

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 10.25K - 6.37 Miles

## 10K12&amp;UM - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/3	CHOI, ANDY	341	01:11:40.65	06:59	10K12&UM	118/160	51/61	01:11:32.95
2/3	WARNOCK, KEENAN	500	01:14:49.30	07:18	10K12&UM	131/160	53/61	01:14:33.90
3/3	TRABELSI, ADAM	496	01:28:36.40	08:38	10K12&UM	153/160	59/61	01:28:26.70

## 10K13-19F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/4	DESCHAMPS, DEVONIE	354	00:57:35.20	05:37	10K13-19F	49/160	22/99	00:57:29.45
2/4	WIEBE, ALAINA	503	00:58:58.35	05:45	10K13-19F	60/160	28/99	00:58:52.30
3/4	STIMSON, SARAH	290	01:02:15.00	06:04	10K13-19F	78/160	36/99	01:02:08.85
4/4	STIMSON, SHANNON	291	01:02:15.10	06:04	10K13-19F	79/160	37/99	01:02:09.35

## 10K13-19M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/1	DE BLASIO, ALEX	350	00:50:33.70	04:55	10K13-19M	14/160	11/61	00:50:31.00

## 10K20-29F - 29 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/29	ANNICCHIARICO, JENNI	318	00:49:23.20	04:49	10K20-29F	12/160	2/99	00:49:23.15
2/29	ANNICCHIARICO, KRISTA	319	00:51:47.50	05:03	10K20-29F	18/160	4/99	00:51:45.65
3/29	SARAUER, BECKY	467	00:52:33.20	05:07	10K20-29F	20/160	5/99	00:52:30.45
4/29	LEA, RACHEL	416	00:53:19.95	05:12	10K20-29F	21/160	6/99	00:53:18.70
5/29	KIBSEY, SYLVIA	410	00:54:55.35	05:21	10K20-29F	28/160	9/99	00:54:46.65
6/29	ROMMENS, ASHLEY	460	00:55:29.20	05:24	10K20-29F	34/160	13/99	00:55:26.85
7/29	MCROBERT, HILARY	433	00:57:11.40	05:34	10K20-29F	45/160	19/99	00:56:54.95
8/29	DRESSEL, CANDACE	361	00:57:11.55	05:34	10K20-29F	46/160	20/99	00:56:54.95
9/29	FEFCHAK, CHELSEA	365	00:57:19.95	05:35	10K20-29F	48/160	21/99	00:57:17.90
10/29	LIM, SEE-YIN	418	00:58:02.70	05:39	10K20-29F	52/160	24/99	00:57:50.60
11/29	THIESSEN, SAMANTHA	493	01:00:06.40	05:51	10K20-29F	72/160	33/99	01:00:04.15
12/29	JACKSON, MARIA	401	01:02:19.10	06:04	10K20-29F	80/160	38/99	01:02:13.05
13/29	SMITH, ANGELA	476	01:02:25.70	06:05	10K20-29F	81/160	39/99	01:02:11.85
14/29	WILSON, JANNA	507	01:02:49.50	06:07	10K20-29F	85/160	41/99	01:02:41.40
15/29	JUSKA, HOLLY	406	01:02:52.15	06:08	10K20-29F	86/160	42/99	01:02:45.95
16/29	VOLD, CARLA	499	01:02:55.70	06:08	10K20-29F	88/160	44/99	01:02:46.05
17/29	MCELGUNN, JAMIE	428	01:03:51.85	06:13	10K20-29F	95/160	51/99	01:03:38.85
18/29	DANIELS, RUTH	348	01:05:30.50	06:23	10K20-29F	99/160	53/99	01:05:28.15
19/29	WILLIAMS, ASHLEY	504	01:06:53.35	06:31	10K20-29F	102/160	55/99	01:06:31.95
20/29	STINNISSSEN, CIMONE	483	01:08:42.45	06:42	10K20-29F	106/160	58/99	01:08:22.90
21/29	HENKE, CINDY	395	01:09:27.35	06:46	10K20-29F	109/160	60/99	01:09:20.95
22/29	BETTER, MONIQUE	329	01:09:46.30	06:48	10K20-29F	111/160	62/99	01:09:32.85
23/29	DICK, ANGELIA	357	01:12:08.90	07:02	10K20-29F	119/160	68/99	01:07:59.90
24/29	WILSON, LINDSEY	508	01:12:17.05	07:03	10K20-29F	121/160	70/99	01:11:52.65
25/29	ROY, WHITNEY	510	01:13:02.85	07:07	10K20-29F	125/160	74/99	01:12:59.90
26/29	POMEDLI, LUCILLE	423	01:20:07.45	07:49	10K20-29F	143/160	88/99	01:19:42.90
27/29	PICH, SANGVATH	449	01:20:11.60	07:49	10K20-29F	144/160	89/99	01:20:04.90
28/29	COULOMBE-MONTMAGNY, MARIE-EVE	346	01:20:40.05	07:52	10K20-29F	145/160	90/99	01:20:32.20
29/29	LABORET, JESSACA	413	01:23:11.10	08:06	10K20-29F	150/160	94/99	01:22:46.45

