

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/155	BYKOWSKI, ELANI	1561	00:20:31.75	06:37	5K13-17F	1/9	6/238	LETH, AB, CANADA
2/155	HEGGIE, JONI	1562	00:23:00.25	07:25	5K26-34F	1/45	19/238	,,
3/155	FERGUSON, BILLIE-JO	3648	00:24:13.75	07:48	5K35-45F	1/27	26/238	,,
4/155	MOSER, TAYLOR	3721	00:24:17.30	07:50	5K13-17F	2/9	27/238	,,
5/155	HUVENAARS, RENEE	3698	00:24:20.10	07:50	5K13-17F	3/9	28/238	,,
6/155	FLETCHER, PATTI	3653	00:24:22.00	07:51	5K46-54F	1/24	29/238	,,
7/155	GARDNER, KAYLEE	3666	00:24:43.65	07:58	5K18-25F	1/20	31/238	TABER, ALBERTA, CANADA
8/155	TAMS, MARILYN	2319	00:25:10.55	08:07	5K35-45F	2/27	35/238	,,
9/155	BROWN, EMILY	3615	00:25:25.80	08:11	5K18-25F	2/20	40/238	LETHBRIDGE, ALBERTA, CANADA
10/155	BURTON, NATALIE	3619	00:25:37.25	08:15	5K35-45F	3/27	42/238	RAYMOND, ALBERTA, CANADA
11/155	SCOTT, JANE	3745	00:25:42.25	08:17	5K46-54F	2/24	43/238	,,
12/155	TANNER, NAOMI	3756	00:25:50.30	08:20	5K26-34F	2/45	44/238	LETHBRIDGE, ALBERTA, CANADA
13/155	BROWN, RACHEL	3617	00:25:58.75	08:22	5K13-17F	4/9	47/238	,,
14/155	GRIMSON, TERRI	3677	00:25:58.75	08:22	5K35-45F	4/27	48/238	,,
15/155	HORNBERGER, ALAUNA	3690	00:26:16.95	08:28	5K26-34F	3/45	49/238	,,
16/155	LASTUKA, DAWN	3707	00:26:19.35	08:29	5K46-54F	3/24	50/238	,,
17/155	VIROSTEK, TAMMY	3767	00:26:26.35	08:31	5K26-34F	4/45	53/238	,,
18/155	HILL, RAEGAN	3685	00:26:35.25	08:34	5K26-34F	5/45	55/238	LETHBRIDGE, ALBERTA, CANADA
19/155	CAZAL, TAMMI	2331	00:26:42.20	08:36	5K35-45F	5/27	56/238	LETH, AB, CANADA
20/155	TUCHOVA, HEATHER	3759	00:27:02.55	08:43	5K26-34F	6/45	59/238	,,
21/155	HUVENAARS, MONIQUE	3697	00:27:09.15	08:45	5K35-45F	6/27	60/238	,,
22/155	SENEZ, CATHERYNE	2332	00:27:18.00	08:48	5K18-25F	3/20	61/238	,,
23/155	LABOSSIERE, ASHLEY	3797	00:27:22.10	08:49	5K18-25F	4/20	62/238	LETHBRIDGE, ALBERTA, CANADA
24/155	KERKHOFF, MORGAN	3704	00:27:23.00	08:50	5K13-17F	5/9	63/238	,,
25/155	SPADY, KELLY	2305	00:27:50.45	08:58	5K26-34F	7/45	65/238	LETHBRIDGE, ALBERTA, CANADA
26/155	BLACK, JODIE	3780	00:27:51.30	08:59	5K26-34F	8/45	66/238	,,
27/155	PHILLIPS, KARLEE	2314	00:27:57.75	09:00	5K26-34F	9/45	67/238	,,
28/155	COOPER, RACHELLE	3630	00:28:03.20	09:02	5K26-34F	10/45	69/238	,,
29/155	CHAPMAN, TERRY	3626	00:28:09.10	09:04	5K55-64F	1/10	70/238	MEDICINE HAT, ALBERTA, CANADA
