

## Overall Gender Results

## 5K - 3.1 Miles

## Female

| Gender | Name               | Bib# | Time      | Pace/K | Pace/M | Category | Cat   | O/A   | City               |
|--------|--------------------|------|-----------|--------|--------|----------|-------|-------|--------------------|
| 1/64   | GRANT, KEIRA       | 5025 | 23:04.948 | 04:36  | 07:25  | 5K16-19F | 1/6   | 4/98  | DUNMORE, AB        |
| 2/64   | TSCRITTER, AIME    | 5068 | 24:17.563 | 04:51  | 07:48  | 5K40-49F | 1/24  | 10/98 | MEDICINE HAT, AB   |
| 3/64   | HOWES, ROCHEAL     | 5032 | 24:36.480 | 04:55  | 07:54  | 5K40-49F | 2/24  | 14/98 | DUNMORE, AB        |
| 4/64   | DYCK, AVA          | 5013 | 24:38.257 | 04:55  | 07:55  | 5K12-15F | 1/4   | 15/98 | MEDICINE HAT, AB   |
| 5/64   | AMUNDSON, DEVYN    | 5093 | 25:09.882 | 05:01  | 08:05  | 5K16-19F | 2/6   | 17/98 | DUNMORE, AB        |
| 6/64   | ANDRONYK, NORAH    | 5094 | 25:10.102 | 05:02  | 08:05  | 5K16-19F | 3/6   | 18/98 | DUNMORE, AB        |
| 7/64   | LEARNED, ALEXANDRA | 5042 | 27:03.477 | 05:24  | 08:42  | 5K40-49F | 3/24  | 25/98 | MEDICINE HAT, AB   |
| 8/64   | EHRET, BRYNNA      | 5091 | 27:19.546 | 05:27  | 08:47  | 5K30-39F | 1/8   | 27/98 | IRVINE, AB         |
| 9/64   | DEIS, ALLYSON      | 5009 | 27:22.370 | 05:28  | 08:48  | 5K30-39F | 2/8   | 28/98 | MEDICINE HAT, AB   |
| 10/64  | WALKER, EMMA       | 5071 | 27:40.340 | 05:32  | 08:53  | 5K40-49F | 4/24  | 29/98 | MEDICINE HAT, AB   |
| 11/64  | MAIER, LEANNE      | 5045 | 28:22.897 | 05:40  | 09:07  | 5K60-69F | 1/4   | 32/98 | MEDICINE HAT, AB   |
| 12/64  | STICKEL, KABRI     | 5060 | 28:27.822 | 05:41  | 09:09  | 5K16-19F | 4/6   | 34/98 | MEDICINE HAT, AB   |
| 13/64  | JORDET, MELANIE    | 5037 | 28:48.531 | 05:45  | 09:15  | 5K40-49F | 5/24  | 36/98 | CYPRESS COUNTY, AB |
| 14/64  | CHUDLEIGH, KRISTY  | 5007 | 29:00.501 | 05:48  | 09:19  | 5K40-49F | 6/24  | 37/98 | EMPRESS, AB        |
| 15/64  | ROWE, MICHELLE     | 5095 | 29:19.297 | 05:51  | 09:25  | 5K40-49F | 7/24  | 38/98 | MEDICINE HAT, AB   |
| 16/64  | MCGRATH, STEPHANIE | 5084 | 29:21.614 | 05:52  | 09:26  | 5K30-39F | 3/8   | 39/98 | DUNMORE, AB        |
| 17/64  | SIEWERT, PAULINE   | 5088 | 29:24.779 | 05:52  | 09:27  | 5K40-49F | 8/24  | 40/98 | CYPRESS COUNTY, AB |
