

2010 Dinosaur Pump it up Run

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
72/139	ANDERSON, AMANDA	101	01:02:58.90	10:08	10K20-29F	15/27	F	27/82	
127/139	ANDERSON, ERICA	102	01:35:10.60	15:19	10K13-19F	3/4	F	70/82	
135/139	ANDERSON, JUDY	103	01:52:37.95	18:08	10K60-69F	3/4	F	78/82	
77/139	ANDRUSIAK, JASON	104	01:04:26.75	10:22	10K30-39M	15/16	M	47/57	
8/139	ANNICCHIARICO, JENNI	105	00:49:02.75	07:53	10K20-29F	1/27	F	1/82	
138/139	ARDEN, LYNN	106	01:54:22.20	18:24	10K50-59F	18/19	F	81/82	
50/139	BABB, LETA	107	00:59:26.65	09:34	10K50-59F	3/19	F	14/82	
44/139	BAIRD, ED	109	00:58:54.75	09:29	10K40-49M	3/10	M	32/57	
81/139	BIGELOW, LERAE	110	01:05:07.25	10:29	10K20-29F	16/27	F	33/82	
4/139	BOARDMAN, MARTIN	111	00:47:57.65	07:43	10K30-39M	2/16	M	4/57	
41/139	BRKICH, MANDY	112	00:56:57.50	09:10	10K20-29F	9/27	F	11/82	
101/139	BUTEAU, CANDICE	114	01:09:10.55	11:08	10K30-39F	12/18	F	49/82	
47/139	CAMERON, JAKE	115	00:59:09.25	09:31	10K30-39M	10/16	M	35/57	
79/139	CHATTERTON, JULIE	117	01:04:56.05	10:27	10K50-59F	6/19	F	32/82	
34/139	CHATTERTON, MATTHEW	118	00:55:39.05	08:57	10K13-19M	2/3	M	26/57	
20/139	CHISHOLM, COURTNEY	119	00:51:31.95	08:17	10K20-29F	3/27	F	3/82	
84/139	CHISHOLM, JOAN	120	01:05:40.55	10:34	10K40-49F	4/11	F	35/82	
80/139	CHISHOLM, ROBERT	121	01:05:05.85	10:28	10K40-49M	8/10	M	48/57	
29/139	CHOI, DOHAN	122	00:54:39.55	08:48	10K40-49M	2/10	M	21/57	
123/139	COLLIN, KAREN	124	01:23:46.95	13:29	10K40-49F	10/11	F	67/82	
111/139	DEANS, CHRISTIE	131	01:13:06.60	11:46	10K20-29F	26/27	F	56/82	
120/139	DEKAM, JACQUELYN	132	01:20:35.15	12:58	10K30-39F	17/18	F	65/82	
39/139	DELONG, JIM	133	00:56:29.30	09:05	10K50-59M	8/13	M	30/57	
30/139	DELONG, KYLE	134	00:54:44.05	08:48	10K20-29M	10/13	M	22/57	
119/139	DESJARDINS, CINDY	135	01:18:54.35	12:42	10K50-59F	12/19	F	64/82	
74/139	DEVEAUX, STEPHEN	136	01:03:56.75	10:17	10K30-39M	14/16	M	46/57	
5/139	DICK, KAINE	137	00:48:11.55	07:45	10K20-29M	2/13	M	5/57	
16/139	DRAKE, BARRY	139	00:50:21.95	08:06	10K20-29M	8/13	M	15/57	
89/139	DYCK, AMILYN	264	01:06:24.45	10:41	10K13-19F	2/4	F	40/82	
139/139	EARL, DENISE	140	01:54:23.65	18:25	10K50-59F	19/19	F	82/82	
17/139	EGGER, SCOTT	141	00:50:58.20	08:12	10K50-59M	2/13	M	16/57	
55/139	EGGINS, MEGAN	142	01:00:15.05	09:42	10K20-29F	12/27	F	19/82	
46/139	ENS, MARK	143	00:59:04.55	09:30	10K40-49M	4/10	M	34/57	
78/139	FEENEY, MAUREEN	144	01:04:40.65	10:24	10K40-49F	3/11	F	31/82	
82/139	FERRAZZI, ANNA	145	01:05:26.30	10:32	10K20-29F	17/27	F	34/82	