## 10K20-29M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/5	GUICHETEAU, CODY	380	00:49:01.60	04:47	10K20-29M	10/160	9/61	00:48:54.60
2/5	ARANETA, MIGO	320	00:53:48.95	05:15	10K20-29M	23/160	17/61	00:53:36.80
3/5	MILLER, BRENDAN	435	01:02:36.05	06:06	10K20-29M	82/160	43/61	01:02:29.30
4/5	WILLIAMS, CHAD	505	01:03:51.90	06:13	10K20-29M	96/160	45/61	01:03:38.95
5/5	PRINS, DANIEL	452	01:08:26.20	06:40	10K20-29M	105/160	48/61	01:08:06.70

## 10K30-39F - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/27	LOO, RHONDA	419	00:43:16.55	04:13	10K30-39F	1/160	1/99	00:43:15.05
2/27	IRWIN, KARYN	399	00:49:32.20	04:49	10K30-39F	13/160	3/99	00:49:27.70
3/27	VAN METRE, GINA	498	00:54:58.55	05:21	10K30-39F	29/160	10/99	00:54:54.20
4/27	LUKYE, LAURA	420	00:54:58.70	05:21	10K30-39F	30/160	11/99	00:54:54.25
5/27	MATYCIO, TRINA	422	00:55:11.55	05:23	10K30-39F	32/160	12/99	00:54:58.10
6/27	HAAG, ELIZABETH	381	00:55:51.65	05:27	10K30-39F	37/160	14/99	00:55:49.80
7/27	O'BRIEN, STEPHANIE	444	00:58:15.60	05:41	10K30-39F	53/160	25/99	00:58:13.45
8/27	LIBOIRON, OLIVIA	417	00:58:28.65	05:42	10K30-39F	55/160	26/99	00:58:26.30
9/27	SCHNEIDER, LEORA	470	00:59:15.90	05:46	10K30-39F	65/160	30/99	00:59:14.10
10/27	STRACH, DENISE	486	00:59:51.00	05:50	10K30-39F	71/160	32/99	

OA/PI = Overall Placing

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Gen/PI = Overall Gender Placing

## Category Results

## 10.25K - 6.37 Miles

## 10K30-39F - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
								00:59:36.70
11/27	GIESBRECHT, JODY	374	01:02:54.00	06:08	10K30-39F	87/160	43/99	01:02:45.95
12/27	BUTEAU, CANDICE	336	01:03:04.00	06:09	10K30-39F	89/160	45/99	01:02:52.30
13/27	POTIUK, KELLY	450	01:03:34.45	06:12	10K30-39F	93/160	49/99	01:03:21.90
14/27	SCHROEDER, RHIAN	472	01:03:39.20	06:12	10K30-39F	94/160	50/99	01:03:26.80
15/27	HARRIS, JENNIFER	387	01:03:57.80	06:14	10K30-39F	97/160	52/99	01:03:45.55
16/27	BORK, CHRISTIE	333	01:05:40.25	06:24	10K30-39F	100/160	54/99	01:05:29.40
17/27	HUBER, GHUENDA	397	01:08:03.40	06:38	10K30-39F	104/160	57/99	01:07:54.45
18/27	MCCALLAN, AMELIA	424	01:10:09.95	06:50	10K30-39F	113/160	64/99	01:09:54.15
19/27	PRINS, SHELLY	454	01:10:20.20	06:51	10K30-39F	114/160	65/99	01:09:55.80
20/27	SCHAFFER, JACKIE	209	01:10:36.20	06:53	10K30-39F	115/160	66/99	01:10:11.80
21/27	STOGRE, TARA	484	01:11:38.30	06:59	10K30-39F	117/160	67/99	01:11:19.35
22/27	GENDRON-MEEK, GENEVIEVE	371	01:12:22.40	07:03	10K30-39F	123/160	72/99	01:12:15.15
23/27	WESSELING, CAROLIEN	502	01:14:14.30	07:14	10K30-39F	129/160	77/99	01:14:08.55
24/27	GERTZEN, AMANDA	373	01:14:19.30	07:15	10K30-39F	130/160	78/99	01:14:13.65
25/27	HALLOCK, TANYA	385	01:17:43.15	07:34	10K30-39F	140/160	86/99	01:17:35.00
26/27	HRABCHUK, SEPTEMBER	396	01:21:16.35	07:55	10K30-39F	149/160	93/99	01:21:02.30
27/27	STANTE, ERIKA	479	01:44:04.30	10:09	10K30-39F	158/160	97/99	01:43:28.45

