

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K - 3.1 Miles
136 Finishers

5K09&U - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/2	ROBINSON, NORA	105	43:13.613	08:38	13:53	108/136	+00:00:00	CALGARY
2/2	ROBINSON, POPPY	106	43:29.573	08:41	13:59	111/136	+00:00:15	CALGARY

5K10-19 - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/12	BAERGEN, LUCIA	6	22:46.901	04:33	07:19	3/136	+00:00:00	CANMORE
2/12	COUTTS, CHELSEA	24	26:47.323	05:21	08:36	12/136	+00:04:00	CALGARY
3/12	ENGLESON, AVERY	35	27:31.923	05:30	08:51	17/136	+00:04:45	CHESTERMERE
4/12	GILLIES, PAYTON	146	30:52.523	06:10	09:55	36/136	+00:08:05	CALGARY
5/12	FOWLER, TALIA	41	31:36.938	06:19	10:09	41/136	+00:08:50	CALGARY
6/12	MACDONALD, ELLA	65	31:55.782	06:23	10:16	43/136	+00:09:08	CARSTAIRS
7/12	LEIRE, ROJAS	148	37:13.536	07:26	11:58	83/136	+00:14:26	CALGARY
8/12	LEIRE, MIRANDA	147	37:13.854	07:26	11:58	84/136	+00:14:26	CALGARY
9/12	HYNES BATES, MAYAH	55	37:20.320	07:28	12:00	86/136	+00:14:33	LETHBRIDGE
10/12	NICE, AINSLEY	141	39:05.880	07:49	12:34	94/136	+00:16:18	ROCKY VIEW
11/12	ZASTRE, KYLA	135	41:37.944	08:19	13:23	100/136	+00:18:51	CALGARY
12/12	MENDEZ, ISABELLA	73	43:01.216	08:36	13:49	106/136	+00:20:14	CALGARY

5K20-29 - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/23	PRICE, SARAH	95	18:21.868	03:40	05:54	1/136	+00:00:00	COCHRANE
2/23	PATTERSON, ANNALISE	635	26:53.461	05:22	08:38	13/136	+00:08:31	CALGARY
3/23	ABERNETHY, HALEY	1	29:33.961	05:54	09:30	26/136	+00:11:12	CALGARY
4/23	STICKEL, AMANDA	123	29:58.735	05:59	09:38	29/136	+00:11:36	COCHRANE
5/23	NEDOHIN, JACQUIE	82	30:08.859	06:01	09:41	32/136	+00:11:46	CALGARY
6/23	RANCOURT, KENDRA	100	30:57.914	06:11	09:57	38/136	+00:12:36	CALGARY
7/23	MACBROAD, TESA	63	31:56.063	06:23	10:16	44/136	+00:13:34	AIRDRIE
8/23	KRELL, EVE	59	32:26.486	06:29	10:25	50/136	+00:14:04	CALGARY
9/23	BOJAN, MAYA	14	32:32.340	06:30	10:27	51/136	+00:14:10	CALGARY
10/23	DARAGO, KORI	27	33:26.508	06:41	10:45	60/136	+00:15:04	CALGARY
11/23	BARAZZUTTI, SARAH	9	33:39.398	06:43	10:49	64/136	+00:15:17	CALGARY
12/23	CHAPMAN, MEGHAN	17	34:05.063	06:49	10:57	66/136	+00:15:43	CALGARY
13/23	DUFF, MEGAN	33	35:09.867	07:01	11:18	69/136	+00:16:47	CALGARY
14/23	DESCHAMPS, DANIELLE	31	36:17.297	07:15	11:40	74/136	+00:17:55	COCHRANE
15/23	PENNEY, SARAH	91	36:17.788	07:15	11:40	75/136	+00:17:55	CALGARY
16/23	MONYCH, NADIA	77	36:23.859	07:16	11:42	76/136	+00:18:01	CALGARY
17/23	COOK, NICOLA	565	36:28.272	07:17	11:43	77/136	+00:18:06	CALGARY
18/23	CHRIS-AMADIN, HILDA	20	36:43.000	07:20	11:48	78/136	+00:18:21	CALGARY
19/23	CHRIS-AMADIN, THERESA	21	36:43.330	07:20	11:48	79/136	+00:18:21	CALGARY
20/23	ST AMAND, JULIA	122	37:48.302	07:33	12:09	88/136	+00:19:26	CALGARY
21/23	MISTRY, TRISHNA	76	52:04.050	10:24	16:44	132/136	+00:33:42	CALGARY
22/23	LOZOWCHUK, ALEXANDRIA	608	1:07:54.349	13:34	21:50	135/136	+00:49:32	CALGARY
23/23	ALLEN, HAILEY	551	1:07:54.490	13:34	21:50	136/136	+00:49:32	CALGARY

