

2025 Dinosaur Pump It Up Run May 3/2025

Alpha Overall Results

10.38K - 6.45 Miles

126 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
33/126	ADAMS, ZACH	1259	59:22.048	05:43	09:12	10K30-39M	10/18	M	28/63	AIRDRIE, ALBERTA
108/126	BALLS, DAVID	1262	1:22:42.179	07:58	12:49	10K50-59M	10/12	M	59/63	BROOKS, ALBERTA
6/126	BALOG, BLAKE	1263	48:13.474	04:38	07:28	10K30-39M	1/18	M	6/63	DUCHESS, ALBERTA
119/126	BANGSUND, ADRIENNE	1264	1:34:30.479	09:06	14:39	10K40-49F	12/13	F	58/63	FERNIE, BRITISH CO
49/126	BATES, HEATHER	1265	1:04:17.217	06:11	09:58	10K40-49F	3/13	F	13/63	CANMORE, ALBERTA
15/126	BECKER, ASH	1267	53:04.959	05:06	08:13	10K40-49M	3/15	M	15/63	BROOKS, ALBERTA
52/126	BITTNER, KARLY	1268	1:05:29.733	06:18	10:09	10K20-29F	2/6	F	15/63	CANMORE, ALBERTA
4/126	BLACKMORE, ABE	1269	46:27.343	04:28	07:12	10K20-29M	2/6	M	4/63	PANOKA COUNTY, ALB
125/126	BLOCK, LAWRENCE	1270	1:37:55.812	09:26	15:10	10K50-59M	12/12	M	62/63	BROOKS, ALBERTA
9/126	BOARDMAN, MARTIN	1271	49:41.560	04:47	07:42	10K50-59M	3/12	M	9/63	DRUMHELLER, ALBERT
47/126	BOILARD, PHILIPPE	1260	1:04:03.639	06:10	09:55	10K30-39M	11/18	M	36/63	CALGARY, ALBERTA
122/126	BROWN, MIRANDA	1379	1:36:58.208	09:20	15:02	10K30-39F	22/23	F	61/63	CALGARY, ALBERTA
59/126	CUTTER, KYLE	1272	1:06:58.849	06:27	10:23	10K30-39M	15/18	M	41/63	BROOKS, ALBERTA
50/126	CYR, NIKKI	1273	1:05:19.319	06:17	10:07	10K30-39F	5/23	F	14/63	BROOKS, ALBERTA
27/126	DAVID, EMETT	1274	57:41.069	05:33	08:56	10K13-19M	2/4	M	25/63	CANMORE, ALBERTA
93/126	DE JONG, BRIAN	1275	1:17:29.995	07:27	12:00	10K60-69M	5/5	M	53/63	BROOKS, ALBERTA
26/126	DENGTS, KBROM	1276	57:39.673	05:33	08:56	10K30-39M	9/18	M	24/63	CALAGRY, ALBERTA
22/126	DEOLIVEIRA, JUSTIN	1380	55:46.199	05:22	08:38	10K40-49M	5/15	M	21/63	CANMORE, ALBERTA
68/126	DIACHENKO, OKSANA	1277	1:09:34.576	06:42	10:47	10K40-49F	6/13	F	24/63	MEDICINE HAT, ALBER
34/126	DIEPSTRATEN, FRANS	1278	59:24.319	05:43	09:12	10K60-69M	1/5	M	29/63	COCHRANE, ALBERTA
62/126	DRAGANIUK, JESSICA	1279	1:08:22.437	06:35	10:36	10K40-49F	4/13	F	19/63	MEDICINE HAT, ALBER
36/126	DUHATSCHKEK, PAULA LOGAN	1280	1:00:42.184	05:50	09:24	10K30-39F	3/23	F	7/63	CALGARY, ALBERTA
54/126	DURAN, KYLE	1281	1:05:57.272	06:21	10:13	10K40-49M	10/15	M	38/63	CALGARY, ALBERTA
55/126	DUTKA, TATIANA	1282	1:06:03.536	06:21	10:14	10K20-29F	3/6	F	17/63	MEDICINE HAT, ALBER
70/126	DYCK, KELTON	1381	1:09:40.335	06:42	10:48	10K20-29M	5/6	M	45/63	ROSEMARY, ALBERTA
19/126	EMERSON, SHERI	1284	54:47.002	05:16	08:29	10K50-59F	1/11	F	1/63	MEDICINE HAT, ALBER
107/126	FOURNIER, AMY	1286	1:22:35.410	07:57	12:48	10K40-49F	8/13	F	49/63	CANMORE, ALBERTA
88/126	GAETZ, ALEXIS	1287	1:15:29.882	07:16	11:42	10K60-69F	1/3	F	36/63	MEDICINE HAT, ALBER
