

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles  
86 Finishers

## 10K12&amp;UM - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	SNIDER, GIDEON	1188	1:00:34.495	05:50	09:23	41/86	27/42	+00:00:00	DUCHESS
2/3	RUSTEBAKKE, WYATT	1185	1:38:50.411	09:31	15:19	84/86	40/42	+00:38:15	BROOKS
3/3	OFTEBRO, NOAH	1174	1:38:50.999	09:31	15:19	85/86	41/42	+00:38:16	LAKE NEWELL RE

## 10K13-19M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	CRAIG, MICHAEL	1134	49:49.903	04:48	07:43	8/86	8/42	+00:00:00	BROOKS
2/3	MCCLELLAND, ETHAN	1167	50:51.707	04:53	07:53	11/86	10/42	+00:01:01	LAKE NEWELL RE
3/3	GUSTAFSON, OWEN	1146	57:43.432	05:33	08:56	26/86	20/42	+00:07:53	REDCLIFF

## 10K20-29F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	IRWIN, LINDSAY	1156	57:05.608	05:30	08:51	25/86	6/44	+00:00:00	BROOKS
2/7	JOHANCNIK, ANDREA	1201	58:02.729	05:35	08:59	30/86	10/44	+00:00:57	CALGARY
3/7	PORTER, IVY	1179	59:22.093	05:43	09:12	34/86	12/44	+00:02:16	CALGARY
4/7	ANDREWS, SAM	1208	1:00:29.246	05:49	09:22	40/86	14/44	+00:03:23	BROOKS
5/7	DELACRUZ, BRONWYN	1204	1:05:52.710	06:20	10:12	48/86	19/44	+00:08:47	CALGARY
6/7	KAPELLE, STEPHANIE	1161	1:18:45.800	07:35	12:12	76/86	38/44	+00:21:40	CALGARY
7/7	NIZNIK, BROOKLYN	1171	1:19:44.294	07:40	12:21	77/86	39/44	+00:22:38	BROOKS

## 10K30-39F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	MCMECKEN, SHEVAUN	1169	50:42.955	04:53	07:51	10/86	1/44	+00:00:00	BROOKS
2/9	LEWIS, KATELYN	1164	55:06.621	05:18	08:32	20/86	3/44	+00:04:23	BASSANO
3/9	THUE, GLENDA	1195	55:16.857	05:19	08:34	21/86	4/44	+00:04:33	BLACKIE
4/9	GEIGER, KRISTEN	1141	56:46.769	05:28	08:48	24/86	5/44	+00:06:03	BROOKS
5/9	WATSON, JANELLE	1209	1:06:21.431	06:23	10:17	51/86	20/44	+00:15:38	CALGARY
6/9	ROMMENS, MARINA	1183	1:08:36.709	06:36	10:38	60/86	25/44	+00:17:53	DUCHESS
7/9	PIETERSMA, TRINA	1178	1:11:04.095	06:50	11:01	63/86	27/44	+00:20:21	LAKE NEWELL RE
8/9	THORNHILL, NIKITA	1194	1:13:43.954	07:06	11:25	67/86	30/44	+00:23:00	BROOKS
9/9	HAFSO, LINDSEY	1147	1:14:31.476	07:10	11:33	68/86	31/44	+00:23:48	LAKE NEWELL RE