30/155	TYMKO, RAYLENE	3761	00:28:14.40	09:06	5K26-34F	11/45	71/238	,,
31/155	BURTON, JENNIFER	3618	00:28:15.35	09:06	5K26-34F	12/45	72/238	,,
32/155	FERNHOUT, LIZANNE	3650	00:28:22.15	09:09	5K35-45F	7/27	77/238	LETHBRIDGE, ALBERTA, CANADA
33/155	BENNETT, HILLARY	3605	00:28:41.70	09:15	5K13-17F	6/9	79/238	,,
34/155	DEGROOT, ANDREA	3633	00:28:43.30	09:15	5K12&UF	1/16	80/238	,,
35/155	FISHER, CATHY	3652	00:28:45.05	09:16	5K46-54F	4/24	81/238	,,
36/155	FRENCH, RIANNA	3660	00:28:58.40	09:20	5K26-34F	13/45	82/238	,,
37/155	OLSEN, BROOKE	3784	00:29:02.25	09:21	5K18-25F	5/20	83/238	,,
38/155	FRANK, C M	3655	00:29:07.70	09:23	5K35-45F	8/27	84/238	EDMONTON, ALBERTA, CANADA
39/155	BUZIK, HELEN	3620	00:29:16.35	09:26	5K55-64F	2/10	88/238	WAINWRIGHT, ALBERTA, CANADA
40/155	TURCATO, WHITNEY	3791	00:29:17.25	09:26	5K18-25F	6/20	89/238	,,
41/155	STRAGA, MICHELE	3752	00:29:30.55	09:30	5K35-45F	9/27	90/238	,,
42/155	TYMKO, JENNY	3760	00:29:31.30	09:31	5K55-64F	3/10	91/238	,,
43/155	NELSON, SHARON	3727	00:29:35.10	09:32	5K26-34F	14/45	92/238	RAYMOND, ALBERTA, CANADA
44/155	JOHNSTON, NICKI	3702	00:29:39.80	09:33	5K55-64F	4/10	94/238	,,
45/155	GARDNER, ANGELA	3665	00:29:42.70	09:34	5K35-45F	10/27	95/238	TABER, ALBERTA, CANADA
46/155	BYDEVATE, LORALYN	3640	00:29:53.40	09:38	5K18-25F	7/20	96/238	,,
47/155	SYRENNE, TORI	3755	00:30:01.10	09:40	5K18-25F	8/20	97/238	,,
48/155	BENNETT, ISABELLE	3606	00:30:12.75	09:44	5K12&UF	2/16	98/238	,,
49/155	PYNE, KATIE	3740	00:30:20.20	09:47	5K18-25F	9/20	100/238	,,
50/155	SCHOENING, ERIN	3787	00:30:40.30	09:53	5K26-34F	15/45	103/238	,,
51/155	VANDEN ELZEN, CHARLOTTE	3763	00:30:43.20	09:54	5K12&UF	4/16	104/238	COALDALE, ALBERTA, CANADA
52/155	TAMS, KAMI	2320	00:30:43.20	09:54	5K12&UF	3/16	105/238	,,
53/155	KLASSEN, CHRISTAL	3705	00:30:48.35	09:56	5K26-34F	16/45	106/238	ELKFORD, BRITISH CO, CANADA
54/155	WILLIAMS, STEPHANIE	3773	00:30:58.50	09:59	5K26-34F	17/45	107/238	,,
55/155	BERG, LISA	3610	00:31:09.80	10:02	5K26-34F	18/45	108/238	,,

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
56/155	SMITH, AMY	1558	00:31:16.15	10:05	5K18-25F	10/20	109/238	,,
57/155	MOSER, LANGLEY	3720	00:31:25.55	10:08	5K12&UF	5/16	110/238	,,
58/155	LLEWELYN-JONES, DIANE	2309	00:31:26.95	10:08	5K46-54F	5/24	111/238	,,
59/155	DAVIDSON, COLLEEN	3631	00:31:29.35	10:09	5K46-54F	6/24	112/238	BROOKS, ALBERTA, CANADA
