

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
114 Finishers

## 5K12&amp;UF - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	CAMIRÉ, LIANNE	818	30:41.411	06:08	09:52	20/114	7/68	+00:00:00	CANMORE
2/11	CAMIRÉ, ÉMILIE	819	30:42.217	06:08	09:52	21/114	8/68	+00:00:00	CANMORE
3/11	SVEISTRUP, ADELLE	887	39:05.789	07:49	12:34	64/114	34/68	+00:08:24	STRATHMORE
4/11	GREENHALGH, GENEVIEVE (	830	47:54.793	09:34	15:24	88/114	49/68	+00:17:13	DUCHESS
5/11	NOWACZYK, JENNA	914	51:06.236	10:13	16:25	95/114	54/68	+00:20:24	BROOKS
6/11	WOLF, NEVEYA	894	51:06.457	10:13	16:25	96/114	55/68	+00:20:25	BROOKS
7/11	WOLF, TELEYA	896	51:26.709	10:17	16:32	99/114	57/68	+00:20:45	BROOKS
8/11	DOERKSEN, LUCY	826	51:59.932	10:23	16:43	102/114	59/68	+00:21:18	GEM
9/11	DOERKSEN, JOSIE	824	56:09.534	11:13	18:03	105/114	62/68	+00:25:28	GEM
10/11	SCHEIBNER, MADELINE	877	56:09.780	11:13	18:03	106/114	63/68	+00:25:28	GEM
11/11	LATRACE, CALLIE	847	56:10.644	11:14	18:03	107/114	64/68	+00:25:29	BROOKS

## 5K12&amp;UM - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	GABRIELLE, NASH	827	26:18.035	05:15	08:27	5/114	5/46	+00:00:00	LAKE NEWELL RE
2/15	WOOD, NORTH	908	26:38.489	05:19	08:33	6/114	6/46	+00:00:20	CANMORE
3/15	GUNN, TY	833	26:57.747	05:23	08:40	7/114	7/46	+00:00:39	CANMORE
4/15	MANG, BEN	855	27:05.593	05:25	08:42	8/114	8/46	+00:00:47	CALGARY
5/15	THUE, DAXX	898	31:04.412	06:12	09:59	24/114	15/46	+00:04:46	BLACKIE
6/15	VOOYS, RIO	907	34:11.087	06:50	10:59	37/114	22/46	+00:07:53	MILO
7/15	SNIDER, JUDAH	884	34:54.532	06:58	11:13	40/114	24/46	+00:08:36	DUCHESS
8/15	BAUMGARTEN, RYKER	811	37:18.691	07:27	11:59	57/114	30/46	+00:11:00	ROLLING HILLS
9/15	WAGNER, CHARLIE	891	39:42.817	07:56	12:46	69/114	33/46	+00:13:24	BROOKS
10/15	SCHEIBNER, BLAKE	874	45:50.999	09:10	14:44	84/114	38/46	+00:19:32	GEM
11/15	SVEISTRUP, LUC	888	46:33.458	09:18	14:58	85/114	39/46	+00:20:15	STRATHMORE
12/15	RITCHIE, BRANSON	871	50:58.194	10:11	16:23	93/114	41/46	+00:24:40	BASSANO
13/15	SCHEIBNER, LAWSON	876	51:52.825	10:22	16:40	101/114	43/46	+00:25:34	GEM
14/15	LATRACE, COOPER	849	56:13.521	11:14	18:04	108/114	44/46	+00:29:55	BROOKS
15/15	VOOYS, LEVI	906	57:42.499	11:32	18:33	111/114	46/46	+00:31:24	MILO

