

## Overall Gender Results

## 5K - 3.1 Miles

## Female 59

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/59	KEARLEY, JACLYN	662	26:06.838	05:13	08:23	5K20-29F	1/7	12/106	REGINA, SASKATCHEW
2/59	KRUEGER, SYDNEY	664	27:00.599	05:24	08:41	5K20-29F	2/7	14/106	BROOKS, ALBERTA
3/59	NADEAU, KENDRA	684	27:07.132	05:25	08:43	5K20-29F	3/7	16/106	BROOKS, ALBERTA
4/59	TOWNLEY, JULIA	715	27:11.602	05:26	08:44	5K13-19F	1/5	17/106	LETHBRIDGE, ALBERTA
5/59	STEWART, ALESHA	734	27:29.420	05:29	08:50	5K30-39F	1/12	18/106	BLACKIE, ALBERTA
6/59	KOCH, GENEVIEVE	663	27:43.399	05:32	08:54	5K13-19F	2/5	19/106	CHAMPION, ALBERTA
7/59	COLLINS, JANNA	638	27:44.380	05:32	08:55	5K30-39F	2/12	20/106	CRANBROOK, BRITISH CO
8/59	GROBBELAAR, KATE	647	28:52.454	05:46	09:17	5K12&UF	1/6	23/106	BROOKS, ALBERTA
9/59	NG, CHELSEY	735	29:40.218	05:56	09:32	5K20-29F	4/7	31/106	EDMONTON, AB
10/59	YOZIPOVIC, OLIVIA	733	29:54.121	05:58	09:36	5K20-29F	5/7	32/106	HIGH RIVER, ALBERTA
11/59	ALLAN, RENEE	623	30:19.907	06:03	09:45	5K13-19F	3/5	33/106	BROOKS, ALBERTA
12/59	GUSTAFSON, SADIE	652	30:25.781	06:05	09:47	5K13-19F	4/5	36/106	REDCLIFF, ALBERTA
13/59	MACDONALD, CATHY	672	30:34.339	06:06	09:49	5K40-49F	1/15	37/106	BROOKS, ALBERTA
14/59	ERESMAN, KAYLA	640	31:27.573	06:17	10:06	5K30-39F	3/12	38/106	BROOKS, ALBERTA
15/59	CLARKE-IRWIN, LEE	636	31:39.555	06:19	10:10	5K60-69F	1/5	39/106	BROOKS, ALBERTA
16/59	ROMMENS, JANET	702	32:10.563	06:26	10:20	5K60-69F	2/5	44/106	BROOKS, ALBERTA
17/59	DEJONG, TERRI	727	32:12.688	06:26	10:21	5K50-59F	1/9	46/106	BROOKS, AB
18/59	MCKINNEY, STEPHANIE	681	32:47.784	06:33	10:32	5K30-39F	4/12	49/106	BROOKS, ALBERTA
19/59	SEWALL, TESSA	708	32:51.974	06:34	10:34	5K12&UF	2/6	50/106	BROOKS, ALBERTA
20/59	WOHLERS, SHARLA	1205	33:03.145	06:36	10:37	5K40-49F	2/15	51/106	BROOKS, AB
21/59	BALOG, MARIE-EVE	625	33:11.804	06:38	10:40	5K30-39F	5/12	54/106	DUCHESS, ALBERTA
22/59	RENNER, SARA	731	33:51.485	06:46	10:53	5K40-49F	3/15	56/106	CANMORE, ALBERTA
23/59	JANSMA, STACEY	659	33:54.151	06:46	10:54	5K30-39F	6/12	58/106	BURSTALL, SASKATCHEW
24/59	BOEKEL, RACHEL	633	33:55.846	06:47	10:54	5K40-49F	4/15	59/106	CANMORE, ALBERTA
25/59	TIFFIN, LISA	714	34:34.055	06:54	11:06	5K30-39F	7/12	61/106	BROOKS, ALBERTA
26/59	BECKER, KELTY	628	34:55.820	06:59	11:13	5K30-39F	8/12	62/106	BROOKS, ALBERTA
27/59	BECKER, DALYS	627	34:56.429	06:59	11:14	5K12&UF	3/6	63/106	BROOKS, ALBERTA
