

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
67 Finishers

## 5K09&amp;U - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	GILLES, PAYTON	391	34:05.245	06:49	10:57	28/67	28/67	+00:00:00	CALGARY
2/3	GILLES, TAZZLYN	392	34:05.574	06:49	10:57	29/67	29/67	+00:00:00	CALGARY
3/3	ROBINSON, POPPY	371	39:30.043	07:54	12:42	37/67	37/67	+00:05:24	CALGARY

## 5K10-14 - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	HOLDER, MELISSA	345	26:21.572	05:16	08:28	8/67	8/67	+00:00:00	CALGARY
2/5	SARIN, SIYARA	395	28:27.913	05:41	09:09	14/67	14/67	+00:02:06	CALGARY
3/5	WEISBRICH, ABIGAIL	386	29:55.241	05:59	09:37	16/67	16/67	+00:03:33	CALGARY
4/5	DAME, NEVAEH	327	49:23.295	09:52	15:52	51/67	51/67	+00:23:01	CALGARY
5/5	LIEBENBERG, KAYLEY	355	52:50.246	10:34	16:59	55/67	55/67	+00:26:28	CALGARY

## 5K15-19 - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	ASTRIDGE, ROBYN	318	19:47.577	03:57	06:21	1/67	1/67	+00:00:00	CALGARY
2/3	SARIN, AYMARA	394	24:34.732	04:54	07:54	4/67	4/67	+00:04:47	CALGARY
3/3	LIEBENBERG, MIEKE	356	52:51.045	10:34	16:59	56/67	56/67	+00:33:03	CALGARY

## 5K20-29 - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	SHAAK, REBECCA	374	28:09.726	05:37	09:03	13/67	13/67	+00:00:00	CALGARY
2/4	ELIAS, CALLISTA	331	36:32.600	07:18	11:45	31/67	31/67	+00:08:22	CALGARY
3/4	TOMA-DAME, MADISON	381	49:23.318	09:52	15:52	52/67	52/67	+00:21:13	CALGARY
4/4	UNGER, SOFIA	397	59:33.977	11:54	19:09	64/67	64/67	+00:31:24	CALGARY

## 5K30-39 - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	SULLIVAN, NICOLE	379	28:09.584	05:37	09:03	12/67	12/67	+00:00:00	CALGARY
2/12	WEISBRICH, MOOKTIDA	387	29:55.733	05:59	09:37	17/67	17/67	+00:01:46	CALGARY
3/12	SCHMIDT, ERIN	373	30:23.622	06:04	09:46	18/67	18/67	+00:02:14	CALGARY
4/12	COPITHORNE, CHELSEA	323	30:48.491	06:09	09:54	19/67	19/67	+00:02:38	CALGARY
5/12	MCELGUNN, JAMIE	360	31:44.061	06:20	10:12	22/67	22/67	+00:03:34	BROOKS
6/12	CHUNG, MONICA	321	32:16.334	06:27	10:22	25/67	25/67	+00:04:06	CALGARY
7/12	ROBINSON, KESA	370	33:02.200	06:36	10:37	26/67	26/67	+00:04:52	CALGARY
8/12	VASSOLO, KRISTAL	383	37:49.686	07:33	12:09	34/67	34/67	+00:09:40	CALGARY
9/12	HECK, DANIELLE	342	45:49.755	09:09	14:44	47/67	47/67	+00:17:40	CALGARY
10/12	GRAF, AMY	339	53:34.169	10:42	17:13	58/67	58/67	+00:25:24	CALGARY
11/12	TEODORO, SARAH	380	59:28.676	11:53	19:07	62/67	62/67	+00:31:19	CALGARY
12/12	MING, NATASHA	362	59:29.803	11:53	19:07	63/67	63/67	+00:31:20	CALGARY