60/155	GIBB, CANDICE	3670	00:31:33.55	10:10	5K26-34F	19/45	113/238	,,
61/155	DEWEERD, JODY	3638	00:31:33.90	10:10	5K26-34F	20/45	114/238	,,
62/155	RICHMAN, JENN	3742	00:31:36.15	10:11	5K26-34F	21/45	115/238	WELLING, ALBERTA, CANADA
63/155	GRAHAM, STEPHI	3673	00:31:47.55	10:15	5K18-25F	11/20	116/238	,,
64/155	STAPLES, TESSA	3750	00:31:48.10	10:15	5K13-17F	7/9	117/238	,,
65/155	HART, SHANNON	3683	00:31:49.15	10:15	5K13-17F	8/9	118/238	,,
66/155	PLANGER, MELISSA	3785	00:31:53.50	10:17	5K26-34F	22/45	120/238	,,
67/155	KOMERY, TANYA	1566	00:31:53.75	10:17	5K35-45F	11/27	121/238	,,
68/155	VANDERWAL, MICHELLE	3764	00:31:59.70	10:19	5K26-34F	23/45	122/238	CALGARY, ALBERTA, CANADA
69/155	MARTENS, MARIA	3714	00:32:09.30	10:22	5K26-34F	24/45	123/238	,,
70/155	BYDEVATE, JANE	3621	00:32:09.95	10:22	5K55-64F	5/10	124/238	,,
71/155	DUMESNIL, MICKEY	1565	00:32:23.25	10:26	5K35-45F	12/27	125/238	,,
72/155	UNGER, JESSICA	2308	00:32:43.00	10:33	5K26-34F	25/45	126/238	CALGARY, ALBERTA, CANADA
73/155	IVAN, KIM	3700	00:33:03.70	10:39	5K18-25F	12/20	128/238	,,
74/155	HEGGIE, BERKLEY	1563	00:33:12.05	10:42	5K12&UF	6/16	130/238	,,
75/155	ELLIS, KARI	3781	00:33:16.50	10:43	5K35-45F	13/27	131/238	,,
76/155	MCKENCIE, DIANE	3715	00:33:17.45	10:44	5K46-54F	7/24	132/238	,,
77/155	MCLEAN, WANDA	3717	00:33:25.00	10:46	5K46-54F	8/24	133/238	LETHBRIDGE, ALBERTA, CANADA
78/155	HEFFERNAN, CHANTAL	3684	00:33:34.15	10:49	5K26-34F	26/45	134/238	LETHBRIDGE, ALBERTA, CANADA
79/155	EVETTS, BARB	3647	00:33:34.95	10:49	5K35-45F	14/27	135/238	,,
80/155	CAMPBELL, JACKIE	3624	00:33:35.75	10:50	5K26-34F	27/45	136/238	COALDALE, ALBERTA, CANADA
81/155	GRAVES, DIANA	3675	00:33:37.20	10:50	5K35-45F	15/27	137/238	,,
82/155	HAGER, TERRIE	3678	00:33:38.10	10:50	5K55-64F	6/10	138/238	BROOKS, ALBERTA, CANADA
83/155	GARDNER, ALYSSA	3664	00:33:39.55	10:51	5K18-25F	13/20	139/238	TABER, ALBERTA, CANADA
84/155	IVAN, AMBER	3699	00:33:41.85	10:51	5K18-25F	14/20	140/238	,,
85/155	SAYERS-RAWLING, RYLEE	3744	00:34:05.50	10:59	5K12&UF	7/16	142/238	,,
86/155	PERSSON, VANESSA	3737	00:34:38.20	11:10	5K26-34F	28/45	143/238	COALDALE, ALBERTA, CANADA
87/155	HITCHMAN, ROSEANNE	3686	00:34:45.45	11:12	5K18-25F	15/20	144/238	,,
88/155	KUNTZ, BARBARA	3706	00:34:51.30	11:14	5K26-34F	29/45	145/238	MEDICINE HAT, ALBERTA, CANADA
