

## 2024 Dinosaur Pump It Up Run May 4/2024

## Alpha Overall Results

## 10.38K - 6.45 Miles

## 88 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
55/88	ASHRAFF, KAREN	1241	1:09:36.669	06:42	10:47	10K40-49F	10/15	F	24/45	CALGARY, AB
64/88	BALLS, DAVID	1231	1:14:09.364	07:08	11:29	10K40-49M	12/14	M	34/43	BROOKS, ALBERTA
2/88	BALOG, BLAKE	1232	44:36.424	04:17	06:54	10K30-39M	2/9	M	2/43	DUCHESS, ALBERTA
52/88	BEATON, LAUREL	1233	1:07:24.136	06:29	10:26	10K40-49F	9/15	F	22/45	LAKE NEWELL RESORT
9/88	BECKER, ASH	1234	51:00.247	04:54	07:54	10K40-49M	4/14	M	9/43	BROOKS, ALBERTA
37/88	BITTNER, KARLY	1321	1:02:58.149	06:03	09:45	10K20-29F	1/5	F	15/45	CANMORE, AB
82/88	BLOCK, LAWRENCE	1235	1:45:23.745	10:09	16:20	10K50-59M	7/7	M	42/43	BROOKS, ALBERTA
68/88	CHOI, DOHAN	1237	1:18:15.696	07:32	12:08	10K50-59M	6/7	M	36/43	BROOKS, ALBERTA
29/88	CHOI, RENY	1238	1:01:35.239	05:55	09:32	10K13-19F	1/1	F	9/45	BROOKS, ALBERTA
14/88	CLIFFORD, CHELSEY	1239	56:00.412	05:23	08:40	10K40-49F	2/15	F	3/45	RED DEER, ALBERTA
8/88	CLIFFORD, DION	1240	49:01.748	04:43	07:36	10K40-49M	3/14	M	8/43	RED DEER, ALBERTA
6/88	CRAIG, MICHAEL	1242	48:41.539	04:41	07:32	10K13-19M	1/4	M	6/43	BROOKS, ALBERTA
34/88	CYR, NIKKI	1320	1:02:18.269	06:00	09:39	10K30-39F	6/12	F	12/45	BROOKS, ALBERTA
69/88	DANIELS, EVAN	1291	1:19:07.648	07:37	12:16	10K13-19M	4/4	M	37/43	TILLEY, AB
56/88	DIRK, BONNIE	1244	1:10:30.422	06:47	10:55	10K70+F	1/3	F	25/45	MEDICINE HAT, ALBER
11/88	DOMINGOS, LUCCA	1315	55:03.336	05:18	08:32	10K20-29M	1/4	M	10/43	BROOKS, ALBERTA
45/88	DOUGLASS, ERIN	1245	1:06:01.520	06:21	10:14	10K20-29F	2/5	F	18/45	GEM, ALBERTA
41/88	DRAGANIUK, JESSICA	1246	1:03:47.407	06:08	09:53	10K40-49F	7/15	F	16/45	MEDICINE HAT, ALBER
80/88	EHRET, RICHARD	1295	1:37:41.177	09:24	15:08	10K40-49M	13/14	M	40/43	MAPLE CREEK, SASK
10/88	EMERSON, SHERI	1247	53:45.735	05:10	08:20	10K40-49F	1/15	F	1/45	MEDICINE HAT, ALBER
86/88	FLORES, GAMY	1249	1:47:00.003	10:18	16:35	10K20-29M	4/4	M	43/43	BROOKS, ALBERTA
16/88	FOURNIER, AMY	1250	56:08.685	05:24	08:42	10K40-49F	3/15	F	4/45	CANMORE, ALBERTA
81/88	FRANKS, CLAYTON	1251	1:37:41.925	09:24	15:08	10K40-49M	14/14	M	41/43	MEDICINE HAT, ALBER
87/88	FRENG, ALISON	1252	2:01:09.822	11:40	18:47	10K60-69F	4/4	F	44/45	LETHBRIDGE, ALBERTA
24/88	GABRIELLE, CONNIE	1253	59:49.379	05:45	09:16	10K40-49F	4/15	F	7/45	LAKE NEWELL RESORT
15/88	GAUVREAU, DAVID	1255	56:04.842	05:24	08:41	10K40-49M	5/14	M	12/43	CANMORE, ALBERTA
17/88	GEIGER, KRISTEN	1256	56:25.459	05:26	08:44	10K30-39F	2/12	F	5/45	CESSFORD, ALBERTA
30/88	GUNN, JAMES	1257	1:01:40.012	05:56	09:33	10K40-49M	7/14	M	21/43	CANMORE, ALBERTA
