

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/52	MCMEKEN, SHEVAUN	748	24:21.665	04:52	07:49	5K30-39F	1/8	18/96	BROOKS, ALBERTA
2/52	KEARLEY, MEGHAN	743	25:00.503	05:00	08:02	5K20-29F	1/7	23/96	BROOKS, ALBERTA
3/52	MAXWELL-LYST, TERECE	745	25:48.393	05:09	08:17	5K40-49F	1/10	24/96	LAKE NEWELL RESORT, A
4/52	HEAL, STEVIE	796	26:03.176	05:12	08:22	5K12&UF	1/6	26/96	CANMORE, ALBERTA
5/52	CAMIRE, EMILIE	712	26:03.925	05:12	08:22	5K12&UF	2/6	27/96	CANMORE, ALBERTA
6/52	CAMIRE, LIANNE	714	26:04.122	05:12	08:22	5K12&UF	3/6	28/96	CANMORE, ALBERTA
7/52	MAXWELL-LYST, SARAYE	744	26:13.861	05:14	08:26	5K13-19F	1/11	30/96	LAKE NEWELL RESORT, A
8/52	KIBSEY, NADIA	738	26:57.823	05:23	08:40	5K13-19F	2/11	32/96	BROOKS, ALBERTA
9/52	HEAL, VERA	795	27:09.297	05:25	08:43	5K13-19F	3/11	34/96	CANMORE, ALBERTA
10/52	HEAL, SOPHIE	734	27:29.906	05:29	08:50	5K13-19F	4/11	35/96	LAKE NEWELL RESORT, A
11/52	KRUEGER, SYDNEY	739	27:40.404	05:32	08:53	5K30-39F	2/8	36/96	BROOKS, ALBERTA
12/52	JENKINS, ANNIKA	735	28:13.072	05:38	09:04	5K13-19F	5/11	38/96	CANMORE, ALBERTA
13/52	BECKER, DALYS	705	28:14.704	05:38	09:04	5K13-19F	6/11	39/96	BROOKS, ALBERTA
14/52	BEST, PAIZLEY	708	28:15.667	05:39	09:05	5K13-19F	7/11	40/96	BROOKS, ALBERTA
15/52	EGGER, JANICE	720	28:43.251	05:44	09:14	5K60-69F	1/3	41/96	CANMORE, ALBERTA
16/52	SLORSTAD, TERESA	770	29:31.867	05:54	09:29	5K50-59F	1/6	48/96	SUNNYNOOK, ALBERTA
17/52	ROMMENS, JANET	765	29:35.778	05:55	09:30	5K60-69F	2/3	49/96	BROOKS, ALBERTA
18/52	BECKER, KELTY	706	30:15.957	06:03	09:43	5K40-49F	2/10	52/96	BROOKS, ALBERTA
19/52	PHELPS, KRISTA	761	30:26.065	06:05	09:47	5K50-59F	2/6	53/96	CALGARY, ALBERTA
20/52	MOSSING, CLAIRE	753	30:30.792	06:06	09:48	5K13-19F	8/11	54/96	FOOTHILLS, ALBERTA
21/52	MACDONALD, CATHY	742	31:03.269	06:12	09:59	5K50-59F	3/6	56/96	BROOKS, ALBERTA
22/52	ANDERSON, SHARLENE	703	32:31.634	06:30	10:27	5K40-49F	3/10	60/96	MEDICINE HAT, ALBERTA
23/52	GUBBINS, KELSEY	806	32:39.954	06:31	10:30	5K20-29F	2/7	61/96	RAINIER, ALBERTA
24/52	BRUDER, DAKODA	805	32:40.070	06:32	10:30	5K20-29F	3/7	62/96	RAINIER, ALBERTA
25/52	PIHRAG, RACHEL	762	32:45.950	06:33	10:32	5K30-39F	3/8	63/96	BROOKS, ALBERTA
26/52	OHLMANN, KARLI	758	32:56.534	06:35	10:35	5K12&UF	4/6	64/96	COALDALE, ALBERTA
27/52	LIBOIRON, LORRAINE	741	33:04.961	06:36	10:38	5K60-69F	3/3	65/96	MEDICINE HAT, ALBERTA
28/52	MOORE, LYNLEE	752	33:38.711	06:43	10:49	5K12&UF	5/6	66/96	BROOKS, ALBERTA
29/52	MOORE, KEELY	751	33:39.447	06:43	10:49	5K40-49F	4/10	67/96	BROOKS, ALBERTA
30/52	RICE, KATHY	764	34:13.319	06:50	11:00	5K40-49F	5/10	69/96	DUCHESS, ALBERTA
31/52	MOTIKA, MILANA	755	34:58.492	06:59	11:14	5K20-29F	4/7	70/96	BROOKS, ALBERTA
32/52	REDELBACK, ALEAH	786	35:45.485	07:09	11:29	5K13-19F	9/11	74/96	BROOKS, ALBERTA
