12:13	174/238	TABER, ALBERTA, CANADA
35/45	DOSENBERGER, PENNY	3639	00:37:54.75	12:13	175/238	REGINA, SASKATCHEW, CANADA
36/45	DERKSEN, CANDIS	3637	00:38:21.55	12:22	176/238	CALGAR, ALBERTA, CANADA
37/45	MORRIS, DONNELLY	3799	00:41:39.45	13:26	189/238	LETHBRIDGE, ALBERTA, CANADA
38/45	O'CONNER, JANELLE	3730	00:43:11.30	13:55	195/238	, ,
39/45	GORAL, DEIDRE	1573	00:43:39.85	14:04	198/238	LETH, AB, CANADA
40/45	SAWA, ANDREA	2304	00:44:21.00	14:18	199/238	, ,
41/45	ZUIDHOF, NATALIE	3778	00:47:46.25	15:24	205/238	, ,
42/45	MAROSE, KERRI	3713	00:50:55.50	16:25	213/238	, ,
43/45	GENSOAREK, COLLEEN	3669	00:50:56.00	16:25	214/238	, ,
44/45	HUTZUL, KIMBERLY	3782	00:50:56.75	16:25	215/238	, ,
45/45	GEERLIGS, JESSICA	2325	00:56:47.30	18:19	232/238	, ,

5K26-34M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	COUTURE, JESSE	2330	00:21:50.90	07:02	10/238	, ,
2/9	HAMILTON, BRENT	3679	00:22:54.70	07:23	17/238	TABER, ALBERTA, CANADA
3/9	DEOCAMPE, DEO REY	3636	00:25:26.60	08:12	41/238	, ,
4/9	TANNER, TYLER	3757	00:25:51.55	08:20	45/238	LETHBRIDGE, ALBERTA, CANADA
5/9	HORNBERGER, AUSTIN	3691	00:26:22.65	08:30	51/238	, ,
6/9	FRENCH, CHRIS	3659	00:29:07.80	09:23	85/238	, ,
7/9	MULLIGAN, SCOTT	3724	00:30:18.60	09:46	99/238	MEDICINE HAT, ALBERTA, CANADA
8/9	MCLEMAN, KEITH	3718	00:34:56.25	11:16	148/238	, ,
9/9	SKIBA, ASHLEY	3747	00:35:34.55	11:28	157/238	, ,

5K35-45F - 27 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/27	FERGUSON, BILLIE-JO	3648	00:24:13.75	07:48	26/238	, ,
2/27	TAMS, MARILYN	2319	00:25:10.55	08:07	35/238	, ,
3/27	BURTON, NATALIE	3619	00:25:37.25	08:15	42/238	RAYMOND, ALBERTA, CANADA
4/27	GRIMSON, TERRI	3677	00:25:58.75	08:22	48/238	, ,
5/27	CAZAL, TAMMI	2331	00:26:42.20	08:36	56/238	LETH, AB, CANADA
6/27	HUVENAARS, MONIQUE	3697	00:27:09.15	08:45	60/238	, ,
7/27	FERNHOUT, LIZANNE	3650	00:28:22.15	09:09	77/238	LETHBRIDGE, ALBERTA, CANADA
8/27	FRANK, C M	3655	00:29:07.70	09:23	84/238	EDMONTON, ALBERTA, CANADA
9/27	STRAGA, MICHELE	3752	00:29:30.55	09:30	90/238	, ,
10/27	GARDNER, ANGELA	3665	00:29:42.70	09:34	95/238	TABER, ALBERTA, CANADA
11/27	KOMERY, TANYA	1566	00:31:53.75	10:17	121/238	, ,
12/27	DUMESNIL, MICKEY	1565	00:32:23.25	10:26	125/238	, ,
13/27	ELLIS, KARI	3781	00:33:16.50	10:43	131/238	, ,
14/27	EVETTS, BARB	3647	00:33:34.95	10:49	135/238	, ,
15/27	GRAVES, DIANA	3675	00:33:37.20	10:50	137/238	, ,
16/27	VON HEYKING, SONYA	3769	00:34:59.40	11:17	149/238	LETHBRIDGE, ALBERTA, CANADA
17/27	HARPER, ANGEL	3682	00:35:27.95	11:26	155/238	LETHBRIDGE, ALBERTA, CANADA
18/27	MACKENZIE, ANGELA	3709	00:35:35.25	11:28	159/238	, ,
19/27	DEGROOT, SANDRA	3634	00:36:30.80	11:46	164/238	, ,
20/27	GALLAGHER, DIANE	3662	00:37:51.55	12:12	173/238	, ,
21/27	MCRAE, LISA	1564	00:40:17.80	12:59	186/238	LETH, AB, CANADA
22/27	FRIESEN, JENNIFER	3661	00:41:46.15	13:28	190/238	, ,
23/27	NIELSEN, HEATHER	3728	00:41:53.05	13:30	191/238	REGINA, SASKATCHEW, CANADA
24/27	BENNETT, JEANNETTE	3607	00:51:55.25	16:44	216/238	, ,
25/27	ELL, HEATHER	3644	00:55:51.25	18:00	231/238	, ,
26/27	WESTERHOUD, CATHY	3772	01:04:08.20	20:41	236/238	, ,
27/27	SABO GARNER, ALISON	2302	01:04:48.90	20:54	237/238	CALGARY, ALBERTA, CANADA