5K30-39 - 53 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/53	MARION, SARAH	68	23:24.260	04:40	07:31	5/136	+00:00:00	CALGARY
2/53	KU, ARIEL	60	23:49.409	04:45	07:39	6/136	+00:00:25	CALGARY
3/53	CHAN, EVE	16	25:48.120	05:09	08:17	8/136	+00:02:23	CALGARY
4/53	WILLIAMS, VALERIE	143	25:48.283	05:09	08:17	9/136	+00:02:24	CALGARY
5/53	SWINDEN, MANDY	124	25:51.588	05:10	08:18	10/136	+00:02:27	CALGARY
6/53	SCHMIDT, ERIN	111	26:57.469	05:23	08:40	14/136	+00:03:33	CALGARY
7/53	FEDORUK, SARA	38	27:05.971	05:25	08:42	15/136	+00:03:41	CALGARY
8/53	SPINDLER, JANA	119	27:51.821	05:34	08:57	18/136	+00:04:27	CALGARY
9/53	SHARMA, NIKITA	115	28:18.287	05:39	09:06	20/136	+00:04:54	NEW WESTMINST
10/53	SINCLAIR, JENNY	116	28:58.263	05:47	09:18	21/136	+00:05:34	CALGARY
11/53	PRINCIPALLI, JENNIFER	96	29:02.814	05:48	09:20	22/136	+00:05:38	AIRDRIE
12/53	HAGEN, SYDNEY	144	29:21.307	05:52	09:26	23/136	+00:05:57	CALGARY
13/53	QUANTZ, GABRIELLA	99	29:24.987	05:52	09:27	24/136	+00:06:00	ZAPOPAN
14/53	UDY, KIMBERLY	127	29:38.627	05:55	09:31	27/136	+00:06:14	CALGARY
15/53	MCINTYRE, ALISON	70	30:00.984	06:00	09:39	30/136	+00:06:36	CALGAIEY
16/53	MAYNARD, SARAH	613	30:18.377	06:03	09:44	33/136	+00:06:54	CALGARY
17/53	MACCALLUM, BRIA	64	31:56.134	06:23	10:16	45/136	+00:08:31	COCHRANE
18/53	SCULLY, MORGAN	113	32:09.235	06:25	10:20	48/136	+00:08:44	CALGARY
19/53	HICKEY, CARINA	49	32:09.890	06:25	10:20	49/136	+00:08:45	CALGARY
20/53	CHUDYK, LAUREN	22	32:39.680	06:31	10:30	52/136	+00:09:15	CALGARY
21/53	GREENWOOD, RACHEL	47	32:48.680	06:33	10:33	55/136	+00:09:24	CALGARY

