

2022 Dinosaur Pump It Up Run May 7/2022

Alpha Overall Results

10K - 6.21 Miles

86 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
56/86	ANDERSON, SHARLENE	1123	1:07:10.236	06:28	10:24	10K40-49F	8/15	F	23/44	MEDICINE HAT, ALBERTA
40/86	ANDREWS, SAM	1208	1:00:29.246	05:49	09:22	10K20-29F	4/7	F	14/44	BROOKS, AB
75/86	ANDREWS, SHANNON	1124	1:18:30.312	07:33	12:10	10K40-49F	14/15	F	37/44	BROOKS, ALBERTA
12/86	ARGUE, JOSH	1125	51:06.989	04:55	07:55	10K30-39M	7/16	M	11/42	BROOKS, ALBERTA
29/86	ARMSTRONG, DELLA	1126	57:51.454	05:34	08:58	10K50-59F	3/8	F	9/44	BASSANO, ALBERTA
22/86	BALOG, BLAKE	1127	55:37.103	05:21	08:37	10K30-39M	10/16	M	18/42	DUCHESS, ALBERTA
5/86	BELL, SCOTT	1203	49:38.254	04:46	07:41	10K30-39M	3/16	M	5/42	CALGARY, ALBERTA
86/86	BLOCK, LAWRENCE	1129	1:43:41.100	09:59	16:04	10K50-59M	8/8	M	42/42	BROOKS, ALBERTA
83/86	BROWN, CYNTHIA	1212	1:25:12.878	08:12	13:12	10K50-59F	8/8	F	44/44	EDMONTON, AB
47/86	BROWN, DENISE	1130	1:03:42.547	06:08	09:52	10K40-49F	5/15	F	18/44	CLUNY, ALBERTA
82/86	BRUNSDALE, DONNA	1217	1:25:12.384	08:12	13:12	10K60-69F	5/5	F	43/44	CALGARY, AB
13/86	BULLOCK, BRADLEY	1207	53:00.967	05:06	08:13	10K40-49M	1/7	M	12/42	BROOKS, AB
74/86	CHOW, PHYLLIS	1131	1:17:06.021	07:25	11:57	10K60-69F	4/5	F	36/44	MEDICINE HAT, ALBERTA
9/86	CLOW, JOSH	1132	49:57.230	04:48	07:44	10K30-39M	6/16	M	9/42	BROOKS, ALBERTA
70/86	CONNELLY, KERRY	1133	1:14:37.988	07:11	11:34	10K40-49F	12/15	F	33/44	HIGH RIVER, ALBERTA
8/86	CRAIG, MICHAEL	1134	49:49.903	04:48	07:43	10K13-19M	1/3	M	8/42	BROOKS, ALBERTA
54/86	CUNNINGHAM, BARNEY	1135	1:06:54.726	06:26	10:22	10K70+M	1/1	M	33/42	MEDICINE HAT, ALBERTA
45/86	CYR, TOREE	1200	1:02:29.662	06:01	09:41	10K40-49F	3/15	F	16/44	OKOTOKS, ALBERTA
48/86	DELACRUZ, BRONWYN	1204	1:05:52.710	06:20	10:12	10K20-29F	5/7	F	19/44	CALGARY, ALBERTA
46/86	DRAGANIUK, JESSICA	1136	1:02:34.856	06:01	09:42	10K40-49F	4/15	F	17/44	MEDICINE HAT, ALBERTA
37/86	EBIO, SIDNEY	1137	1:00:16.771	05:48	09:20	10K40-49M	4/7	M	25/42	BROOKS, ALBERTA
19/86	EMERSON, SHERI	1139	54:11.293	05:13	08:24	10K40-49F	1/15	F	2/44	MEDICINE HAT, ALBERTA
50/86	FROH, ADAM	1210	1:06:08.467	06:22	10:15	10K30-39M	13/16	M	31/42	CALGARY, AB
52/86	GARDNER, ERIN	1190	1:06:21.530	06:23	10:17	10K40-49F	6/15	F	21/44	CALGARY, AB
32/86	GAUTHIER, HEATHER	1140	58:20.161	05:37	09:02	10K50-59F	4/8	F	11/44	LETHBRIDGE, ALBERTA
24/86	GEIGER, KRISTEN	1141	56:46.769	05:28	08:48	10K30-39F	4/9	F	5/44	BROOKS, ALBERTA
71/86	GLOMBICK, JESSICA	1142	1:15:31.206	07:16	11:42	10K40-49F	13/15	F	34/44	PATRICIA, ALBERTA
61/86	GOOD EAGLE, L.J.	1143	1:10:31.734	06:47	10:56	10K40-49M	6/7	M	36/42	STANDOFF, ALBERTA