89/155	TYMKO, BEE	2307	00:34:51.50	11:14	5K26-34F	30/45	146/238	,,
90/155	WESTERHOUD, CANDACE	3771	00:34:55.65	11:15	5K18-25F	16/20	147/238	,,
91/155	VON HEYKING, SONYA	3769	00:34:59.40	11:17	5K35-45F	16/27	149/238	LETHBRIDGE, ALBERTA, CANADA
92/155	TURCATO, GLYNNIS	3790	00:35:14.55	11:21	5K46-54F	9/24	151/238	,,
93/155	ROELOFSEN, BRANDI	3743	00:35:18.95	11:23	5K26-34F	31/45	152/238	COALDALE, ALBERTA, CANADA
94/155	GROSS, CONNIE	2324	00:35:25.75	11:25	5K46-54F	10/24	153/238	,,
95/155	BENSON, NOLA	2323	00:35:25.80	11:25	5K46-54F	11/24	154/238	,,
96/155	HARPER, ANGEL	3682	00:35:27.95	11:26	5K35-45F	17/27	155/238	LETHBRIDGE, ALBERTA, CANADA
97/155	SKIBA, KRISTIN	3748	00:35:34.65	11:28	5K26-34F	32/45	158/238	,,
98/155	MACKENZIE, ANGELA	3709	00:35:35.25	11:28	5K35-45F	18/27	159/238	,,
99/155	TAMS, SAMANTHA	1571	00:36:06.00	11:38	5K12&UF	8/16	161/238	,,
100/155	GARNER, DIANE	3795	00:36:11.70	11:40	5K46-54F	12/24	162/238	TABER, ALBERTA, CANADA
101/155	HUVENAARS, ANIKA	3695	00:36:29.80	11:46	5K12&UF	9/16	163/238	,,
102/155	DEGROOT, SANDRA	3634	00:36:30.80	11:46	5K35-45F	19/27	164/238	,,
103/155	DAY, CAROL	3632	00:36:39.30	11:49	5K46-54F	13/24	165/238	,,
104/155	MESHEN, MICHELLE	3719	00:36:57.00	11:55	5K26-34F	33/45	166/238	MEDICINE HAT, ALBERTA, CANADA
105/155	YAROSLAWSKY, DARLENE	3775	00:37:03.10	11:57	5K46-54F	14/24	167/238	,,
106/155	PATERSON, DAINA	3735	00:37:37.90	12:08	5K13-17F	9/9	168/238	PURPLE SPRINGS, ALBERTA, CANADA
107/155	SASAKI-ROSS, KENDY	2303	00:37:48.80	12:11	5K46-54F	15/24	171/238	,,
108/155	GALLAGHER, DIANE	3662	00:37:51.55	12:12	5K35-45F	20/27	173/238	,,
109/155	BENNETT, AMANDA	3603	00:37:54.50	12:13	5K26-34F	34/45	174/238	TABER, ALBERTA, CANADA
110/155	DOSENBERGER, PENNY	3639	00:37:54.75	12:13	5K26-34F	35/45	175/238	REGINA, SASKATCHEW, CANADA

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
111/155	DERKSEN, CANDIS	3637	00:38:21.55	12:22	5K26-34F	36/45	176/238	CALGAR, ALBERTA, CANADA
112/155	HOLMEN, DAYLIN	3688	00:38:43.85	12:29	5K12&UF	10/16	177/238	,,
113/155	CHIPMAN, SHARI	3628	00:39:56.60	12:52	5K46-54F	16/24	182/238	,,
114/155	REMIJN, WIL	2316	00:40:11.50	12:57	5K55-64F	7/10	184/238	,,
115/155	MCRAE, LISA	1564	00:40:17.80	12:59	5K35-45F	21/27	186/238	LETH, AB, CANADA