85/88	HARPER-FLORES, MEGHAN	1258	1:46:58.168	10:18	16:35	10K20-29F	5/5	F	43/45	EDMONTON, ALBERTA
59/88	HARTLEY, JONATHAN	1259	1:12:18.805	06:57	11:12	10K40-49M	11/14	M	33/43	CALGARY, ALBERTA
23/88	HOBLEY, RICHARD	1316	59:35.279	05:44	09:14	10K50-59M	2/7	M	17/43	MEDICINE HAT, ALBER
63/88	HOLLAND, TAMMY	1261	1:14:00.022	07:07	11:28	10K40-49F	14/15	F	30/45	CALGARY, ALBERTA
78/88	HOLLINDA, DEBBIE	1262	1:36:08.471	09:15	14:54	10K50-59F	3/3	F	39/45	BROOKS, ALBERTA
31/88	HOLLINDA, MICHAEL	1263	1:01:51.591	05:57	09:35	10K50-59M	3/7	M	22/43	BROOKS, ALBERTA
40/88	HOLLINDA, NATHAN	1264	1:03:26.939	06:06	09:50	10K20-29M	3/4	M	25/43	BROOKS, ALBERTA
74/88	HOOGSTRAAT, LAURA	1265	1:25:17.578	08:13	13:13	10K30-39F	10/12	F	36/45	CALGARY, ALBERTA
61/88	JACKSON, ANNE	1260	1:13:37.827	07:05	11:24	10K60-69F	2/4	F	28/45	BROOKS, ALBERTA
75/88	JAREMKO, SARA	1266	1:29:38.549	08:38	13:53	10K40-49F	15/15	F	37/45	CALGARY, ALBERTA
72/88	JOHANCSIK, ANDREA	1267	1:25:14.759	08:12	13:12	10K30-39F	9/12	F	35/45	CALGARY, ALBERTA
36/88	JORDET, MELANIE	1268	1:02:38.751	06:02	09:42	10K40-49F	6/15	F	14/45	CYPRESS COUNTY, AL
21/88	KEENAN, JACOB	1269	57:40.900	05:33	08:56	10K13-19M	3/4	M	15/43	BROOKS, ALBERTA
73/88	KOELMA, MATT	1270	1:25:15.600	08:12	13:13	10K30-39M	9/9	M	38/43	CALGARY, ALBERTA
26/88	LATRACE, CASSIDY	1325	1:01:13.298	05:53	09:29	10K30-39F	4/12	F	8/45	BROOKS, AB
28/88	LATRACE, JUSTIN	1326	1:01:16.531	05:54	09:30	10K20-29M	2/4	M	20/43	BROOKS, AB
25/88	LENDRUM, RILEY	1271	1:00:42.979	05:50	09:24	10K30-39M	4/9	M	18/43	CALGARY, ALBERTA
3/88	LENDRUM, TREVOR	1272	45:54.076	04:25	07:06	10K30-39M	3/9	M	3/43	LETHBRIDGE, ALBERTA
5/88	LEOPOLDINO, NILSON	1273	47:08.133	04:32	07:18	10K40-49M	2/14	M	5/43	BROOKS, ALBERTA
27/88	LIZAMORE, MARTIN	1324	1:01:13.712	05:53	09:29	10K30-39M	5/9	M	19/43	BROOKS,
84/88	LYONS, LAURIE	1274	1:46:15.466	10:14	16:28	10K60-69F	3/4	F	42/45	KAMLOOPS, BRITISH C
4/88	MANG, TIM	1276	46:27.324	04:28	07:12	10K40-49M	1/14	M	4/43	CALGARY, ALBERTA
51/88	MARTIREZ, SERAFIN	1323	1:07:21.104	06:29	10:26	10K50-59M	5/7	M	30/43	BROOKS, AB
50/88	MCCORQUODALE, BRENT	1277	1:06:58.021	06:27	10:22	10K70+M	1/1	M	29/43	CALGARY, ALBERTA
57/88	MOENS, WILLYANNE	1279	1:11:43.686	06:54	11:07	10K40-49F	11/15	F	26/45	FORT MACLEOD, ALBER
54/88	MONTGOMERY, LISA	1317	1:09:19.897	06:40	10:44	10K50-59F	1/3	F	23/45	CHESTERMERE, ALBER
60/88	NAKAMURA, BRETT	1280	1:13:16.808	07:03	11:21	10K40-49F	12/15	F	27/45	DUCHESS, ALBERTA
66/88	OHLMANN, NIKKI	1281	1:17:44.684	07:29	12:03	10K30-39F	7/12	F	32/45	COALDALE, ALBERTA
47/88	OLAUSON, COLIN	1282	1:06:15.140	06:22	10:16	10K40-49M	9/14	M	28/43	CANMORE, ALBERTA