| 18/64  | BITZ, SHELLY       | 5006 | 29:25.358 | 05:53  | 09:27  | 5K50-59F | 1/10  | 41/98 | MEDICINE HAT, AB   |
| 19/64  | SIEWERT, SALLI     | 5090 | 29:26.747 | 05:53  | 09:28  | 5K40-49F | 9/24  | 42/98 | MEDICINE HAT, AB   |
| 20/64  | DIXON, LISA        | 5011 | 29:39.271 | 05:55  | 09:32  | 5K40-49F | 10/24 | 44/98 | MEDICINE HAT, AB   |
| 21/64  | MARSHALL, ANNIKA   | 5047 | 29:48.743 | 05:57  | 09:35  | 5K20-29F | 1/4   | 45/98 | MEDICINE HAT, AB   |
| 22/64  | ANDERSON, SHARLENE | 5001 | 30:00.352 | 06:00  | 09:38  | 5K40-49F | 11/24 | 46/98 | MEDICINE HAT, AB   |
| 23/64  | ARIK, KATELYN      | 5002 | 30:01.420 | 06:00  | 09:39  | 5K20-29F | 2/4   | 47/98 | MONARCH, AB        |
| 24/64  | DYCK, JULIA        | 5014 | 30:12.646 | 06:02  | 09:42  | 5K12-15F | 2/4   | 48/98 | MEDICINE HAT, AB   |
| 25/64  | GREENSTEIN, TWYLA  | 5026 | 30:29.490 | 06:05  | 09:48  | 5K40-49F | 12/24 | 49/98 | REDCLIFF, AB       |
| 26/64  | CAMPBELL, SABRINA  | 5092 | 30:59.441 | 06:11  | 09:57  | 5K40-49F | 13/24 | 52/98 | MEDICINE HAT, AB   |
| 27/64  | ENCINAS, JOCELYN   | 5017 | 31:09.394 | 06:13  | 10:01  | 5K40-49F | 14/24 | 54/98 | MEDICINE HAT, AB   |
| 28/64  | ERB, TENNILLE      | 5020 | 31:17.462 | 06:15  | 10:03  | 5K30-39F | 4/8   | 56/98 | DESERT BLUME, AB   |
| 29/64  | PETERSON, KIMBERLY | 5055 | 31:27.223 | 06:17  | 10:06  | 5K20-29F | 3/4   | 57/98 | MEDICINE HAT, AB   |
| 30/64  | LUNDQUIST, CARRIE  | 5044 | 31:37.063 | 06:19  | 10:09  | 5K40-49F | 15/24 | 58/98 | MEDICINE HAT, AB   |
| 31/64  | SPICER, SUSAN      | 5063 | 31:46.542 | 06:21  | 10:13  | 5K60-69F | 2/4   | 59/98 | MEDICINE HAT, AB   |
| 32/64  | BIEMANS, SONIA     | 5005 | 31:47.045 | 06:21  | 10:13  | 5K50-59F | 2/10  | 60/98 | MEDICINE HAT, AB   |
| 33/64  | BROWN, NANCY       | 5080 | 32:52.805 | 06:34  | 10:34  | 5K50-59F | 3/10  | 61/98 | MEDICINE HAT, AB   |
| 34/64  | JUDGE, JULISSA     | 5038 | 33:32.204 | 06:42  | 10:47  | 5K11&UF  | 1/4   | 63/98 | IRVINE, AB         |
| 35/64  | EAGLEPLUME, CARLEE | 5015 | 33:49.475 | 06:45  | 10:52  | 5K20-29F | 4/4   | 64/98 | REDCLIFF, AB       |
| 36/64  | JOHNSON, NICOLE    | 5036 | 33:53.792 | 06:46  | 10:53  | 5K30-39F | 5/8   | 65/98 | DUNMORE, AB        |