## 10K30-39M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/16	WHITING, DANIEL	1202	45:13.043	04:21	07:00	2/86	2/42	+00:00:00	CALGARY
2/16	JUSKA, TRAVIS	1160	49:05.874	04:43	07:36	4/86	4/42	+00:03:52	COCHRANE
3/16	BELL, SCOTT	1203	49:38.254	04:46	07:41	5/86	5/42	+00:04:25	CALGARY
4/16	ROMMENS, SCOTT	1184	49:43.188	04:47	07:42	6/86	6/42	+00:04:30	DUCHESS
5/16	OSADCZUK, NOLAN	1175	49:48.328	04:47	07:43	7/86	7/42	+00:04:35	JENNER
6/16	CLOW, JOSH	1132	49:57.230	04:48	07:44	9/86	9/42	+00:04:44	BROOKS
7/16	ARGUE, JOSH	1125	51:06.989	04:55	07:55	12/86	11/42	+00:05:53	BROOKS
8/16	HAGER, TYSON	1149	53:12.390	05:07	08:14	16/86	15/42	+00:07:59	MEDICINE HAT
9/16	SNIDER, JASON	1189	53:43.542	05:10	08:19	17/86	16/42	+00:08:30	DUCHESS
10/16	BALOG, BLAKE	1127	55:37.103	05:21	08:37	22/86	18/42	+00:10:24	DUCHESS
11/16	HARRIS, COENRAAD	1214	58:08.259	05:36	09:00	31/86	21/42	+00:12:55	BROOKS
12/16	HIPOLITO, JOHN	1215	59:26.809	05:43	09:12	35/86	23/42	+00:14:13	BROOKS
13/16	FROH, ADAM	1210	1:06:08.467	06:22	10:15	50/86	31/42	+00:20:55	CALGARY
14/16	LIZAMORE, MARTIN	1165	1:06:53.887	06:26	10:22	53/86	32/42	+00:21:40	LAKE NEWELL RE
15/16	LJA, ROB	1166	1:07:24.649	06:29	10:27	58/86	34/42	+00:22:11	COALDALE
16/16	HARVIE, JAYDEN	1151	1:08:15.151	06:34	10:34	59/86	35/42	+00:23:02	BROOKS

## 10K40-49F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	EMERSON, SHERI	1139	54:11.293	05:13	08:24	19/86	2/44	+00:00:00	MEDICINE HAT
2/15	WAGNER, DALLAS	1197	1:00:21.425	05:48	09:21	38/86	13/44	+00:06:10	BROOKS
3/15	CYR, TOREE	1200	1:02:29.662	06:01	09:41	45/86	16/44	+00:08:18	OKOTOKS
4/15	DRAGANIUK, JESSICA	1136	1:02:34.856	06:01	09:42	46/86	17/44	+00:08:23	MEDICINE HAT
5/15	BROWN, DENISE	1130	1:03:42.547	06:08	09:52	47/86	18/44	+00:09:31	CLUNY
6/15	GARDNER, ERIN	1190	1:06:21.530	06:23	10:17	52/86	21/44	+00:12:10	CALGARY
7/15	JORDET, MELANIE	1158	1:07:01.313	06:27	10:23	55/86	22/44	+00:12:50	CYPRESS COUNT
8/15	ANDERSON, SHARLENE	1123	1:07:10.236	06:28	10:24	56/86	23/44	+00:12:58	MEDICINE HAT
9/15	VOSSLER, RAELENE	1196	1:07:12.012	06:28	10:25	57/86	24/44	+00:13:00	MEDICINE HAT
10/15	WEDMAN, CARMEN	1198	1:10:58.851	06:50	11:00	62/86	26/44	+00:16:47	ROCKY MOUNTAIN
11/15	SEWALL, TACE	1186	1:14:35.983	07:11	11:33	69/86	32/44	+00:20:24	BROOKS
12/15	CONNELLY, KERRY	1133	1:14:37.988	07:11	11:34	70/86	33/44	+00:20:26	HIGH RIVER
13/15	GLOMBICK, JESSICA	1142	1:15:31.206	07:16	11:42	71/86	34/44	+00:21:19	PATRICIA
14/15	ANDREWS, SHANNON	1124	1:18:30.312	07:33	12:10	75/86	37/44	+00:24:19	BROOKS
15/15	PALMER, LEAH	1177	1:23:36.246	08:03	12:57	80/86	42/44	+00:29:24	BROOKS

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
86 Finishers

## 10K40-49M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	BULLOCK, BRADLEY	1207	53:00.967	05:06	08:13	13/86	12/42	+00:00:00	BROOKS
2/7	MOSSEY, TYLER	1170	53:07.833	05:07	08:14	14/86	13/42	+00:00:06	BROOKS
3/7	GUSTAFSON, CHRIS	1145	59:10.562	05:42	09:10	33/86	22/42	+00:06:09	REDCLIFF
4/7	EBIO, SIDNEY	1137	1:00:16.771	05:48	09:20	37/86	25/42	+00:07:15	BROOKS
5/7	HOBART, MILES	1206	1:01:48.905	05:57	09:35	44/86	29/42	+00:08:47	BROOKS
6/7	GOOD EAGLE, L.J.	1143	1:10:31.734	06:47	10:56	61/86	36/42	+00:17:30	STANDOFF
7/7	MCCLELLAND, SCOTT	1168	1:12:20.335	06:58	11:12	65/86	37/42	+00:19:19	LAKE NEWELL RE

