

2019 Elkford Triathlon Category Results

Xtreme Sprint 750M - 20K - 5K

7 Finishers

XSPRT20-29M 1 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. LUCK, TARREN	281	01:35:01.72	2	1	00:14:03.27	1	1	00:56:26.33	4	1	00:24:32.12	2	1	ST ALBERT

XSPRT30-39F 1 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. SISKA, LINDSAY	282	01:47:56.46	5	1	00:18:00.62	5	1	01:00:53.67	6	1	00:29:02.17	5	1	SPARWOOD

XSPRT30-39M 1 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. DOEY, BRUCE	283	01:30:22.53	1	1	00:15:54.83	2	1	00:51:07.05	1	1	00:23:20.65	1	1	SPARWOOD

XSPRT40-49F 2 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. PODEMSKI, ELLISA	284	01:38:40.28	4	1	00:17:17.69	4	1	00:53:53.98	2	1	00:27:28.61	4	1	AIRDRIE
2. VORONINA, LYUDMYLA	285	02:16:31.80	7	2	00:18:30.34	6	2	01:18:24.40	7	2	00:39:37.06	7	2	SPARWOOD

XSPRT40-49M 1 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. LARSON, ROB	286	01:50:06.02	6	1	00:19:27.80	7	1	01:00:15.00	5	1	00:30:23.22	6	1	SPARWOOD

XSPRT50-59M 1 Finishers

Name	Bib	Finish:	O/A	Cat:	Swim:	O/A	Cat	Bike:	O/A	Cat	Run:	O/A	Cat	City
1. MASSEY, DAN	287	01:38:01.36	3	1	00:17:00.06	3	1	00:54:34.22	3	1	00:26:27.08	3	1	AIRDRIE