116/155	VIROSTEK, KASSIDY	3765	00:41:14.85	13:18	5K12&UF	11/16	187/238	,,
117/155	MORRIS, DONNELLY	3799	00:41:39.45	13:26	5K26-34F	37/45	189/238	LETHBRIDGE, ALBERTA, CANADA
118/155	FRIESEN, JENNIFER	3661	00:41:46.15	13:28	5K35-45F	22/27	190/238	,,
119/155	NIELSEN, HEATHER	3728	00:41:53.05	13:30	5K35-45F	23/27	191/238	REGINA, SASKATCHEW, CANADA
120/155	TEDESCO, MARISSA	2317	00:42:00.10	13:32	5K12&UF	12/16	192/238	,,
121/155	O'CONNER, JANELLE	3730	00:43:11.30	13:55	5K26-34F	38/45	195/238	,,
122/155	TUNOW, MORGAN	1569	00:43:19.55	13:58	5K18-25F	17/20	196/238	,,
123/155	GORAL, DEIDRE	1573	00:43:39.85	14:04	5K26-34F	39/45	198/238	LETH, AB, CANADA
124/155	SAWA, ANDREA	2304	00:44:21.00	14:18	5K26-34F	40/45	199/238	,,
125/155	JENSEN, KARAH	3701	00:44:42.35	14:25	5K18-25F	18/20	201/238	,,
126/155	FRANCOM, MELISSA	3654	00:44:42.35	14:25	5K18-25F	19/20	200/238	,,
127/155	HUMPHRIES, RICHELLE	3694	00:45:47.55	14:46	5K46-54F	17/24	202/238	,,
128/155	STROEVE, TAYLOR	2306	00:46:59.45	15:09	5K12&UF	13/16	203/238	,,
129/155	WINNICHUK, MARLENE	3774	00:47:34.60	15:20	5K55-64F	8/10	204/238	,,
130/155	ZUIDHOF, NATALIE	3778	00:47:46.25	15:24	5K26-34F	41/45	205/238	,,
131/155	STIEKEMA, WILLY	3751	00:48:13.70	15:33	5K46-54F	18/24	206/238	,,
132/155	GEERLIGS, RAELEIGH	2326	00:48:13.95	15:33	5K12&UF	14/16	207/238	,,
133/155	HUMPHRIES, MONICA	3692	00:48:40.00	15:41	5K46-54F	19/24	208/238	MEDICINE HAT, ALBERTA, CANADA
134/155	ALBERS, TRUUS	3601	00:48:43.65	15:42	5K55-64F	9/10	209/238	,,
135/155	GEERLIGS, EVELINE	3668	00:48:43.85	15:42	5K46-54F	20/24	210/238	,,
136/155	YPMA, SIEBE	3776	00:49:18.45	15:54	5K65+F	1/4	211/238	,,
137/155	MOCH, BROOKLYN	3798	00:49:50.90	16:04	5K12&UF	15/16	212/238	,,
138/155	MAROSE, KERRI	3713	00:50:55.50	16:25	5K26-34F	42/45	213/238	,,
139/155	GENSOREK, COLLEEN	3669	00:50:56.00	16:25	5K26-34F	43/45	214/238	,,
140/155	HUTZUL, KIMBERLY	3782	00:50:56.75	16:25	5K26-34F	44/45	215/238	,,
141/155	BENNETT, JEANNETTE	3607	00:51:55.25	16:44	5K35-45F	24/27	216/238	,,
142/155	KEMPE, PATRICIA	3703	00:53:13.75	17:10	5K46-54F	21/24	218/238	,,
143/155	LIEVAART, MARIE	3708	00:53:14.85	17:10	5K55-64F	10/10	219/238	,,
144/155	FRANK, MICHELLE	2310	00:53:27.55	17:14	5K18-25F	20/20	221/238	,,
145/155	FRANK, OLGA	3658	00:53:27.60	17:14	5K65+F	2/4	222/238	FAIRVIEW, ALBERTA, CANADA
