

**2018 Elkford Triathlon
Overall Solo Gender Results**

Xtreme Sprint 750M - 20K - 5K**3 Finishers****Female****3 Finishers**

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
1. PODEMSKI, ELLISA	225	XSPRT40-49F	01:43:55.30	00:18:15.45	2	00:57:38.33	1	00:28:01.52	1	AIRDRIE
2. SSKA, LINDSAY	224	XSPRT30-39F	01:50:02.74	00:17:24.53	1	01:03:28.51	1	00:29:09.70	1	SPARWOOD
3. VORONINA, LYUDMYLA	226	XSPRT40-49F	02:21:12.61	00:17:59.55	1	01:26:20.93	2	00:36:52.13	2	SPARWOOD