

2019 Calgary Women's Run - Aug 25/2019

Alpha Overall Results

5K Run - 3.1 Miles

100 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	City
36/100	ABAJUE, IFUEKO	803	00:32:58.48	06:35	5K40-49	9/28	F	36/100	
25/100	ANGUS, KATRINA	805	00:30:04.14	06:00	5K20-29	6/14	F	25/100	
40/100	ATTWELL, SARAH	806	00:33:27.07	06:41	5K40-49	10/28	F	40/100	
11/100	BABES, LIANE	1231	00:24:47.19	04:57	5K30-39	2/19	F	11/100	
72/100	BASILIS, SARAH	807	00:39:15.70	07:51	5K15-19	4/4	F	72/100	
98/100	BEDNAR, SARAH	815	00:52:49.05	10:33	5K30-39	18/19	F	98/100	
10/100	BENTSEN, ALYSSA	816	00:24:38.30	04:55	5K15-19	3/4	F	10/100	
59/100	BLACKMUR, KAREN	267	00:36:39.68	07:19	5K50-59	8/12	F	59/100	
1/100	BOUCHARD, ROSIE	949	00:19:45.97	03:57	5K15-19	1/4	F	1/100	
81/100	BRISTOW, LINDA	817	00:46:17.89	09:15	5K70-79	3/3	F	81/100	
78/100	CALDWELL, SARAH	835	00:41:40.85	08:20	5K40-49	22/28	F	78/100	
100/100	CAMPUS, NESTA	845	00:54:48.55	10:57	5K60-69	9/9	F	100/100	
86/100	CERMAK, ROMANA	846	00:50:50.34	10:10	5K40-49	25/28	F	86/100	
56/100	CHENG, WENDY	862	00:36:06.15	07:13	5K60-69	7/9	F	56/100	
77/100	COUILLARD, NICOLE	874	00:41:40.69	08:20	5K30-39	13/19	F	77/100	
67/100	DELACHEROIS, EMILY	879	00:38:12.75	07:38	5K20-29	12/14	F	67/100	
39/100	EGGER, COLLEEN	881	00:33:20.33	06:40	5K50-59	5/12	F	39/100	
37/100	EGGER, TAYLOR	882	00:33:00.76	06:36	5K20-29	8/14	F	37/100	
31/100	EKKEL, MARINA	897	00:32:10.46	06:26	5K20-29	7/14	F	31/100	
52/100	EKKEL, SHANNON	901	00:35:54.34	07:10	5K50-59	7/12	F	52/100	
41/100	ENGLISH, ASPEN	903	00:33:27.27	06:41	5K 9&U	1/3	F	41/100	
99/100	FISHER, KATIE	915	00:52:49.74	10:33	5K30-39	19/19	F	99/100	
65/100	FOLIOT, MICHELLE	916	00:37:28.94	07:29	5K40-49	18/28	F	65/100	
8/100	FOURNIER, SARAH	917	00:23:46.01	04:45	5K30-39	1/19	F	8/100	
96/100	FRANKLIN, NAOMI	918	00:52:28.48	10:29	5K30-39	17/19	F	96/100	
21/100	FREUND, JENNIFER	919	00:28:52.85	05:46	5K40-49	4/28	F	21/100	
71/100	FREY, PAM	920	00:38:52.30	07:46	5K50-59	9/12	F	71/100	
46/100	GALLANT, AUDREY	921	00:34:23.84	06:52	5K50-59	6/12	F	46/100	
30/100	GAMBLE, CHRISTINA	922	00:31:56.07	06:23	5K50-59	3/12	F	30/100	
82/100	GARSTAD, TINA	1224	00:48:14.36	09:38	5K50-59	10/12	F	82/100	
3/100	GENTILE, LILY	868	00:20:54.75	04:10	5K15-19	2/4	F	3/100	
24/100	GUNDERSON, AMY	923	00:29:56.96	05:59	5K30-39	5/19	F	24/100	
