

2010 Dinosaur Pump it up Run

Alpha Overall Results

5K - 3.11 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
107/169	ALBERS, LISA	401	00:39:54.95	12:49	5K40-49F	15/23	F	66/119	
14/169	ALBERS, TORY	402	00:26:38.60	08:33	5K20-29M	5/8	M	13/50	
19/169	ALTWASSER, BRENT	403	00:26:58.15	08:40	5K40-49M	2/7	M	16/50	
18/169	ALTWASSER, IAN	404	00:26:56.85	08:39	5K12UM	1/7	M	15/50	
16/169	ALTWASSER, MYRA	405	00:26:41.25	08:34	5K12UF	1/6	F	3/119	
60/169	ANDERSON, KERRI	406	00:32:01.55	10:17	5K30-39F	11/28	F	29/119	
165/169	ARTHUR, JENNIFER	408	01:01:45.80	19:51	5K20-29F	36/38	F	115/119	
98/169	ARTHUR, LACHLAN	577	00:38:15.95	12:17	5K12UM	5/7	M	40/50	
6/169	BATEMAN, PHIL	410	00:24:15.00	07:47	5K30-39M	3/12	M	6/50	
155/169	BEASLEY, SHAYMUS	571	00:53:49.85	17:18	5K12UM	7/7	M	49/50	
114/169	BECKER, MIRANDA	416	00:41:06.20	13:12	5K20-29F	25/38	F	73/119	
82/169	BEST, BUFFY	417	00:33:44.25	10:50	5K20-29F	13/38	F	45/119	
156/169	BOSCH, DIANE	570	00:54:00.05	17:21	5K50-59F	15/19	F	107/119	
106/169	BOSCH, JEN	418	00:39:52.10	12:49	5K20-29F	23/38	F	65/119	
133/169	BRAGG, KELLY	419	00:48:02.25	15:26	5K40-49F	21/23	F	89/119	
137/169	BROWN, JANICE	420	00:48:40.70	15:38	5K50-59F	11/19	F	92/119	
50/169	BURNS, CINDEE	421	00:30:39.85	09:51	5K40-49F	7/23	F	21/119	
70/169	BUTEAU, DEVON	422	00:32:52.85	10:34	5K30-39M	10/12	M	34/50	
69/169	BUTEAU, RUSSELL	423	00:32:51.75	10:33	5K12UM	4/7	M	33/50	
123/169	CHARLTON, MARCIA	425	00:44:23.65	14:16	5K30-39F	22/28	F	81/119	
101/169	CHHIV, TAHNEE	426	00:38:25.85	12:21	5K20-29F	19/38	F	60/119	
22/169	CHOI, ANDY	574	00:27:34.45	08:51	5K12UM	2/7	M	19/50	
84/169	CHORNEY, CARRIE	427	00:34:25.60	11:04	5K20-29F	14/38	F	47/119	
125/169	CHRISTMAN, BUCK	428	00:44:26.50	14:17	5K30-39M	11/12	M	43/50	
124/169	CHRISTMAN, SHARON	429	00:44:26.20	14:17	5K30-39F	23/28	F	82/119	
85/169	COOPER, JUDY	430	00:34:33.40	11:06	5K40-49F	13/23	F	48/119	
54/169	COOPER, KENDRA	431	00:31:01.85	09:58	5K20-29F	6/38	F	25/119	
55/169	COOPER, WAYNE	432	00:31:03.40	09:59	5K40-49M	3/7	M	30/50	
139/169	CRITCH, ALLISON	433	00:48:52.35	15:42	5K20-29F	27/38	F	94/119	
148/169	DAHL, TIM	436	00:52:27.75	16:51	5K50-59M	8/9	M	48/50	
49/169	DAME, PAULA	568	00:30:34.90	09:49	5K30-39F	7/28	F	20/119	
11/169	DANIELS, ROBIN	437	00:26:19.15	08:27	5K13-19M	3/6	M	11/50	
68/169	DAVIDSON, COLLEEN	127	00:32:51.35	10:33	5K40-49F	8/23	F	36/119	