28/59	LIBOIRON, LORRAINE	667	35:28.662	07:05	11:24	5K60-69F	3/5	64/106	MEDICINE HAT, ALBERTA
29/59	VAN ENGELEN, ELISA	718	36:03.476	07:12	11:35	5K40-49F	5/15	65/106	BASSANO, ALBERTA
30/59	RHODES, BARB	728	36:27.768	07:17	11:43	5K50-59F	2/9	67/106	BROOKS, AB
31/59	ANDERSON, NANNY	729	36:29.459	07:17	11:44	5K40-49F	6/15	68/106	BROOKS, AB
32/59	GUSTAFSON, ANDRA	651	36:33.198	07:18	11:45	5K40-49F	7/15	69/106	REDCLIFF, ALBERTA
33/59	RILEY, AMANDA	701	37:40.114	07:32	12:06	5K40-49F	8/15	71/106	DUCHESS, ALBERTA
34/59	SANFORD, NADINE	706	37:49.101	07:33	12:09	5K40-49F	9/15	72/106	BROOKS, ALBERTA
35/59	SINCLAIR, LAUREN	709	39:46.269	07:57	12:47	5K30-39F	9/12	73/106	BROOKS, ALBERTA
36/59	WOLF, RACHEL	719	39:46.972	07:57	12:47	5K20-29F	6/7	74/106	BROOKS, ALBERTA
37/59	GERRIOR, SANGVATH	641	40:48.538	08:09	13:07	5K30-39F	10/12	75/106	BROOKS, ALBERTA
38/59	LIZAMORE, LINSIA	669	44:35.919	08:55	14:20	5K30-39F	11/12	81/106	LAKE NEWELL RESORT, A
39/59	PATTON, ALISON	689	44:36.024	08:55	14:20	5K50-59F	3/9	82/106	BROOKS, ALBERTA
40/59	LIZAMORE, ALISMI	668	44:36.201	08:55	14:20	5K12&UF	4/6	83/106	LAKE NEWELL RESORT, A
41/59	SWEET GRASS, SARAH	711	46:50.588	09:22	15:03	5K40-49F	10/15	84/106	STANDOFF, ALBERTA
42/59	MCCLELLAND, KIM	680	48:18.132	09:39	15:31	5K40-49F	11/15	85/106	LAKE NEWELL RESORT, A
43/59	GROBBELAAR, THELMA	648	48:19.541	09:39	15:32	5K40-49F	12/15	86/106	BROOKS, ALBERTA
44/59	POTGIETER, LAIKEN	698	48:21.858	09:40	15:33	5K12&UF	5/6	87/106	BROOKS, ALBERTA
45/59	HARDING, JAIME	655	48:33.940	09:42	15:36	5K40-49F	13/15	88/106	ROSEMARY, ALBERTA
46/59	HEAL, OLIVIA	732	50:26.261	10:05	16:13	5K13-19F	5/5	90/106	LAKE NEWELL RESORT, A
47/59	STINNISSON, CHRISTINE	724	50:54.192	10:10	16:22	5K60-69F	4/5	91/106	BROOKS, ALBERTA
48/59	PATTON, MARIE	693	50:55.685	10:11	16:22	5K30-39F	12/12	92/106	BROOKS, ALBERTA
49/59	PATTON, RAEGAN	694	50:55.704	10:11	16:22	5K12&UF	6/6	93/106	BROOKS, ALBERTA
50/59	ROSLAND, SHELLEY	704	53:54.094	10:46	17:19	5K60-69F	5/5	94/106	BROOKS, ALBERTA
51/59	MATSON, DESIREE	674	55:24.162	11:04	17:48	5K50-59F	4/9	95/106	BLUFFTON, ALBERTA
52/59	BEELEY, KATHY	632	55:25.875	11:05	17:49	5K50-59F	5/9	96/106	BLUFFTON, ALBERTA
53/59	KRUSZELNICKI, JACQUELINE	665	56:20.311	11:16	18:06	5K20-29F	7/7	97/106	BROOKS, ALBERTA
54/59	UNSER, KIMBERLY	716	56:20.754	11:16	18:07	5K50-59F	6/9	98/106	BROOKS, ALBERTA
55/59	BURNS, CINDEE	635	56:21.604	11:16	18:07	5K50-59F	7/9	99/106	BASSANO, ALBERTA