14/126	GOEBEL, BRETT	1288	51:56.987	05:00	08:03	10K30-39M	5/18	M	14/63	CALGARY, ALBERTA
44/126	GOWLAND-BROW, CRAIG	1289	1:02:30.628	06:01	09:41	10K50-59M	6/12	M	33/63	CANMORE, ALBERTA
79/126	GRACIA, ALBERTO	1290	1:12:41.260	07:00	11:16	10K40-49M	12/15	M	49/63	DUCHESS, ALBERTA
114/126	GROBLER, DANIEL	1391	1:24:33.104	08:08	13:06	10K40-49M	15/15	M	61/63	BROOKS, AB
113/126	GROBLER, DENISE	1390	1:24:32.101	08:08	13:06	10K40-49F	9/13	F	53/63	BROOKS, AB
104/126	GROVE, SHANE	1291	1:22:09.883	07:54	12:44	10K40-49M	14/15	M	57/63	DUCHESS, ALBERTA
46/126	GUNN, JAMES	1292	1:03:08.396	06:04	09:47	10K40-49M	9/15	M	35/63	CANMORE, ALBERTA
115/126	HAFSO, LINDSEY	1293	1:25:09.998	08:12	13:12	10K40-49F	10/13	F	54/63	LAKE NEWELL RESORT
12/126	HARRIS, CARSON	1295	51:30.157	04:57	07:59	10K30-39M	4/18	M	12/63	CALGARY, ALBERTA
71/126	HARTLEY, JON	1296	1:10:08.838	06:45	10:52	10K40-49M	11/15	M	46/63	CALGARY, ALBERTA
82/126	HEAL, SOPHIE	1297	1:13:41.149	07:05	11:25	10K13-19F	3/3	F	32/63	LAKE NEWELL RESORT
72/126	HOOGSTRATEN, LAURA	1299	1:10:18.634	06:46	10:54	10K30-39F	10/23	F	26/63	CALGARY, ALBERTA
95/126	HOPKINS, CODY	1300	1:19:15.310	07:38	12:17	10K30-39M	17/18	M	54/63	BROOKS, ALBERTA
75/126	HORNE, BRIANNE	1301	1:11:47.046	06:54	11:07	10K30-39F	12/23	F	29/63	DE WINTON, ALBERTA
76/126	HORNE, JAMIE	1302	1:11:47.137	06:54	11:07	10K30-39F	13/23	F	30/63	CALGARY, ALBERTA
109/126	HUIE, KATIE	1387	1:22:48.993	07:58	12:50	10K30-39F	17/23	F	50/63	REVELSTOKE, BRITISH
103/126	JACKSON, ANNE	1303	1:21:42.340	07:52	12:40	10K70+F	2/2	F	47/63	BROOKS, ALBERTA
99/126	JAKOBSEN, CORALEE	1304	1:20:47.930	07:47	12:31	10K50-59F	9/11	F	44/63	TILLEY, ALBERTA
28/126	JAMIESON, EMILY	1389	58:12.301	05:36	09:01	10K30-39F	1/23	F	3/63	DUCHESS, AB
106/126	JENKINS, ELI	1305	1:22:31.858	07:57	12:47	10K12&UM	2/2	M	58/63	CANMORE, ALBERTA
124/126	JENSEN, ANITA	1306	1:37:25.936	09:23	15:06	10K60-69F	3/3	F	63/63	BARNWELL, ALBERTA
100/126	JOHNSTON, NICKI	1307	1:20:57.658	07:47	12:33	10K70+F	1/2	F	45/63	MEDICINE HAT, ALBER
77/126	JOHNSTON, NORMAN	1308	1:11:48.338	06:55	11:07	10K70+M	1/1	M	47/63	MEDICINE HAT, ALBER
73/126	JORDET, MELANIE	1309	1:10:28.016	06:47	10:55	10K40-49F	7/13	F	27/63	CYPRESS COUNTY, AL
35/126	KEARLEY, JACLYN	1310	1:00:26.971	05:49	09:22	10K20-29F	1/6	F	6/63	CRAVEN, SASKATCHEV
23/126	KEARLEY, JESSE	1311	56:39.058	05:27	08:46	10K30-39M	8/18	M	22/63	KEOMA, ALBERTA
53/126	KIBSEY, NADIA	1312	1:05:29.764	06:18	10:09	10K13-19F	2/3	F	16/63	BROOKS, ALBERTA
80/126	KLASSEN, LES	1313	1:13:32.376	07:05	11:24	10K50-59M	8/12	M	50/63	COALDALE, ALBERTA
13/126	KNUDSEN, KEITH	1314	51:34.673	04:58	07:59	10K40-49M	2/15	M	13/63	CALGARY, ALBERTA

