

2025 Dinosaur Pump It Up Run May 3/2025

Alpha Overall Results

5K - 3.1 Miles

114 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
81/114	ANDERSON, LORRAINE	807	44:26.681	08:53	14:17	5K60-69F	2/4	F	44/68	BONNINGTON, BRITISH
50/114	ANDERSON, SHARLENE	909	36:10.388	07:14	11:37	5K40-49F	7/18	F	23/68	MEDICINE HAT, ALBER
11/114	ANDREWS, SAMANTHA	808	27:43.441	05:32	08:54	5K30-39F	1/14	F	1/68	BROOKS, ALBERTA
56/114	ANDREWS, SHANNON	932	37:09.188	07:25	11:56	5K40-49F	9/18	F	27/68	BROOKS, ALBERTA
41/114	BARTLETT, DUSTIN	809	34:56.453	06:59	11:14	5K30-39M	3/6	M	25/46	BROOKS, ALBERTA
57/114	BAUMGARTEN, RYKER	811	37:18.691	07:27	11:59	5K12&UM	8/15	M	30/46	ROLLING HILLS, ALBER
45/114	BEATON, LAUREL	924	35:27.417	07:05	11:24	5K40-49F	5/18	F	19/68	LAKE NEWELL RESORT
14/114	BECKER, DALYS	812	29:29.883	05:53	09:29	5K13-19F	1/6	F	2/68	BROOKS, ALBERTA
42/114	BECKER, KELTY	813	35:13.648	07:02	11:19	5K40-49F	4/18	F	17/68	BROOKS, ALBERTA
2/114	BECKER, WAYLON	814	22:52.438	04:34	07:21	5K20-29M	1/4	M	2/46	BROOKS, ALBERTA
9/114	BECKER, ZANE	865	27:18.979	05:27	08:47	5K13-19M	1/4	M	9/46	BROOKS, ALBERTA
10/114	BOVERO, MARIO	921	27:19.787	05:27	08:47	5K20-29M	3/4	M	10/46	BROOKS, ALBERTA
82/114	CABALLERO, CAROLINA	816	45:34.493	09:06	14:39	5K40-49F	13/18	F	45/68	BROOKS, ALBERTA
73/114	CALVILLO, FRANCISCO	817	41:56.850	08:23	13:29	5K40-49M	12/13	M	34/46	BROOKS, ALBERTA
20/114	CAMIRÉ, LIANNE	818	30:41.411	06:08	09:52	5K12&UF	1/11	F	7/68	CANMORE, ALBERTA
21/114	CAMIRÉ, ÉMILIE	819	30:42.217	06:08	09:52	5K12&UF	2/11	F	8/68	CANMORE, ALBERTA
46/114	COPELAND, TREVOR	919	35:42.664	07:08	11:28	5K50-59M	2/4	M	27/46	MEDICINE HAT, ALBER
35/114	CUTTER, SYLVIA	821	33:23.416	06:40	10:44	5K30-39F	5/14	F	15/68	BROOKS, ALBERTA
105/114	DOERKSEN, JOSIE	824	56:09.534	11:13	18:03	5K12&UF	9/11	F	62/68	GEM, ALBERTA
104/114	DOERKSEN, KATIE	825	56:09.333	11:13	18:03	5K30-39F	14/14	F	61/68	GEM, ALBERTA
102/114	DOERKSEN, LUCY	826	51:59.932	10:23	16:43	5K12&UF	8/11	F	59/68	GEM, ALBERTA
49/114	EDMONSTONE, AMY	920	36:09.581	07:13	11:37	5K40-49F	6/18	F	22/68	CYPRESS COUNTY, AL
5/114	GABRIELLE, NASH	827	26:18.035	05:15	08:27	5K12&UM	1/15	M	5/46	LAKE NEWELL RESORT
4/114	GAUVREAU, DAVID	828	26:07.911	05:13	08:24	5K40-49M	1/13	M	4/46	CANMORE, ALBERTA
22/114	GAUVREAU, LUKA	829	30:50.963	06:10	09:55	5K13-19M	2/4	M	14/46	CANMORE, ALBERTA
88/114	GREENHALGH, GENEVIEVE (830	47:54.793	09:34	15:24	5K12&UF	4/11	F	49/68	DUCHESS, ALBERTA
89/114	GREENHALGH, MARIE	831	47:54.932	09:34	15:24	5K40-49F	15/18	F	50/68	DUCHESS, ALBERTA
