

## 2021 Calgary Women's Run - Aug 22/2021

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 30 Finishers

O/A	Name	Bib#	Time	Pace/k	Category	Cat/PI	Gender	Gen/PI	City
4/30	COGHLAN, LINDSAY	218	00:46:19.86	04:37	10K30-39	1/5	F	4/30	TURNER VALLEY
29/30	COUILLARD, IRENE	222	02:05:00.00	12:30	10K50-59	10/10	F	29/30	LOMOND
23/30	FAH, CATHERINE	230	01:08:49.56	06:52	10K50-59	7/10	F	23/30	CALGARY
22/30	FAH, SOPHIE	231	01:08:48.95	06:52	10K15-19	1/1	F	22/30	CALGARY
26/30	FELL, JANICE	241	01:16:57.88	07:41	10K50-59	9/10	F	26/30	CALGARY
8/30	FOX, KIRSTEN	242	00:57:21.48	05:44	10K30-39	3/5	F	8/30	REGINA
15/30	GALLAWAY, MIRA	262	01:01:54.31	06:11	10K30-39	4/5	F	15/30	ROWLEY
7/30	GRIFFIN, KELLY	266	00:55:03.08	05:30	10K30-39	2/5	F	7/30	CALGARY
10/30	GUTIERREZ-KELLAM, LOURDES	279	00:57:29.07	05:44	10K50-59	3/10	F	10/30	CALGARY
6/30	HALL, DEB	280	00:51:55.06	05:11	10K50-59	2/10	F	6/30	CALGARY
2/30	HALL, SARA	281	00:40:35.40	04:03	10K20-29	1/3	F	2/30	CALGARY
3/30	HEIN, AMY	282	00:45:32.14	04:33	10K20-29	2/3	F	3/30	CALGARY
24/30	JANZEN, ADRIENNE	283	01:09:41.66	06:58	10K50-59	8/10	F	24/30	CALGARY
9/30	KELLAM, BELLE	284	00:57:28.95	05:44	10K20-29	3/3	F	9/30	CALGARY
21/30	KENNEDY, SARAH	285	01:07:03.07	06:42	10K40-49	6/8	F	21/30	CALGARY
19/30	KENNY, ELAINE	286	01:03:50.49	06:23	10K60-69	2/3	F	19/30	CALGARY
13/30	LAEVENS-ALARIC, JANNA	287	01:00:58.98	06:05	10K40-49	2/8	F	13/30	CALGARY
27/30	MOORE, VALERIE	289	01:19:42.29	07:58	10K40-49	7/8	F	27/30	CALGARY
5/30	MYROON, ALEX	290	00:49:46.78	04:58	10K40-49	1/8	F	5/30	FORT SASKATCHE
14/30	RICKERBY, ALEXANDRA	292	01:01:11.37	06:07	10K40-49	3/8	F	14/30	MEDICINE HAT
16/30	RISERBATO, ANTONINA	293	01:02:14.30	06:13	10K40-49	4/8	F	16/30	CALGARY
20/30	SABUDA, DEANA	299	01:06:37.23	06:39	10K50-59	6/10	F	20/30	CALGARY
18/30	SANDERSON, JAIME	294	01:02:39.72	06:15	10K40-49	5/8	F	18/30	CALGARY
30/30	SORENSEN, PIERRETTE	295	02:05:00.00	12:30	10K60-69	3/3	F	30/30	LOMOND
25/30	STEWART, TINA	296	01:14:53.61	07:29	10K30-39	5/5	F	25/30	CALGARY
17/30	WEBB, ALLISON	302	01:02:30.44	06:15	10K50-59	5/10	F	17/30	CALGARY
11/30	WINKLER, KARIN	300	00:58:11.16	05:49	10K60-69	1/3	F	11/30	CALGARY
12/30	WOMACKS, SAM	297	01:00:40.36	06:04	10K50-59	4/10	F	12/30	SMOKY LAKE
28/30	WOODSIDE, SHERRI-LYNN	298	01:35:59.38	09:35	10K40-49	8/8	F	28/30	CALGARY
1/30	ZAMBRANO, MARIA	301	00:37:07.38	03:42	10K50-59	1/10	F	1/30	CALGARY