| 37/64  | KING, ANNALISE     | 5082 | 33:58.503 | 06:47  | 10:55  | 5K50-59F | 4/10  | 66/98 | MEDICINE HAT, AB   |
| 38/64  | SMART, COURTNEY    | 5059 | 33:58.652 | 06:47  | 10:55  | 5K40-49F | 16/24 | 67/98 | SUFFIELD, AB       |
| 39/64  | GODDU, TARA        | 5024 | 34:42.134 | 06:56  | 11:09  | 5K50-59F | 5/10  | 68/98 | MEDICINE HAT, AB   |
| 40/64  | MOKRY, JOANNE      | 5052 | 34:43.832 | 06:56  | 11:10  | 5K50-59F | 6/10  | 69/98 | MEDICINE HAT, AB   |
| 41/64  | ZEZULA, HANNA      | 5078 | 34:51.882 | 06:58  | 11:12  | 5K50-59F | 7/10  | 70/98 | MEDICINE HAT, AB   |
| 42/64  | WESTERLUND, SHARON | 5074 | 34:53.290 | 06:58  | 11:13  | 5K60-69F | 3/4   | 71/98 | CYPRESS COUNTY, AB |
| 43/64  | WHITFIELD, CAROLYN | 5075 | 34:55.192 | 06:59  | 11:13  | 5K50-59F | 8/10  | 72/98 | REDCLIFF, AB       |
| 44/64  | KRAWIEC, LEAH      | 5041 | 37:07.288 | 07:25  | 11:56  | 5K11&UF  | 2/4   | 73/98 | CYPRESS COUNTY, AB |
| 45/64  | BENNIE, RICHELLE   | 5004 | 37:08.707 | 07:25  | 11:56  | 5K30-39F | 6/8   | 74/98 | CYPRESS COUNTY, AB |
| 46/64  | EVANS, CARLY       | 5021 | 37:09.596 | 07:25  | 11:56  | 5K30-39F | 7/8   | 75/98 | REDCLIFF, AB       |
| 47/64  | EVANS, EVERLEIGH   | 5022 | 37:10.189 | 07:26  | 11:57  | 5K11&UF  | 3/4   | 76/98 | REDCLIFF, AB       |
| 48/64  | HAMILL, HILLARY    | 5028 | 37:26.713 | 07:29  | 12:02  | 5K12-15F | 3/4   | 77/98 | DUNMORE, AB        |
| 49/64  | SMITH, SHARLEEN    | 5061 | 42:13.735 | 08:26  | 13:34  | 5K50-59F | 9/10  | 78/98 | MEDICINE HAT, AB   |
| 50/64  | KARPIUK, JEN       | 5039 | 42:14.008 | 08:26  | 13:34  | 5K40-49F | 17/24 | 79/98 | MEDICINE HAT, AB   |
| 51/64  | HILSENDEGER, SOFIA | 5086 | 43:30.925 | 08:42  | 13:59  | 5K16-19F | 5/6   | 81/98 | REDCLIFF, AB       |
| 52/64  | MAPHOSA, LYNDSEY   | 5087 | 44:10.897 | 08:50  | 14:12  | 5K30-39F | 8/8   | 82/98 | MEDICINE HAT, AB   |
| 53/64  | JACKSON, COLLEEN   | 5100 | 44:11.690 | 08:50  | 14:12  | 5K40-49F | 18/24 | 83/98 | MEDICINE HAT, AB   |
| 54/64  | KLATT, SYLVIA      | 5098 | 45:08.048 | 09:01  | 14:30  | 5K40-49F | 19/24 | 84/98 | DUNMORE, AB        |
| 55/64  | HARRISON, DALYCE   | 5030 | 47:51.407 | 09:34  | 15:23  | 5K40-49F | 20/24 | 86/98 | CYPRESS COUNTY, AB |