43/114	GRIERSON, JEFF	917	35:16.633	07:03	11:20	5K40-49M	9/13	M	26/46	REVELSTOKE, BRITISH
27/114	GUENTER, GRACE	899	31:34.695	06:18	10:09	5K30-39F	4/14	F	11/68	EDMONTON, ALBERTA
7/114	GUNN, TY	833	26:57.747	05:23	08:40	5K12&UM	3/15	M	7/46	CANMORE, ALBERTA
32/114	HANSEN, TYLER	834	32:20.256	06:28	10:23	5K30-39M	2/6	M	20/46	MAPLE CREEK, SASKA
113/114	HARPER-FLORES, MEGHAN	910	1:02:12.894	12:26	20:00	5K20-29F	9/10	F	67/68	BROOKS, ALBERTA
31/114	HEAL, PETER	835	32:16.755	06:27	10:22	5K40-49M	6/13	M	19/46	LAKE NEWELL RESORT
91/114	HEAL, TRUDI	912	49:06.444	09:49	15:47	5K70+F	1/1	F	51/68	BROOKS, ALBERTA
61/114	HENRICKSON, CASSIDY	836	37:55.263	07:35	12:11	5K20-29F	6/10	F	31/68	PATRICIA, ALBERTA
114/114	HERRIMAN, ELEENA	911	1:02:13.314	12:26	20:00	5K20-29F	10/10	F	68/68	BROOKS, ALBERTA
72/114	HICKEY, KEIRSTEN	837	41:31.570	08:18	13:21	5K30-39F	10/14	F	39/68	MEDICINE HAT, ALBER
13/114	HIPOLITO, JOHN	900	29:20.322	05:52	09:26	5K40-49M	3/13	M	12/46	BROOKS, ALBERTA
66/114	HOLLAND, TAMMY	838	39:15.099	07:51	12:37	5K40-49F	10/18	F	35/68	CALGARY, ALBERTA
12/114	JANZEN, LEON	934	28:54.911	05:46	09:17	5K40-49M	2/13	M	11/46	CALGARY, AB
33/114	JESSE, MEGAN	927	32:36.438	06:31	10:29	5K20-29F	4/10	F	13/68	MEDICINE HAT, AB
52/114	JONES, MAKENZIE	840	36:38.217	07:19	11:46	5K30-39F	8/14	F	25/68	RED DEER COUNTY, AL
44/114	KRAUSE, CHELSEY	843	35:25.377	07:05	11:23	5K30-39F	7/14	F	18/68	DELBURNE, ALBERTA
58/114	KRAUSE, JENNA	844	37:29.521	07:29	12:03	5K20-29F	5/10	F	28/68	CALGARY, ALBERTA
19/114	KRUEGER, SYDNEY	845	30:32.048	06:06	09:49	5K30-39F	2/14	F	6/68	BROOKS, ALBERTA
103/114	KUCZAJ, MONIKA	820	52:31.942	10:30	16:53	5K40-49F	17/18	F	60/68	CALGARY, ALBERTA
107/114	LATRACE, CALLIE	847	56:10.644	11:14	18:03	5K12&UF	11/11	F	64/68	BROOKS, ALBERTA
108/114	LATRACE, COOPER	849	56:13.521	11:14	18:04	5K12&UM	14/15	M	44/46	BROOKS, ALBERTA
109/114	LATRACE, JUSTIN	848	56:15.320	11:15	18:05	5K30-39M	6/6	M	45/46	BROOKS, ALBERTA
86/114	LEFORT, MONIQUE	850	46:41.051	09:20	15:00	5K40-49F	14/18	F	47/68	STRATHMORE, ALBERT
62/114	LIBOIRON, LORRAINE	897	38:34.622	07:42	12:24	5K60-69F	1/4	F	32/68	MEDICINE HAT, ALBER
16/114	LUCYSHYN, ALEXIS	852	29:40.903	05:56	09:32	5K20-29F	1/10	F	4/68	CALGARY, ALBERTA
63/114	LUCYSHYN, BROOKLYNE	853	39:01.623	07:48	12:32	5K20-29F	7/10	F	33/68	CANMORE, ALBERTA
90/114	MACDONALD, DAN	854	48:39.137	09:43	15:38	5K50-59M	4/4	M	40/46	BROOKS, ALBERTA
36/114	MAGPANTAY, ROBERT	925	33:35.915	06:43	10:48	5K40-49M	7/13	M	21/46	BROOKS, AB
74/114	MAGPANTAY, ROUELA	937	42:01.448	08:24	13:30	5K20-29F	8/10	F	40/68	BROOKS,
