

Overall Gender Results

10K - 6.21 Miles

Female

| Gender | Name | Bib# | Time | Pace | Div | Cat | O/A | Chip Time |
|--------|------------------------|------|-------------|-------|-----------|-------|---------|-------------|
| 1/99 | ANNICCHIARICO, JENNI | 4 | 00:49:02.60 | 07:53 | 10K20-29F | 1/27 | 11/165 | 00:49:02.50 |
| 2/99 | NEUFELD, GENINE | 130 | 00:49:10.30 | 07:55 | 10K30-39F | 1/32 | 13/165 | 00:49:09.10 |
| 3/99 | HATCH, ASHLEY | 84 | 00:51:43.35 | 08:19 | 10K20-29F | 2/27 | 20/165 | 00:51:39.95 |
| 4/99 | OLSEN, CATHY | 138 | 00:51:55.85 | 08:21 | 10K40-49F | 1/17 | 21/165 | 00:51:55.30 |
| 5/99 | GALBRAITH, CASSIE | 61 | 00:52:06.10 | 08:23 | 10K13-19F | 1/5 | 22/165 | 00:52:00.85 |
| 6/99 | GLEN GRAHAM, LAURIE | 68 | 00:52:25.25 | 08:26 | 10K50-59F | 1/14 | 23/165 | 00:52:24.55 |
| 7/99 | ROBERTS, GABRIELE | 150 | 00:53:24.25 | 08:36 | 10K60-69F | 1/4 | 28/165 | 00:53:20.95 |
| 8/99 | MAXWELL-LYSTER, TERECE | 114 | 00:54:30.55 | 08:46 | 10K30-39F | 2/32 | 35/165 | 00:54:30.55 |
| 9/99 | WAAGENAAR, SAMANTHA | 187 | 00:54:33.30 | 08:47 | 10K20-29F | 3/27 | 36/165 | 00:54:27.85 |
| 10/99 | MOSHER, LAUREN | 127 | 00:54:54.80 | 08:50 | 10K20-29F | 4/27 | 38/165 | 00:54:49.60 |
| 11/99 | KUINDERSMA, SARAH | 106 | 00:55:12.95 | 08:53 | 10K20-29F | 5/27 | 40/165 | 00:55:08.05 |
| 12/99 | BOEKEL, RACHEL | 19 | 00:55:24.10 | 08:55 | 10K20-29F | 6/27 | 43/165 | 00:55:22.80 |
| 13/99 | KACZANOWSKI, HAYLEY | 102 | 00:56:31.20 | 09:06 | 10K13-19F | 2/5 | 46/165 | 00:56:25.75 |
| 14/99 | OSADCZUK, ELAINE | 139 | 00:56:53.10 | 09:09 | 10K40-49F | 2/17 | 48/165 | 00:56:46.20 |
| 15/99 | TREMBECKI, TRICIA | 183 | 00:58:16.60 | 09:23 | 10K30-39F | 3/32 | 54/165 | 00:58:15.00 |
| 16/99 | HIGGERTY, JANICE | 92 | 00:58:30.25 | 09:25 | 10K50-59F | 2/14 | 56/165 | 00:58:26.40 |
| 17/99 | SEITZ, DESIRAE | 160 | 00:58:44.85 | 09:27 | 10K20-29F | 7/27 | 59/165 | 00:58:43.65 |
| 18/99 | CHOW, PHYLLIS | 34 | 00:58:47.05 | 09:27 | 10K40-49F | 3/17 | 60/165 | 00:58:43.55 |
| 19/99 | THIESSEN, NICK | 175 | 00:58:55.35 | 09:29 | 10K30-39F | 4/32 | 64/165 | 00:58:51.95 |
| 20/99 | CHASE, CARMEN | 28 | 00:59:35.10 | 09:35 | 10K40-49F | 4/17 | 68/165 | 00:59:22.25 |
| 21/99 | THOMAS, SAMANTHA | 176 | 00:59:46.80 | 09:37 | 10K20-29F | 8/27 | 70/165 | 00:59:44.45 |
| 22/99 | FISSET-HOFER, RACHELLE | 59 | 00:59:55.90 | 09:39 | 10K30-39F | 5/32 | 71/165 | 00:59:55.80 |
| 23/99 | BABB, LETA | 8 | 00:59:56.10 | 09:39 | 10K50-59F | 3/14 | 72/165 | 00:59:51.30 |
| 24/99 | SMITH, LANA | 167 | 01:00:17.05 | 09:42 | 10K30-39F | 6/32 | 73/165 | 01:00:14.40 |
| 25/99 | ROSLAND, ALLISON | 156 | 01:00:17.85 | 09:42 | 10K20-29F | 9/27 | 74/165 | 00:59:55.45 |
| 26/99 | WOOD, SHANDA | 192 | 01:00:34.65 | 09:45 | 10K30-39F | 7/32 | 75/165 | 01:00:25.95 |