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Category Results

5K - 3.1 Miles
136 Finishers

5K30-39 - 53 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
22/53	REMTULLA, DANIELLE	102	32:50.063	06:34	10:33	56/136	+00:09:25	CALGARY
23/53	LOZANO, MARY	62	32:56.299	06:35	10:35	57/136	+00:09:32	CALGARY
24/53	BRANDT, NATASHA	15	32:56.956	06:35	10:35	58/136	+00:09:32	CALGARY
25/53	BACANI, KIM RAZEL	4	33:30.563	06:42	10:46	61/136	+00:10:06	CALGARY
26/53	HOOD, KIRSTIE	54	33:34.926	06:42	10:47	62/136	+00:10:10	CALGARY
27/53	TEHRANI, DONYA	125	33:48.306	06:45	10:52	65/136	+00:10:24	CALGARY
28/53	BIRO, KELSEY	12	34:06.376	06:49	10:57	67/136	+00:10:42	CALGARY
29/53	BADIA, AMANDA	5	34:13.078	06:50	11:00	68/136	+00:10:48	CALGARY
30/53	HOFFMANN, HOLLY	51	35:21.587	07:04	11:22	70/136	+00:11:57	CALGARY
31/53	CHIMWASO, SHENDA	19	35:42.469	07:08	11:28	71/136	+00:12:18	CALGARY
32/53	ROSENECK, TARA	110	36:02.928	07:12	11:35	73/136	+00:12:38	CALGARY
33/53	FAHR, HEATHER	37	37:01.059	07:24	11:54	80/136	+00:13:36	CALGARY
34/53	DAVE, MADISON	28	37:04.640	07:24	11:55	81/136	+00:13:40	CALGARY
35/53	PROULX, KRISTI	97	37:20.040	07:28	12:00	85/136	+00:13:55	LETHBRIDGE
36/53	YORKE, ASHLEY	134	38:01.147	07:36	12:13	89/136	+00:14:36	CALGARY
37/53	LETUN, JESSICA	61	38:01.804	07:36	12:13	90/136	+00:14:37	CALGARY
38/53	BELL, KRISTEN	11	38:17.225	07:39	12:18	91/136	+00:14:52	CALGARY
39/53	CHIMWASO, INONGE	18	38:20.459	07:40	12:19	92/136	+00:14:56	CALGARY
40/53	VAN WINKLE, ALLISON	129	39:50.414	07:58	12:48	97/136	+00:16:26	CALGARY
41/53	ASHFORD, CAROL	3	39:54.982	07:58	12:50	98/136	+00:16:30	CALGARY
42/53	DERRY, LORING	30	41:32.200	08:18	13:21	99/136	+00:18:07	CALGARY
43/53	NICHOLS, PAIGE	85	41:38.458	08:19	13:23	101/136	+00:18:14	CALGARY
44/53	FOWLER, LAUREN	39	41:45.372	08:21	13:25	103/136	+00:18:21	CALGARY
45/53	RODRIGUEZ, NATHALY	107	42:30.983	08:30	13:40	104/136	+00:19:06	CALGARY
46/53	DAVIS, SONDRALYAN SOLSTICE	29	43:33.676	08:42	14:00	113/136	+00:20:09	CALGARY
47/53	BOAKYE-YIADOM, CASEY	13	43:43.662	08:44	14:03	114/136	+00:20:19	CALGARY
48/53	SREENIVASAN, POOJA	120	44:27.086	08:53	14:17	116/136	+00:21:02	CALGARY
49/53	TEODORO, SARAH	126	46:17.831	09:15	14:53	120/136	+00:22:53	CALGARY
50/53	VIAUD, MARIE-ELENA	664	47:07.732	09:25	15:09	123/136	+00:23:43	CALGARY
51/53	GRAF, AMY	46	50:42.248	10:08	16:18	128/136	+00:27:17	CALGARY
52/53	JOHNSON, HILARY	57	50:42.347	10:08	16:18	129/136	+00:27:18	CALGARY
53/53	MISTRY, SHREYA	75	52:03.839	10:24	16:44	131/136	+00:28:39	CALGARY

5K40-49 - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/25	GERSH, CAROLYN	139	20:16.384	04:03	06:31	2/136	+00:00:00	CALGARY
2/25	GOLDIE, JANIS	45	27:26.835	05:29	08:49	16/136	+00:07:10	CALGARY
3/25	ZATSEPINA, ANNA	681	28:13.195	05:38	09:04	19/136	+00:07:56	AIRDRIE
4/25	COUTTS, AILEEN	23	29:25.808	05:53	09:27	25/136	+00:09:09	CALGARY
5/25	FUTERS, TERESA	44	29:38.830	05:55	09:31	28/136	+00:09:22	AIRDRIE
6/25	GILLIES, BROOKE	145	30:52.873	06:10	09:55	37/136	+00:10:36	CALGARY
7/25	FOWLER, LESLIE	40	31:36.587	06:19	10:09	40/136	+00:11:20	CALGARY
8/25	WILCZEK, LISA	132	31:48.896	06:21	10:13	42/136	+00:11:32	CALGARY
9/25	DHAR MCKENTY, SANGHAMITRA	32	32:01.009	06:24	10:17	46/136	+00:11:44	CALGARY
10/25	WEBB, LISA	130	32:01.033	06:24	10:17	47/136	+00:11:44	CALGARY
11/25	WESTGARD, ALIX	131	32:43.012	06:32	10:31	53/136	+00:12:26	CALGARY
12/25	ROE, AMY	108	35:45.444	07:09	11:29	72/136	+00:15:29	CALGARY
13/25	BANTING, RACHEL	8	37:09.183	07:25	11:56	82/136	+00:16:52	CALGARY
14/25	WILLIAMS, CRYSTAL	133	38:34.192	07:42	12:24	93/136	+00:18:17	CALGARY
15/25	NICE, CHANTAL	142	39:08.293	07:49	12:35	95/136	+00:18:51	ROCKY VIEW
16/25	ZASTRE, SHAWNA	136	41:40.404	08:20	13:23	102/136	+00:21:24	CALGARY
17/25	REED, JANNA	101	42:54.958	08:34	13:47	105/136	+00:22:38	CALGARY
18/25	JAIN, GARIMA	56	43:18.934	08:39	13:55	109/136	+00:23:02	CALGARY
19/25	MENDEZ, LUZ	74	43:28.474	08:41	13:58	110/136	+00:23:12	CALGARY
20/25	ROBINSON, KESA	104	43:30.341	08:42	13:59	112/136	+00:23:13	CALGARY
21/25	MACDONALD, JOANNE	66	44:23.834	08:52	14:16	115/136	+00:24:07	CALGARY
22/25	KOLA-OJO, AGATHA	58	46:45.816	09:21	15:02	121/136	+00:26:29	CALGARY
23/25	ENGLESON, LORNA	36	48:26.713	09:41	15:34	125/136	+00:28:10	CHESTERMERE
24/25	BALZER, MELISSA	7	53:13.214	10:38	17:06	133/136	+00:32:56	WEST KELOWNA
25/25	HIGGINS, LINDA MAE	50	53:47.386	10:45	17:17	134/136	+00:33:31	CALGARY

