

OA/PI = Overall Placing
Cat/PI = Category Placing

Alpha Overall Results

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI
16/152	ACHESON, LYNN	422	00:27:00.60	05:24	5K30-39	6/51
81/152	ALBERT, MARJOLAINE	391	00:36:17.90	07:15	5K50-59	12/23
82/152	ALBERT-GAUTHIER, KARINE	378	00:36:18.65	07:15	5K30-39	29/51
110/152	ANTIGUA, JUDY	374	00:41:47.75	08:21	5K50-59	15/23
86/152	ARMSTRONG, APRIL	300	00:36:37.95	07:19	5K30-39	31/51
149/152	BAITLEY, MICHELLE	437	01:23:35.15	16:43	5K30-39	50/51
51/152	BARBER, GABRIELLE	398	00:32:51.60	06:34	5K10-19	5/17
50/152	BARBER, SHAUNNA-KAYE	399	00:32:50.85	06:34	5K30-39	15/51
98/152	BEAMAN, ALEXIS	455	00:39:36.05	07:55	5K40-49	20/29
70/152	BERG, BELINDA	330	00:35:13.40	07:02	5K50-59	11/23
87/152	BLAIR, CRYSTAL	406	00:36:38.90	07:19	5K40-49	15/29
106/152	BOISVERT, NICOLE	390	00:40:47.30	08:09	5K40-49	23/29
85/152	BOLTON, CHERYL	363	00:36:21.35	07:16	5K50-59	13/23
56/152	BOWORS, REAGAN	351	00:33:24.30	06:40	5K20-29	13/23
105/152	BUCHBERGER, ABI	389	00:40:46.45	08:09	5K10-19	10/17
64/152	BYRNE, MARY	302	00:34:11.75	06:50	5K30-39	19/51
48/152	CHIOZZA, TERESA	344	00:32:28.70	06:29	5K60-69	3/5
151/152	COFFMAN, CHRISTENA	471	01:24:24.50	16:52	5K50-59	23/23
150/152	COFFMAN, ELISE	474	01:24:23.65	16:52	5K10-19	17/17
152/152	COFFMAN, SHAROANNE	470	01:24:25.70	16:53	5K30-39	51/51
92/152	CONWAY, RAE	400	00:38:12.75	07:38	5K40-49	16/29
19/152	COONEY, CLAIRE	480	00:27:23.40	05:28	5K40-49	4/29
148/152	CORBETT, PAT	472	01:06:26.45	13:17	5K50-59	22/23
79/152	CRAIGIE, ANDREA	370	00:36:05.05	07:13	5K40-49	14/29
22/152	CROOKS, MARGO	382	00:27:54.25	05:34	5K40-49	5/29
63/152	CROSS, REBECCA	439	00:34:11.05	06:50	5K30-39	18/51
90/152	CULLIMORE, MEAG	423	00:37:30.95	07:30	5K30-39	33/51
104/152	D'SOUZA, MICHELLE	327	00:40:28.30	08:05	5K30-39	37/51
33/152	DAVIS, COLINDA	318	00:29:15.35	05:51	5K40-49	6/29
133/152	DE LA MARRE, ISABELLA	434	00:50:39.00	10:07	5K10-19	15/17
134/152	DE LA MARRE, MARIA	433	00:50:40.50	10:08	5K30-39	44/51
