

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
98 Finishers

## 5K11&amp;UF - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	JUDGE, JULISSA	5038	33:32.204	06:42	10:47	63/98	34/64	+00:00:00	IRVINE
2/4	KRAWIEC, LEAH	5041	37:07.288	07:25	11:56	73/98	44/64	+00:03:35	CYPRESS COUNT
3/4	EVANS, EVERLEIGH	5022	37:10.189	07:26	11:57	76/98	47/64	+00:03:37	REDCLIFF
4/4	ENCINAS, FREDA	5016	58:44.670	11:44	18:53	92/98	61/64	+00:25:12	MEDICINE HAT

## 5K11&amp;UM - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	JOHNSON, ALEXANDER	5035	28:45.843	05:45	09:14	35/98	23/34	+00:00:00	DUNMORE
2/3	MCGRATH, LIAM	5085	31:13.492	06:14	10:02	55/98	28/34	+00:02:27	DUNMORE
3/3	ENCINAS, TITIAN	5019	59:13.484	11:50	19:02	93/98	32/34	+00:30:27	MEDICINE HAT

## 5K12-15F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	DYCK, AVA	5013	24:38.257	04:55	07:55	15/98	4/64	+00:00:00	MEDICINE HAT
2/4	DYCK, JULIA	5014	30:12.646	06:02	09:42	48/98	24/64	+00:05:34	MEDICINE HAT
3/4	HAMILL, HILLARY	5028	37:26.713	07:29	12:02	77/98	48/64	+00:12:48	DUNMORE
4/4	MCLEAN, CASSIDY	5049	50:21.240	10:04	16:11	90/98	59/64	+00:25:42	MEDICINE HAT

## 5K12-15M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	HANSEN, ETHAN	5101	23:57.038	04:47	07:42	7/98	6/34	+00:00:00	DUNMORE
2/9	KOZAKIEWICH, WILLIAM	5040	23:59.099	04:47	07:42	8/98	7/34	+00:00:02	DUNMORE
3/9	VANDERSPRUIT, BROLIN	5069	24:03.509	04:48	07:44	9/98	8/34	+00:00:06	DUNMORE
4/9	SNAZEL, JACKSON	5008	24:17.606	04:51	07:48	11/98	9/34	+00:00:20	MEDICINE HAT
5/9	SIEWERT, COLE	5089	24:28.725	04:53	07:52	13/98	11/34	+00:00:31	CYPRESS COUNT
6/9	HENNES, DOMINIC	5031	24:41.981	04:56	07:56	16/98	12/34	+00:00:44	MEDICINE HAT
7/9	VANDERSPRUIT, MACSEN	5070	26:32.380	05:18	08:32	21/98	15/34	+00:02:35	DUNMORE
8/9	DIXON, MEYER	5012	29:38.219	05:55	09:31	43/98	24/34	+00:05:41	MEDICINE HAT
9/9	HANSEN, NATHAN	5102	33:12.093	06:38	10:40	62/98	29/34	+00:09:15	DUNMORE

## 5K16-19F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	GRANT, KEIRA	5025	23:04.948	04:36	07:25	4/98	1/64	+00:00:00	DUNMORE
2/6	AMUNDSON, DEVYN	5093	25:09.882	05:01	08:05	17/98	5/64	+00:02:04	DUNMORE
3/6	ANDRONYK, NORAH	5094	25:10.102	05:02	08:05	18/98	6/64	+00:02:05	DUNMORE
4/6	STICKEL, KABRI	5060	28:27.822	05:41	09:09	34/98	12/64	+00:05:22	MEDICINE HAT
5/6	HILSENDEGER, SOFIA	5086	43:30.925	08:42	13:59	81/98	51/64	+00:20:25	REDCLIFF
6/6	CORK, JILLY	5081	50:27.309	10:05	16:13	91/98	60/64	+00:27:22	REDCLIFF

## 5K16-19M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	SUMNER, BRANNON	5079	18:02.604	03:36	05:48	1/98	1/34	+00:00:00	MEDICINE HAT
2/10	VANDERSPRUIT, QUADE	5096	23:15.356	04:39	07:28	5/98	4/34	+00:05:12	DUNMORE
3/10	SUMNER, BRAYDEN	5103	23:48.097	04:45	07:39	6/98	5/34	+00:05:45	MEDICINE HAT
4/10	LEFEBVRE, NICHOLAS	5043	24:24.940	04:52	07:51	12/98	10/34	+00:06:22	MEDICINE HAT
5/10	RIVERS, ALEXANDER	5056	25:18.162	05:03	08:08	19/98	13/34	+00:07:15	REDCLIFF
6/10	HAMILL, WARREN	5029	25:20.726	05:04	08:08	20/98	14/34	+00:07:18	DUNMORE
7/10	SMITH, KAIDEN	5065	26:50.764	05:22	08:37	23/98	17/34	+00:08:48	MEDICINE HAT
8/10	MESHEN, GAVIN	5050	28:27.815	05:41	09:09	33/98	22/34	+00:10:25	MEDICINE HAT
9/10	JESSKE, EVAN	5034	42:18.550	08:27	13:36	80/98	30/34	+00:24:15	SCHULER
10/10	KLATT, CARSON	5099	45:08.320	09:01	14:30	85/98	31/34	+00:27:05	DUNMORE