146/155	SYRENNE, DARCEY	3753	00:54:17.55	17:30	5K46-54F	22/24	225/238	,,
147/155	ELL, ARLENE	3641	00:55:49.20	18:00	5K65+F	3/4	227/238	,,
148/155	MILLER, BECKY	1568	00:55:49.50	18:00	5K12&UF	16/16	228/238	,,
149/155	ELL, CINDY	3643	00:55:50.10	18:00	5K46-54F	23/24	230/238	,,
150/155	ELL, HEATHER	3644	00:55:51.25	18:00	5K35-45F	25/27	231/238	,,
151/155	GEERLIGS, JESSICA	2325	00:56:47.30	18:19	5K26-34F	45/45	232/238	,,
152/155	MURPHY, SUSAN	3726	01:02:15.60	20:04	5K46-54F	24/24	235/238	,,
153/155	WESTERHOUD, CATHY	3772	01:04:08.20	20:41	5K35-45F	26/27	236/238	,,
154/155	SABO GARNER, ALISON	2302	01:04:48.90	20:54	5K35-45F	27/27	237/238	CALGARY, ALBERTA, CANADA
155/155	SABO, ANNE	2315	01:07:46.05	21:51	5K65+F	4/4	238/238	,,

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/83	BRIDGEMAN, DON	3614	00:17:15.50	05:33	5K13-17M	1/9	1/238	,,
2/83	PEARSON, TIM	2329	00:17:16.40	05:34	5K35-45M	1/15	2/238	,,
3/83	COLES, BRENT	3793	00:19:28.20	06:16	5K18-25M	1/12	3/238	,,
4/83	OLSON, KYLE	3731	00:19:37.65	06:19	5K18-25M	2/12	4/238	,,
5/83	BOCHURE, BRIAN	2318	00:20:17.85	06:32	5K35-45M	2/15	5/238	,,
6/83	BANMAN, JOHNNY	3602	00:21:28.20	06:55	5K18-25M	3/12	7/238	,,
7/83	HARDING, ANDREW	3681	00:21:30.40	06:56	5K12&UM	1/14	8/238	,,
8/83	CAMERON, JAMES KEVIN	3622	00:21:44.75	07:00	5K35-45M	3/15	9/238	,,
9/83	COUTURE, JESSE	2330	00:21:50.90	07:02	5K26-34M	1/9	10/238	,,
10/83	WAECKERLIN, DANIEL	3770	00:22:02.60	07:06	5K13-17M	2/9	11/238	,,
11/83	BOUMA, PETER	3612	00:22:10.80	07:09	5K18-25M	4/12	12/238	,,
12/83	GRAHAM, TRAVIS	3674	00:22:15.95	07:10	5K13-17M	3/9	13/238	,,
13/83	MULLER, KALEB	3722	00:22:18.10	07:11	5K12&UM	2/14	14/238	,,
14/83	JOHNSON, BUCKY	3783	00:22:42.15	07:19	5K18-25M	5/12	15/238	,,
15/83	SITWELL, GEOFF	3746	00:22:50.80	07:21	5K13-17M	4/9	16/238	LETHBRIDGE, ALBERTA, CANADA
16/83	HAMILTON, BRENT	3679	00:22:54.70	07:23	5K26-34M	2/9	17/238	TABER, ALBERTA, CANADA
17/83	TYMKO, SHELDON	3762	00:22:58.35	07:24	5K35-45M	4/15	18/238	,,
18/83	MCKINNON, DR.ROBERT	3716	00:23:01.30	07:25	5K55-64M	1/3	20/238	,,
19/83	BENNETT, WYATT	3609	00:23:04.85	07:26	5K13-17M	5/9	21/238	,,
20/83	GIBSON, BRENT	3671	00:23:27.20	07:33	5K46-54M	1/15	22/238	,,
21/83	MALIK, KARLO	3712	00:23:38.20	07:37	5K18-25M	6/12	23/238	,,
22/83	BENNETT, RHYS	3608	00:23:46.55	07:40	5K13-17M	6/9	24/238	,,
