

OA/PI = Overall Placing

Cat/PI = Category Placing

## Category Award Results

## TOP 3 In Category

## 5K - 3.1 Miles

136 Finishers

**5K09&U () - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/2	ROBINSON, NORA	105	43:13.613	08:38	13:53	+00:00:00	108/136	CALGARY
2/2	ROBINSON, POPPY	106	43:29.573	08:41	13:59	+00:00:15	111/136	CALGARY

**5K10-19 () - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/12	BAERGEN, LUCIA	6	22:46.901	04:33	07:19	+00:00:00	3/136	CANMORE
2/12	COUTTS, CHELSEA	24	26:47.323	05:21	08:36	+00:04:00	12/136	CALGARY
3/12	ENGLESON, AVERY	35	27:31.923	05:30	08:51	+00:04:45	17/136	CHESTERMERE

**5K20-29 () - 23 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/23	PRICE, SARAH	95	18:21.868	03:40	05:54	+00:00:00	1/136	COCHRANE
2/23	PATTERSON, ANNALISE	635	26:53.461	05:22	08:38	+00:08:31	13/136	CALGARY
3/23	ABERNETHY, HALEY	1	29:33.961	05:54	09:30	+00:11:12	26/136	CALGARY

**5K30-39 () - 53 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/53	MARION, SARAH	68	23:24.260	04:40	07:31	+00:00:00	5/136	CALGARY
2/53	KU, ARIEL	60	23:49.409	04:45	07:39	+00:00:25	6/136	CALGARY
3/53	CHAN, EVE	16	25:48.120	05:09	08:17	+00:02:23	8/136	CALGARY

**5K40-49 () - 25 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/25	GERSH, CAROLYN	139	20:16.384	04:03	06:31	+00:00:00	2/136	CALGARY
2/25	GOLDIE, JANIS	45	27:26.835	05:29	08:49	+00:07:10	16/136	CALGARY
3/25	ZATSEPINA, ANNA	681	28:13.195	05:38	09:04	+00:07:56	19/136	AIRDRIE

**5K50-59 () - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/8	O'GORMAN, MONICA	87	23:17.411	04:39	07:29	+00:00:00	4/136	CANMORE
2/8	HAZLETT, TERRA	140	25:52.270	05:10	08:19	+00:02:34	11/136	CALGARY
3/8	PADDINGTON, JENNIFER	88	31:04.545	06:12	09:59	+00:07:47	39/136	CALGARY

**5K60-69 () - 10 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/10	PRICE, HEATHER	94	25:02.556	05:00	08:03	+00:00:00	7/136	COCHRANE
2/10	MCINTYRE, LAURA	71	30:01.124	06:00	09:39	+00:04:58	31/136	CALGARY
3/10	ROMEO-MACNEIL, GLENNA	109	30:27.066	06:05	09:47	+00:05:24	34/136	CALGARY

**5K70+ () - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	City
1/3	SKOV, BONNIE	118	39:43.828	07:56	12:46	+00:00:00	96/136	CALGARY
2/3	MURPHY, SUSAN	81	43:13.426	08:38	13:53	+00:03:29	107/136	CALGARY
3/3	HADLEY, MARGARET	584	46:49.003	09:21	15:03	+00:07:05	122/136	CALGARY