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Alpha Overall Results

10.38K - 6.45 Miles

126 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
17/126	KOELMA, MATT	1315	54:16.407	05:13	08:24	10K30-39M	6/18	M	17/63	CALGARY, ALBERTA
5/126	LEDUC, CORRY	1318	47:51.594	04:36	07:25	10K50-59M	2/12	M	5/63	MEDICINE HAT, ALBERTA
102/126	LEGERE, JASON	1319	1:21:42.157	07:52	12:40	10K40-49M	13/15	M	56/63	CALGARY, ALBERTA
90/126	MACDONALD, CATHY	1321	1:16:51.282	07:24	11:54	10K50-59F	7/11	F	38/63	BROOKS, ALBERTA
45/126	MACLEOD, MATTHEW	1283	1:02:34.554	06:01	09:42	10K40-49M	8/15	M	34/63	CALGARY, ALBERTA
87/126	MADILL, EVAN	1323	1:15:11.596	07:14	11:39	10K30-39M	16/18	M	52/63	CALGARY, ALBERTA
85/126	MAHOOD, RAELYN	1324	1:14:28.053	07:10	11:32	10K50-59F	5/11	F	35/63	MEDICINE HAT, ALBERTA
116/126	MANG, MEAGHAN	1325	1:28:57.984	08:34	13:47	10K40-49F	11/13	F	55/63	CALGARY, ALBERTA
8/126	MANG, TIM	1326	48:42.817	04:41	07:33	10K40-49M	1/15	M	8/63	CALGARY, ALBERTA
69/126	MASON, KARI	1327	1:09:35.409	06:42	10:47	10K30-39F	9/23	F	25/63	BASSANO, ALBERTA
101/126	MATERI, BROOKE	1294	1:21:26.871	07:50	12:37	10K20-29F	6/6	F	46/63	LAKE NEWELL RESORT
29/126	MAXWELL-LYST, SARAYE	1328	58:14.237	05:36	09:01	10K13-19F	1/3	F	4/63	LAKE NEWELL RESORT
64/126	MCLEAN, KATE	1393	1:08:53.097	06:38	10:40	10K30-39F	6/23	F	20/63	CALGARY, AN
2/126	MORRIS, LUKE	1382	46:18.069	04:27	07:10	10K20-29M	1/6	M	2/63	ROSEMARY, ALBERTA
111/126	MORRIS, STEVE	1329	1:23:40.984	08:03	12:58	10K50-59M	11/12	M	60/63	OKOTOKS, ALBERTA
112/126	MORRIS, TRACY	1330	1:23:41.273	08:03	12:58	10K50-59F	11/11	F	52/63	OKOTOKS, ALBERTA
39/126	OLAUSON, COLIN	1334	1:01:39.358	05:56	09:33	10K40-49M	7/15	M	31/63	CANMORE, ALBERTA
38/126	OLAUSON, ELLIE	1335	1:01:35.840	05:56	09:32	10K12&UF	1/2	F	8/63	CANMORE, ALBERTA
43/126	OLAUSON, JESSICA	1336	1:02:15.388	05:59	09:39	10K40-49F	2/13	F	11/63	CANMORE, ALBERTA
42/126	OLAUSON, NORAH	1337	1:02:03.323	05:58	09:37	10K12&UF	2/2	F	10/63	CANMORE, ALBERTA
30/126	OLSEN, MANDI	1338	58:33.197	05:38	09:04	10K30-39F	2/23	F	5/63	MEDICINE HAT, ALBERTA
57/126	OLSON, TRAVIS	1339	1:06:27.990	06:24	10:18	10K30-39M	14/18	M	40/63	BROOKS, ALBERTA
56/126	OOSTLANDER, LANDON	1340	1:06:04.239	06:21	10:14	10K30-39M	13/18	M	39/63	BASSANO, ALBERTA
126/126	PEDIDA, ROCH	1341	1:44:38.817	10:04	16:13	10K20-29M	6/6	M	63/63	CALGARY, ALBERTA
7/126	PETERS, BRYAN	1395	48:37.618	04:41	07:32	10K30-39M	2/18	M	7/63	BANFF, AB
11/126	PIERZCHALA, MARK	1316	51:26.903	04:57	07:58	10K50-59M	4/12	M	11/63	MEDICINE HAT, ALBERTA
120/126	POLLARD, JUNE	1342	1:34:30.682	09:06	14:39	10K40-49F	13/13	F	59/63	FERNIE, BRITISH CO
121/126	PRIDDLE, KRISTINA	1383	1:36:57.926	09:20	15:02	10K30-39F	21/23	F	60/63	OKOTOKS, ALBERTA
