

Alpha Overall Results

5K - 3.1 Miles

98 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
17/98	AMUNDSON, DEVYN	5093	25:09.882	05:01	08:05	5K16-19F	2/6	F	5/64	DUNMORE, AB
46/98	ANDERSON, SHARLENE	5001	30:00.352	06:00	09:38	5K40-49F	11/24	F	22/64	MEDICINE HAT, AB
18/98	ANDRONYK, NORAH	5094	25:10.102	05:02	08:05	5K16-19F	3/6	F	6/64	DUNMORE, AB
47/98	ARIK, KATELYN	5002	30:01.420	06:00	09:39	5K20-29F	2/4	F	23/64	MONARCH, AB
74/98	BENNIE, RICHELLE	5004	37:08.707	07:25	11:56	5K30-39F	6/8	F	45/64	CYPRESS COUNTY, AB
60/98	BIEMANS, SONIA	5005	31:47.045	06:21	10:13	5K50-59F	2/10	F	32/64	MEDICINE HAT, AB
41/98	BITZ, SHELLY	5006	29:25.358	05:53	09:27	5K50-59F	1/10	F	18/64	MEDICINE HAT, AB
61/98	BROWN, NANCY	5080	32:52.805	06:34	10:34	5K50-59F	3/10	F	33/64	MEDICINE HAT, AB
52/98	CAMPBELL, SABRINA	5092	30:59.441	06:11	09:57	5K40-49F	13/24	F	26/64	MEDICINE HAT, AB
37/98	CHUDLEIGH, KRISTY	5007	29:00.501	05:48	09:19	5K40-49F	6/24	F	14/64	EMPRESS, AB
91/98	CORK, JILLY	5081	50:27.309	10:05	16:13	5K16-19F	6/6	F	60/64	REDCLIFF, AB
28/98	DEIS, ALLYSON	5009	27:22.370	05:28	08:48	5K30-39F	2/8	F	9/64	MEDICINE HAT, AB
24/98	DEIS, JORDAN	5010	26:58.513	05:23	08:40	5K30-39M	1/1	M	18/34	MEDICINE HAT, AB
44/98	DIXON, LISA	5011	29:39.271	05:55	09:32	5K40-49F	10/24	F	20/64	MEDICINE HAT, AB
43/98	DIXON, MEYER	5012	29:38.219	05:55	09:31	5K12-15M	8/9	M	24/34	MEDICINE HAT, AB
15/98	DYCK, AVA	5013	24:38.257	04:55	07:55	5K12-15F	1/4	F	4/64	MEDICINE HAT, AB
48/98	DYCK, JULIA	5014	30:12.646	06:02	09:42	5K12-15F	2/4	F	24/64	MEDICINE HAT, AB
64/98	EAGLEPLUME, CARLEE	5015	33:49.475	06:45	10:52	5K20-29F	4/4	F	35/64	REDCLIFF, AB
27/98	EHRET, BRYNNA	5091	27:19.546	05:27	08:47	5K30-39F	1/8	F	8/64	IRVINE, AB
92/98	ENCINAS, FREDA	5016	58:44.670	11:44	18:53	5K11&UF	4/4	F	61/64	MEDICINE HAT, AB
54/98	ENCINAS, JOCELYN	5017	31:09.394	06:13	10:01	5K40-49F	14/24	F	27/64	MEDICINE HAT, AB
94/98	ENCINAS, LEE	5018	59:15.766	11:51	19:03	5K40-49M	4/4	M	33/34	MEDICINE HAT, AB
93/98	ENCINAS, TITIAN	5019	59:13.484	11:50	19:02	5K11&UM	3/3	M	32/34	MEDICINE HAT, AB
56/98	ERB, TENNILLE	5020	31:17.462	06:15	10:03	5K30-39F	4/8	F	28/64	DESERT BLUME, AB