## 5K40-49 - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	DEAUSY, PATRICIA	329	24:36.231	04:55	07:54	5/67	5/67	+00:00:00	CALGARY
2/13	WALTERS, ALLISON	385	31:26.880	06:17	10:06	21/67	21/67	+00:06:50	CALGARY
3/13	STURDY, MARA	378	31:48.233	06:21	10:13	23/67	23/67	+00:07:12	CALGARY
4/13	GILLES, BROOKE	390	34:05.154	06:49	10:57	27/67	27/67	+00:09:28	CALGARY
5/13	SHEPHERD, ROWENA	376	37:48.232	07:33	12:09	33/67	33/67	+00:13:12	PICTURE BUTTE
6/13	COLAS, LATOYA	322	40:00.606	08:00	12:51	38/67	38/67	+00:15:24	CALGARY
7/13	SANDOVAL, CARMEN	372	40:35.247	08:07	13:03	40/67	40/67	+00:15:59	CALGARY
8/13	YOUNG, CRYSTAL	389	45:21.044	09:04	14:34	44/67	44/67	+00:20:44	CALGARY
9/13	MCGILLVREY, STEPHANIE	361	45:29.832	09:05	14:37	46/67	46/67	+00:20:53	CALGARY
10/13	BARICH, JESSICA	398	49:11.153	09:50	15:48	49/67	49/67	+00:24:34	CALGARY
11/13	LIEBENBERG, RACHEL	357	52:57.160	10:35	17:01	57/67	57/67	+00:28:20	CALGARY
12/13	HIGGINS, LINDA MAE	343	59:35.123	11:55	19:09	65/67	65/67	+00:34:58	CALGARY
13/13	FINGLER, ERIN	333	1:00:35.732	12:07	19:29	66/67	66/67	+00:35:59	CALGARY

## 5K50-59 - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	PATTERSON, JANICE	367	22:11.782	04:26	07:08	2/67	2/67	+00:00:00	CALGARY
2/15	HOCKING, PHILIPPA	344	23:35.432	04:43	07:35	3/67	3/67	+00:01:23	CALGARY
3/15	VERBONAC, MARIA	384	27:09.395	05:25	08:43	9/67	9/67	+00:04:57	CALGARY
4/15	HAMILTON, PAIGE	366	27:19.686	05:27	08:47	10/67	10/67	+00:05:07	CALGARY
5/15	SLEMKO, TARA	393	28:29.261	05:41	09:09	15/67	15/67	+00:06:17	CALGARY
6/15	MARTIN, ANNA	358	35:49.827	07:09	11:31	30/67	30/67	+00:13:38	CALGARY
7/15	METCALFE, KIM	1396	40:32.947	08:06	13:02	39/67	39/67	+00:18:21	CALGARY
8/15	KENNEDY, CORNELIA	350	45:01.989	09:00	14:28	43/67	43/67	+00:22:50	CALGARY
9/15	GARSTAD, TINA	399	48:24.818	09:40	15:34	48/67	48/67	+00:26:13	CALGARY
10/15	PIGOTT-HASS, PENNY	400	49:11.764	09:50	15:49	50/67	50/67	+00:26:59	CALGARY
11/15	FINKBINER, ELIZABETH	334	51:51.164	10:22	16:40	53/67	53/67	+00:29:39	HERITAGE POINT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
67 Finishers

## 5K50-59 - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
12/15	FREROT, JOANNE	336	53:39.794	10:43	17:15	59/67	59/67	+00:31:28	CALGARY
13/15	BURNETT, DEBBRA	396	58:10.490	11:38	18:42	60/67	60/67	+00:35:58	CALGARY
14/15	GERVAIS, CHRISTINA	337	58:12.296	11:38	18:42	61/67	61/67	+00:36:00	CALGARY
15/15	SHADE, LOUISE	375	1:00:38.193	12:07	19:29	67/67	67/67	+00:38:26	CALGARY

## 5K60-69 - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	HAGGARD, KAREN	340	25:01.101	05:00	08:02	6/67	6/67	+00:00:00	CALGARY
2/11	MCCAFFREY, JANICE	359	25:15.139	05:03	08:07	7/67	7/67	+00:00:14	CALGARY
3/11	KELLY, DEBORAH	349	28:08.084	05:37	09:02	11/67	11/67	+00:03:06	CALGARY
4/11	EMERY, CLARE	332	31:57.984	06:23	10:16	24/67	24/67	+00:06:56	CALGARY
5/11	HUNT, JEAN	346	37:41.318	07:32	12:07	32/67	32/67	+00:12:40	CALGARY
6/11	JOHN, SARAH	348	39:17.807	07:51	12:38	35/67	35/67	+00:14:16	CALGARY
7/11	MURPHY, SUSAN	363	39:29.410	07:53	12:41	36/67	36/67	+00:14:28	CALGARY
8/11	PODGORSKI, MARY-ANN	368	40:43.801	08:08	13:05	41/67	41/67	+00:15:42	CALGARY
9/11	BUSCHE, BARB	320	41:34.170	08:18	13:21	42/67	42/67	+00:16:33	CALGARY
10/11	LANGEN, SHERI	354	45:28.873	09:05	14:37	45/67	45/67	+00:20:27	CALGARY
11/11	BRAND-TOOTLE, TULIA	319	51:52.452	10:22	16:40	54/67	54/67	+00:26:51	HERITAGE POINT

## 5K70-79 - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	NORRISH, VALERIE	364	31:21.234	06:16	10:04	20/67	20/67	+00:00:00	CALGARY