## 10K50-59F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	RIEHELMMANN, TANIS	1181	57:44.450	05:33	08:57	27/86	7/44	+00:00:00	MEDICINE HAT
2/8	SINGULAR, SHAWNA	1187	57:51.441	05:34	08:58	28/86	8/44	+00:00:06	BASSANO
3/8	ARMSTRONG, DELLA	1126	57:51.454	05:34	08:58	29/86	9/44	+00:00:07	BASSANO
4/8	GAUTHIER, HEATHER	1140	58:20.161	05:37	09:02	32/86	11/44	+00:00:35	LETHBRIDGE
5/8	ROSS, ROXANNE	1199	1:15:35.523	07:16	11:43	72/86	35/44	+00:17:51	BROOKS
6/8	HAUSER, PAM	1152	1:21:56.931	07:53	12:42	78/86	40/44	+00:24:12	CALGARY
7/8	NIZNIK, KRISTEN	1172	1:22:06.361	07:54	12:43	79/86	41/44	+00:24:21	BROOKS
8/8	BROWN, CYNTHIA	1212	1:25:12.878	08:12	13:12	83/86	44/44	+00:27:28	EDMONTON

## 10K50-59M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	SMITH, DARYL	1154	41:28.223	03:59	06:25	1/86	1/42	+00:00:00	MEDICINE HAT
2/8	ROMMENS, BRIAN	1182	48:05.419	04:37	07:27	3/86	3/42	+00:06:37	CALGARY
3/8	GROBELAAR, JACOBUS	1144	53:10.674	05:07	08:14	15/86	14/42	+00:11:42	BROOKS
4/8	MARKS, CORWIN	1150	54:07.460	05:12	08:23	18/86	17/42	+00:12:39	BROOKS
5/8	KSENIC, JOHN	1162	59:35.152	05:44	09:14	36/86	24/42	+00:18:06	CALGARY
6/8	HOBLEY, RICHARD	1155	1:06:02.082	06:21	10:14	49/86	30/42	+00:24:33	MEDICINE HAT
7/8	OTERO SAAVEDRA, JUAN	1176	1:24:47.730	08:10	13:08	81/86	39/42	+00:43:19	BROOKS
8/8	BLOCK, LAWRENCE	1129	1:43:41.100	09:59	16:04	86/86	42/42	+01:02:12	BROOKS

## 10K60-69F - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	SUNDE, BRENDA	1192	1:01:16.778	05:54	09:30	43/86	15/44	+00:00:00	MAPLE CREEK
2/5	LALONDE, JOSEE	1213	1:11:05.173	06:50	11:01	64/86	28/44	+00:09:48	CALGARY
3/5	JACKSON, ANNE	1157	1:12:53.205	07:01	11:18	66/86	29/44	+00:11:36	BROOKS
4/5	CHOW, PHYLLIS	1131	1:17:06.021	07:25	11:57	74/86	36/44	+00:15:49	MEDICINE HAT
5/5	BRUNSDALE, DONNA	1217	1:25:12.384	08:12	13:12	82/86	43/44	+00:23:55	CALGARY

## 10K60-69M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	SAINAS, MICHAEL	1211	56:21.923	05:25	08:44	23/86	19/42	+00:00:00	CALGARY
2/4	SUNDE, MELVIN	1193	1:00:23.041	05:49	09:21	39/86	26/42	+00:04:01	MAPLE CREEK
3/4	JUSKA, RAYMOND	1216	1:01:04.677	05:53	09:28	42/86	28/42	+00:04:42	BROOKS
4/4	STOLZ, DALE	1191	1:15:41.256	07:17	11:44	73/86	38/42	+00:19:19	DUCHESS

## 10K70+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	CUNNINGHAM, BARNEY	1135	1:06:54.726	06:26	10:22	54/86	33/42	+00:00:00	MEDICINE HAT