## 10K30-39M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/26	STONE, STEVE	485	00:44:54.10	04:22	10K30-39M	2/160	1/61	00:44:49.55
2/26	BAERG, JASON	324	00:45:40.00	04:27	10K30-39M	3/160	2/61	00:45:38.25
3/26	PROZESKY, BEN	455	00:47:03.90	04:35	10K30-39M	5/160	4/61	00:47:03.45
4/26	PETKUS, STEVE	447	00:48:11.25	04:42	10K30-39M	6/160	5/61	00:48:10.75
5/26	HUNT, ROB	398	00:48:24.00	04:43	10K30-39M	7/160	6/61	00:48:22.55
6/26	BUTEAU, DEVON	337	00:49:03.95	04:47	10K30-39M	11/160	10/61	00:49:03.20
7/26	BABB, JAMIE	322	00:50:46.55	04:57	10K30-39M	15/160	12/61	00:50:45.25
8/26	MOOLMAN, JOHANNES	438	00:51:19.05	05:00	10K30-39M	16/160	13/61	00:51:14.70
9/26	BARKER, DYLAN	326	00:51:31.30	05:01	10K30-39M	17/160	14/61	00:51:29.65
10/26	SUMMACH, RYAN	487	00:52:03.10	05:04	10K30-39M	19/160	15/61	00:51:50.75
11/26	BHINDER, IRWIN	330	00:53:46.05	05:14	10K30-39M	22/160	16/61	00:53:41.10
12/26	DE BLASIO, JAMIE	351	00:53:50.25	05:15	10K30-39M	24/160	18/61	00:53:47.55
13/26	FLECK, MIKE	367	00:54:53.10	05:21	10K30-39M	27/160	19/61	00:54:37.85
14/26	BAERG, STEPHEN	325	00:55:17.80	05:23	10K30-39M	33/160	21/61	00:55:15.55
15/26	HEAL, GEORGE	391	00:56:11.45	05:28	10K30-39M	39/160	24/61	00:56:00.90
16/26	THIESSEN, NICK	492	00:56:56.55	05:33	10K30-39M	44/160	26/61	00:56:54.00
17/26	TJEERDEMA, SHELDEN	495	00:58:31.85	05:42	10K30-39M	56/160	30/61	00:58:19.85
18/26	GABRIELLE, TRENT	370	00:58:32.45	05:42	10K30-39M	57/160	31/61	00:58:21.15
19/26	SHEPHERD, CODY	474	00:59:09.45	05:46	10K30-39M	63/160	34/61	00:58:47.75
20/26	SWAIN, KRESTEN	490	00:59:10.35	05:46	10K30-39M	64/160	35/61	00:58:47.50
21/26	VAN DER LINDE, ERICH	497	00:59:25.60	05:47	10K30-39M	67/160	37/61	00:59:14.30
22/26	RUTHERFORD, RYAN	465	00:59:38.50	05:49	10K30-39M	69/160	38/61	00:59:23.95
23/26	HEAL, PETER	392	01:01:11.15	05:58	10K30-39M	73/160	40/61	01:01:00.50
24/26	NELSON, ERRIN	440	01:10:52.00	06:54	10K30-39M	116/160	50/61	01:10:37.05
25/26	HEAL, GEOFF	390	01:15:15.80	07:20	10K30-39M	133/160	54/61	01:15:00.25
26/26	CAMERON, JAKE	338	01:20:42.95	07:52	10K30-39M	146/160	56/61	01:20:23.00