15/86	GROBELAAR, JACOBUS	1144	53:10.674	05:07	08:14	10K50-59M	3/8	M	14/42	BROOKS, ALBERTA
33/86	GUSTAFSON, CHRIS	1145	59:10.562	05:42	09:10	10K40-49M	3/7	M	22/42	REDCLIFF, ALBERTA
26/86	GUSTAFSON, OWEN	1146	57:43.432	05:33	08:56	10K13-19M	3/3	M	20/42	REDCLIFF, ALBERTA
68/86	HAFSO, LINDSEY	1147	1:14:31.476	07:10	11:33	10K30-39F	9/9	F	31/44	LAKE NEWELL RESORT
16/86	HAGER, TYSON	1149	53:12.390	05:07	08:14	10K30-39M	8/16	M	15/42	MEDICINE HAT, ALBERTA
31/86	HARRIS, COENRAAD	1214	58:08.259	05:36	09:00	10K30-39M	11/16	M	21/42	BROOKS, AB
59/86	HARVIE, JAYDEN	1151	1:08:15.151	06:34	10:34	10K30-39M	16/16	M	35/42	BROOKS, ALBERTA
78/86	HAUSER, PAM	1152	1:21:56.931	07:53	12:42	10K50-59F	6/8	F	40/44	CALGARY, ALBERTA
35/86	HIPOLITO, JOHN	1215	59:26.809	05:43	09:12	10K30-39M	12/16	M	23/42	BROOKS, AB
44/86	HOBART, MILES	1206	1:01:48.905	05:57	09:35	10K40-49M	5/7	M	29/42	BROOKS, AB
49/86	HOBLEY, RICHARD	1155	1:06:02.082	06:21	10:14	10K50-59M	6/8	M	30/42	MEDICINE HAT, ALBERTA
25/86	IRWIN, LINDSAY	1156	57:05.608	05:30	08:51	10K20-29F	1/7	F	6/44	BROOKS, ALBERTA
66/86	JACKSON, ANNE	1157	1:12:53.205	07:01	11:18	10K60-69F	3/5	F	29/44	BROOKS, ALBERTA
30/86	JOHANCSIK, ANDREA	1201	58:02.729	05:35	08:59	10K20-29F	2/7	F	10/44	CALGARY, ALBERTA
55/86	JORDET, MELANIE	1158	1:07:01.313	06:27	10:23	10K40-49F	7/15	F	22/44	CYPRESS COUNTY, ALBERTA
42/86	JUSKA, RAYMOND	1216	1:01:04.677	05:53	09:28	10K60-69M	3/4	M	28/42	BROOKS, ALBERTA
4/86	JUSKA, TRAVIS	1160	49:05.874	04:43	07:36	10K30-39M	2/16	M	4/42	COCHRANE, ALBERTA
76/86	KAPELLE, STEPHANIE	1161	1:18:45.800	07:35	12:12	10K20-29F	6/7	F	38/44	CALGARY, ALBERTA
36/86	KSENIC, JOHN	1162	59:35.152	05:44	09:14	10K50-59M	5/8	M	24/42	CALGARY, ALBERTA
64/86	LALONDE, JOSEE	1213	1:11:05.173	06:50	11:01	10K60-69F	2/5	F	28/44	CALGARY, AB
20/86	LEWIS, KATELYN	1164	55:06.621	05:18	08:32	10K30-39F	2/9	F	3/44	BASSANO, ALBERTA
53/86	LIZAMORE, MARTIN	1165	1:06:53.887	06:26	10:22	10K30-39M	14/16	M	32/42	LAKE NEWELL RESORT
58/86	LJA, ROB	1166	1:07:24.649	06:29	10:27	10K30-39M	15/16	M	34/42	COALDALE, ALBERTA
18/86	MARKS, CORWIN	1150	54:07.460	05:12	08:23	10K50-59M	4/8	M	17/42	BROOKS, AB
11/86	MCCLELLAND, ETHAN	1167	50:51.707	04:53	07:53	10K13-19M	2/3	M	10/42	LAKE NEWELL RESORT
65/86	MCCLELLAND, SCOTT	1168	1:12:20.335	06:58	11:12	10K40-49M	7/7	M	37/42	LAKE NEWELL RESORT
10/86	MCMECKEN, SHEVAUN	1169	50:42.955	04:53	07:51	10K30-39F	1/9	F	1/44	BROOKS, ALBERTA
14/86	MOSSEY, TYLER	1170	53:07.833	05:07	08:14	10K40-49M	2/7	M	13/42	BROOKS, ALBERTA
77/86	NIZNIK, BROOKLYN	1171	1:19:44.294	07:40	12:21	10K20-29F	7/7	F	39/44	BROOKS, ALBERTA