33/52	HOFER, MYAH	780	35:48.040	07:09	11:30	5K13-19F	10/11	75/96	BROOKS, ALBERTA
34/52	TIFFIN, LISA	773	36:34.570	07:18	11:45	5K30-39F	4/8	76/96	BROOKS, ALBERTA
35/52	OJALA, TORRI	785	37:18.245	07:27	11:59	5K20-29F	5/7	77/96	LAKE NEWELL RESORT, A
36/52	ANDERSON, JAYNE	702	39:56.245	07:59	12:50	5K30-39F	5/8	78/96	CALGARY, ALBERTA
37/52	GREEN, EMMA	728	40:40.914	08:08	13:04	5K20-29F	6/7	80/96	BROOKS, ALBERTA
38/52	TAYLOR, SHONDRA	772	40:41.081	08:08	13:04	5K20-29F	7/7	81/96	BROOKS, ALBERTA
39/52	HEAL, TRUDI	794	43:05.890	08:37	13:51	5K70+F	1/1	82/96	LAKE NEWELL RESORT, A
40/52	SHEA, JENNIFER	790	43:17.955	08:39	13:55	5K40-49F	6/10	83/96	CANMORE, ALBERTA
41/52	PHARAND, KARINE	760	43:18.476	08:39	13:55	5K40-49F	7/10	84/96	CANMORE, ALBERTA
42/52	ECKERT, JAMIELYNN	719	49:27.951	09:53	15:54	5K30-39F	6/8	85/96	DUCHESS, ALBERTA
43/52	REISS, SHAWNA	763	49:34.221	09:54	15:56	5K30-39F	7/8	86/96	DUCHESS, ALBERTA
44/52	DESJARDINS, BOJANA	717	50:32.130	10:06	16:14	5K40-49F	8/10	87/96	TILLEY, ALBERTA
45/52	DESJARDINS, NADIA	718	50:32.404	10:06	16:15	5K12&UF	6/6	88/96	TILLEY, ALBERTA
46/52	BISCHOFF, REJEANNE	709	50:57.056	10:11	16:22	5K50-59F	4/6	89/96	FOX VALLEY, SASKATCHE
47/52	ROMMENS, MARINA	766	57:13.224	11:26	18:23	5K30-39F	8/8	91/96	DUCHESS, ALBERTA
48/52	MATSON, DESIREE	799	57:17.362	11:27	18:25	5K50-59F	5/6	92/96	BLUFFTON, AB
49/52	FULTON, CARA	724	59:43.845	11:56	19:12	5K50-59F	6/6	93/96	DUCHESS, ALBERTA
50/52	HOGG, MELINDA	791	59:44.237	11:56	19:12	5K40-49F	9/10	94/96	DUCHESS, ALBERTA
51/52	GOODSTRIKER, CHRISSY	727	1:07:11.026	13:26	21:36	5K40-49F	10/10	95/96	STANDOFF, ALBERTA
52/52	GOODSTRIKER, KARLI	798	1:07:11.502	13:26	21:36	5K13-19F	11/11	96/96	STANDOFF, ALBERTA

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/44	MOSSING, TYRON	754	18:13.146	03:38	05:51	5K40-49M	1/8	1/96	FOOTHILLS, ALBERTA
2/44	BLACKMORE, ABE	710	19:32.417	03:54	06:16	5K20-29M	1/10	2/96	CALGARY, ALBERTA
3/44	CAMIRE, FELIX	713	19:37.637	03:55	06:18	5K40-49M	2/8	3/96	CANMORE, ALBERTA
4/44	MESHEN, ROBBIE	750	19:50.458	03:58	06:22	5K40-49M	3/8	4/96	MEDICINE HAT, ALBERTA
5/44	LAWRENCE, JACK	740	20:19.329	04:03	06:32	5K20-29M	2/10	5/96	CALGARY, ALBERTA
6/44	BECKER, WAYLON	707	20:32.366	04:06	06:36	5K20-29M	3/10	6/96	CALGARY, ALBERTA
7/44	ROMMENS, SCOTT	789	21:34.884	04:18	06:56	5K30-39M	1/4	7/96	DUCHESS, ALBERTA
8/44	MESHEN, GAVIN	749	21:37.145	04:19	06:57	5K13-19M	1/10	8/96	MEDICINE HAT, ALBERTA
9/44	SARGEANT, REID	769	21:38.918	04:19	06:57	5K13-19M	2/10	9/96	CALGARY, ALBERTA
10/44	FRIESEN, RYLEN	723	22:16.339	04:27	07:09	5K13-19M	3/10	10/96	BROOKS, ALBERTA
11/44	FRIESEN, KADEN	722	22:18.672	04:27	07:10	5K13-19M	4/10	11/96	BROOKS, ALBERTA