## 5K20-29F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	MARSHALL, ANNIKA	5047	29:48.743	05:57	09:35	45/98	21/64	+00:00:00	MEDICINE HAT
2/4	ARIK, KATELYN	5002	30:01.420	06:00	09:39	47/98	23/64	+00:00:12	MONARCH
3/4	PETERSON, KIMBERLY	5055	31:27.223	06:17	10:06	57/98	29/64	+00:01:38	MEDICINE HAT
4/4	EAGLEPLUME, CARLEE	5015	33:49.475	06:45	10:52	64/98	35/64	+00:04:00	REDCLIFF

## 5K20-29M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	OLIVER, TYLOR	5083	30:49.636	06:09	09:54	50/98	25/34	+00:00:00	MEDICINE HAT
2/2	SUMNERS, ZACH	5097	31:06.658	06:13	10:00	53/98	27/34	+00:00:17	CYPRESS COUNT

## 5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	EHRET, BRYNNA	5091	27:19.546	05:27	08:47	27/98	8/64	+00:00:00	IRVINE
2/8	DEIS, ALLYSON	5009	27:22.370	05:28	08:48	28/98	9/64	+00:00:02	MEDICINE HAT
3/8	MCGRATH, STEPHANIE	5084	29:21.614	05:52	09:26	39/98	16/64	+00:02:02	DUNMORE
4/8	ERB, TENNILLE	5020	31:17.462	06:15	10:03	56/98	28/64	+00:03:57	DESERT BLUME

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## Category Results

5K Run - 3.1 Miles  
98 Finishers

## 5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
5/8	JOHNSON, NICOLE	5036	33:53.792	06:46	10:53	65/98	36/64	+00:06:34	DUNMORE
6/8	BENNIE, RICHELLE	5004	37:08.707	07:25	11:56	74/98	45/64	+00:09:49	CYPRESS COUNT
7/8	EVANS, CARLY	5021	37:09.596	07:25	11:56	75/98	46/64	+00:09:50	REDCLIFF
8/8	MAPHOSA, LYNDSEY	5087	44:10.897	08:50	14:12	82/98	52/64	+00:16:51	MEDICINE HAT

## 5K30-39M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	DEIS, JORDAN	5010	26:58.513	05:23	08:40	24/98	18/34	+00:00:00	MEDICINE HAT

## 5K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/24	TSCHRITTER, AIME	5068	24:17.563	04:51	07:48	10/98	2/64	+00:00:00	MEDICINE HAT
2/24	HOWES, ROCHEAL	5032	24:36.480	04:55	07:54	14/98	3/64	+00:00:18	DUNMORE
3/24	LEARNED, ALEXANDRA	5042	27:03.477	05:24	08:42	25/98	7/64	+00:02:45	MEDICINE HAT
4/24	WALKER, EMMA	5071	27:40.340	05:32	08:53	29/98	10/64	+00:03:22	MEDICINE HAT
5/24	JORDET, MELANIE	5037	28:48.531	05:45	09:15	36/98	13/64	+00:04:30	CYPRESS COUNT
6/24	CHUDLEIGH, KRISTY	5007	29:00.501	05:48	09:19	37/98	14/64	+00:04:42	EMPRESS
7/24	ROWE, MICHELLE	5095	29:19.297	05:51	09:25	38/98	15/64	+00:05:01	MEDICINE HAT
8/24	SIEWERT, PAULINE	5088	29:24.779	05:52	09:27	40/98	17/64	+00:05:07	CYPRESS COUNT
9/24	SIEWERT, SALLI	5090	29:26.747	05:53	09:28	42/98	19/64	+00:05:09	MEDICINE HAT
10/24	DIXON, LISA	5011	29:39.271	05:55	09:32	44/98	20/64	+00:05:21	MEDICINE HAT
11/24	ANDERSON, SHARLENE	5001	30:00.352	06:00	09:38	46/98	22/64	+00:05:42	MEDICINE HAT
12/24	GREENSTEIN, TWYLA	5026	30:29.490	06:05	09:48	49/98	25/64	+00:06:11	REDCLIFF
13/24	CAMPBELL, SABRINA	5092	30:59.441	06:11	09:57	52/98	26/64	+00:06:41	MEDICINE HAT
14/24	ENCINAS, JOCELYN	5017	31:09.394	06:13	10:01	54/98	27/64	+00:06:51	MEDICINE HAT
15/24	LUNDQUIST, CARRIE	5044	31:37.063	06:19	10:09	58/98	30/64	+00:07:19	MEDICINE HAT
16/24	SMART, COURTNEY	5059	33:58.652	06:47	10:55	67/98	38/64	+00:09:41	SUFFIELD
17/24	KARPIUK, JEN	5039	42:14.008	08:26	13:34	79/98	50/64	+00:17:56	MEDICINE HAT
18/24	JACKSON, COLLEEN	5100	44:11.690	08:50	14:12	83/98	53/64	+00:19:54	MEDICINE HAT
19/24	KLATT, SYLVIA	5098	45:08.048	09:01	14:30	84/98	54/64	+00:20:50	DUNMORE
20/24	HARRISON, DALYCE	5030	47:51.407	09:34	15:23	86/98	55/64	+00:23:33	CYPRESS COUNT
21/24	GYORFI, SHANLEE	5027	47:51.824	09:34	15:23	87/98	56/64	+00:23:34	BOW ISLAND
22/24	TREEN, MELANIE	5067	47:52.115	09:34	15:23	88/98	57/64	+00:23:34	MEDICINE HAT
23/24	MCCAIG, HEATHER	5048	1:01:39.534	12:19	19:49	95/98	62/64	+00:37:21	MEDICINE HAT
24/24	ROGERS, CAROL	5057	1:01:41.012	12:20	19:50	96/98	63/64	+00:37:23	REDCLIFF