Overall Gender Results

**5K - 3.1 Miles**

**Female**

| Gender | Name            | Bib# | Time        | Pace/K | Pace/M | Category | Cat   | O/A   | City             |
|--------|-----------------|------|-------------|--------|--------|----------|-------|-------|------------------|
| 56/64  | GYORFI, SHANLEE | 5027 | 47:51.824   | 09:34  | 15:23  | 5K40-49F | 21/24 | 87/98 | BOW ISLAND, AB   |
| 57/64  | TREEN, MELANIE  | 5067 | 47:52.115   | 09:34  | 15:23  | 5K40-49F | 22/24 | 88/98 | MEDICINE HAT, AB |
| 58/64  | WILLS, JUNE     | 5077 | 48:11.013   | 09:38  | 15:29  | 5K50-59F | 10/10 | 89/98 | MAPLE CREEK, SK  |
| 59/64  | MCLEAN, CASSIDY | 5049 | 50:21.240   | 10:04  | 16:11  | 5K12-15F | 4/4   | 90/98 | MEDICINE HAT, AB |
| 60/64  | CORK, JILLY     | 5081 | 50:27.309   | 10:05  | 16:13  | 5K16-19F | 6/6   | 91/98 | REDCLIFF, AB     |
| 61/64  | ENCINAS, FREDA  | 5016 | 58:44.670   | 11:44  | 18:53  | 5K11&UF  | 4/4   | 92/98 | MEDICINE HAT, AB |
| 62/64  | MCCAIG, HEATHER | 5048 | 1:01:39.534 | 12:19  | 19:49  | 5K40-49F | 23/24 | 95/98 | MEDICINE HAT, AB |
| 63/64  | ROGERS, CAROL   | 5057 | 1:01:41.012 | 12:20  | 19:50  | 5K40-49F | 24/24 | 96/98 | REDCLIFF, AB     |
| 64/64  | THOMPSON, GAIL  | 5066 | 1:21:16.206 | 16:15  | 26:07  | 5K60-69F | 4/4   | 98/98 | MEDICINE HAT, AB |

