

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
 TOP 3 In Category

10K Run - 6.21 Miles
 37 Finishers

10K12-15F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ASPREY, PHEONIX	135	50:34.217	05:03	08:08	+00:00:00	16/37	3/19	MEDICINE HAT

10K16-19F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	WOODRUFF, REYNA	127	55:41.077	05:34	08:58	+00:00:00	22/37	8/19	CYPRESS COUNT

10K20-29M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	RAPUANO, TRAVIS	120	43:47.402	04:22	07:03	+00:00:00	6/37	6/18	MEDICINE HAT
2/2	MARTIN, KEITH	132	46:48.859	04:40	07:32	+00:03:01	11/37	11/18	MEDICINE HAT

10K30-39F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	CARROLL, ALLISON	137	58:15.427	05:49	09:22	+00:00:00	25/37	10/19	MEDICINE HAT
2/4	HODGKINSON, PAM	133	1:00:57.557	06:05	09:48	+00:02:42	28/37	12/19	MEDICINE HAT
3/4	WIEBE, KIM	136	1:05:23.238	06:32	10:31	+00:07:07	33/37	17/19	MEDICINE HAT

10K30-39M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	ORSINI, MIKE	115	37:17.622	03:43	06:00	+00:00:00	1/37	1/18	MEDICINE HAT
2/6	HARDER, KEITH	109	38:16.916	03:49	06:09	+00:00:59	3/37	3/18	MEDICINE HAT
3/6	ADRIAN, ARON	138	43:04.468	04:18	06:56	+00:05:46	4/37	4/18	MEDICINE HAT

10K40-49F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	EMERSON, SHERI	105	46:57.698	04:41	07:33	+00:00:00	12/37	1/19	MEDICINE HAT
2/7	MILNE, KEELEY	142	47:54.778	04:47	07:42	+00:00:57	14/37	2/19	MEDICINE HAT
3/7	DULLE, LEANNE	131	52:58.440	05:17	08:31	+00:06:00	18/37	5/19	DUNMORE

10K40-49M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	FIGUEROA, JULIO	106	37:29.011	03:44	06:02	+00:00:00	2/37	2/18	MEDICINE HAT
2/5	PERCY, WILLIAM	116	43:28.143	04:20	06:59	+00:05:59	5/37	5/18	MEDICINE HAT
3/5	PIERZCHALA, MARK	117	45:47.398	04:34	07:22	+00:08:18	8/37	8/18	MEDICINE HAT

10K50-59F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	CORCORAN, MARLENE	103	51:07.077	05:06	08:13	+00:00:00	17/37	4/19	MEDICINE HAT
2/4	GAUTHIER, HEATHER	108	53:39.314	05:21	08:38	+00:02:32	19/37	6/19	LETHBRIDGE
3/4	SUMNERS, LORI	123	59:55.639	05:59	09:39	+00:08:48	27/37	11/19	CYPRESS COUNT

10K50-59M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	PARSONS, SHAWN	141	46:43.404	04:40	07:31	+00:00:00	10/37	10/18	MEDICINE HAT
2/2	YOUNG, SCOTT	129	58:16.016	05:49	09:22	+00:11:32	26/37	16/18	MEDICINE HAT

10K60-69F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	HEGGIE, DIXIE	110	1:03:30.741	06:21	10:13	+00:00:00	31/37	15/19	LETHBRIDGE
2/2	SUNDE, BRENDA	124	1:16:06.199	07:36	12:15	+00:12:35	37/37	19/19	MAPLE CREEK

10K60-69M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	CORCORAN, BILL	102	55:27.279	05:32	08:55	+00:00:00	20/37	14/18	MEDICINE HAT
2/2	SUNDE, MELVIN	125	1:16:03.788	07:36	12:14	+00:20:36	36/37	18/18	MAPLE CREEK

10K70+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CUNNINGHAM, BARNEY	104	1:09:32.757	06:57	11:11	+00:00:00	34/37	17/18	MEDICINE HAT