75/98	EVANS, CARLY	5021	37:09.596	07:25	11:56	5K30-39F	7/8	F	46/64	REDCLIFF, AB
76/98	EVANS, EVERLEIGH	5022	37:10.189	07:26	11:57	5K11&UF	3/4	F	47/64	REDCLIFF, AB
51/98	GAVRYLOV, SERGIY	5023	30:51.877	06:10	09:55	5K40-49M	3/4	M	26/34	MEDICINE HAT, AB
68/98	GODDU, TARA	5024	34:42.134	06:56	11:09	5K50-59F	5/10	F	39/64	MEDICINE HAT, AB
4/98	GRANT, KEIRA	5025	23:04.948	04:36	07:25	5K16-19F	1/6	F	1/64	DUNMORE, AB
49/98	GREENSTEIN, TWYLA	5026	30:29.490	06:05	09:48	5K40-49F	12/24	F	25/64	REDCLIFF, AB
87/98	GYORFI, SHANLEE	5027	47:51.824	09:34	15:23	5K40-49F	21/24	F	56/64	BOW ISLAND, AB
77/98	HAMILL, HILLARY	5028	37:26.713	07:29	12:02	5K12-15F	3/4	F	48/64	DUNMORE, AB
20/98	HAMILL, WARREN	5029	25:20.726	05:04	08:08	5K16-19M	6/10	M	14/34	DUNMORE, AB
7/98	HANSEN, ETHAN	5101	23:57.038	04:47	07:42	5K12-15M	1/9	M	6/34	DUNMORE, AB
62/98	HANSEN, NATHAN	5102	33:12.093	06:38	10:40	5K12-15M	9/9	M	29/34	DUNMORE, AB
86/98	HARRISON, DALYCE	5030	47:51.407	09:34	15:23	5K40-49F	20/24	F	55/64	CYPRESS COUNTY, AB
16/98	HENNES, DOMINIC	5031	24:41.981	04:56	07:56	5K12-15M	6/9	M	12/34	MEDICINE HAT, AB
81/98	HILSENDEGER, SOFIA	5086	43:30.925	08:42	13:59	5K16-19F	5/6	F	51/64	REDCLIFF, AB
14/98	HOWES, ROCHEAL	5032	24:36.480	04:55	07:54	5K40-49F	2/24	F	3/64	DUNMORE, AB
83/98	JACKSON, COLLEEN	5100	44:11.690	08:50	14:12	5K40-49F	18/24	F	53/64	MEDICINE HAT, AB
80/98	JESKE, EVAN	5034	42:18.550	08:27	13:36	5K16-19M	9/10	M	30/34	SCHULER, AB
35/98	JOHNSON, ALEXANDER	5035	28:45.843	05:45	09:14	5K11&UM	1/3	M	23/34	DUNMORE, AB
65/98	JOHNSON, NICOLE	5036	33:53.792	06:46	10:53	5K30-39F	5/8	F	36/64	DUNMORE, AB
36/98	JORDET, MELANIE	5037	28:48.531	05:45	09:15	5K40-49F	5/24	F	13/64	CYPRESS COUNTY, AB
63/98	JUDGE, JULISSA	5038	33:32.204	06:42	10:47	5K11&UF	1/4	F	34/64	IRVINE, AB
79/98	KARPIUK, JEN	5039	42:14.008	08:26	13:34	5K40-49F	17/24	F	50/64	MEDICINE HAT, AB
66/98	KING, ANNALISE	5082	33:58.503	06:47	10:55	5K50-59F	4/10	F	37/64	MEDICINE HAT, AB
85/98	KLATT, CARSON	5099	45:08.320	09:01	14:30	5K16-19M	10/10	M	31/34	DUNMORE, AB
84/98	KLATT, SYLVIA	5098	45:08.048	09:01	14:30	5K40-49F	19/24	F	54/64	DUNMORE, AB
8/98	KOZAKEWICH, WILLIAM	5040	23:59.099	04:47	07:42	5K12-15M	2/9	M	7/34	DUNMORE, AB