## Overall Gender Results

## 5K - 3.1 Miles

## Female 59

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/59	HEGGS, LINDA	658	56:22.090	11:16	18:07	5K40-49F	14/15	100/106	LETHBRIDGE, ALBERTA
57/59	LABABIT, RUTHZEL	736	57:46.058	11:33	18:34	5K40-49F	15/15	102/106	BROOKS, AB
58/59	BRAGG, KELLY	634	1:00:16.308	12:03	19:22	5K50-59F	8/9	103/106	DUCHESS, ALBERTA
59/59	CLAY, JACKIE	637	1:00:16.572	12:03	19:22	5K50-59F	9/9	104/106	DUCHESS, ALBERTA

## Male 47

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/47	BORKOVIC, BENJAMIN	721	19:54.718	03:58	06:24	5K30-39M	1/6	1/106	CALGARY, ALBERTA
2/47	MESHEN, ROBBIE	723	20:10.793	04:02	06:29	5K40-49M	1/10	2/106	MEDICINE HAT, ALBERTA
3/47	BECKER, WAYLON	630	20:26.492	04:05	06:34	5K13-19M	1/5	3/106	BROOKS, ALBERTA
4/47	PATTON, CALLUM	691	22:50.200	04:34	07:20	5K20-29M	1/5	4/106	BROOKS, ALBERTA
5/47	KEARLEY, CALEB	661	22:56.756	04:35	07:22	5K20-29M	2/5	5/106	REGINA, SASKATCHEW
6/47	GROBBELAAR, ANDREW	644	22:58.943	04:35	07:23	5K12&UM	1/14	6/106	BROOKS, ALBERTA
7/47	GROBBELAAR, JONATHAN	646	22:59.506	04:35	07:23	5K12&UM	2/14	7/106	BROOKS, ALBERTA
8/47	LEVASSEUR, JESSE	666	23:10.381	04:38	07:27	5K20-29M	3/5	8/106	MEDICINE HAT, ALBERTA
9/47	GROBBELAAR, ANTHONY	645	24:15.461	04:51	07:47	5K12&UM	3/14	9/106	BROOKS, ALBERTA
10/47	MAXWELL-LYSTER, JERROD	675	25:22.416	05:04	08:09	5K40-49M	2/10	10/106	LAKE NEWELL RESORT, A
11/47	BECKER, ZANE	631	25:23.606	05:04	08:09	5K13-19M	2/5	11/106	BROOKS, ALBERTA
12/47	BUTEAU, RAFF	726	26:11.286	05:14	08:25	5K13-19M	3/5	13/106	BROOKS, AB
13/47	OLSON, KEL	687	27:06.006	05:25	08:42	5K30-39M	2/6	15/106	BALZAC, ALBERTA
14/47	HOPKINS, CODY	725	27:59.924	05:35	09:00	5K30-39M	3/6	21/106	BROOKS, ALBERTA
15/47	BECKER, TREY	629	28:14.666	05:38	09:04	5K13-19M	4/5	22/106	BROOKS, ALBERTA
16/47	HEAL, ARLO	739	29:02.748	05:48	09:20	5K12&UM	4/14	24/106	LAKE NEWELL RESORT, A
17/47	POTGIETER, SAREL	1180	29:06.096	05:49	09:21	5K40-49M	3/10	25/106	BROOKS, ALBERTA
18/47	GIESBRECHT, BEN	643	29:10.708	05:50	09:22	5K20-29M	4/5	26/106	TILLEY, ALBERTA
19/47	MAXWELL-LYSTER, TOR	679	29:13.062	05:50	09:23	5K12&UM	5/14	27/106	LAKE NEWELL RESORT, A
20/47	ROMMENS, WENDELL	703	29:19.455	05:51	09:25	5K60-69M	1/1	28/106	BROOKS, ALBERTA