**Male**

| Gender | Name                 | Bib# | Time        | Pace/K | Pace/M | Category | Cat   | O/A   | City               |
|--------|----------------------|------|-------------|--------|--------|----------|-------|-------|--------------------|
| 1/34   | SUMNER, BRANNON      | 5079 | 18:02.604   | 03:36  | 05:48  | 5K16-19M | 1/10  | 1/98  | MEDICINE HAT, AB   |
| 2/34   | WALKER, PETER        | 5072 | 19:26.298   | 03:53  | 06:15  | 5K50-59M | 1/3   | 2/98  | MEDICINE HAT, AB   |
| 3/34   | MESHEN, ROBBIE       | 5051 | 20:00.215   | 04:00  | 06:25  | 5K40-49M | 1/4   | 3/98  | MEDICINE HAT, AB   |
| 4/34   | VANDERSPRUIT, QUADE  | 5096 | 23:15.356   | 04:39  | 07:28  | 5K16-19M | 2/10  | 5/98  | DUNMORE, AB        |
| 5/34   | SUMNER, BRAYDEN      | 5103 | 23:48.097   | 04:45  | 07:39  | 5K16-19M | 3/10  | 6/98  | MEDICINE HAT, AB   |
| 6/34   | HANSEN, ETHAN        | 5101 | 23:57.038   | 04:47  | 07:42  | 5K12-15M | 1/9   | 7/98  | DUNMORE, AB        |
| 7/34   | KOZAKEWICH, WILLIAM  | 5040 | 23:59.099   | 04:47  | 07:42  | 5K12-15M | 2/9   | 8/98  | DUNMORE, AB        |
| 8/34   | VANDERSPRUIT, BROLIN | 5069 | 24:03.509   | 04:48  | 07:44  | 5K12-15M | 3/9   | 9/98  | DUNMORE, AB        |
| 9/34   | SNAZEL, JACKSON      | 5008 | 24:17.606   | 04:51  | 07:48  | 5K12-15M | 4/9   | 11/98 | MEDICINE HAT, AB   |
| 10/34  | LEFEBVRE, NICHOLAS   | 5043 | 24:24.940   | 04:52  | 07:51  | 5K16-19M | 4/10  | 12/98 | MEDICINE HAT, AB   |
| 11/34  | SIEWERT, COLE        | 5089 | 24:28.725   | 04:53  | 07:52  | 5K12-15M | 5/9   | 13/98 | CYPRESS COUNTY, AB |
| 12/34  | HENNES, DOMINIC      | 5031 | 24:41.981   | 04:56  | 07:56  | 5K12-15M | 6/9   | 16/98 | MEDICINE HAT, AB   |
| 13/34  | RIVERS, ALEXANDER    | 5056 | 25:18.162   | 05:03  | 08:08  | 5K16-19M | 5/10  | 19/98 | REDCLIFF, AB       |
| 14/34  | HAMILL, WARREN       | 5029 | 25:20.726   | 05:04  | 08:08  | 5K16-19M | 6/10  | 20/98 | DUNMORE, AB        |
| 15/34  | VANDERSPRUIT, MACSEN | 5070 | 26:32.380   | 05:18  | 08:32  | 5K12-15M | 7/9   | 21/98 | DUNMORE, AB        |
| 16/34  | MAIER, ROD           | 5046 | 26:47.920   | 05:21  | 08:37  | 5K60-69M | 1/2   | 22/98 | MEDICINE HAT, AB   |
| 17/34  | SMITH, KAIDEN        | 5065 | 26:50.764   | 05:22  | 08:37  | 5K16-19M | 7/10  | 23/98 | MEDICINE HAT, AB   |
| 18/34  | DEIS, JORDAN         | 5010 | 26:58.513   | 05:23  | 08:40  | 5K30-39M | 1/1   | 24/98 | MEDICINE HAT, AB   |
| 19/34  | ORUM, MITCHELL       | 5053 | 27:18.755   | 05:27  | 08:46  | 5K50-59M | 2/3   | 26/98 | ACADIA VALLEY, AB  |
| 20/34  | WILLIAMS, PAUL       | 5076 | 27:51.981   | 05:34  | 08:57  | 5K40-49M | 2/4   | 30/98 | REDCLIFF, AB       |
| 21/34  | OUGH, ED             | 5054 | 28:16.781   | 05:39  | 09:05  | 5K60-69M | 2/2   | 31/98 | MEDICINE HAT, AB   |
| 22/34  | MESHEN, GAVIN        | 5050 | 28:27.815   | 05:41  | 09:09  | 5K16-19M | 8/10  | 33/98 | MEDICINE HAT, AB   |
| 23/34  | JOHNSON, ALEXANDER   | 5035 | 28:45.843   | 05:45  | 09:14  | 5K11&UM  | 1/3   | 35/98 | DUNMORE, AB        |
| 24/34  | DIXON, MEYER         | 5012 | 29:38.219   | 05:55  | 09:31  | 5K12-15M | 8/9   | 43/98 | MEDICINE HAT, AB   |
| 25/34  | OLIVER, TYLOR        | 5083 | 30:49.636   | 06:09  | 09:54  | 5K20-29M | 1/2   | 50/98 | MEDICINE HAT, AB   |
| 26/34  | GAVRYLOV, SERGIY     | 5023 | 30:51.877   | 06:10  | 09:55  | 5K40-49M | 3/4   | 51/98 | MEDICINE HAT, AB   |
| 27/34  | SUMNERS, ZACH        | 5097 | 31:06.658   | 06:13  | 10:00  | 5K20-29M | 2/2   | 53/98 | CYPRESS COUNTY, AB |
| 28/34  | MCGRATH, LIAM        | 5085 | 31:13.492   | 06:14  | 10:02  | 5K11&UM  | 2/3   | 55/98 | DUNMORE, AB        |
| 29/34  | HANSEN, NATHAN       | 5102 | 33:12.093   | 06:38  | 10:40  | 5K12-15M | 9/9   | 62/98 | DUNMORE, AB        |
| 30/34  | JESKE, EVAN          | 5034 | 42:18.550   | 08:27  | 13:36  | 5K16-19M | 9/10  | 80/98 | SCHULER, AB        |
| 31/34  | KLATT, CARSON        | 5099 | 45:08.320   | 09:01  | 14:30  | 5K16-19M | 10/10 | 85/98 | DUNMORE, AB        |
| 32/34  | ENCINAS, TITIAN      | 5019 | 59:13.484   | 11:50  | 19:02  | 5K11&UM  | 3/3   | 93/98 | MEDICINE HAT, AB   |
| 33/34  | ENCINAS, LEE         | 5018 | 59:15.766   | 11:51  | 19:03  | 5K40-49M | 4/4   | 94/98 | MEDICINE HAT, AB   |
| 34/34  | ROGERS, DAVE         | 5058 | 1:01:45.041 | 12:21  | 19:51  | 5K50-59M | 3/3   | 97/98 | REDCLIFF, AB       |