66/126	REID, JEN	1343	1:09:19.109	06:40	10:44	10K40-49F	5/13	F	22/63	LAKE NEWELL RESORT
65/126	REID, SAMANTHA	1394	1:08:53.588	06:38	10:40	10K30-39F	7/23	F	21/63	BANFF, AB
48/126	RIEHELTMANN, TANIS	1344	1:04:15.081	06:11	09:57	10K50-59F	2/11	F	12/63	MEDICINE HAT, ALBERTA
10/126	RIGHI, THIAGO	1384	50:31.216	04:52	07:49	10K30-39M	3/18	M	10/63	CALGARY, ALBERTA
94/126	RITCHIE, LOUISE	1345	1:18:26.030	07:33	12:09	10K30-39F	15/23	F	41/63	BASSANO, ALBERTA
96/126	ROBERTSON, KARMYN	1346	1:19:33.633	07:39	12:20	10K30-39F	16/23	F	42/63	CALGARY, ALBERTA
40/126	ROMMENS, ASHLEY	1347	1:01:40.216	05:56	09:33	10K30-39F	4/23	F	9/63	PINCHER CREEK, ALBE
92/126	ROMMENS, JANET	1348	1:17:06.081	07:25	11:57	10K60-69F	2/3	F	40/63	BROOKS, ALBERTA
74/126	ROMMENS, MARINA	1349	1:11:19.119	06:52	11:03	10K30-39F	11/23	F	28/63	DUCHESS, ALBERTA
97/126	ROMMENS, SCOTT	1350	1:20:23.435	07:44	12:27	10K30-39M	18/18	M	55/63	DUCHESS, ALBERTA
63/126	ROMMENS, WENDELL	1351	1:08:34.778	06:36	10:37	10K60-69M	4/5	M	44/63	BROOKS, ALBERTA
25/126	SAMUELSON, TODD	1353	56:52.649	05:28	08:49	10K50-59M	5/12	M	23/63	MEDICINE HAT, ALBERTA
61/126	SCHOLLY, ASHTON	1354	1:07:55.242	06:32	10:31	10K20-29M	4/6	M	43/63	MEDICINE HAT, ALBERTA
60/126	SCHOLLY, LES	1355	1:07:54.771	06:32	10:31	10K50-59M	7/12	M	42/63	MEDICINE HAT, ALBERTA
105/126	SHEA, JENNIFER	1356	1:22:31.849	07:57	12:47	10K50-59F	10/11	F	48/63	CANMORE, ALBERTA
24/126	SLETTEN, LEASA	1357	56:40.223	05:27	08:47	10K40-49F	1/13	F	2/63	MEDICINE HAT, ALBERTA
1/126	SMITH, DARRYL	1317	44:38.662	04:18	06:55	10K50-59M	1/12	M	1/63	MEDICINE HAT, ALBERTA
98/126	SMITH, LISA	1358	1:20:47.725	07:47	12:31	10K50-59F	8/11	F	43/63	BROOKS, ALBERTA
3/126	SNIDER, GIDEON	1359	46:26.434	04:28	07:12	10K13-19M	1/4	M	3/63	DUCHESS, ALBERTA
78/126	SOKOLOWSKI, MAREK	1392	1:12:18.630	06:57	11:12	10K13-19M	4/4	M	48/63	CANMORE, AB
86/126	SPURGEON, DANIEL	1360	1:15:06.917	07:14	11:38	10K50-59M	9/12	M	51/63	MEDICINE HAT, ALBERTA
16/126	STASOW, COLE	1361	54:13.085	05:13	08:24	10K20-29M	3/6	M	16/63	NEWELL COUNTY, ALB
91/126	STASOW, GABRIELLE	1362	1:16:59.644	07:25	11:56	10K20-29F	5/6	F	39/63	NEWELL COUNTY, ALB
89/126	SUMNERS, LORI	1266	1:15:34.249	07:16	11:42	10K50-59F	6/11	F	37/63	CYPRESS COUNTY, ALB
118/126	SYRETTE, CAROL	1363	1:32:17.168	08:53	14:18	10K30-39F	20/23	F	57/63	MEDICINE HAT, ALBERTA
117/126	TSEGAYE, ROZA	1365	1:29:15.124	08:35	13:50	10K30-39F	19/23	F	56/63	CALGARY, ALBERTA
123/126	TUCKER, CODY	1366	1:37:25.856	09:23	15:06	10K30-39F	23/23	F	62/63	MEDICINE HAT, ALBERTA
31/126	VAN SLUYS, BRYCE	1367	58:33.406	05:38	09:04	10K40-49M	6/15	M	26/63	CALGARY, ALBERTA
18/126	VISSER, DUTOIT	1368	54:31.179	05:15	08:27	10K30-39M	7/18	M	18/63	BROOKS, ALBERTA