21/47	MAXWELL-LYSTER, LARS	676	29:28.041	05:53	09:28	5K12&UM	6/14	29/106	LAKE NEWELL RESORT, A
22/47	COPELAND, TREVOR	639	29:38.944	05:55	09:32	5K50-59M	1/5	30/106	MEDICINE HAT, ALBERTA
23/47	HEAL, PETER	657	30:21.782	06:04	09:45	5K40-49M	4/10	34/106	LAKE NEWELL RESORT, A
24/47	BECKER, ASH	626	30:24.195	06:04	09:46	5K40-49M	5/10	35/106	BROOKS, ALBERTA
25/47	GROVE, LUKAS	650	31:45.746	06:21	10:12	5K12&UM	7/14	40/106	MEDICINE HAT, ALBERTA
26/47	GROVE, JOE	649	31:46.449	06:21	10:13	5K40-49M	6/10	41/106	MEDICINE HAT, ALBERTA
27/47	PIDLUBNY, TYLER	696	32:05.077	06:25	10:18	5K40-49M	7/10	42/106	REGINA, SASKATCHEW
28/47	HARDING, BECKETT	654	32:05.327	06:25	10:19	5K12&UM	8/14	43/106	ROSEMARY, ALBERTA
29/47	MARTIREZ, NATHANIEL	722	32:12.150	06:26	10:21	5K30-39M	4/6	45/106	BROOKS, ALBERTA
30/47	ARTHUR, JEFF	624	32:20.484	06:28	10:23	5K40-49M	8/10	47/106	BROOKS, ALBERTA
31/47	RINCAN, DOUGLAS	738	32:47.366	06:33	10:32	5K12&UM	9/14	48/106	BROOKS, AB
32/47	PATTON, KEEGAN	692	33:10.503	06:38	10:40	5K30-39M	5/6	52/106	BROOKS, ALBERTA
33/47	PATTON, AXTON	690	33:11.040	06:38	10:40	5K12&UM	10/14	53/106	BROOKS, ALBERTA
34/47	MCMECKEN, CRAIG	682	33:40.442	06:44	10:49	5K20-29M	5/5	55/106	BROOKS, ALBERTA
35/47	OLSENBERG, NEAL	737	33:52.434	06:46	10:53	5K40-49M	9/10	57/106	BROOKS, AB
36/47	PRUS, ROBERT	699	34:24.387	06:52	11:03	5K50-59M	2/5	60/106	BROOKS, ALBERTA
37/47	OFTEBRO, CURTIS	686	36:15.247	07:15	11:39	5K30-39M	6/6	66/106	BROOKS, ALBERTA
38/47	OFTEBRO, AIDEN	685	37:36.130	07:31	12:05	5K12&UM	11/14	70/106	BROOKS, ALBERTA
39/47	GIBB, DON	642	40:54.469	08:10	13:09	5K70+M	1/1	76/106	ROSEMARY, ALBERTA
40/47	MACDONALD, DAN	673	42:32.964	08:30	13:40	5K50-59M	3/5	77/106	BROOKS, ALBERTA
41/47	SEWALL, TAYVEN	707	42:39.245	08:31	13:42	5K12&UM	12/14	78/106	BROOKS, ALBERTA
42/47	LIZAMORE, PIETER	670	44:34.977	08:54	14:20	5K12&UM	13/14	79/106	LAKE NEWELL RESORT, A
43/47	PATTON, RANDY	695	44:35.545	08:55	14:20	5K50-59M	4/5	80/106	BROOKS, ALBERTA
44/47	HARDING, MAX	656	48:34.058	09:42	15:36	5K13-19M	5/5	89/106	ROSEMARY, ALBERTA
45/47	POTGIETER, COBUS	697	57:44.196	11:32	18:33	5K12&UM	14/14	101/106	BROOKS, ALBERTA
46/47	MOORE, ALAN	683	1:00:20.291	12:04	19:24	5K50-59M	5/5	105/106	DUCHESS, ALBERTA
47/47	GRANDI, THOMAS	653	1:05:39.948	13:07	21:06	5K40-49M	10/10	106/106	CANMORE, ALBERTA