## 5K40-49M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	MESHEN, ROBBIE	5051	20:00.215	04:00	06:25	3/98	3/34	+00:00:00	MEDICINE HAT
2/4	WILLIAMS, PAUL	5076	27:51.981	05:34	08:57	30/98	20/34	+00:07:51	REDCLIFF
3/4	GAVRYLOV, SERGIY	5023	30:51.877	06:10	09:55	51/98	26/34	+00:10:51	MEDICINE HAT
4/4	ENCINAS, LEE	5018	59:15.766	11:51	19:03	94/98	33/34	+00:39:15	MEDICINE HAT

## 5K50-59F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	BITZ, SHELLY	5006	29:25.358	05:53	09:27	41/98	18/64	+00:00:00	MEDICINE HAT
2/10	BIEMANS, SONIA	5005	31:47.045	06:21	10:13	60/98	32/64	+00:02:21	MEDICINE HAT
3/10	BROWN, NANCY	5080	32:52.805	06:34	10:34	61/98	33/64	+00:03:27	MEDICINE HAT
4/10	KING, ANNALISE	5082	33:58.503	06:47	10:55	66/98	37/64	+00:04:33	MEDICINE HAT
5/10	GODDU, TARA	5024	34:42.134	06:56	11:09	68/98	39/64	+00:05:16	MEDICINE HAT
6/10	MOKRY, JOANNE	5052	34:43.832	06:56	11:10	69/98	40/64	+00:05:18	MEDICINE HAT
7/10	ZEZULA, HANNA	5078	34:51.882	06:58	11:12	70/98	41/64	+00:05:26	MEDICINE HAT
8/10	WHITFIELD, CAROLYN	5075	34:55.192	06:59	11:13	72/98	43/64	+00:05:29	REDCLIFF
9/10	SMITH, SHARLEEN	5061	42:13.735	08:26	13:34	78/98	49/64	+00:12:48	MEDICINE HAT
10/10	WILLS, JUNE	5077	48:11.013	09:38	15:29	89/98	58/64	+00:18:45	MAPLE CREEK

## 5K50-59M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	WALKER, PETER	5072	19:26.298	03:53	06:15	2/98	2/34	+00:00:00	MEDICINE HAT
2/3	ORUM, MITCHELL	5053	27:18.755	05:27	08:46	26/98	19/34	+00:07:52	ACADIA VALLEY
3/3	ROGERS, DAVE	5058	1:01:45.041	12:21	19:51	97/98	34/34	+00:42:18	REDCLIFF

## 5K60-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	MAIER, LEANNE	5045	28:22.897	05:40	09:07	32/98	11/64	+00:00:00	MEDICINE HAT
2/4	SPICER, SUSAN	5063	31:46.542	06:21	10:13	59/98	31/64	+00:03:23	MEDICINE HAT
3/4	WESTERLUND, SHARON	5074	34:53.290	06:58	11:13	71/98	42/64	+00:06:30	CYPRESS COUNT
4/4	THOMPSON, GAIL	5066	1:21:16.206	16:15	26:07	98/98	64/64	+00:52:53	MEDICINE HAT

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## Category Results

5K Run - 3.1 Miles  
98 Finishers

## 5K60-69M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	MAIER, ROD	5046	26:47.920	05:21	08:37	22/98	16/34	+00:00:00	MEDICINE HAT
2/2	OUGH, ED	5054	28:16.781	05:39	09:05	31/98	21/34	+00:01:28	MEDICINE HAT