5K35-45M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	PEARSON, TIM	2329	00:17:16.40	05:34	2/238	, ,
2/15	BOCHURE, BRIAN	2318	00:20:17.85	06:32	5/238	, ,
3/15	CAMERON, JAMES KEVIN	3622	00:21:44.75	07:00	9/238	, ,
4/15	TYMKO, SHELDON	3762	00:22:58.35	07:24	18/238	, ,
5/15	BYKOWSKI, JOHN	1559	00:24:36.10	07:56	30/238	LETH, AB, CANADA
6/15	MAKARCHUK, ALAN	3711	00:25:09.00	08:06	34/238	, ,
7/15	VON HEYKING, JOHN	3768	00:28:15.55	09:06	73/238	LETHBRIDGE, ALBERTA, CANADA
8/15	THORNHILL, ROBERT	3788	00:28:15.65	09:06	74/238	, ,

Category Results

5K - 3.1 Miles**5K35-45M - 15 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
9/15	GRIMSON, CORBY	3676	00:28:16.30	09:07	75/238	, ,
10/15	BLACK, JAMES	3779	00:28:24.00	09:09	78/238	, ,
11/15	WATERHOUSE, MIKE	3792	00:32:49.20	10:35	127/238	MEDICINE HAT, ALBERTA, CANADA
12/15	GARNER, DANIEL	3794	00:33:06.40	10:40	129/238	CALGARY, ALBERTA, CANADA
13/15	PACK, JON	2311	00:37:38.90	12:08	169/238	TABER, ALBERTA, CANADA
14/15	ELL, RANDY	3645	00:53:29.00	17:15	223/238	, ,
15/15	MILLER, JASON	1567	00:55:50.00	18:00	229/238	, ,

5K46-54F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/24	FLETCHER, PATTI	3653	00:24:22.00	07:51	29/238	, ,
2/24	SCOTT, JANE	3745	00:25:42.25	08:17	43/238	, ,
3/24	LASTUKA, DAWN	3707	00:26:19.35	08:29	50/238	, ,
4/24	FISHER, CATHY	3652	00:28:45.05	09:16	81/238	, ,
5/24	LLEWELYN-JONES, DIANE	2309	00:31:26.95	10:08	111/238	, ,
6/24	DAVIDSON, COLLEEN	3631	00:31:29.35	10:09	112/238	BROOKS, ALBERTA, CANADA
7/24	MCKENCIE, DIANE	3715	00:33:17.45	10:44	132/238	, ,
8/24	MCLEAN, WANDA	3717	00:33:25.00	10:46	133/238	LETHBRIDGE, ALBERTA, CANADA
9/24	TURCATO, GLYNNIS	3790	00:35:14.55	11:21	151/238	, ,
10/24	GROSS, CONNIE	2324	00:35:25.75	11:25	153/238	, ,
11/24	BENSON, NOLA	2323	00:35:25.80	11:25	154/238	, ,
12/24	GARNER, DIANE	3795	00:36:11.70	11:40	162/238	TABER, ALBERTA, CANADA
13/24	DAY, CAROL	3632	00:36:39.30	11:49	165/238	, ,
14/24	YAROSLAWSKY, DARLENE	3775	00:37:03.10	11:57	167/238	, ,
15/24	SASAKI-ROSS, KENDY	2303	00:37:48.80	12:11	171/238	, ,
16/24	CHIPMAN, SHARI	3628	00:39:56.60	12:52	182/238	, ,
17/24	HUMPHRIES, RICHELLE	3694	00:45:47.55	14:46	202/238	, ,
18/24	STIEKEMA, WILLY	3751	00:48:13.70	15:33	206/238	, ,
19/24	HUMPHRIES, MONICA	3692	00:48:40.00	15:41	208/238	MEDICINE HAT, ALBERTA, CANADA
20/24	GEERLIGS, EVELINE	3668	00:48:43.85	15:42	210/238	, ,
21/24	KEMPE, PATRICIA	3703	00:53:13.75	17:10	218/238	, ,
22/24	SYRENNE, DARCEY	3753	00:54:17.55	17:30	225/238	, ,
23/24	ELL, CINDY	3643	00:55:50.10	18:00	230/238	, ,
24/24	MURPHY, SUSAN	3726	01:02:15.60	20:04	235/238	, ,

