

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
100 Finishers

5K 9&U - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/3	ENGLISH, ASPEN	903	00:33:27.27	06:41	41/100	41/100	+00:00:00	
2/3	SUTHERLAND, NORAH	980	00:37:01.36	07:24	60/100	60/100	+00:03:34	
3/3	JARVIS, PAISLEY	935	00:50:35.40	10:07	85/100	85/100	+00:17:08	

5K10-14 - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/7	KRUZICK, DANI	943	00:25:38.87	05:07	13/100	13/100	+00:00:00	
2/7	HENRY, ELIZABETH	927	00:26:28.74	05:17	15/100	15/100	+00:00:49	
3/7	SIMS, GRACE	975	00:30:51.67	06:10	26/100	26/100	+00:05:12	
4/7	LOUNSBURY, ANASTASIA	946	00:37:15.64	07:27	62/100	62/100	+00:11:36	
5/7	ISLEY, ALEXANDRA	931	00:38:30.08	07:42	69/100	69/100	+00:12:51	
6/7	MILLER, NATASHA	953	00:40:06.10	08:01	75/100	75/100	+00:14:27	
7/7	NEALON, LEXI	996	00:51:36.49	10:19	93/100	93/100	+00:25:57	

5K15-19 - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/4	BOUCHARD, ROSIE	949	00:19:45.97	03:57	1/100	1/100	+00:00:00	
2/4	GENTILE, LILY	868	00:20:54.75	04:10	3/100	3/100	+00:01:08	
3/4	BENTSEN, ALYSSA	816	00:24:38.30	04:55	10/100	10/100	+00:04:52	
4/4	BASILIS, SARAH	807	00:39:15.70	07:51	72/100	72/100	+00:19:29	

5K20-29 - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/14	PRICE, SARAH	961	00:20:17.18	04:03	2/100	2/100	+00:00:00	
2/14	HEIN, AMY	926	00:21:07.15	04:13	4/100	4/100	+00:00:49	
3/14	XU, XIAO MO	1209	00:22:39.20	04:31	5/100	5/100	+00:02:22	
4/14	VERBONAC, KIERA	983	00:26:39.26	05:19	17/100	17/100	+00:06:22	
5/14	JALKOTZY, PENNY	933	00:29:52.60	05:58	23/100	23/100	+00:09:35	
6/14	ANGUS, KATRINA	805	00:30:04.14	06:00	25/100	25/100	+00:09:46	
7/14	EKKEL, MARINA	897	00:32:10.46	06:26	31/100	31/100	+00:11:53	
8/14	EGGER, TAYLOR	882	00:33:00.76	06:36	37/100	37/100	+00:12:43	
9/14	TRAN, JOANNE	265	00:33:01.22	06:36	38/100	38/100	+00:12:44	
10/14	STILWELL, JESSE	978	00:35:45.73	07:09	51/100	51/100	+00:15:28	
11/14	SANDHU, RAMAN	969	00:37:17.01	07:27	63/100	63/100	+00:16:59	
12/14	DELACHEROIS, EMILY	879	00:38:12.75	07:38	67/100	67/100	+00:17:55	
13/14	SAXBY, KIM	998	00:44:26.55	08:53	80/100	80/100	+00:24:09	
14/14	KIERNAN, FRIEDE	995	00:51:35.97	10:19	90/100	90/100	+00:31:18	

