

Overall Gender Results

10.38K - 6.45 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/45	EMERSON, SHERI	1247	53:45.735	05:10	08:20	10K40-49F	1/15	10/88	MEDICINE HAT, ALBERTA
2/45	OLSEN, MANDI	1286	55:15.137	05:19	08:33	10K30-39F	1/12	12/88	MEDICINE HAT, ALBERTA
3/45	CLIFFORD, CHELSEY	1239	56:00.412	05:23	08:40	10K40-49F	2/15	14/88	RED DEER, ALBERTA
4/45	FOURNIER, AMY	1250	56:08.685	05:24	08:42	10K40-49F	3/15	16/88	CANMORE, ALBERTA
5/45	GEIGER, KRISTEN	1256	56:25.459	05:26	08:44	10K30-39F	2/12	17/88	CESSFORD, ALBERTA
6/45	TOLSON, JACKIE	1303	56:37.471	05:27	08:46	10K30-39F	3/12	18/88	RALSTON, ALBERTA
7/45	GABRIELLE, CONNIE	1253	59:49.379	05:45	09:16	10K40-49F	4/15	24/88	LAKE NEWELL RESORT, A
8/45	LATRACE, CASSIDY	1325	1:01:13.298	05:53	09:29	10K30-39F	4/12	26/88	BROOKS, AB
9/45	CHOI, RENY	1238	1:01:35.239	05:55	09:32	10K13-19F	1/1	29/88	BROOKS, ALBERTA
10/45	WIEBE, KIM	1313	1:02:03.110	05:58	09:37	10K30-39F	5/12	32/88	MEDICINE HAT, ALBERTA
11/45	WAGNER, DALLAS	1305	1:02:03.914	05:58	09:37	10K40-49F	5/15	33/88	BROOKS, ALBERTA
12/45	CYR, NIKKI	1320	1:02:18.269	06:00	09:39	10K30-39F	6/12	34/88	BROOKS, ALBERTA
13/45	SUNDE, BRENDA	1299	1:02:28.705	06:01	09:41	10K60-69F	1/4	35/88	MAPLE CREEK, SASKATCH
14/45	JORDET, MELANIE	1268	1:02:38.751	06:02	09:42	10K40-49F	6/15	36/88	CYPRESS COUNTY, ALBE
15/45	BITTNER, KARLY	1321	1:02:58.149	06:03	09:45	10K20-29F	1/5	37/88	CANMORE, AB
16/45	DRAGANIUK, JESSICA	1246	1:03:47.407	06:08	09:53	10K40-49F	7/15	41/88	MEDICINE HAT, ALBERTA
17/45	OLAUSON, NORAH	1285	1:05:59.627	06:21	10:13	10K12&UF	1/2	44/88	CANMORE, ALBERTA
18/45	DOUGLASS, ERIN	1245	1:06:01.520	06:21	10:14	10K20-29F	2/5	45/88	GEM, ALBERTA
19/45	OLAUSON, ELLIE	1283	1:06:14.679	06:22	10:16	10K12&UF	2/2	46/88	CANMORE, ALBERTA
20/45	OLAUSON, JESSICA	1284	1:06:16.565	06:23	10:16	10K40-49F	8/15	48/88	CANMORE, ALBERTA
21/45	SARCINI, GABRIELLE	1292	1:06:57.061	06:27	10:22	10K20-29F	3/5	49/88	CALGARY, ALBERTA
22/45	BEATON, LAUREL	1233	1:07:24.136	06:29	10:26	10K40-49F	9/15	52/88	LAKE NEWELL RESORT, A
23/45	MONTGOMERY, LISA	1317	1:09:19.897	06:40	10:44	10K50-59F	1/3	54/88	CHESTERMERE, ALBERTA
24/45	ASHRAFF, KAREN	1241	1:09:36.669	06:42	10:47	10K40-49F	10/15	55/88	CALGARY, AB
25/45	DIRK, BONNIE	1244	1:10:30.422	06:47	10:55	10K70+F	1/3	56/88	MEDICINE HAT, ALBERTA
26/45	MOENS, WILLYANNE	1279	1:11:43.686	06:54	11:07	10K40-49F	11/15	57/88	FORT MACLEOD, ALBERTA
27/45	NAKAMURA, BRETT	1280	1:13:16.808	07:03	11:21	10K40-49F	12/15	60/88	DUCHESS, ALBERTA
28/45	JACKSON, ANNE	1260	1:13:37.827	07:05	11:24	10K60-69F	2/4	61/88	BROOKS, ALBERTA
29/45	WENNEKERS, CHRISTINE	1309	1:13:56.099	07:07	11:27	10K40-49F	13/15	62/88	ROLLING HILLS, ALBERTA