## 10K40-49F - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/17	OLSEN, CATHY	445	00:54:10.65	05:17	10K40-49F	25/160	7/99	00:54:09.40
2/17	JENSEN, SHIELA	404	00:57:49.35	05:38	10K40-49F	50/160	23/99	00:57:41.10
3/17	STADNYK, DONNA	478	00:58:46.60	05:44	10K40-49F	58/160	27/99	00:58:38.35
4/17	FISSET, RACHELLE	366	00:59:37.10	05:48	10K40-49F	68/160	31/99	00:59:23.55
5/17	GEREIN, SHANNON	372	01:01:16.95	05:58	10K40-49F	74/160	34/99	01:01:05.55
6/17	SUTHERLAND, SHERRY	489	01:01:17.40	05:58	10K40-49F	75/160	35/99	01:01:06.75
7/17	CHISHOLM, JOAN	339	01:03:10.95	06:09	10K40-49F	90/160	46/99	01:02:55.75
8/17	ROSS, ROXANNE	464	01:03:29.25	06:11	10K40-49F	92/160	48/99	01:03:23.50
9/17	BEEES, CAROLINE	327	01:07:36.75	06:35	10K40-49F	103/160	56/99	01:07:22.70
10/17	FEENEY, MAUREEN	364	01:08:52.95	06:43	10K40-49F	107/160	59/99	01:08:36.75
11/17	DICK, SANDY	359	01:12:36.05	07:04	10K40-49F	124/160	73/99	01:12:15.10
12/17	JAKOBSEN, CORALEE	402	01:13:53.35	07:12	10K40-49F	128/160	76/99	01:13:38.35
13/17	KHOUNVISETH, MANOLAY	409	01:15:06.00	07:19	10K40-49F	132/160	79/99	01:14:45.50
14/17	LAUBENSTEIN, DAWN	414	01:16:38.90	07:28	10K40-49F	135/160	81/99	01:16:17.65

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

## 10.25K - 6.37 Miles

## 10K40-49F - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
15/17	MOTOKADO, JEANNINE	439	01:17:31.65	07:33	10K40-49F	137/160	83/99	01:17:13.85
16/17	FYFE, TRACY	369	01:18:53.70	07:41	10K40-49F	142/160	87/99	01:18:32.45
17/17	THIELE, SUSIE	491	01:21:09.55	07:55	10K40-49F	148/160	92/99	01:20:54.85

## 10K40-49M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/7	JOHNSON, DEAN	405	00:48:40.05	04:44	10K40-49M	8/160	7/61	00:48:37.95
2/7	CHOI, DO HAN	342	00:55:09.20	05:22	10K40-49M	31/160	20/61	00:54:59.80
3/7	HARRIS, MARK	388	00:55:43.15	05:26	10K40-49M	35/160	22/61	00:55:39.40
4/7	SABO, MARK	466	00:58:19.35	05:41	10K40-49M	54/160	29/61	00:58:12.15
5/7	BISHOP, DARREN	331	00:58:57.10	05:45	10K40-49M	59/160	32/61	00:58:50.10
6/7	GROBELLAAR, COBUS	376	00:59:02.30	05:45	10K40-49M	62/160	33/61	00:58:56.90
7/7	BLOCK, LAWRENCE	332	01:33:36.60	09:07	10K40-49M	156/160	60/61	01:33:15.15

## 10K50-59F - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/17	MCMILLAN, KAREN	430	00:54:23.90	05:18	10K50-59F	26/160	8/99	00:53:54.55
2/17	STEHR, PATSY	480	00:55:53.30	05:27	10K50-59F	38/160	15/99	00:55:50.65
3/17	GLEN, LAURIE	375	00:56:24.40	05:30	10K50-59F	40/160	16/99	00:56:23.20
4/17	ARMOUR, NANCY	321	00:56:29.20	05:30	10K50-59F	41/160	17/99	00:56:18.30
5/17	FONG, JANICE	368	00:56:31.80	05:30	10K50-59F	42/160	18/99	00:56:28.50
6/17	MCCORMACK, MARNIE	427	00:59:00.50	05:45	10K50-59F	61/160	29/99	00:58:49.15
7/17	JACKSON, ANNE	400	01:02:48.00	06:07	10K50-59F	84/160	40/99	01:02:36.30
8/17	ROMMENS, JANET	461	01:03:28.95	06:11	10K50-59F	91/160	47/99	01:03:16.90
9/17	OSADCZUK, LORNA	446	01:09:34.90	06:47	10K50-59F	110/160	61/99	01:09:21.00
10/17	NIELSEN, BONNY	442	01:10:05.15	06:50	10K50-59F	112/160	63/99	01:09:49.10
11/17	DESJARDINS, CYNTHIA	355	01:12:14.60	07:02	10K50-59F	120/160	69/99	01:12:02.45
12/17	SARAUER, DENISE	468	01:12:19.20	07:03	10K50-59F	122/160	71/99	01:12:03.50
13/17	ROMMENS, WANDA	462	01:13:30.50	07:10	10K50-59F	127/160	75/99	01:13:17.80
14/17	PHILIPSEN, ANNE MARIE	448	01:15:39.35	07:22	10K50-59F	134/160	80/99	01:15:26.65
15/17	KNELSEN, MARLENE	411	01:16:44.55	07:29	10K50-59F	136/160	82/99	01:16:30.65
16/17	WEBB, ANITA	501	01:17:32.75	07:33	10K50-59F	138/160	84/99	01:17:11.70
17/17	COLLIN, KAREN	345	01:20:43.10	07:52	10K50-59F	147/160	91/99	01:20:22.50