30/114	MALCOLM, MJ	922	32:11.084	06:26	10:20	5K20-29F	3/10	F	12/68	BROOKS, ALBERTA

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5K - 3.1 Miles

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
8/114	MANG, BEN	855	27:05.593	05:25	08:42	5K12&UM	4/15	M	8/46	CALGARY, ALBERTA
94/114	MARZOLF, ELAINE	901	51:04.412	10:12	16:25	5K60-69F	3/4	F	53/68	ROLLING HILLS, ALBERTA
15/114	MAXWELL-LYST, TERECE	856	29:40.355	05:56	09:32	5K40-49F	1/18	F	3/68	LAKE NEWELL RESORT
28/114	MAXWELL-LYST, TOR	857	31:58.586	06:23	10:16	5K13-19M	3/4	M	17/46	LAKE NEWELL RESORT
70/114	MCHARGUE, CRYSTAL	859	39:47.762	07:57	12:47	5K40-49F	12/18	F	37/68	MEDICINE HAT, ALBERTA
18/114	MCINTOSH, ADAM	860	30:15.735	06:03	09:43	5K40-49M	4/13	M	13/46	BROOKS, ALBERTA
77/114	MCMEEKEN, CRAIG	861	42:30.618	08:30	13:40	5K30-39M	4/6	M	35/46	BROOKS, ALBERTA
1/114	MESHEN, ROBBIE	918	22:12.129	04:26	07:08	5K50-59M	1/4	M	1/46	MEDICINE HAT, ALBERTA
17/114	NADEAU, KENDRA	862	29:46.357	05:57	09:34	5K20-29F	2/10	F	5/68	BROOKS, ALBERTA
48/114	NIZNIK, EVA	863	36:04.340	07:12	11:35	5K13-19F	2/6	F	21/68	BROOKS, ALBERTA
92/114	NIZNIK, JODI	864	50:01.692	10:00	16:05	5K50-59F	4/4	F	52/68	BROOKS, ALBERTA
71/114	NIZNIK, KRISTEN	931	41:19.519	08:15	13:17	5K50-59F	3/4	F	38/68	BROOKS, ALBERTA
55/114	NOWACZYK, COLIN	913	37:09.188	07:25	11:56	5K40-49M	10/13	M	29/46	BROOKS, ALBERTA
95/114	NOWACZYK, JENNA	914	51:06.236	10:13	16:25	5K12&UF	5/11	F	54/68	BROOKS, ALBERTA
78/114	NOWACZYK, KAYDENCE	915	42:30.832	08:30	13:40	5K13-19F	5/6	F	43/68	BROOKS, ALBERTA
100/114	NOWACZYK, STEPHANIE	916	51:32.671	10:18	16:34	5K40-49F	16/18	F	58/68	BROOKS, ALBERTA
3/114	NUNN, KYLAN	936	25:42.607	05:08	08:16	5K20-29M	2/4	M	3/46	CALGARY,
80/114	OCAMPO, JAIRO	929	44:18.197	08:51	14:14	5K40-49M	13/13	M	37/46	BROOKS, ALBERTA
26/114	OKELL, ALISEN	923	31:18.900	06:15	10:04	5K40-49F	2/18	F	10/68	BROOKS, ALBERTA
34/114	PAHL, STACEY	866	33:09.300	06:37	10:39	5K40-49F	3/18	F	14/68	DUNMORE, ALBERTA
60/114	PHELPS, KRISTA	870	37:55.252	07:35	12:11	5K50-59F	2/4	F	30/68	LAKE NEWELL RESORT
93/114	RITCHIE, BRANSON	871	50:58.194	10:11	16:23	5K12&UM	12/15	M	41/46	BASSANO, ALBERTA
87/114	ROGERS, HADLEY	938	46:56.158	09:23	15:05	5K13-19F	6/6	F	48/68	CANMORE, AB
47/114	ROWE, MICHELLE	935	35:48.845	07:09	11:30	5K50-59F	1/4	F	20/68	MEDICINE HAT, AB
29/114	SANCHEZ, RODRIGO	872	32:01.736	06:24	10:17	5K30-39M	1/6	M	18/46	BROOKS, ALBERTA
110/114	SANFORD, NADINE	873	56:23.960	11:16	18:08	5K40-49F	18/18	F	65/68	BROOKS, ALBERTA
84/114	SCHEIBNER, BLAKE	874	45:50.999	09:10	14:44	5K12&UM	10/15	M	38/46	GEM, ALBERTA