11/139	FINNERTY, DANNY	146	00:49:56.20	08:02	10K20-29M	5/13	M	10/57	
128/139	FISCH, ALEX	147	01:35:10.85	15:19	10K13-19F	4/4	F	71/82	
43/139	GABRIELLE, CONNIE	148	00:58:41.45	09:26	10K20-29F	10/27	F	12/82	
24/139	GABRIELLE, TRENT	149	00:53:21.95	08:35	10K20-29M	9/13	M	19/57	
7/139	GAGNON, MATTHEW	150	00:48:32.20	07:48	10K13-19M	1/3	M	7/57	
25/139	GALBRAITH, CASSIE	151	00:53:28.75	08:36	10K13-19F	1/4	F	6/82	
37/139	GALLANT, OLIVIA	152	00:56:07.50	09:02	10K20-29F	7/27	F	9/82	
23/139	GLAISTER, BILL	153	00:53:20.95	08:35	10K50-59M	3/13	M	18/57	
22/139	GLEN GRAHAM, LAURIE	154	00:52:14.60	08:24	10K50-59F	1/19	F	5/82	
65/139	GROVE, ALBERT	157	01:02:14.55	10:01	10K50-59M	10/13	M	42/57	
115/139	GROVE, SHANE	158	01:15:49.15	12:12	10K30-39F	16/18	F	60/82	
134/139	GRUFFYDD, BETTY	159	01:49:03.05	17:33	10K50-59F	16/19	F	77/82	
129/139	HALEY-CALLAGHAN, ANNE	160	01:38:21.00	15:50	10K60-69F	2/4	F	72/82	
116/139	HAMILTON, ANNETTE	161	01:16:00.70	12:14	10K40-49F	8/11	F	61/82	
49/139	HANSON, WES	162	00:59:25.05	09:34	10K40-49M	5/10	M	36/57	
91/139	HARBINSON, SHELDON	163	01:06:31.75	10:42	10K40-49M	9/10	M	50/57	
31/139	HARRIS, MARK	265	00:55:23.30	08:55	10K30-39M	7/16	M	23/57	
100/139	HART, ROBYN	164	01:08:47.20	11:04	10K20-29F	21/27	F	48/82	
87/139	HARVIE, JAYDEN	263	01:06:18.05	10:40	10K13-19M	3/3	M	49/57	
110/139	HAWLEY, LAUREN	165	01:13:06.60	11:46	10K20-29F	25/27	F	57/82	
124/139	HEAL, BARRY	166	01:30:41.15	14:36	10K60-69M	1/1	M	57/57	
35/139	HEAL, GEORDIE	168	00:55:45.40	08:58	10K30-39M	8/16	M	27/57	

2010 Dinosaur Pump it up Run

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
28/139	HEAL, PETER	169	00:54:14.25	08:43	10K30-39M	6/16	M	20/57	
126/139	HEAL, TRUDI	170	01:32:37.45	14:54	10K60-69F	1/4	F	69/82	
105/139	HEMSING, LAURA	171	01:09:46.60	11:14	10K20-29F	24/27	F	53/82	
99/139	HOGG, MELINDA	172	01:08:36.15	11:02	10K30-39F	11/18	F	47/82	
57/139	HONESS, KELSEY	174	01:00:21.45	09:43	10K20-29F	13/27	F	20/82	
45/139	HOPF, CRAIG	175	00:59:00.20	09:30	10K30-39M	9/16	M	33/57	
103/139	HUNTER, COREENA	176	01:09:11.05	11:08	10K30-39F	13/18	F	51/82	
67/139	JACKSON, ANNE	177	01:02:22.35	10:02	10K50-59F	4/19	F	24/82	
2/139	JACKSON, JASON	178	00:46:49.95	07:32	10K30-39M	1/16	M	2/57	
106/139	JAKOBSEN, CORALEE	179	01:10:41.65	11:22	10K30-39F	14/18	F	54/82	
121/139	JOHNSON, DEAN	180	01:23:46.90	13:29	10K40-49M	10/10	M	56/57	
15/139	JOHNSON, GREG	181	00:50:13.95	08:05	10K30-39M	4/16	M	14/57	