5K46-54M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	GIBSON, BRENT	3671	00:23:27.20	07:33	22/238	, ,
2/15	RANKIN, FRANCIS	3786	00:25:16.50	08:09	38/238	COALHURST, ALBERTA, CANADA
3/15	SYRENNE, RANDY	3754	00:25:20.95	08:10	39/238	, ,
4/15	ZIELINSKI, WALTER	1570	00:26:24.80	08:30	52/238	COALDALE, AB, CANADA
5/15	BROWN, GREG	3616	00:26:44.90	08:37	57/238	, ,
6/15	BOWMAN, DONALD	3613	00:26:50.15	08:39	58/238	, ,
7/15	GARDNER, MURRAY	3667	00:27:58.50	09:01	68/238	TABER, ALBERTA, CANADA
8/15	FINNIE, GRANT	3651	00:29:14.25	09:25	87/238	LETHBRIDGE, ALBERTA, CANADA
9/15	HAMILTON, JEFF	3680	00:37:44.60	12:10	170/238	, ,
10/15	BENNETT, BRYCE	3604	00:39:01.85	12:35	178/238	, ,
11/15	CHIPMAN, ROB	3627	00:39:57.05	12:53	183/238	, ,
12/15	BOSER, GERALD	3611	00:40:12.60	12:58	185/238	LETHBRIDGE, ALBERTA, CANADA
13/15	FRANK, GORDON	3656	00:53:26.95	17:14	220/238	TABER, ALBERTA, CANADA
14/15	HUMPHRIES, RICHARD	3693	00:54:17.65	17:30	226/238	MEDICINE HAT, ALBERTA, CANADA
15/15	MURPHY, BRAD	3725	01:02:14.30	20:04	234/238	, ,

5K55-64F - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	CHAPMAN, TERRY	3626	00:28:09.10	09:04	70/238	MEDICINE HAT, ALBERTA, CANADA
2/10	BUZIK, HELEN	3620	00:29:16.35	09:26	88/238	WAINWRIGHT, ALBERTA, CANADA
3/10	TYMKO, JENNY	3760	00:29:31.30	09:31	91/238	, ,
4/10	JOHNSTON, NICKI	3702	00:29:39.80	09:33	94/238	, ,
5/10	BYDEVATE, JANE	3621	00:32:09.95	10:22	124/238	, ,
6/10	HAGER, TERRIE	3678	00:33:38.10	10:50	138/238	BROOKS, ALBERTA, CANADA
7/10	REMIJN, WIL	2316	00:40:11.50	12:57	184/238	, ,
8/10	WINNICHUK, MARLENE	3774	00:47:34.60	15:20	204/238	, ,
9/10	ALBERS, TRUUS	3601	00:48:43.65	15:42	209/238	, ,
10/10	LIEVAART, MARIE	3708	00:53:14.85	17:10	219/238	, ,

Category Results

5K - 3.1 Miles**5K55-64M - 3 Competitors**

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	MCKINNON, DR.ROBERT	3716	00:23:01.30	07:25	20/238	, ,
2/3	POHL, BERNIE	3738	00:39:22.75	12:41	179/238	LETHBRIDGE, ALBERTA, CANADA
3/3	VIROSTEK, KEVIN	3766	00:41:15.95	13:18	188/238	, ,

5K65+F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	YPMA, SIEBE	3776	00:49:18.45	15:54	211/238	, ,
2/4	FRANK, OLGA	3658	00:53:27.60	17:14	222/238	FAIRVIEW, ALBERTA, CANADA
3/4	ELL, ARLENE	3641	00:55:49.20	18:00	227/238	, ,
4/4	SABO, ANNE	2315	01:07:46.05	21:51	238/238	, ,

5K65+M - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	MACLAREN, JOHN	3710	00:30:37.65	09:52	102/238	, ,
2/6	ZIEGENHOGEL, HENRY	3777	00:35:10.90	11:20	150/238	, ,
3/6	HOLMES, OWEN	3689	00:39:43.45	12:48	180/238	, ,
4/6	HOLTMAN, BLAKE	3796	00:42:24.45	13:40	193/238	, ,
5/6	TERSTEEG, ARIE	3758	00:51:55.60	16:44	217/238	, ,
6/6	ELL, ARTHUR	3642	00:53:30.45	17:15	224/238	, ,