41/169	DAVIDSON, KEITH	128	00:29:32.05	09:29	5K50-59M	3/9	M	27/50	
7/169	DAVIDSON, KYLE	129	00:25:35.95	08:13	5K13-19M	2/6	M	7/50	
23/169	DAVIDSON, LOGAN	130	00:27:43.20	08:54	5K13-19M	5/6	M	20/50	
159/169	DEUNK, VALERIE	575	00:57:21.25	18:26	5K50-59F	17/19	F	109/119	
116/169	DIRK, PATRICIA	440	00:41:42.30	13:24	5K50-59F	8/19	F	75/119	
168/169	DOVICHAK, MELISSA	441	01:06:33.75	21:23	5K20-29F	38/38	F	118/119	
17/169	DRIEDGER, DARCY	442	00:26:56.05	08:39	5K40-49M	1/7	M	14/50	
52/169	DUMESNIL, MICKEY	572	00:30:44.45	09:52	5K30-39F	8/28	F	23/119	
71/169	DYCK, ANNIE	443	00:32:57.85	10:35	5K40-49F	9/23	F	37/119	
109/169	DYCK, LAURA	444	00:39:58.45	12:51	5K40-49F	16/23	F	68/119	
5/169	EBREY, JAMES	446	00:23:40.45	07:36	5K20-29M	2/8	M	5/50	
77/169	ECKERT, VALERIE	447	00:33:27.60	10:45	5K20-29F	10/38	F	41/119	
89/169	EGGER, RHONDA	448	00:36:21.95	11:41	5K50-59F	5/19	F	52/119	
72/169	ENGBRECHT, ERNIE	449	00:32:58.10	10:36	5K50-59M	5/9	M	35/50	
117/169	EUBANK, DEBORAH	450	00:42:42.05	13:43	5K50-59F	9/19	F	76/119	
24/169	FISSET-HOFER, RACHELLE	451	00:27:45.25	08:55	5K30-39F	1/28	F	4/119	
134/169	FITZPATRICK, JESSE	452	00:48:33.65	15:36	5K30-39M	12/12	M	45/50	
21/169	FLECK, MIKE	453	00:27:30.70	08:50	5K30-39M	5/12	M	18/50	
166/169	FRANCES, BRENDA	454	01:01:48.65	19:52	5K50-59F	19/19	F	116/119	
147/169	FRANCES, JOHN	455	00:52:27.45	16:51	5K60-69M	1/1	M	47/50	
161/169	FREIMARK, KALLIE	456	00:57:28.30	18:28	5K20-29F	34/38	F	111/119	
169/169	FRIESEN, KATHIE	457	01:11:30.20	22:59	5K60-69F	1/1	F	119/119	
64/169	FULLER, LAURIE	458	00:32:21.75	10:24	5K50-59F	2/19	F	32/119	
74/169	FULTON, CARA	459	00:33:03.35	10:37	5K30-39F	14/28	F	39/119	

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Alpha Overall Results

5K - 3.11 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
15/169	GAMBLE, TILLY	460	00:26:40.95	08:34	5K40-49F	1/23	F	2/119	
66/169	GILMOUR, DESIREE	461	00:32:39.15	10:29	5K30-39F	13/28	F	34/119	
127/169	GINET, TANYA	462	00:44:50.35	14:24	5K30-39F	24/28	F	84/119	
142/169	GRAHAM, KATIE	463	00:49:45.15	15:59	5K20-29F	29/38	F	97/119	
1/169	GRAHAM, TRAVIS	464	00:21:56.15	07:03	5K13-19M	1/6	M	1/50	
163/169	GREEN, KIMBERLY	155	00:58:33.45	18:49	5K20-29F	35/38	F	113/119	
61/169	GREER, CHARMAINE	465	00:32:13.55	10:21	5K30-39F	12/28	F	30/119	
20/169	HAGER, RON	467	00:27:06.05	08:42	5K50-59M	1/9	M	17/50	
97/169	HAGER, TERRIE	468	00:38:13.20	12:17	5K50-59F	6/19	F	58/119	