18/100	HALL, JACQUI	924	00:27:00.98	05:24	5K40-49	3/28	F	18/100	
4/100	HEIN, AMY	926	00:21:07.15	04:13	5K20-29	2/14	F	4/100	
15/100	HENRY, ELIZABETH	927	00:26:28.74	05:17	5K10-14	2/7	F	15/100	
16/100	HENRY, SHANNON	928	00:26:29.47	05:17	5K40-49	2/28	F	16/100	
92/100	HIGGINS, LINDA-MAE	994	00:51:36.12	10:19	5K30-39	15/19	F	92/100	
14/100	HISCOX, CHRISTINA	929	00:25:39.31	05:07	5K40-49	1/28	F	14/100	
95/100	HURTUBISE, ALBERTINA	930	00:52:28.35	10:29	5K30-39	16/19	F	95/100	
69/100	ISLEY, ALEXANDRA	931	00:38:30.08	07:42	5K10-14	5/7	F	69/100	
68/100	ISLEY, LISA	932	00:38:29.92	07:41	5K40-49	19/28	F	68/100	
23/100	JALKOTZY, PENNY	933	00:29:52.60	05:58	5K20-29	5/14	F	23/100	
85/100	JARVIS, PAISLEY	935	00:50:35.40	10:07	5K 9&U	3/3	F	85/100	
89/100	JOHN, SARAH	937	00:51:21.17	10:16	5K50-59	11/12	F	89/100	
97/100	KARANOVIC, LADISLAVA	938	00:52:47.05	10:33	5K50-59	12/12	F	97/100	
19/100	KELLY, DEBORAH	939	00:28:06.72	05:37	5K60-69	2/9	F	19/100	
57/100	KENT, ADELE	1227	00:36:16.38	07:15	5K70-79	2/3	F	57/100	
90/100	KIERNAN, FRIEDE	995	00:51:35.97	10:19	5K20-29	14/14	F	90/100	
35/100	KING, SANDRA	941	00:32:36.78	06:31	5K70-79	1/3	F	35/100	
47/100	KLEINSCHMIDT, SARA	942	00:34:29.44	06:53	5K60-69	5/9	F	47/100	
13/100	KRUZICK, DANI	943	00:25:38.87	05:07	5K10-14	1/7	F	13/100	
70/100	LO PINTO, SELINA	944	00:38:38.79	07:43	5K30-39	12/19	F	70/100	
62/100	LOUNSBURY, ANASTASIA	946	00:37:15.64	07:27	5K10-14	4/7	F	62/100	
79/100	LOUNSBURY, SAMANTHA	947	00:43:50.25	08:46	5K30-39	14/19	F	79/100	
28/100	MACISAAC, GINETTE	1229	00:31:06.51	06:13	5K40-49	7/28	F	28/100	
84/100	MCNUTT, JENNIFER	950	00:50:35.30	10:07	5K40-49	24/28	F	84/100	
74/100	MEIL, JENNIFER	951	00:39:57.67	07:59	5K40-49	20/28	F	74/100	
76/100	MILLER, KAREN	952	00:40:07.80	08:01	5K40-49	21/28	F	76/100	
75/100	MILLER, NATASHA	953	00:40:06.10	08:01	5K10-14	6/7	F	75/100	
94/100	MOTE, VICKI	956	00:51:58.30	10:23	5K60-69	8/9	F	94/100	
48/100	MURPHY, SUSAN	957	00:35:07.05	07:01	5K60-69	6/9	F	48/100	
45/100	NASSERDEN, MARILYN	958	00:34:22.10	06:52	5K60-69	4/9	F	45/100	
93/100	NEALON, LEXI	996	00:51:36.49	10:19	5K10-14	7/7	F	93/100	
91/100	NEALON, LINDSAY	997	00:51:36.11	10:19	5K40-49	28/28	F	91/100	
58/100	PIGOTT HASS, PENNY	277	00:36:36.13	07:19	5K40-49	16/28	F	58/100	
7/100	PRICE, HEATHER	960	00:23:21.49	04:40	5K60-69	1/9	F	7/100	

