

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
105 Finishers

10K10-19 - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/5	BLONDE, SAMARA	556	45:43.830	04:34	07:21	4/105	+00:00:00	CALGARY
2/5	MARCHENKO, NOLA	612	49:59.790	04:59	08:03	11/105	+00:04:15	CALGARY
3/5	HOLDER, ISABELA	589	55:25.221	05:32	08:55	20/105	+00:09:41	CALGARY
4/5	OKUBO, MARIKA	634	1:06:09.536	06:36	10:39	55/105	+00:20:25	CALGARY
5/5	NEALON, LEXI	621	1:09:01.075	06:54	11:06	68/105	+00:23:17	CALGARY

10K20-29 - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/27	SCHROEDER, ALICE	641	41:34.432	04:09	06:41	1/105	+00:00:00	WATERLOO
2/27	NASH, KIERRA	620	49:32.228	04:57	07:58	9/105	+00:07:57	CALGARY
3/27	KRALA, ALEXA	685	54:31.946	05:27	08:46	16/105	+00:12:57	CALGARY
4/27	DVORAK, VERONICA	571	54:40.106	05:28	08:48	17/105	+00:13:05	CALGARY
5/27	HINTZ, EMILY	587	54:56.554	05:29	08:50	18/105	+00:13:22	CALGARY
6/27	SIEB, MAKAYLA	648	57:01.850	05:42	09:11	29/105	+00:15:27	CALGARY
7/27	GIOVANETTO, BETHANY	578	57:20.273	05:44	09:13	30/105	+00:15:45	COCHRANE
8/27	ZEBAK, SARAH	683	1:02:58.310	06:17	10:08	45/105	+00:21:23	EDMONTON
9/27	GEUZENBROEK, MAARTJE	577	1:04:32.272	06:27	10:23	50/105	+00:22:57	CALGARY
10/27	NEDELJAKOVA, ZUZANA	623	1:04:32.341	06:27	10:23	51/105	+00:22:57	CALGARY
11/27	VILLARIN, SHERLENE	665	1:04:39.982	06:27	10:24	52/105	+00:23:05	CALGARY
12/27	ZEBAK, JULIA	682	1:04:40.919	06:28	10:24	53/105	+00:23:06	EDMONTON
13/27	LINGAYO, SHEENA	607	1:07:36.137	06:45	10:53	59/105	+00:26:01	CALGARY
14/27	SONG, CLAIRE	650	1:09:17.177	06:55	11:09	69/105	+00:27:42	CALGARY
15/27	VIRK, MANSIMRAN	618	1:09:18.465	06:55	11:09	70/105	+00:27:44	EDMONTON
16/27	FORD, ELIZABETH	575	1:10:02.222	07:00	11:16	74/105	+00:28:27	CALGARY
17/27	BUYZE, SYDNEY	560	1:10:02.481	07:00	11:16	75/105	+00:28:28	CALGARY
18/27	HINTZ, JILL	588	1:13:46.472	07:22	11:52	80/105	+00:32:12	CALGARY
19/27	BAHR-HEMSING, RYLYNN	552	1:14:53.527	07:29	12:03	82/105	+00:33:19	BROOKS
20/27	OH, ARDEN	633	1:15:40.823	07:34	12:11	85/105	+00:34:06	CALGARY
21/27	LIBKE, SARAH	606	1:15:40.963	07:34	12:11	86/105	+00:34:06	CALGARY
22/27	SHERIDAN, FREYA	646	1:18:46.424	07:52	12:41	89/105	+00:37:11	SUNDRE
23/27	URSU, CAMELIA	663	1:20:41.010	08:04	12:59	93/105	+00:39:06	CALGARY
24/27	KHAN, SOPHIA	597	1:20:42.205	08:04	12:59	94/105	+00:39:07	CALGARY
25/27	ILCHI, BERNA	591	1:21:21.114	08:08	13:06	95/105	+00:39:46	CALGARY
26/27	SCHRETLEN, REBEKAH	640	1:22:24.092	08:14	13:16	96/105	+00:40:49	CALGARY
27/27	GREGORY, MADISON	583	1:22:24.185	08:14	13:16	97/105	+00:40:49	CALGARY