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10.38K - 6.45 Miles

126 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
51/126	WALL, LIAM	1370	1:05:29.567	06:18	10:09	10K30-39M	12/18	M	37/63	CANMORE, ALBERTA
41/126	WATSON, JAMES	1371	1:02:01.683	05:58	09:37	10K60-69M	3/5	M	32/63	MEDICINE HAT, ALBERTA
110/126	WELLS, CIDNEY	1372	1:23:22.304	08:01	12:55	10K30-39F	18/23	F	51/63	LETHBRIDGE, ALBERTA
81/126	WENNEKERS, CHRISTINE	1373	1:13:39.094	07:05	11:25	10K50-59F	3/11	F	31/63	ROLLING HILLS, ALBERTA
67/126	WETHERILL, BRI	1374	1:09:21.055	06:40	10:45	10K30-39F	8/23	F	23/63	CALGARY, ALBERTA
83/126	WIEBE, KIM	1375	1:13:55.965	07:07	11:27	10K30-39F	14/23	F	33/63	MEDICINE HAT, ALBERTA
32/126	WIENS, DAVID	1388	59:02.833	05:41	09:09	10K13-19M	3/4	M	27/63	DRUMHELLER, ALBERTA
21/126	WOOD, DANNY	1385	55:44.595	05:22	08:38	10K40-49M	4/15	M	20/63	CANMORE, ALBERTA
20/126	WOOD, EAMON	1386	54:48.992	05:16	08:29	10K12&UM	1/2	M	19/63	CANMORE, ALBERTA
84/126	YOUNG, ALANA	1376	1:13:57.049	07:07	11:27	10K50-59F	4/11	F	34/63	MEDICINE HAT, ALBERTA
37/126	YOUNG, SCOTT	1377	1:01:02.536	05:52	09:27	10K60-69M	2/5	M	30/63	MEDICINE HAT, ALBERTA
58/126	ZINGER, TESS	1378	1:06:56.406	06:26	10:22	10K20-29F	4/6	F	18/63	MEDICINE HAT, ALBERTA