| 27/99 | ELGERSMA, LAURA-MARIE | 197 | 01:00:48.75 | 09:47 | 10K40-49F | 5/17 | 76/165 | 01:00:39.65 |
| 28/99 | DANIELS, RUTH | 38 | 01:01:12.90 | 09:51 | 10K20-29F | 10/27 | 77/165 | 01:01:10.15 |
| 29/99 | BROWN, MEGHAN | 21 | 01:01:14.25 | 09:51 | 10K20-29F | 11/27 | 78/165 | 01:00:50.50 |
| 30/99 | POTIUK, KELLY | 147 | 01:01:40.85 | 09:55 | 10K30-39F | 8/32 | 79/165 | 01:01:31.95 |
| 31/99 | MCCALLUM, CARLA | 116 | 01:02:17.70 | 10:01 | 10K30-39F | 9/32 | 80/165 | 01:02:08.30 |
| 32/99 | JACKSON, ANNE | 95 | 01:02:18.70 | 10:02 | 10K50-59F | 4/14 | 81/165 | 01:02:13.30 |
| 33/99 | BUTEAU, CANDICE | 22 | 01:03:06.75 | 10:09 | 10K30-39F | 10/32 | 83/165 | 01:02:54.95 |
| 34/99 | GROVE, CINDY | 73 | 01:03:07.45 | 10:09 | 10K30-39F | 11/32 | 84/165 | 01:01:53.90 |
| 35/99 | NICKLOM, BRITTNEY | 131 | 01:03:08.20 | 10:09 | 10K20-29F | 12/27 | 85/165 | 01:02:44.70 |
| 36/99 | OKELL, ALISEN | 137 | 01:03:59.80 | 10:18 | 10K20-29F | 13/27 | 88/165 | 01:03:36.80 |
| 37/99 | ROBERTS, MEREDITH | 151 | 01:04:05.70 | 10:19 | 10K30-39F | 12/32 | 89/165 | 01:04:01.30 |
| 38/99 | ALEMAN, CHRISTA | 2 | 01:04:06.85 | 10:19 | 10K30-39F | 13/32 | 90/165 | 01:03:57.05 |
| 39/99 | MCRAE, TOBI | 123 | 01:04:16.10 | 10:20 | 10K40-49F | 6/17 | 91/165 | 01:04:04.15 |
| 40/99 | ROMMENS, JANET | 154 | 01:04:18.65 | 10:21 | 10K50-59F | 5/14 | 92/165 | 01:04:14.00 |
| 41/99 | WAGNER, DALLAS | 188 | 01:04:28.65 | 10:23 | 10K30-39F | 14/32 | 93/165 | 01:04:16.55 |
| 42/99 | CROTEAU, JULIE | 36 | 01:05:11.20 | 10:29 | 10K20-29F | 14/27 | 95/165 | 01:04:48.85 |
| 43/99 | BELLAMY, ERIN | 14 | 01:05:24.45 | 10:32 | 10K20-29F | 15/27 | 96/165 | 01:05:18.75 |
| 44/99 | HENKE, CINDY | 90 | 01:05:27.45 | 10:32 | 10K20-29F | 16/27 | 97/165 | 01:05:22.60 |
| 45/99 | OHLMANN, NIKKI | 136 | 01:05:37.80 | 10:34 | 10K20-29F | 17/27 | 98/165 | 01:05:34.65 |
| 46/99 | BATTERSHILL, JAYME | 11 | 01:05:53.45 | 10:36 | 10K20-29F | 18/27 | 99/165 | 01:05:39.95 |
| 47/99 | DRESSEL, CANDACE | 51 | 01:05:54.85 | 10:36 | 10K20-29F | 19/27 | 100/165 | 01:05:30.65 |
| 48/99 | BEASLEY, PATRICE | 13 | 01:06:15.35 | 10:40 | 10K30-39F | 15/32 | 101/165 | 01:06:06.05 |
| 49/99 | CHISHOLM, JOAN | 29 | 01:06:22.05 | 10:41 | 10K40-49F | 7/17 | 102/165 | 01:06:16.00 |
| 50/99 | NIZNIK, KRISTEN | 134 | 01:06:34.00 | 10:43 | 10K40-49F | 8/17 | 103/165 | 01:06:26.60 |
| 51/99 | OSADCZUK, LORNA | 140 | 01:06:50.20 | 10:45 | 10K50-59F | 6/14 | 104/165 | 01:06:33.80 |
| 52/99 | MITCHELL, SAMANTHA | 126 | 01:07:16.65 | 10:50 | 10K20-29F | 20/27 | 105/165 | 01:07:01.90 |
| 53/99 | FERRAZZI, ANNA | 57 | 01:07:28.35 | 10:52 | 10K20-29F | 21/27 | 106/165 | 01:07:22.45 |
| 54/99 | DAVIDSON, COLLEEN | 40 | 01:07:29.80 | 10:52 | 10K40-49F | 9/17 | 107/165 | 01:07:23.05 |
| 55/99 | GREENE, TARA | 72 | 01:07:42.65 | 10:54 | 10K30-39F | 16/32 | 108/165 | 01:07:33.75 |