5K30-39 - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/19	FOURNIER, SARAH	917	00:23:46.01	04:45	8/100	8/100	+00:00:00	
2/19	BABES, LIANE	1231	00:24:47.19	04:57	11/100	11/100	+00:01:01	
3/19	THIBAUT, GENEVIEVE	981	00:25:24.43	05:04	12/100	12/100	+00:01:38	
4/19	WEBB, SARAH	988	00:28:36.21	05:43	20/100	20/100	+00:04:50	
5/19	GUNDERSON, AMY	923	00:29:56.96	05:59	24/100	24/100	+00:06:10	
6/19	ROBINSON, KESA	965	00:31:55.32	06:23	29/100	29/100	+00:08:09	
7/19	WEBB, BRIANNE	987	00:35:24.10	07:04	49/100	49/100	+00:11:38	
8/19	SANDHU, LAKHVIR KAUR	968	00:35:56.70	07:11	53/100	53/100	+00:12:10	
9/19	STEAD, JENNY	1000	00:35:59.25	07:11	54/100	54/100	+00:12:13	
10/19	WALSH, EDEL	985	00:37:17.24	07:27	64/100	64/100	+00:13:31	
11/19	SNOW, JENN	977	00:37:58.12	07:35	66/100	66/100	+00:14:12	
12/19	LO PINTO, SELINA	944	00:38:38.79	07:43	70/100	70/100	+00:14:52	
13/19	COUILLARD, NICOLE	874	00:41:40.69	08:20	77/100	77/100	+00:17:54	
14/19	LOUNSBURY, SAMANTHA	947	00:43:50.25	08:46	79/100	79/100	+00:20:04	
15/19	HIGGINS, LINDA-MAE	994	00:51:36.12	10:19	92/100	92/100	+00:27:50	
16/19	HURTUBISE, ALBERTINA	930	00:52:28.35	10:29	95/100	95/100	+00:28:42	
17/19	FRANKLIN, NAOMI	918	00:52:28.48	10:29	96/100	96/100	+00:28:42	
18/19	BEDNAR, SARAH	815	00:52:49.05	10:33	98/100	98/100	+00:29:03	
19/19	FISHER, KATIE	915	00:52:49.74	10:33	99/100	99/100	+00:29:03	

5K40-49 - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/28	HISCOX, CHRISTINA	929	00:25:39.31	05:07	14/100	14/100	+00:00:00	
2/28	HENRY, SHANNON	928	00:26:29.47	05:17	16/100	16/100	+00:00:50	
3/28	HALL, JACQUI	924	00:27:00.98	05:24	18/100	18/100	+00:01:21	

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Category Results

5K Run - 3.1 Miles
100 Finishers

5K40-49 - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
4/28	FREUND, JENNIFER	919	00:28:52.85	05:46	21/100	21/100	+00:03:13	
5/28	SCHAEFFLER, NICOLE	971	00:29:02.80	05:48	22/100	22/100	+00:03:23	
6/28	SIMS, IVY	976	00:30:56.95	06:11	27/100	27/100	+00:05:17	
7/28	MACISAAC, GINETTE	1229	00:31:06.51	06:13	28/100	28/100	+00:05:27	
8/28	WEDDERBURN, LISA	989	00:32:21.63	06:28	32/100	32/100	+00:06:42	
9/28	ABAJUE, IFUEKO	803	00:32:58.48	06:35	36/100	36/100	+00:07:19	
10/28	ATTWELL, SARAH	806	00:33:27.07	06:41	40/100	40/100	+00:07:47	
11/28	RECKNELL, LINDSAY	963	00:33:28.53	06:41	42/100	42/100	+00:07:49	
12/28	TORRAVILLE, ANDREA	982	00:33:29.02	06:41	43/100	43/100	+00:07:49	
13/28	RUSSELL, CHERINE	966	00:34:19.32	06:51	44/100	44/100	+00:08:40	
14/28	WARNE, CHARMAINE	986	00:35:28.49	07:05	50/100	50/100	+00:09:49	
15/28	WISNIEWSKI, AMANDA	1208	00:36:03.85	07:12	55/100	55/100	+00:10:24	
16/28	PIGOTT HASS, PENNY	277	00:36:36.13	07:19	58/100	58/100	+00:10:56	
17/28	SUTHERLAND, CARRIE	979	00:37:01.64	07:24	61/100	61/100	+00:11:22	
18/28	FOLIOT, MICHELLE	916	00:37:28.94	07:29	65/100	65/100	+00:11:49	
19/28	ISLEY, LISA	932	00:38:29.92	07:41	68/100	68/100	+00:12:50	
20/28	MEIL, JENNIFER	951	00:39:57.67	07:59	74/100	74/100	+00:14:18	
21/28	MILLER, KAREN	952	00:40:07.80	08:01	76/100	76/100	+00:14:28	
22/28	CALDWELL, SARAH	835	00:41:40.85	08:20	78/100	78/100	+00:16:01	
23/28	REABURN, TARA	962	00:48:15.39	09:39	83/100	83/100	+00:22:36	
24/28	MCNUTT, JENNIFER	950	00:50:35.30	10:07	84/100	84/100	+00:24:55	
25/28	CERMAK, ROMANA	846	00:50:50.34	10:10	86/100	86/100	+00:25:11	
26/28	REGTS, JANET	964	00:50:52.59	10:10	87/100	87/100	+00:25:13	
27/28	SCHMIDT, JOANNE	255	00:51:19.71	10:15	88/100	88/100	+00:25:40	
28/28	NEALON, LINDSAY	997	00:51:36.11	10:19	91/100	91/100	+00:25:56	