73/98	KRAWIEC, LEAH	5041	37:07.288	07:25	11:56	5K11&UF	2/4	F	44/64	CYPRESS COUNTY, AB
25/98	LEARNED, ALEXANDRA	5042	27:03.477	05:24	08:42	5K40-49F	3/24	F	7/64	MEDICINE HAT, AB
12/98	LEFEBVRE, NICHOLAS	5043	24:24.940	04:52	07:51	5K16-19M	4/10	M	10/34	MEDICINE HAT, AB
58/98	LUNDQUIST, CARRIE	5044	31:37.063	06:19	10:09	5K40-49F	15/24	F	30/64	MEDICINE HAT, AB
32/98	MAIER, LEANNE	5045	28:22.897	05:40	09:07	5K60-69F	1/4	F	11/64	MEDICINE HAT, AB
22/98	MAIER, ROD	5046	26:47.920	05:21	08:37	5K60-69M	1/2	M	16/34	MEDICINE HAT, AB
82/98	MAPHOSA, LYNDSEY	5087	44:10.897	08:50	14:12	5K30-39F	8/8	F	52/64	MEDICINE HAT, AB

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5K - 3.1 Miles

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
45/98	MARSHALL, ANNIKA	5047	29:48.743	05:57	09:35	5K20-29F	1/4	F	21/64	MEDICINE HAT, AB
95/98	MCCAIG, HEATHER	5048	1:01:39.534	12:19	19:49	5K40-49F	23/24	F	62/64	MEDICINE HAT, AB
55/98	MCGRATH, LIAM	5085	31:13.492	06:14	10:02	5K11&UM	2/3	M	28/34	DUNMORE, AB
39/98	MCGRATH, STEPHANIE	5084	29:21.614	05:52	09:26	5K30-39F	3/8	F	16/64	DUNMORE, AB
90/98	MCLEAN, CASSIDY	5049	50:21.240	10:04	16:11	5K12-15F	4/4	F	59/64	MEDICINE HAT, AB
33/98	MESHEN, GAVIN	5050	28:27.815	05:41	09:09	5K16-19M	8/10	M	22/34	MEDICINE HAT, AB
3/98	MESHEN, ROBBIE	5051	20:00.215	04:00	06:25	5K40-49M	1/4	M	3/34	MEDICINE HAT, AB
69/98	MOKRY, JOANNE	5052	34:43.832	06:56	11:10	5K50-59F	6/10	F	40/64	MEDICINE HAT, AB
50/98	OLIVER, TYLOR	5083	30:49.636	06:09	09:54	5K20-29M	1/2	M	25/34	MEDICINE HAT, AB
26/98	ORUM, MITCHELL	5053	27:18.755	05:27	08:46	5K50-59M	2/3	M	19/34	ACADIA VALLEY, AB
31/98	OUGH, ED	5054	28:16.781	05:39	09:05	5K60-69M	2/2	M	21/34	MEDICINE HAT, AB
57/98	PETERSON, KIMBERLY	5055	31:27.223	06:17	10:06	5K20-29F	3/4	F	29/64	MEDICINE HAT, AB
19/98	RIVERS, ALEXANDER	5056	25:18.162	05:03	08:08	5K16-19M	5/10	M	13/34	REDCLIFF, AB
96/98	ROGERS, CAROL	5057	1:01:41.012	12:20	19:50	5K40-49F	24/24	F	63/64	REDCLIFF, AB
97/98	ROGERS, DAVE	5058	1:01:45.041	12:21	19:51	5K50-59M	3/3	M	34/34	REDCLIFF, AB
38/98	ROWE, MICHELLE	5095	29:19.297	05:51	09:25	5K40-49F	7/24	F	15/64	MEDICINE HAT, AB