Overall Gender Results

10K - 6.21 Miles

Female

| Gender | Name | Bib# | Time | Pace | Div | Cat | O/A | Chip Time |
|--------|----------------------|------|-------------|-------|-----------|-------|---------|-------------|
| 56/99 | JAKOBSEN, CORALEE | 97 | 01:08:30.85 | 11:01 | 10K30-39F | 17/32 | 110/165 | 01:08:25.10 |
| 57/99 | MOTOKADO, JEANNINE | 129 | 01:08:50.35 | 11:05 | 10K40-49F | 10/17 | 111/165 | 01:08:43.45 |
| 58/99 | JUSKA, HOLLY | 100 | 01:09:13.05 | 11:08 | 10K20-29F | 22/27 | 112/165 | 01:08:51.80 |
| 59/99 | SCHROEDER, RHIAN | 158 | 01:09:18.10 | 11:09 | 10K30-39F | 18/32 | 113/165 | 01:09:05.00 |
| 60/99 | STOGRE, TARA | 171 | 01:09:29.50 | 11:11 | 10K30-39F | 19/32 | 114/165 | 01:08:48.50 |
| 61/99 | DESJARDINS, CINDY | 49 | 01:10:57.20 | 11:25 | 10K50-59F | 7/14 | 115/165 | 01:10:50.50 |
| 62/99 | CHORNEY, CARRIE | 33 | 01:11:50.75 | 11:34 | 10K30-39F | 20/32 | 117/165 | 01:11:48.10 |
| 63/99 | NORRIS, LAURA | 135 | 01:12:11.05 | 11:37 | 10K30-39F | 21/32 | 118/165 | 01:11:56.75 |
| 64/99 | THOMPSON, LANA | 177 | 01:12:27.95 | 11:40 | 10K30-39F | 22/32 | 119/165 | 01:12:21.75 |
| 65/99 | ROBERTSON, URSULA | 152 | 01:12:57.45 | 11:44 | 10K30-39F | 23/32 | 120/165 | 01:12:25.15 |
| 66/99 | JENSEN, TANIS | 99 | 01:13:10.30 | 11:47 | 10K30-39F | 24/32 | 121/165 | 01:12:49.05 |
| 67/99 | MCNIVEN, BARBARA | 122 | 01:13:31.45 | 11:50 | 10K20-29F | 23/27 | 122/165 | 01:13:24.55 |
| 68/99 | KHOUNVISETH, MANOLAY | 104 | 01:13:42.75 | 11:52 | 10K40-49F | 11/17 | 123/165 | 01:13:16.60 |
| 69/99 | HIEBERT, MIRANDA | 91 | 01:13:48.75 | 11:53 | 10K13-19F | 3/5 | 124/165 | 01:13:45.25 |
| 70/99 | SEMMELOCK, JESSICA | 161 | 01:14:23.65 | 11:58 | 10K13-19F | 4/5 | 125/165 | 01:14:21.25 |
| 71/99 | GALBRAITH, PAULA | 63 | 01:14:34.50 | 12:00 | 10K40-49F | 12/17 | 128/165 | 01:14:27.35 |
| 72/99 | BERG, AMIEE | 15 | 01:14:40.90 | 12:01 | 10K20-29F | 24/27 | 129/165 | 01:14:30.55 |
| 73/99 | GRAY, SHAUNA | 71 | 01:15:14.05 | 12:06 | 10K40-49F | 13/17 | 131/165 | 01:14:57.35 |
| 74/99 | ABBOTT, EILEEN | 1 | 01:15:32.05 | 12:09 | 10K50-59F | 8/14 | 132/165 | 01:15:11.70 |
| 75/99 | MCKENZIE, DIANE | 121 | 01:15:33.70 | 12:10 | 10K50-59F | 9/14 | 133/165 | 01:15:08.80 |
| 76/99 | TODD, JENNIFER | 181 | 01:16:13.50 | 12:16 | 10K30-39F | 25/32 | 135/165 | 01:16:00.50 |