10K30-39 - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/31	STEVENSON, CHELSEY	651	42:38.180	04:15	06:51	2/105	+00:00:00	ESTON
2/31	KESSLER, ANNA	596	45:51.308	04:35	07:23	5/105	+00:03:13	CALGARY
3/31	WEISBRICH, MOOKTIDA	669	48:21.844	04:50	07:47	8/105	+00:05:43	CALGARY
4/31	CASTRO, ANGELA	562	49:52.878	04:59	08:01	10/105	+00:07:14	CALGARY
5/31	WILEY, JESSICA	673	55:36.283	05:33	08:57	21/105	+00:12:58	CALGARY
6/31	CHUNG, MONICA	564	56:29.062	05:38	09:05	27/105	+00:13:50	CALGARY
7/31	YIM, AMANDA	678	59:45.587	05:58	09:37	34/105	+00:17:07	CALGARY
8/31	SHILLETTO THIRLWELL, EMILY	647	59:57.819	05:59	09:39	35/105	+00:17:19	CALGARY
9/31	DANIELLE, ASHLEY	568	1:00:25.286	06:02	09:43	37/105	+00:17:47	CALGARY
10/31	MCCABE, TEIGHAN	614	1:00:58.379	06:05	09:49	39/105	+00:18:20	CALGARY
11/31	SHAND, KAYLA	643	1:00:58.637	06:05	09:49	40/105	+00:18:20	CALGARY
12/31	COONAN, TERESA	566	1:02:28.498	06:14	10:03	43/105	+00:19:50	CALGARY
13/31	KARPUK, STEPHANIE	595	1:03:08.576	06:18	10:10	46/105	+00:20:30	CALGARY
14/31	LUDLOW, HEATHER	610	1:03:46.779	06:22	10:16	48/105	+00:21:08	CALGARY
15/31	MURRAY, JENN	619	1:07:18.977	06:43	10:50	58/105	+00:24:40	CALGARY
16/31	SYKES, MICHELLE	653	1:08:11.926	06:49	10:58	61/105	+00:25:33	CHESTERMERE
17/31	SHARIFIAN, SETAREH	644	1:08:24.606	06:50	11:00	63/105	+00:25:46	CALGARY
18/31	BENTO, MARIANA	555	1:08:29.527	06:50	11:01	64/105	+00:25:51	CALGARY
19/31	NG, JOYCE	625	1:09:36.303	06:57	11:12	72/105	+00:26:58	CALGARY
20/31	HAUGHEY, SARAH	585	1:09:58.637	06:59	11:16	73/105	+00:27:20	CALGARY
21/31	KRUCHKOWSKI, KIM	605	1:10:51.489	07:05	11:24	76/105	+00:28:13	CALGARY
22/31	TAYLOR, JESSICA	655	1:11:55.238	07:11	11:34	77/105	+00:29:17	CALGARY
23/31	WHITNEY, TANISHA	672	1:15:01.645	07:30	12:04	84/105	+00:32:23	CALGARY
24/31	ADAMSON, NATALIE	549	1:16:32.411	07:39	12:19	88/105	+00:33:54	MONTREAL
25/31	ADHIKARI, ASMITA	550	1:19:14.390	07:55	12:45	91/105	+00:36:36	CALGARY
26/31	TWO GUNS, MEGAN	662	1:20:34.917	08:03	12:58	92/105	+00:37:56	CALGARY
27/31	MILI MONFARED, FATEMEH	615	1:22:49.450	08:16	13:20	98/105	+00:40:11	CALGARY
28/31	WOZNIAK, SARAH	677	1:23:35.480	08:21	13:27	99/105	+00:40:57	KELOWNA
29/31	CARLOS, LAUREN	561	1:23:35.856	08:21	13:27	100/105	+00:40:57	CALGARY

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Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
105 Finishers

10K30-39 - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
30/31	TEJPAN, SUNAIRA	657	1:23:40.729	08:22	13:28	101/105	+00:41:02	CALGARY
31/31	TUCKER, LAURA	661	1:23:42.487	08:22	13:28	102/105	+00:41:04	CALGARY

