

Overall Results

3 Person Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 MKKM KAWALILAK, KAITLIN -Swimmer- MUSIL, BARRY - Biker - MUSIL, TYREL - Runner -	140	SPRTTEAM3-3(00:17:06.11	8	02:16	00:39:13.24	2	30.60	00:19:35.30	2	03:55	01:15:54.65	SPARWOOD
2 Teachers Pet NIXON, MEGAN -Swimmer- KELLY, MIKE - Biker - FAY, BEN - Runner -	134	SPRTTEAM3-4(00:10:44.98	1	01:25	00:35:54.17	1	33.42	00:30:32.75	7	06:06	01:17:11.90	ELKFORD
3 EVANS, HILARY EVANS, HILARY -Swimmer- LATTIE, ASHLEY - Biker - DOLIGHAN, HALEY - Runner -	129	SPRTTEAM3-2(00:14:22.04	6	01:54	00:40:15.91	3	29.80	00:24:21.15	3	04:52	01:18:59.10	FERNIE
4 NIXON, CASSIE NIXON, CASSIE -Swimmer- BULLOCK, RACHEL - Biker - MCHAIG, MADDIE - Runner -	131	SPRTTEAM3-2(00:11:07.97	2	01:29	00:43:24.68	5	27.64	00:27:32.10	5	05:30	01:22:04.75	
5 MINER TROUBLE DRESSLER, SCOTT -Swimmer- PARKER, DANIEL - Biker - CALLAGHAN, AUSTIN - Runner -	133	SPRTTEAM3-4(00:15:16.84	7	02:02	00:41:54.76	4	28.63	00:27:20.55	4	05:28	01:24:32.15	ELKFORD
6 ROCK QUALITY PUMPHREY, JOHN -Swimmer- KINDRAT, TANYA - Biker - KINDRAT, JASON - Runner -	127	SPRTTEAM3-3(00:12:40.30	5	01:41	00:55:53.10	7	21.47	00:17:05.80	1	03:25	01:25:39.20	BLAIRMORE
7 NO NUTS, JUST GUTS! YALTE, KATIE -Swimmer- CHRISTOPHERSON, JODY - Biker - HANNAN, KAREN - Runner -	132	SPRTTEAM3-3(00:11:21.73	3	01:30	00:46:31.72	6	25.79	00:28:53.10	6	05:46	01:26:46.55	ELKFORD
8 HOT TAMALES FRENKS, MEAGHAN -Swimmer- SHEPPARD, ANNETTE - Biker - HRISOOK, STEPHANIE - Runner -	130	SPRTTEAM3-3(00:11:40.93	4	01:33	00:58:22.57	8	20.56	00:35:54.35	8	07:10	01:45:57.85	ELKFORD