| 77/99 | HAGER, TERRIE | 78 | 01:20:07.05 | 12:54 | 10K50-59F | 10/14 | 137/165 | 01:19:39.65 |
| 78/99 | GLOVER, ASHLEY | 69 | 01:20:20.80 | 12:56 | 10K20-29F | 25/27 | 138/165 | 01:19:27.50 |
| 79/99 | HAMLIN, TONY | 81 | 01:20:56.65 | 13:02 | 10K40-49F | 14/17 | 139/165 | 01:20:18.75 |
| 80/99 | HUTCHISON, REBECCA | 94 | 01:20:56.75 | 13:02 | 10K30-39F | 26/32 | 140/165 | 01:20:18.55 |
| 81/99 | FALKENBERG, SARAH | 55 | 01:21:22.50 | 13:06 | 10K20-29F | 26/27 | 141/165 | 01:21:10.05 |
| 82/99 | COLLIN, KAREN | 35 | 01:27:52.35 | 14:09 | 10K50-59F | 11/14 | 143/165 | 01:27:31.25 |
| 83/99 | HEAL, TRUDI | 89 | 01:30:15.15 | 14:31 | 10K60-69F | 2/4 | 144/165 | 01:30:03.20 |
| 84/99 | HALEY-CALLAGHAN, ANN | 80 | 01:31:05.55 | 14:40 | 10K60-69F | 3/4 | 146/165 | 01:30:56.60 |
| 85/99 | HEAL, DONNA | 86 | 01:31:39.00 | 14:45 | 10K30-39F | 27/32 | 147/165 | 01:31:36.60 |
| 86/99 | CHARLTON, MARCIA | 27 | 01:34:43.10 | 15:15 | 10K30-39F | 28/32 | 149/165 | 01:34:18.10 |
| 87/99 | GODSE, SUJATA | 70 | 01:34:56.65 | 15:17 | 10K40-49F | 15/17 | 150/165 | 01:34:38.50 |
| 88/99 | SEMMELOCK, SANCIA | 162 | 01:37:41.10 | 15:43 | 10K13-19F | 5/5 | 152/165 | 01:37:38.75 |
| 89/99 | BHINDER, BALJINDER | 17 | 01:37:42.05 | 15:43 | 10K30-39F | 29/32 | 153/165 | 01:37:36.55 |
| 90/99 | BARKLEY, SHELLEY | 10 | 01:39:17.30 | 15:59 | 10K50-59F | 12/14 | 154/165 | 01:38:59.40 |
| 91/99 | THIELE, SUSIE | 174 | 01:41:25.95 | 16:20 | 10K30-39F | 30/32 | 155/165 | 01:41:20.75 |
| 92/99 | GETTE, KATHY | 66 | 01:47:21.80 | 17:17 | 10K50-59F | 13/14 | 158/165 | 01:47:03.15 |
| 93/99 | PORTER, CARRIE | 146 | 01:49:48.75 | 17:41 | 10K30-39F | 31/32 | 159/165 | 01:49:42.15 |
| 94/99 | PORTER, BUFFY | 145 | 01:49:49.10 | 17:41 | 10K40-49F | 16/17 | 160/165 | 01:49:43.35 |
| 95/99 | NIZNIK, B. JOAN | 133 | 01:56:23.00 | 18:44 | 10K60-69F | 4/4 | 161/165 | 01:55:53.10 |
| 96/99 | VAN PELT, ARIETTE | 186 | 01:59:37.90 | 19:15 | 10K30-39F | 32/32 | 162/165 | 01:59:08.55 |
| 97/99 | VAN DE KAMP, TANJA | 185 | 01:59:38.35 | 19:16 | 10K40-49F | 17/17 | 163/165 | 01:59:09.00 |
| 98/99 | GRUFFYDD, BETTY | 75 | 02:01:32.65 | 19:34 | 10K50-59F | 14/14 | 164/165 | 02:01:11.70 |
| 99/99 | GRUFFYDD, VANESSA | 76 | 02:01:33.70 | 19:34 | 10K20-29F | 27/27 | 165/165 | 02:01:11.45 |