30/45	HOLLAND, TAMMY	1261	1:14:00.022	07:07	11:28	10K40-49F	14/15	63/88	CALGARY, ALBERTA
31/45	ROBERTS, TJ	1290	1:15:26.647	07:16	11:41	10K50-59F	2/3	65/88	MEDICINE HAT, ALBERTA
32/45	OHLMANN, NIKKI	1281	1:17:44.684	07:29	12:03	10K30-39F	7/12	66/88	COALDALE, ALBERTA
33/45	VAN WERT, GRACE	1319	1:22:38.341	07:57	12:48	10K20-29F	4/5	70/88	TILLEY, ALBERTA
34/45	SYRETTE, CAROL LYNN	1301	1:23:05.309	08:00	12:52	10K30-39F	8/12	71/88	MEDICINE HAT, ALBERTA
35/45	JOHANCSIK, ANDREA	1267	1:25:14.759	08:12	13:12	10K30-39F	9/12	72/88	CALGARY, ALBERTA
36/45	HOOGSTRATEN, LAURA	1265	1:25:17.578	08:13	13:13	10K30-39F	10/12	74/88	CALGARY, ALBERTA
37/45	JAREMKO, SARA	1266	1:29:38.549	08:38	13:53	10K40-49F	15/15	75/88	CALGARY, ALBERTA
38/45	RANDLEMAN, LINDSAY	1289	1:36:08.138	09:15	14:54	10K30-39F	11/12	77/88	BROOKS, ALBERTA
39/45	HOLLINDA, DEBBIE	1262	1:36:08.471	09:15	14:54	10K50-59F	3/3	78/88	BROOKS, ALBERTA
40/45	TSEGAYE, ROZI	1304	1:36:56.275	09:20	15:01	10K30-39F	12/12	79/88	CALGARY, ALBERTA
41/45	WATSON, CECILIA	1307	1:46:14.349	10:14	16:28	10K70+F	2/3	83/88	DUCHESS, ALBERTA
42/45	LYONS, LAURIE	1274	1:46:15.466	10:14	16:28	10K60-69F	3/4	84/88	KAMLOOPS, BRITISH CO
43/45	HARPER-FLORES, MEGHAN	1258	1:46:58.168	10:18	16:35	10K20-29F	5/5	85/88	EDMONTON, ALBERTA
44/45	FRENG, ALISON	1252	2:01:09.822	11:40	18:47	10K60-69F	4/4	87/88	LETHBRIDGE, ALBERTA
45/45	WHITNACK, LESLIE	1312	2:01:23.403	11:41	18:49	10K70+F	3/3	88/88	LETHBRIDGE, ALBERTA

Overall Gender Results

10.38K - 6.45 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/43	WHITING, DANIEL	1310	42:09.141	04:03	06:32	10K30-39M	1/9	1/88	CALGARY, ALBERTA
2/43	BALOG, BLAKE	1232	44:36.424	04:17	06:54	10K30-39M	2/9	2/88	DUCHESS, ALBERTA
3/43	LENDRUM, TREVOR	1272	45:54.076	04:25	07:06	10K30-39M	3/9	3/88	LETHBRIDGE, ALBERTA
4/43	MANG, TIM	1276	46:27.324	04:28	07:12	10K40-49M	1/14	4/88	CALGARY, ALBERTA
5/43	LEOPOLDINO, NILSON	1273	47:08.133	04:32	07:18	10K40-49M	2/14	5/88	BROOKS, ALBERTA
6/43	CRAIG, MICHAEL	1242	48:41.539	04:41	07:32	10K13-19M	1/4	6/88	BROOKS, ALBERTA
7/43	ROMMENS, BRIAN	1318	48:53.486	04:42	07:34	10K50-59M	1/7	7/88	CALGARY, ALBERTA
8/43	CLIFFORD, DION	1240	49:01.748	04:43	07:36	10K40-49M	3/14	8/88	RED DEER, ALBERTA
9/43	BECKER, ASH	1234	51:00.247	04:54	07:54	10K40-49M	4/14	9/88	BROOKS, ALBERTA
10/43	DOMINGOS, LUCCA	1315	55:03.336	05:18	08:32	10K20-29M	1/4	11/88	BROOKS, ALBERTA
11/43	SNIDER, GIDEON	1296	55:17.837	05:19	08:34	10K13-19M	2/4	13/88	DUCHESS, ALBERTA
12/43	GAUVREAU, DAVID	1255	56:04.842	05:24	08:41	10K40-49M	5/14	15/88	CANMORE, ALBERTA
13/43	WAKEFIELD, ROBERT	1306	56:37.763	05:27	08:46	10K40-49M	6/14	19/88	RALSTON, ALBERTA
