

## Overall Gender Results

## 10K Run - 6.21 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/19	EMERSON, SHERI	151	48:25.783	04:47	07:42	10K40-49F	1/6	5/33	MEDICINE HAT, AB
2/19	JOHNSON, TAWNY	159	49:36.739	04:54	07:54	10K30-39F	1/5	7/33	MEDICINE HAT, AB
3/19	JASPERS, KARA	176	50:15.777	04:58	08:00	10K30-39F	2/5	8/33	REDCLIFF, AB
4/19	CORCORAN, MARLENE	148	51:08.598	05:03	08:08	10K60-69F	1/3	9/33	MEDICINE HAT, AB
5/19	HEINRICKS, KELSY	156	51:49.162	05:07	08:15	10K30-39F	3/5	10/33	MEDICINE HAT, AB
6/19	RIECHELMANN, TANIS	169	53:44.112	05:19	08:33	10K50-59F	1/5	12/33	MEDICINE HAT, AB
7/19	PLAUSTEINER, LISA	168	55:34.056	05:30	08:50	10K40-49F	2/6	16/33	LETHBRIDGE, AB
8/19	KOLODZIEJ, JUSTYNA	161	56:51.022	05:37	09:03	10K40-49F	3/6	18/33	MEDICINE HAT, AB
9/19	JORDET, MELANIE	160	57:37.067	05:42	09:10	10K40-49F	4/6	19/33	CYPRESS COUNTY, AB
10/19	YOUNG, ALANA	174	58:07.560	05:45	09:15	10K50-59F	2/5	20/33	MEDICINE HAT, AB
11/19	DRAGANIUK, JESSICA	150	58:35.005	05:48	09:19	10K40-49F	5/6	22/33	MEDICINE HAT, AB
12/19	VIS, ANDREA	172	59:07.186	05:51	09:24	10K30-39F	4/5	23/33	REDCLIFF, AB
13/19	GREENSTEIN, TWYLA	154	59:31.709	05:53	09:28	10K40-49F	6/6	24/33	REDCLIFF, AB
14/19	CHOW, PHYLLIS	145	1:11:04.632	07:02	11:19	10K60-69F	2/3	28/33	MEDICINE HAT, AB
15/19	HALLDORSON, BOBBI	155	1:13:48.662	07:18	11:45	10K50-59F	3/5	29/33	MEDICINE HAT, AB
16/19	FRIESEN, MELANIE	152	1:13:49.050	07:18	11:45	10K50-59F	4/5	30/33	MEDICINE HAT, AB
17/19	ANTON, ANGIE	143	1:14:24.121	07:21	11:50	10K50-59F	5/5	31/33	MEDICINE HAT, AB
18/19	JENSEN, ANITA	158	1:14:38.157	07:23	11:53	10K60-69F	3/3	32/33	BARNWELL, AB
19/19	BULLOCK, CHELSIE	144	1:14:38.280	07:23	11:53	10K30-39F	5/5	33/33	BARNWELL, AB

## Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/14	LJA, ROB	164	40:17.205	03:59	06:24	10K30-39M	1/2	1/33	COALDALE, AB
2/14	LEDUC, CORRY	162	43:43.256	04:19	06:57	10K50-59M	1/2	2/33	MEDICINE HAT, AB
3/14	PIERZCHALA, MARK	167	44:39.712	04:25	07:06	10K40-49M	1/4	3/33	MEDICINE HAT, AB
4/14	PARSONS, SHAWN	177	46:59.915	04:39	07:29	10K50-59M	2/2	4/33	MEDICINE HAT, AB
5/14	WILLIAMS, PAUL	173	48:54.281	04:50	07:47	10K40-49M	2/4	6/33	REDCLIFF, AB
6/14	HEINRICKS, ZACHARY	157	51:49.584	05:07	08:15	10K30-39M	2/2	11/33	MEDICINE HAT, AB
7/14	OUGH, EDWARD	166	53:44.720	05:19	08:33	10K60-69M	1/3	13/33	MEDICINE HAT, AB
8/14	OLIVER, TYLOR	165	55:20.658	05:28	08:48	10K20-29M	1/2	14/33	MEDICINE HAT, AB
9/14	CORCORAN, BILL	147	55:33.513	05:30	08:50	10K60-69M	2/3	15/33	MEDICINE HAT, AB
10/14	STERN, JORDAN	170	56:08.818	05:33	08:56	10K40-49M	3/4	17/33	DUNMORE, AB
11/14	YOUNG, SCOTT	175	58:07.863	05:45	09:15	10K60-69M	3/3	21/33	MEDICINE HAT, AB
12/14	LINTON, JASON	163	1:00:10.842	05:57	09:34	10K40-49M	4/4	25/33	MEDICINE HAT, AB
13/14	GIESBRECHT, BEN	153	1:02:02.027	06:08	09:52	10K20-29M	2/2	26/33	TILLEY, AB
14/14	CUNNINGHAM, BARNEY	149	1:11:04.459	07:02	11:19	10K70+M	1/1	27/33	MEDICINE HAT, AB