28/169	HALE, ROXANNE	469	00:28:16.95	09:05	5K30-39F	2/28	F	6/119	
131/169	HAMLIN, TONY	470	00:47:07.00	15:09	5K30-39F	26/28	F	87/119	
154/169	HANSON, KAREN	471	00:53:33.60	17:13	5K50-59F	14/19	F	106/119	
162/169	HAUSHER, AUDREY	472	00:57:51.00	18:36	5K50-59F	18/19	F	112/119	
86/169	HEAL, DONNA	473	00:35:09.85	11:18	5K30-39F	16/28	F	49/119	
56/169	HECK, CLAYTON	474	00:31:18.75	10:03	5K30-39M	9/12	M	31/50	
126/169	HENDERSON, PHEONIX	578	00:44:35.65	14:20	5K12UF	4/6	F	83/119	
83/169	HIEBERT, WENDY	475	00:34:03.80	10:56	5K30-39F	15/28	F	46/119	
94/169	HODGSON, ROBBIE	476	00:37:45.05	12:08	5K20-29F	16/38	F	55/119	
110/169	HOPP, LINDSAY	477	00:39:59.90	12:51	5K20-29F	24/38	F	69/119	
40/169	HOWG, KYLE	478	00:29:21.15	09:26	5K30-39M	8/12	M	26/50	
118/169	HUMPHRIES, RICHELLE	479	00:43:10.35	13:52	5K50-59F	10/19	F	77/119	
130/169	HUTCHISON, REBECCA	480	00:47:06.85	15:08	5K30-39F	25/28	F	86/119	
45/169	JACKSON, BILL	482	00:29:52.45	09:36	5K50-59M	4/9	M	28/50	
122/169	JAKOBSEN, JANA E	484	00:43:40.10	14:02	5K12UF	3/6	F	80/119	
121/169	JAKOBSEN, LAURA	485	00:43:38.45	14:01	5K12UF	2/6	F	79/119	
75/169	JAKOBSEN, SHARON	486	00:33:08.55	10:39	5K40-49F	11/23	F	40/119	
120/169	JAKOBSEN, TANESHA	487	00:43:30.70	13:59	5K13-19F	3/4	F	78/119	
103/169	JENSEN, JENNIFER	488	00:39:06.85	12:34	5K20-29F	21/38	F	62/119	
135/169	JOHNSON, ANNETTE	489	00:48:39.20	15:38	5K13-19F	4/4	F	90/119	
136/169	JOHNSON, BRITANY	490	00:48:39.35	15:38	5K20-29F	26/38	F	91/119	
4/169	JOHNSON, RODNEY	491	00:23:36.90	07:35	5K30-39M	2/12	M	4/50	
33/169	JOHNSON, THERON	573	00:29:04.00	09:20	5K13-19M	6/6	M	25/50	
115/169	KEEPING, MARLA	492	00:41:22.75	13:18	5K30-39F	21/28	F	74/119	
2/169	KIRKELUND, ALAN	493	00:22:25.10	07:12	5K30-39M	1/12	M	2/50	
38/169	KIRKELUND, JENNIFER	494	00:29:18.00	09:25	5K30-39F	5/28	F	13/119	
25/169	KNUSTVIK, MIRANDA	495	00:27:47.25	08:56	5K13-19F	1/4	F	5/119	
157/169	KRISTIANSON, KAREN	496	00:54:58.00	17:40	5K50-59F	16/19	F	108/119	
158/169	KRISTIANSON, MARVIN	497	00:56:20.85	18:06	5K50-59M	9/9	M	50/50	
44/169	LARSON, DARSEY	498	00:29:41.40	09:32	5K20-29F	4/38	F	17/119	
102/169	LAUBER, SHYLA	499	00:38:28.70	12:22	5K20-29F	20/38	F	61/119	
63/169	LAYCHUK, TYLER	500	00:32:20.35	10:23	5K20-29M	7/8	M	32/50	
31/169	LE, JOHN	501	00:28:50.60	09:16	5K30-39M	7/12	M	23/50	
32/169	LE, NAM	502	00:28:50.75	09:16	5K50-59M	2/9	M	24/50	
167/169	LESTER, DARBY	503	01:06:33.25	21:23	5K20-29F	37/38	F	117/119	