10K40-49 - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/20	KLASSEN, ADRIANA	599	45:58.479	04:35	07:24	6/105	+00:00:00	CALGARY
2/20	WALL, SUSAN	668	46:57.659	04:41	07:33	7/105	+00:00:59	COCHRANE
3/20	GARRETSON, JILL	576	54:10.877	05:25	08:43	15/105	+00:08:12	BARRIE
4/20	GRAHAM, AMY	684	56:09.467	05:36	09:02	24/105	+00:10:10	CALGARY
5/20	NOETZOLD, TAISA	629	56:27.352	05:38	09:05	25/105	+00:10:28	COCHRANE
6/20	KNOX, KIM	600	56:34.408	05:39	09:06	28/105	+00:10:35	CALGARY
7/20	GOODS, LORI	579	57:35.295	05:45	09:16	32/105	+00:11:36	CALGARY
8/20	JENSEN, CAITLIN	687	1:02:16.943	06:13	10:01	41/105	+00:16:18	CALGARY
9/20	LUCAN, JILL	609	1:02:27.724	06:14	10:03	42/105	+00:16:29	CALGARY
10/20	REID-PAYNE, DALYCE	637	1:03:56.575	06:23	10:17	49/105	+00:17:58	CALGARY
11/20	KONUMA, MUTSUOKO	601	1:06:22.848	06:38	10:41	56/105	+00:20:24	CALGARY
12/20	GRAY, LAURA	581	1:07:58.498	06:47	10:56	60/105	+00:22:00	CALGARY
13/20	WOO, TIFFANY	676	1:08:51.887	06:53	11:05	65/105	+00:22:53	CALGARY
14/20	NEALON, LINDSAY	622	1:09:00.229	06:54	11:06	67/105	+00:23:01	CALGARY
15/20	EVELEIGH, LEILA	574	1:09:24.651	06:56	11:10	71/105	+00:23:26	CALGARY
16/20	HEMSING-SMITH, JACLYN	586	1:14:55.237	07:29	12:03	83/105	+00:28:56	BROOKS
17/20	SHAIR, JONI	642	1:15:53.247	07:35	12:13	87/105	+00:29:54	CALGARY
18/20	DYKSHOORN, DAWNYSHIA	572	1:26:04.930	08:36	13:51	103/105	+00:40:06	CALGARY
19/20	DUNCAN, TAMRYN	570	1:28:08.877	08:48	14:11	104/105	+00:42:10	CALGARY
20/20	KOSKIMAKI, TERESA	603	1:29:34.941	08:57	14:25	105/105	+00:43:36	CALGARY

10K50-59 - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/10	YOHEMAS, LEANNE	679	44:27.634	04:26	07:09	3/105	+00:00:00	CALGARY
2/10	WILKINSON, LAURA	674	53:31.595	05:21	08:37	13/105	+00:09:03	CALGARY
3/10	TRUDEL, NANCY	660	53:31.946	05:21	08:37	14/105	+00:09:04	CALGARY
4/10	BARRETO, MARINA	554	55:04.454	05:30	08:52	19/105	+00:10:36	CALGARY
5/10	KOSKIMAKI, RHONDA	602	55:37.822	05:33	08:57	22/105	+00:11:10	CALGARY
6/10	WITTEVRONGEL, CHERYL	675	55:59.556	05:35	09:00	23/105	+00:11:31	CALGARY
7/10	WELSH, KERRY	671	58:42.047	05:52	09:27	33/105	+00:14:14	OKOTOKS
8/10	DESJARDINS, BJ	569	1:06:47.482	06:40	10:45	57/105	+00:22:19	CALGARY
9/10	YEE, KAREN	686	1:08:24.396	06:50	11:00	62/105	+00:23:56	CALGARY
10/10	SHERIDAN, DIANE	645	1:18:46.660	07:52	12:41	90/105	+00:34:19	SUNDRE

10K60-69 - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/9	KROSHUS, CLAIRE	604	50:49.947	05:04	08:11	12/105	+00:00:00	CALGARY
2/9	NOETZOLD, MARIA CIDA	628	56:27.961	05:38	09:05	26/105	+00:05:38	COCHRANE
3/9	GOSSMANN, PAMELA	580	57:34.240	05:45	09:16	31/105	+00:06:44	COCHRANE
4/9	BUTLER-GRETTON, MARY	559	1:00:00.608	06:00	09:39	36/105	+00:09:10	CALGARY
5/9	NORTHEY, MORAG	630	1:00:30.325	06:03	09:44	38/105	+00:09:40	CALGARY
6/9	ERSKINE, BRENDA	573	1:02:53.153	06:17	10:07	44/105	+00:12:03	CALGARY
7/9	VLOOSWYK, MARY	667	1:03:08.763	06:18	10:10	47/105	+00:12:18	CALGARY
8/9	BRENNICK, MICHELLE	557	1:08:53.342	06:53	11:05	66/105	+00:18:03	COCHRANE
9/9	TAYLOR, MICHELE	656	1:11:55.262	07:11	11:34	78/105	+00:21:05	CALGARY

10K70+ - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/3	MACDONALD-GRAY, BETTY	611	1:05:22.006	06:32	10:31	54/105	+00:00:00	CALGARY
2/3	MIYANISHI, KIYOKO	617	1:12:17.362	07:13	11:38	79/105	+00:06:55	CALGARY
3/3	NG, MO	626	1:14:45.935	07:28	12:02	81/105	+00:09:23	CALGARY