12/44	AL-SHEMARI, MURTAZA	701	23:12.623	04:38	07:27	5K13-19M	5/10	12/96	BROOKS, ALBERTA
13/44	TAYLOR, CARSON	792	23:14.935	04:38	07:28	5K20-29M	4/10	13/96	BROOKS, AB
14/44	NUN, KYLAN	757	24:05.915	04:49	07:44	5K13-19M	6/10	14/96	CALGARY, ALBERTA
15/44	KEARLEY, CALEB	737	24:11.985	04:50	07:46	5K20-29M	5/10	15/96	CRAVEN, SASKATCHEW
16/44	ABRAHAM, NAHON	801	24:20.606	04:52	07:49	5K20-29M	6/10	16/96	BROOKS,
17/44	SANTA MARIA, ERIC	802	24:21.118	04:52	07:49	5K20-29M	7/10	17/96	BROOKS,
18/44	HEAL, PARKS	797	24:31.485	04:54	07:53	5K12&UM	1/9	19/96	CANMORE, ALBERTA
19/44	GUNN, TY	732	24:35.922	04:55	07:54	5K12&UM	2/9	20/96	CANMORE, ALBERTA
20/44	DE OLIVEIRA, JUSTIN	787	24:49.925	04:57	07:59	5K40-49M	4/8	21/96	CANMORE, ALBERTA
21/44	WIENS, VINCENT	776	25:00.022	05:00	08:02	5K12&UM	3/9	22/96	ROSEMARY, ALBERTA
22/44	CANTE, FRANCISCO	800	25:58.682	05:11	08:21	5K20-29M	8/10	25/96	BROOKS,
23/44	EGGER, SCOTT	721	26:10.384	05:14	08:24	5K60-69M	1/2	29/96	CANMORE, ALBERTA
24/44	MAXWELL-LYST, TOR	746	26:21.572	05:16	08:28	5K13-19M	7/10	31/96	LAKE NEWELL RESORT, A
25/44	HEAL, PETER	733	27:08.245	05:25	08:43	5K40-49M	5/8	33/96	LAKE NEWELL RESORT, A
26/44	GUNN, BURKE	731	27:44.935	05:32	08:55	5K12&UM	4/9	37/96	CANMORE, ALBERTA
27/44	GAUVREAU, LUKA	725	28:49.716	05:45	09:16	5K12&UM	5/9	42/96	CANMORE, ALBERTA
28/44	JENKINS, ELI	736	29:06.319	05:49	09:21	5K12&UM	6/9	43/96	CANMORE, ALBERTA
29/44	WOOD, EAMON	778	29:06.825	05:49	09:21	5K12&UM	7/9	44/96	CANMORE, ALBERTA
30/44	ROMMENS, WENDELL	767	29:23.776	05:52	09:27	5K60-69M	2/2	45/96	BROOKS, ALBERTA
31/44	WOOD, NORTH	779	29:26.726	05:53	09:28	5K12&UM	8/9	46/96	CANMORE, ALBERTA
32/44	WOOD, DANNY	777	29:26.771	05:53	09:28	5K40-49M	6/8	47/96	CANMORE, ALBERTA
33/44	CUTTER, KYLE	715	29:41.456	05:56	09:32	5K30-39M	2/4	50/96	BROOKS, ALBERTA
34/44	LANE, MICKY	782	30:09.170	06:01	09:41	5K13-19M	8/10	51/96	SHAUNAVON, SASKATCHE
35/44	GROVE, JOE	729	30:49.360	06:09	09:54	5K50-59M	1/1	55/96	MEDICINE HAT, ALBERTA
36/44	LANE, TERRY	783	31:31.761	06:18	10:08	5K13-19M	9/10	57/96	SHAUNAVON, SASKATCHE
37/44	LANE, JESSE	781	31:51.177	06:22	10:14	5K40-49M	7/8	58/96	SHAUNAVON, SASKATCHE
38/44	ARTHUR, JEFF	704	32:27.034	06:29	10:26	5K40-49M	8/8	59/96	BROOKS, ALBERTA
39/44	MCMEEKEN, CRAIG	747	34:07.678	06:49	10:58	5K30-39M	3/4	68/96	BROOKS, ALBERTA
40/44	CORBETT, NICHOLAS	793	35:01.864	07:00	11:15	5K30-39M	4/4	71/96	BROOKS, ALBERTA
41/44	WAGNER, CHARLIE	774	35:26.967	07:05	11:23	5K12&UM	9/9	72/96	BROOKS, ALBERTA
42/44	WAGNER, PEYTON	775	35:27.421	07:05	11:24	5K13-19M	10/10	73/96	BROOKS, ALBERTA
43/44	OJALA, MATTHEW	784	40:14.675	08:02	12:56	5K20-29M	9/10	79/96	LAKE NEWELL RESORT, A
44/44	PEDIDA, ROCH	759	51:38.631	10:19	16:36	5K20-29M	10/10	90/96	CALGARY, ALBERTA