## 10K50-59M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/15	KEOGAN, TIM	408	00:45:52.45	04:28	10K50-59M	4/160	3/61	00:45:51.15
2/15	EGGER, SCOTT	363	00:48:47.20	04:45	10K50-59M	9/160	8/61	00:48:46.10
3/15	SMITH, RON	477	00:55:44.45	05:26	10K50-59M	36/160	23/61	00:55:41.45
4/15	TILL, WAYNE	494	00:56:40.35	05:31	10K50-59M	43/160	25/61	00:56:37.40
5/15	ROMMENS, WENDELL	463	00:57:16.75	05:35	10K50-59M	47/160	27/61	00:57:13.55
6/15	PRATT, LARRY	451	00:57:56.50	05:39	10K50-59M	51/160	28/61	00:57:49.00
7/15	METCALFE, GARY	434	00:59:16.45	05:47	10K50-59M	66/160	36/61	00:59:13.30
8/15	MCCORMACK, JAMES	426	00:59:48.20	05:50	10K50-59M	70/160	39/61	00:59:44.00
9/15	LE, NAM	415	01:01:51.30	06:02	10K50-59M	76/160	41/61	01:01:38.05
10/15	DELONG, JIM	353	01:01:52.65	06:02	10K50-59M	77/160	42/61	01:01:47.70
11/15	HANSON, WES	386	01:02:39.60	06:06	10K50-59M	83/160	44/61	01:02:21.50
12/15	DEJONG, BRIAN	352	01:04:31.60	06:17	10K50-59M	98/160	46/61	01:04:08.85
13/15	WILSON, ED	506	01:06:52.45	06:31	10K50-59M	101/160	47/61	01:06:28.75
14/15	BRAUL, LAWRENCE	334	01:09:18.65	06:45	10K50-59M	108/160	49/61	01:09:00.50
15/15	CHISHOLM, ROBERT	340	01:18:45.50	07:41	10K50-59M	141/160	55/61	01:18:29.65

## 10K60-69F - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/5	MCGREGOR, GISELA	429	01:17:36.00	07:34	10K60-69F	139/160	85/99	01:17:10.75
2/5	HALEY-CALLAGHAN, ANNE	384	01:29:03.85	08:41	10K60-69F	154/160	95/99	01:28:58.25
3/5	HEAL, TRUDI	393	01:30:38.70	08:50	10K60-69F	155/160	96/99	01:30:02.50
4/5	REHM, KATHRYN	458	01:44:04.70	10:09	10K60-69F	159/160	98/99	01:43:28.65
5/5	NIZNIK, B. JOAN	443	01:58:21.90	11:32	10K60-69F	160/160	99/99	01:57:41.75

## 10K60-69M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Category	OA/PI	Gen/PI	Chiptime
1/4	HEINRICHS, HAROLD	394	01:13:28.65	07:10	10K60-69M	126/160	52/61	01:13:09.60
2/4	BERG, BRIAN	328	01:23:55.15	08:11	10K60-69M	151/160	57/61	01:23:48.35
3/4	SEYMOUR, NIGEL	473	01:26:34.85	08:26	10K60-69M	152/160	58/61	01:26:18.35
4/4	HEAL, BARRY	389	01:36:35.20	09:25	10K60-69M	157/160	61/61	01:36:28.20