## 5K13-19F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	BECKER, DALYS	812	29:29.883	05:53	09:29	14/114	2/68	+00:00:00	BROOKS
2/6	NIZNIK, EVA	863	36:04.340	07:12	11:35	48/114	21/68	+00:06:34	BROOKS
3/6	STRACH, ERIN	904	36:36.024	07:19	11:46	51/114	24/68	+00:07:06	BROOKS
4/6	SMITH, KYLIE	928	42:29.753	08:29	13:39	76/114	42/68	+00:12:59	LAKE NEWELL
5/6	NOWACZYK, KAYDENCE	915	42:30.832	08:30	13:40	78/114	43/68	+00:13:00	BROOKS
6/6	ROGERS, HADLEY	938	46:56.158	09:23	15:05	87/114	48/68	+00:17:26	CANMORE

## 5K13-19M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	BECKER, ZANE	865	27:18.979	05:27	08:47	9/114	9/46	+00:00:00	BROOKS
2/4	GAUVREAU, LUKA	829	30:50.963	06:10	09:55	22/114	14/46	+00:03:31	CANMORE
3/4	MAXWELL-LYST, TOR	857	31:58.586	06:23	10:16	28/114	17/46	+00:04:39	LAKE NEWELL RE
4/4	WAGNER, PEYTON	892	39:42.690	07:56	12:46	68/114	32/46	+00:12:23	BROOKS

## 5K20-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	LUCYSHYN, ALEXIS	852	29:40.903	05:56	09:32	16/114	4/68	+00:00:00	CALGARY
2/10	NADEAU, KENDRA	862	29:46.357	05:57	09:34	17/114	5/68	+00:00:05	BROOKS
3/10	MALCOLM, MJ	922	32:11.084	06:26	10:20	30/114	12/68	+00:02:30	BROOKS
4/10	JESSE, MEGAN	927	32:36.438	06:31	10:29	33/114	13/68	+00:02:55	MEDICINE HAT
5/10	KRAUSE, JENNA	844	37:29.521	07:29	12:03	58/114	28/68	+00:07:48	CALGARY
6/10	HENRICKSON, CASSIDY	836	37:55.263	07:35	12:11	61/114	31/68	+00:08:14	PATRICIA
7/10	LUCYSHYN, BROOKLYNE	853	39:01.623	07:48	12:32	63/114	33/68	+00:09:20	CANMORE
8/10	MAGPANTAY, ROUELA	937	42:01.448	08:24	13:30	74/114	40/68	+00:12:20	BROOKS
9/10	HARPER-FLORES, MEGHAN	910	1:02:12.894	12:26	20:00	113/114	67/68	+00:32:31	BROOKS
10/10	HERRIMAN, ELEENA	911	1:02:13.314	12:26	20:00	114/114	68/68	+00:32:32	BROOKS

## 5K20-29M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	BECKER, WAYLON	814	22:52.438	04:34	07:21	2/114	2/46	+00:00:00	BROOKS
2/4	NUNN, KYLAN	936	25:42.607	05:08	08:16	3/114	3/46	+00:02:50	CALGARY
3/4	BOVERO, MARIO	921	27:19.787	05:27	08:47	10/114	10/46	+00:04:27	BROOKS
4/4	VILLAR, FRANCIS	926	44:13.523	08:50	14:13	79/114	36/46	+00:21:21	BROOKS

## 5K30-39F - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	ANDREWS, SAMANTHA	808	27:43.441	05:32	08:54	11/114	1/68	+00:00:00	BROOKS

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Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
114 Finishers

