

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Results

10K Run - 6.21 Miles

102 Finishers

10K10-19 - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/5	GIRGULIS, KATIE	110	00:42:55.70	04:17	10K10-19	5/102
2/5	DUCKLOW, TATIANNA	112	00:53:47.70	05:22	10K10-19	29/102
3/5	DAFOE, ALYSSA	217	00:58:14.80	05:49	10K10-19	51/102
4/5	PLACSKO, THEA	191	01:14:18.75	07:25	10K10-19	92/102
5/5	ADAM, SABRINA	215	01:16:32.35	07:39	10K10-19	96/102

10K20-29 - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/18	VELTHUIZEN, AMY	136	00:48:15.45	04:49	10K20-29	15/102
2/18	STEENBERGEN, LORI	169	00:51:19.70	05:07	10K20-29	21/102
3/18	BU, ZHE LIN	137	00:53:32.40	05:21	10K20-29	27/102
4/18	MALAINNEY, MEGAN	232	00:53:35.25	05:21	10K20-29	28/102
5/18	GROVES, MEAGHAN	186	00:55:36.85	05:33	10K20-29	36/102
6/18	GUO, YANG XIN XIN	111	00:55:45.05	05:34	10K20-29	38/102
7/18	VU, CONNIE	170	00:56:31.95	05:39	10K20-29	43/102
8/18	MACLEAN, TARA	115	00:57:42.95	05:46	10K20-29	49/102
9/18	COWARD, LAURA	126	00:59:52.15	05:59	10K20-29	57/102
10/18	JEAN, NICOLE	142	01:00:48.35	06:04	10K20-29	60/102
11/18	FOREMAN, AMY	218	01:02:07.35	06:12	10K20-29	68/102
12/18	DEGAGNE, ANNIE	105	01:02:26.25	06:14	10K20-29	71/102
13/18	SZWARC, BRITTNEY	151	01:04:02.35	06:24	10K20-29	75/102
14/18	FOO, FRANCES	213	01:05:53.30	06:35	10K20-29	80/102
15/18	MARTIN, VICTORIA	225	01:07:56.45	06:47	10K20-29	84/102
16/18	PEACE, KARA	180	01:09:16.25	06:55	10K20-29	87/102
17/18	SCULLION, RAEGAN	107	01:14:29.40	07:26	10K20-29	94/102
18/18	HUNT, KYLEY	100	01:17:42.15	07:46	10K20-29	98/102

10K30-39 - 48 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/48	MATTHEWS, LISA	222	00:37:39.20	03:45	10K30-39	2/102
2/48	YOUNG, KIM	124	00:39:46.75	03:58	10K30-39	3/102
3/48	STYLES, SHARON	119	00:39:52.00	03:59	10K30-39	4/102
4/48	JUDGE, JASMIN	227	00:43:08.40	04:18	10K30-39	6/102
5/48	YAU, CHRISTINE	219	00:44:38.55	04:27	10K30-39	8/102
6/48	SIT, GRACE	154	00:47:27.55	04:44	10K30-39	10/102
7/48	HEERAN, LISA	172	00:48:06.95	04:48	10K30-39	12/102
8/48	MARKO, ARLENE	148	00:48:10.00	04:49	10K30-39	13/102
9/48	FECH, TIANA	168	00:48:14.10	04:49	10K30-39	14/102
10/48	SUTHERLAND, JODY	128	00:49:21.05	04:56	10K30-39	17/102
11/48	RAINE, JODI	178	00:49:41.50	04:58	10K30-39	18/102
12/48	D'ENTREMONT, CHRIS	140	00:52:01.15	05:12	10K30-39	22/102
13/48	HOLLINGSHEAD, LINDSAY	182	00:52:10.90	05:13	10K30-39	23/102
14/48	ATTWELL, SARAH	223	00:52:50.00	05:17	10K30-39	24/102
15/48	COSTANZO, SHELLY	164	00:53:27.90	05:20	10K30-39	26/102
16/48	DAVIS, HEATHER	129	00:53:52.50	05:23	10K30-39	30/102
17/48	SCARLETT, JENA	189	00:54:01.50	05:24	10K30-39	32/102
18/48	CLOWSER, CHRISTINE	120	00:55:09.15	05:30	10K30-39	35/102
19/48	PUMPHREY, KIMBERLY	131	00:55:41.90	05:34	10K30-39	37/102
20/48	ROBARTS, JANE	114	00:55:49.90	05:34	10K30-39	39/102
21/48	JANKOVIC, ALISON	127	00:56:16.10	05:37	10K30-39	41/102
22/48	DUCKWORTH, RENEE	135	00:56:27.15	05:38	10K30-39	42/102
23/48	FORD, MELISSA	203	00:56:46.55	05:40	10K30-39	44/102
24/48	MICHAUD, LYNN	163	00:56:56.95	05:41	10K30-39	45/102
25/48	EIMER, RHONDA	138	00:57:09.85	05:42	10K30-39	46/102
26/48	DANIELS, MADELEIN	179	00:57:11.90	05:43	10K30-39	47/102
27/48	MARSHALL, MARNIE	173	00:59:04.20	05:54	10K30-39	53/102
28/48	HULL, SHANNON	117	00:59:40.55	05:58	10K30-39	56/102
29/48	KELBERT, JANELLE	220	01:00:19.30	06:01	10K30-39	58/102
30/48	CULLIMORE, JENN	207	01:00:31.25	06:03	10K30-39	59/102
31/48	WINGERT, ELMIE	133	01:01:05.70	06:06	10K30-39	61/102
32/48	WITTAL, BRANDI	121	01:01:05.75	06:06	10K30-39	62/102
33/48	FOREMAN, LYLA	231	01:01:46.95	06:10	10K30-39	65/102
34/48	MCLEAN, MEREDITH	167	01:01:48.85	06:10	10K30-39	66/102