147/152	DEDIC, MELISA	473	01:06:21.35	13:16	5K20-29	23/23
31/152	DEFRAINE, KAREN	357	00:29:04.10	05:48	5K50-59	5/23
99/152	DENROCHE, ANGELA	367	00:39:42.15	07:56	5K30-39	35/51
100/152	DENROCHE, TAYA	366	00:39:43.15	07:56	5K10-19	9/17
111/152	DENSCOMBE, SHEENA	479	00:41:49.55	08:21	5K40-49	24/29
10/152	DURING, SALLY	310	00:25:46.90	05:09	5K50-59	1/23
71/152	FETH, MARRY	409	00:35:41.05	07:08	5K30-39	23/51
88/152	FISHER, JULIE	466	00:37:00.25	07:24	5K30-39	32/51
21/152	FLORES, JENNIFER	380	00:27:52.60	05:34	5K30-39	7/51
30/152	FONG, LAURA	457	00:28:58.20	05:47	5K20-29	8/23
24/152	FORTIER, BREANNE	402	00:28:15.85	05:39	5K30-39	8/51
38/152	FOURNIER, SARAH	371	00:30:23.25	06:04	5K20-29	11/23
49/152	FURMAN, TANYA	350	00:32:28.90	06:29	5K40-49	9/29
39/152	GAMBLE, CHRISTINA	372	00:30:24.45	06:04	5K50-59	6/23
117/152	GERVAIS, JENNIFER	334	00:43:43.60	08:44	5K40-49	25/29
41/152	GILLIS, TERRI	387	00:30:57.25	06:11	5K40-49	7/29
7/152	GIRGULIS, JILL	309	00:24:58.35	04:59	5K10-19	2/17
101/152	GREEN, CAROL	428	00:40:07.70	08:01	5K30-39	36/51
146/152	HABERMAN, BEV	432	01:06:17.40	13:15	5K50-59	21/23
145/152	HABERMAN, KIM	431	01:06:15.80	13:15	5K10-19	16/17
55/152	HAIGHT-SHERRY, KRISTA	323	00:32:57.40	06:35	5K30-39	16/51
95/152	HARVEY, SUSAN	396	00:39:34.70	07:54	5K60-69	5/5
73/152	HERNANDEZ, JEANNA	397	00:35:41.15	07:08	5K30-39	24/51
135/152	HILCHEY, KATIE	443	00:51:05.30	10:13	5K30-39	45/51
109/152	HNATIUK, MELANIE	393	00:41:35.15	08:19	5K30-39	39/51
76/152	HOANG, JENNY	379	00:35:55.40	07:11	5K30-39	26/51
130/152	HOLLICKY, NESSIE	408	00:48:53.50	09:46	5K80+	1/1
129/152	HORT, PATRICIA	355	00:48:03.95	09:36	5K40-49	29/29
143/152	JACABSON, JENN	436	00:53:40.30	10:44	5K20-29	21/23
132/152	JACOBSON, JADEN	468	00:50:05.30	10:01	5K10-19	14/17
46/152	JOSHUA-MORGAN, TRACY	411	00:32:27.30	06:29	5K30-39	14/51
89/152	KANDERKA, GRACE	301	00:37:06.85	07:25	5K10-19	8/17
142/152	KANE, NICOLE	347	00:51:59.60	10:23	5K30-39	49/51