2022 Dinosaur Pump It Up Run May 7/2022

Alpha Overall Results

10K - 6.21 Miles

86 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
79/86	NIZNIK, KRISTEN	1172	1:22:06.361	07:54	12:43	10K50-59F	7/8	F	41/44	BROOKS, ALBERTA
85/86	OFTEBRO, NOAH	1174	1:38:50.999	09:31	15:19	10K12&UM	3/3	M	41/42	LAKE NEWELL RESORT
7/86	OSADCZUK, NOLAN	1175	49:48.328	04:47	07:43	10K30-39M	5/16	M	7/42	JENNER, ALBERTA
81/86	OTERO SAAVEDRA, JUAN	1176	1:24:47.730	08:10	13:08	10K50-59M	7/8	M	39/42	BROOKS, ALBERTA
80/86	PALMER, LEAH	1177	1:23:36.246	08:03	12:57	10K40-49F	15/15	F	42/44	BROOKS, ALBERTA
63/86	PIETERSMA, TRINA	1178	1:11:04.095	06:50	11:01	10K30-39F	7/9	F	27/44	LAKE NEWELL RESORT
34/86	PORTER, IVY	1179	59:22.093	05:43	09:12	10K20-29F	3/7	F	12/44	CALGARY, ALBERTA
27/86	RIECHELMANN, TANIS	1181	57:44.450	05:33	08:57	10K50-59F	1/8	F	7/44	MEDICINE HAT, ALBERTA
3/86	ROMMENS, BRIAN	1182	48:05.419	04:37	07:27	10K50-59M	2/8	M	3/42	CALGARY, ALBERTA
60/86	ROMMENS, MARINA	1183	1:08:36.709	06:36	10:38	10K30-39F	6/9	F	25/44	DUCHESS, ALBERTA
6/86	ROMMENS, SCOTT	1184	49:43.188	04:47	07:42	10K30-39M	4/16	M	6/42	DUCHESS, ALBERTA
72/86	ROSS, ROXANNE	1199	1:15:35.523	07:16	11:43	10K50-59F	5/8	F	35/44	BROOKS, AB
84/86	RUSTEBAKKE, WYATT	1185	1:38:50.411	09:31	15:19	10K12&UM	2/3	M	40/42	BROOKS, ALBERTA
23/86	SAINAS, MICHAEL	1211	56:21.923	05:25	08:44	10K60-69M	1/4	M	19/42	CALGARY, AB
69/86	SEWALL, TACE	1186	1:14:35.983	07:11	11:33	10K40-49F	11/15	F	32/44	BROOKS, ALBERTA
28/86	SINGULAR, SHAWNA	1187	57:51.441	05:34	08:58	10K50-59F	2/8	F	8/44	BASSANO, ALBERTA
1/86	SMITH, DARYL	1154	41:28.223	03:59	06:25	10K50-59M	1/8	M	1/42	MEDICINE HAT, ALBERTA
41/86	SNIDER, GIDEON	1188	1:00:34.495	05:50	09:23	10K12&UM	1/3	M	27/42	DUCHESS, ALBERTA
17/86	SNIDER, JASON	1189	53:43.542	05:10	08:19	10K30-39M	9/16	M	16/42	DUCHESS, ALBERTA
73/86	STOLZ, DALE	1191	1:15:41.256	07:17	11:44	10K60-69M	4/4	M	38/42	DUCHESS, ALBERTA
43/86	SUNDE, BRENDA	1192	1:01:16.778	05:54	09:30	10K60-69F	1/5	F	15/44	MAPLE CREEK, SASKATCHEWAN
39/86	SUNDE, MELVIN	1193	1:00:23.041	05:49	09:21	10K60-69M	2/4	M	26/42	MAPLE CREEK, SASKATCHEWAN
67/86	THORNHILL, NIKITA	1194	1:13:43.954	07:06	11:25	10K30-39F	8/9	F	30/44	BROOKS, ALBERTA
21/86	THUE, GLENDA	1195	55:16.857	05:19	08:34	10K30-39F	3/9	F	4/44	BLACKIE, ALBERTA
57/86	VOSSLER, RAELENE	1196	1:07:12.012	06:28	10:25	10K40-49F	9/15	F	24/44	MEDICINE HAT, ALBERTA
38/86	WAGNER, DALLAS	1197	1:00:21.425	05:48	09:21	10K40-49F	2/15	F	13/44	BROOKS, ALBERTA
51/86	WATSON, JANELLE	1209	1:06:21.431	06:23	10:17	10K30-39F	5/9	F	20/44	CALGARY, AB
62/86	WEDMAN, CARMEN	1198	1:10:58.851	06:50	11:00	10K40-49F	10/15	F	26/44	ROCKY MOUNTAIN HOUSE
2/86	WHITING, DANIEL	1202	45:13.043	04:21	07:00	10K30-39M	1/16	M	2/42	CALGARY, ALBERTA