122/139	JOHNSON, LORI	182	01:23:46.90	13:29	10K40-49F	9/11	F	66/82	
131/139	JURY, LITISHA	184	01:41:28.95	16:20	10K30-39F	18/18	F	74/82	
1/139	KEOGAN, TIM	262	00:46:09.45	07:25	10K50-59M	1/13	M	1/57	
70/139	KOPP, ROBERT	185	01:02:44.65	10:06	10K30-39M	13/16	M	45/57	
96/139	KOWALCHUK, MICHAEL	186	01:07:48.60	10:55	10K50-59M	12/13	M	51/57	
118/139	KOZY, COLLEEN	187	01:18:54.25	12:42	10K50-59F	11/19	F	63/82	
53/139	LAMBERT, BRIDGET	188	01:00:05.75	09:40	10K30-39F	2/18	F	17/82	
62/139	LEE, SHAUNA	189	01:02:00.35	09:59	10K20-29F	14/27	F	23/82	
58/139	LOEWEN, JANE	190	01:00:22.85	09:43	10K30-39F	4/18	F	21/82	
48/139	MACDONALD, MARI	191	00:59:23.35	09:33	10K50-59F	2/19	F	13/82	
93/139	MAKISHI, DAWN	192	01:06:44.60	10:44	10K50-59F	8/19	F	43/82	
40/139	MANDEVILLE, KEITH	193	00:56:44.75	09:08	10K20-29F	8/27	F	10/82	
26/139	MANDEVILLE, TRACY	194	00:53:34.90	08:37	10K20-29F	5/27	F	7/82	
94/139	MARSHALL, LAURAL	195	01:07:22.45	10:50	10K40-49F	6/11	F	44/82	
10/139	MAXWELL-LYSTER, JERROD	196	00:49:37.75	07:59	10K30-39M	3/16	M	9/57	
54/139	MAXWELL-LYSTER, TERECE	197	01:00:12.15	09:41	10K30-39F	3/18	F	18/82	
52/139	MCCALLUM, CARLA	198	01:00:03.95	09:40	10K20-29F	11/27	F	16/82	
64/139	MCCLELLAND, SCOTT	199	01:02:05.40	09:59	10K30-39M	11/16	M	41/57	
75/139	MCRAE, TOBI	200	01:03:59.35	10:18	10K30-39F	7/18	F	29/82	
90/139	MEGAW, CAROL	201	01:06:29.15	10:42	10K50-59F	7/19	F	41/82	
92/139	MELENDY, NATASHA	202	01:06:41.30	10:44	10K20-29F	20/27	F	42/82	
33/139	METCALFE, GARY	203	00:55:37.55	08:57	10K50-59M	5/13	M	25/57	
108/139	MILLER, DENNIS	266	01:11:23.90	11:29	10K50-59M	13/13	M	54/57	
107/139	MILLER, ROB	204	01:11:22.80	11:29	10K20-29M	12/13	M	53/57	
132/139	MILLER, VICKY	205	01:41:29.50	16:20	10K50-59F	15/19	F	75/82	
97/139	MOOLMAN, HERMELIZE	207	01:07:49.05	10:55	10K30-39F	10/18	F	46/82	
98/139	MOOLMAN, JOHANNES	208	01:07:49.35	10:55	10K30-39M	16/16	M	52/57	
95/139	MOTOKADO, JEANNINE	211	01:07:30.25	10:52	10K40-49F	7/11	F	45/82	
61/139	NIEBERGALL, ROBIN	212	01:01:05.80	09:50	10K40-49M	7/10	M	39/57	
130/139	NIEUWKERK, TRUDY	214	01:38:21.15	15:50	10K50-59F	14/19	F	73/82	
136/139	NIZNIK, JOAN B.	215	01:52:38.75	18:08	10K60-69F	4/4	F	79/82	
109/139	NORRIS, LAURA	216	01:12:35.05	11:41	10K30-39F	15/18	F	55/82	
102/139	OKELL, ALISEN	217	01:09:10.95	11:08	10K20-29F	22/27	F	50/82	
3/139	OSADCZUK, NOLAN	219	00:47:57.00	07:43	10K20-29M	1/13	M	3/57	
18/139	OSADCZUK, RYLEE	220	00:51:25.85	08:16	10K20-29F	2/27	F	2/82	
86/139	PAPENHUYZEN, JANE	221	01:06:17.95	10:40	10K40-49F	5/11	F	38/82	
