

## 2021 Calgary Women's Run - Aug 22/2021

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 46 Finishers

O/A	Name	Bib#	Time	Pace/k	Category	Cat/PI	Gender	Gen/PI	City
1/46	BOUCHARD, ROSIE	1246	00:21:48.64	04:21	5K20-29	1/7	F	1/46	OKOTOKS
24/46	DART, KIMBERLEY	1248	00:39:46.70	07:57	5K40-49	8/15	F	24/46	CALGARY
30/46	DERRY MELENKA, REBECCA	1258	00:46:57.38	09:23	5K50-59	10/14	F	30/46	CALGARY
39/46	EIKE, PAM	1332	00:54:17.80	10:51	5K40-49	11/15	F	39/46	CALGARY
15/46	ESCHE, VERENA	1333	00:32:02.60	06:24	5K40-49	4/15	F	15/46	CALGARY
21/46	FAST, LYNN	240	00:39:01.45	07:48	5K50-59	7/14	F	21/46	CALGARY
4/46	FEASBY, CHARLOTTE	1334	00:25:38.40	05:07	5K40-49	2/15	F	4/46	CALGARY
43/46	FINGLER, ERIN	1336	00:55:56.02	11:11	5K40-49	12/15	F	43/46	CALGARY
20/46	FOLWELL, NICOLE	1338	00:37:23.71	07:28	5K40-49	6/15	F	20/46	CALGARY
35/46	FREROT, JOANNE	1339	00:54:11.52	10:50	5K50-59	12/14	F	35/46	CALGARY
40/46	FREROT, STEPHANIE	1340	00:54:18.41	10:51	5K20-29	7/7	F	40/46	AIRDRIE
25/46	GARSTAD, TINA	1341	00:41:56.58	08:23	5K50-59	8/14	F	25/46	CALGARY
38/46	GRAF, AMY	1342	00:54:17.49	10:51	5K30-39	4/4	F	38/46	CALGARY
10/46	HAZLETT, NICOLLE	1344	00:28:30.54	05:42	5K50-59	5/14	F	10/46	CALGARY
3/46	HAZLETT, TERRA	1345	00:24:29.63	04:53	5K40-49	1/15	F	3/46	CALGARY
31/46	HENKE, CAROL	1346	00:46:57.52	09:23	5K50-59	11/14	F	31/46	CALGARY
2/46	HOCKING, PHILIPPA	1379	00:23:12.03	04:38	5K50-59	1/14	F	2/46	CALGARY
36/46	HOLT, JULIA	1380	00:54:14.54	10:50	5K20-29	6/7	F	36/46	CALGARY
26/46	JOHN, SARAH	1347	00:43:21.48	08:40	5K60-69	2/4	F	26/46	CALGARY
29/46	JONES, CHERYL	1348	00:46:55.51	09:23	5K50-59	9/14	F	29/46	CALGARY
34/46	JONES, ERIN	1349	00:54:10.86	10:50	5K20-29	5/7	F	34/46	CALGARY
41/46	KOSKIMAKI, RHONDA	1350	00:54:19.82	10:51	5K50-59	13/14	F	41/46	CALGARY
11/46	LAM-OSEN, GRACE	1351	00:28:42.34	05:44	5K40-49	3/15	F	11/46	CALGARY
16/46	LAYCRAFT, SHAE-LYNN	1352	00:33:01.92	06:36	5K20-29	4/7	F	16/46	CALGARY
8/46	MACKENZIE, ANNIKA	1353	00:27:05.75	05:25	5K20-29	2/7	F	8/46	CALGARY
9/46	MACKENZIE, CAROL	1354	00:27:05.77	05:25	5K50-59	4/14	F	9/46	CALGARY
18/46	MANN, SERENA	1355	00:37:07.96	07:25	5K10-14	1/2	F	18/46	ROCKY VIEW COL
19/46	MANN, URSULA	1356	00:37:08.43	07:25	5K40-49	5/15	F	19/46	ROCKY VIEW COL
23/46	MILDENBERGER, MARION	1357	00:39:46.24	07:57	5K30-39	3/4	F	23/46	CALGARY
28/46	MURPHY, SUSAN	1359	00:44:23.82	08:52	5K60-69	4/4	F	28/46	CALGARY
37/46	NEALON, LEXI	1361	00:54:15.92	10:51	5K10-14	2/2	F	37/46	CALGARY
46/46	NEALON, LINDSAY	1362	00:58:20.32	11:40	5K40-49	15/15	F	46/46	CALGARY
33/46	NICKERSON, MANDY	1363	00:52:33.61	10:30	5K40-49	10/15	F	33/46	OKOTOKS
5/46	OWEN, MARION	1364	00:26:01.70	05:12	5K60-69	1/4	F	5/46	CALGARY
22/46	PIGOTT-HASS, PENNY	291	00:39:02.03	07:48	5K40-49	7/15	F	22/46	CALGARY
27/46	PODGORSKI, MARY-ANN	1366	00:44:02.45	08:48	5K60-69	3/4	F	27/46	CALGARY
45/46	PRAUGHT, SARAH	1367	00:58:17.86	11:39	5K40-49	14/15	F	45/46	CALGARY
32/46	RANDLE, SHARON	1368	00:52:33.43	10:30	5K40-49	9/15	F	32/46	STANDARD
17/46	ROBINSON, KESA	1369	00:33:52.90	06:46	5K30-39	2/4	F	17/46	CALGARY
42/46	SHADE, LOUISE	1371	00:55:55.01	11:11	5K50-59	14/14	F	42/46	CALGARY
7/46	SHERRING, DEB	1372	00:26:29.59	05:17	5K50-59	3/14	F	7/46	CALGARY
6/46	VERBONAC, MARIA	1374	00:26:17.11	05:15	5K50-59	2/14	F	6/46	CALGARY
12/46	WARD, ALICIA	1375	00:30:27.01	06:05	5K20-29	3/7	F	12/46	CALGARY
44/46	WENDT, CAROLYN	1376	00:58:16.46	11:39	5K40-49	13/15	F	44/46	CALGARY
14/46	WINN, TERESA	1381	00:31:56.23	06:23	5K50-59	6/14	F	14/46	CALGARY
13/46	YOUNG, BRITTANY	1378	00:30:44.73	06:08	5K30-39	1/4	F	13/46	CALGARY