23/83	DARBY, BEN	2312	00:24:01.70	07:44	5K12&UM	3/14	25/238	,,
24/83	BYKOWSKI, JOHN	1559	00:24:36.10	07:56	5K35-45M	5/15	30/238	LETH, AB, CANADA
25/83	HERT, ADAM	1572	00:25:05.45	08:05	5K18-25M	7/12	32/238	,,
26/83	CONRAD, BRETT	2328	00:25:05.70	08:05	5K18-25M	8/12	33/238	,,
27/83	MAKARCHUK, ALAN	3711	00:25:09.00	08:06	5K35-45M	6/15	34/238	,,
28/83	FERGUSON, BRANDON	3649	00:25:11.95	08:07	5K12&UM	4/14	36/238	,,
29/83	FRANK, JUSTIN	3657	00:25:13.25	08:08	5K18-25M	9/12	37/238	EDMONTON, ALBERTA, CANADA
30/83	RANKIN, FRANCIS	3786	00:25:16.50	08:09	5K46-54M	2/15	38/238	COALHURST, ALBERTA, CANADA
31/83	SYRENNE, RANDY	3754	00:25:20.95	08:10	5K46-54M	3/15	39/238	,,
32/83	DEOCAMPE, DEO REY	3636	00:25:26.60	08:12	5K26-34M	3/9	41/238	,,
33/83	TANNER, TYLER	3757	00:25:51.55	08:20	5K26-34M	4/9	45/238	LETHBRIDGE, ALBERTA, CANADA
34/83	GOESEELS, EVAN	3672	00:25:57.70	08:22	5K18-25M	10/12	46/238	,,
35/83	HORNBERGER, AUSTIN	3691	00:26:22.65	08:30	5K26-34M	5/9	51/238	,,
36/83	ZIELINSKI, WALTER	1570	00:26:24.80	08:30	5K46-54M	4/15	52/238	COALDALE, AB, CANADA
37/83	PYNE, DANIEL	3739	00:26:28.60	08:32	5K18-25M	11/12	54/238	,,
38/83	BROWN, GREG	3616	00:26:44.90	08:37	5K46-54M	5/15	57/238	,,
39/83	BOWMAN, DONALD	3613	00:26:50.15	08:39	5K46-54M	6/15	58/238	,,
40/83	TAMS, JOEY	2321	00:27:41.85	08:55	5K12&UM	5/14	64/238	,,
41/83	GARDNER, MURRAY	3667	00:27:58.50	09:01	5K46-54M	7/15	68/238	TABER, ALBERTA, CANADA
42/83	VON HEYKING, JOHN	3768	00:28:15.55	09:06	5K35-45M	7/15	73/238	LETHBRIDGE, ALBERTA, CANADA
43/83	THORNHILL, ROBERT	3788	00:28:15.65	09:06	5K35-45M	8/15	74/238	,,
44/83	GRIMSON, CORBY	3676	00:28:16.30	09:07	5K35-45M	9/15	75/238	,,
45/83	MULLER, MASON	3723	00:28:18.80	09:07	5K12&UM	6/14	76/238	,,
46/83	BLACK, JAMES	3779	00:28:24.00	09:09	5K35-45M	10/15	78/238	,,
47/83	FRENCH, CHRIS	3659	00:29:07.80	09:23	5K26-34M	6/9	85/238	,,
48/83	TURCATO, CLAY	3789	00:29:13.75	09:25	5K18-25M	12/12	86/238	,,
49/83	FINNIE, GRANT	3651	00:29:14.25	09:25	5K46-54M	8/15	87/238	LETHBRIDGE, ALBERTA, CANADA
50/83	CAZAL, JAMES	3625	00:29:37.05	09:33	5K13-17M	7/9	93/238	,,
51/83	MULLIGAN, SCOTT	3724	00:30:18.60	09:46	5K26-34M	7/9	99/238	MEDICINE HAT, ALBERTA, CANADA
52/83	GEDNY, CHASE	2322	00:30:33.40	09:51	5K12&UM	7/14	101/238	,,
53/83	MACLAREN, JOHN	3710	00:30:37.65	09:52	5K65+M	1/6	102/238	,,