83/114	SCHEIBNER, KAYLEY	875	45:37.701	09:07	14:40	5K30-39F	12/14	F	46/68	GEM, ALBERTA
101/114	SCHEIBNER, LAWSON	876	51:52.825	10:22	16:40	5K12&UM	13/15	M	43/46	GEM, ALBERTA
106/114	SCHEIBNER, MADELINE	877	56:09.780	11:13	18:03	5K12&UF	10/11	F	63/68	GEM, ALBERTA
112/114	SMITH, JUDY	881	57:49.507	11:33	18:35	5K60-69F	4/4	F	66/68	CHAMPION, ALBERTA
59/114	SMITH, KIRSTIN	882	37:32.649	07:30	12:04	5K30-39F	9/14	F	29/68	CHAMPION, ALBERTA
76/114	SMITH, KYLIE	928	42:29.753	08:29	13:39	5K13-19F	4/6	F	42/68	LAKE NEWELL, AB
39/114	SNIDER, JASON	883	34:52.500	06:58	11:12	5K40-49M	8/13	M	23/46	DUCHESSE, ALBERTA
40/114	SNIDER, JUDAH	884	34:54.532	06:58	11:13	5K12&UM	7/15	M	24/46	DUCHESSE, ALBERTA
53/114	STRACH, DARREN	902	36:55.852	07:23	11:52	5K50-59M	3/4	M	28/46	BROOKS, ALBERTA
54/114	STRACH, DENISE	903	36:56.086	07:23	11:52	5K40-49F	8/18	F	26/68	BROOKS, ALBERTA
51/114	STRACH, ERIN	904	36:36.024	07:19	11:46	5K13-19F	3/6	F	24/68	BROOKS, ALBERTA
75/114	SUNLEY, BRANDIS	886	42:19.381	08:27	13:36	5K30-39F	11/14	F	41/68	BROOKS, ALBERTA
64/114	SVEISTRUP, ADELLE	887	39:05.789	07:49	12:34	5K12&UF	3/11	F	34/68	STRATHMORE, ALBERTA
85/114	SVEISTRUP, LUC	888	46:33.458	09:18	14:58	5K12&UM	11/15	M	39/46	STRATHMORE, ALBERTA
65/114	SVEISTRUP, STEVE	889	39:13.375	07:50	12:36	5K40-49M	11/13	M	31/46	STRATHMORE, ALBERTA
24/114	THUE, DAXX	898	31:04.412	06:12	09:59	5K12&UM	5/15	M	15/46	BLACKIE, ALBERTA
23/114	THUE, GLENDA	890	31:03.131	06:12	09:59	5K30-39F	3/14	F	9/68	BLACKIE, ALBERTA
25/114	THUE, JOSH	933	31:09.627	06:13	10:01	5K40-49M	5/13	M	16/46	BLACKIE, ALBERTA
79/114	VILLAR, FRANCIS	926	44:13.523	08:50	14:13	5K20-29M	4/4	M	36/46	BROOKS, AB
38/114	VOOYS, JESSY	905	34:11.676	06:50	10:59	5K30-39F	6/14	F	16/68	MILO, ALBERTA
111/114	VOOYS, LEVI	906	57:42.499	11:32	18:33	5K12&UM	15/15	M	46/46	MILO, ALBERTA
37/114	VOOYS, RIO	907	34:11.087	06:50	10:59	5K12&UM	6/15	M	22/46	MILO, ALBERTA
69/114	WAGNER, CHARLIE	891	39:42.817	07:56	12:46	5K12&UM	9/15	M	33/46	BROOKS, ALBERTA
67/114	WAGNER, DALLAS	930	39:41.859	07:56	12:45	5K40-49F	11/18	F	36/68	BROOKS, ALBERTA
68/114	WAGNER, PEYTON	892	39:42.690	07:56	12:46	5K13-19M	4/4	M	32/46	BROOKS, ALBERTA
97/114	WOLF, NATHAN	893	51:07.839	10:13	16:26	5K30-39M	5/6	M	42/46	BROOKS, ALBERTA
96/114	WOLF, NEVEYA	894	51:06.457	10:13	16:25	5K12&UF	6/11	F	55/68	BROOKS, ALBERTA
98/114	WOLF, RACHEL	895	51:25.767	10:17	16:32	5K30-39F	13/14	F	56/68	BROOKS, ALBERTA
99/114	WOLF, TELEYA	896	51:26.709	10:17	16:32	5K12&UF	7/11	F	57/68	BROOKS, ALBERTA
6/114	WOOD, NORTH	908	26:38.489	05:19	08:33	5K12&UM	2/15	M	6/46	CANMORE, ALBERTA