Overall Gender Results

10K - 6.21 Miles

Male

| Gender | Name | Bib# | Time | Pace | Div | Cat | O/A | Chip Time |
|--------|------------------------|------|-------------|-------|-----------|-------|---------|-------------|
| 1/66 | ST AMANT, MARK | 170 | 00:43:08.75 | 06:56 | 10K40-49M | 1/9 | 1/165 | 00:43:07.55 |
| 2/66 | KEOGAN, TIM | 103 | 00:46:24.50 | 07:28 | 10K50-59M | 1/17 | 2/165 | 00:46:23.35 |
| 3/66 | SEIBEL, DAN | 159 | 00:47:00.45 | 07:34 | 10K20-29M | 1/15 | 3/165 | 00:46:59.65 |
| 4/66 | PETKUS, STEVE | 143 | 00:47:04.45 | 07:34 | 10K30-39M | 1/18 | 4/165 | 00:47:04.35 |
| 5/66 | EGGER, SCOTT | 52 | 00:47:16.20 | 07:36 | 10K50-59M | 2/17 | 5/165 | 00:47:15.30 |
| 6/66 | JACKSON, JASON | 96 | 00:47:34.20 | 07:39 | 10K30-39M | 2/18 | 6/165 | 00:47:34.20 |
| 7/66 | ELGERSMA, SCOTT | 53 | 00:48:14.95 | 07:46 | 10K13-19M | 1/4 | 7/165 | 00:48:11.80 |
| 8/66 | FINNERTY, DANNY | 58 | 00:48:41.85 | 07:50 | 10K20-29M | 2/15 | 8/165 | 00:48:41.35 |
| 9/66 | PROZESKY, BEN | 149 | 00:48:50.15 | 07:51 | 10K20-29M | 3/15 | 9/165 | 00:48:47.75 |
| 10/66 | JUSKA, TRAVIS | 101 | 00:48:59.55 | 07:53 | 10K20-29M | 4/15 | 10/165 | 00:48:58.95 |
| 11/66 | BUTEAU, DEVON | 23 | 00:49:06.70 | 07:54 | 10K30-39M | 3/18 | 12/165 | 00:49:01.30 |
| 12/66 | THIBERT, CORY | 173 | 00:49:55.45 | 08:02 | 10K30-39M | 4/18 | 14/165 | 00:49:53.50 |
| 13/66 | BABB, JAMIE | 7 | 00:50:46.25 | 08:10 | 10K30-39M | 5/18 | 15/165 | 00:50:43.85 |
| 14/66 | ROMMENS, ADAM | 153 | 00:50:51.35 | 08:11 | 10K20-29M | 5/15 | 16/165 | 00:50:51.05 |
| 15/66 | TREMBECKI, STEVEN | 182 | 00:51:17.60 | 08:15 | 10K30-39M | 6/18 | 17/165 | 00:51:15.20 |
| 16/66 | HAGER, TYSON | 79 | 00:51:23.30 | 08:16 | 10K20-29M | 6/15 | 18/165 | 00:51:17.80 |
| 17/66 | SEWALL, CHAD | 163 | 00:51:32.45 | 08:18 | 10K20-29M | 7/15 | 19/165 | 00:51:32.05 |
| 18/66 | DEBLASIO, ALEX | 46 | 00:52:43.75 | 08:29 | 10K13-19M | 2/4 | 24/165 | 00:52:12.85 |
| 19/66 | GABRIELLE, TRENT | 60 | 00:52:57.25 | 08:31 | 10K30-39M | 7/18 | 25/165 | 00:52:43.80 |
| 20/66 | BEASLEY, AUSTIN | 12 | 00:53:00.85 | 08:32 | 10K30-39M | 8/18 | 26/165 | 00:52:51.65 |
| 21/66 | SWAIN, KRESTEN | 172 | 00:53:05.65 | 08:33 | 10K20-29M | 8/15 | 27/165 | 00:53:04.80 |
| 22/66 | SABO, MARK | 157 | 00:53:43.60 | 08:39 | 10K40-49M | 2/9 | 29/165 | 00:53:31.15 |
| 23/66 | GALBRAITH, WOODY | 64 | 00:53:53.80 | 08:40 | 10K13-19M | 3/4 | 30/165 | 00:53:48.30 |
| 24/66 | MCIVER, KIERAN | 119 | 00:53:58.10 | 08:41 | 10K20-29M | 9/15 | 31/165 | 00:53:40.20 |
| 25/66 | MAXWELL-LYSTER, JERROD | 113 | 00:54:04.40 | 08:42 | 10K30-39M | 9/18 | 32/165 | 00:53:57.00 |
| 26/66 | HEAL, GEORDIE | 87 | 00:54:13.85 | 08:43 | 10K30-39M | 10/18 | 33/165 | 00:54:11.70 |