9/169	LONGWORTH, TOM	504	00:25:52.55	08:19	5K30-39M	4/12	M	9/50	
10/169	LUKEY, JASON	505	00:26:16.15	08:26	5K20-29M	4/8	M	10/50	
96/169	MCCLELLAND, KIM	506	00:38:08.45	12:15	5K30-39F	18/28	F	57/119	
62/169	MCNIVEN, BARBARA	507	00:32:15.60	10:22	5K20-29F	9/38	F	31/119	
113/169	MCRAE, LISA	508	00:41:04.45	13:12	5K40-49F	18/23	F	72/119	
104/169	MOELLER, JIIYA	509	00:39:08.55	12:35	5K20-29F	22/38	F	63/119	
105/169	MOELLER, SHELLSEE	510	00:39:30.15	12:42	5K30-39F	19/28	F	64/119	
132/169	MOREY, LINDA	511	00:48:01.95	15:26	5K40-49F	20/23	F	88/119	
164/169	MORRIS, BRENDA	579	00:59:32.95	19:08	5K40-49F	23/23	F	114/119	
12/169	MORRIS, MICHELLE	580	00:26:20.65	08:28	5K20-29F	1/38	F	1/119	
37/169	NEELY, SHERRI	513	00:29:17.65	09:24	5K40-49F	4/23	F	12/119	
91/169	OLSEN, GORD	576	00:36:29.45	11:43	5K40-49M	6/7	M	39/50	
90/169	OLSEN, KEVIN	514	00:36:28.35	11:43	5K40-49M	5/7	M	38/50	

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
78/169	OSADCZUK, AMANDA	515	00:33:30.45	10:46	5K20-29F	11/38	F	42/119	
34/169	OSADCZUK, ELAINE	516	00:29:05.45	09:21	5K40-49F	3/23	F	9/119	
80/169	OSADCZUK, LORNA	517	00:33:36.85	10:48	5K40-49F	12/23	F	43/119	
39/169	PAPROSKI, THERESA	519	00:29:21.05	09:26	5K40-49F	5/23	F	14/119	
67/169	PATTERSON, MONA	520	00:32:40.35	10:30	5K50-59F	4/19	F	35/119	
35/169	PERCIVAL, DONNA	521	00:29:09.80	09:22	5K50-59F	1/19	F	10/119	
79/169	PERCIVAL, FRANK	522	00:33:35.05	10:47	5K50-59M	6/9	M	37/50	
108/169	PERKINS, JANET	523	00:39:58.25	12:51	5K50-59F	7/19	F	67/119	
27/169	PHILIPSEN, JAY	483	00:27:59.25	08:59	5K20-29M	6/8	M	22/50	
152/169	PIERSON, TRACY	524	00:53:03.20	17:03	5K30-39F	28/28	F	104/119	
48/169	PRESTON, MARILYN	525	00:30:27.20	09:47	5K30-39F	6/28	F	19/119	
146/169	REGEHR, DEBORAH	526	00:51:43.25	16:37	5K30-39F	27/28	F	100/119	
144/169	REGEHR, KIERSTYN	527	00:51:34.40	16:34	5K12UF	6/6	F	99/119	
145/169	REGEHR, MASON	528	00:51:40.00	16:36	5K12UM	6/7	M	46/50	
3/169	RICHARDSON, BRAD	530	00:22:32.85	07:14	5K20-29M	1/8	M	3/50	
81/169	ROOKE, CARRIE	531	00:33:39.95	10:49	5K20-29F	12/38	F	44/119	
65/169	ROSS, LINDA	532	00:32:21.90	10:24	5K50-59F	3/19	F	33/119	
73/169	ROSS, ROXANNE	533	00:33:03.30	10:37	5K40-49F	10/23	F	38/119	
153/169	SCHEIBNER, SHELLEY	534	00:53:03.35	17:03	5K20-29F	32/38	F	105/119	
59/169	SCHMIDEK, SARAH	535	00:31:48.75	10:13	5K20-29F	8/38	F	28/119	
87/169	SCHULTZ, AMANDA	536	00:35:31.05	11:25	5K20-29F	15/38	F	50/119	