54/83	NORLIN, COLE	3729	00:31:52.95	10:16	5K12&UM	8/14	119/238	,,
55/83	WATERHOUSE, MIKE	3792	00:32:49.20	10:35	5K35-45M	11/15	127/238	MEDICINE HAT, ALBERTA, CANADA

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
56/83	GARNER, DANIEL	3794	00:33:06.40	10:40	5K35-45M	12/15	129/238	CALGARY, ALBERTA, CANADA
57/83	LOW, HAYDEN	2313	00:33:56.55	10:56	5K12&UM	9/14	141/238	, ,
58/83	MCLEMAN, KEITH	3718	00:34:56.25	11:16	5K26-34M	8/9	148/238	, ,
59/83	ZIEGENHOGEL, HENRY	3777	00:35:10.90	11:20	5K65+M	2/6	150/238	, ,
60/83	SKIBA, WALKER	3749	00:35:34.50	11:28	5K12&UM	10/14	156/238	, ,
61/83	SKIBA, ASHLEY	3747	00:35:34.55	11:28	5K26-34M	9/9	157/238	, ,
62/83	GALLAGHER, OWEN	3663	00:35:50.10	11:33	5K12&UM	11/14	160/238	, ,
63/83	PACK, JON	2311	00:37:38.90	12:08	5K35-45M	13/15	169/238	TABER, ALBERTA, CANADA
64/83	HAMILTON, JEFF	3680	00:37:44.60	12:10	5K46-54M	9/15	170/238	, ,
65/83	ROSS, CONNOR	3800	00:37:48.85	12:11	5K12&UM	12/14	172/238	, ,
66/83	BENNETT, BRYCE	3604	00:39:01.85	12:35	5K46-54M	10/15	178/238	, ,
67/83	POHL, BERNIE	3738	00:39:22.75	12:41	5K55-64M	2/3	179/238	LETHBRIDGE, ALBERTA, CANADA
68/83	HOLMES, OWEN	3689	00:39:43.45	12:48	5K65+M	3/6	180/238	, ,
69/83	PARDI, TRISTIAN	3733	00:39:52.05	12:51	5K13-17M	8/9	181/238	, ,
70/83	CHIPMAN, ROB	3627	00:39:57.05	12:53	5K46-54M	11/15	183/238	, ,
71/83	BOSER, GERALD	3611	00:40:12.60	12:58	5K46-54M	12/15	185/238	LETHBRIDGE, ALBERTA, CANADA
72/83	VIROSTEK, KEVIN	3766	00:41:15.95	13:18	5K55-64M	3/3	188/238	, ,
73/83	HOLTMAN, BLAKE	3796	00:42:24.45	13:40	5K65+M	4/6	193/238	, ,
74/83	DEGROOT, STEVEN	3635	00:43:10.25	13:55	5K13-17M	9/9	194/238	, ,
75/83	HUVENAARS, JOSHUA	3696	00:43:29.45	14:01	5K12&UM	13/14	197/238	, ,
76/83	TERSTEEG, ARIE	3758	00:51:55.60	16:44	5K65+M	5/6	217/238	, ,
77/83	FRANK, GORDON	3656	00:53:26.95	17:14	5K46-54M	13/15	220/238	TABER, ALBERTA, CANADA
78/83	ELL, RANDY	3645	00:53:29.00	17:15	5K35-45M	14/15	223/238	, ,
79/83	ELL, ARTHUR	3642	00:53:30.45	17:15	5K65+M	6/6	224/238	, ,
80/83	HUMPHRIES, RICHARD	3693	00:54:17.65	17:30	5K46-54M	14/15	226/238	MEDICINE HAT, ALBERTA, CANADA
81/83	MILLER, JASON	1567	00:55:50.00	18:00	5K35-45M	15/15	229/238	, ,
82/83	GEERLIGS, MATTAIS	2327	00:56:47.40	18:19	5K12&UM	14/14	233/238	, ,
83/83	MURPHY, BRAD	3725	01:02:14.30	20:04	5K46-54M	15/15	234/238	, ,