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Category Results

10K Run - 6.21 Miles

102 Finishers

10K30-39 - 48 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
35/48	PELLETIER, LORI	202	01:02:09.00	06:12	10K30-39	69/102
36/48	CASWELL, BARB	183	01:02:23.65	06:14	10K30-39	70/102
37/48	MARTIN, MANDY	175	01:02:42.50	06:16	10K30-39	72/102
38/48	EVANS, DANIELLE	188	01:03:32.70	06:21	10K30-39	73/102
39/48	O'MAHONY, KELLY	171	01:03:39.75	06:21	10K30-39	74/102
40/48	SHOULDICE, JENNY	174	01:04:08.05	06:24	10K30-39	77/102
41/48	EKEWENU, EBBY	103	01:04:18.85	06:25	10K30-39	78/102
42/48	SMITH, JAYELLE	226	01:06:33.30	06:39	10K30-39	82/102
43/48	DALBY, NIKKI	230	01:07:34.10	06:45	10K30-39	83/102
44/48	KNOX, KIM	211	01:08:01.15	06:48	10K30-39	85/102
45/48	REGIER, CHASTITY	161	01:08:43.15	06:52	10K30-39	86/102
46/48	LOGAN, SHAUNA	176	01:09:54.35	06:59	10K30-39	88/102
47/48	SLOANE, LISA	123	01:11:56.85	07:11	10K30-39	90/102
48/48	WELSH, JENNY	104	01:17:42.55	07:46	10K30-39	100/102

10K40-49 - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/20	ZAMBRANO, MARIA	113	00:37:28.10	03:44	10K40-49	1/102
2/20	DELMAR, LESLEY	210	00:44:26.10	04:26	10K40-49	7/102
3/20	SCHULTZ, JEANIE	228	00:45:49.20	04:34	10K40-49	9/102
4/20	CHATTEN, KARI	130	00:47:28.55	04:44	10K40-49	11/102
5/20	CHAN, JENNY	153	00:50:19.60	05:01	10K40-49	20/102
6/20	CLARK, EILEEN	224	00:53:57.05	05:23	10K40-49	31/102
7/20	CRAWFORD, JANE	141	00:54:13.40	05:25	10K40-49	33/102
8/20	TIRADO, BEATRIZ	134	00:54:59.15	05:29	10K40-49	34/102
9/20	SAVAGE, LESLIE	149	00:57:24.45	05:44	10K40-49	48/102
10/20	FROST, SARA	106	00:58:24.00	05:50	10K40-49	52/102
11/20	PAWLUK, LARA	185	00:59:16.20	05:55	10K40-49	55/102
12/20	DAVIES, LYNNE	200	01:01:37.20	06:09	10K40-49	63/102
13/20	NOLIN, CHRISTY	150	01:01:46.65	06:10	10K40-49	64/102
14/20	DAFOE, SHERI	216	01:05:37.55	06:33	10K40-49	79/102
15/20	MOUCK, ANNE	125	01:09:56.35	06:59	10K40-49	89/102
16/20	BHALLA, ACHALA	209	01:12:14.85	07:13	10K40-49	91/102
17/20	RANGLES, WANDA	192	01:14:18.75	07:25	10K40-49	93/102
18/20	SCULLION, SUSAN	108	01:14:29.50	07:26	10K40-49	95/102
19/20	REINSON-ADAM, TRICIA	214	01:16:39.40	07:39	10K40-49	97/102
20/20	DUNN, ANGIE	102	01:17:42.20	07:46	10K40-49	99/102

10K50-59 - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/9	CUSACK, FRAN	147	00:49:06.30	04:54	10K50-59	16/102
2/9	KUFFNER, LORI	187	00:49:52.35	04:59	10K50-59	19/102
3/9	MOORE, DONNA	193	00:52:55.55	05:17	10K50-59	25/102
4/9	RODGER, ANNE	109	00:55:55.05	05:35	10K50-59	40/102
5/9	PARLIAMENT, CINDY	221	00:57:46.80	05:46	10K50-59	50/102
6/9	NG, MO	122	00:59:07.65	05:54	10K50-59	54/102
7/9	KEAYS, SHARON	155	01:01:55.45	06:11	10K50-59	67/102
8/9	SZWARC, ANNE	152	01:04:02.60	06:24	10K50-59	76/102
9/9	FOO, LINDA	212	01:05:53.35	06:35	10K50-59	81/102

10K60-69 - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI
1/2	HUNT, JEAN	101	01:17:43.20	07:46	10K60-69	101/102
2/2	WONG, CATHY	160	01:18:05.00	07:48	10K60-69	102/102