112/169	SCHULTZ, KAREN	569	00:40:42.35	13:05	5K40-49F	17/23	F	71/119	
43/169	SCHWARTZENBERGER, KATRINA	537	00:29:35.40	09:30	5K20-29F	3/38	F	16/119	
51/169	SHEPARD, JEN	538	00:30:40.40	09:51	5K20-29F	5/38	F	22/119	
36/169	SIDAM, TRACY	539	00:29:14.55	09:24	5K30-39F	4/28	F	11/119	
42/169	SKANDERUP, DARA	540	00:29:33.95	09:30	5K20-29F	2/38	F	15/119	
88/169	SKRIVER, LAUREN	542	00:36:20.20	11:40	5K13-19F	2/4	F	51/119	
46/169	SKRIVER, LEONA	543	00:30:17.85	09:44	5K40-49F	6/23	F	18/119	
149/169	SPAHMANN, CHRISTA	242	00:53:01.10	17:02	5K20-29F	30/38	F	101/119	
150/169	SPAHMANN, JEAN	243	00:53:01.40	17:02	5K50-59F	13/19	F	103/119	
151/169	SPAHMANN, SABINA	244	00:53:01.40	17:02	5K20-29F	31/38	F	102/119	
29/169	SUCHY, SHARIE	545	00:28:28.80	09:09	5K30-39F	3/28	F	7/119	
30/169	SUTHERLAND, SHERRY	546	00:28:28.85	09:09	5K40-49F	2/23	F	8/119	
128/169	SVOBODA, LAURIELEE	547	00:45:34.75	14:39	5K40-49F	19/23	F	85/119	
129/169	SVOBODA, MARVIN	548	00:45:35.85	14:39	5K40-49M	7/7	M	44/50	
8/169	SWAIN, KRESTEN	481	00:25:42.80	08:15	5K20-29M	3/8	M	8/50	
160/169	SWAIN, RACHELLE	549	00:57:24.95	18:27	5K20-29F	33/38	F	110/119	
26/169	TAYLOR, BRAD	550	00:27:49.60	08:56	5K30-39M	6/12	M	21/50	
92/169	TAYLOR, TRINA	551	00:37:40.05	12:06	5K40-49F	14/23	F	53/119	
93/169	THOMPSON, LANA	552	00:37:41.80	12:07	5K30-39F	17/28	F	54/119	
99/169	TJEERDEMA, LINDSAY	553	00:38:16.25	12:18	5K20-29F	18/38	F	59/119	
100/169	TJEERDEMA, SHELDEN	554	00:38:16.75	12:18	5K20-29M	8/8	M	41/50	
13/169	TOWN, JOSH	555	00:26:20.75	08:28	5K13-19M	4/6	M	12/50	
57/169	VAN MAANEN, JENNIFER	556	00:31:20.45	10:04	5K20-29F	7/38	F	26/119	
141/169	VANDERLOH, SHARRON	557	00:49:14.10	15:49	5K40-49F	22/23	F	96/119	
58/169	VELASCO, TAMZIN	558	00:31:32.55	10:08	5K30-39F	10/28	F	27/119	
140/169	VELDHUISEN, DANIELLE	559	00:48:55.35	15:43	5K20-29F	28/38	F	95/119	
143/169	VIROSTEK, KASSIDY	560	00:50:10.55	16:07	5K12UF	5/6	F	98/119	
119/169	VIROSTEK, KEVIN	561	00:43:10.35	13:52	5K50-59M	7/9	M	42/50	
138/169	WEISS, KATHY	562	00:48:40.95	15:38	5K50-59F	12/19	F	93/119	
111/169	WHITE, KIMARA	563	00:40:07.20	12:53	5K30-39F	20/28	F	70/119	
76/169	WHITE, SEAN	564	00:33:10.45	10:39	5K40-49M	4/7	M	36/50	
53/169	WIEBE, DONNA	565	00:30:47.50	09:53	5K30-39F	9/28	F	24/119	
47/169	WIEBE, KELLY	566	00:30:22.65	09:45	5K12UM	3/7	M	29/50	
95/169	ZIMMER, AMANDA	567	00:37:57.20	12:12	5K20-29F	17/38	F	56/119	