

OA/PI = Overall Placing

Cat/PI = Category Placing

## Category Award Results

## TOP 3 In Category

## 10K Run - 6.21 Miles

## 105 Finishers

**10K10-19 () - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/5	BLONDE, SAMARA	556	45:43.830	04:34	07:21	+00:00:00	4/105	CALGARY
2/5	MARCHENKO, NOLA	612	49:59.790	04:59	08:03	+00:04:15	11/105	CALGARY
3/5	HOLDER, ISABELA	589	55:25.221	05:32	08:55	+00:09:41	20/105	CALGARY

**10K20-29 () - 27 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/27	SCHROEDER, ALICE	641	41:34.432	04:09	06:41	+00:00:00	1/105	WATERLOO
2/27	NASH, KIERRA	620	49:32.228	04:57	07:58	+00:07:57	9/105	CALGARY
3/27	KRALA, ALEXA	685	54:31.946	05:27	08:46	+00:12:57	16/105	CALGARY

**10K30-39 () - 31 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/31	STEVENSON, CHELSEY	651	42:38.180	04:15	06:51	+00:00:00	2/105	ESTON
2/31	KESSLER, ANNA	596	45:51.308	04:35	07:23	+00:03:13	5/105	CALGARY
3/31	WEISBRICH, MOOKTIDA	669	48:21.844	04:50	07:47	+00:05:43	8/105	CALGARY

**10K40-49 () - 20 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/20	KLASSEN, ADRIANA	599	45:58.479	04:35	07:24	+00:00:00	6/105	CALGARY
2/20	WALL, SUSAN	668	46:57.659	04:41	07:33	+00:00:59	7/105	COCHRANE
3/20	GARRETSON, JILL	576	54:10.877	05:25	08:43	+00:08:12	15/105	BARRIE

**10K50-59 () - 10 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/10	YOHEMAS, LEANNE	679	44:27.634	04:26	07:09	+00:00:00	3/105	CALGARY
2/10	WILKINSON, LAURA	674	53:31.595	05:21	08:37	+00:09:03	13/105	CALGARY
3/10	TRUDEL, NANCY	660	53:31.946	05:21	08:37	+00:09:04	14/105	CALGARY

**10K60-69 () - 9 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/9	KROSHUS, CLAIRE	604	50:49.947	05:04	08:11	+00:00:00	12/105	CALGARY
2/9	NOETZOLD, MARIA CIDA	628	56:27.961	05:38	09:05	+00:05:38	26/105	COCHRANE
3/9	GOSSMANN, PAMELA	580	57:34.240	05:45	09:16	+00:06:44	31/105	COCHRANE

**10K70+ () - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/3	MACDONALD-GRAY, BETTY	611	1:05:22.006	06:32	10:31	+00:00:00	54/105	CALGARY
2/3	MIYANISHI, KIYOKO	617	1:12:17.362	07:13	11:38	+00:06:55	79/105	CALGARY
3/3	NG, MO	626	1:14:45.935	07:28	12:02	+00:09:23	81/105	CALGARY