5K50-59 - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/12	YAWORSKI, SANDRA	993	00:22:47.11	04:33	6/100	6/100	+00:00:00	
2/12	VERBONAC, MARIA	984	00:24:27.30	04:53	9/100	9/100	+00:01:40	
3/12	GAMBLE, CHRISTINA	922	00:31:56.07	06:23	30/100	30/100	+00:09:08	
4/12	SCHOFIELD, JO-ANNE	972	00:32:25.32	06:29	33/100	33/100	+00:09:38	
5/12	EGGER, COLLEEN	881	00:33:20.33	06:40	39/100	39/100	+00:10:33	
6/12	GALLANT, AUDREY	921	00:34:23.84	06:52	46/100	46/100	+00:11:36	
7/12	EKKEL, SHANNON	901	00:35:54.34	07:10	52/100	52/100	+00:13:07	
8/12	BLACKMUR, KAREN	267	00:36:39.68	07:19	59/100	59/100	+00:13:52	
9/12	FREY, PAM	920	00:38:52.30	07:46	71/100	71/100	+00:16:05	
10/12	GARSTAD, TINA	1224	00:48:14.36	09:38	82/100	82/100	+00:25:27	
11/12	JOHN, SARAH	937	00:51:21.17	10:16	89/100	89/100	+00:28:34	
12/12	KARANOVIC, LADISLAVA	938	00:52:47.05	10:33	97/100	97/100	+00:29:59	

5K60-69 - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/9	PRICE, HEATHER	960	00:23:21.49	04:40	7/100	7/100	+00:00:00	
2/9	KELLY, DEBORAH	939	00:28:06.72	05:37	19/100	19/100	+00:04:45	
3/9	SKENE, CATHERINE	999	00:32:31.52	06:30	34/100	34/100	+00:09:10	
4/9	NASSERDEN, MARILYN	958	00:34:22.10	06:52	45/100	45/100	+00:11:00	
5/9	KLEINSCHMIDT, SARA	942	00:34:29.44	06:53	47/100	47/100	+00:11:07	
6/9	MURPHY, SUSAN	957	00:35:07.05	07:01	48/100	48/100	+00:11:45	
7/9	CHENG, WENDY	862	00:36:06.15	07:13	56/100	56/100	+00:12:44	
8/9	MOTE, VICKI	956	00:51:58.30	10:23	94/100	94/100	+00:28:36	
9/9	CAMPUS, NESTA	845	00:54:48.55	10:57	100/100	100/100	+00:31:27	

5K70-79 - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/3	KING, SANDRA	941	00:32:36.78	06:31	35/100	35/100	+00:00:00	
2/3	KENT, ADELE	1227	00:36:16.38	07:15	57/100	57/100	+00:03:39	
3/3	BRISTOW, LINDA	817	00:46:17.89	09:15	81/100	81/100	+00:13:41	

5K80+ - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	OA/PI	Gen/PI	Offset	City
1/1	WHITE, MARY MADELINE	992	00:39:33.35	07:54	73/100	73/100	+00:00:00	