

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10.38K - 6.45 Miles

88 Finishers

10K12&UF (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	OLAUSON, NORAH	1285	1:05:59.627	06:21	10:13	+00:00:00	44/88	17/45	CANMORE
2/2	OLAUSON, ELLIE	1283	1:06:14.679	06:22	10:16	+00:00:15	46/88	19/45	CANMORE

10K13-19F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CHOI, RENY	1238	1:01:35.239	05:55	09:32	+00:00:00	29/88	9/45	BROOKS

10K13-19M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	CRAIG, MICHAEL	1242	48:41.539	04:41	07:32	+00:00:00	6/88	6/43	BROOKS
2/4	SNIDER, GIDEON	1296	55:17.837	05:19	08:34	+00:06:36	13/88	11/43	DUCHESS
3/4	KEENAN, JACOB	1269	57:40.900	05:33	08:56	+00:08:59	21/88	15/43	BROOKS

10K20-29F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	BITTNER, KARLY	1321	1:02:58.149	06:03	09:45	+00:00:00	37/88	15/45	CANMORE
2/5	DOUGLASS, ERIN	1245	1:06:01.520	06:21	10:14	+00:03:03	45/88	18/45	GEM
3/5	SARCINI, GABRIELLE	1292	1:06:57.061	06:27	10:22	+00:03:58	49/88	21/45	CALGARY

10K20-29M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	DOMINGOS, LUCCA	1315	55:03.336	05:18	08:32	+00:00:00	11/88	10/43	BROOKS
2/4	LATRACE, JUSTIN	1326	1:01:16.531	05:54	09:30	+00:06:13	28/88	20/43	BROOKS
3/4	HOLLINDA, NATHAN	1264	1:03:26.939	06:06	09:50	+00:08:23	40/88	25/43	BROOKS

10K30-39F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	OLSEN, MANDI	1286	55:15.137	05:19	08:33	+00:00:00	12/88	2/45	MEDICINE HAT
2/12	GEIGER, KRISTEN	1256	56:25.459	05:26	08:44	+00:01:10	17/88	5/45	CESSFORD
3/12	TOLSON, JACKIE	1303	56:37.471	05:27	08:46	+00:01:22	18/88	6/45	RALSTON

10K30-39M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	WHITING, DANIEL	1310	42:09.141	04:03	06:32	+00:00:00	1/88	1/43	CALGARY
2/9	BALOG, BLAKE	1232	44:36.424	04:17	06:54	+00:02:27	2/88	2/43	DUCHESS
3/9	LENDRUM, TREVOR	1272	45:54.076	04:25	07:06	+00:03:44	3/88	3/43	LETHBRIDGE

10K40-49F (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/15	EMERSON, SHERI	1247	53:45.735	05:10	08:20	+00:00:00	10/88	1/45	MEDICINE HAT
2/15	CLIFFORD, CHELSEY	1239	56:00.412	05:23	08:40	+00:02:14	14/88	3/45	RED DEER
3/15	FOURNIER, AMY	1250	56:08.685	05:24	08:42	+00:02:22	16/88	4/45	CANMORE

10K40-49M (Male) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/14	MANG, TIM	1276	46:27.324	04:28	07:12	+00:00:00	4/88	4/43	CALGARY
2/14	LEOPOLDINO, NILSON	1273	47:08.133	04:32	07:18	+00:00:40	5/88	5/43	BROOKS
3/14	CLIFFORD, DION	1240	49:01.748	04:43	07:36	+00:02:34	8/88	8/43	RED DEER

10K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	MONTGOMERY, LISA	1317	1:09:19.897	06:40	10:44	+00:00:00	54/88	23/45	CHESTERMERE
2/3	ROBERTS, TJ	1290	1:15:26.647	07:16	11:41	+00:06:06	65/88	31/45	MEDICINE HAT
3/3	HOLLINDA, DEBBIE	1262	1:36:08.471	09:15	14:54	+00:26:48	78/88	39/45	BROOKS

10K50-59M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	ROMMENS, BRIAN	1318	48:53.486	04:42	07:34	+00:00:00	7/88	7/43	CALGARY
2/7	HOBLEY, RICHARD	1316	59:35.279	05:44	09:14	+00:10:41	23/88	17/43	MEDICINE HAT
3/7	HOLLINDA, MICHAEL	1263	1:01:51.591	05:57	09:35	+00:12:58	31/88	22/43	BROOKS

OA/PI = Overall Placing
 Cat/PI = Category Placing
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Category Award Results

TOP 3 In Category

10.38K - 6.45 Miles

88 Finishers

10K60-69F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	SUNDE, BRENDA	1299	1:02:28.705	06:01	09:41	+00:00:00	35/88	13/45	MAPLE CREEK
2/4	JACKSON, ANNE	1260	1:13:37.827	07:05	11:24	+00:11:09	61/88	28/45	BROOKS
3/4	LYONS, LAURIE	1274	1:46:15.466	10:14	16:28	+00:43:46	84/88	42/45	KAMLOOPS

10K60-69M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	WATSON, JAMES	1308	57:40.078	05:33	08:56	+00:00:00	20/88	14/43	MEDICINE HAT
2/4	SUNDE, MELVIN	1300	59:23.304	05:43	09:12	+00:01:43	22/88	16/43	MAPLE CREEK
3/4	STOLZ, DALE	1298	1:08:59.133	06:38	10:41	+00:11:19	53/88	31/43	DUCHESS

10K70+F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	DIRK, BONNIE	1244	1:10:30.422	06:47	10:55	+00:00:00	56/88	25/45	MEDICINE HAT
2/3	WATSON, CECILIA	1307	1:46:14.349	10:14	16:28	+00:35:43	83/88	41/45	DUCHESS
3/3	WHITNACK, LESLIE	1312	2:01:23.403	11:41	18:49	+00:50:52	88/88	45/45	LETHBRIDGE

10K70+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	MCCORQUODALE, BRENT	1277	1:06:58.021	06:27	10:22	+00:00:00	50/88	29/43	CALGARY