| 27/66 | HEAL, PETER | 88 | 00:54:25.00 | 08:45 | 10K30-39M | 11/18 | 34/165 | 00:54:19.20 |
| 28/66 | CUNNINGHAM, BARNEY | 37 | 00:54:42.35 | 08:48 | 10K60-69M | 1/2 | 37/165 | 00:54:38.90 |
| 29/66 | TILL, WAYNE | 178 | 00:55:07.25 | 08:52 | 10K50-59M | 3/17 | 39/165 | 00:55:05.80 |
| 30/66 | DIEP, TONY | 50 | 00:55:17.70 | 08:54 | 10K20-29M | 10/15 | 41/165 | 00:54:53.70 |
| 31/66 | MEYER, BRENT | 125 | 00:55:17.80 | 08:54 | 10K20-29M | 11/15 | 42/165 | 00:54:55.40 |
| 32/66 | DE JONG, RYAN | 45 | 00:56:16.85 | 09:03 | 10K20-29M | 12/15 | 44/165 | 00:56:10.80 |
| 33/66 | HOWG, KYLE | 93 | 00:56:17.65 | 09:03 | 10K30-39M | 12/18 | 45/165 | 00:56:10.65 |
| 34/66 | TJEERDEMA, SHELDON | 179 | 00:56:48.20 | 09:08 | 10K20-29M | 13/15 | 47/165 | 00:56:39.00 |
| 35/66 | METCALFE, GARY | 124 | 00:56:53.70 | 09:09 | 10K50-59M | 4/17 | 49/165 | 00:56:51.90 |
| 36/66 | HAGER, RON | 77 | 00:56:54.15 | 09:09 | 10K50-59M | 5/17 | 50/165 | 00:56:47.10 |
| 37/66 | ROMMENS, WENDELL | 155 | 00:56:57.90 | 09:10 | 10K50-59M | 6/17 | 51/165 | 00:56:55.30 |
| 38/66 | LAUTISCHER, RICK | 107 | 00:56:58.60 | 09:10 | 10K40-49M | 3/9 | 52/165 | 00:56:47.65 |
| 39/66 | HARRIS, MARK | 83 | 00:58:06.30 | 09:21 | 10K30-39M | 13/18 | 53/165 | 00:58:05.75 |
| 40/66 | PRATT, LARRY | 148 | 00:58:18.35 | 09:23 | 10K50-59M | 7/17 | 55/165 | 00:58:14.70 |
| 41/66 | DEBLASIO, JAMIE | 47 | 00:58:31.45 | 09:25 | 10K30-39M | 14/18 | 57/165 | 00:57:49.45 |
| 42/66 | ENS, MARK | 54 | 00:58:44.20 | 09:27 | 10K40-49M | 4/9 | 58/165 | 00:58:40.15 |
| 43/66 | DARGIE, THOMAS | 39 | 00:58:47.30 | 09:28 | 10K20-29M | 14/15 | 61/165 | 00:58:37.70 |
| 44/66 | WRIGHT, BRYAN | 193 | 00:58:52.15 | 09:28 | 10K13-19M | 4/4 | 62/165 | 00:58:42.05 |
| 45/66 | HANSON, WES | 82 | 00:58:52.40 | 09:28 | 10K40-49M | 5/9 | 63/165 | 00:58:44.25 |
| 46/66 | SMITH, RON | 168 | 00:59:07.55 | 09:31 | 10K50-59M | 8/17 | 65/165 | 00:59:04.60 |
| 47/66 | LYSTER, GLEN | 111 | 00:59:27.95 | 09:34 | 10K50-59M | 9/17 | 66/165 | 00:59:21.35 |
| 48/66 | DEGAGNE, MAURICE | 48 | 00:59:35.05 | 09:35 | 10K50-59M | 10/17 | 67/165 | 00:59:21.90 |
| 49/66 | CAMERON, JAKE | 25 | 00:59:46.30 | 09:37 | 10K30-39M | 15/18 | 69/165 | 00:59:38.60 |
| 50/66 | LE, NAM | 108 | 01:02:45.65 | 10:06 | 10K50-59M | 11/17 | 82/165 | 01:02:18.05 |
| 51/66 | CAMERON, FORREST | 24 | 01:03:08.50 | 10:10 | 10K20-29M | 15/15 | 86/165 | 01:02:44.20 |
| 52/66 | MCCLELLAND, SCOTT | 117 | 01:03:56.90 | 10:17 | 10K30-39M | 16/18 | 87/165 | 01:03:55.25 |
| 53/66 | CHOI, DOHAN | 32 | 01:04:30.05 | 10:23 | 10K40-49M | 6/9 | 94/165 | 01:04:28.10 |
| 54/66 | CHOI, ANDY | 31 | 01:07:58.05 | 10:56 | 10K12UM | 1/1 | 109/165 | 01:07:57.45 |
| 55/66 | KUHL, GREG | 105 | 01:11:02.70 | 11:26 | 10K50-59M | 12/17 | 116/165 | 01:11:00.70 |