125/139	PATTERSON, CAROL	222	01:31:57.35	14:48	10K50-59F	13/19	F	68/82	
63/139	PERRIOR, DAIN	223	01:02:00.45	09:59	10K20-29M	11/13	M	40/57	
27/139	PETERSEN, KARLA	224	00:53:49.40	08:39	10K20-29F	6/27	F	8/82	
68/139	PETERSEN, MICHAEL	225	01:02:29.70	10:03	10K30-39M	12/16	M	44/57	
6/139	PETKUS, STEVEN	268	00:48:15.05	07:46	10K20-29M	3/13	M	6/57	
112/139	PIERSON, CHERYL	227	01:13:52.00	11:53	10K50-59F	9/19	F	58/82	
38/139	PRATT, LARRY	228	00:56:29.20	09:05	10K50-59M	7/13	M	29/57	
137/139	RISTE, WENDY	230	01:54:21.90	18:24	10K50-59F	17/19	F	80/82	
13/139	ROMMENS, ADAM	231	00:49:59.45	08:02	10K20-29M	7/13	M	12/57	

**2010 Dinosaur Pump it up Run
Alpha Overall Results**

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
69/139	ROMMENS, JANET	232	01:02:40.05	10:05	10K50-59F	5/19	F	25/82	
113/139	ROMMENS, WANDA	233	01:13:54.85	11:54	10K50-59F	10/19	F	59/82	
36/139	ROMMENS, WENDELL	234	00:56:07.50	09:02	10K50-59M	6/13	M	28/57	
73/139	SABIR, TAHRA	235	01:03:49.10	10:16	10K40-49F	2/11	F	28/82	
14/139	SABO, MARK	236	00:50:12.20	08:05	10K40-49M	1/10	M	13/57	
117/139	SAVILL, LEIGH	237	01:17:59.70	12:33	10K20-29F	27/27	F	62/82	
88/139	SCHROEDER, RHIAN	238	01:06:24.15	10:41	10K30-39F	9/18	F	39/82	
114/139	SCHUETT, RILEY	229	01:14:37.30	12:00	10K20-29M	13/13	M	55/57	
21/139	SEITZ, DESIRAE	239	00:51:48.45	08:20	10K20-29F	4/27	F	4/82	
12/139	SEWALL, CHAD	267	00:49:56.50	08:02	10K20-29M	6/13	M	11/57	
60/139	SKRIVER, GREG	240	01:00:49.80	09:47	10K40-49M	6/10	M	38/57	
56/139	SMITH, RONALD	241	01:00:18.25	09:42	10K50-59M	9/13	M	37/57	
42/139	THIBERT, CORY	245	00:57:05.65	09:11	10K30-39F	1/18	M	31/57	
19/139	THIESSEN, NICK	246	00:51:27.40	08:17	10K30-39M	5/16	M	17/57	
104/139	THOMAS, SAMANTHA	247	01:09:40.45	11:13	10K20-29F	23/27	F	52/82	
32/139	TILL, WAYNE	248	00:55:24.85	08:55	10K50-59M	4/13	M	24/57	
85/139	TOBIN, BONNIE	249	01:05:46.75	10:35	10K20-29F	19/27	F	37/82	
66/139	TRUDEAU, MARC	250	01:02:17.90	10:01	10K50-59M	11/13	M	43/57	
133/139	UNSWORTH, MARILYN	251	01:49:02.80	17:33	10K40-49F	11/11	F	76/82	
9/139	VAN MAANEN, MARCO	252	00:49:28.30	07:57	10K20-29M	4/13	M	8/57	
76/139	VIROSTEK, TAMMY	253	01:04:18.70	10:21	10K30-39F	8/18	F	30/82	
83/139	WIONZEK, ANDREA	255	01:05:40.55	10:34	10K20-29F	18/27	F	36/82	
71/139	WOHLERS, SHARLA	256	01:02:47.75	10:06	10K30-39F	6/18	F	26/82	
51/139	WOLOSCHUK, BRENDA	257	00:59:49.65	09:37	10K40-49F	1/11	F	15/82	
59/139	WOOD, SHANDA	260	01:00:32.95	09:44	10K30-39F	5/18	F	22/82	