14/43	WATSON, JAMES	1308	57:40.078	05:33	08:56	10K60-69M	1/4	20/88	MEDICINE HAT, ALBERTA
15/43	KEENAN, JACOB	1269	57:40.900	05:33	08:56	10K13-19M	3/4	21/88	BROOKS, ALBERTA
16/43	SUNDE, MELVIN	1300	59:23.304	05:43	09:12	10K60-69M	2/4	22/88	MAPLE CREEK, SASKATCHEWAN
17/43	HOBLEY, RICHARD	1316	59:35.279	05:44	09:14	10K50-59M	2/7	23/88	MEDICINE HAT, ALBERTA
18/43	LENDRUM, RILEY	1271	1:00:42.979	05:50	09:24	10K30-39M	4/9	25/88	CALGARY, ALBERTA
19/43	LIZAMORE, MARTIN	1324	1:01:13.712	05:53	09:29	10K30-39M	5/9	27/88	BROOKS,
20/43	LATRACE, JUSTIN	1326	1:01:16.531	05:54	09:30	10K20-29M	2/4	28/88	BROOKS, AB
21/43	GUNN, JAMES	1257	1:01:40.012	05:56	09:33	10K40-49M	7/14	30/88	CANMORE, ALBERTA
22/43	HOLLINDA, MICHAEL	1263	1:01:51.591	05:57	09:35	10K50-59M	3/7	31/88	BROOKS, ALBERTA
23/43	WALL, LIAM	1322	1:02:58.327	06:04	09:45	10K30-39M	6/9	38/88	CANMORE, AB
24/43	SCHOLLY, LES	1293	1:03:21.114	06:06	09:49	10K50-59M	4/7	39/88	MEDICINE HAT, ALBERTA
25/43	HOLLINDA, NATHAN	1264	1:03:26.939	06:06	09:50	10K20-29M	3/4	40/88	BROOKS, ALBERTA
26/43	SNIDER, JASON	1297	1:05:42.461	06:19	10:11	10K40-49M	8/14	42/88	DUCHESS, ALBERTA
27/43	SEAFI, MUHAMMAD	1294	1:05:56.831	06:21	10:13	10K30-39M	7/9	43/88	MEDICINE HAT, ALBERTA
28/43	OLAUSON, COLIN	1282	1:06:15.140	06:22	10:16	10K40-49M	9/14	47/88	CANMORE, ALBERTA
29/43	MCCORQUODALE, BRENT	1277	1:06:58.021	06:27	10:22	10K70+M	1/1	50/88	CALGARY, ALBERTA
30/43	MARTIREZ, SERAFIN	1323	1:07:21.104	06:29	10:26	10K50-59M	5/7	51/88	BROOKS, AB
31/43	STOLZ, DALE	1298	1:08:59.133	06:38	10:41	10K60-69M	3/4	53/88	DUCHESS, ALBERTA
32/43	YEMANE, PETROS	1314	1:11:55.661	06:55	11:09	10K40-49M	10/14	58/88	CALGARY, ALBERTA
33/43	HARTLEY, JONATHAN	1259	1:12:18.805	06:57	11:12	10K40-49M	11/14	59/88	CALGARY, ALBERTA
34/43	BALLS, DAVID	1231	1:14:09.364	07:08	11:29	10K40-49M	12/14	64/88	BROOKS, ALBERTA
35/43	OLSON, TRAVIS	1287	1:18:15.303	07:32	12:07	10K30-39M	8/9	67/88	BROOKS, ALBERTA
36/43	CHOI, DOHAN	1237	1:18:15.696	07:32	12:08	10K50-59M	6/7	68/88	BROOKS, ALBERTA
37/43	DANIELS, EVAN	1291	1:19:07.648	07:37	12:16	10K13-19M	4/4	69/88	TILLEY, AB
38/43	KOELMA, MATT	1270	1:25:15.600	08:12	13:13	10K30-39M	9/9	73/88	CALGARY, ALBERTA
39/43	THOMPSON, ROBERT	1302	1:35:06.574	09:09	14:44	10K60-69M	4/4	76/88	RED DEER COUNTY, ALBERTA
40/43	EHRET, RICHARD	1295	1:37:41.177	09:24	15:08	10K40-49M	13/14	80/88	MAPLE CREEK, SASKATCHEWAN
41/43	FRANKS, CLAYTON	1251	1:37:41.925	09:24	15:08	10K40-49M	14/14	81/88	MEDICINE HAT, ALBERTA
42/43	BLOCK, LAWRENCE	1235	1:45:23.745	10:09	16:20	10K50-59M	7/7	82/88	BROOKS, ALBERTA
43/43	FLORES, GAMY	1249	1:47:00.003	10:18	16:35	10K20-29M	4/4	86/88	BROOKS, ALBERTA