Overall Gender Results

10K - 6.21 Miles

Male

| Gender | Name | Bib# | Time | Pace | Div | Cat | O/A | Chip Time |
|--------|------------------|------|-------------|-------|-----------|-------|---------|-------------|
| 56/66 | CHISHOLM, ROBERT | 30 | 01:14:30.70 | 11:59 | 10K50-59M | 13/17 | 126/165 | 01:14:21.40 |
| 57/66 | GALBRAITH, CHAD | 62 | 01:14:34.40 | 12:00 | 10K40-49M | 7/9 | 127/165 | 01:14:27.85 |
| 58/66 | GROVE, SHANE | 74 | 01:14:58.25 | 12:04 | 10K30-39M | 17/18 | 130/165 | 01:14:26.55 |
| 59/66 | WILLIAMS, JAMES | 189 | 01:15:33.85 | 12:10 | 10K50-59M | 14/17 | 134/165 | 01:15:08.55 |
| 60/66 | BERG, BRIAN | 16 | 01:18:30.40 | 12:38 | 10K50-59M | 15/17 | 136/165 | 01:18:19.70 |
| 61/66 | SEYMOUR, NIGEL | 164 | 01:23:48.30 | 13:29 | 10K50-59M | 16/17 | 142/165 | 01:23:31.30 |
| 62/66 | HEAL, BARRY | 85 | 01:30:22.90 | 14:33 | 10K60-69M | 2/2 | 145/165 | 01:30:10.95 |
| 63/66 | DE JONG, BRIAN | 44 | 01:33:58.45 | 15:08 | 10K40-49M | 8/9 | 148/165 | 01:33:38.85 |
| 64/66 | LUKYE, BLAISE | 110 | 01:34:57.10 | 15:17 | 10K30-39M | 18/18 | 151/165 | 01:34:38.85 |
| 65/66 | BLOCK, LAWRENCE | 18 | 01:42:52.10 | 16:33 | 10K40-49M | 9/9 | 156/165 | 01:42:24.30 |
| 66/66 | GETTE, RICHARD | 67 | 01:47:20.75 | 17:17 | 10K50-59M | 17/17 | 157/165 | 01:47:01.95 |