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Alpha Overall Results

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI
13/152	KESSLER, KATHY	395	00:26:34.05	05:18	5K30-39	5/51
12/152	KESSLER, TONYA	430	00:26:23.15	05:16	5K40-49	2/29
139/152	KIRKVOLD, AARON	353	00:51:57.60	10:23	5K20-29	19/23
77/152	KLASSEN, DIONNE	478	00:35:57.95	07:11	5K30-39	27/51
74/152	KNIEVEL, KALEIGH	364	00:35:42.15	07:08	5K20-29	15/23
128/152	LANG, CINDY	341	00:48:03.90	09:36	5K40-49	28/29
60/152	LATRILLE, MANON	333	00:33:59.95	06:47	5K10-19	6/17
61/152	LATRILLE, VALERIE	332	00:34:00.05	06:48	5K40-49	12/29
72/152	LAUZON, KATHY	315	00:35:41.15	07:08	5K40-49	13/29
96/152	LAVALLEY, BRENDA	321	00:39:35.25	07:55	5K40-49	18/29
137/152	LEITE, DAWN	446	00:51:27.30	10:17	5K30-39	46/51
2/152	MACKEY, ALLISON	369	00:22:06.55	04:25	5K30-39	2/51
69/152	MAXWELL, NANCY	427	00:35:09.90	07:01	5K50-59	10/23
114/152	MAYUGA, JENN	413	00:43:15.10	08:39	5K30-39	41/51
107/152	MAYUGA, MELISSA	412	00:40:54.50	08:10	5K30-39	38/51
144/152	MCCULLOUGH, BONNIE	469	01:06:12.10	13:14	5K20-29	22/23
67/152	MCCUTCHON, ALEXIS	465	00:34:55.20	06:59	5K30-39	21/51
17/152	MCLEOD, LINDSAY	445	00:27:01.55	05:24	5K20-29	5/23
15/152	MCWHIRTER, STEPHANIE	418	00:26:52.55	05:22	5K20-29	4/23
102/152	MILBURN, RHONDA	325	00:40:24.10	08:04	5K40-49	21/29
27/152	MILLER, KELCEY	384	00:28:29.15	05:41	5K10-19	4/17
25/152	MILLER, LESLEY	383	00:28:28.50	05:41	5K50-59	3/23
141/152	MIX, HEATHER	354	00:51:58.70	10:23	5K30-39	48/51
94/152	MOSHER, EFFY	362	00:38:24.95	07:40	5K50-59	14/23
47/152	MOSKWA, JAN	368	00:32:27.75	06:29	5K60-69	2/5
29/152	MURPHY, SUE	304	00:28:46.35	05:45	5K50-59	4/23
28/152	NEWMAN, BRANDY	381	00:28:42.60	05:44	5K30-39	9/51
140/152	NIEMANN, ANDREA	345	00:51:58.00	10:23	5K20-29	20/23
8/152	NISHIZEKI, PEGGY	405	00:25:19.80	05:03	5K40-49	1/29
3/152	PARSONS LEIGH, JEANNA	442	00:22:07.40	04:25	5K20-29	1/23
138/152	PEEKE-VOUT, MEGAN	447	00:51:29.55	10:17	5K30-39	47/51
91/152	PENNER, JULIA	401	00:38:11.80	07:38	5K30-39	34/51
23/152	PHILLIPS, JEANNIE	356	00:28:07.30	05:37	5K50-59	2/23
113/152	PIPER, ELISE	331	00:42:39.10	08:31	5K20-29	16/23
59/152	PLESUK, SUSAN	476	00:33:47.10	06:45	5K60-69	4/5
34/152	POHLMAN, ADRIENNE	450	00:29:21.30	05:52	5K20-29	10/23
131/152	POWTER, JENNIFER	346	00:49:41.25	09:56	5K30-39	43/51
66/152	RAMSAY, MORVEN	429	00:34:38.80	06:55	5K20-29	14/23
78/152	RAUDA, ELENA	361	00:35:58.20	07:11	5K30-39	28/51
127/152	REMUS-EVERITT, MACKENZIE	313	00:47:45.10	09:33	5K10-19	13/17
126/152	REMUS-EVERITT, NANCY	307	00:47:44.80	09:32	5K40-49	27/29
11/152	ROBINSON, KESA	303	00:26:13.10	05:14	5K20-29	3/23
42/152	RODIGARI, JESSICA	375	00:31:13.15	06:14	5K30-39	12/51
93/152	ROVERS, MONICA	338	00:38:23.85	07:40	5K40-49	17/29
75/152	RUSAK, SARAH	342	00:35:51.05	07:10	5K30-39	25/51
45/152	SATO, ADELE	306	00:32:19.55	06:27	5K50-59	7/23
44/152	SATO, CORINNE	305	00:32:18.75	06:27	5K30-39	13/51
35/152	SCHIFFKE, KATHRYN	444	00:29:33.55	05:54	5K30-39	10/51
123/152	SCHMIDT, CINDY	419	00:45:45.30	09:09	5K50-59	19/23
125/152	SCHMIDT, GAIL	448	00:46:26.30	09:17	5K70-79	3/3
124/152	SCHMIDT, JOANNE	441	00:46:25.70	09:17	5K40-49	26/29
62/152	SCHMIDT, ROBYN	454	00:34:09.80	06:49	5K30-39	17/51
53/152	SELAND, NICOLA	339	00:32:53.85	06:34	5K40-49	10/29
43/152	SHERRARD, SUZANNE	438	00:31:59.85	06:23	5K40-49	8/29
120/152	SIE, JENNA	311	00:44:38.35	08:55	5K20-29	18/23
119/152	SIE, KATHRYN	312	00:44:37.45	08:55	5K50-59	17/23
115/152	SMITH, CATHERINE	335	00:43:30.30	08:42	5K20-29	17/23
116/152	SMITH, SHERRY	336	00:43:30.90	08:42	5K50-59	16/23
58/152	SMITH, SYLVIA	452	00:33:35.45	06:43	5K50-59	9/23
1/152	SORENSEN, JILL	308	00:22:01.80	04:24	5K30-39	1/51
57/152	SPEARING, DEBORAH	449	00:33:35.35	06:43	5K50-59	8/23
5/152	STAPLETON, MELANIE	440	00:24:32.10	04:54	5K30-39	3/51
40/152	STAPLETON, PATRICIA	324	00:30:32.10	06:06	5K60-69	1/5
4/152	STEWART, JILLIAN	404	00:22:18.60	04:27	5K10-19	1/17