5K50-59 - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/8	O'GORMAN, MONICA	87	23:17.411	04:39	07:29	4/136	+00:00:00	CANMORE
2/8	HAZLETT, TERRA	140	25:52.270	05:10	08:19	11/136	+00:02:34	CALGARY
3/8	PADDINGTON, JENNIFER	88	31:04.545	06:12	09:59	39/136	+00:07:47	CALGARY
4/8	BARAZZUTTI, SUE	10	33:38.930	06:43	10:49	63/136	+00:10:21	CALGARY

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Category Results

5K - 3.1 Miles
136 Finishers

5K50-59 - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
5/8	MCNULTY, SHELLY	72	44:56.316	08:59	14:26	117/136	+00:21:38	CALGARY
6/8	FURDIEVICH, MARIANNE	43	45:56.433	09:11	14:46	118/136	+00:22:39	CALGARY
7/8	SCOTT, LEANNE	112	45:56.596	09:11	14:46	119/136	+00:22:39	CALGARY
8/8	SHADE, MARY LOUISE	114	49:31.521	09:54	15:55	126/136	+00:26:14	CALGARY

5K60-69 - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/10	PRICE, HEATHER	94	25:02.556	05:00	08:03	7/136	+00:00:00	COCHRANE
2/10	MCINTYRE, LAURA	71	30:01.124	06:00	09:39	31/136	+00:04:58	CALGAEY
3/10	ROMEO-MACNEIL, GLENNA	109	30:27.066	06:05	09:47	34/136	+00:05:24	CALGARY
4/10	PATTERSON, ELIZABETH	636	30:49.969	06:09	09:54	35/136	+00:05:47	CALGARY
5/10	SINCLAIR, SARAH	117	32:46.384	06:33	10:32	54/136	+00:07:43	CALGARY
6/10	NEDOHIN, JILL	83	33:21.751	06:40	10:43	59/136	+00:08:19	CALGARY
7/10	ST AMAND, JOAN	121	37:48.092	07:33	12:09	87/136	+00:12:45	CALGARY
8/10	PODGORSKI, MARY-ANN	92	47:17.316	09:27	15:12	124/136	+00:22:14	CALGARY
9/10	PREVOST, TEENA	93	49:31.986	09:54	15:55	127/136	+00:24:29	CALGARY
10/10	FREROT, JOANNE	42	51:26.244	10:17	16:32	130/136	+00:26:23	CALGARY

5K70+ - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Offset	City
1/3	SKOV, BONNIE	118	39:43.828	07:56	12:46	96/136	+00:00:00	CALGARY
2/3	MURPHY, SUSAN	81	43:13.426	08:38	13:53	107/136	+00:03:29	CALGARY
3/3	HADLEY, MARGARET	584	46:49.003	09:21	15:03	122/136	+00:07:05	CALGARY