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
46/88	OLAUSON, ELLIE	1283	1:06:14.679	06:22	10:16	10K12&UF	2/2	F	19/45	CANMORE, ALBERTA
48/88	OLAUSON, JESSICA	1284	1:06:16.565	06:23	10:16	10K40-49F	8/15	F	20/45	CANMORE, ALBERTA
44/88	OLAUSON, NORAH	1285	1:05:59.627	06:21	10:13	10K12&UF	1/2	F	17/45	CANMORE, ALBERTA
12/88	OLSEN, MANDI	1286	55:15.137	05:19	08:33	10K30-39F	1/12	F	2/45	MEDICINE HAT, ALBERTA
67/88	OLSON, TRAVIS	1287	1:18:15.303	07:32	12:07	10K30-39M	8/9	M	35/43	BROOKS, ALBERTA
77/88	RANDLEMAN, LINDSAY	1289	1:36:08.138	09:15	14:54	10K30-39F	11/12	F	38/45	BROOKS, ALBERTA
65/88	ROBERTS, TJ	1290	1:15:26.647	07:16	11:41	10K50-59F	2/3	F	31/45	MEDICINE HAT, ALBERTA
7/88	ROMMENS, BRIAN	1318	48:53.486	04:42	07:34	10K50-59M	1/7	M	7/43	CALGARY, ALBERTA
49/88	SARCINI, GABRIELLE	1292	1:06:57.061	06:27	10:22	10K20-29F	3/5	F	21/45	CALGARY, ALBERTA
39/88	SCHOLLY, LES	1293	1:03:21.114	06:06	09:49	10K50-59M	4/7	M	24/43	MEDICINE HAT, ALBERTA
43/88	SEAFI, MUHAMMAD	1294	1:05:56.831	06:21	10:13	10K30-39M	7/9	M	27/43	MEDICINE HAT, ALBERTA
13/88	SNIDER, GIDEON	1296	55:17.837	05:19	08:34	10K13-19M	2/4	M	11/43	DUCHESS, ALBERTA
42/88	SNIDER, JASON	1297	1:05:42.461	06:19	10:11	10K40-49M	8/14	M	26/43	DUCHESS, ALBERTA
53/88	STOLZ, DALE	1298	1:08:59.133	06:38	10:41	10K60-69M	3/4	M	31/43	DUCHESS, ALBERTA
35/88	SUNDE, BRENDA	1299	1:02:28.705	06:01	09:41	10K60-69F	1/4	F	13/45	MAPLE CREEK, SASKATCHEWAN
22/88	SUNDE, MELVIN	1300	59:23.304	05:43	09:12	10K60-69M	2/4	M	16/43	MAPLE CREEK, SASKATCHEWAN
71/88	SYRETTE, CAROL LYNN	1301	1:23:05.309	08:00	12:52	10K30-39F	8/12	F	34/45	MEDICINE HAT, ALBERTA
76/88	THOMPSON, ROBERT	1302	1:35:06.574	09:09	14:44	10K60-69M	4/4	M	39/43	RED DEER COUNTY, ALBERTA
18/88	TOLSON, JACKIE	1303	56:37.471	05:27	08:46	10K30-39F	3/12	F	6/45	RALSTON, ALBERTA
79/88	TSEGAYE, ROZI	1304	1:36:56.275	09:20	15:01	10K30-39F	12/12	F	40/45	CALGARY, ALBERTA
70/88	VAN WERT, GRACE	1319	1:22:38.341	07:57	12:48	10K20-29F	4/5	F	33/45	TILLEY, ALBERTA
33/88	WAGNER, DALLAS	1305	1:02:03.914	05:58	09:37	10K40-49F	5/15	F	11/45	BROOKS, ALBERTA
19/88	WAKEFIELD, ROBERT	1306	56:37.763	05:27	08:46	10K40-49M	6/14	M	13/43	RALSTON, ALBERTA
38/88	WALL, LIAM	1322	1:02:58.327	06:04	09:45	10K30-39M	6/9	M	23/43	CANMORE, AB
83/88	WATSON, CECILIA	1307	1:46:14.349	10:14	16:28	10K70+F	2/3	F	41/45	DUCHESS, ALBERTA
20/88	WATSON, JAMES	1308	57:40.078	05:33	08:56	10K60-69M	1/4	M	14/43	MEDICINE HAT, ALBERTA
62/88	WENNEKERS, CHRISTINE	1309	1:13:56.099	07:07	11:27	10K40-49F	13/15	F	29/45	ROLLING HILLS, ALBERTA
1/88	WHITING, DANIEL	1310	42:09.141	04:03	06:32	10K30-39M	1/9	M	1/43	CALGARY, ALBERTA
88/88	WHITNACK, LESLIE	1312	2:01:23.403	11:41	18:49	10K70+F	3/3	F	45/45	LETHBRIDGE, ALBERTA
32/88	WIEBE, KIM	1313	1:02:03.110	05:58	09:37	10K30-39F	5/12	F	10/45	MEDICINE HAT, ALBERTA
58/88	YEMANE, PETROS	1314	1:11:55.661	06:55	11:09	10K40-49M	10/14	M	32/43	CALGARY, ALBERTA