## 5K30-39F - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
2/14	KRUEGER, SYDNEY	845	30:32.048	06:06	09:49	19/114	6/68	+00:02:48	BROOKS
3/14	THUE, GLENDA	890	31:03.131	06:12	09:59	23/114	9/68	+00:03:19	BLACKIE
4/14	GUENTER, GRACE	899	31:34.695	06:18	10:09	27/114	11/68	+00:03:51	EDMONTON
5/14	CUTTER, SYLVIA	821	33:23.416	06:40	10:44	35/114	15/68	+00:05:39	BROOKS
6/14	VOOYS, JESSY	905	34:11.676	06:50	10:59	38/114	16/68	+00:06:28	MILO
7/14	KRAUSE, CHELSEY	843	35:25.377	07:05	11:23	44/114	18/68	+00:07:41	DELBURNE
8/14	JONES, MAKENZIE	840	36:38.217	07:19	11:46	52/114	25/68	+00:08:54	RED DEER COUNT
9/14	SMITH, KIRSTIN	882	37:32.649	07:30	12:04	59/114	29/68	+00:09:49	CHAMPION
10/14	HICKEY, KEIRSTEN	837	41:31.570	08:18	13:21	72/114	39/68	+00:13:48	MEDICINE HAT
11/14	SUNLEY, BRANDIS	886	42:19.381	08:27	13:36	75/114	41/68	+00:14:35	BROOKS
12/14	SCHEIBNER, KAYLEY	875	45:37.701	09:07	14:40	83/114	46/68	+00:17:54	GEM
13/14	WOLF, RACHEL	895	51:25.767	10:17	16:32	98/114	56/68	+00:23:42	BROOKS
14/14	DOERKSEN, KATIE	825	56:09.333	11:13	18:03	104/114	61/68	+00:28:25	GEM

## 5K30-39M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	SANCHEZ, RODRIGO	872	32:01.736	06:24	10:17	29/114	18/46	+00:00:00	BROOKS
2/6	HANSEN, TYLER	834	32:20.256	06:28	10:23	32/114	20/46	+00:00:18	MAPLE CREEK
3/6	BARTLETT, DUSTIN	809	34:56.453	06:59	11:14	41/114	25/46	+00:02:54	BROOKS
4/6	MCMEEKEN, CRAIG	861	42:30.618	08:30	13:40	77/114	35/46	+00:10:28	BROOKS
5/6	WOLF, NATHAN	893	51:07.839	10:13	16:26	97/114	42/46	+00:19:06	BROOKS
6/6	LATRACE, JUSTIN	848	56:15.320	11:15	18:05	109/114	45/46	+00:24:13	BROOKS

## 5K40-49F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/18	MAXWELL-LYST, TERECE	856	29:40.355	05:56	09:32	15/114	3/68	+00:00:00	LAKE NEWELL RE
2/18	OKELL, ALISEN	923	31:18.900	06:15	10:04	26/114	10/68	+00:01:38	BROOKS
3/18	PAHL, STACEY	866	33:09.300	06:37	10:39	34/114	14/68	+00:03:28	DUNMORE
4/18	BECKER, KELTY	813	35:13.648	07:02	11:19	42/114	17/68	+00:05:33	BROOKS
5/18	BEATON, LAUREL	924	35:27.417	07:05	11:24	45/114	19/68	+00:05:47	LAKE NEWELL RE
6/18	EDMONSTONE, AMY	920	36:09.581	07:13	11:37	49/114	22/68	+00:06:29	CYPRESS COUNT
7/18	ANDERSON, SHARLENE	909	36:10.388	07:14	11:37	50/114	23/68	+00:06:30	MEDICINE HAT
8/18	STRACH, DENISE	903	36:56.086	07:23	11:52	54/114	26/68	+00:07:15	BROOKS
9/18	ANDREWS, SHANNON	932	37:09.188	07:25	11:56	56/114	27/68	+00:07:28	BROOKS
10/18	HOLLAND, TAMMY	838	39:15.099	07:51	12:37	66/114	35/68	+00:09:34	CALGARY
11/18	WAGNER, DALLAS	930	39:41.859	07:56	12:45	67/114	36/68	+00:10:01	BROOKS
12/18	MCHARGUE, CRYSTAL	859	39:47.762	07:57	12:47	70/114	37/68	+00:10:07	MEDICINE HAT
13/18	CABALLERO, CAROLINA	816	45:34.493	09:06	14:39	82/114	45/68	+00:15:54	BROOKS
14/18	LEFORT, MONIQUE	850	46:41.051	09:20	15:00	86/114	47/68	+00:17:00	STRATHMORE
15/18	GREENHALGH, MARIE	831	47:54.932	09:34	15:24	89/114	50/68	+00:18:14	DUCHESS
16/18	NOWACZYK, STEPHANIE	916	51:32.671	10:18	16:34	100/114	58/68	+00:21:52	BROOKS
17/18	KUCZAJ, MONIKA	820	52:31.942	10:30	16:53	103/114	60/68	+00:22:51	CALGARY
18/18	SANFORD, NADINE	873	56:23.960	11:16	18:08	110/114	65/68	+00:26:43	BROOKS