2013 Calgary Women's Run - Aug 25/2013

Alpha Overall Results

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI
14/152	SULLIVAN, KAREN	459	00:26:52.45	05:22	5K40-49	3/29
18/152	SULLIVAN, MADELEINE	460	00:27:06.75	05:25	5K10-19	3/17
9/152	SZELAWA, WIOLETA	463	00:25:44.05	05:08	5K20-29	2/23
65/152	TAY-PEATZ, JULIE	388	00:34:22.90	06:52	5K30-39	20/51
20/152	THOMSON, SHAYLA	458	00:27:34.20	05:30	5K20-29	6/23
103/152	TURCHET, CINZIA	326	00:40:25.20	08:05	5K40-49	22/29
97/152	TURNBULL, JOANNE	322	00:39:35.65	07:55	5K40-49	19/29
37/152	VISSER, HELLY	421	00:29:35.20	05:55	5K70-79	1/3
136/152	VU, LISA	467	00:51:06.65	10:13	5K50-59	20/23
52/152	WADE, DESIREE	415	00:32:53.50	06:34	5K20-29	12/23
6/152	WARD, KRISTY	349	00:24:46.40	04:57	5K30-39	4/51
121/152	WAROWAY, DONNA	317	00:44:41.20	08:56	5K50-59	18/23
122/152	WAROWAY, KIERA	316	00:44:41.60	08:56	5K10-19	12/17
112/152	WATTS, STACEY	461	00:42:21.65	08:28	5K30-39	40/51
108/152	WELCH, RAYA	392	00:41:34.40	08:18	5K10-19	11/17
80/152	WHITE, MARYMADELINE	424	00:36:05.30	07:13	5K70-79	2/3
54/152	WIEBE, CAROL	475	00:32:54.65	06:34	5K40-49	11/29
26/152	WIEBE, KAILA	420	00:28:28.85	05:41	5K20-29	7/23
32/152	WIEBE, KRISTINA	425	00:29:12.05	05:50	5K20-29	9/23
118/152	WILHITE, PAMELA	410	00:44:10.85	08:50	5K30-39	42/51
83/152	WILSON, CORAH	359	00:36:18.90	07:15	5K10-19	7/17
84/152	WILSON, ELLA	360	00:36:18.95	07:15	5K30-39	30/51
68/152	WOYTKIW, ERIKA	426	00:35:00.75	07:00	5K30-39	22/51
36/152	YOUL, NATASHA	464	00:29:33.60	05:54	5K30-39	11/51