13/98	SIEWERT, COLE	5089	24:28.725	04:53	07:52	5K12-15M	5/9	M	11/34	CYPRESS COUNTY, AB
40/98	SIEWERT, PAULINE	5088	29:24.779	05:52	09:27	5K40-49F	8/24	F	17/64	CYPRESS COUNTY, AB
42/98	SIEWERT, SALLI	5090	29:26.747	05:53	09:28	5K40-49F	9/24	F	19/64	MEDICINE HAT, AB
67/98	SMART, COURTNEY	5059	33:58.652	06:47	10:55	5K40-49F	16/24	F	38/64	SUFFIELD, AB
23/98	SMITH, KAIDEN	5065	26:50.764	05:22	08:37	5K16-19M	7/10	M	17/34	MEDICINE HAT, AB
78/98	SMITH, SHARLEEN	5061	42:13.735	08:26	13:34	5K50-59F	9/10	F	49/64	MEDICINE HAT, AB
11/98	SNAZEL, JACKSON	5008	24:17.606	04:51	07:48	5K12-15M	4/9	M	9/34	MEDICINE HAT, AB
59/98	SPICER, SUSAN	5063	31:46.542	06:21	10:13	5K60-69F	2/4	F	31/64	MEDICINE HAT, AB
34/98	STICKEL, KABRI	5060	28:27.822	05:41	09:09	5K16-19F	4/6	F	12/64	MEDICINE HAT, AB
1/98	SUMNER, BRANNON	5079	18:02.604	03:36	05:48	5K16-19M	1/10	M	1/34	MEDICINE HAT, AB
6/98	SUMNER, BRAYDEN	5103	23:48.097	04:45	07:39	5K16-19M	3/10	M	5/34	MEDICINE HAT, AB
53/98	SUMNERS, ZACH	5097	31:06.658	06:13	10:00	5K20-29M	2/2	M	27/34	CYPRESS COUNTY, AB
98/98	THOMPSON, GAIL	5066	1:21:16.206	16:15	26:07	5K60-69F	4/4	F	64/64	MEDICINE HAT, AB
88/98	TREEN, MELANIE	5067	47:52.115	09:34	15:23	5K40-49F	22/24	F	57/64	MEDICINE HAT, AB
10/98	TSCHRITTER, AIME	5068	24:17.563	04:51	07:48	5K40-49F	1/24	F	2/64	MEDICINE HAT, AB
9/98	VANDERSPRUIT, BROLIN	5069	24:03.509	04:48	07:44	5K12-15M	3/9	M	8/34	DUNMORE, AB
21/98	VANDERSPRUIT, MACSEN	5070	26:32.380	05:18	08:32	5K12-15M	7/9	M	15/34	DUNMORE, AB
5/98	VANDERSPRUIT, QUADE	5096	23:15.356	04:39	07:28	5K16-19M	2/10	M	4/34	DUNMORE, AB
29/98	WALKER, EMMA	5071	27:40.340	05:32	08:53	5K40-49F	4/24	F	10/64	MEDICINE HAT, AB
2/98	WALKER, PETER	5072	19:26.298	03:53	06:15	5K50-59M	1/3	M	2/34	MEDICINE HAT, AB
71/98	WESTERLUND, SHARON	5074	34:53.290	06:58	11:13	5K60-69F	3/4	F	42/64	CYPRESS COUNTY, AB
72/98	WHITFIELD, CAROLYN	5075	34:55.192	06:59	11:13	5K50-59F	8/10	F	43/64	REDCLIFF, AB
30/98	WILLIAMS, PAUL	5076	27:51.981	05:34	08:57	5K40-49M	2/4	M	20/34	REDCLIFF, AB
89/98	WILLS, JUNE	5077	48:11.013	09:38	15:29	5K50-59F	10/10	F	58/64	MAPLE CREEK, SK
70/98	ZEZULA, HANNA	5078	34:51.882	06:58	11:12	5K50-59F	7/10	F	41/64	MEDICINE HAT, AB