## 5K40-49M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	GAUVREAU, DAVID	828	26:07.911	05:13	08:24	4/114	4/46	+00:00:00	CANMORE
2/13	JANZEN, LEON	934	28:54.911	05:46	09:17	12/114	11/46	+00:02:47	CALGARY
3/13	HIPOLITO, JOHN	900	29:20.322	05:52	09:26	13/114	12/46	+00:03:12	BROOKS
4/13	MCINTOSH, ADAM	860	30:15.735	06:03	09:43	18/114	13/46	+00:04:07	BROOKS
5/13	THUE, JOSH	933	31:09.627	06:13	10:01	25/114	16/46	+00:05:01	BLACKIE
6/13	HEAL, PETER	835	32:16.755	06:27	10:22	31/114	19/46	+00:06:08	LAKE NEWELL RE
7/13	MAGPANTAY, ROBERT	925	33:35.915	06:43	10:48	36/114	21/46	+00:07:28	BROOKS
8/13	SNIDER, JASON	883	34:52.500	06:58	11:12	39/114	23/46	+00:08:44	DUCHESS
9/13	GRIERSON, JEFF	917	35:16.633	07:03	11:20	43/114	26/46	+00:09:08	REVELSTOKE
10/13	NOWACZYK, COLIN	913	37:09.188	07:25	11:56	55/114	29/46	+00:11:01	BROOKS
11/13	SVEISTRUP, STEVE	889	39:13.375	07:50	12:36	65/114	31/46	+00:13:05	STRATHMORE
12/13	CALVILLO, FRANCISCO	817	41:56.850	08:23	13:29	73/114	34/46	+00:15:48	BROOKS
13/13	OCAMPO, JAIRO	929	44:18.197	08:51	14:14	80/114	37/46	+00:18:10	BROOKS

## 5K50-59F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	ROWE, MICHELLE	935	35:48.845	07:09	11:30	47/114	20/68	+00:00:00	MEDICINE HAT
2/4	PHELPS, KRISTA	870	37:55.252	07:35	12:11	60/114	30/68	+00:02:06	LAKE NEWELL RE
3/4	NIZNIK, KRISTEN	931	41:19.519	08:15	13:17	71/114	38/68	+00:05:30	BROOKS
4/4	NIZNIK, JODI	864	50:01.692	10:00	16:05	92/114	52/68	+00:14:12	BROOKS

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
114 Finishers

## 5K50-59M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	MESHEN, ROBBIE	918	22:12.129	04:26	07:08	1/114	1/46	+00:00:00	MEDICINE HAT
2/4	COPELAND, TREVOR	919	35:42.664	07:08	11:28	46/114	27/46	+00:13:30	MEDICINE HAT
3/4	STRACH, DARREN	902	36:55.852	07:23	11:52	53/114	28/46	+00:14:43	BROOKS
4/4	MACDONALD, DAN	854	48:39.137	09:43	15:38	90/114	40/46	+00:26:27	BROOKS

## 5K60-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	LIBOIRON, LORRAINE	897	38:34.622	07:42	12:24	62/114	32/68	+00:00:00	MEDICINE HAT
2/4	ANDERSON, LORRAINE	807	44:26.681	08:53	14:17	81/114	44/68	+00:05:52	BONNINGTON
3/4	MARZOLF, ELAINE	901	51:04.412	10:12	16:25	94/114	53/68	+00:12:29	ROLLING HILLS
4/4	SMITH, JUDY	881	57:49.507	11:33	18:35	112/114	66/68	+00:19:14	CHAMPION

## 5K70+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	HEAL, TRUDI	912	49:06.444	09:49	15:47	91/114	51/68	+00:00:00	BROOKS