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2/100	PRICE, SARAH	961	00:20:17.18	04:03	5K20-29	1/14	F	2/100	
83/100	REABURN, TARA	962	00:48:15.39	09:39	5K40-49	23/28	F	83/100	
42/100	RECKNELL, LINDSAY	963	00:33:28.53	06:41	5K40-49	11/28	F	42/100	
87/100	REGTS, JANET	964	00:50:52.59	10:10	5K40-49	26/28	F	87/100	
29/100	ROBINSON, KESA	965	00:31:55.32	06:23	5K30-39	6/19	F	29/100	
44/100	RUSSELL, CHERINE	966	00:34:19.32	06:51	5K40-49	13/28	F	44/100	
53/100	SANDHU, LAKHVIR KAUR	968	00:35:56.70	07:11	5K30-39	8/19	F	53/100	
63/100	SANDHU, RAMAN	969	00:37:17.01	07:27	5K20-29	11/14	F	63/100	
80/100	SAXBY, KIM	998	00:44:26.55	08:53	5K20-29	13/14	F	80/100	
22/100	SCHAEFFLER, NICOLE	971	00:29:02.80	05:48	5K40-49	5/28	F	22/100	
88/100	SCHMIDT, JOANNE	255	00:51:19.71	10:15	5K40-49	27/28	F	88/100	
33/100	SCHOFIELD, JO-ANNE	972	00:32:25.32	06:29	5K50-59	4/12	F	33/100	
26/100	SIMS, GRACE	975	00:30:51.67	06:10	5K10-14	3/7	F	26/100	
27/100	SIMS, IVY	976	00:30:56.95	06:11	5K40-49	6/28	F	27/100	
34/100	SKENE, CATHERINE	999	00:32:31.52	06:30	5K60-69	3/9	F	34/100	
66/100	SNOW, JENN	977	00:37:58.12	07:35	5K30-39	11/19	F	66/100	
54/100	STEAD, JENNY	1000	00:35:59.25	07:11	5K30-39	9/19	F	54/100	
51/100	STILWELL, JESSE	978	00:35:45.73	07:09	5K20-29	10/14	F	51/100	
61/100	SUTHERLAND, CARRIE	979	00:37:01.64	07:24	5K40-49	17/28	F	61/100	
60/100	SUTHERLAND, NORAH	980	00:37:01.36	07:24	5K 9&U	2/3	F	60/100	
12/100	THIBAUT, GENEVIEVE	981	00:25:24.43	05:04	5K30-39	3/19	F	12/100	
43/100	TORRAVILLE, ANDREA	982	00:33:29.02	06:41	5K40-49	12/28	F	43/100	
38/100	TRAN, JOANNE	265	00:33:01.22	06:36	5K20-29	9/14	F	38/100	
17/100	VERBONAC, KIERA	983	00:26:39.26	05:19	5K20-29	4/14	F	17/100	
9/100	VERBONAC, MARIA	984	00:24:27.30	04:53	5K50-59	2/12	F	9/100	
64/100	WALSH, EDEL	985	00:37:17.24	07:27	5K30-39	10/19	F	64/100	
50/100	WARNE, CHARMAINE	986	00:35:28.49	07:05	5K40-49	14/28	F	50/100	
49/100	WEBB, BRIANNE	987	00:35:24.10	07:04	5K30-39	7/19	F	49/100	
20/100	WEBB, SARAH	988	00:28:36.21	05:43	5K30-39	4/19	F	20/100	
32/100	WEDDERBURN, LISA	989	00:32:21.63	06:28	5K40-49	8/28	F	32/100	
73/100	WHITE, MARY MADELINE	992	00:39:33.35	07:54	5K80+	1/1	F	73/100	
55/100	WISNIEWSKI, AMANDA	1208	00:36:03.85	07:12	5K40-49	15/28	F	55/100	
5/100	XU, XIAO MO	1209	00:22:39.20	04:31	5K20-29	3/14	F	5/100	
6/100	YAWORSKI, SANDRA	993	00:22:47.11	04:33	5K50-59	1/12	F	6/100	